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at George Mason University
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## Courses

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**Cover photo by:**
George Bradshaw

*In celebration of George Mason University’s 50th anniversary, the cover photo is a winter image of the campus’s George Mason statue, facing the setting sun.*

**Inside Back Cover Photos by:**
Cooking Club
OLLI Walk & Talk Club
What’s in the Daily News Club
All About OLLI

Who We Are

The Osher Lifelong Learning Institute at George Mason University (OLLI Mason) offers daytime courses, lectures, special events, and other activities during eight-week terms in the spring and fall, a four-week winter term, and a six-week summer term. There are no exams, no credits, no college degree required or offered, and no age threshold.

Course leaders are members of OLLI, Mason faculty, or others who enjoy sharing their knowledge. OLLI is particularly proud of all of its volunteer teachers and speakers, many of whom are well-known experts in their fields. The views expressed are those of the instructors and do not reflect the official policy or position of OLLI or George Mason University.

Members pay annual dues and may attend as many activities as they wish, subject to space availability. There may be charges for materials or for some special events.

OLLI Mason publishes an email newsletter (OLLIE-News), a catalog each term, an online membership directory, and a Member Handbook. An annual literary journal, OLLI Ink, and, from time to time, the Poets of OLLI collection, are also published.

OLLI Mason is one of many Osher Lifelong Learning Institutes affiliated with the Bernard Osher Foundation and is also a member of the Road Scholar Institute Network. OLLI is a nonprofit, equal-opportunity 501(c)(3) organization and does not discriminate on any basis.

How to Join

Any person may obtain an annual membership by registering online (olligmu.edu) or by completing the registration form on page 24 and submitting it to OLLI with the required payment.

Give the Gift of OLLI

What better way to show appreciation for someone special than by giving an OLLI eGift card? The card can be purchased in any amount to apply toward an OLLI membership or event/materials fee. It makes the perfect retirement, birthday, or holiday gift. The gift of OLLI is great: captivating classes, fabulous field trips, and sensational socials to indulge both mind and soul! Purchase the eGift card on the OLLI member portal (olligmu.edu-click “eGift Card” under Quick Links) or by emailing the OLLI registrar: ollireg@gmu.edu.

George Mason University Privileges

OLLI members with an annual membership are entitled to a George Mason University ID card, which provides library privileges, discounted Mason gym membership, and other benefits (subject to Mason policies). A free Mason email account with access to the Mason intranet is also available. To apply for an ID card, fill out an application, available on the OLLI website (under MainMenu/Documents/Docstore—look under the “Membership” bullet), and mail it to: Osher Lifelong Learning Institute, 4210 Roberts Rd, Fairfax, VA 22032.

Status of Winter Term 2023

To help optimize the OLLI Mason experience for everyone and mitigate potential closures due to inclement weather, OLLI Mason classes and club meetings will be virtual only during winter term. For the most up-to-date health and safety protocols, please visit: https://olligmu.edu/health-and-safety/

Membership Promotions

Winter 2023 Promotion!

OLLI is offering a low fee of $300 for those new to OLLI who purchase an annual membership (available to those who have never been OLLI members, are returning to OLLI after a hiatus of more than one year, or have previously been introductory members and have not converted to an annual membership).

George Mason and Northern Virginia Public School Retirees!

OLLI is offering a onetime annual membership discount of $150, which may be applied to the special $300 promotion. George Mason and Northern Virginia Public School retirees who have not previously joined OLLI may receive an annual membership for just $150.

**IMPORTANT REGISTRATION DATES**

Winter term registration begins on Tuesday, November 29 at 9:00 am and continues throughout the term.

Register online at olligmu.edu

Registrations also may be mailed to:
OLLI Osher Lifelong Learning Institute
4210 Roberts Rd.
Fairfax, VA 22032
OLLI Organization

OLLI is a member-driven organization with a Board of Directors elected by the membership and representing all OLLI members. All activities are managed by an executive director, staff, and volunteers.

Board of Directors

President.................................Lillian Brooks
Vice President............................Mel Russell
Treasurer...............................David Osterman
Secretary...............................Gloria Loew

Toni Acton  Richard Crawford
Marilyn Harriman  Debby Mossburg
Camille Hodges  Peter Ansoff
Bob Heyer  Zachary Teich
Paul Howard  Michele Romano
Gloria Loew  Bonnie Nelson
Lillian Brooks  David Osterman
Carolyn Wyatt  Mel Russell

Jennifer Disano, Executive Director

Other Key OLLI Positions

Audiovisual Support  Paul Howard
Development  Al Smuzynski
OLLI E-News  Paul Van Hemel
Facilities  Mel Russell
Finance  Dave Osterman
Governance  Peter Ansoff
Landscaping  Sally Berman

Member Services, Office Volunteers  Toni Acton
Member Services, Chair  Toni Acton
Member Services, Hospitality  Elaine Leonard
Membership Engagement  Bonnie Nelson
Outreach  Debby Mossburg
Strategic Planning  Zachary Teich
Website  Ernestine Meyer
Heath and Safety Advisory  Michele Romano

OLLI Program Planning

Committee Chairs...... Doris Bloch, Kathryn Russell, Nancy Scheeler, Russell Stone, Bill Taylor
Loudoun Program...Vera Wentworth, Barbara Wilan
Reston Program .................Anita Lasansky
Program Associates...............Nancy Klein, Shannon Kim Morrow

Program planning subject group chairs are listed at the beginning of each subject section of the catalog.

Winter 2023 Catalog Production

Staff Production Team............Nancy Klein, Shannon Kim Morrow, Stefan Hansen

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Mason mail stop number ..........MSN 5C1
Mason@Loudoun mail stop number....MSN 1G9
F101Z Virginia Opera Presents “Understanding Opera”
Four sessions
Instructor: Joshua Borths
Opera was created in Italy during the 1590s, and since that time artists and audiences have utilized the art form to explore diverse sounds, stories, and cultures. This winter, join Virginia Opera’s Resident Scholar Joshua Borths for an engaging series exploring the chronological history of the art form. Each session will focus on the operatic traditions from each century of opera history (1600-2000), and special attention will be given to how operatic styles, composers, and artists influence the art we produce today. This special series will contextualize what you see and hear in the opera house and help you understand the timeless stories we still sing today.

Joshua Borths is the resident scholar of Virginia Opera, charged with educating audiences of all ages. With over a decade of experience in opera, Borths has worked as an educator, stage director, arts administrator, and dramaturg with companies such as Arizona Opera, Des Moines Metro Opera, Opera Columbus, Pensacola Opera, and more. As an experienced teacher, Borths most recently served on the faculty of Capital University as the professor of Music History and director of Opera & Musical Theatre. His work has been featured in Opera News and TED Ed. His operas and programming can be licensed on OperaClassroom.com.

F102Z The Ambitious Vision of Maurice de Sully and of His Followers
Tuesdays, 9:40–11:05, Jan. 24–Feb. 7
Three sessions
Instructor: Elisabeth Wolpert
This class will be part art and architecture and part history. It deals with the construction of Notre Dame of Paris. It covers the successes but also the many tribulations which interrupted the work (floods, collapse of vaults, lack of money, desecration during the French Revolution, dismantling of the transepts and the initial spire). It also covers the final restoration of the cathedral entrusted to Lassus and Viollet-le-Duc, who redesigned it with gargoyles and chimeras. The cathedral, now a French national monument, is a tribute to the builders’ genius, courage, and dreams.

Elisabeth Wolpert was born and educated in France, and her doctoral thesis dealt with 16th century French literature. She enjoys being at OLLI, where she has taught several courses.

F103Z Introduced Light
Tuesdays, 9:40–11:05, Jan. 24–Feb. 14
Four sessions
Instructor: Dan Feighery
Class limit: 15
In making photographs, we sometimes need to augment ambient light for a more pleasing picture. The light we introduce into the picture space might range from a hand-held flashlight, through common house-hold lamps or temperature-controlled bulbs, to build-in and external flash units. Illumination from a flash unit can cause hard shadows, while rapidly falling off in intensity. We need to understand how to control the light to make it more pleasing; how aperture impacts flash illumination while at the same time shutter speed is used to control the impact of the ambient light. Camera techniques such as high-speed sync, dragging the shutter, and second curtain sync must also be understood. This short course will provide an integrated overview focusing on flash. Discussion of weekly shooting assignments will be included in each session.

Dan Feighery holds a B.S. in Physics from Philadelphia’s Saint Joseph’s University and a Master’s in Public Administration from San Francisco’s Golden Gate University. He is a retired Air Force officer and a long-time photo hobbyist. He founded the OLLI Photo Club and has taught several OLLI photo courses.

F104Z A Celebration of Black Americans: Portraits from the National Portrait Gallery
Wednesday, 2:15–3:40, Feb. 15
One session
Instructor: Barbara Nelson
While the Obama portraits attracted national attention, the National Portrait Gallery is rich in portraits of Black Americans who brought honor on themselves and their country. The portraits are diverse—including traditional oil on canvas, daguerreotypes, photography, sculpture, carved lime wood, and others. Join us in celebrating Black History Month!

Barbara Nelson, an OLLI member, taught for over 30 years at the secondary level, the last 20 at Thomas Jefferson High School for Science and Technology. She has taught literature classes at OLLI, as well as art history classes that are based on National Portrait Gallery exhibits.

F105Z Choreography Sampler—George Mason School of Dance
Mondays, 11:50–1:15, Jan. 23–Feb. 13
Four sessions
Coordinator: Linda Miller
Class limit: 40
This course highlights the choreography of the four contemporary dance artists: Doug Varone, Robert Battle, Rafael Bonachela and Manuel Vigouille. They are involved in the School of Dance’s Gala Concert on March 24 and 25, 2023 in the Concert Hall, at George Mason University. Classes will include faculty, students and performers, in
addition to ongoing discussion and conversation about dance, dancers, and choreography.

Linda G. Miller is a professor in the School of Dance and a Distinguished Service Professor at George Mason University. She received her MFA in Dance and Theater from the University of Hawaii. She has performed with numerous professional companies in the U.S., as well as numerous companies and choreographers in the Washington, DC area. She has also choreographed works for university productions, theater, and opera, including Interact Theater’s Pirates of Penzance, which won a Helen Hayes award.

Economics & Finance

200 Economics & Finance
Program Planning Group Chairs:
Brenda Bloch-Young, Leo Brennan, Marvin Singer, Ray Willson

F201Z The Investment Forum
Wednesdays, 11:50–1:15, Jan. 25–Feb. 15
Four sessions
Moderator: Al Smuzynski
The Investment Forum, which meets weekly throughout the year, addresses investment topics of particular interest to retirees. A weekly agenda is distributed, and each session begins with an open discussion of recent events in the economy and in financial markets, and their impact on investment decisions. Member presentations typically include such topics as: recent market indicators, stocks, bonds, funds (mutual, exchange-traded, and closed-end), real estate investment trusts (REITs), options, commodities, master limited partnerships, sectors, allocations, and investment strategies. This class will use analyses and data from the financial press.

Al Smuzynski is a bank regulator, affordable housing developer, and bank director, and has led the OLLI Investment Forum for many years.

