

Osher Lifelong Learning Institute



oli.gmu.edu

George Mason University

Fairfax • Reston • Loudoun • Online



Winter 2024 Registration:
Begins November 28

WINTER 2024 CATALOG

January 22 – February 16





Albuquerque Balloon Fiesta

*BOOKING DISCOUNT **\$3249*** pp dbl

Regular Rate: **\$3349** pp double
Single Supplement: +\$875

October 4, 2024 - 6 Days



BOOKING DISCOUNT!
Save \$100 Per Person
\$200 Per Couple*



TOUR HIGHLIGHTS & INCLUSIONS

- Albuquerque Balloon Fiesta - Dawn Patrol & Balloon Glow • Old Town, Albuquerque • 3 Nights in Santa Fe • Indian Pueblo Cultural Center • Los Alamos Science Museum • Santa Fe City Tour • Loretto Chapel • Taos Pueblo • Taos • High Road to Taos • Roundtrip Airfare - IAD
- 7 Meals: 5 - Breakfasts & 2 - Dinners • Professional Tour Director • Motorcoach Transportation • Admissions per Itinerary • Sightseeing per Itinerary • Baggage Handling at Hotels



OLLI GEORGE MASON UNIVERSITY

Contact: Reservations
1650 So Pacific Coast Hwy, Suite 202
Redondo Beach, CA 90277 • **877.953.8687**
<https://res.premierworlddiscovery.com>

Booking #174320 (Web Code)

Contents

All About OLLI Mason	ii
OLLI Mason Organization	iii
Courses	
100 Art and Music	1
200 Economics and Finance	2
300 History	4
400 Literature, Theater, and Writing	7
500 Languages	10
600 Religious Studies	10
650 Humanities and Social Sciences	12
700 Current Events	13
800 Science, Technology, and Health	14
900 Other Topics	20
Clubs	21
Membership and Registration	26
Registration Form	28
Friends of OLLI	30
Schedules	31
Guide to Program Locations	33

Cover photo by Ed Marion

The cover photo titled "Serpent" is an image of the Oseberg Viking Ship on display in the Viking Ship Museum in Oslo, Norway. Built of oak around A.D. 820, the craft is especially noteworthy for its spiral-shaped prow carved in the form of a serpent's head.

All About OLLI Mason

Who We Are

The Osher Lifelong Learning Institute at George Mason University (OLLI Mason) offers daytime courses, lectures, special events, and other activities during eight-week terms in the spring and fall, a four-week winter term, and a six-week summer term. There are no exams, no credits, no college degree required or offered, and no age threshold.

Course leaders are members of OLLI Mason, Mason faculty, or others who enjoy sharing their knowledge. OLLI Mason is particularly proud of all of its volunteer teachers and speakers, many of whom are well-known experts in their fields. The views expressed are those of the instructors and do not reflect the official policy or position of OLLI Mason or George Mason University.

Members pay dues and may attend as many activities as they wish, subject to space availability. There may be charges for materials or for some special events.

OLLI Mason publishes an email newsletter (*OLLI E-News*), a catalog each term, an online membership directory, and a *Member Handbook*. An annual literary journal, *OLLI Ink*, and, from time to time, *The Poets of OLLI* collection, are also published.

OLLI Mason is one of many Osher Lifelong Learning Institutes affiliated with the Bernard Osher Foundation and is also a member of the Road Scholar Institute Network. OLLI Mason is a nonprofit, equal-opportunity 501(c)(3) organization and does not discriminate on any basis.

How to Join

To register online, go to olli.gmu.edu or complete the registration form on **page 28** and provide it to OLLI Mason with payment.

Give the Gift of OLLI

What better way to show appreciation for someone special than by giving an OLLI Mason eGift card? The card can be purchased in any amount to apply toward an OLLI Mason membership or event/materials fee. It makes the perfect retirement, birthday, or holiday gift. The gift of OLLI Mason is great: captivating classes, fabulous field trips, and sensational socials to indulge both mind and soul! Purchase the eGift card on the OLLI Mason member portal (olli.gmu.edu-click "**eGift Card**" under **Quick Links**) or by emailing the OLLI Mason registrar: ollireg@gmu.edu.

George Mason University Privileges

OLLI Mason members with an annual membership are entitled to a George Mason University ID card, which provides library privileges, discounted Mason aquatic and fitness membership, and other benefits (subject to Mason policies). A free Mason email account with access to the Mason intranet is also available. To apply for an ID card/G Number, fill out an online application, available at <https://olli.gmu.edu/university-privileges/>

Status of Winter Term 2024

To optimize the OLLI Mason experience for everyone, OLLI Mason will provide in-person, Zoom, and hybrid offerings. Should you wish to experience OLLI Mason from the comfort of your home, you will have access to many excellent virtual offerings. If you plan to attend in-person offerings, we ask that you be aware of and are prepared to follow our most up-to-date health and safety protocols found on our website:

<https://olli.gmu.edu/health-and-safety/>

Membership Promotions

Winter 2024 Promotion: a one-time low fee of \$300 for those new to OLLI Mason who purchase an annual membership (those who have never been OLLI Mason members, are returning after a hiatus of more than a year, or have previously been introductory members and are converting to annual members).

George Mason and Northern Virginia Public School Retirees: a one-time annual membership discount of \$150, which may be applied to the special \$300 promotion (for those new to OLLI Mason).

**** IMPORTANT REGISTRATION DATES ****

Winter term registration begins on November 28th at 9:00 am and continues throughout the term.

Register online at olli.gmu.edu

Registrations also may be mailed to:
Osher Lifelong Learning Institute
4210 Roberts Rd., Fairfax, VA 22032

Members are encouraged to register before December 5th to determine the viability of classes.

OLLI Mason Organization

OLLI Mason is a member-driven organization with a Board of Directors elected by the membership and representing all OLLI Mason members. All activities are managed by an executive director, staff, and volunteers.

Board of Directors

President Lillian Brooks
Vice President Dick Crawford
Secretary Bob Heyer
Treasurer Debbie Engleson

Toni Acton	Richard Crawford
Marilyn Harriman	Debbie Mossburg
Camille Hodges	Peter Ansoff
Bob Heyer	Zachary Teich
Michele Romano	Debbie Engleson
Carolyn Wyatt	Bonnie Nelson
Lillian Brooks	Harry Johnson
Emily Roudebush	

Jennifer Disano, *Executive Director*

Other Key OLLI Mason Positions

<i>Audiovisual Support</i>	Paul Howard
<i>Development</i>	Al Smuzynski
<i>OLLI E-News</i>	Paul Van Hemel
<i>Facilities</i>	Mel Russell
<i>Finance</i>	Dave Osterman
<i>Governance</i>	Peter Ansoff
<i>Landscaping</i>	Vince Modugno
<i>Member Services, Office Volunteers</i>	Toni Acton
<i>Member Services, Chair</i>	Toni Acton
<i>Membership Engagement</i>	Bonnie Nelson Debbie Engleson
<i>Outreach</i>	Debbie Mossburg
<i>Strategic Planning</i>	Zachary Teich
<i>Website</i>	Ernestine Meyer
<i>Health and Safety Advisory</i>	Michele Romano

OLLI Mason Program Planning

Committee Chairs Doris Bloch, Beth Lambert, Kathryn Russell, Russell Stone, Bill Taylor
Loudoun Program ... Vera Wentworth, Barbara Wilan
Reston Program Anita Lasansky
Program Associates Nancy Klein, Shannon Kim Morrow
 Program planning subject group chairs are listed at the beginning of each subject section of the catalog.

Catalog Production

Production Team Nancy Klein
 Shannon Kim Morrow, Stefan Hansen

Staff

703-503-3384

Executive Director Jennifer Disano
 jdisano@gmu.edu, x108
Administrator Susan Todenhoft
 olli@gmu.edu, x104
Finance Associate Karen Nash
 knash2@gmu.edu, x224
Communications/Program Associate ... Nancy Klein
 nklein4@gmu.edu, x222
Program Associate Shannon Kim Morrow
 smorrow4@gmu.edu, x225
Registrar Susan Job
 ollireg@gmu.edu, x221
Site Assistants
 Meg Przybylski Mike Emery
 mprzyby@gmu.edu olliffx@gmu.edu, x105
 Richard Hoback Margaret Perry
 rhoback@gmu.edu mperry29@gmu.edu
 Brenton Abrams Spencer Keen
 babrams@gmu.edu skeen3@gmu.edu
 Madison Evans
 mevans44@gmu.edu

Contact Information

Fairfax Tallwood office 703-503-3384
 Email olli@gmu.edu
 Website olli.gmu.edu
 Member portal olligmu.augusoft.net
 Mason mail stop number MSN 5C1

Courses: January 22 - February 16

Fairfax/Loudoun/Reston/Zoom

Fairfax courses are indicated by the prefix "F," Loudoun by an "L," Reston by an "R," and Zoom by the suffix "Z."

Courses will be offered in various formats for the term. **Please carefully note the title format for each course** when considering your registration list. In-person offerings will follow the traditional title format (campus designation, course number; ex: **F101**). Zoom only offerings will follow the traditional title format but will include a 'Z' after the course number; ex: **F101Z**. Hybrid offerings will have both in-person and virtual title formats listed in the course description (ex: **F101 / F101Z**). You must decide which format you prefer when registering for hybrid courses and select the corresponding title format.

100 Art & Music

Program Planning Group Chairs:

Linda Harber, Marianne Metz, Carolyn Modugno,
Christine Narbut

F101Z Virginia Opera Presents "Understanding Opera"

Mondays, 2:15–3:40, Jan. 22–Feb. 12

Four sessions

Instructor: Joshua Borths

Last winter, students ventured into the world of contemporary opera. Filled with fascinating, beautiful stories that sing, the operas of today are diverse, vibrant, and thrilling. This year, using the Virginia premiere of "Sanctuary Road" as a starting point, Virginia Opera's Resident Scholar Joshua Borths, will lead students on a multi-week exploration of how the stories of marginalized communities have been told throughout opera's history and how they are coming to life in the art of the 21st century.

Joshua Borths is the resident scholar of Virginia Opera, charged with educating audiences of all ages. With over a decade of experience in opera, Borths has worked as an educator, stage director, arts administrator, and dramaturg with companies such as Arizona Opera, Des Moines Metro Opera, Opera Columbus, Pensacola Opera, and more. As an experienced teacher, Borths most recently served on the faculty of Capital University as the professor of Music History and director of Opera & Musical Theatre. His work has been featured in *Opera News* and TED Ed. His operas and programming can be licensed on OperaClassroom.com.

F102 Introduction to Crochet

Wednesdays, 9:40–11:05, Jan. 24–Feb. 14

Four sessions

Instructor: Joanne Fitzgerald

Materials fee: \$12

Class limit: 10

This course is intended for those who have never crocheted or haven't crocheted in a long time, but are interested in learning. The instruction will include basic knowledge about the tools and skills needed for crochet. There will be some lectures including videos and plenty of hands-on practice. NOTE: There is a \$12 materials fee due at registration.

Joanne Fitzgerald has been crafting since she was a young girl—crochet, knitting, cross stitch, embroidery, quilting. Crochet has been a constant go-to craft.



Check the Daily Schedule

Please check your daily schedule email for class links or information, the current video library passcode, and Zoom Help Desk information.

F103Z Ira Without George: The Rest of Ira Gershwin's Heritage of Songs

Wednesday, 2:15–3:40, Jan. 24

One session

Instructor: Daniel Moskowitz

Ira Gershwin is known as the lyricist who turned brother George's catchy tunes into the songs that are standard entries in the "Great American Songbook," but less appreciated is the work he did with other composers. We will discuss the context of those other songs—the shows or films for which they were written—and Ira's own comments on them. But mainly we will listen to some two dozen songs he wrote with Jerome Kern, Harold Arlen, Kurt Weill, Aaron Copeland, Burton Lane, Veron Duke, Vincent Youmans, and Harry Warren as performed by, among others, Ella Fitzgerald, Frank Sinatra, Barbra Streisand, Judy Garland, Bing Crosby, Fred Astaire, Julie Andrews, Lena Horne, Audra MacDonald, Dinah Shore, Mel Tormé, and Ira himself.

Dan Moskowitz is a magazine writer with an avocational interest in American popular music and particularly Broadway musicals. He has led many courses on aspects of that subject at the OLLIs at George Mason and American University. His most recent GMU sessions were on the music of World War II.

F104Z Dabbling Artists

Wednesdays, 2:15–3:40, Jan. 24–Feb. 14

Four sessions

Instructor: Christine A. Narbut

Class limit: 25

Come meet and work alongside fellow OLLI members who dabble in sketching, pastels, and watercolor painting. You provide your own materials and the picture or sketch you plan to work on each week. There will be plenty of advisory conversation available, along with suggestions for projects you might enjoy. If you have some experience with the visual arts, or if you last picked up a pastel or brush in high

school, maybe you're ready to do it again! Artistic talent is not required, just a desire to create and have fun.

Chris Narbut has been a member of OLLI since 2018. She has taken watercolor classes at the Torpedo factory and participates in OLLI Dabbling Artists and Annex Art. She retired from the Navy in 1992, the Fairfax County Health Department in March 2017, and she is a member of Fairfax County Medical Reserve Corps.

F105Z The Roots of Rock & Roll

Tuesday, 9:40–11:05, Jan. 30

One session

Instructor: Matthew Sabatella

Coordinator: Stephanie Trachtenberg

To some people in the mid-1950s, rock & roll music seemed to come out of nowhere. The radio was playing hit records by Doris Day, Perry Como, and Patti Page, and then—BOOM—there was Chuck Berry, Little Richard, Bill Haley and His Comets, and Elvis Presley. Rock & roll had actually been slowly brewing for decades from a mix of music that included blues, rhythm and blues, country, bluegrass, and more. And each of these musical genres included elements from both black and white cultures. Through archival recordings and images, this program explores these musical roots and the birth of rock & roll.

Matthew Sabatella holds a BA in Music from the University of Miami and an MA in History from Florida International University. He is the founder and president of BalladofAmerica.org, a nonprofit organization that preserves and celebrates music from America's diverse cultural history. He performs regularly, both as a solo artist and as the leader of the Rambling String Band. He teaches about America's music, in person and online, at lifelong learning institutes, including Florida Atlantic University, George Mason University, Florida International University, University of Miami, and Nova Southeastern University.

F106Z Lunar New Year at the National Museum of Asian Art

Tuesday, 11:50–1:15, Feb. 6

One session

Instructor: Charles Silver

The Lunar New Year is celebrated in many Asian countries. The Year of the Dragon will begin on February 10,

2024. This course will look at the traditions and customs associated with the Lunar New Year holiday through the paintings, sculptures, and ceramics in the collection of the Smithsonian's National Museum of Asian Art. Since this is the Year of the Dragon, we will pay particular attention to the depiction of this powerful symbol in East Asian art.

Charles Silver is a retired foreign service officer who served widely in East and Southeast Asia. He is currently a docent at the Smithsonian's National Museum of Asian Art.

200 Economics & Finance

Program Planning Group Chairs:

**Brenda Bloch-Young, Leo Brennan,
Marvin Singer, Ray Willson**

F201 / F201Z Retired with Questions

Mondays, 11:50–1:15, Jan. 22–Feb. 12

Four sessions

Coordinator: Ray Willson

Class limit: 50

(Please do not sign up if you've already had the opportunity to attend in the past.)

As seniors, we face the challenges of a constantly changing world, while creating our own safe and secure environment. We benefit from sharing our experiences and concerns, learning how others respond to similar situations, and getting expert counsel. This open forum, an outgrowth of the Investment Forum and other OLLI classes, is designed to address the concerns of seniors regarding a wide range of retirement issues. A panel of experienced specialists will provide answers to member questions through friendly discussion. Presenters include: **Al Smuzynski**, Investment Forum moderator; **Mike May**, financial planner for seniors; **Elizabeth Gray**, estate planning and eldercare attorney; **Helen Flynn**, senior relocation strategist; and other experts as needed. Topics may include annuities, fixed income, asset allocations, management of IRAs, staying in your home, downsizing, how to make your money last, wills, trusts, estate planning concerns, and moving to a new location.

• **First Class:** Class members will identify their areas of concern.

• **Classes 2-4:** Panel members will address member concerns, as identified in the first session.

Ray Willson has been an OLLI member since his second retirement in early 2018. Following a 28 year career as an Air Force pilot and staff officer, Ray worked as a management consultant, then transitioned to the civil service on the staff of the Assistant Secretary of the Air Force for Acquisition, Technology and Logistics. Ray is an avid reader with wide-ranging interests; he enjoys flat-water kayaking and nature photography.

F202 / F202Z Current Economic Events and Their Effect on You

Tuesdays, 11:50–1:15, Jan. 23–Feb. 13

Four sessions

Instructor: Elliott Dubin

This course will examine and discuss the major recent

Moved? Change in Status? Update Your Profile Information!

Log onto the member portal, click "my profile" (on the green tool bar), and edit your information. Save your changes by clicking "Submit."

Need Help?

Contact the OLLI registrar:
ollireg@gmu.edu

economic events and their impact on households and how the reaction of households to these events can affect the economy. The major topics that will be discussed include, but will not be limited to: (1) Inflation—its causes and effects and the policies employed to moderate it; (2) Social Security and Medicare—how the looming huge deficits in these trust funds will affect you; e.g., cuts in benefits, raises in taxes, or a combination of both; (3) Growing inequality in income and wealth—is it necessarily a bad thing?; (4) Financing the costs of higher education. Attendees will have the opportunity to suggest other topics.

Elliott Dubin was the director of policy research at the Multistate Tax Commission from March of 1999 until his retirement in August of 2019. Prior to joining the Multistate Tax Commission, Dr. Dubin was a senior housing policy analyst at the National Association of Home Builders. Currently, he is a member and treasurer of the Board of Directors of the Hartwood Foundation; the Virginia College Savings (529) Plan; and has served as an advisory member to the Board of Directors of the National Tax Association. Dr. Dubin holds M.Phil. and Ph.D. degrees from the City University of New York.

