

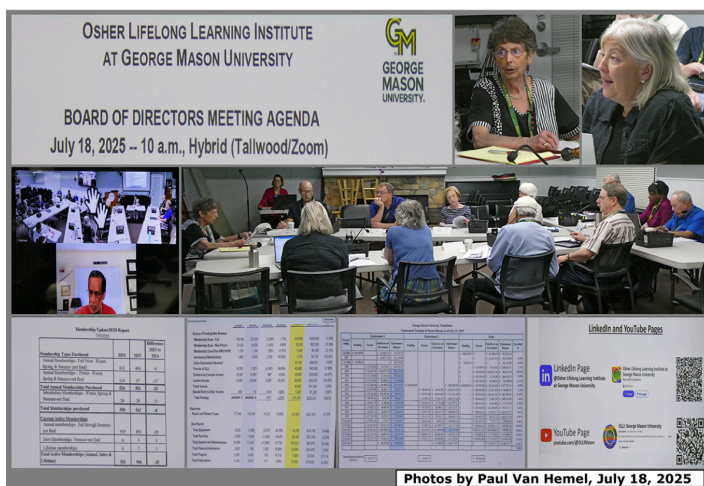
[Subscribe](#)[Past Issues](#)[Translate ▼](#)[RS](#)

**Trouble Viewing this Email or Using Table of Contents Links:**

[View this email in your browser](#)



[Website](#) [Catalog](#) [DocStore](#) [Facebook](#) [Officials](#) [Member Portal](#) [Contact Us](#)



Photos by Paul Van Hemel, July 18, 2025

**OLLI Board of Directors meeting, July 18, 2025**

## July 25, 2025

Editor of the Week: John Nash

### Table of Contents

- [Alerts & Notices](#)

[Subscribe](#)[Past Issues](#)[Translate ▼](#)[RS](#)

- [The History of Tallwood](#)
- [Corrected Link for Memoir Available at Amazon](#)
- [Poet's Corner](#)
- [Arts & Music at George Mason](#)
- [Meetings & Clubs](#)
- [About OLLI E-News](#)

### Alerts & Notices

The next issue of OLLI E-News will be published Friday, August 1; the regular deadline for submission of items is Tuesday, July 29, at 6:00.

[Back to Top of Page](#)

### From the Desk of the Executive Director



*By Lisa Mariam, Executive Director*

Did you know that you may pay your membership dues over the course of the year: \$37.50 per month or \$112.50 quarterly. Please contact the Registrar at [ollireg@gmu.edu](mailto:ollireg@gmu.edu) or 703-544-0085 to arrange for an installment plan.



[Back to Top of Page](#)



Did you get your 10,000 steps today? Did you know that it's an urban legend? It originated in Japan in the 1960's as a marketing slogan for a new pedometer. It's still good for your health but what actually is the sweet spot? [How Many](#)

[Subscribe](#)[Past Issues](#)[Translate ▼](#)[RS](#)[Image Work](#)

(From the Healthcare Advisory Workgroup)

[Back to Top of Page](#)

## The History of Tallwood



By Paul Howard, OLLI Member and Former OLLI President

OLLI Colleagues:

An interesting history article/newsletter from the *Fare Facs Gazette* of Summer 2004 is available at the following link: [<https://www.historicfairfax.org/wp-content/uploads/2012/05/HFCI23-2004.pdf>]. It discusses the history of the site that OLLI now occupies at Tallwood, historical owners, and most interesting, the private school that once occupied the site. Based on the time-frame of its existence, I've always suspected the school was a 'segregation academy.'

Of particular interest is the discussion of the building we call 'Tallwood Cottage.' George Mason University allowed OLLI to begin using the cottage in 2010. Mason had a research project on computer security based there before our use, with extensive local area network (LAN) cabling throughout, and two 200-amp electrical service feeds for the building. Mason took down a wall and removed a closet so that, for several years, we had an extra classroom that could accommodate 20-25 folks. Ultimately, the need for staff offices ousted the classroom and kitchen use for club activity.



Smallwood—fondly known as the 'potty barn'—was on the north end of the Tallwood House discussed in the article. I believe Mason planned renovations of that building for OLLI use and then discovered massive termite damage, so that portion of Tallwood House accordingly was demolished.

[Back to Top of Page](#)

## Corrected Link for Memoir Available at Amazon

[Subscribe](#)[Past Issues](#)[Translate ▼](#)[RS](#)

Last week's *E-News* reported on the publication of my recent memoir *Because He Loved Me*, and included a link to an Amazon site for the book. Although the text of the site covered the English text for the book's title and content, the site was a Spanish language page. For Amazon's English language page on the book, please use the following link: [Because He Loved Me: A Story of the Transformative Power of True Love: Wildblood, Margie Crowe: 9798992527605: Amazon.com: Books](https://www.amazon.com/dp/9798992527605). You also may go to: <https://www.amazon.com>, and copy this number **9798992527605** into the search line.

Thank you for your interest.

[Back to Top of Page](#)

## Poet's Corner

*Courtesy of the Poetry Workshop*

### Older Ladies

They spread out onto wooden pews  
in their woolen suits and crepe dresses  
not too flashy. Their shoulders were comforted  
by fox stoles with beady-eyed faces.  
Mother whispered Don't touch.  
Leather closed-toe pumps squeezed  
their moleskinned corns. Gloves  
shielded their roughened hands.  
Beside them squatted their matching  
pocketbooks with handkerchiefs  
receipts, remnants of hard-earned wages  
and candies wrapped in cellophane.  
When my cousin's grown son asked  
if I had a butterscotch or peppermint  
I realized I had become an older lady.  
—Carolyn Wyatt

[Back to Top of Page](#)

## Arts & Music at George Mason

Performances July 25 through August 2



By Shelly Gersten, OLLI E-News Staff Writer

[Subscribe](#)[Past Issues](#)[Translate ▼](#)[RS](#)

venue's box office. For more information, see the [CFA ticket page](#) or the [Hylton Center ticket purchase page](#).