F202Z Investing Potpourri
Thursdays, 9:40–11:05, Jan. 26–Feb. 9
Three sessions
Moderator: Brenda Bloch-Young
Bruce Crawford has been managing his own investments for about 15 years with a more than casual interest in technology. He previously conducted sociological field research related to natural and technological disasters with teams at the Disaster Research Center at the University of Delaware. He currently co-leads the OLLI Investment Study Group (OISG) at the Osher Lifelong Learning Institute at the University of Delaware. Previously, he was an announcer, broadcast engineer, and program director at radio stations in Pennsylvania, New Jersey, and Delaware.

2. Alternative Energy Sources as a Response to Climate Change
David Toms has been a member of OLLI since 2015. He has developed expertise in green energy investments as well as dividend bearing investments such as real estate investment trusts and business development companies. He is a retired engineer and program manager with the Department of the Navy.

3. Looking at Environmental, Social, and Governance (ESG) Factors Influencing Investments
David Breese has over forty years experience in the computer industry and its application to government and national defense requirements. Over 25 years in the U.S. Air Force, his career involved meeting Department of Defense and NATO data automation requirements through large computer systems. After his retirement from active military duty, Mr. Breese's computer work focused on computer security for federal digital networks. He has been a member of OLLI since 2017.

F203Z Retired with Questions
Mondays, 11:50–1:15, Jan. 30–Feb. 13
Three sessions
Instructors: Al Smuzynski, Mike May, Helen Flynn, Elizabeth Gray
Coordinators: Ray Willson, Lou Coglianese
Class limit: 25

(Please do not sign up if you’ve already had the opportunity to attend in the past.)
As seniors look through the kaleidoscope of life, we find our world constantly changing, and we desire to know what others are doing in similar situations. This open forum, an outgrowth of the Investment Forum and other OLLI classes, is designed to address the concerns of seniors regarding a wide range of retirement issues. A panel of experienced investors will provide answers to member questions through friendly discussion. Topics may include annuities, fixed income, asset allocations, management of IRAs, staying in your home, downsizing, how to make your money last, and moving to a new location.

• First class: Class members will identify their areas of concern.

• Next classes: Panel members will address member concerns, as identified in the first session. Presenters include: Al Smuzynski, Investment Forum moderator; Mike May, financial planner for seniors; Helen Flynn, Senior Relocation Strategist, and Elizabeth Gray, estate planning attorney; and other experts as needed.

F204Z Tax Preparation Simplified
Wednesdays, 9:40–11:05, Feb. 1–Feb. 15
Three sessions
Instructor: Mary Szpanka
Coordinators: Brenda Bloch-Young, Leo Brennan
This course will explain federal and Virginia income tax laws with an emphasis on changes affecting 2022 returns especially as they relate to senior-related issues. The first two sessions will present the laws, strategies for tax savings, and reporting topics. Interaction is encouraged with the third session devoted to Q&A on any tax topic from participants.

Mary Szpanka, CPA has enjoyed being in tax practice for many years. She received her CPA in 1991 and became a Distinguished Service Professor at George Mason University. She serves as a consultant to the Office of the Commissioner of the Internal Revenue Service for university productions, theater, and opera, including Interact Theater’s Pirates of Penzance, which won a Helen Hayes award.

Check the Daily Schedule
Please check your daily schedule email for class links or information, the current video library passcode, and Zoom Help Desk information.
years and enjoys helping OLLI participants with their quest for knowledge!

**F205Z The Industrial Revolution and the Rise of the Assembly Line**
**Thursday, 2:15—3:40, Feb. 2**
One session
Instructor: John Nye
Coordinator: Brenda Bloch-Young
What does it mean to mass produce a product? And what role did the assembly line play in allowing for large-scale production and interchangeable parts? This lecture will discuss the challenges faced by pioneers of the assembly line and the factory system and the particular role that American industry played in pushing the Industrial Revolution forward in the 19th century. The instructor will present the differing role that toys and clocks, as well as guns and typewriters, played in the rise of the assembly line in the 1800s. Furthermore, the instructor will discuss how the challenges of the assembly line have not yet been fully overcome, even in this day of large-scale precision fabrication and advanced robotics.

John Nye holds the Frederic Bastiat Chair in Political Economy at the Mercatus Center at George Mason University and is professor of Economics. His primary research interests include European economic history, development, and new institutional economics.

**F206Z Home Buying Today: How to Avoid the Mistakes and Beat the Other Buyers!**
**Wednesday, 2:15—3:40, Feb. 15**
One session
Instructor: David Rathgeber
This analytical talk incorporates 35 years of statistics and experience. It highlights segments of the home-buying process you can use or share with family and friends. It expands on the instructor’s recent talk at George Mason’s Arlington campus for Money Smart Day, and includes information you will hear nowhere else. Current market conditions will be covered and a prognostication of the future will be offered. The talk will clear up common misconceptions about the best and worst months for home buyers and detail how to avoid the pitfalls of online searching. It will discuss the pros and cons of hot market tricks and describe how to use the escalation addendum in a way that fewer than 10% of others understand. The class will learn how to help their agent use the MLS database to estimate how much to offer in order to have a 90% chance of beating competing buyers. The instructor’s unique idea recently appeared in the national press. A free, online textbook is included: https://drrealestate.net/buytext.html

David Rathgeber (BSME/MBA) is a Virginia-licensed broker who has written for Realtor Magazine. His ideas and comments appear in press nationwide. He has presented popular courses at NVCC and GMU, and his books were serialized by leading newspapers.

**F207Z Investments & Retirement Planning**
**Tuesdays, 11:50—1:15, Jan. 24–Feb. 14**
Four sessions
Instructors: Neal Mufti, Mike Iftaiha
- **An Inside Look at Retirement Living:** Explore strategies for achieving retirement goals, common retirement questions and concerns, and various ways to maintain one’s cash flow during retirement.
- **Retirement Plan Distributions:** Understand what it means to “take a distribution” as you near retirement, the optimal timing to avoid distribution penalties, reduce taxes, and how Social Security can play a part in the distribution strategy.
- **Investment Strategies for Retirement:** Developing an investment plan is a vital step in pursuing retirement goals.
- **Principles of Preserving Wealth Often:** Preserving wealth can be almost more important than generating it. Fundamentals of estate management including the inner workings of estate taxes, estate management documents, and tactics will be discussed.

Neal Mufti is the managing director of SC Advisors, a financial firm in Reston, and has worked in the financial services industry since 1990. Neal was an adjunct faculty member at VCU where he taught investment courses for the CFP program at the Center for Corporate Education. He is a CFP and has a BS in Finance.

Mike Iftaiha is a financial advisor with SC Advisors with over 20 years of industry experience specializing in asset management and financial planning. Mike is a CFP, has a BS in finance and is a frequent guest lecturer at NOVA community college.

**F301Z John Smith Escapes Again!**
**Mondays, 9:40—11:05, Jan. 23—Feb. 6**
Three sessions
Instructor: Rosalyn Schanzer
Before the Civil War, the two most beloved American heroes were President George Washington and Captain John Smith, and every school child knew all about them. So why did Smith’s amazing story disappear? After all, not only had he been a world traveler, an inventor, a slave, and the greatest escape artist on the planet, but his books started the Great American Dream of a better life for ordinary people. And as you may already know, Pocahontas was never his girlfriend, but why was she bald? “Schanzer’s fact-filled text, complemented by colorful illustrations, ably makes her case that Smith was ‘America’s first genuine superstar.’” *The Washington Post Book World* - Selected in 2006 as a top 10 book of the year.

Rosalyn Schanzer is the author and illustrator of 17 award-winning books, mostly published by National Geographic and
HarperCollins and based upon history. A regular speaker at OLLI, she also speaks nationally and internationally.

**F302Z When Treason Was in Season: The Continental Congress’ Committee on Spies**

Mondays, 11:50–1:15, Jan. 23–Jan. 30

**Two sessions**

**Instructor:** Richard Willing

In June 1776, the Continental Congress appointed committees to undertake two crucial tasks. One, led by John Adams and Thomas Jefferson, drafted a “Declaration of Independence” that delegates would sign the following month. The second committee took on an existential problem—how to deal with “persons giving intelligence to the enemy, or supplying them with provisions.” This “Committee on Spies,” also led by Jefferson and Adams, proposed model legislation that the new “United Colonies” soon adopted to try dozens of suspected spies and other “adherents” to the Crown. This two-part course examines the problems posed by homergrown spies, the Spies Committee’s answer, and sample espionage cases. Alexander Hamilton makes an appearance, not rapping and dancing, but threatening to beat up a spying suspect. Washington, Arnold, Jay, Paine and Charles Willson Peale all have cameos. The Spies Committee’s impact on the Constitution and role in promoting a common American identity are explored.

**Richard Willing** wrote for newspapers in Detroit, New York state and Washington, D.C. before joining the Senior National Intelligence Service. He has taught an OLLI course on the Lincoln assassination, holds an MA in U.S. history from George Mason University, and has published in Intelligence and National Security.

**F303Z Guadalcanal: The Pivotal Campaign in the Pacific Theater During World War II**

Wednesday, 2:15–3:40, Jan. 25

**One session**

**Instructor:** Blane Ampthor

Though battles such as Midway may be better known, Guadalcanal was a six-month campaign for control of an island and eventually the entire South Pacific region. The air, land and sea campaign, America’s first offensive in the Pacific Theater, teetered on disaster several times for Japan and America. Learn about the battles, personalities, tactics and events that made Guadalcanal the strategic turning point of the war in the Pacific Theater.

**Blane Ampthor** is a retired federal government employee. A Philadelphia native, he has had a lifelong interest in history—particularly World War II, ocean liners, and the American Revolution. He enjoys visiting sites related to these subjects to learn about them in greater detail.

**F304Z The Battle of Gettysburg**

Thursdays, 9:40–11:05, Jan. 26–Feb. 16

**Four sessions**

**Instructor:** Randy Ferryman

The large number of visitors to the Gettysburg National Military Park each year underscores the historical importance that Americans attach to The Battle of Gettysburg. This course will be a comprehensive review of the battle, presenting the aims of the Union and Confederate armies, their composition and strategies for achieving them, and how each executed their battle plans. Leadership issues at all major levels of command will be discussed, as well as controversies associated with strategic, tactical, and operational decisions. Using maps and other information, all the major clashes, including the fight for Little Round Top and Pickett’s charge, will be discussed in detail. In an overview, important factors such as maneuver, medical treatment, logistics, and intelligence that underpin military action will be presented. The course material is derived from the histories and assessments of the battle written by many scholars and experts.

**Randy Ferryman** is a retired Central Intelligence Agency senior officer who has conducted 45 battlefield tours at Gettysburg for national security officials, has analyzed armies of foreign nations, and has presented three OLLI courses: Gettysburg campaign intelligence, the Civil War press, and descent to Civil War. He has a BA in history from Concordia College, Moorhead, MN, and an MS in Administration from University of Maryland University College.
**F308Z The Ghost Army – WWII Deception in the European Theatre, Using Illusion to Defeat Iron**

**Instructor: Roy Eichhorn**

Discover the Ghost Army, a top secret unit of 1,100 soldiers and a traveling road show of illusion and deception during WWII. It used inflatable tanks, state of the art sound effects, and fake radio traffic to impersonate whole divisions at a time. Moving, sounding, and appearing to the enemy like the real units, these artists and technical specialists ran 22 major deceptions at or near the front lines. Their job was to attract attention to themselves, draw fire, and divert the Germans from the real units. Their existence was classified for over 40 years and they all but disappeared. The Ghost Army is credited with saving thousands of lives and they were awarded the Congressional Gold Medal on February 1, 2022. Members of the Ghost Army went on after the war to influential careers. Odds are, you have even encountered their work.