F203Z Living Trusts and Other Estate Planning Ideas and Alternatives

Tuesdays, 2:15–3:40, Jan. 23–Jan. 30

Two sessions

Instructors: Mary Lawrence, Molly Garrett

This course will teach participants about the benefits of creating and using a revocable living trust as part of the estate plan. The instructors will discuss the potential drawbacks and special considerations and will compare different estate planning approaches using a trust vs. using more simple wills. They will also talk about recent developments with regard to estate tax issues, including the sunset of the estate tax exemption amount and changes in the law regarding naming a living trust as a beneficiary of a retirement account; how and when to do it. Additionally, the instructors will tie in the use of living trusts with health care decisions and how one can be protected and cared for in the twilight years. The instructors will also cover probate and trust administration and will review the requirements of an executor and what assets are subject to probate. Finally, they will discuss the steps required of a trustee and executor in reporting, notifying beneficiaries and accounting of estate assets

Mary Lawrence is a certified elder lawyer (CELA) and veteran's benefits certified lawyer. She has been providing legal advice for more than 30 years, focusing in areas including estate planning, elder law, special needs planning, guardianship and conservatorship, and estate and trust administration.

Update Your Zoom!

Zoom regularly provides updates to release new features and fix bugs. To receive the best video and audio experience, remember to check for updates.

Molly Garrett advises individuals, families, and small business owners on estate and gift planning needs and enjoys working one-on-one with clients to create specialized and personally tailored approaches to their succession planning. She is a member of the National Academy of Elder Law Attorneys.

F204 / F204Z The Investment Forum

Wednesdays, 11:50–1:15, Jan. 24–Feb. 14

Four sessions

Moderator: Al Smuzynski

The Investment Forum, which has been meeting continuously since 1995, addresses investment topics of particular interest to retirees. A weekly agenda is distributed, and sessions begin with an open discussion of recent events in the economy and the financial markets, and their impact on investment decisions. Member presentations and discussions typically include such topics as: recent market indicators, stocks, bonds, funds, real estate investment trusts, options, commodities, sector allocations, investment strategies, and choosing financial advisors. Investment trades are collected each week from Forum members, and those trades are discussed. The class uses analyses and data from the financial press.

Al Smuzynski is a retired federal bank regulator, banker, and real estate developer, and has led the Investment Forum since 2011.

F205 / F205Z Tax Preparation and Strategies

Tuesdays, 2:15–3:40, Feb. 6–Feb. 13

Two sessions

Instructors: Mary Szpanka, Brenda Bloch-Young

Come enjoy delving into the details of taxes with a focus on senior-related topics. We will discuss 2023 tax return reporting compliance along with many ideas for minimizing your tax bite. Session 1 will cover federal taxes, Session 2 will cover Virginia taxes and your Q&A topics as time allows.

Mary Szpanka, CPA, has enjoyed being in tax practice for many years and enjoys helping OLLI participants with their quest for knowledge!

Brenda Bloch-Young is a retired international tax director/CPA and active investor for over 40 years.

F206 / F206Z Protecting Your Nest Egg: Investing and Avoiding Scams

Wednesday, 2:15–3:40, Feb. 14

One session

Instructor: Tom Manganello

Coordinator: Brenda Bloch-Young

An attorney from the U.S. Securities and Exchange Commission will explain the red flags of investment scams and steps you can take to protect your investments.

Tom Manganello is a senior counsel in the Securities and Exchange Commission's Office of Investor Education and Advocacy (OIEA). In that role, Tom researches and drafts investor alerts and bulletins, helps manage investor education content on the SEC's website, www.Investor.gov, and conducts presentations on investor education to millennials, military, seniors, students, and other audiences. Prior to joining OIEA, Tom spent ten years in the SEC's Division of Enforcement, where he investigated violations

of the federal securities laws, including insider trading, Ponzi and pyramid schemes, accounting and broker fraud, and unregistered offerings. He graduated from the University of Pittsburgh School of Law and earned a BS in Journalism from Ohio University.

L207 / L207Z The Seven Habits of Financially Confident Women

Thursdays, 9:40–11:05, Jan. 25–Feb. 1

Two sessions

Instructor: Linda Black

Join Linda Black, ChFC, RICP, GFS as she provides the tools to empower women to make confident, enlightened financial decisions. Learn how to create a financial plan specific to your goals and timeline, how to get organized, how to own your financial decisions, and how to move forward with your plan. “Knowledge is power and embracing that power is a necessary step to feeling positive and strong!”

Linda Black, a chartered financial counselor (ChFC), retirement income chartered professional (RICP), and Global Fiduciary Steward (GFS), has extensive experience counseling clients on portfolio construction, retirement issues, estate planning, and asset protection strategies.

F208 / F208Z Investing in 2024

Friday, 11:00–12:25, Feb. 9

The Seneca, 55 W Gude Drive, Rockville, MD 20850

One session

Note location and time

Instructor: Al Smuzynski

For over ten years, there was “TINA” (there is no alternative) to investing in stocks for investors looking for any kind of return. That has changed with the recent rise in interest rates. Now, it’s “TARA” (there are reasonable alternatives) for investors who want less risk than stocks: money market funds, certificates of deposit, bonds, and bond funds. The instructor will look at these, and some fundamentals, for investors who want good returns and less risk than stocks.

Al Smuzynski is a retired federal bank regulator, banker, and real estate developer. He has led the Investment Forum Club at OLLI Mason since 2011.

300 History

Program Planning Group Chairs:
Emmett Fenlon, Irene Harworth,
Beth Lambert, Bernie Oppel

F301Z 100 D-Days: The War Against the Rising Sun

Tuesdays, 9:00–11:00, Jan. 16–Feb. 13

Five sessions

Note dates and time

Instructor: Buck Beasom

This course, a bookend to the course *War in the Skies: The Air War in Europe 1939-45*, covers the war in the Pacific, with a particular focus on the air war. It traces the development of Japan as a modern military power,

Need Additional Help with Zoom?

On the Tuesday before each term the OLLI staff offers a “How to Zoom Class” at 1 PM. See the daily schedule for the class link.

OLLI Mason has Help pages that will point you in the right direction:

The Potomac Area Technology and Computer Society (PATACS) has plenty of helpful information for all devices:

<https://www.patacs.org/zoom.html>

Visit the OLLI website at:

<https://olli.gmu.edu/online-classes-resources/>

Or you can email the OLLI Help Desk at:

ollizoomhelp@olligmu.org

its early triumphs in Asia and the South Pacific and how the Allies, particularly the U.S., turned the tide by mainly using air power launched from carriers or air bases captured during the “island hopping” campaigns of 1943-45. And it concludes with the ultimate immolation of Japan under the weight of American incendiaries and eventually, two atomic bombs.

Buck Beasom’s career includes 40 years of professional experience as a VP finance and applications developer and 30 years teaching business and history courses. A long-time student of World War II, he has developed multi-media courses on the air war in Europe and in the Asia/Pacific Theater.

F302 / F302Z Considering a Second Civil War

Mondays, 9:40–11:05, Jan. 22–Jan. 29

Two sessions

Instructor: Randy Ferryman

Since entering office, President Joe Biden has sought the opinion of experts about whether the U.S. is on a path toward another civil war, and former President Donald Trump early in his 2024 campaign to return to the White House, has referred to “The Final Battle”. To help participants understand the possibility of another civil war, this course attempts to provide a framework for analyzing the likelihood of civil war from which participants can reach their own conclusion about such a possibility. The course will begin with context about what concerns our political leaders and others have about a civil war erupting, what experts say are the indicators of a forthcoming civil war, and the decline of democratic practices in our country. The course will then explore how these indicators and other factors emerged before the Civil War, and close by offering the opinion of several experts about whether factors pointing to civil war are already substantially in play or building.

Randy Ferryman is a retired Central Intelligence Agency senior officer and has taught Civil War history at OLLI. He was a congressional fellow for a former U.S. Senate majority whip, and

former American Political Science Association member. He has conducted 50 tours of the Gettysburg battlefield.

F303Z The Shenandoah Valley Campaign of 1862

Tuesday, 11:50–1:15, Jan. 23

One session

Instructor: Philip Massey

The little-known Valley Campaign played a significant role in the course of the Civil War in 1862. Early that year, morale was low in the South. There were repeated military setbacks in the western theater. The blockade of southern ports tightened. A large Union army threatened Richmond. The Confederacy needed battlefield victories and improved morale, and they needed a way to force a diversion of Union troops from the attack on the capital. The Valley Campaign fulfilled these goals, and Confederate General Stonewall Jackson became a hero in the South. This talk describes the events leading up to the campaign, the military importance of the Valley, and pertinent Valley geography. We then follow the campaign from the fall of Winchester on March 11th to the final battle at Port Republic on June 9th.

Philip Massey is a former radiologist with an interest in Civil War history. He has presented three previous OLLI classes on Civil War topics.

F304 The American Revolution on the Ohio Frontier, 1782

Tuesdays, 11:50–1:15, Jan. 23–Jan. 30

Two sessions

Instructor: Eric Sterner

Class limit: 35

For many, the American victory at Yorktown in October 1781 marked the end of the fighting in the American Revolution. But, across the Appalachian Mountains in the Ohio River Valley, the fighting actually intensified with a violence and brutality that led to some of the war's most horrific episodes. In March 1782, American volunteers crossed the Ohio River and slaughtered nearly 100 unarmed Native Americans in the Gnadenhutten Massacre. Three months later, a coalition of tribes defeated nearly 450 volunteers on the Sandusky River when they marched across Ohio to destroy a collection of villages that had launched raids on frontier farms and towns for years. The Indians tortured their prisoners to death, turning Colonel William Crawford into a frontier martyr. This discussion class examines the twists and turns that led to these two landmark events: the Gnadenhutten Massacre and the Battle of Upper Sandusky. It is based on the instructor's two books, *Anatomy of a Massacre: The Destruction of Gnadenhutten, 1782* and *The Battle of Upper Sandusky, 1782* from Westholme Publishing.

Eric Sterner earned a BA from The American University and two MAs from George Washington University. He spent a career in defense and aerospace and now studies American history. He contributes to the *Journal of the American Revolution* and has written two books about the war on the frontier.

Future Course Proposal Due Dates

****Please note that course proposals are due approximately 6 months before the start of each term due to catalog production deadlines.**

Spring 2024:

March 25 - May 17, 2024

Summer 2024:

June 24 - August 2, 2024

(Proposal due date: January 26, 2024)

Fall 2024:

September 23 - November 15, 2024

(Proposal due date: April 8, 2024)

Course Proposal Form:

<https://olli.gmu.edu/olli-course-proposal-form/>

F305 / F305Z Imperial Presidency: From George Washington to Joe Biden

Wednesdays, 9:40–11:05, Jan. 24–Feb. 14

Four sessions

Instructor: Michael McGregor

Is the American presidency "imperial"? Writing in the 1970's after Watergate, the historian Arthur Schlesinger wrote a book arguing the American presidency was "imperial" or king-like. This course will investigate the intentions of the founding fathers. It will also trace the development of the presidency through the 19th to the 21st Centuries, focusing on Andrew Jackson, Abraham Lincoln, Teddy Roosevelt, Woodrow Wilson, Franklin Roosevelt, Harry Truman, John F. Kennedy, Lyndon Johnson, Richard Nixon, Ronald Reagan, George W. Bush, Barack Obama, Donald Trump, and Joe Biden. The course will conclude with a discussion of the future of the American presidency.

Michael McGregor is a student of history focusing on American and European politics. Michael received his Master's degree from George Mason University and his Bachelor of Arts degree from the University of Northern Iowa.

F306 / F306Z Four Heroes of the Civil Rights Movement

Thursdays, 9:40–11:05, Jan. 25–Feb. 15

Four sessions

Instructor: Elva Card

The Civil Rights Movement is one of the most important events in American twentieth century history. Brave Americans faced violence, beatings, bombings, and even killings, as they worked to overturn the Jim Crow laws

that had so long denied Black people their Constitutional rights. This class will look at four leaders in this movement. Week one will examine the life and work of Martin Luther King, Jr. Given the amount of violence Black people had suffered, it was amazing and fortunate that the Civil Rights Movement, under his leadership, chose non-violence. Week two, we will study John Lewis, the great grandson of enslaved people who survived beatings and went on to a career in Congress. Week three, the subject will be Rosa Parks, the lady who launched the Montgomery Bus Boycott. Week four, the session will focus on Mary McLeod Bethune, the amazing woman who started a school for young Black girls with \$1.50 and ended up founding a university.

Elva Card taught World History and Psychology in Fairfax County Public Schools for 31 years. She has a BA in History from George Washington University, and MAs in English and History from George Mason University.

F307 / F307Z Park Ranger Potpourri

Thursdays, 2:15–3:40, Jan. 25–Feb. 15

Four sessions

Coordinator: Jen Epstein

The National Park Service will reveal four new topics, one in each presentation. If you enjoy surprises, this is the course for you! National Park Service Rangers have participated in OLLI programs since 2001 by offering scores of thematic courses, special events, and trips.

F308 Friendly Fire? The Assault on the USS Liberty

Mondays, 9:40–11:05, Feb. 5–Feb. 12

Two sessions

Instructor: Peter Ansoff

On June 8th, 1967, the American intelligence ship USS *Liberty* was steaming in international waters in the Eastern Mediterranean, monitoring the ongoing war between Israel and Egypt. At approximately 2pm, the *Liberty* was attacked by aircraft of the Israeli Air Force. The Israelis fired cannons and rockets at the American ship, and followed up by dropping napalm bombs. A detachment of Israeli Navy ships also carried out a torpedo attack that scored a hit on the *Liberty*. Thirty-four American Sailors and Marines were killed in the attack, and 171 were wounded. The Israeli government stated that the attack had been made in error, apologized, and eventually paid compensation to the families of the victims. However, there are still many unanswered questions about the incident, and some members of the *Liberty's* crew continue to maintain that the attack was deliberate. This course will examine the events that led up to the incident, eyewitness accounts, the aftermath, and the ongoing debates about how and why it occurred.

Peter Ansoff retired in 2018 from a career as a support contractor for U.S. Navy ship acquisition programs. He has been a member of OLLI since 2017, and currently serves on the OLLI Board of Directors. His particular interests include maritime history and lighter-than-air aviation history.

L309 / L309Z Behind the Headstones: Amazing Stories of Heroes at Arlington National Cemetery

Thursday, 11:50–1:15, Feb. 15

One session

Instructor: Blane Amphor

While many famous people are buried at Arlington National Cemetery, there are many who are practically unknown but who achieved some truly astounding feats and who contributed to success in many areas such as research, code breaking, and scientific advancements. This course will tell the story of just a few of these heroes who had remarkable military accomplishments, who often went on to additional achievements in civilian life or simply returned to a humble private life.

Blane Amphor is a retired federal employee with more than 36 years of service. He has had a lifelong interest in history, especially World War II, the American Revolution, and ocean liners. He enjoys visiting sites related to his interests so he can gain a fuller understanding of events.

R310 / R310Z Intelligence in the Civil War, Part 3

Wednesdays, 11:50–1:15, Jan. 24–Feb. 7

Three sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Jim Anderson

In this third and final segment, we will discuss various means used to gather and exploit both tactical and strategic military intelligence to influence events on the battlefield and in Washington and Richmond. The first lecture compares and contrasts the Union Bureau of Military Information (BMI) and Confederate intelligence efforts during the Chancellorsville Campaign. Lecture two will be a case study of the BMI's professional approach to military intelligence and its impact during the pivotal Gettysburg Campaign. The final lecture will cover the Overland and Petersburg Campaigns to the war's end. It will highlight the collaboration between BMI head Colonel Sharp and General Grant and the contributions of the Union spy known as "Our Lady in Richmond."

Jim Anderson served three years in the Air Force and 27 years in the CIA. In retirement, he has conducted leadership seminars at Civil War battlefields. He holds an MA in History from the University of Memphis. Since 2009, he has taught classes and conducted tours at OLLI on the Civil War and American Frontier.

F311 / F311Z World War II and the Rise of American Intelligence

Friday, 11:00–12:25, Feb. 2

The Landing, 2620 Main Line Boulevard, Alexandria, 22301

One session

Note location and time

Instructor: Nicholas Reynolds

This course explores the birth, infancy, and adolescence of modern American intelligence in a sweeping look across the landscape of World War II. Prior to 1940, the United States did not systematically recruit spies and steal secrets

or intrigue against enemies overseas. The country had just a few codebreakers, isolated in windowless vaults on the National Mall, and a few FBI counterspies based nearby. Everything changed as the country mobilized to fight and win the war between 1940 and 1945.

Nicholas Reynolds has held two of the best niche jobs in the U.S. government: officer-in-charge of USMC field history and historian for the CIA Museum at Langley. His most recent book is *Need to Know, World War II and the Rise of American Intelligence*. He holds a PhD in History from Oxford.

400 Literature, Theater, and Writing

Program Planning Group Chairs:
Pat Bangs, Linda Bergman, Jane Fitzgibbons,
Norma Jean Reck

F401Z Women of the (Australian) West Mondays, 9:40–11:05, Jan. 22–Feb. 12

Four sessions

Instructor: Margaret Robson Kett

This course will focus on the history, literature, and art of Western Australia as enacted and told by First Nations and settler women from all over the world who made their home there. Over four weeks, we will explore this huge region of Australia (geographically, one third the size of the continental U.S.) as it is commemorated in novels, poetry, and picture books. Painting, sculpture, and other art forms will also be included. A recommended reading list will be sent out before classes commence.

Margaret Robson Kett has presented classes about aspects of Australia for OLLI since 2020. Margaret lived and worked in Fairfax County as a specialist children's librarian and always includes picture books in her classes which are presented from either Perth or Melbourne Australia.

F402Z Madeline Miller's *The Song of Achilles* Tuesdays, 9:40–11:05, Jan. 23–Feb. 6

Three sessions

Instructor: Barbara Nelson

Set during the Greek Heroic Age, *The Song of Achilles* is based on *The Iliad*. The novel has been on the *New York Times* Bestsellers list since its 2011 publication, and it received the Orange Prize for Fiction in 2012. The novel has been translated into 25 languages. Miller spent five years writing an entire first draft and then threw it out. As a classics scholar, Miller was aware of the challenges and obstacles she was undertaking. As she said in an interview, "I made *The Iliad* a fixed point on the horizon and wrote toward it." We will discuss the decisions she made. A recent rereading of *The Iliad* will be good preparation for this course.

Barbara Nelson, an OLLI member, taught for over 30 years at the secondary level, the last 20 at Thomas Jefferson High School for Science and Technology. She has taught literature classes at OLLI as well as art history classes that are based on National Portrait Gallery exhibits.