Dr. Linda Apple Monson produces a periodic "Notes from the Director." This email is full of information on interesting online performances by the students and faculty of the School of Music. If you would like to receive these bulletins, just sign up at [this link](#) to stay in touch. Also, the Center for the Arts has a website, [Mason Arts at Home](#), which has a calendar of online events and access to many past performances.

[Back to Top of Page](#)

#### At the Fairfax Campus Venues

##### (25-26 Season subscriptions to Great Performances now on sale)

##### Mason String Camp Final Concert

Sat Aug 1, 2:15

Center for the Arts Concert Hall

Admission: Free

[Back to Top of Page](#)

#### Mason Student and Faculty Performances

(see [music.gmu.edu](https://music.gmu.edu) for additional student recitals)

##### No performances

[Back to Top of Page](#)

#### At the Hylton Center (Manassas Campus)

##### The Creative and Performing Arts Center: *Space School Musical*

Sat, Jul 26, 10:00 and 2:00

Gregory Family Theater

Admission: Free.

[Back to Top of Page](#)[Subscribe](#)[Past Issues](#)[Translate ▼](#)[RS](#)

For further details on any of the above events, see the [CFA event calendar](#) and the [Hylton Center event calendar](#).

[Back to Top of Page](#)

In the words of that famous singer, Gladys Knight:  
**You gotta keep on keepin' On!**

## Meetings & Clubs

**Please note:** OLLI Meetings and Clubs may currently take place in several formats: some are in person only, some are online only, and some are hybrid, meaning that they take place in person and are accessible online simultaneously. OLLI events and activities meeting online bear the identification "Z" in their course or event number (except clubs; you may need to check the [OLLI calendar](#) and daily schedule email for location and other event information). Refer to the university's [coronavirus website](#) for official university updates.

The following list covering the next two weeks is extracted for your convenience from the master online calendar maintained by the office. The list is accurate as of mid-week. *Note: All OLLI members are welcome at, and encouraged to attend, meetings of the Board of Directors, committees and resource groups, kick-off coffees, etc. The OLLI office has sent (or will send) emails with links and meeting passwords to club members; you may also log in at the [member portal](#) and click on ZOOM CLASS LINKS.*

Sat Jul 26	10:30 am	Tai Chi Club – online
Mon Jul 28	9:30 am	What's in the Daily News? – online
	10:00 am	Board Game Club
	10:00 am	Bridge Club
	4:00 pm	Family History/Genealogy – online
	4:00 pm	Chair Yoga and More – online
Tue Jul 29	2:00 pm	Chair Yoga and More – online
	4:00 pm	Mah Jongg Club – online
	4:30 pm	Tai Chi Club – online
Wed Jul 30	11:50 am	Investment Forum
	12:00 noon	Chair Yoga and More – online
	1:30 pm	Dabbling Artists – online

Subscribe	Past Issues	Translate ▼	RS
Fri Aug 1	9:30 am 10:00 am 11:00 am 12:00 noon	Crafts and Conversation Mah Jongg Club Homer, etc.– online Chair Yoga and More – online	
Sat Aug 2	10:30 am	Tai Chi Club – online	
Mon Aug 4	9:30 am 11:00 am 4:00 pm	What’s in the Daily News? – online Poetry Reading Club – online Chair Yoga and More – online	
Tue Aug 5	2:00 pm 4:00 pm 4:30 pm	Chair Yoga and More – online Mah Jongg Club – online Tai Chi Club – online	
Wed Aug 6	12:00 noon 2:00 pm 4:00 pm	Chair Yoga and More – online Memoir and More Writing Group – online Spanish Club – online	
Thu Aug 7	11:50 am 3:00 pm 4:30 pm	All the News – online Chair Yoga and More – online Tai Chi Club – online	
Fri Aug 8	9:30 am 9:30 am 11:00 am 11:30 am 12:00 noon 2:30 pm	Photography Club – online Crafts and Conversation (location TBD) Homer, etc. – online Cooking Club Chair Yoga and More – online Tallwood Book Club – online	
Sat Aug 9	10:30 am	Tai Chi Club – online	

[Back to Top of Page](#)

## About OLLI E-News

OLLI E-News was created by Rod Zumbro, who served as its editor from 2005 to 2013.

### Editorial Staff

Chief Editor: Paul Van Hemel  
Associate Editor: David Gundry

Weekly Editor Team: David Gundry, John Nash, Paul Van Hemel  
Proofreaders: Rebecca Jann, Susan Van Hemel, Thomas Appich, Martha Kossoff, Anne Hartshorn, Bonnie Becker, Carol McManus

**Submissions:** Members are encouraged to submit letters to the editor, letters to Ms. Ollie Ettakit (on etiquette matters), OLLI-related news items, articles, and photos. Submit material to: [ollienewseditor@gmail.com](mailto:ollienewseditor@gmail.com).  
**Deadline:** Tuesday, 6:00, for that week’s issue (Monday, 6:00, for letters to the editor); early submissions are greatly appreciated. Please limit articles to about 250 words.

Subscribe	Past Issues	Translate ▼	RS
<a href="#">Back to Top of Page</a>			