Roy Eichhorn is an expert on the Ghost Army. He is the stepson of a Ghost Army artist and interviewed dozens of Ghost Army veterans during his research. Roy was director of R&D at the Army Management Staff College (AMSC) and has contributed to three books and a documentary film on the Ghost Army. He has BA and MA degrees, a graduate certificate in Defense and Strategic Studies, and is a graduate of both the Army Command and General Staff College and AMSC.

**F309Z Russian War Through Russian Film**

**Instructor: Mark Royce**

With the Russian invasion of Ukraine last year, there has been a resurgence of effort to acquire strategic insight into the geopolitics of the Kremlin. This class will survey the oeuvre of Mosfilm, the official Russian movie studio, for available insights. Beginning in September 2021, Mosfilm has digitally remastered, English subtitled, and YouTube uploaded its collections, entering them for the first time into the public domain. Its World War II movies, in particular, have digitally remastered, English subtitled, and YouTube uploaded its collections, entering them for the first time into the Western public domain. Its World War II movies, in particular, have been tried. Democracy in Great Britain however functions differently than it does here in the United States in many respects. This course will take a close look at the British Constitution—its evolution and how it continues to function today. Among other questions, participants will consider how fidelity to an uncodified constitution works. The class will also discuss a number of topics including the legal system, how Parliament functions, transformational prime ministers, and the role of the monarchy. We are witnessing a particularly tumultuous period in British politics. In this class, the instructor hopes to illuminate what has transpired in recent years by turning to history and breaking down this fascinating and complex form of government.

Kay Menchel, who grew up in Yorkshire, England, is a lawyer who studied Constitutional Law at the University of Liverpool.

**R310Z The British Constitution**

**Instructor: Kay Menchel**

Winston Churchill famously said that “democracy is the worst form of government—except for all the others that have been tried.” Democracy in Great Britain however functions differently than it does here in the United States in many respects. This course will take a close look at the British Constitution—its evolution and how it continues to function today. Among other questions, participants will consider how fidelity to an uncodified constitution works. The class will also discuss a number of topics including the legal system, how Parliament functions, transformational prime ministers, and the role of the monarchy. We are witnessing a particularly tumultuous period in British politics. In this class, the instructor hopes to illuminate what has transpired in recent years by turning to history and breaking down this fascinating and complex form of government.

Kay Menchel, who grew up in Yorkshire, England, is a lawyer who studied Constitutional Law at the University of Liverpool.
L312Z “Quarter of a Mile Above 5th Avenue”: The Empire State Building Dirigible Mooring Mast
Tuesday, 9:40–11:05, Feb. 14
One session
Instructor: Peter Ansoff
The spire on top of the Empire State Building was originally designed to be a mooring mast for passenger dirigibles. It was never actually used for that purpose—but what if it had been? This course will discuss the historical background of the concept, a description of how it might have worked, some of the problems that would have been involved, and the reasons why it never came to pass. A 1/700 scale model of the Empire State Building and a representative dirigible will be used to illustrate some aspects of the concept.

Peter Ansoff is retired from a career as an acquisition support contractor for the US Navy. He is the former president of the North American Vexillological Association (NAVA), an organization dedicated to the study of flags, and has published several research papers dealing with early flags of the United States. His other research interests include maritime history and lighter-than-air aviation history. He joined OLLI in December 2016.

F102Z The Ambitious Vision of Maurice de Sully and of His Followers
Relevant to History, a full description is under Art and Music

F104Z A Celebration of Black Americans: Portraits from the National Portrait Gallery
Relevant to History, a full description is under Art and Music

Future Course Proposal Due Dates

**Please note that course proposals are due approximately 6 months before the start of each term due to catalog production deadlines.

Summer 2023:
June 20–July 28, 2023
(Proposal due date: January 27, 2023)

Fall 2023:
September 18–November 10, 2023
(Proposal due date: April 10, 2023)

Course Proposal Form:
https://olli.gmu.edu/olli-course-proposal-form/

F401Z “Educating the Eye” (I): Dante’s Divine Comedy and Our Journey Towards Wholeness
Four sessions
Instructor: Daniel Christian
This course will introduce students to the power of Dante’s story for life right here/right now. The Comedy is not an ancient, dead text but rather is alive and well, inviting readers to pursue the “examined life” within a spirit of “serious joy.” Initially, we will explore C. S. Lewis's A Grief Observed as a pre-epic poem stretching exercise, a mini-journey so to speak, in preparation for joining Dante's pilgrimage. The following three classes will introduce Inferno, Purgatorio, and Paradiso respectively.

Dan Christian has taught Dante for nearly forty (40) years. In addition, he has published a number of essays in scholarly journals. Finally, he created and edited a first-of-its-kind anthology of essays by high school students inspired by Dante. Goal: “Let Dante read you.”

F402Z Shakespeare’s King Henry IV, Part 1
Tuesdays, 11:50–1:15, Jan. 24–Feb. 14
Four sessions
Instructor: Tom Manteuffel
Shakespeare uses the story of Henry Bolingbroke, who deposed Richard II to become King Henry IV, to explore the uses and limits of power, most of all in his fraught relations with his son, Prince Hal. Participants will examine the play, the characters (including the inimitable Falstaff), and Shakespeare’s purposes in bending and using his historical sources to heighten the drama of England’s history. The class will also make use of brief excerpts from several productions of the play to illustrate selected scenes and varied approaches to them. There will be a follow-on course on Henry IV, Part 2.

Tom Manteuffel has taught a variety of courses at OLLI, including on cybersecurity, the Renaissance, Stonehenge, cryptocurrency, Caravaggio, the National Gallery and the history of English. He is a retired cybersecurity engineer and a lifelong student.

F403Z Poetry Workshop
Four sessions
Moderators: Mike McNamara, Jan Bohall
Class limit: 16
This workshop allows both novice and experienced poets the opportunity to share their work and receive suggestions for improvement. Workshop members should prepare an original poem in draft or in revised form for each session. The moderators will email students after class confirmation with further instructions.
Mike McNamara has been published in several literary journals and magazines and has received awards from the Poetry Society of Virginia.

Jan Bohall, an OLLI member, has had poems published in various periodicals and has won awards from the Poetry Society of Virginia.

F404Z How to Self-Publish in Months, Not Years  
Wednesday, 2:15–3:40, Jan. 25  
One session  
Instructor: Jerry Markowitz  
Are you writing, or have you written, a book (poems, novel, short stories, essays, memoir)? If you’re interested in self-publishing, this class can help. The instructor will discuss reasons for self-publishing; processes for completing the book (editing and proofreading the manuscript, designing the cover, copyrighting, getting an ISBN, LCCN, and bar code); printing and binding; marketing strategies; and defining success. Do you know that many parts of the process can be completed using your personal computer? The instructor has self-published Poems that Rhyme, Most of the Time (available for borrowing from the Fairfax County Public Library) and Exploring Kindness and Respect: Poems.

Jerry Markowitz worked over 30 years in education and training. Since retirement, he earned an interdisciplinary Master’s Degree in Religion, Culture and Values from George Mason University and continues teaching at OLLI. Additionally, Jerry is writing another book. Visit his website at: www.jerroldmarkowitz.com.

F405Z The Heroines’ Journey  
Thursdays, 11:50–1:15, Jan. 26–Feb. 16  
Four sessions  
Instructor: Ellen Moody  
Class limit: 50  
Our foundational books will be Maria Tatar’s, The heroine with 1001 Faces, and Maureen Murdock’s The heroine’s Journey. The class will read Margaret Atwood’s Penelopiad and Liz Lochhead’s Medea; Angela Carter’s The Bloody Chamber and Other Tales; Elena Ferrante’s Lost Daughter; and Jane Austen’s Northanger Abbey. Participants will discuss what journeys the heroines of classical myth, fairy tales, realistic fiction, historical and gothic romance, and detective stories take. The instructor will suggest people watch (but they need not) as part of our two compelling heroines from TV serials, the movies Outlander, S1E1 (Caitronia Balfe as Claire Beauchamp transported), and Prime Suspect S1E1 (Helen Mirren as Jane Tennison).

Ellen Moody has been teaching since 1972--in senior colleges until 2012, and now for eight years at two OLLIs. She is a published scholar, with specialties in the 18th through the 20th century, with a special love for women’s writing across the ages, historical novels, life-writing, and film adaptations.

F406Z Movie of the Week  
Thursdays, 2:15–3:40, Jan. 26–Feb. 16  
Four sessions  
Instructors: Russell Stone, Stephanie Simcox  
This course engages in discussions of the latest in Arthouse movies. Each week a movie offered via pay-per-view from Amazon Prime Video, or at Cinema Arts Theater (depending on the situation when the class begins) will be chosen. Participants will have one week to see the movie—before each class meeting. Class meetings will discuss the movie of the week. Impress your friends with your knowledge of the latest in Arthouse cinema! Viewing may involve subtitles.

Russell Stone was a university professor for 40 years, an OLLI member for more than a decade, and a two-term board member. His secret passions include contemporary cinema. Our local treasure, Cinema Arts Theater is nearby, so he wants to share his enthusiasm. As a co-chair of program planning, he knows we need another movie course.

Stephanie Simcox worked in nonprofits for 30 years on the West Coast and has since moved back to Northern Virginia. An avid movie fan who never misses a new Jane Austen film, she is also up for the latest from Marvel, Pixar or Studio Ghibli. After attending the San Francisco International Film Festival for many years, she’s not afraid of subtitles either!

F407Z George Orwell, The Road to Wigan Pier: The Language of Common Humanity  
Three sessions  
Instructor: Anthony Harriman  
George Orwell’s The Road to Wigan Pier is a funny little book. Orwell reports the realities of mining, poverty, housing, and working-class unemployment in Northern England in 1937 in the first half of the book. He uses the second half to lecture his reader (leftist Left Book Club members) directly. He complains that social reformers offer little to appeal to working class people; he worries as a result that Fascism might grow more popular in England as it has in Spain, Italy, and Germany; and argues that since the left hopes to get England to pursue justice and comment decency, socialists should simply say so. Building on Orwell’s references to authentic language in The Road to Wigan Pier, the class will read Politics and the English Language, The Principles of Newspeak from 1984, and other essays to understand how speaking as a member of a group might confuse thought. The course will include examples of language more recent in time from the instructor and from students who might volunteer them.

Anthony Harriman has a Master of Arts in English from the University of Virginia and taught literature at the United States Military Academy. His interest in George Orwell developed while he was at UVA. He served in the Army, often in Europe, and served also on the National Security Council.