F403Z Women Detective Mystery Stories Tuesdays, 11:50–1:15, Jan. 23–Feb. 13

Four sessions

Instructor: Ellen Moody

Class limit: 50

This class will explore the genre of mystery/thriller detective stories and from the angle of the woman writer, detective, victim, and murderer. The three books will be Josephine Tey's (Elizabeth MacKintosh) *The Daughter of Time* (the mystery of Richard III); Dorothy Sayer's *Gaudy Night*; and P.D. James's *An Unsuitable Job for a Woman*. The class will also view (outside class) and discuss two movies: Robert Altman and Julian Fellowes's *Gosford Park* and J.B. Priestley's *An Inspector Calls* (as rewritten by Helen Edmundsen and directed by Aisling Walsh). It's a feminist literary history course, an outgrowth in one direction of the course the instructor taught in winter 2023—*The [archetypal] Heroine's Journey*.

Ellen Moody has been teaching since 1972—in senior colleges until 2012, and now for nine years at two OLLIs. She is a published scholar, with specialties in the 18th through the 20th century, with a special love for women's writing across the ages, historical novels, life-writing, and film adaptations.

F404Z Poetry Workshop

Tuesdays, 2:15–3:40, Jan. 23–Feb. 13

Four sessions

Moderator: Jan Bohall

Class limit: 16

This workshop allows both novice and experienced poets the opportunity to share their work and receive suggestions for improvement. Workshop members should prepare an original poem in draft or in revised form for each session. The moderator will email students after class confirmation with further instructions.

Jan Bohall, an OLLI member, has had poems published in various periodicals and has won awards from the Poetry Society of Virginia.

F405 / F405Z *Into the Light: Themes and Representations in African American Children's Poetry*

Wednesday, 2:15–3:40, Jan. 24

One session

Instructor: Wynn Yarbrough

Coordinator: Dennis VanLangen

This lecture is a brief journey through African American children's poetry, primarily in the twentieth century, using a variety of lenses and reflecting on a variety of problematic themes. Slavery, Emancipation, the Jim Crow South, Northern Migration, official and unofficial segregation, the Black Power Movement, the Black Arts Movement, the Civil Rights Movement: all these events and conditions are evident in the poetry the presenter examined in his current book. Context permeates the work of these writers because they are speaking to an audience that well understands the limitations and constraints on achievement due to the racial history of the United States. Perhaps it is hyperbole, but is there another children's

literature that wears the context of warning and limitations like African American children's literature? Children's literature is replete with warning themes, celebrations of achievement, family bonding, etc., but is there a children's literature where the specter of "whiteness" looms so glaringly? The presenter will provide examples of how curriculum in the United States determined literature study in nationalist ways, which led to the exclusion of minority voices. The presenter will also trace and demonstrate the influence of blues and jazz on African American children's poetry, as well as the intersections of African American children's poetry and nonsense verse. Finally, this lecture will delve into representations of masculinity, femininity, and work in this children's poetry.

Wynn Yarbrough teaches Children's Literature, Technical Writing, British Literature and the Capital Capstone course in the Interdisciplinary General Education program at the University of the District of Columbia. His academic research interests include assessment and capstone curriculum; anthropomorphic tales; gender; African-American children's poetry, and Edwardian literature. He is currently the director of General Education at the University of the District of Columbia where the General Education Program won the Campus on the Move Award for 2017-2018 from the Association of General and Liberal Studies. His current book, *Into the Light: Themes and Representations in African American Children's Poetry*, will be available from McFarland Press in December 2023.

F406Z Movie of the Week

Thursdays, 11:50–1:15, Jan. 25–Feb. 15

Four sessions

Instructors: Russell Stone, Stephanie Simcox

This course engages in discussions of the latest in Arthouse movies. Each week a movie offered via pay-per-view from Amazon Prime Video, YouTube, Netflix or other pay-per-view sites will be chosen. You won't have to subscribe to anything, but most movies charge a "rent" fee. If you do subscribe to a movie site, it may be available to you there. Participants will have one week to see the movie—before each class meeting. Class meetings will discuss the movie of the week. Impress your friends with your knowledge of the latest in Arthouse cinema! Viewing may involve subtitles, and it's always a good idea to turn on Closed Caption (CC) if it's available. The beauty of watching movies on-line is that you have captions, and can pause, rewind to catch parts you missed, and even watch it more than once.

Russell Stone was a university professor for 40 years, an OLLI



For full instructor bios, click on the instructor name accompanying the course descriptions in the OLLI member portal:
olligmu.augusoft.net

member for more than a decade, and a two-term board member. His secret passions include contemporary cinema. As a co-chair of program planning, he knows we need another movie course.

Stephanie Simcox worked in nonprofits for 30 years on the West Coast and has since moved back to Northern Virginia. An avid movie fan who never misses a new Jane Austen film, she is also up for the latest from Marvel, Pixar or Studio Ghibli. After attending the San Francisco International Film Festival for many years, she's not afraid of subtitles either!

F407 Sherlock Holmes and Arthur Conan Doyle and Science

Thursdays, 11:50–1:15, Jan. 25–Feb. 15

Four sessions

Instructor: Dana Richards

The world that Conan Doyle created has been a phenomenon for well over a century. Also over the same period there was a sea change in the public's appetite for the scientific. We will explore why. There will be an emphasis on the differences between Doyle and Holmes attitudes.

Dana Richards, a professor of Computer Science at GMU, has been a Sherlockian for nearly 50 years and belongs to many such societies. He has published scores of articles, pamphlets and books on the subject and is a frequent speaker.

[<https://www.youtube.com/watch?v=TZW94LX4Urk>]

F408Z Author Talk: *Symphony of Secrets*

Wednesday, 2:15–3:40, Jan. 31

One session

Instructor: Brendan Slocumb

Coordinator: Stephanie Trachtenberg

The instructor will discuss his novel, *Symphony of Secrets*, a gripping page-turner. Music professor Bern Hendricks discovers a shocking secret about the most famous American composer of all time—his music may have been stolen from a Black Jazz Age prodigy named Josephine Reed. Determined to uncover the truth that a powerful organization wants to keep hidden, Bern will stop at nothing to right history's wrongs and give Josephine the recognition she deserves. The instructor will leave time for questions and answers at the end of his presentation.

Brendan Slocumb was raised in Fayetteville, North Carolina, and holds a degree in music education (with concentrations in violin and viola) from the University of North Carolina at Greensboro. For more than twenty years he has been a public and private school music educator and has performed with orchestras throughout Northern Virginia, Maryland, and Washington, D.C.

F409 *Groundhog Day*: Not Just About a Rodent! Connecting with the Spirit of Enlightenment

Friday, 1:00–3:30, Feb. 2

One session

Note time

Instructor: Marilyn Harriman

Have you ever wished you could redo yesterday? In the classic movie *Groundhog Day*, starring Bill Murray and Andie McDowell, we see what it would be like if tomorrow was today. According to film critic Roger Ebert,

"The film finds its note and purpose so precisely that its genius may not be immediately noticeable. It unfolds so inevitably, is so entertaining, and is so effortless that you have to stand back and slap yourself before you see how good it is." Although best known as a light-hearted rom-com, profound existentialist and Buddhist philosophical principles of living are embedded in the laughs. The instructor will preview the film with a short talk on the concepts to look for while watching. Come out and enjoy a cup of cocoa and a bag of popcorn while you laugh with your OLLI colleagues and connect with the possibilities of Enlightenment.

Marilyn Harriman is a retired Fairfax County advanced placement language and composition teacher who has taught literature at OLLI for five years. Before retirement, she also taught high school and college English and journalism in Oregon, Texas, and Germany and holds degrees in Journalism and Literature.

F410Z The Borders of Our Minds

Wednesday, 2:15–3:40, Feb. 7

One session

Instructor: David Mould

In his latest book on travel, history, and culture, *Postcards from the Borderlands*, historian and journalist David Mould explores the meaning of borders. Are they simply political and geographical, marked by posts, walls, and fences, or should we think of them more broadly? Some borders, set by surveys and treaties, take no account of geography, language, and culture. David's journey begins with maps and cartoons that poke fun at how we view cities and regions in the U.S. and other parts of the world. He explores how the borders of Ukraine have changed over time. He moves on to the carve-up of Africa, the artificial (and often straight-line) borders drawn by colonial powers, and to Central Asia and the border casualties of the dissolution of the Soviet Union—that gerrymandered jumble of countries whose names end in -stan. He ends up in South Asia, with the tragic decision to partition British India along religious lines in 1947.

David Mould, Ph.D., professor emeritus of Media Arts and Studies at Ohio University, has traveled widely in Asia and southern Africa. Born in the U.K., he worked as a newspaper and TV journalist before moving to the U.S. in 1978. He is the author of three books on travel, history, and culture.

F411 / F411Z Willa Cather's *A Lost Lady*

Tuesday, 11:50–1:15, Feb. 13

One session

Instructor: Jane Fitzgibbons

On June 7, 2023, a life-size bronze statue of Willa Cather was unveiled in the U.S. Capitol's Statuary Hall. Each U.S. state selects two accomplished individuals to represent its state. Nebraska chose Willa Cather as its most recent representative. In the entire U.S. collection, she became the first Pulitzer Prize winner and the twelfth woman to achieve this honor. During the unveiling ceremony, many comments were made about her being "American to the core" and her beautiful authentic stories about the pioneering spirit

and American individualism. *A Lost Lady* (1923) is set in a small fictional Nebraska town, Sweet Water. It was written during Ms. Cather's Great Middle Period (1922-27) when she also wrote *Death Comes for the Archbishop* and *The Professor's House*. The novel is not about immigrant pioneers on the Great Plains; rather it is about the moral and cultural conflict between the "railroad aristocracy," pioneers in their own right, and the town folks represented by an immoral lawyer and a young impressionable man named Niel who adores Marian Forrester, the novel's protagonist. Marian Forrester is the wife of and hostess for Capt. Forrester, a railroad executive who is 25 years her senior. Most of the observations about Mrs. Forrester come from Niel, who is initially enamored and subsequently disillusioned by what he learns about Mrs. Forrester, who makes choices that will permanently change her, her marriage, and the town of Sweet Water. Besides telling the personal stories of the Forresters, who were based on a real-life couple who lived in Willa Cather's hometown of Red Cloud, Nebraska, Ms. Cather overlays their stories with the social impact of the significantly materialistic post-pioneer age. *A Lost Lady* is perhaps the most perfect Cather novel in terms of form.

Jane Fitzgibbons retired from the federal government in 2020. During her government career, she headed training and communications departments. She has an MS in National Security Strategy from the National War College and an MA in Politics and Literature from the University of Dallas where her admiration for the works of Willa Cather began, which led her to a forum at the University of Nebraska on the centenary of Ms. Cather's birth. She attended two Willa Cather conferences in 2023: one honoring Willa Cather's sesquicentennial birthday and one focusing on Ms. Cather's literary life in New York City.

F412Z Poem with a Cause: Reading and Writing about What Is Meaningful to Us

Friday, 1:00–2:30, Feb. 16

One session

Instructor: Zeina Azzam

Class limit: 25

This class will explore poetry that engages with local and global issues. Whether we are opposing wars, supporting efforts to address climate change, or advocating for civil rights and human rights (and so much more), poetry offers a way to express ourselves, enlighten others, and spur change around us. Participants will read examples of poems that speak to different kinds of injustice and discuss how poets choose to approach and write about these issues. Elements such as tone, voice, subtlety, and metaphor will be highlighted. We will consider the various reasons that inspire political poetry. Bring poems to share that fit this theme, whether by others or ones you are writing.

Zeina Azzam is a Palestinian American poet, writer, editor, and community activist. She is the poet laureate of the City of Alexandria, VA for 2022-25. She has published two poetry collections: *Some Things Never Leave You* (Tiger Bark Press, 2023) and *Bayna Bayna, In-Between* (The Poetry Box, 2021).

L413Z Writers' Workshop

Wednesdays, 9:40–11:05, Jan. 24–Feb. 14

Four sessions

Instructors: Ed Sadtler, Margie Wildblood

Class limit: 12

This class uses a roundtable format to foster an environment for writers of all levels to give and receive encouragement, feedback, and constructive criticism. All genres of writing are welcome, including poetry, fiction, memoirs, and historical pieces. To each of these categories we apply the same underlying commitment—to write a compelling work that fully conveys the author's intentions.

Ed Sadtler, a graduate of Shippensburg State College in Pennsylvania, has conducted many writing workshops at OLLI and has taught poetry writing classes for the Lifetime Learning Institute of Northern Virginia Community College.

Margie Wildblood is a native of Salem, Virginia. She has degrees in English, Psychology, and Education. She retired from Northern Virginia Community College where she was faculty and a counselor in student services. She writes poetry, fiction and nonfiction prose, and is currently marketing a romance memoir.

R414Z Literary Roundtable

Wednesdays, 11:50–1:15, Jan. 24–Feb. 14

Four sessions

Moderator: Ben Gold

This on-going short-story discussion class will continue with the new anthology, *The Best American Mystery Stories of the Century*, edited by Tony Hillerman. This is a selection from the best of the world's short mystery fiction, bringing together writings by great masters of the genre. This wide-ranging anthology of stories is designed for readers to meet new writers and be surprised by some famous writers not known for mysteries. The book is available online from a variety of sources. It's in paperback for \$10.00 or less for used copies.

Ben Gold has a BA in Political Science from Stanford University and also holds an MS degree in Computer Science. He will serve as moderator.

500 Languages

Program Planning Group Chairs:

Pat Bangs, Linda Bergman, Jane Fitzgibbons,
Norma Jean Reck

F501Z Intermediate Spanish Grammar and Conversation

Thursdays, 9:40–11:50, Jan. 25–Feb. 15

Four sessions

Instructor: Morris Kaplan

Using a helpful textbook and specially curated YouTube videos, Mr. Kaplan teaches Spanish in a fun, interactive, and very effective way. This class will focus on the past, future and conditional tenses and commands. No homework or tests. Just sit back and listen as we do grammar exercises, watch Spanish language videos and speak in Spanish to each other. It's an easy way to

learn how to speak the second most spoken language in America. Learning a foreign language has also been shown to delay or reduce the onset of dementia. Required text: *Advanced Spanish Step-By-Step* by Barbara Bregstein (available on Amazon \$12).

Morris Kaplan is an attorney who after a distinguished career in nursing home and dementia care, spends his retirement providing pro bono legal representation to victims of domestic abuse. He also teaches Spanish by Zoom to OLLI programs at Stony Brook, Emory, Duke, George Mason, and Johns Hopkins.

F502Z Latin: Level 4

Thursdays, 2:15–3:40, Jan. 25–Feb. 15

Four sessions

Instructor: Alana Lukes

Class limit: 16

This continuing course is for Latin students with knowledge of indicative and subjunctive verb tenses as well as the five noun declensions. The instructor takes a modern reading approach to learning this ancient language. The course explores Latin grammar, vocabulary, mythology, and ancient Roman culture in first century CE Rome. Students will look at the time of Emperor Domitian as well as Roman authors such as Pliny and Martial. Class meetings will use the *Cambridge Latin Course, Unit Four, North American Fourth Edition* as the required text, as well as adapted texts from other instructor-provided sources.

Alana Lukes, an OLLI member, has taught Latin for over 25 years at the middle school, high school, and college levels. She has also taught 11 years at OLLI.

600 Religious Studies

Program Planning Group Chair:
Jim Cantwell

F601 Faith, Doubt, and Tradition: A Personal Journey to Understand Your Own Beliefs

Mondays, 9:40–11:05, Jan. 22–Feb. 12

Four sessions

Instructor: Steve Goldman

This seminar is designed to help you explore and better understand your own spiritual and religious beliefs and examine the reasons for them. What do you believe, doubt, disbelieve, and why? What do you observe because of tradition, regardless of any specific religious or spiritual beliefs? The seminar will present questions for discussion, beginning with the general and proceeding to the specific. The instructor will begin each class with a 20-minute introduction that will frame the issues to be examined. We welcome members of all faith traditions, and those who doubt or who do not believe. If you have taken this course previously, you are welcome to participate again, since it is different each time.

Steve Goldman has taught numerous courses on alternative understandings of biblical doctrine at OLLI Mason.

F602 The Baha'i Faith: A Religion Whose Mission is to Create a Just and Peaceful World Civilization

Mondays, 11:50–1:15, Jan. 22–Feb. 12

Four sessions

Instructors: Vera Breton, Ted Breton

Judaism, Christianity, and Islam all have expectations that a Messenger of God—the Messiah, the Lord of the Age, or Jesus Christ—will appear at the Time of the End. In this context, in the mid-19th century, two unrelated descendants of Abraham arose in Persia and announced the end of the Islamic dispensation and the inauguration of a new religious era. Without prior knowledge of Arabic or theology, both displayed an extraordinary capacity to rapidly generate theological commentary in classical Arabic. Their commentary and messianic claims rapidly led to widespread debate about their legitimacy, to violence, and then to pogroms after Muslim authorities charged them and their followers with heresy. These events heralded the advent of the Baha'i Faith, whose declared mission is to create a just and peaceful world civilization based on its new spiritual teachings. This course describes this historic process and presents the core principles of this new Faith.

Vera Breton is a Baha'i in the City of Fairfax and a former teacher in the Fairfax County Department of Family Services. She has taught numerous OLLI courses related to the Baha'i Faith.

Theodore Breton is a Baha'i in the City of Fairfax and a former professor of Economics. He has taught OLLI courses on the Baha'i Faith and on economics topics.

F603 Christians in the Movies

Mondays, 1:45–3:45, Jan. 22–Feb. 12

Four sessions

Note time

Instructor: Jim Cantwell

This course will highlight four movies. *Something the Lord Made* tells how a poor, Black carpenter helps launch a medical revolution saving thousands of lives. *Hacksaw Ridge* is about Desmond Doss, a conscientious objector who single-handedly saved 75 men in WWII and earned the Congressional Medal of Honor. *Chariots of Fire*, the 1961 Best Picture Oscar winner, is according to Rex Reed "a masterpiece. Its overwhelming impact will touch and affect you." In *A Man for all Seasons*, the 1966 Best Picture Oscar winner, Sir Thomas More is in a battle of wills with Henry VIII when the king demands More's approval to divorce his wife and marry his mistress.

Jim Cantwell is chair of OLLI's Religious Studies program planning group and has taught numerous courses at OLLI.

F604 The Historical Jesus

Tuesdays, 9:40–11:05, Jan. 23–Feb. 13

Four sessions

Instructor: Jack Dalby

New Testament scholar John Dominic Crossan once said, "It is impossible to avoid the suspicion that historical Jesus research is a very safe place to do theology and call it

history, to do autobiography and call it biography." So just who was the Jesus of history? Was he a cynic philosopher, a magician, the Messiah, revolutionary zealot, apocalyptic prophet, the son of God or God? In this course we will attempt to reconstruct the historical Jesus by examining what modern historians have to say about this enigmatic 1st century Galilean Jew. Topics for discussion will include: sources for the historical Jesus, the critical methods historians use to evaluate these sources, how human memory affects the stories told about Jesus, did Jesus intend to start a new religion and what claims did he make about himself. We will also examine what historians have written about the major chapters in the life of Jesus. There will be ample time for questions and discussion.

Jack Dalby is a retired NOVA business owner who has lectured on the topic of The Historical Jesus and Early Christianity at OLLI since 2012.

F605 Christian Theology: Revelation or Philosophy?

Thursday, 9:40–11:05, Jan. 25–Feb. 15

Four sessions

Instructor: John Rybicki

Jesus was a Jew as were most of his initial followers. They had a "late second-Temple" Jewish understanding of God and their required response to being God's people. As "Christianity" spread into the Gentile world, the "truths" of Christianity had to be presented in a way that could be understood by non-Jews. Gradually, Christianity lost much of its Jewishness and became Hellenized. This Hellenizing of Christianity included the introduction of Greek philosophical thinking, reason, and logic. Did major tenets of Christian belief develop from the teachings of Jesus, the Gospels, continuing revelation, or from the systematic use of human reason in an effort to understand the meaning of Jesus and his mission? We will examine the concepts of The Trinity, Christology (the hypostatic union), and Soteriology (salvation theory) in an attempt to answer the question: revelation or philosophy?

John Rybicki has been an OLLI contributor for over 20 years. He received a Master of Theology degree from St. John of Damascus Institute of Theology, Balamand University. He served as a pastoral associate at the Riderwood Retirement Community in Maryland where he was responsible for religious education and facilitating Jewish-Christian dialogue.

F606Z Is That Really in the Bible?

Mondays, 2:15–3:40, Jan. 29–Feb. 12

Three sessions

Instructor: Stephen Ruth

Nearly everybody has a favorite event or story from the Bible. Steve Ruth has collected dozens of them for the class, each including a somewhat different, modern spin than may be customary. The course will address love stories, the great curses in Deuteronomy, plus a treasure trove of heroic stories of men and women who were successful in countless ways. And there are so many stories of villains and villainesses, all equally interesting

and memorable. "Too many to count", says the professor, "but I guarantee that some of the stories are so powerful that they can make you shiver, or cry-or laugh." Many of the great male and female heroes are almost unknown to many Christians and Jews, yet their stories are fascinating. Huldah has the status of a prophet in the Old Testament—how many know about her? The course covers many Jesus stories, including his very unusual genealogy, which includes saints and sinners. Also, there's Mary Magdalene, who some scholars have called "the first apostle", who, with her friends, helped support the ministry of Jesus financially. Each week we will review at least a dozen examples, including those suggested by members of the class. We'll also cover Paul's advice on taxes, slaves, husbands and wives, and much more. Some may say, "Is that really in the Bible?" It will be interesting and fun to review these stories from a modern perspective. No familiarity with Scripture is required. All are welcome.

Stephen Ruth is a professor of public policy at George Mason University, specializing in technology issues associated with globalization. He is also the director of the International Center for Applied Studies in Information Technology, a grant-supported research center. His book, *One Year Trip through the Bible: A Layman's Fresh View of the Complete Old and New Testaments*, examines 73 books of the Hebrew Tanakh (Old Testament) and the Christian New Testament.

F607 / F607Z Ecclesiology, Idealism, and World Polity: The Concordats of the Apostolic See

Friday, 1:00–2:30, Feb. 9

One session

Instructor: Mark Royce

In his second book, due for publication in 2024, the instructor identifies and discusses all 167 international treaties of the Apostolic See, from 1865 to 2020. Drawing upon deep archival research, and locating the subject at the intersection of canon, comparative, and international law, the instructor demonstrates an enduring relationship between the presence or absence of canon law in the contracting party and the ecclesiological or ideational norms of its concordat. Six "case clusters" of concordatorial fascism, the German Lander, Latin American Counter-Revolution, European secularism, Vatican II states, and Third World states are submitted in evidence, and the implications for international relations fully considered.

Mark R. Royce, Ph.D., is associate professor of Political Science at Northern Virginia Community College and sole author of two books from Palgrave Macmillan: *The Political Theology of European Integration* (2017), and *The Concordats of the Apostolic See* (2024).

L608Z A Taste of Buddhism

Thursdays, 9:40–11:05, Jan. 25–Feb. 15

Four sessions

Instructor: Charlene Wilson

This course will introduce students to the basic tenets of Buddhist philosophy. The topics will include history, reincarnation, karma, and enlightenment.

Charlene Wilson has been a student of Tibetan Buddhism for almost 40 years. She has been traditionally trained by the Lamas and holds the robes of a Ngagpa (Yogi) in the Tibetan tradition. This is the third year she will be teaching at GMU.

650 Humanities and Social Sciences

**Program Planning Group Chairs:
Camille Hodges, Peg O'Brien**

L651 TED Talk Discussion Group

Thursdays, 11:50–1:15, Jan. 25–Feb. 8

Three sessions

Instructor: Barbara Wilan

Class limit: 20

TED (Technology, Entertainment, and Design) is a growing collection of brief recorded talks on a wide range of topics. The speakers are leading figures chosen for their ability to express ideas clearly and succinctly. We will watch and discuss a TED talk each week. The general topics will be: Social Change, War, and Aging.

Barbara Wilan retired as a full-time English teacher at the Annandale campus of Northern Virginia Community College and is currently an adjunct there. She has also taught at the University of Maryland and for the University of Maryland's European Division.

R662 / R662Z Anthropology of Culture Wars, Part 1

Wednesday, 9:40–11:05, Jan. 24–Feb. 14

Four sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Tom Carroll

What is culture? Who are we? Who are they? Anthropology's mission is "a world made safe for human differences." Margaret Mead observed that "you are absolutely unique, just like everyone else." Anthropology studies our differences and commonalities by examining the beliefs, symbols, perceptions, behaviors, relationships, and tools that shape our world. Cultural anthropology investigates ethnocentrism, enculturation, adaptation, and change. Linguistics focuses on how we communicate to create shared meaning. Evolutionary biology sheds light on human origins and current health issues. Archaeology delves into our built environment and technologies. Work of prominent anthropologists, psychologists, and sociologists will be considered. This winter course, Part I, lays the groundwork for spring term's Part II discussions of religion; marriage, family, and other arrangements; race, gender, and reproductive choice; education wars; the aging experience; globalization; human migration; and climate change.

Tom Carroll served in the Peace Corps in Lesotho in Southern Africa, and then earned a PH.D. in Cultural Anthropology. He is an American Anthropological Association member and did research at Clark University, Columbia University, the U.S. Department of Education, and the National Commission on Teaching and America's Future.

700 Current Events

Program Planning Group Chairs:
Camille Hodges, Peg O'Brien

F701Z What's in the Daily News?

Mondays, 9:30–11:00, Jan. 22–Feb. 12

Four sessions

Note time

Moderators: Dorsey Chescavage, Richard Crawford, John Quinn, Ann Smith, Al Smuzynski

Class liaison: Dennis VanLangen

Class limit: 80

This is a weekly forum for thoughtful, forthright, and respectful exchange of information and opinions on current world, U.S., and regional news. Class participants bring to the table a wealth of knowledge and experience in international affairs, government, industry, education, economics, the military, and other areas. The discussion is always lively, and all participants have an equal opportunity to comment.

F702 / F702Z Supreme Decision Banning Affirmative Action for College Admission: How Far Does It Go, and What's Next?

Mondays, 2:15–3:40, Jan. 22–Jan. 30

Two sessions

Instructor: Robert Zener

The Supreme Court's recent decision banning racial preference for college admission raises several issues. The Court itself says colleges may consider essays describing the positive personal attributes the applicant exhibited reacting to prejudice. Is that a "loophole"? Some colleges may increase student subsidies and take other steps to enhance minority enrollment. Will there be any limits to this process? Also, the Court says its decision does not apply to the military service academies, where different considerations may apply. Where else may different considerations apply? Some have also argued the decision should be extended to invalidate racially based affirmative action by private employers, which the Court has previously protected. The course will explore this and other issues, as the full implications of the decision continue to be debated and litigated.

Bob Zener served 20 years in the U.S. Department of Justice, where he wrote briefs and argued cases in all the federal courts of appeals. He helped present cases in the Supreme Court, including cases involving issues of discrimination and constitutional law.

F703 / F703Z Guns In America: Facts, Opinions, and Controversies

Tuesdays, 2:15–3:40, Jan. 23–Jan. 30

Two sessions

Instructor: Zach Teich

This two-session lecture/discussion course will outline key facts about firearms, how they are regulated by federal, state, and local governments, and how the Supreme Court has interpreted the Second Amendment. It will then

OLLI Closing Policy

(for in-person classes only)

OLLI is closed when county schools are closed. OLLI follows the Fairfax County Public Schools for Fairfax and Reston sites and the Loudoun County Public Schools for Loudoun sites.

When schools announce a delayed opening, OLLI generally opens on time. Exception: at George Mason facilities we adhere to Mason closing decisions. If Mason announces a delay, OLLI may need to cancel the first class of the day. Also, poor conditions at OLLI sites may necessitate class or event cancellations.

The most up-to-date information on OLLI delays and closings can be found in your Daily Schedule email, on the OLLI website: olli.gmu.edu, or on the Tallwood office voicemail at (703) 503-3384.

critically examine the arguments made by advocates on both sides of the "gun safety/gun control" debate.

Zach Teich has been an OLLI member for over 10 years. He has taught a lecture/discussion class on U.S. Foreign Policy, and for the past two years has led the All The News That's Fit to Print /All the News, Continued discussion groups that meet throughout the year except summer term.

F704 / F704Z All the News That's Fit to Print

Thursdays, 11:50–1:15, Jan. 25–Feb. 15

Four sessions

Instructor: Zachary Teich

All the News That's Fit to Print meets online to discuss current affairs issues in a friendly and collegial manner. Moderator Zach Teich provides a topic list drawn from the week's news and serves as 'traffic cop' for the freewheeling discussion. All opinions are welcome; the only rules are to be courteous and to allow the moderator to call on those who raise their hands to speak.

Zachary Teich has a BA in Political Science from the University of South Florida, a Master's of Science in Foreign Service from Georgetown, and an MS in Strategic Studies from the Marine Corps War College. He was a State Department Foreign Service Officer from 1979-2006 and a negotiator at State's Nonproliferation and Disarmament Fund from 2006-2012.

F705Z Local is Everything with Tommy McFly

Friday, 1:00–2:30, Jan. 26

One session

Instructor: Tommy McFly

Coordinator: Stephanie Trachtenberg

Growing up in the small and scrappy town of Scranton,

PA, Tommy McFly learned about community at an early age and has been steadily growing as a broadcaster ever since. He has been an intern, a sidekick, a country music radio DJ, a leading morning radio host, an entrepreneur, a podcaster, and has most recently been gaining notoriety for his coverage of local news and events for NBC4. The winner of both an Emmy and a Murrow award, Tommy will share his approach to making local news engaging content.

Tommy McFly has made a name for himself as a D.C. media ambassador and was recognized as a “Washingtonian of The Year” in 2021. Since he arrived in the nation’s capital in 2006, he—in no particular order—was the youngest person to host a morning radio show in Washington; during the Obama Administration became the first person in history to emcee the White House Easter Egg Roll; and created the Best Buddies Prom, which raised more than \$1 million in five years. Whether he’s sharing the stories of the people and communities that make Washington tick on NBC4, or hosting his podcast “Walk A Mile with Tommy McFLY”, his love for his adopted city shines through. His commitment to social responsibility began at age five, when he helped his great grandmother pinch perogies for the local firehouse bazaar, and he continues to use his microphone to encourage others to get involved, give back, and pay it forward. His awards include a 2019 Capital Emmy for his coverage of the Nationals’ World Series, a 2018 EPIC Award for Social Media Content, and an Edward R. Murrow Award for Excellence in Diversity, Equity and Inclusion for his coverage of Pride in 2022.

F706 Money in Politics: Opportunities for Citizen Advocacy

Monday, 2:15–3:40, Feb. 5

One session

Instructors: Nancy Morgan, JoAnn Flanagan

Join this roundtable discussion to review the role of money in our political system and explore with expert guests not only the issue and the implications for public policy, but also how citizen advocates can raise their voices for change. This discussion will be led by coordinators of the non-partisan group, BigMoneyOutVA, which advocates for an amendment to the U.S. Constitution, which would allow Congress and the states to regulate election spending. BigMoneyOutVA also pushes for campaign finance reform in Virginia. The state is ranked 46 out of 50 in the Coalition for Integrity’s S.W.A.M.P. Index which ranks states based on transparency and accountability to its citizens. We will review the Supreme Court rulings which have led to a flood of money coming into our elections, and we’ll also identify common sense legislation. If adopted in Virginia, this would enable our elected legislators and other elected officials to better reflect the interests and will of Virginians.

Nancy Morgan, coordinator of the non-partisan group BigMoneyOut, works on getting big money out of politics. Her background, 20 years as an economist working for the United Nations, focused on good governance. She has continued her work in Virginia.

JoAnn Kennedy Flanagan earned her bachelors, masters, and clinical doctorate in occupational therapy at Virginia Commonwealth University. Since 2016, she has volunteered extensively for organizations that address good governance

issues in Virginia, including OneVirginia2021, UpVote Virginia, and BigMoneyOutVA.

R707Z Supreme Court: Ethics and Recusals **Wednesday, 2:15–3:40, Feb. 14**

One session

Instructor: Ben Gold

There is no formal law or regulation governing which ethics rules apply to Supreme Court Justices and when they should recuse themselves from participating on a case in which they may be biased or perceived to be biased. In this class, we shall look at what might cause a Justice to be biased. We will review actual cases when Justices did recuse themselves as well as cases where it appears they should have but did not.

Ben Gold served for 18 years as a docent at the Supreme Court and over the past 20 years has taught many classes at OLLI about the history of the Court and classes discussing ongoing cases. He holds a BA in Political Science from Stanford University and an MS in Computer Science.

800 Science, Technology, and Health

Program Planning Group Chairs:
Mark Dodge, Mary Kornreich,
Suresh Mohla, Michele Romano

F801Z Can We Stop Climate Change?

Mondays, 11:50–1:15, Jan. 22–Feb. 12

Four sessions

Instructor: Tony Lee, Leslie Wharton

Class limit: 18

Will we believe the science? Equally important, will we act on the science? The course will progress through the following topics:

- 1. The science behind climate change.**
- 2. An understanding of the role that renewable energy sources can play.**
- 3. Climate modeling to understand the impacts of various solutions, both personal and societal.**
- 4. Getting active in addressing climate change.**

The course is designed to reach those who are already concerned, want to learn more, and employ that learning to become more vocal/active at any level. The final session will cover effective communication with others about climate change.

Tony Lee has a BA from Yale University and an MBA from Rutgers. He’s now retired. He has worked as an educator on climate change for 30 years, giving talks and leading courses. He helped develop the *Can We Stop Climate Change?* course, and with a small team, they have led it 30 times in the last three years.

Leslie Wharton has a BA from Boston University, PhD in History from Princeton, and J.D. from Harvard Law School. She learned about climate change in 2007, and has been a climate activist ever since. She now serves as chair of Elders Climate Action, protecting the wellbeing of our children, grandchildren, and all life.

Volunteer for OLLI Mason!

OLLI Mason relies on member volunteers.

As a volunteer, you can help shape the future of OLLI Mason by developing or teaching the courses, clubs, socials, and trips that continue to make this organization a premier lifelong learning institute. Remember, it's not all work! Volunteering can help you develop new skills, form new friendships, and keep your brain healthy!

To learn more about available volunteer opportunities, visit the website at:

olli.gmu.edu/volunteer-at-olli/



F802Z Great Expectations for Your Health

Tuesdays, 11:50–1:15, Jan. 23–Jan. 30

Two sessions

Instructor: Carolyn Cukierman

Class limit: 25

Session 1: Getting the care you deserve - Understanding the role of person-centered care in attaining the best healthcare outcomes. An individual's healthcare experience and the quality of healthcare they receive are vital components of their health. In person-centered care models, an individual's needs and the desired health outcomes are the driving forces behind all care decisions. Find out what you need to know about person-centered care. Discover the person-centered difference.

Session 2: Staying connected - Understanding social isolation as a serious health risk factor. Truly, being very lonely, you could die from that. Decades of research suggest that the quality of our social ties might be the single biggest predictor of our well-being. The Centers for Disease Control and Prevention (CDC) states that social isolation significantly increases a person's risk of premature death from all causes, a risk that may rival those of smoking, obesity, and physical inactivity. Explore what we can do for ourselves and others to stay in the game. It is a matter of life and health.

Carolyn Cukierman has been consulting on organizational and workforce issues as a strategic advisor for over 30 years. Additionally, she supports senior living operations and trains staff to improve performance. Appointed to the Fairfax County Long Term Care Coordinating Council (LTCCC) in

2019, she served as the chair of the COVID-19 Impact and Response Committee (2020-21). Carolyn is currently the chair of the LTCCC Social Connection Committee (2022-present), committed to expanding awareness about social connection.

F803Z Chair Yoga and Meditation

Tuesdays, 2:00–3:00, Jan. 23–Feb. 13

Thursdays, 3:00–4:00, Jan. 25–Feb. 15

Eight sessions

Note days and times

Instructor: Kamini Patel

Chair Yoga class is designed for people with some mobility limitations. This class includes gentle yoga, stretching exercises, and breathing exercises. It also includes mind and body relaxation and meditation. For chair yoga classes, we use a few props to go deeper into our stretches. Please be prepared with such equipment or a substitute for each session. They are yoga blocks, yoga Theraband straps or bands, light weights (2-3 lbs.), paper plates, and tennis balls.