F408Z Willa Cather’s Death Comes for the Archbishop  
Wednesday, 2:15–3:40, Feb. 8  
One session  
Instructor: Jane Fitzgibbons  
In 1927, nine years after My Antonia was published, along comes Death Comes for the Archbishop (DCFTA), another critically acclaimed and beloved novel by Willa Cather. She called it “a narrative,” but the instructor will talk more about that during class. The two novels have at least two things in common: they are both about 19th Century pioneers (a Bohemian immigrant in Nebraska and a French Jesuit
historical pieces. To each of these categories we apply the same underlying commitment—to write a compelling work that fully conveys the author’s intentions.

Ed Sadtler, a graduate of Shippensburg State College in Pennsylvania, has conducted many writing workshops at OLLI, and has taught poetry writing classes for the Lifetime Learning Institute of Northern Virginia Community College.

Margie Wildblood is a native of Salem, Virginia. She has degrees in English, Psychology, and Education. She retired from Northern Virginia Community College where she was faculty and a counselor in student services. She writes poetry, fiction and nonfiction prose, and is currently marketing a romance memoir.

R410Z Intermission: From Northanger to Netflix
Mondays, 11:50–1:15, Jan. 23–Feb. 13
Four sessions
Instructor: Beth Lambert
This class is part of our series discussing Jane Austen's novels in the order in which she wrote them. Before reading her last two novels, Emma and Persuasion, the class will take an intermission to examine the ways film makers and TV producers have brought her works to the screen. Of course, there is more than one approach to discussing film and TV adaptations of the written version. However, in this class the focus will be on the issue of whether directors have been faithful to Jane Austen’s text. How accurately have they portrayed the social, intellectual, and moral contexts inherent in her novels? Does it matter if they portray characters in ways more congenial to modern audiences? In essence, does artistic license betray Austen’s artistry? Film clips from the novels will form the basis of class discussion.

Beth Lambert is professor emerita of English, Gettysburg College. She has taught, published, and has spoken on all aspects of 18th century English literature. Jane Austen's novels have always been a favorite, a love that she shares with many.

R411Z Barbara Pym's Excellent Women
Wednesdays, 9:40–11:05, Jan. 25–Feb. 15
Four sessions
Instructor: Kay Menchel
On the occasion of its 75th anniversary in 1977, the Times Literary Supplement asked a number of writers to name the most underrated writer of the century to date. Only one living author was named by two different contributors: Barbara Pym. In this class, participants will read Excellent Women (1952), a riveting portrait of a spinster’s social entanglements in 1950’s England. This novel is widely regarded as one of her best and most amusing comedies. Its depiction of life in post-war England will give the class occasion to talk about the cultural and political shifts in that period. As always, the instructor will also devote considerable attention to Pym’s stylistic and narrative achievements, which elicited praise from the likes of Philip Larkin and John Updike and led many to compare her to Jane Austen.

Kay Menchel, who grew up in Yorkshire, England, is a lawyer who also holds an MA in English Literature from George Mason University. She has taught numerous literature classes and always enjoys sharing her passion for English literature with OLLI members.
R412Z Literary Roundtable
Wednesdays, 11:50–1:15, Jan. 25–Feb. 15
Four sessions
Moderator: Ben Gold
Class limit: 30
This ongoing short story discussion class will continue with the anthology, *50 Greatest Short Stories*, edited by Terry O’Brien. This is a selection from the best of the world’s short fiction, bringing together writings by great masters of the genre. This outstanding and wide-ranging anthology of stories is a collector’s item, designed for readers to refresh their acquaintance with some of the world’s finest writing and for newer readers to be introduced to it. This volume will be used through the entire winter 2023 term and also for the spring and summer 2023 terms. The book is available online from a variety of sources in paperback (new) for $15.00, or less for used copies. The type font is fairly small, so you might want to get the Kindle version available for a nominal fee from Kindle.

Ben Gold has a BA in Political Science from Stanford University and also holds an MS degree in Computer Science. He will serve as moderator.

F307Z Learning More about *A League of Their Own*
Relevant to Literature, Theater, and Writing, a full description is under History

F309Z Russian War Through Russian Film
Relevant to Literature, Theater, and Writing, a full description is under History

F601Z Seeing Bible Stories Through a Theatrical Lens
Relevant to Literature, Theater, and Writing, a full description is under Religious Studies

F501Z Beginning Spanish Grammar
Thursdays, 9:40–11:05, Jan. 26–Feb. 16
Four sessions
Instructor: Morris Kaplan
Using a very helpful textbook and specially curated YouTube videos, the instructor teaches Spanish in a fun, interactive, and very effective way. This class will focus on basic grammar and will teach students to say complete sentences and ask questions in the present tense and more. No homework or tests. Just sit back, listen, and participate with fellow classmates as the class does exercises and speaks in Spanish with each other. It’s an easy way to learn how to speak the second most spoken language in America. Learning a foreign language has also been shown to delay or reduce the onset of dementia.

Morris Kaplan is an attorney who, followed by a distinguished career in nursing home and dementia care, now spends his retirement providing pro bono legal representation to victims of domestic abuse. He also teaches Spanish by Zoom to OLLI programs at Stony Brook, Emory, John Hopkins, Duke and George Mason.

F502Z Latin: Level 4
Thursdays, 2:15–3:40, Jan. 26–Feb. 16
Four sessions
Instructor: Alana Lukes
Class limit: 16
This continuing course is for Latin students with knowledge of indicative and subjunctive verb tenses as well as the five noun declensions. The instructor takes a modern reading approach to learning this ancient language. The course explores Latin grammar, vocabulary, mythology and ancient Roman culture in first century CE Rome. Students will look at the time of Emperor Domitian as well as Roman authors such as Pliny and Martial. Class meetings will use the *Cambridge Latin Course, Unit Four, North American Fourth Edition* as the required text, as well as adapted texts from other instructor-provided sources.

Alana Lukes, an OLLI member, has taught Latin for over 25 years at the middle school, high school, and college levels. She has also taught 11 years at OLLI.

F601Z Seeing Bible Stories Through a Theatrical Lens
Mondays, 2:15–3:40, Jan. 23–Feb. 6
Three sessions
Instructor: Stephen Ruth
Some may remember the famous movie portrayals of Samson by Victor Mature and Moses by Charlton Heston, thrilling stories from the Bible transferred to the silver screen. This course will cover dozens of stories that didn’t quite make it for full Hollywood treatment, yet are so thrilling and poignant that they deserve box office status. Achsah, daughter of Caleb, at great personal risk, boldly demanded a better dowry—and got it. Elijah, all alone against the 450 priests of Baal, in a stunning moment, won his bet in a thunderous winner-take-all scene. In Acts, Paul works an amazing miracle in Malta. In a death-defying moment Queen Esther risks everything as she challenges the evil Haman. Nearing the end of his life, King David is warned that his son Adonijah has already superseded him as king—can he turn things around? In Judges, the great Deborah sees her people about to be conquered. What can a woman
do? Hollywood likes happy endings, and, surprisingly, the Book of Job ends joyfully. And there are so many more lesser-known but fascinating accounts like this in the Old Testament and the New Testament, each fully capable of entertaining theater audiences today. Several Jesus stories will also be included, of course, ones that have particularly powerful cinematic values. If you have an interest in the Bible and also like movies, this course may be for you. There will be plenty of discussion, and everyone is encouraged to bring his or her own examples for the class to discuss.

Stephen Ruth is a professor of Public Policy at Mason, specializing in technology issues associated with globalization and is director of the International Center for Applied Studies in Information Technology, a grant-supported research center. His book, One Year Trip through the Bible: A Layman’s Fresh View of the Complete Old and New Testaments, examines 73 books of the Hebrew Tanakh and the New Testament.

F602Z The Gospel of John: Changing the Focus of Christianity...Forever
Tuesdays, 9:40–11:05, Jan. 24–Feb. 14
Four sessions
Instructor: John Rybicki
The “Gospel according to John” is the last of the written canonical Gospels. It emerges from the Johannine Community, outside the mainstream of the developing church, and is significantly different in its presentation of Jesus than the Synoptic Gospels (Mark, Matthew, Luke). The Gospel of John presents Jesus as a cosmic, pre-existent Divine figure sent to redeem the world. Christological claims far exceed those of any other Gospel. Its ecclesiological critique rejects the clerical hierarchy, sacramentalism and sacerdotalism then developing within the church. Its claims include the idea that the Kingdom of God is in fact already present with believers and that the Parousia, long awaited, has been realized in the functioning of the Holy Spirit, the Paraclete, within the believing community. Eventually, the Johannine Community would vanish but some of its ideas would be accepted by the emerging church while others would not. This course will explore these issues.

John Rybicki has been an OLLI contributor for over 20 years. He received a Master of Theology degree from St. John of Damascus Institute of Theology, Balamand University. He served as a pastoral associate at the Riderwood Retirement Community in Maryland where he was responsible for religious education and facilitating Jewish-Christian dialogue.

F603Z The Role of Religion in Advancing Human Civilization
Tuesdays, 11:50–1:15, Jan. 24–Feb. 7
Three sessions
Instructor: Vera Breton
The Baha’i faith’s explanation of the role of religion in human progress provides an illuminating new perspective. It attributes mankind’s spiritual and material advancement to the progressive revelation of divine teachings. In this view of history, human civilization advances as it is influenced by each revealed religion. According to Baha’i teachings, their spiritual power and the applicability of some of their rules eventually fade, and a new revelation with new teachings is required to provide humanity with historically specific guidance and a renewed spiritual impulse to the civilizing process. The Baha’i faith teaches that the world is currently at a time of transition as it is being propelled towards a global civilization that will require humanity to make profound changes in its insular thinking and behavior. This course elaborates on this process and presents key Baha’i teachings designed to assist humanity through this pivotal age of transition.

Vera Breton is a Baha’i and a trained facilitator in the Baha’i Ruhi Institute. She is a former teacher in the Fairfax County Department of Family Services. She has an MS in International Health from Johns Hopkins University and a JD from the Pontificia Bolivariana University in Medellin, Colombia.

F604Z Exploring Three Biblical Narratives
Three sessions
Instructor: Steve Goldman
• Reaching for Perfected Love: We often use the term “love” to describe feelings about a wide range of disparate things. We often say that we “love” baseball, our family, beach vacations, ice cream, and so on. In this session, the class will explore what the Bible says about the meaning of love and how it often differs with many common understandings.

• The Resurrection of the Dead: The Hebrew Scriptures and New Testament speak of the resurrection of the dead and a day of judgment. But do all the different writers concur regarding when and how it occurs and what it means? In this session, we will examine this critical matter, which is often a source of controversy and disagreement among those who consider the Bible a sacred text.


Steven C. Goldman is the chair of OLLI’s Religious Studies Program Planning Group and has taught numerous courses on alternative understandings of biblical doctrine.