Kamini Patel is a certified yoga instructor who has been teaching yoga since 2003. She is excited to share the immense physical and mental benefits from yoga such as improved posture, concentration, and self-esteem. Yoga also helps strengthen the respiratory system and will alleviate stress.

F804 / F804Z Understanding the Cybersecurity Landscape

Wednesdays, 11:50–1:15, Jan. 24–Feb. 7

Three sessions

Instructor: Michael Daugherty

Explore the cybersecurity landscape. Unravel the

complexities of cybersecurity through this short course, covering key concepts, threats, and defense strategies. Gain insights into government regulation, reputational risk, protecting data, networks, and systems in an ever-evolving digital world.

Mike Daugherty, the CEO of LabMD, is an author, speaker, consultant, and policy advocate on cybersecurity. He was once embroiled in the biggest regulatory cybersecurity legal battle in the country. Mike most recently keynoted the CIO Africa Cybersecurity and Healthcare Summit in Johannesburg, South Africa.

F805Z Medicare ABCs

Tuesday, 11:50-1:15, Jan. 30

One session

Instructor: Jae W. Oh

This presentation will clear up many frequently-told myths about Medicare, the cornerstone to retirement planning in the U.S. This session will cover how Medicare actually works and how a person plans and considers if and when to enroll in Medicare. The session's focus is to ensure that people focus on what are the important aspects of Medicare, frequently not explained in the media or advertisements. Topics covered include: Medicare eligibility; Medicare Parts A & B; Medicare Part D (Prescription drug plans); and Medigap & Medicare Advantage: important features, errors to avoid, and how to compare and choose among options.

Jae W. Oh, MBA, CFP®, CLU® ChFC® is the managing principal of GH2 Benefits, LLC. He is a certified financial planner, chartered life underwriter, a chartered financial consultant, and a licensed insurance producer in multiple states. He is frequently quoted in the national media as a nationally-

recognized Medicare expert and as an expert contributor to medicareresources.org. Mr. Oh is the founder and current chairman of the Great Humanity Healthcare Foundation, created to provide financial relief to insured persons that are overburdened by medical debt. He has an MBA with concentrations in Accounting and Finance from the University of Chicago, and a BA in Economics and Political Science from the University of Michigan, Ann Arbor.

F806 / F806Z Bees in Pants: Adventures in Backyard Beekeeping

Wednesday, 2:15–3:40, Jan. 31

One session

Instructor: Karen Henderson

Coordinator: Gay Alper

The instructor will focus on describing the workings of a honeybee colony, the role of the beekeeper, and the environment in which honeybees and pollinators can flourish. The presentation will include a demonstration with a sample beehive with all parts (no live bees), beekeeping equipment, and a walk through a beekeeper's year.

Karen Henderson started her beekeeping journey in 2013. In 2018, Glass Bee Apiary was moved to northern Carroll County, Maryland. The Apiary currently has 10 hives, producing about 15 gallons a year. Karen has lectured at Maryland, D.C., and Virginia libraries on backyard beekeeping since 2019.

F807Z Psychology Potpourri

Thursdays, 2:15–3:40, Feb. 1–Feb. 15

Three sessions

Coordinator: Catherine Weir

Three professors from Colorado College (CC) in Colorado Springs will present provocative lectures about their research and teaching interests.

Feb 1: What is Emotion? Emotions such as anger, fear, love, disgust, and embarrassment are complex psychological phenomena. They influence our decisions, color our experience, and affect our mental and bodily health. We have emotions every day, but what exactly are they? In 1884, William James endeavored to answer the question. And since then, other theories of emotion have emerged. For this class, we will take a quick tour of the major theories of emotion in psychology, each of which contributes uniquely to our understanding of why, without emotion, our lives would lack not only luster but meaning.

Dr. Tomi Ann Roberts is a professor of psychology at Colorado College. Her research interests include the social psychology of emotion, gender, and the body as well as the positive psychology of mirth, enjoyment, awe and wonder.

Feb 8: Are You Rational? It is often said that humans are different from other animals because we are rational. And indeed, many social scientists make the assumption that we are rational as a way to understand our behavior. But, are we rational? Recent research shows that we aren't as rational as you might think, and also why that might be a good thing.

Dr. John Horner, professor of psychology at Colorado College,

OLLI Parking Information

Fairfax

Front and rear of the Tallwood building; also in the adjoining Fairfax swimming pool lot in the area designated by traffic cones, if present.

Loudoun

Park on the east side of the building (the area opposite the retail stores).

Driving to and from OLLI sites and events is at your own risk.

is primarily interested in how humans and animals come to know their world. He has conducted research on decision processes in rats, chaotic behavior in pigeons, complex discrimination in humans, and how people detect change in causal systems and on what is fairness.

Feb 15: The Microbiome-gut-brain Axis, Cognition, and Mental Health. Humans harbor more than 3600 species of bacteria, archaea, and fungi in our gastrointestinal tract. This ecosystem is as individually unique as our fingerprints, and it is sensitive to diet, geography, and stress. Learn more about how the neurotransmitters, immune factors, and hormones produced by gut microbes influence brain development, cognition, and mental health throughout the lifespan.

Dr. Lori Driscoll is a professor and associate chair of the Psychology department at Colorado College. Her interests include environmental toxicology and pharmacology, especially how chemical influences shape neurobehavioral development. She was recently awarded the Patricia Rodier Mid-Career Award in Research and Mentoring by the Developmental Neurotoxicology Society.

F808 Hummingbirds in Northern Virginia

Tuesday, 11:50–1:15, Feb. 6

One session

Instructors: Josefina Doumbia, Meg Oakley

Coordinator: Gay Alper

Attendees will learn about the Ruby-throated Hummingbird, the only hummingbird in Northern Virginia. The instructors will cover the unique features of hummingbirds, as well as specific information about the Ruby-throated Hummingbird, including migration, mating, nesting, and fledging. Attendees will also learn about this hummingbird's preferred habitat and the most effective ways to attract them to your home.

Josefina Doumbia is a Fairfax Master Naturalist, an Audubon at Home Ambassador, and an active volunteer at Hidden Oaks Nature Center and Plant NOVA Trees. She is a board member of the Audubon Society of Northern Virginia, Faith Alliance for Climate Solutions, and Nature Forward.

Meg Oakley is a Virginia Master Naturalist and the volunteer coordinator for the Audubon Society of Northern Virginia. She shares ASNV's goal to engage Northern Virginia communities in enjoying, conserving, and restoring nature for the benefit of birds, other wildlife, and people.

F809Z Nutrition For Older Adults

Monday, 11:50–1:15, Feb. 12

One session

Instructor: Melissa Long

Food not only provides us with nutritional needs but also brings us joy and pleasure. That can change as we age. Taste buds change, dental health can be more challenging, arthritis can make food prep painful, and medications and mood disorders can steal our appetite. Let's learn some quick, easy, and healthy ways to meet those needs.

Melissa Long is a graduate of the University of Southern Maine with a B.S. in Therapeutic Recreation and Leisure Studies and a minor in Health Studies. Melissa is a certified recreational

therapist, certified dementia practitioner, and a Licensed BCAT® practitioner.

F810 Glaucoma Can Take Your Sight Away: Keep Vision in Your Future

Tuesday, 2:15–3:40, Feb. 13

One session

Instructor: Andrew Siegel

The instructor will cover what glaucoma is; how glaucoma affects vision; the importance of early detection and treatment; and the exam that detects glaucoma.

Dr. Andrew Siegel, a UVA graduate, completed medical school at MCV in Richmond and his residency in ophthalmology at UT Southwestern Medical Center in Dallas—one of the premier ophthalmology departments in the United States. He then received subspecialty glaucoma training at the University of Pittsburgh Medical Center.

L811 Updates in Medical Aid in Dying

Thursday, 11:50–1:15, Jan. 25

One session

Instructor: Mike Pearlman

Most people are unsure how they'll react when they know death is imminent. Some people facing the prospect of imminent death are willing to accept serious pain or reduced quality of life to have more time. Others would choose a different path, or at least want the comfort of having a full range of options available. There is no one option that fits each of us. Endings matter, for both the dying person and for those left behind. This presentation will share updated information about end-of-life options, including medical aid in dying. Currently, ten states and Washington, D.C. have legalized aid in dying for terminally ill, mentally capable adults. Over one in five Americans now live in jurisdictions having this option. The presentation will allow people to share experiences and ask questions. Attendees will also hear about the ongoing efforts to legalize the medical aid in dying option in Virginia.

Mike Pearlman volunteers with Compassion and Choices Virginia Action Team. He worked in the D.C. and federal prison systems for 30-plus years and as a college adjunct teacher for 25-plus years. He served on the national board of directors for a non-profit organization dedicated to offering education and support to patients, families, and caregivers for a rare disease with no cure.

L812 / L812Z Managing Wellness for Seniors

Thursdays, 9:40–11:05, Feb. 8–Feb. 15

Two sessions

Instructor: Michael Daugherty

This course is designed to empower senior individuals with essential knowledge about maintaining overall well-being and understanding common laboratory tests relevant to their health. Areas of review: 1) Explore the Foundations of Senior Wellness: Understand the unique health challenges that come with aging; 2) Nutrition for Seniors: Learn about age-appropriate dietary habits that support vitality and foster healthy aging; 3) Preventive

Measures for Age-Related Conditions: Identify preventive measures that can mitigate age-related health conditions; 4) Interpreting Laboratory Tests: Gain insights into common laboratory tests such as lipid profiles, glucose tests and others; 5) Communication with Healthcare Professionals: Learn effective communication skills to collaborate and actively participate in one's healthcare decisions; 6) Empowering Self-Advocacy: Encourage seniors to be proactive advocates for their health, ensuring they are well-informed and engaged in their healthcare.

Michael Daugherty is a healthcare entrepreneur who has worked in medical device sales, cancer diagnostics, and laboratory medicine for over 40 years. He is the CEO of LabMD, a cancer testing laboratory, and owns three AnyLabTestNow units in Arlington, Fairfax and Sterling.

R813Z Emotional Freedom Technique (EFT) and HeartMath for Stress Reduction with Some Mindfulness

Tuesdays, 9:40–11:05, Feb. 6–Feb. 13

Two sessions

Instructor: Neil Goodman

This course will examine various approaches that have been successfully utilized to reduce stress. High levels of stress and anxiety have been associated with military

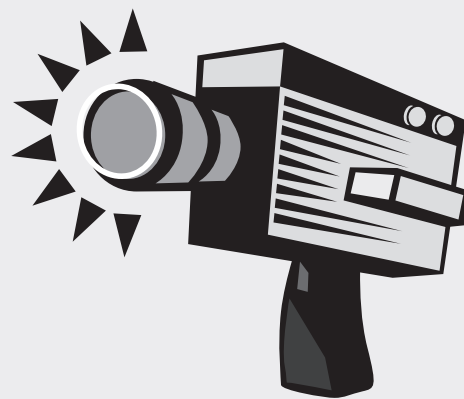
combat veterans, many experiencing post-traumatic stress disorder (PTSD). These are, in some ways, not so different from the levels of stress resulting from pressures that elderly citizens, surviving spouses, and caregivers face daily. We will examine the use of several powerful tools for stress reduction such as mindfulness breathing methods, Emotional Freedom Techniques (EFT), and the Heart Coherence Procedure from the HeartMath Institute. These can be used to achieve a greater balance of resilience, health and wellness. *It was only a few years ago that American corporations and businesses were spending upwards of \$300 billion every year on injuries, illnesses, and absenteeism due to stress...* Today times are very different! Family dynamics, workplace environments, new health challenges, geo-political instability in the world now necessitate programs like this to be more relevant and critical than ever before.

Neil Goodman is a disabled Vietnam veteran who has been a corporate trainer, massage therapist, certified meditation facilitator, Reiki practitioner, and life coach. He currently volunteers with several veteran organizations and has previously volunteered for D.C. Veteran's Hospital, Sunrise Senior Centers, Fairfax County Adult Detention Center, and Ft. Belvoir USO. He has also been involved with training sessions for therapists and caregivers, including webinars for TAPS and several other groups.

OLLI Mason Recorded Class Archive *(Classes at Your Fingertips!)*

Is there a virtual class that you are interested in registering for, but the timing conflicts with other obligations? Will you be traveling during term and can't guarantee internet reliability, or you live in another state? Between terms, do you have free time to learn about a potential new hobby or a subject that you normally wouldn't sign up for? If the answer to these questions and others like it is yes, then problem solved!

Many of OLLI Mason's virtual classes are recorded so that members can view them afterwards. The online library of classes, both from the current term and past terms, is located on the OLLI Mason website (olli.gmu.edu). Under the 'Quick Links' menu, select 'Class Video Recordings.' Only current members may access the video library, so you will need the passcode. For the current passcode, please check your Daily Schedule email.



Happy viewing!

R814 How Airplanes Fly

Wednesdays, 2:15–3:40, Feb. 7–Feb. 14

Two sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Mark Dodge

The largest commercial airplane in the world, the Airbus A380, can weigh 1,265,000 pounds when it takes off. How on Earth can something that big and heavy fly? This course answers that question. We'll begin by exploring the kinetic theory of gases and Bernoulli's principle (don't worry if you don't know what those are—you will after you take the course!), and we'll try out some demonstrations to see how those work. We'll also talk about laminar and turbulent flow (during a discussion of the manly way to cook macaroni and cheese) and conservation of momentum, both of which are critical to understanding flight. We'll have some human-sized airplane wings so you can feel what "lift" is like, and we'll talk about how propellers (why do they have such a weird shape?) and jet engines work. You'll finish the course knowing exactly how airplanes can fly!

Mark Dodge received his Bachelor's degree in Physics from the University of California Berkeley. He got his Master's degree in Engineering Physics from UVA. He worked as an engineering scientist at IBM and then became a high school physics teacher, teaching for 24 years.

R815 / R815Z DARPA: What is It? What Has It Done for Us? Why Putin and Biden Both Love It

Wednesday, 11:50–1:15, Feb. 14

One session

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Ravi Athale

Defense Advanced Research Projects Agency (DARPA) is a relatively obscure funding agency within the Department of Defense that has made a profound impact on modern society with its research initiatives. Its most familiar projects are the Internet, portable GPS receivers, self-driving cars, and stealth airplanes. The instructor will provide a brief background on the research and development funding structure within the U.S. government and then introduce the history of DARPA, which started as Advanced Research Projects Agency (ARPA) in 1958. He will describe DARPA's organizational structure and its unique operational philosophy that makes it stand apart from other agencies. The instructor will then outline the unique approach that allows DARPA to fund high risk/high payoff projects and illustrate this with four specific projects and technologies. Finally, he will conclude with personal perspectives derived from working with DARPA for over 35 years.

Ravi Athale holds a PhD in Electrical Engineering from the University of California, San Diego. He has taught students from high school to graduate school, and he has performed research and program management in photonics and imaging. He has worked in government, industrial, and academic institutions.

F816 Medicare Part A For All

Wednesday, 2:00–3:25, Jan. 24

Tysons-Pimmit Regional Library

One session

Note location and time

Instructor: Jim Cantwell

The American health care system needs serious reform. Our system has resulted in medical bankruptcy for some, lower wages for insured workers, and ruinously high costs for federal (Medicare, Medicaid, and VA healthcare) and state governments (Medicaid). Compared with other advanced countries, our high health care expenditures have not bought better health. Most EU countries, England, Canada, and other countries spend a much lower share of the national income but have longer longevity, lower infant mortality, and better measures of health care quality. In the past, some Americans have proposed universal health care, a government run system for all. Such a huge change is too expansive for most voters. In March of 2021, Senator Bernie Sanders proposed reducing the eligibility age for Medicare to 55 from 65 as part of the Democrat economic recovery legislation. This would expand but not reform. An alternative would be to bring the federal government's purchasing power into play. One such approach would begin with hospital or pharmaceutical payments, making Medicare Part A or Part D universal. The instructor will analyze the advantages of a Medicare Part A expansion only as well as the likely arguments against a Part A expansion.

Jim Cantwell, an OLLI member, retired from the staff of the Senate Joint Economic Committee. He worked as a health economist/budget analyst at the U.S. House of Representatives Committee on the Budget, at the Government Accounting Office, and the American Medical Association. He was an assistant professor of Economics at Texas A&M University.

F817 / F817Z Artificial Intelligence

Friday, 11:00–12:25, Jan. 26

The Providence, 9490 Sprague Avenue, Fairfax, 22031

One session

Note location and time

Instructor: Stephen Ruth

This presentation will offer an up-to-date review of the extraordinary characteristics of this new human capability. Questions abound. Will generative languages like ChatGPT foster greater productivity, deeper insights, or chaos? How will the growing availability of AI technologies impact democratic governance, invite repressive practices, or undermine the rule of law? Will AI open up technology opportunities previously unavailable to liberal arts graduates? Will new autonomous, AI-directed weapon systems distort battlefield outcomes? Which jobs are most susceptible to be replaced by AI interfaces? What are the latest statistics on the actual productivity advantages of AI in the workplace? Does AI have the potential to develop super intelligence which can threaten civilization? Will competing chatbots cause

chaotic versions of reality through misinformation? The instructor will bring up all the latest developments, challenges and opportunities.

Stephen Ruth is a professor of Public Policy at GMU, specializing in technology issues associated with globalization. He is also the director of the International Center for Applied Studies in Information Technology, a grant-supported IT research group. For several years he has taught a popular graduate elective course about the challenges and opportunities of artificial intelligence and robotics, with emphasis on close to 70 applications. He has taught a large number of classes for OLLI Mason on a variety of topics.

900 Other Topics

F901 One of the Greatest Gifts to Give Your Adult Children

Wednesday, 2:15–3:40, Feb. 7

One session

Instructor: Jennifer Gittins-Harfst

This session discusses organizing your home and records, which is very beneficial for seniors, because it facilitates self-sufficiency by putting them in better control of their surroundings. It helps reduce worry for loved ones now and significantly reduces future burdens. It also allows important mementos to be properly honored. The instructor will explore why we get stuck holding onto items and how to get past this, freeing seniors to move forward. The instructor will provide methods and tips for getting organized and for maintaining progress. She will also provide an extensive listing of specialized resources for selling, donating, and recycling items, which is especially helpful for the “what-do-I-do-with” items.

Jennifer Gittins-Harfst is a certified professional organizer and member of the National Association of Productivity and Organizing Professionals. She specializes in organizing for 50+ and respects the challenges. She believes that successful organization is not one-size-fits-all but should simplify and enhance one’s everyday life.

F902Z Iditarod 2024: The Last Great Race

Thursday, 11:50–1:15, Feb. 15

One session

Instructor: Dorothy Cunningham

An exciting time! The 52nd running of the Iditarod! Run the Iditarod (1046 miles) over mountains and dangerous, hazardous terrain with the best-conditioned athletes. These beautiful, well-trained dogs comprise a team led by a musher (driver). The Iditarod is a fascinating event. You will learn about the unique participants, rules, training of the dogs, veterinary care, and the responsibilities of the musher. The dogs’ desire to run and to please and protect their musher makes this race a truly fascinating event. You, too, can follow the race, mushers, and their dogs as you cheer on the teams and witness the dedication of these incredible animals.

Dorothy Cunningham holds a BA in English from the University of Rhode Island and has taught in both public and private schools for over 35 years. The Iditarod has been a favorite topic among her students and their parents. After trips to Alaska for teachers’ conferences where she witnessed the start of the Iditarod, she made friends with the mushers and veterinarians, and she wishes to share her love of the dogs and the race.

R903 / R903Z We’re From the Highway Department and We’re Here to Help

Wednesdays, 2:15–3:40, Jan. 24–Jan. 31

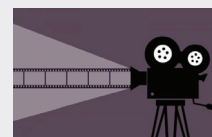
Two sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Katherine Jefferson

Have you ever wondered what transportation departments are doing as you travel the roads in Northern Virginia and within the Washington, D.C. region? Do you wonder if anyone is aware of what is happening on the roadways, or if anyone in transportation departments cares about your travel experience? In this course, participants will get a behind-the-scenes view of daily transportation department activities, systems, and services. They will learn about the collaboration and coordination that takes place among transportation agencies, first responders, and emergency managers. They will gain insights about the teams of individuals who work in local operations centers and with regional partners to help motorists and manage incidents. Participants will gain an awareness of the ways entities and organizations try to provide safe and reliable transportation options in Northern Virginia and within the Washington, D.C. region.

Katherine Jefferson has more than 30 years of experience in the transportation area, derived from public and private sector employment. She holds degrees in Civil Engineering, Public Administration and Public Policy. Work experience encompasses employment in three state/local Departments of Transportation (Pennsylvania, Virginia, and District of Columbia) and a multi-national private toll road operations company (Transurban in Australia, Canada, and the United States).



Picture Policy

OLLI Mason classes and events may be photographed or video recorded. You agree to have your likeness recorded for possible non-commercial use by OLLI Mason for promotional purposes, advertising and/or inclusion on the organization’s website, social media, or for any other digital or print purpose. If a person objects, please do so by contacting the Executive Director, olli@gmu.edu, in writing.

Clubs

- **Register for clubs and ongoing activities each membership term.** Registration allows OLLI to maintain current club rosters and ensures that you will receive emails about your club's activities and events.
- Zoom links for club meetings will begin on the 1st day of each membership term (Jan. 1, Mar. 1, Jun. 1, Sept. 1)
- All club registrations are **Add to Cart**. Please remember to check out your cart after you register for a club and before you exit the portal.

All the News That's Fit to Print Club

Thursdays

11:50–1:15, Jan. 4–18, Feb. 22–29

Zoom

Club limit: 40

Moderator:

Zach Teich

zacharyteich@hotmail.com

All the News That's Fit to Print meets online to discuss current affairs issues in a friendly and collegial manner. Moderator Zach Teich provides a topic list drawn from the week's news and serves as 'traffic cop' for the freewheeling discussion. All opinions are welcome; the only rules are to be courteous and to allow the moderator to call on those who raise their hands to speak.



Bridge Club

Wednesdays

10:00–12:00, Jan. 3–17, Feb. 21–28

1:45–3:45, Jan. 24–Feb. 14

Fairfax

Coordinators:

Carol Egan

carol.f.egan@gmail.com
or 703-501-2129

Carol McManus

vmkolbay@hotmail.com
or 703-344-1326

Players of all skill levels are welcome. Partnerships are rotated every four hands. The Bridge Club meets in the morning between terms and in the summer, and in the afternoon during the other terms. For details on the club's rules and bidding system, see its web page on the OLLI website. Sign up for the club via the member portal in order to receive any updates to our schedule.



Classic Literature Club

Fridays—in term

11:00–12:30, Jan. 26–Feb. 16

Zoom

Coordinator:

Bob Zener

rvzener35@gmail.com
or 703-888-1034

This club was formed to read and discuss classic works of world literature, frequently with the help of recorded lectures where available. Members choose the works to be discussed. In the past we have read works such as Melville's *Moby Dick*, Woolf's *Mrs. Dalloway*, Faulkner's *Absalom Absalom*, Morrison's *Beloved*, Ellison's *Invisible Man*, and short stories of John Updike and Flannery



O'Connor. For fall term, we plan to read Faulkner's *The Sound and the Fury*. We will also hear some explanatory lectures. And, if there is time, we may read additional material selected by club participants.

Cooking Club

Second Friday of the Month

11:30–1:00, Jan. 12, Feb. 9

Coordinator:

Colleen Tuddenham

ctuddenham@gmail.com

This club is for OLLI members who enjoy preparing food and sharing homemade dishes in a small group setting. If this appeals to you, please contact Colleen Tuddenham for more information. Sign up for the club via the member portal in order to receive information on our schedule.



Crafts and Conversations

Fridays

9:30–11:00, Jan. 5–Feb. 23

Fairfax, hybrid

Coordinators:

Doris Bloch

dbloch50@hotmail.com

Janet Porter

jlporter1@gmail.com

We meet to work on our craft projects and to share product sources, expertise, and inspiration. Our ongoing conversations encourage camaraderie, and a group setting motivates us to progress with our current projects. Interested OLLI members are invited to join us any time to see what we are creating. All crafts are welcomed! For more information, check out the Craft and Conversation blog on OLLI's website or contact Doris Bloch or Janet Porter.



Dirty Knee Club

As possible during term; watch your email for updates; watch E-news for announcements

Fairfax

Coordinator:

Vince Modugno

vmodugno2002@aol.com

The OLLI Landscaping Committee, fondly known as the Dirty Knee Club, creates, plants, and maintains the gardens at Tallwood. Gardening expertise is not required, but a willingness to get dirty knees is! Meetings and group work sessions will be set up on an as needed basis. From late spring to early fall, DKC members take turns watering, weeding, and maintaining the gardens during the growing season, depending on members' availability.



Ethnic Eats Club

Virtual dinner meeting on Zoom, In person luncheons each month, dates TBD

Thursday, every four weeks

6:00–7:00, Jan. 11, Feb. 8

Coordinator:

Leti Labell

leti@bellatlantic.net

Do you love to eat? Are you interested in learning about foods from other cultures? Then this is the club for you. Northern Virginia has an abundance of ethnic restaurants. Each month a club member identifies a potential restaurant for an in-person lunch, makes sure it meets our requirements, and makes all arrangements with the restaurant. We have two luncheons at the selected restaurant, usually one on Saturday and one on a weekday. During the Covid pandemic, we started having virtual dinner parties, where we each ordered takeout ethnic food from a nearby restaurant and eat together on Zoom. We will continue these virtual dinners for as long as members are interested. If this sounds like your cup of tea (or chai or tè or té or thé), contact Leti Labell.



History Club

Wednesday

4:00–5:30, Jan. 10, Feb. 7

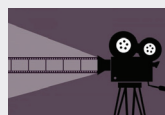
Zoom

Coordinator:

Doug Snoeyenbos

doug.snoeyenbos@gmail.com
or 703-862-2311

We welcome all OLLI members who are interested in discussing historical events or sharing reviews of history articles and books. Our meetings feature speakers who give presentations on a variety of historical subjects, ranging from early American and European history to the present. There is always time for questions and spirited discussions. For more information about the History Club, contact Doug Snoeyenbos.



OLLI Mason Recorded Classes

Recorded classes and events may be displayed on the Osher Lifelong Learning Institute at George Mason University (OLLI Mason) website. All material appearing on the website is the property of OLLI Mason. Recordings are accessible to members only. You may not reproduce, distribute, publish, transmit, or in any way exploit any such content, nor may you distribute any part of this content over any network, sell or offer it for sale, or use such content to construct any kind of database. Copying or storing any content is expressly prohibited without the prior written permission of OLLI Mason.

For permission to use any content on the website, or to request removal of a recording, please contact olli@gmu.edu.

Homer, etc.

Fridays

11:00-12:30, Jan. 5–Feb. 23

Zoom

Coordinator:

Donna Osthaus

dosthaus@aol.com

Reading the classics aloud with friends and sharing observations brings the classics to life in a special way. We are currently reading Laurence Sterne's *The Life and Opinions of Tristram Shandy, Gentleman*, and we welcome new readers.



Mah Jongg Club

Fairfax:

Every other Friday

9:30–11:30, Jan. 12, Jan. 26, Feb. 9, Feb. 23

Zoom:

Alternate Wednesdays

4:00–6:00, Jan. 3, Jan. 17, Feb. 14, Feb. 28

Coordinator:

Debby Mossburg

debby.mossburg@verizon.net

Please come join us to socialize and play some friendly games of Mah Jongg, no matter what your level of experience. Not only does Mah Jongg sharpen memory, concentration, and decision-making skills, this engaging game of strategy and luck is an excellent source of camaraderie and fun. If you have never played before, we recommend joining us in person rather than online. For more information about the club, the game, and/or how to sign up for the on-line platform we use to play during our online sessions, contact the club coordinator, Debby Mossburg.



Memoir–and More–Writing Group

Biweekly on Wednesdays

2:00-4:30, Jan. 10, Jan. 24, Feb. 7, Feb. 21

Zoom

Coordinators:

Carolyn F. Wyatt

cfwyatt@verizon.net

Margie Wildblood

mwildblood@gmail.com

Limit: 10

We meet every other week during most of the year. In addition to memoir, we write fiction, poetry, and personal essays. At our meetings we gently critique each other's work with the aim of improving our writing skills. Writing groups need to be small, so we regrettably have to limit numbers. Please contact Carolyn to learn if space is available.



OLLI Walk & Talk Club

Weekly/Biweekly Start times are between

8:00am–2:00pm, depending on weather conditions

Fairfax County trails and neighborhoods

Coordinators:

Marilyn Harriman

mlwharriman74@gmail.com

Bob Heyer

rheyew64@gmail.com

Do you enjoy getting out in the fresh air, exploring trails in the area, and talking with new and old friends?



Then join us for weekly/biweekly walks throughout the year. Fairfax County has many exciting park trails and neighborhoods that we will discover. Club walks begin between 8 AM and 2 PM, depending on temperature and weather conditions, generally starting earlier in warmer weather and later in colder weather. Each walk is 45-75 minutes, with an optional after-meet-up at a coffee/tea/eatery shop. Come walk or lead a walk around Fairfax trails and neighborhoods! Club co-chairs send advance announcements about upcoming walks, including location directions, dates, and times. All walkers must be registered to participate. Register with the club through the OLLI member portal to receive walk schedule information.

Personal Computer User Group

Third Saturday of the month

1:00-3:30, Jan. 20, Feb. 17

Fairfax, hybrid

Coordinators:

Bob Heyer

rheyew64@gmail.com

Leti Labell

leti@verizon.net

In partnership with the Potomac Area Technology and Computer Society (PATACS), the OLLI PC User Group (OPCUG) focuses on Windows and Mac computers and software for enhancing our lives. Members and presenters also discuss smartphone and tablet apps across Android and iDevices, the Internet, Zoom and other classroom software, digital photography, related technology, and open-source software. Our aim is to bring broad expertise about technology and topics of interest to attendees. PC clinics for members are offered twice yearly. Our target audience encompasses all computer users, from complete beginners to intermediate amateurs to experts. Our motto is "users helping users." Club dues (currently \$5 per year) are payable at the first meeting attended in each calendar year. Dues-paying members can attend monthly sessions or view monthly sessions online via the Zoom cloud meeting service, on a variety of devices from home, or anywhere with an internet connection. More details are available on the group's website: <http://olligmu.org/opcug/index.html>.



Photography Club

Second Fridays

9:30-11:30, Jan. 12, Feb. 9

Zoom

Fourth Fridays

12:00-2:00, Jan. 26, Feb. 23

Fairfax, hybrid

Coordinators:

John Olsen

jgolsen12@gmail.com

Ed Marion

edwardmarion5102@gmail.com

Meet with enthusiasts and others interested in photography and develop skills by participating in theme-based monthly photo submissions. The Photography Club welcomes all members, regardless of skill level or your phone/camera choice. We discuss both the technology of photography and the artistic aspect of visual design. We usually have guest speakers on the



second Friday of each month, and on the fourth Friday of each month we hold discussions covering specific topics in detail. We also regularly plan field trips in the local area, often on the third Friday of each month. Contact John Olsen or Ed Marion for further information.

Poetry Reading Club

Generally every other Monday-between terms

11:00-12:30, Jan. 8, Feb. 26

Zoom

Coordinator:

Susan Rexroad

susan@susanrexroad.com

Limit: 20

The Poetry Reading Club provides the opportunity for members to read the works of a favorite poet and to learn about poems of interest to fellow club members. Bring a poem to read that intrigues you. We'll discuss why and how these poems engage or even elude us.



Poetry Writing Club

Meets sporadically on Mondays

11:00-12:30, Jan. 15, Feb. 19

Zoom

Coordinators:

Susan Rexroad

susan@susanrexroad.com

Margie Wildblood

mwildblood@gmail.com

Limit: 12

During our time together, a presentation including the reading of poetry by a specific poet or about a poetic subject will be given along with a writing prompt. Participants will have time to craft a poem in response and share their work.



Reston Book Club

Thursday, 4:00-5:30, Feb. 8

Zoom

Coordinators:

Karen Schneider

klschneider1428@gmail.com

Joann Sokol

msjoso@cox.net

The Reston Book Club focuses on literary fiction, often major book prize winners or nominees and sometimes fiction in translation. The group chooses to remain on Zoom to allow OLLI members from all over to join the discussions. On February 8, the group will discuss *The Island of Missing Trees* by Elif Shafak. *The Island of Missing Trees* was shortlisted for the Women's Prize for Fiction in 2022.



Spanish Club

Fairfax:

Second and fourth Wednesdays-in term

1:45-3:15, Jan. 24, Feb. 14

Zoom:

First and third Wednesdays-in and out of term

4:00pm - 5:30pm, Jan. 3, Jan. 17, Feb. 7, Feb. 21

Coordinator:

Mark Ramage

markramage@cox.net

This club is for anyone with some knowledge of Spanish



(advanced beginner up through intermediate level), but not fluent. Since members have a wide range of backgrounds in Spanish, this is not a "Spanish only" club. Activities or presentations in Spanish are also presented in English, or translated to English as a group activity. Some typical activities might include reading through a short article as a group, practicing/reviewing some grammar topics, working on Spanish pronunciation, watching a Spanish language video (*with English subtitles*), and sharing information on websites or other resources useful for learning or improving your Spanish.

Tai Chi Club

Tuesdays, 4:30–5:30, Jan. 2–Feb. 27
Thursdays, 4:30–5:30, Jan. 4–Feb. 29
Saturdays, 10:30–11:30, Jan. 6–Feb. 24



Zoom

Coordinators:

Russell Stone rstone@american.edu
703-201-8536

Cathy Parker cweir@coloradocollege.edu
703 455-5340

Bonnie Nelson bonniebowmannelson@gmail.com
703-507-1055

Sid Koslow sidkos19@gmail.com
703-256-6343

The Tai Chi Club meets year-round and is open to all OLLI members. It is led by instructor Jerry Cheng, who started his martial arts training when he was six years old in China. He has studied under several famous Chinese martial arts masters and has taught Chen-style Tai Chi for many years. He won four gold medals at the 1997 Atlanta International Martial Arts Championship. Be sure to register for the Tai Chi Club each term in order to receive email messages when there are changes.

Tallwood Book Club

Second Friday of the month
2:30–4:00, Jan. 12, Feb. 9



Zoom

Coordinator:

Betty Ellerbee ellerbetty@aol.com

Please consult the OLLI E-news for updates on book selections.

The Investment Forum

Wednesdays
10:30–12:00, Jan. 3–17, Feb. 21–28



Fairfax, hybrid

Moderators:

Bob Baker rbaker_va@msn.com
Al Smuzynski asmuzynski@verizon.net

This is a between term continuation of a weekly forum that addresses investment topics of particular interest to retirees.

Theater Lovers' Group

Fourth Wednesdays during term

4:00–5:30, Jan. 24

Zoom Meetings and In-person Theater Events

Coordinator:

Norma Jean Reck njreck@cs.com

All OLLI members are invited to join The Theater Lovers' Group (TLG), which offers a wide variety of theater events to enjoy year-round. We organize group outings to attend performances (usually matinees) at various theaters in the Virginia-Maryland-D.C. (DMV) metropolitan area. Following each show, we go to a nearby restaurant for an optional dinner where we can socialize with fellow theater lovers. Guests are always welcome at our outings. TLG meetings are being held virtually during the months OLLI is in session. Programs feature guest speakers from and about theater, planning theater outings and programs, or a social outing such as a luncheon. Member input is always welcome. TLG also plans to attend the Contemporary American Theater Festival in Shepherdstown, W.Va. in July as well as a performance of The American Shakespeare Center in Staunton, Va. in October. We generally carpool and benefit from group rates. To become a TLG member, just go online to the member portal to sign up or email the OLLI registrar at ollireg@gmu.edu. For more information, email njreck@cs.com and also look for TLG news and theatrical events in OLLI's E-News.



Trivia Club

Tuesdays

7:00–9:00pm, Jan. 2–Feb. 27

Coordinator:

Diane Singleton dianeesingleton@gmail.com
361-648-0007

We will meet every Tuesday night at the Mellow Mushroom restaurant. The address is 14335 Newbrook Drive, Chantilly, VA 20151. Please come help represent OLLI Mason as a group for Trivia Tuesday. We need your brain power!