L605Z Destroyer of the Gods: Christianity’s Unlikely Triumph in Ancient Rome
Mondays, 9:40–11:05, Jan. 23—Feb. 13
Four sessions
Instructor: Jack Dalby
Christianity’s astounding success in the ancient Roman world was not preordained. Far from it. In this academic based, four-part class, we will examine the many reasons, large and small, that Christianity grew from a tiny group of apocalyptic Jews in the year 30CE, to being proclaimed the official religion of the Roman Empire in 380CE. Topics for discussion will include the historical Jesus, the ministry of St. Paul, why Christianity separated from Judaism, the Roman view of Christianity, early Christian worship, Roman persecution of Christians, the importance of martyrdom, the belief in Christian miracles, the variety of Christianities, Constantine’s conversion, the Council of Nicaea, and more.
F651Z Disrupting Poverty Through Schools  
Mondays, 9:40–11:05, Jan. 23–Feb. 13  
Four sessions  
Instructor: Vera Blake  
This class will explore best educational options to impact and disrupt poverty in America's communities through public education. It will focus on several possibilities that can be effective in making meaningful improvement, and the class will examine ongoing and emerging issues and trends that affect education and that promote the numerous complexities of poverty. The instructor will then review how the historical, ethical, and sociological foundations of American education have had roles in impacting poverty.

Vera J. Blake, PhD, is an international consultant, a leadership coach, and professional developer for school improvement. She has also served as adjunct professor at the University of Virginia, George Mason University, Virginia Tech, and the University of the District of Columbia. She is a retired high school and middle school principal from Fairfax County, with a Master's degree from the University of Virginia and an EdD from Vanderbilt University. Dr. Blake is the co-author and author of several articles and books and was a Virginia Middle School Principal of the Year, Fairfax County Principal of the Year, and Washington Post Distinguished Educational Leader.

F652Z Understanding Global Challenges in the 21st Century: Appraising Possible Outcomes and Devising Strategies for Advocacy and Action  
Mondays, 11:50–1:15, Jan. 23–Feb. 13  
Four sessions  
Instructors: Cynthia Miller, Irene Harwarth  
This course is based on the initial material from the American Association of State Colleges and Universities, updating it and examining worldwide trends of key global challenges in seven important areas: Population, Natural Resources, Technology, Information, Economic Integration, Conflict and Security, and Governance. The purpose of this course is to enhance knowledge of these vital topics and encourage participants to become citizen leaders. The class will examine ongoing and emerging issues and trends that affect education and that promote the numerous complexities of poverty. The instructor will then review how the historical, ethical, and sociological foundations of American education have had roles in impacting poverty.

Cynthia Miller earned her PhD in Educational Leadership at the University of North Texas. She has worked for local and federal government, taught for several universities (in education, research, political science and criminal justice) and has over 25 years of research and grants experience.

Irene Baden Harwarth earned her PhD in Public Administration from The George Washington University. She worked in the federal government in Washington, D.C. for close to 30 years. Her work included the development of research projects and technical assistance centers in higher education policy.

F653Z What Now? Exploring Aging Well  
Tuesdays, 11:50–1:15, Jan. 24–Feb. 14  
Four sessions  
Instructor: Beth Davis  
We each get to define aging well for ourselves. In late adulthood, the life stage beginning around age 65, we are given multiple opportunities to refresh goals and dreams and reflect on what is important to us. More flexible schedules allow for travel, volunteering, leisure activities, and continued learning. Unfortunately, losses of health or mental abilities, deaths of friends and loved ones, and other challenges are also an integral part of late adulthood. Researchers have a variety of terms and definitions for aging well, including: successful aging, optimal aging, meaningful aging, and purposeful aging. The class will examine some current research to ground the discussions. Then participants will explore some practical tools to help write the next chapter, filled with turning dreams to reality and coping with losses. Expect some short reading assignments and be prepared to participate in class discussion both as a whole and in breakout rooms.

Beth Davis, an OLLI member, is an executive coach trained by the Mason Leadership Coaching for Organizational Well-being. She holds a professional certified coach certification from the International Coaching Federation. Her goal is to equip and empower people to step confidently into change.

F654Z Red, White, and Your View: How Your Level of Education Affects Your Vote  
Thursdays, 9:40–11:05, Jan. 26–Feb. 9  
Three sessions  
Instructors: Irene Harwarth, Cynthia Miller  
This course will explore current definitions of education levels used by the media and pollsters when examining the possible impact of education on voting behavior. Throughout the course we will explore questions such as the following: What do we know about education levels and voting preferences? What have we learned about voting and education levels from recent presidential elections with an emphasis on analyzing the "college-educated voter"? Are pollsters defining college-educated voters correctly? Is there a significant difference between high school graduates and those who attended some college, and four-year college graduates when it comes to voting preferences? Throughout the classes the instructors will present their research and will also ask participants to provide their own ideas for further study. They hope at the end of the course that participants will be aware of the complexity of analyzing educational background and voter behavior.

Irene Baden Harwarth earned her PhD in Public Administration from The George Washington University. She worked in the federal government in Washington, D.C. for close to 30 years. Her work included the development of research projects and technical assistance centers in higher education policy.
Cynthia Miller earned her MS in Public Administration from Mercyhurst College and her PhD in Educational Leadership from the University of North Texas. She has experience in evaluation of educational programs, conducting mixed methods research, and teaching classes in political science.

**F655Z Discussing Kindness and Respect**  
**Wednesday, 2:15–3:40, Feb. 8**  
**One session**  
**Instructor: Jerry Markowitz**

This course is a discussion group focusing on: Why are kindness and respect important values, and how do we recognize them? In what ways does it seem, over the last decade or two, that our world is slowly moving away from kindness and respect? How can we improve our own kindness and respect? What more can we share with our children and grandchildren? Participants should bring their own “ready for discussion” stories and lessons-learned to add to our class conversation.

Jerry Markowitz worked over 30 years in education and training. Since retirement, he earned an interdisciplinary Master’s Degree in Religion, Culture and Values from George Mason University.

Jerry continues teaching at OLLI, and he is the author of *Exploring Kindness and Respect: Poems*. Visit his website at:  
www.jerroldmarkowitz.com

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**700 Current Events**  
**Program Planning Group Chairs:** Camille Hodges, Peg O’Brien

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**F701Z When Great Power Competition Becomes Great Power Conflict**  
**Friday, 1:00–2:30, Jan. 27**  
**One session**  
**Instructor: John Miller**  
**Coordinator: Sally Burdick**

For most of the past decade, U.S. strategists have acknowledged the ongoing Great Power Competition (GPC) between China, Russia, and America. The Russian full-scale invasion of Ukraine in early 2022 changed part of the competition into conflict, with the U.S. and its allies supporting Ukraine, and Russia and its allies supporting the overthrow of Ukraine’s democratically elected government. The inelegant departure of the U.S. and NATO from Afghanistan in the summer of 2021, combined with what some describe as a less than full throated effort to deter Russia from invasion, has changed the way all three nations involved in GPC view potential challenges and opportunities. This course will discuss the history of GPC, how the Russian invasion of Ukraine has changed its nature, and how China might view Russian actions as an opportunity to forcibly take Taiwan.

Vice Admiral (Ret) **John Miller** is a former commander of the U.S. Fifth Fleet and U.S. Naval Forces Central Command, an intermittent faculty member with the U.S. Naval War College, and defense consultant in the National Capital Region.

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**F702Z The Iditarod: The Last Great Race**  
**Wednesday, 2:15–3:40, Feb. 15**  
**One session**  
**Instructor: Dorothy Cunningham**

An exciting time—the 51st running of the Iditarod! The instructor will discuss the running of the Iditarod, which is 1,046 miles over mountains and dangerous, hazardous terrain with the best-conditioned athletes. These beautiful, well-trained dogs comprise a team led by a musher (driver). The Iditarod is a fascinating event. The class will learn about the unique participants, rules, training of the dogs, veterinary care, and the responsibilities of the musher. The dogs’ desire to run and to please and protect their musher makes this race a truly fascinating event. You, too, can follow the race, mushers, and their dogs—cheer on the teams, and witness the dedication of these incredible animals!

**Dorothy Cunningham** holds a BA in English from the University of Rhode Island and has taught in both public and private schools for over 35 years. The Iditarod has been a favorite topic among her students and their parents. After trips to Alaska for teachers’ conferences where she witnessed the start of the Iditarod, she made friends with the mushers and veterinarians, and she wishes to share her love of the dogs and the race.

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**L703Z Topics Roundtable**  
**Four sessions**  
**Instructors: Robert Cather, Cathy Faraj**  
**Class limit: 20**

The course’s weekly gatherings reflect recent articles and placements on cable channels and in print in *The Washington Post*, *The New York Times*, *The Economist*, and on the *BBC* website. Topics for discussion will not be limited to current events, but will often include new discoveries of the events of history and will be a potpourri of history, both recent and ancient.

**Robert Cather** is a retired retail executive who worked within the branches and buying offices of two prominent metro New York City department stores.
Cathy Faraj has been a member of this group for many years. She is a retired Fairfax County teacher who enjoys discussing with others interesting topics that keep our minds active!

R704Z All the News That’s Fit to Print
Thursdays, 11:50–1:15, Jan. 26–Feb. 16
Four sessions
Instructors: Zachary Teich, Dick Kennedy
All the News That’s Fit to Print meets online to discuss current affairs issues in a friendly and collegial manner. Moderators Zach Teich and Dick Kennedy provide a topic list drawn from the week’s news and serve as ‘traffic cop’ for the freewheeling discussion. All opinions are welcome; the only rules are to be courteous and to allow the moderator to call on those who raise their hands to speak.

Zachary Teich has a BA in Political Science from University of South Florida, a Master’s of Science in Foreign Service from Georgetown, and an MS in Strategic Studies from the Marine Corps War College. He was a State Department Foreign Service Officer 1979–2006 and a negotiator at State’s Nonproliferation and Disarmament Fund 2006–2012.

Dick Kennedy, an OLLI member, is a retiree from the senior executive service at the Department of Housing and Urban Development. He enjoys analyzing the news from multiple sources and engaging in good discussions with colleagues.

F705Z The Only Way to End the Risk of Nuclear War
Wednesday, 2:15–3:40, Feb. 1
One session
Instructor: Robert Ehrlich
Coordinator: Doris Bloch
100 seconds to midnight is the current setting of the “doomsday clock,” which shows how close we now are to nuclear war—closer than we have ever been. This talk is from an instructor who has studied the nuclear issue for years, and who believes there is only one way we can avoid nuclear war.

Robert Ehrlich has a PhD in physics from Columbia University (1964), where he participated in the Nobel prize-winning muon neutrino experiment. From 1977 until his retirement in 2013, he was professor of physics at George Mason University, having served 15 years as department chair.

F801Z 3D Printing: Its Evolution from Fad to Life Changing Applications
Thursdays, 11:50–1:15, Jan. 26–Feb. 16
Four sessions
Instructor: John Acton
This is an update of the instructor’s original presentation in 2016 that asked whether 3D printing was just another passing technological fad or if it could be the beginning of an exciting new technology that would change the way we live. In this update, the instructor will briefly review the humble origins of 3D printing, its early applications in prototyping and manufacturing, and how the technology rapidly evolved. The emphasis will be on where the technology and applications have evolved since the original presentation, and how it has expanded into a seemingly limitless range of applications—the diversity of which will surely amaze us all.