What's in the Daily News Club

Mondays, between terms

9:30–11:00, Jan. 8–15, Feb. 19–26

Zoom

Limit: 80

Moderators:

Dorsey Chescavage

Dick Crawford

John Quinn

Ann Smith

Al Smuzynski

dchescavage@cox.net

dick.crawford@me.com

skinsnats@gmail.com

abcsmith@juno.com

asmuzynski@verizon.net

This is a weekly forum for thoughtful, forthright and respectful exchange of information and opinions on current world, US, and regional news. Club participants bring to the table a wealth of knowledge and experience in international affairs, government, industry, education, economics, the military and other areas. The discussion is always lively, and all participants have an equal opportunity to comment.



OLLI Mason Resources

YouTube YouTube Channel

Share the OLLI Mason YouTube channel with everyone you know! Viewers can sample some of our recorded classes to get a taste of OLLI Mason offerings.

<https://www.youtube.com/@OLLIMason>



Website

Visit the OLLI Mason website (olli.gmu.edu) for a wealth of information.

For example:

CATALOG

- **Online version:** olli.gmu.edu/current-catalog/
- **Changes:** olli.gmu.edu/cancelled-changed-courses/
- **Add/drop:** olli.gmu.edu/add_drop_form/

PLANNING RESOURCES

- **For instructors:** olli.gmu.edu/for-our-instructors/
- **For program planners:** olli.gmu.edu/program-planner-resources/
- **Resources for online classes:** olli.gmu.edu/online-classes-resources/
- **Future term dates:** olli.gmu.edu/future-term-dates/

GENERAL INFORMATION

- **Clubs:** olli.gmu.edu/olli-clubs-and-interest-groups/
- **OLLI E-News:** olli.gmu.edu/category/olli-e-news/
- **Donate to OLLI Mason:** olligmu.augusoft.net/, 'Donate to OLLI'

facebook Facebook Page

Connect with each other outside of classes and events, and stay up to date on notifications for local events, some of which you can attend remotely since they are offered in a hybrid format.

<https://www.facebook.com/groups/olli.at.mason>

Membership and Registration

Policies and Procedures

**** Special ****

Winter 2024 Promotion!

OLLI Mason is offering a low fee of \$300 for those new to OLLI Mason who purchase an annual membership.

(Available as a one-time discount to those who have never been OLLI Mason members, are returning to OLLI Mason after a hiatus of more than one year, or have previously been introductory members and have not converted to an annual membership).

**** Special ****

George Mason and Northern Virginia Public School Retirees!

OLLI Mason is offering a one-time annual membership discount of \$150, which may be applied to the special \$300 promotion. George Mason and Northern Virginia Public School retirees who have not previously joined OLLI Mason may receive an annual membership for just \$150.

Two Types of OLLI Mason Membership

Memberships at OLLI Mason can be purchased at any time during the year and are renewed on a rolling basis.

- **Annual membership.** Register for unlimited courses and activities for four consecutive terms. You will be eligible for a Mason ID card to receive certain university privileges and discounts (see page ii). The cost is **\$450**.
- **Introductory membership.** Register for unlimited courses and activities for just one term, one time only. An introductory membership is not available to former OLLI Mason members; it is intended for new members who want to sample OLLI Mason before committing to a full year. Introductory members are not eligible for a Mason ID card or its privileges. The **onetime** introductory membership is **\$150**.

The term date on your catalog mailing label reflects the end of your current membership. If it is time to renew, you may not be able to view classes or register on the member portal until you purchase your membership renewal.

Payment Options

- **Online.** You may join or renew online at **olli.gmu.edu**. Click **Join** at the upper right corner of the home page. Credit card payment is required when joining/renewing online.
- **Paper Copy Registration Form.** Using the registration form to join or renew, payment can be made by check or credit card. If paying by check, submit a separate check for each unique expense (class fee, membership renewal, etc.) The form can be mailed to: **Osher Lifelong Learning Institute, 4210 Roberts Rd, Fairfax, VA 22032**.
- **Installments.** OLLI Mason encourages members to pay in full at time of registration. However, OLLI Mason offers a payment plan of monthly or quarterly installments by

credit or debit card. Your application for the installment plan must be filled out completely, mailed to the address on the form, and approved each year before you can register for courses or activities. For security reasons, we cannot accept the form by email. Installment applications are available on the OLLI Mason website at **<https://olli.gmu.edu/installment-plan>** or under "Quick Links" in the "DOCSTORE".

- **Financial Assistance.** OLLI Mason offers financial assistance for members or prospective members who find it a hardship to pay the full membership fee. Email the registrar (**ollireg@gmu.edu**) to request an application. All inquiries are kept confidential.

Refunds

Members may only obtain a full refund of their membership fees by applying in writing to the executive director before the beginning of the third week of classes in the first term after enrollment or re-enrollment. We cannot honor proration or refund requests after this deadline.

Prospective Members

Not ready to commit? Prospective members may experience OLLI Mason by sampling one or more classes during any consecutive two weeks of a term, provided the course is not oversubscribed. Check with the registrar at **ollireg@gmu.edu** before attending a class.

REGISTRATION PROCESS

- **Online.** You may register for OLLI Mason courses online at **olli.gmu.edu**. Click **Sign In** at the upper right hand corner of the home page.
- **Mail-In Registration Form.** You may also register for courses using the registration form. The form can be dropped off or mailed to: Osher Lifelong Learning Institute, 4210 Roberts Rd, Fairfax, VA 22032.

****Emailed registration forms will not be accepted. ****

Membership and Registration, Continued



When to Register

- Members are encouraged to register for courses and events as soon as registration opens (the registration start date is listed on the front and back cover of the catalog and on page ii). Requesting classes early after registration opens offers registrants the best chance to gain access to classes they most desire.
- When you register, you must click **Request Class** or **Add to Cart**. See the instructions below.
- To complete your registration, you must assign a priority to each course –the order of their importance to you. To prioritize classes or to see what you have requested, click **Prioritize/Finalize** on the left side toolbar of the member portal.
- Members are placed in courses based on the priority number they assign to their requests.
- If course enrollment reaches capacity, those who have designated that course as priority one will get in first, then the priority twos, and so on.
- In addition, a random number is assigned by the registration system to each course request. If all members of a priority group cannot be included in the course, those with the lower random numbers will be admitted into the course first. Therefore, requesting a course does not guarantee enrollment.

Ongoing Registration

Ongoing registration continues throughout the term. You may still register for courses, but you will be placed into them on a space-available basis after the class assignment process has occurred (about two weeks before term). After the class assignment process occurs, you will be prompted to “place in cart” rather than “request a course” when registering; the option to prioritize classes will no longer appear.

Request Class vs. Add to Cart

- **Request Class** is the link you click when you are registering for a course. **These require a priority assignment by you.**
- **Add to Cart** is the link you click when you are registering for courses or events in which you are immediately enrolled or which are designated in the catalog as first-come, first-served. This includes all clubs. All **Add to Cart** courses and events are clearly indicated throughout the catalog with the following shopping cart icon: 
- If there is a fee associated with these offerings, they will also be clearly marked with a shopping cart followed by a dollar sign:  \$
Payment for these courses and special events with fees must be made at the time of registration.

- **IMPORTANT NOTE: You are urged to register early for Add to Cart offerings. These popular offerings can fill up quickly, even as early as the first day of registration. Early registration will increase your chances for enrollment.**
- Please remember to go to **View Cart** and **Check Out** to complete enrollment before logging off the member portal.

Making Changes to Your Registration (Add/Drop)

- You may add courses at any time online through the member portal.
- If you are unable to attend a course or event in which you are enrolled, **please drop the course or event as soon as possible.** You may drop courses by filling out the online form at: https://olli.gmu.edu/add_drop_form or by emailing ollireg@gmu.edu.

Emails Confirming Class Enrollment and Payments

You will receive email confirmations for your enrollment in OLLI Mason classes per below. If you want to see your enrollments thereafter, log in to the member portal (olligmu.augusoft.net) and click “current registrations.”

- Confirmation emails for **Add to Cart** classes will be sent **immediately** after checkout.
- Confirmation emails for **Requested Classes** will be sent once these classes are assigned (about 3 weeks before term). At that time, you will receive a series of emails, including notification of wait-listed courses.
- **Read your confirmation notes carefully.** They will include any updates to courses, including changes in times or dates.
- If you do not have an email address on file, the confirmation notes will be mailed to you.
- Event fees must be paid in full by all participants regardless of any special transit, food, or other arrangements. **OLLI Mason cannot guarantee a refund for courses or events once you have paid and are enrolled.** As such, please consider carefully before signing up for offerings with fees.

Wait Lists

- OLLI Mason does everything possible to maximize enrollment, including changing venues if necessary. If you do not make it into a course, you will be wait-listed based on the priority you assigned to the course.
- When someone drops a course, the OLLI Mason office will contact members on the wait list until the vacancy is filled. In most cases, the office will not leave a message.

OLLI Mason Registration Form: Winter 2024

Mail completed form to: Osher Lifelong Learning Institute at George Mason University, 4210 Roberts Rd, Fairfax, VA 22032

Date Received	_____
Date Processed	_____
Dues Chk _____	CC _____
Spec Chk _____	CC _____
Spec Chk _____	CC _____
FOLLIChk _____	CC _____
CC info destroyed	_____

Check box if there are changes in your membership information since your last submission.

Membership Information:

Please print and fill in all spaces completely.

Dr. Mr. Mrs. Ms. (CIRCLE ONE) _____, _____, _____
LAST NAME FIRST NAME MI

Alternate First Name for Your Nametag (if different from above) _____

Address _____, _____, _____, _____
STREET CITY STATE ZIPCODE

Phone _____ Cell _____ Email _____

Emergency Contact _____ Relationship _____ Phone _____

Preferred Member Portal User Name _____ License Plate # _____
(for new members only) 6 OR MORE CHARACTERS

Highest Education Level _____

Mason Alumnus? Yes No

- Check box if you **DO NOT** want to appear in the directory.
- Check box if you **DO NOT** want to receive paper catalog mailings.

How Did You Learn About OLLI Mason?

- AARP
- Ad or article
- Bumper sticker
- Catalog or flyer
- Other _____
- Friend or family
- Web search
- 50+ Expo
- Other learning org.

Home Campus: Fairfax Reston Loudoun Zoom (out of area)

Dues and Donations Information (Please check the appropriate boxes below)

- Annual Membership (\$450)** One year of unlimited courses at OLLI Mason.
(Offered to new, renewing, and previous members) \$ _____
 - Special Promotional Fee (\$300)** One year of unlimited courses at OLLI Mason.
(Offered as a one-time discount to those new to OLLI Mason who have never been members, are returning after more than one year's hiatus, or were introductory members who haven't converted to annual members) \$ _____
 - Annual Membership Discount for George Mason University or Northern Virginia Public School Retirees (\$150)**
(Offered as a one-time discount to those who have never been an annual OLLI Mason member) \$ _____
 - Introductory Membership (\$150)** One term of unlimited courses at OLLI Mason.
(Offered ONLY to new members, not renewing or previous members) \$ _____
 - Charitable Donation for Friends of OLLI**
 Check if you want to be an anonymous donor. \$ _____
 - Purchase OLLI Mason eGift Card (enter at right the value you want on card)**
 Mail eGift Card code to recipient Email eGift Card code to recipient \$ _____
Recipient's name, address, email:

- Total** \$ _____

By signing this form, I agree to all OLLI Mason policies and procedures, and waive OLLI Mason liability for any bus trip or off-site club activity in which I participate:

 Signature

Payment Information:

- CHECK payable to Osher Lifelong Learning Institute Installment plan agreement: see page 26 for information.
- eGift Card \$ _____ and Redemption code _____
- I authorize OLLI Mason to charge my Credit Card account listed below:
 VISA MASTERCARD DISCOVER AMERICAN EXPRESS

Credit Card Number: _____

Expiration Date: _____

CVV: _____

Signature: _____

Billing Zip Code: _____

COURSES REQUIRING PRIORITIZATION

Please include the entire course number including the F, L, R, and/or Z.
See page 27 “Request Class” for instructions.

	Course	Course Name
1st <small>priority</small>		
2nd <small>priority</small>		
3rd <small>priority</small>		
4th <small>priority</small>		
5th <small>priority</small>		
6th <small>priority</small>		
7th <small>priority</small>		
8th <small>priority</small>		
9th <small>priority</small>		
10th <small>priority</small>		
11th <small>priority</small>		
12th <small>priority</small>		

ADD TO CART/FIRST-COME, FIRST-SERVED OFFERINGS

See page 27 “Add to Cart” for instructions.

For offerings with fees, you must provide payment NOW. If paying by check,
a separate check for each offering is required.

	Select	Activity Title	Fee
F102		Introduction to Crochet	\$12

CLUB ENROLLMENT

List the clubs in which you wish to enroll.



FRIENDS OF OLLI

Osher Lifelong Learning Institute at George Mason University

CONTRIBUTIONS FOR JANUARY 1–DECEMBER 31, 2022

We thank the donors who have so generously given to the Friends of OLLI campaign. From January through December of 2022, 197 Friends of OLLI donated \$73,759.77. As a donor, you are well aware that OLLI programs require funding over and above our usual income streams in order to accommodate equipment updates, literary journals, outreach, landscape beautification, scholarships for Mason students and so much more. OLLI relies on your dedication and support and we are grateful. As we look back at all we have accomplished together in 2022, we proudly acknowledge the donors listed below:

Sustaining Members **\$1000 and over**

Bill & Helen Ackerman
Robert Baker
Thomas Crooker
Judith Graves
Steve Greenhouse
Jerry & Connie Held
Paul Howard
Ernestine Meyer
David & Linda Riley
Alvin Smuzynski
Peter Van Ryzin
Elisabeth Wolpert
John Woods

Benefactors **\$500 to \$1000**

James Anders
Peter Ansoff
Doris Bloch
Barbara Brehm
Sandra Carpenter
Susan Gates
Robert Kelberg
& Gertrude Sherman
David Lynch
Chuck & Joanne Marginot
Alice & Edward Marion
Carol McManus
Carolyn & Vince Modugno
Charles Murphy
Marlene & Ted Parker
Emily Roudebush
Charles & Moolan Silver
Lowell Tonnessen & Mary Lou Eng
Paul & Susan Van Hemel

Patrons **\$250 to \$500**

Brenda Bloch-Young
Lillian Brooks
Emily Cato
Dick & Brenda Cheadle
James & Suzanne Dann
Anthony DePersia
Joan Gupta

Robert Kessler & Swanee Busic
Lesley Kravitz
Gloria Loew
Paige Lowther
Debby & Tom Mossburg
Diane Rosacker
William & Jane Taylor
Rita Toscano
Yen Tra
Stephen & Linda Tracy
Ednamae & John Trevey
Tom Urman
Dick & Lillian Young
Anonymous (2)

Supporters **\$100 to \$250**

Florence Adler
Charles Allen
Gay Alper
Joe Andricosky
Thomas Appich
Joan & Melvin Axilbund
Richard Bell
Dr. Barry & Velma Berkey
Sherri Berthrong
Diane Bierwirth
Janice Bohall
Judy Braham
David Casserly
Dorsey Chescavage
James Coile
Carol Collier
Linda Cullen
Michael Custy
Kevin Deasy
Bernard Doe
Julia Doherty
Louise Donargo
Arlene Edwards
Judith Erickson
Margaret Fink
Carol & Michael Flicker
Karen Gentemann
Sandra Goldfarb
Ann Greenwood
Janine Greenwood

Tom & Marilyn Hady
Robert Heyer
David & Carla Heymsfeld
Camille Hodges
Richard & Barbara Kelley
Sidney Koslow
Phyllis Krochmal
Harlan Lenius
Barbara (Elaine) Leonard
David Martin
Susan McCloud
Margaret McLane
Caroline McNeil
John Meier
Jeffrey Milstein
Karen Murphy
Robert Osterhout
Patty Paquin
Anson & Patricia Parish
Catherine Parker
Gwen Paulson
Mary Paxton
Ruth Perlstein
Mary Powers-King
Judith Riekse
Dave & Alicia Riso
Alison Rivard
Steve & Lin Rose
Kathryn & Mel Russell
Doreen Sanborn
Guy Sapienza
Barbara Schell
Sally Sibley
Marvin Singer
Thomas Stanley
Rosalind & Martin Stark
Jean & Kosmo Tatalias
Margaret Telesca
Patrick & Lydia Walsh
Katharine Wanderer
Robert Warakomsky
Robert & Charlene Ward
John Ware
Michael Whitehouse
Anonymous (1)

Donors **UP TO \$100**

Rhoda Berson
Sally Burdick
William (Ron) Campbell, Jr.
Virginia Clark
Emily & Craig Clarke
Lillie Ann Cooney
Kathleen Cox
Ellen Fahey
Jennifer Ferrer
Alyse Goldman
Jay Johnson
Paulette Lichtman-Panzer
Alice Lippert
Sally Mannion
Lucille Martel
OLLI Members
John Olsen
Lynn Rhoads
Edward Sadtler
Susan Safran
James Sanford
Robert Schultz
Claire Smith
Sandra Stencil
Zachary Teich
Jack Underhill
Marlene Villiger
Audrey Webb
Mark Weinstein
Doris Weisman
Henry Wolf

Special Contributors

AmazonSmile Foundation
Fidelity Charitable
Northern Virginia Senior Olympics
Potomac Area Technology
& Computer Society
Schwab Charitable

In Memory or Honor Of

Dr. Barry Berkey
Pamela Cooper-Smuzynski
Phyllis Held
Nancy Scheeler's 80th Birthday
Josephine Welsh

Winter 2024 Schedule Fairfax

Number of sessions are shown in parentheses
Bolded classes have unusual dates and/or times

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
9:40-11:05	F302/302Z Second Civil War (2) F601 Faith, Doubt, Tradition (4)	F604 Historical Jesus (4)	F102 Intro to Crochet (4) F305/305Z Imp'l Presidency (4)	F306/306Z Heroes Civil Rights (4) F605 Christian Theology (4)	F817/817Z AI (1) 11:00-12:25
11:50-1:15	F201/201Z Retired Questions (4) F602 Baha'i Faith (4)	F202/202Z Current Econ'y (4) F304 Ohio Frontier (2)	F204/204Z Invest. Forum (4) F804/804Z Cybersecurity (3)	F407 Holmes & Doyle (4) F704/704Z News that's Fit (4)	
2:15-3:40	F603 Christians in Movies (4) 1:45-3:45 F702/702Z Ban Affirm. Action (2)	F703/703Z Guns America (2)	F405/405Z Child's Poetry (1) F816 Medicare, Part A (1) 2:00-3:25	F307/307Z Park Rangers (4)	
Week 2	29-Jan	30-Jan	31/1/2022	1-Feb	2-Feb
9:40-11:05	F302/302Z Second Civil War (2) F601 Faith, Doubt, Tradition (4)	F604 Historical Jesus (4)	F102 Intro to Crochet (4) F305/305Z Imp'l Presidency (4)	F306/306Z Heroes Civil Rights (4) F605 Christian Theology (4)	F311/F311Z WWII & US Intel (1) 11:00-12:25
11:50-1:15	F201/201Z Retired Questions (4) F602 Baha'i Faith (4)	F202/202Z Current Econ'y (4) F304 Ohio Frontier (2)	F204/204Z Invest. Forum (4) F804/804Z Cybersecurity (3)	F407 Holmes & Doyle (4) F704/704Z News that's Fit (4)	F409 Groundhog Day (1) 1:00-3:30
2:15-3:40	F603 Christians in Movies (4) 1:45-3:45 F702/702Z Ban Affirm. Action (2)	F703/703Z Guns America (2)	F806/806Z Bees in Pants (1)	F307/307Z Park Rangers (4)	
Week 3	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
9:40-11:05	F308 Assault on USS Liberty (2) F601 Faith, Doubt, Tradition (4)	F604 Historical Jesus (4)	F102 Intro to Crochet (4) F305/305Z Imp'l Presidency (4)	F306/306Z Heroes Civil Rights (4) F605 Christian Theology (4)	F208/F208Z Investing in 2024 (1) 11:00-12:25
11:50-1:15	F201/201Z Retired Questions (4) F602 Baha'i Faith (4)	F202/202Z Current Econ'y (4) F808 Hummingbirds (1)	F204/204Z Invest. Forum (4) F804/804Z Cybersecurity (3)	F407 Holmes & Doyle (4) F704/704Z News that's Fit (4)	F607/607Z Concordat, the See (1) 1:00-2:30
2:15-3:40	F603 Christians in Movies (4) 1:45-3:45 F706 Money in Politics (1)	F205/205Z Tax Strategies (2)	F901 Gift to Adult Children (1)	F307/307Z Park Rangers (4)	
Week 4	12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
9:40-11:05	F308 Assault on USS Liberty (2) F601 Faith, Doubt, Tradition (4)	F604 Historical Jesus (4)	F102 Intro to Crochet (4) F305/305Z Imp'l Presidency (4)	F306/306Z Heroes Civil Rights (4) F605 Christian Theology (4)	
11:50-1:15	F201/201Z Retired Questions (4) F602 Baha'i Faith (4)	F202/202Z Current Econ'y (4) F411/411Z A Lost Lady (1)	F204/204Z Invest. Forum (4)	F407 Holmes & Doyle (4) F704/704Z News that's Fit (4)	
2:15-3:40	F603 Christians in Movies (4) 1:45-3:45	F205/205Z Tax Strategies (2) F810 Glaucoma & Vision (1)	F206/206Z Protect Nest Egg (1)	F307/307Z Park Rangers (4)	

Winter 2024 Schedule Reston and Loudoun

	Reston Rose Gallery	Loudoun
Time	Wednesday	Thursday
Week 1	24-Jan	25-Jan
9:40-11:05	R652/652Z Culture Wars (4)	L207/207Z 7 Financial Habits (2)
11:50-1:15	R310/310Z Intel in Civil War (3)	L651 TED Talks (3) L811 Medical Aid in Dying (1)
2:15-3:40	R903/903Z Highway Dept. (2)	
Week 2	31-Jan	1-Feb
9:40-11:05	R652/652Z Culture Wars (4)	L207/207Z 7 Financial Habits (2)
11:50-1:15	R310/310Z Intel in Civil War (3)	L651 TED Talks (3)
2:15-3:40	R903/903Z Highway Dept. (2)	
Week 3	7-Feb	8-Feb
9:40-11:05	R652/652Z Culture Wars (4)	L812/812Z Wellness Seniors (2)
11:50-1:15	R310/310Z Intel in Civil War (3)	L651 TED Talks (3)
2:15-3:40	R814 How Airplanes Fly (2)	
Week 4	14-Feb	15-Feb
9:40-11:05	R652/652Z Culture Wars (4)	L812/812Z Wellness Seniors (2)
11:50-1:15	R815/815Z DARPA (1)	L309/309Z Arlington Cemetery (1)
2:15-3:40	R814 How Airplanes Fly (2)	

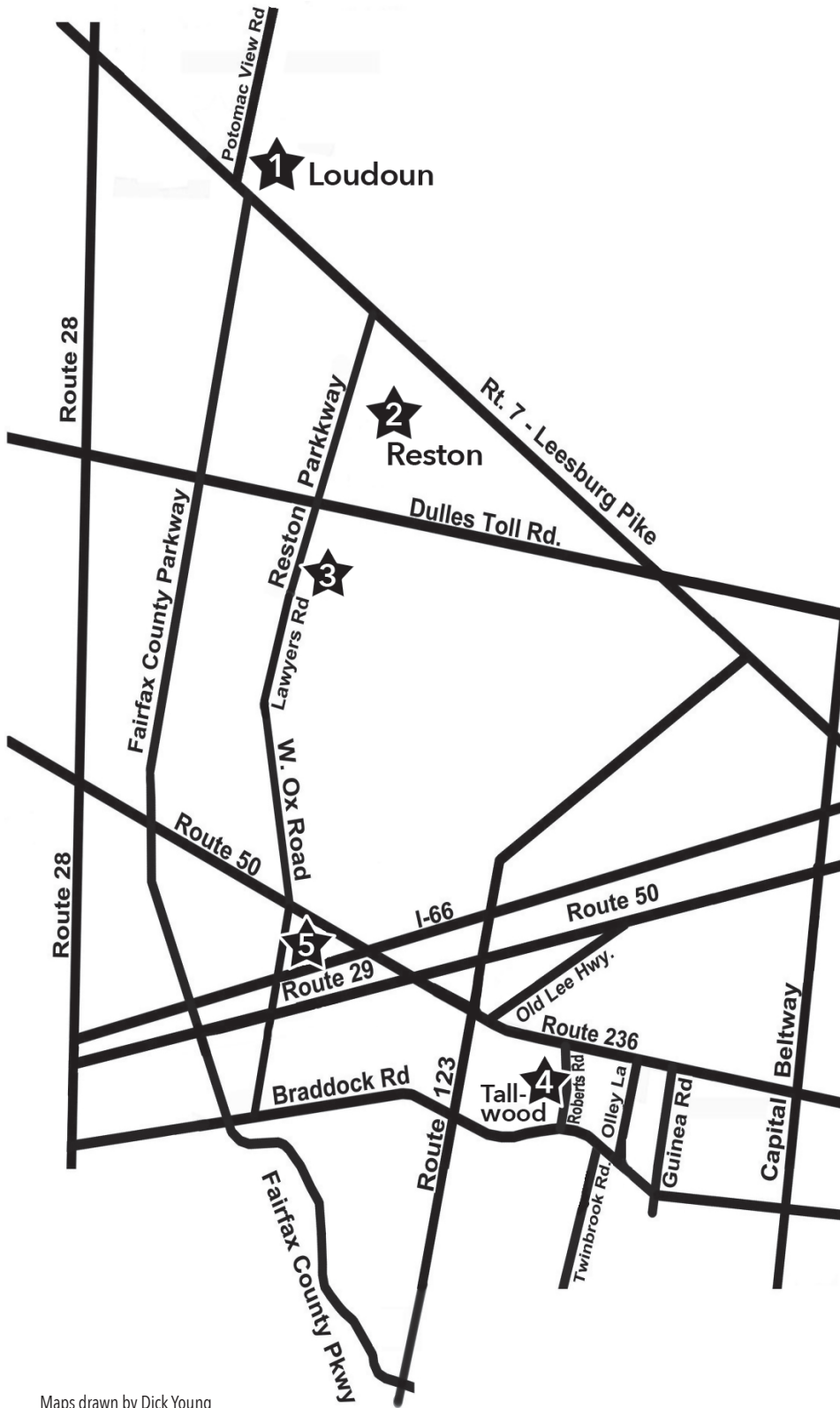
Winter 2024 Schedule Zoom

Tue. Jan. 16, 9:00-11:00
F301Z 100 D Days (5)

Number of sessions are shown in parentheses
Bolded classes have unusual dates and/or times

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
9:40-11:05	F302/302Z Second Civil War (2) F401Z Women of Australia (4) F701Z In Daily News (4) 9:30-11:00	F301Z 100 D-Days (5) 9:00-11:00 F402Z Song of Achilles (3)	F305/305Z Imp'l Presidency (4) L413Z Writer's Workshop (4) R652/652Z Culture Wars (4)	L207/207Z 7 Financial Habits (2) F306/306Z Heroes Civil Rts (4) F501Z Intermediate Spanish (4) L608Z Taste of Buddhism (4)	F817/817Z AI (1) 11:00-12:25
11:50-1:15	F201/201Z Retired Questions (4) F801Z Stop Climate Change (4)	F202/202Z Current Econ'y (4) F303Z Shenandoah (1) F403Z Women Mysteries (4) F802Z Expectations Health (2)	F204/204Z Invest. Forum (4) R310/310Z Intel in Civil War (3) R414Z Literary Roundtable (4) F804/804Z Cybersecurity (3)	F406Z Movie of the Week (4) F704/704Z News that's Fit (4)	F705Z NBC4 Tommy McFly (1) 1:00-2:30
2:15-3:40	F101Z Virginia Opera (4) F702/702Z Ban Affirm. Action (2) F803Z Yoga & Meditation (8) 2:00-3:00	F203Z Trusts & Ideas (2) F404Z Poetry Workshop (4) F703/703Z Guns America (2)	F103Z Ira Gershwin (1) F104Z Dabbling Artists (4) F405/405Z Child's Poetry (1) R903/903Z Highway Dept. (2)	F307/307Z Park Rangers (4) F502Z Latin: Level 4 (4) F803Z Yoga & Meditation (8) 3:00-4:00	
Week 2	29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
9:40-11:05	F302/302Z Second Civil War (2) F401Z Women of Australia (4) F701Z In Daily News (4) 9:30-11:00	F105Z Rock n Roll (1) F301Z 100 D-Days (5) 9:00-11:00 F402Z Song of Achilles (3)	F305/305Z Imp'l Presidency (4) L413Z Writer's Workshop (4) R652/652Z Culture Wars (4)	L207/207Z 7 Financial Habits (2) F306/306Z Heroes Civil Rts (4) F501Z Intermediate Spanish (4) L608Z Taste of Buddhism (4)	F311/311Z WWII & US Intel (1) 11:00-12:25
11:50-1:15	F201/201Z Retired Questions (4) F801Z Stop Climate Change (4)	F202/202Z Current Econ'y (4) F403Z Women Mysteries (4) F802Z Expectations Health (2) F805Z ABC's of Medicare (1)	F204/204Z Invest. Forum (4) R310/310Z Intel in Civil War (3) R414Z Literary Roundtable (4) F804/804Z Cybersecurity (3)	F406Z Movie of the Week (4) F704/704Z News that's Fit (4)	
2:15-3:40	F101Z Virginia Opera (4) F606Z Really in the Bible? (3) F702/702Z Ban Affirm. Action (2) F803Z Yoga & Meditation (8) 2:00-3:00	F203Z Trusts & Ideas (2) F404Z Poetry Workshop (4) F703/703Z Guns America (2)	F104Z Dabbling Artists (4) F408Z Symphony of Secrets (1) F806/806Z Bees in Pants (1) R903/903Z Highway Dept. (2)	F307/307Z Park Rangers (4) F502Z Latin: Level 4 (4) F803Z Yoga & Meditation (8) 3:00-4:00 F807Z Psychology Potpourri (3)	
Week 3	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
9:40-11:05	F401Z Women of Australia (4) F701Z In Daily News (4) 9:30-11:00	F301Z 100 D-Days (5) 9:00-11:00 R813Z Emotional Freedom (2) F402Z Song of Achilles (3)	F305/305Z Imp'l Presidency (4) L413Z Writer's Workshop (4) R652/652Z Culture Wars (4)	F306/306Z Heroes Civil Rts (4) F501Z Intermediate Spanish (4) L608Z Taste of Buddhism (4) L812/812Z Wellness Seniors (2)	F208/F208Z Investing in 2024 (1) 11:00-12:25
11:50-1:15	F201/201Z Retired Questions (4) F801Z Stop Climate Change (4)	F202/202Z Current Econ'y (4) F403Z Women Mysteries (4) F106Z Lunar New Year Art (1)	F204/204Z Invest. Forum (4) R310/310Z Intel in Civil War (3) R414Z Literary Roundtable (4) F804/804Z Cybersecurity (3)	F406Z Movie of the Week (4) F704/704Z News that's Fit (4)	F607/607Z Concordat, the See (1) 1:00-2:30
2:15-3:40	F101Z Virginia Opera (4) F606Z Really in the Bible? (3) F803Z Yoga & Meditation (8) 2:00-3:00	F205/205Z Tax Strategies (2) F404Z Poetry Workshop (4)	F104Z Dabbling Artists (4) F410Z Borders of our Minds (1)	F307/307Z Park Rangers (4) F502Z Latin: Level 4 (4) F803Z Yoga & Meditation (8) 3:00-4:00 F807Z Psychology Potpourri (3)	
Week 4	12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
9:40-11:05	F401Z Women of Australia (4) F701Z In Daily News (4) 9:30-11:00	F301Z 100 D-Days (5) 9:00-11:00 R813Z Emotional Freedom (2)	F305/305Z Imp'l Presidency (4) L413Z Writer's Workshop (4) R652/652Z Culture Wars (4)	F306/306Z Heroes Civil Rts (4) F501Z Intermediate Spanish (4) L608Z Taste of Buddhism (4) L812/812Z Wellness Seniors (2)	
11:50-1:15	F201/201Z Retired Questions (4) F801Z Stop Climate Change (4) F809Z Nutrition, Older Adults (1)	F202/202Z Current Econ'y (4) F403Z Women Mysteries (4) F411/411Z A Lost Lady (1)	F204/204Z Invest. Forum (4) R414Z Literary Roundtable (4) R815/815Z DARPA (1)	L309/309Z Arl. Cemetery (1) F406Z Movie of the Week (4) F704/704Z News that's Fit (4) F902Z Iditarod (1)	F4012Z Poem with Cause (1) 1:00-2:30
2:15-3:40	F101Z Virginia Opera (4) F606Z Really in the Bible? (3) F803Z Yoga & Meditation (8) 2:00-3:00	F205/205Z Tax Strategies (2) F404Z Poetry Workshop (4)	F104Z Dabbling Artists (4) R707Z Supreme Court (1) F206/206Z Protect Nest Egg (1)	F307/307Z Park Rangers (4) F502Z Latin: Level 4 (4) F803Z Yoga & Meditation (8) 3:00-4:00 F807Z Psychology Potpourri (3)	

Guide to In-Person Program Locations



Maps drawn by Dick Young

1. Mason-in-Loudoun is located at 21335 Signal Hill Plaza, Sterling, VA 20164 diagonally across Route 7 from the Potomac Run Shopping Center.

2. Reston Community Center (RCC) Lake Anne (1609 Washington Plaza, North, Reston, VA 20190) is located at the northern end of Lake Anne off North Shore Drive. If using an electronic map, set destination as the Lake Anne Mobil (11410 N. Shore Drive, Reston, VA 20190) across the street from the entrance to the Lake Anne parking lot.

3. Reston Community Center (RCC) Hunters Woods is in the Hunters Woods Village Center. If using an electronic map, use the Ledo Pizza address (2254 Hunters Woods Plaza, Reston, VA 20191). A walkway beside Ledo Pizza leads to a plaza and the community center.

4. Fairfax - Tallwood is located at 4210 Roberts Road, Fairfax, VA 22032. Roberts Road can be accessed from Route 236 (Main Street) or Braddock Road. Additional parking is available in the swimming pool lot next door.

5. Fairfax - Bus Trip Pickup Location is located at Fair Oaks Mall (11750 Fair Oaks Mall, Fairfax, VA 22033) at Pole 10 (west of the Marriott Hotel, south of the Cheesecake Factory). The pole is located on the outer part of the traffic loop.

1. Mason-in-Loudoun

2. RCC - Lake Anne

3. RCC - Hunters Woods

4. Fairfax - Tallwood

**5. Fairfax - Bus Pickup Location
Fair Oaks Mall**



collette



JAPAN: PAST AND PRESENT A Cultural Journey from Tokyo to Osaka

September 7-20, 2024
14 Days • 19 Meals



Must-See Inclusions:

- See the gleaming beauty of the Golden Pavilion
- Wander among the swaying trees of the Arashiyama bamboo forest
- Explore the neon-soaked streets of Osaka's Dotonbori district

Cultural Experiences:

- Stay among Buddhist monks at a monastery on Mount Koya
- Meet Japan's *ama* pearl divers and learn more about their elite profession
- Visit Hiroshima's Peace Park and Memorial Museum and hear accounts of the atomic bomb's devastation



Culinary Inclusions:

- Dive deep into the culture and social norms of Japan over dinner with the Women's Association of Kyoto
- Enjoy a traditional, multi-course *kaiseki* meal
- Make delicious *okonomiyaki*, savory pancakes that are a Japanese favorite

Optional Tour Extensions:

- 2-Night Tokyo Pre-Tour Extension
- 4-Night Seoul Post-Tour Extension

For more information or to reserve your spot, call Collette at 1-800-581-8942
Please refer to booking #1205996



OLLI



Osher Lifelong Learning Institute
4210 Roberts Road
Fairfax, VA 22032
olli.gmu.edu

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
MERRIFIELD, VA
PERMIT No. 6309

PLEASE DELIVER BY NOVEMBER 17, 2023

Winter 2024 Registration: Begins November 28 at 9am and continues throughout the term

Term Dates

Winter 2024: January 22 - February 16

Spring 2024: March 25 - May 17

Summer 2024: June 24 - August 2

Fall 2024: September 23 - November 15

Living Well and Learning Every Day.