John Acton has been an OLLI member for over ten years and was the chair of the Science, Technology, and Health program planning group for half that time. He has a BS in Electrical Engineering and an MS in Engineering Management of Technology. He spent 20 years in the U.S. Air Force, applying advanced sensor technologies to critical national security missions, and afterwards, spent 24 years as a contractor supporting a variety of defense and intelligence agencies.
F803Z The Impact of Zoom on OLLIs
Wednesday, 2:15–3:40, Feb. 1
One session
Instructor: Jennifer Disano
Learn the ups and downs, ins and outs of Zoom adaptation among Osher Lifelong Learning Institutes around the country. Explore innovations and collaborations of Zoom implementation and where we go from here.

Jennifer Disano is the executive director of OLLI Mason.

F804Z The Metaverse and Intellectual Property: From Snow Crash to Cash?
Wednesday, 2:15–3:40, Feb. 8
One session
Instructor: Raymond Van Dyke
The coming Metaverse offers a pandora’s box of opportunities for marketers. Large and small companies and corporations are staking out their claims in this new marketplace, establishing commercial beach heads in the upcoming struggle within this abstract domain. Intense patenting and trademarking efforts are now being made to obtain exclusivities. Facebook, Microsoft, Wal-Mart and many others are patenting, and countless brand companies are advertising their wares. Copyright and other issues are also involved. This talk will overview the current efforts to colonize and control this New World.

Raymond Van Dyke is an intellectual property practitioner and educator. He chairs a number of IP and technology groups and represents clients in their dealings with the USPTO and courts in the U.S. and Europe. His clientele are domestic and international and cover a range of technologies. He welcomes your questions: ray@vandykeiplaw.com.

F805Z Being Present: The Study and Practice of Meditation and Mindfulness
Thursdays, 9:40–11:05, Feb. 9–Feb. 16
Two sessions
Instructor: David Connell
This class will be both informational and interactive. We will start the class with several definitions including the terms mind, self/ego, meditation, and mindfulness. We will also practice and discuss several meditation and mindfulness techniques including meditation, guided meditation, deep breathing, body scan and mindful eating. The fundamental message of this course is that we already possess all the tools to resolve conflict and create peace within ourselves.

David Connell has taught stress management, meditation and mindfulness to students at Sidwell Friends School, inmates at the Arlington County Jail, and in other nonprofit settings for over twenty years. He has had a daily meditation and mindfulness practice for the past twenty-five years.
How does it affect our everyday life? Many of you use radar and may not know it. In this presentation, the class will learn about the basics of radar and how it impacts your lives.

• The SR-71 Blackbird, the World’s Fastest Jet. Why is it so fast? The Lockheed SR-71 Blackbird reconnaissance aircraft is today the fastest jet in the world. It reaches speeds of more than 2,300 miles per hour, Mach 3.3, while flying more than 10,000 miles, spying on our adversaries. Learn why the SR-71 must fly that fast. The focus of this presentation is on the unique propulsion system that allows it to fly at these supersonic speeds. Also included is an introduction to jet engines.

Bruce Cranford lectures on space, aviation, and energy issues for Montgomery County, Maryland Oasis, Montgomery College Lifelong Learning Institute, and the Rockville Science Center Science Café. He is a fellow of the American Institute of Chemical Engineers and is a docent at the Smithsonian National Air and Space Museum, at both the National Mall and Udvar-Hazy locations. Cranford is an aerospace engineer and retired from the U.S. Department of Energy as a senior program manager for energy conservation and renewable energy.

F809Z Physical Activity for Older People
Wednesday, 2:15–3:40, Jan. 25
One session
Instructor: Melissa Long
The instructor will discuss the benefits of physical activity, how to become more active, physical activity recommendations for older adults (65+), and daily living equipment and technology that can help with getting more active.

Melissa Long is a graduate of the University of Southern Maine with a B.S. in Therapeutic Recreation and Leisure Studies and a minor in Health Studies. Melissa is a certified recreational therapist, certified dementia practitioner, and a Licensed BCAT® practitioner.

Moved? Change in Status?
Update Your Profile Information
Log onto the member portal, click “my profile” (on the green tool bar), and edit your information.
Save your changes by clicking “Submit.”

Need help?
Contact the OLLI registrar: ollireg@gmu.edu

Other Topics

Moved? Change in Status?
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Save your changes by clicking “Submit.”

Need help?
Contact the OLLI registrar: ollireg@gmu.edu

900 Other Topics

F901Z Volunteer Driving: A Tool for Aging in Place
Friday, 1:00–2:30, Feb. 3
One session
Instructor: Emily Braley
The AARP reports that 90% of adults want to age in place—that is to grow old in their home community and house. However, once seniors no longer drive, this isn’t always possible. There are limited public transportation options, and accessibility can be a barrier for older adults. Learn how volunteer driving programs and the village movement can help you and your neighbors age in place and make your neighborhood aging friendly. This course will discuss what volunteer driving programs do, how you can help or start one, data/trends in this domain, and tools to start a program like this in your neighborhood.

Emily Braley is an RN and the manager of NV Rides. Emily began managing NV Rides in November of 2021. Prior to this, Emily worked for California Medicaid in case management and managed a rare disease (sarciodosis) program at Stanford. Emily loves sharing the joy and connection of volunteer driving!

Between Term Events

1201Z Gentle Stretch
Wednesdays, 8:30–9:20, Feb. 22–Mar. 22
Note dates and time
Five sessions
Instructor: Paulette Rainie
Coordinator: Bonnie Nelson
Come and learn simple moves you can do every day to help keep you mobile and flexible. Learn how small changes can make a big difference to your musculoskeletal well-being. Participants should have a mat (or a comfortable way to be on the ground) and a strap (yoga strap, dog leash, long towel will do).

Paulette Rainie has taught exercise classes at various Northern Virginia fitness centers since the early 1990s. She has been a physical therapist assistant with INOVA since 2002.

Volunteer! It’s Your OLLI!

Did you know that OLLI is run by member-volunteers? Courses, clubs, special events, social activities, publications, and classroom services—all are developed by members like you. OLLI simply would not exist without the dedication of our wonderful member-volunteers. Volunteering at OLLI is not only rewarding, it can also be life-altering for many members. Make new friends, build community, develop new skills, and shape the future of OLLI! Don’t wait to be asked; OLLI is always on the lookout for help. To learn more about volunteer opportunities, visit the “Our Organization” page on the OLLI website (olli.gmu.edu/our-organization/), contact us today: volli@gmu.edu, or leave a message at (703) 503-3384 (OLLI office). Thank you for your service!
We thank the donors who have so generously given to the Friends of OLLI campaign. From January through December of 2021, 259 Friends of OLLI donated $51,106.53. As a donor, you are well aware that OLLI programs require funding over and above that provided by George Mason University in order to accommodate equipment updates, literary journals, outreach, landscape beautification, scholarships for Mason students and more. OLLI couldn’t function so well without your dedication and support. As we look back at our 30th anniversary year in 2021, we gratefully acknowledge the donors listed below:

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<th>Special Contributors</th>
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*Includes donation for $30 for the 30th campaign
Clubs

- **Register for clubs and ongoing activities each term.** Registration allows OLLI to maintain current club rosters and ensures that you will receive emails about your club's activities and events.
- Zoom links for club meetings will begin on the 1st day of each membership term (Jan. 1, Mar. 1, Jun. 1, Sept. 1)
- All club registrations are **Add to Cart.** Please remember to check out your cart after you register for a club and before you exit the portal.

**All the News That's Fit to Print Club**

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<tr>
<th>Thursdays</th>
<th>11:50–1:15, Jan. 1–22, Feb. 18–28</th>
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<tr>
<td>Zoom</td>
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<td>Club limit: 40</td>
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<tr>
<td>Moderators:</td>
<td>Zach Teich <a href="mailto:zacharyteich@hotmail.com">zacharyteich@hotmail.com</a>  Dick Kennedy <a href="mailto:minicrk@comcast.net">minicrk@comcast.net</a></td>
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All the News That's Fit to Print meets online to discuss current affairs issues in a friendly and collegial manner. Moderators Zach Teich and Dick Kennedy provide a topic list drawn from the week’s news and serve as ‘traffic cop’ for the freewheeling discussion. All opinions are welcome; the only rules are to be courteous and to allow the moderator to call on those who raise their hands to speak.

**Annex Art Club**

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<tr>
<th>Tuesdays-between terms</th>
<th>9:30–12:00 noon, Jan. 3, Jan. 10, Jan. 17, Feb. 21, Feb. 28</th>
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<tr>
<td>Zoom</td>
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<tr>
<td>Coordinator: Linda Gersten <a href="mailto:snlgersten@gmail.com">snlgersten@gmail.com</a></td>
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Looking to dust off your artistic skills? Come join other like-minded OLLI members to share your work and conversation. While not an instructive class, all artists, whether you use pencil, ink, pastels, charcoal, or paint, are welcome to come and work on your own compositions. The group consists of OLLI members at all skill levels and we try to be supportive by sharing tips and suggestions. Join us!

**Bridge Club**

(no meetings winter term)

| Coordinator: Carol Egan carol.f.egan@gmail.com or 703-501-2129 |

Players of all skill levels are welcome. Skill levels of players vary from beginner to average. Partnerships are rotated every four hands. The Bridge Club meets in the morning between terms and in the summer, and in the afternoon during the other terms. For details on the club’s rules and bidding system, see its web page on the OLLI website. Popular on-line bridge play sites include www.bridgebase.com (BridgeBaseOnline); and www.trickstercards.com (Trickster Bridge). Sign up for the club via the member portal in order to receive any updates to our schedule.

**Classic Literature Club**

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<th>Fridays-in term</th>
<th>11:00–12:30, Jan. 23–Feb. 17</th>
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<tr>
<td>Coordinator:</td>
<td>r <a href="mailto:vzener35@gmail.com">vzener35@gmail.com</a> or 703-888-1034</td>
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This club was formed to read and discuss classic works of world literature, frequently with the help of recorded lectures where available. Members choose the works to be discussed. In the past we have read works such as Melville’s *Moby Dick*, Woolf’s *Mrs. Dalloway*, Faulkner’s *Absalom Absalom*, Morrison’s *Beloved*, Ellison’s *Invisible Man*, and short stories of John Updike and Flannery O’Connor.

**Cooking Club**

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<th>Second Friday of the Month</th>
<th>11:30–1:00, Jan. 13, Feb. 10</th>
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<tr>
<td>Coordinator: Ute Christoph-Hill <a href="mailto:uterchill@gmail.com">uterchill@gmail.com</a></td>
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This club is for OLLI members who enjoy preparing food and sharing homemade dishes in a small group setting. If this appeals to you, please contact Ute Christoph-Hill for more information. Sign up for the club via the member portal in order to receive information on our schedule.

**Craft and Conversation Group**

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<td>Coordinator: Doris Bloch <a href="mailto:dbloch50@hotmail.com">dbloch50@hotmail.com</a>  Janet Porter <a href="mailto:jlporter1@gmail.com">jlporter1@gmail.com</a></td>
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We meet to work on our craft projects and to share product sources, expertise, and inspiration. Our ongoing conversations encourage camaraderie, and a group setting motivates us to progress with our current projects. Interested OLLI members are invited to join us any time to see what we are creating. All crafts are welcomed! For more information, check out the Craft and Conversation blog on OLLI’s website or contact Doris Bloch or Janet Porter.

**Dirty Knee Club**

| As possible during term; watch your email for updates; watch E-news for announcements |
| Fairfax |
| Coordinates: Sigrid Carlson bisig@cox.net  Sally Berman skberman77@gmail.com |

The OLLI Landscaping Committee, fondly known as the Dirty Knee Club, creates, plants, and maintains the gardens.
at Tallwood. Gardening expertise is not required, but a willingness to get dirty knees is! Meetings and group work sessions will be set up on an as needed basis. From late spring to early fall, DKC members partner with another member to water, weed, and maintain the gardens during the growing season (each two-member team is assigned one week about every 4-5 weeks).

**Ethnic Eats Club**

*Virtual dinner meeting on Zoom*
6:00–7:30, Jan. 11, Feb. 8
In person luncheons every 4-6 weeks, dates TBD
Coordinator:
Leti Labell  
leti@verizon.net

Do you love to eat? Are you interested in learning about foods from other cultures? Then this is the club for you. Northern Virginia has an abundance of ethnic restaurants. We will continue to have virtual dinner parties, where we each order takeout ethnic food from a nearby restaurant, for as long as members are interested. In addition, we have returned to in person luncheons at local ethnic eateries. If this sounds like your cup of tea (or chai or té or thé), contact Leti Labell.

**History Club**

*First Wednesday of the month*
4:00–5:30, Feb. 1
Zoom
Coordinator:
Beth Lambert  
elizabethlambert7@gmail.com

We welcome all OLLI members who are interested in discussing historical events or sharing reviews of articles and books. Our meetings feature speakers who give presentations on a variety of historical subjects, ranging from early American and European history to the present. There is always time for questions and spirited discussions. For more information about the History Club, contact Beth Lambert.

**Homer, etc.**

*Fridays*
11:00-12:30, Jan. 1–Feb. 28
Zoom
Coordinator:
Jan Bohall  
jpbo20@aol.com  
or 703-273-1146

Join us to read aloud a traditional or contemporary classic. Our small group will have finished *The Lais of Marie de France* and in winter will be reading *One Hundred Years of Solitude* by Gabriel Garcia Marquez. Drop in online on any Friday morning; new members are always welcome.

**Mah Jongg Club**

*Wednesdays-in term:*
4:00–6:00, Jan. 25, Feb. 1–15
*Wednesdays-out of term*
10:00–12:00, Jan. 4–18, Feb. 22
Zoom
Coordinator:
Debby Mossburg  
debby.mossburg@verizon.net

Please come join us to socialize and play some friendly games of Mah Jongg, no matter what your level of experience. Not only does Mah Jongg sharpen memory, concentration, and decision-making skills, this engaging game of strategy and luck is an excellent source of camaraderie and fun. For more information about the club, the game, and/or how to sign up for the on-line platform we use to play during our online sessions, contact the club coordinator, Debby Mossburg.

**Memoir–and More–Writing Group**

*Biweekly on Wednesdays-in and out of term*
2:00-4:30, Jan. 11, Jan. 25, Feb. 8, Feb. 22
Zoom
Coordinator:
Carolyn F. Wyatt  
cfwyatt@verizon.net
Margie Wildblood  
mwildblood@gmail.com

Limit: 10

We meet every other week during most of the year. In addition to memoir, we write fiction, poetry, and personal essays. At our meetings we gently critique each other’s work with the aim of improving our writing skills. Writing groups need to be small, so we regretfully have to limit numbers. Please contact Carolyn to learn if space is available.

**OLLI Walk & Talk Club**

*Weekly/Biweekly*
*Between 8:00–Noon*
Fairfax County trails and neighborhoods
Coordinator:
Marilyn Harriman  
mlwharriman74@gmail.com
Bob Heyer  
rheyer@verizon.net

The club objectives are to meet new and old friends and talk along the way while exploring new and familiar trails. Fairfax County has many interesting park trails and neighborhoods that we will experience. Club walks generally start between 8 to 10 AM on weekdays for 45 minutes to 1 hour weekly/ biweekly to accommodate members making their next OLLI classes. Come walk or lead a walk around Fairfax trails and neighborhoods! Time permitting, we will take in lunch afterward. Walks will be contingent on weather and trail conditions during the winter months. Sign up to receive information on our schedule.
**Personal Computer User Group**  
*Third Saturday of the month*
*1:00–3:30, Jan. 21, Feb. 18 *
*Zoom*

**Coordinators:**  
Bob Heyer, rheyer@verizon.net  
Letti Labell, leti@verizon.net

In partnership with the Potomac Area Technology and Computer Society (PATACS), the OLLI PC User Group (OPCUG) focuses on Windows and Mac computers and software for enhancing our lives. Members and presenters also discuss smartphone and tablet apps across Android and iDevices, the Internet, ZOOM and other classroom software, digital photography, related technology, and open-source software. Our aim is to bring broad expertise about technology and topics of interest to attendees.  
PC clinics for members are offered twice yearly. Our target audience encompasses all computer users, from complete beginners to intermediate amateurs to experts. Our motto is “users helping users.” Club dues (currently $5 per year) are payable at the first meeting attended in each calendar year. Dues-paying members can attend monthly sessions or view monthly sessions online via the Zoom cloud meeting service, on a variety of devices from home, or anywhere with an internet connection. More details are available on the group’s website: http://olligmu.org/opcug/index.html.

**Photography Club**  
*Second Fridays*
*9:30-11:30, Jan. 13, Feb. 10*

*Fourth Fridays*
*12:00–2:00, Jan. 27, Feb. 24*

**Zoom**

**Coordinators:**  
John Olsen, jgolsen12@gmail.com  
Ed Marion, edwardmarion5102@gmail.com

Meet with enthusiasts and others interested in photography and develop skills by participating in theme-based monthly photo submissions. The Photography Club welcomes all members, regardless of skill level or your phone/camera choice. We discuss both the technology of photography and the artistic aspect of visual design. We usually have guest speakers on the second Friday of each month, and on the fourth Friday of each month we hold discussions covering specific topics in detail. We also regularly plan field trips in the local area, often on the third Friday of each month. Contact John Olsen or Ed Marion for further information.

**Poetry Reading Club**
*Generally every other Monday-between terms*
*11:00–12:30, Jan. 2, Jan. 16, Feb. 20*

**Zoom**

**Coordinator:**
Susan Rexroad, susan@susanrexroad.com

**Limit:** 20

The Poetry Reading Club provides the opportunity for members to read the works of a favorite poet and to learn about poems of interest to fellow club members. Bring a poem to read that intrigues you. We’ll discuss why and how these poems engage or even elude us.

**Poetry Writing Club**
*Meets sporadically*
*11:00-12:30, Jan. 9, Feb. 27*

**Zoom**

**Coordinators:**  
Susan Rexroad, susan@susanrexroad.com  
Margie Wildblood, mwildblood@gmail.com

**Limit:** 12

Poetry Writing Club is a club based on the OLLI course “So You Wanna Write Poetry.” The club is jointly run by the participants. Each meeting a volunteer will make a brief presentation about a poet or subject written about in poetry, including reading a few pertinent poems. The rotating presenter will provide a couple of prompts related to their chosen topic for members to craft their own work to share during our time together. Contact the coordinators if you’re interested in being a presenter.

**Recorder Consort**
*Fridays*
*9:15–11:30, Jan. 6—Feb. 24*

**Zoom**

**Coordinator:**
Helen Ackerman, helenackerman@hotmail.com

If you have been part of the consort or have previously played the recorder and would like to expand your abilities, please join us on Fridays. We are currently practicing via Zoom. Sign up for the club via the member portal and we’ll email you with information on how to join our practices.

**Reston Book Club**
*Thursday, 4:00—5:30, Jan. 26*

**Zoom**

**Coordinators:**  
Karen Schneider, klschneider1428@gmail.com  
Joann Sokol, msjoso@cox.net

The Reston Book Club focuses on literary fiction, often major book prize winners or nominees and sometimes fiction in translation. The group will discuss the 1994 Booker Prize Winner, *Hotel Du Lac*, by Anita Brookner during the winter term meeting. This novel established Brookner’s international reputation. She tells the story of Edith Hope, who writes romance novels under a pseudonym. Edith ends up absorbed in the lives of her fellow guests and attracts an

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**Update Your Zoom!**

Zoom regularly provides updates to release new features and fix bugs. To receive the best video and audio experience, remember to check for updates.
Spanish Club
Second and fourth Wednesdays (in term)
1:45–3:15pm, Jan. 25, Feb. 8
First and third Tuesdays (out of term)
4:00pm - 5:30pm, Jan. 3, Jan. 17, Feb. 12
Zoom
Coordinator: Mark Ramage markramage@cox.net
This club is for anyone with some knowledge of Spanish (advanced beginner up through intermediate level), but not fluent. Since members have a wide range of backgrounds in Spanish, this is not a “Spanish only” club. Activities or presentations in Spanish are also presented in English, or translated to English as a group activity. Some typical activities might include reading through a short article as a group, practicing/reviewing some grammar topics, working on Spanish pronunciation, watching a Spanish language video (with English subtitles), and sharing information on websites or other resources useful for learning or improving your Spanish.

Tai Chi Club
Tuesdays, 4:30–5:30, Jan. 3–Feb. 28
Thursdays, 4:30–5:30, Jan. 5–Feb. 23
Saturdays, 10:30–11:30, Jan. 7–Feb. 25
Zoom
Coordinators: Russell Stone rstone@american.edu or 703-201-8536
Cathey Parker cweir@coloradocollege.edu or 703 455-5340
Bonnie Nelson bonniebowmannelson@gmail.com or 703-507-1055
The Tai Chi Club meets year-round and is open to all OLLI members. It is led by instructor Jerry Cheng, who started his martial arts training when he was six years old in China. He has studied under several famous Chinese martial arts masters and has taught Chen-style Tai Chi for many years. He won four gold medals at the 1997 Atlanta International Martial Arts Championship.

Tallwood Book Club
Second Friday of the month
2:30-4:00, Jan. 13, Feb. 10
Zoom
Coordinator: Betty Ellerbee ellerbetty@aol.com
Meetings will continue virtually until there is consensus for meeting in Tallwood classrooms. Please consult the OLLI E-news for updates on book selections.

The Investment Forum
Wednesdays-between terms
10:30–12:00, Jan. 1–22, Feb. 18–28
Zoom
Moderator: Al Smuzynski asmuzynski@verizon.net
This is a between term continuation of a weekly forum that addresses investment topics of particular interest to retirees.

Theater Lovers’ Group
Fourth Wednesdays during term
4:00-5:30, Jan. 25
Zoom Meetings and Theater Events
Coordinator: Norma Jean Reck njreck@cs.com
The Theater Lovers’ Group (TLG) provides OLLI members and our guests a variety of opportunities to attend both in-person and virtual theater performances year-round. We usually carpool and do matinees, followed by an optional dinner at a nearby restaurant. We attend various theaters in the Virginia-Maryland-D.C. metropolitan area as a group, thus benefitting from group rates. This fall, we are planning a trip to American Shakespeare Company’s Blackfriars Theater in Staunton, Virginia. Next July, we are planning to attend the Contemporary American Theater Festival in Shepherdstown, West Virginia. We also support George Mason’s School of Theater in-person performances and enjoy virtual theater programs developed by the Friends of Theater at Mason. TLG meetings are being held virtually the months OLLI is in session. Programs feature guest speakers from local theater groups, planning theater outings, or a social outing such as a luncheon. Member input is always welcome. TLG membership is open to all OLLI members. To sign up, just go online to the member portal or email the OLLI registrar at ollireg@gmu.edu. For more information, email njreck@cs.com and watch OLLI E-News for up-to-date TLG news and events.

What’s in the Daily News Club
Mondays
9:30-11:00, Jan. 2–Feb. 27
Zoom
Limit: 75
Moderators: Dorsey Chescavage dchescavage@cox.net Dick Crawford dick.crawford@me.com Ann Smith abcsmith@juno.com Al Smuzynski asmuzynski@verizon.net John Quinn skinsnats@gmail.com
This is a weekly forum for thoughtful, forthright and respectful exchange of information and opinions on current world, US, and regional news. Club participants bring to the table a wealth of knowledge and experience in international affairs, government, industry, education, the military and other areas. The discussion is always lively, and all participants have an equal opportunity to comment.
Two Types of OLLI Membership

Memberships at OLLI can be purchased at any time during the year and are renewed on a rolling basis.

- **Annual membership.** Register for unlimited courses and activities held at any OLLI Mason location for four consecutive terms. You will be eligible for a Mason ID card to receive certain university privileges and discounts (see p. ii). The renewal amount is $450.

- **Introductory membership.** Register for unlimited courses and activities held at any OLLI Mason location for just one term, one time only. An introductory membership is not available to former OLLI members; it is intended for new members who want to sample OLLI before committing to a full year. Introductory members are not eligible for a Mason ID card or its privileges. The one time introductory membership is $150.

The term date on your catalog mailing label reflects the end of your current membership. If it is time to renew, you must log into the member portal and purchase your membership renewal before you can view classes or register.

Payment Options

- **Online.** You may join or renew online at olli.gmu.edu. Click Join at the upper right corner of the home page. Credit card payment is required when joining/renewing online.

- **Hardcopy Registration Form.** Using the registration form to join or renew, payment can be made by check or credit card. If paying by check, submit a separate check for each unique expense (class fee, membership renewal, etc.) The form can be mailed to: Osher Lifelong Learning Institute, 4210 Roberts Rd, Fairfax, VA 22032. Do not fax.

- **Installments.** OLLI encourages members to pay in full at time of registration. However, OLLI offers a payment plan of monthly or quarterly installments by credit or debit card. Your application for the installment plan must be filled out completely, mailed to the address on the form, and approved each year before you can register for courses or activities. For security reasons, we cannot accept the form by email or fax. Installment applications are available on the OLLI website at https://olli.gmu.edu/installment-plan or under “Quick Links” in the “DOCSTORE”.

- **Financial Assistance.** OLLI offers financial assistance for members or prospective members who find it a hardship to pay the full membership fee. Email the registrar (ollireg@gmu.edu) to request an application. All inquiries are kept confidential.

Refunds

Members may only obtain a full refund of their membership fees by applying in writing to the executive director before the beginning of the third week of classes in the first term after enrollment or re-enrollment. We cannot honor proration or reimbursement requests after this deadline.

Prospective Members

Not ready to commit? Prospective members may experience OLLI by sampling one or more classes during any consecutive two weeks of a term, provided the course is not oversubscribed. Check with the registrar at ollireg@gmu.edu before attending a class.

REGISTRATION PROCESS

- **Online.** You may register for OLLI courses online at olli.gmu.edu. Click Sign In at the upper right hand corner of the home page.

- **Mail-In Registration Form.** You may also register for courses using the registration form. The form can be mailed to: Osher Lifelong Learning Institute, 4210 Roberts Rd, Fairfax, VA 22032. Act early to allow lag time in getting mail to the staff.

**Emailed registration forms will not be accepted.**
Membership and Registration, Continued

When to Register

Priority Registration Period
• Members are encouraged to register for courses and events as soon as registration opens (the registration start date is listed on the front and back cover of the catalog and on page ii). Requesting classes early after registration opens offers registrants the best chance to gain access to classes they most desire.

• When you register, you must click Request Class or Add to Cart. See the instructions below.

• To complete your registration, you must assign a priority to each course—the order of their importance to you. To prioritize classes or to see what you have requested, click Prioritize/Finalize on the left side toolbar of the member portal.

• Members are placed in courses based on the priority number they assign to their requests.

• If course enrollment reaches capacity, those who have designated that course as priority one will get in first, then the priority twos, and so on.

• In addition, a random number is assigned by the registration system to each course request. If all members of a priority group cannot be included in the course, those with the lower random numbers will be admitted into the course first. Therefore, requesting a course does not guarantee enrollment.

Making Changes to Your Registration (Add/Drop)
• You may add courses at any time online through the member portal.

• If you are unable to attend a course or event in which you are enrolled, please drop the course or event as soon as possible. You may drop courses by emailing ollireg@gmu.edu or by filling out the online form at: https://olligmu.augusoft.net/add_drop_form

• Watch for OLLI communications to sign up for courses with spaces still available.

Add to Cart vs. Request Class
• Request Class is the link you click when you are registering for a course. These require a priority assignment by you.

• Add to Cart is the link you click when you are registering for courses or events in which you are immediately enrolled or which are designated in the catalog as first-come, first-served. This includes all clubs. All Add to Cart courses and events are clearly indicated throughout the catalog with the following shopping cart icon: 

• If there is a fee associated with these offerings, they will also be clearly marked with a shopping cart followed by a dollar sign: $ Payment for these courses and special events with fees must be made at the time of registration.

• IMPORTANT NOTE: You are urged to register early for Add to Cart offerings. These popular offerings can fill up quickly, even as early as the first day of registration. Early registration will increase your chances for enrollment.

• Please remember to go to View Cart and Check Out to complete enrollment before logging off the member portal.

Ongoing Registration

Ongoing registration continues throughout the term. You may still register for courses and events, but you will be placed into courses on a space-available basis after the class assignment process has occurred (about 3 weeks before term).

Request Class vs. Add to Cart
• Request Class is the link you click when you are registering for a course. These require a priority assignment by you.

• Add to Cart is the link you click when you are registering for courses or events in which you are immediately enrolled or which are designated in the catalog as first-come, first-served. This includes all clubs. All Add to Cart courses and events are clearly indicated throughout the catalog with the following shopping cart icon: 

• If there is a fee associated with these offerings, they will also be clearly marked with a shopping cart followed by a dollar sign: $ Payment for these courses and special events with fees must be made at the time of registration.

Emails Confirming Class Enrollment and Payments
You will receive email confirmations for your enrollment in OLLI classes per below. If you want to see your enrollments thereafter, log in to the member portal (olligmu.augusoft.net) and click “current registrations.”

• Confirmation emails for Add to Cart classes will be sent immediately after checkout.

• Confirmation emails for Requested Classes will be sent once these classes are assigned (about 3 weeks before term). At that time, you will receive a series of emails, including notification of wait-listed courses.

• Read your confirmation notes carefully. They will include any updates to courses, including changes in times or dates.

• If you do not have an email address on file, the confirmation notes will be mailed to you.

• Event fees must be paid in full by all participants regardless of any special transit, food, or other arrangements. OLLI cannot guarantee a refund for courses or events once you have paid and are enrolled. As such, please consider carefully before signing up for offerings with fees.

Wait Lists
• OLLI does everything possible to maximize enrollment, including changing venues if necessary. If you do not make it into a course, you will be wait-listed based on the priority you assigned to the course.

• When someone drops a course, the OLLI office will call members on the wait list until the vacancy is filled. In most cases, the office will not leave a message.
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<th>TIME</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tr>
<td>9:40-11:05</td>
<td>F301Z John Smith Escapes (3)</td>
<td>F102Z Maurice de Sully (3)</td>
<td>R311Z American West (4)</td>
<td>F202Z Investing Potpouri (3)</td>
<td>F304Z Battle of Gettysburg (4)</td>
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<td>F302Z Treason in Season (2)</td>
<td>R412Z Literary Roundtable (4)</td>
<td>R412Z Literary Roundtable (4)</td>
<td>F704Z All the News that's Fit (4)</td>
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<td>F603Z Religion in Civilization (3)</td>
<td>R808Z Earth &amp; Space (4)</td>
<td>F801Z 3D Printing (4)</td>
<td>F901Z Power Competition (1)</td>
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<td>F652Z Global Challenges (4)</td>
<td>F653Z Aging Well (4)</td>
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<td>F601Z Bible Stories (3)</td>
<td>L703Z Topics Roundtable (4)</td>
<td>F809Z Physical Activity (1)</td>
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<td>9:40-11:05</td>
<td>F301Z John Smith Escapes (3)</td>
<td>F102Z Maurice de Sully (3)</td>
<td>F204Z Tax Prep Simplified (3)</td>
<td>F202Z Investing Potpouri (3)</td>
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<td>F809Z Physical Activity (1)</td>
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<td>L807Z Converse with a Nurse (4)</td>
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**Winter Term 2023 Combined Schedule**

Winter Term Courses are all Virtual Offerings

Number of sessions shown in parenthesis
OLLI Registration Form: Winter 2023

Mail completed form to: Osher Lifelong Learning Institute at George Mason University (write full name), 4210 Roberts Rd, Fairfax, VA 22032

☐ Check box if there are changes in your membership information since your last submission.

Membership Information:
Please print and fill in all spaces completely.
Dr. Mr. Mrs. Ms. (CIRCLE ONE) ___________________________  ___________________________  ___________________________
LAST NAME FIRST NAME MI
Alternate First Name for Your Nametag (if different from above) __________________________________________________________
Address _____________________________________________ _____________________________________________  ____________________
STREET CITY STATE ZIPCODE
Phone ________________  Cell ________________  Email ________________________________________
Emergency Contact ________________  Relationship ________________  Phone ________________
Preferred Member Portal User Name ___________________________  License Plate # ______________________
(for new members only)  6 OR MORE CHARACTERS
Highest Education Level ______________________________________
Mason Alumnus? ☐ Yes ☐ No

☐ Check box if you DO NOT want to appear in the directory.
☐ Check box if you DO NOT want to receive paper catalog mailings.

Home Campus: ☐ Fairfax (Tallwood) ☐ Reston ☐ Loudoun

Dues and Donations Information (Please check the appropriate boxes below)

☐ Annual Membership ($450) One year of unlimited courses at OLLI.
   (Offered to new, renewing, and previous members) $________
☐ Special Winter 2023 Promotional Fee ($300) One year of unlimited courses at OLLI.
   (Offered to those new to OLLI who have never been members, are returning after more than a year's hiatus, or were introductory members who haven't converted to an annual membership) $________
☐ Annual Membership Discount for George Mason University or Northern Virginia Public School Retirees ($150)
   (Offered to those who have never been an annual OLLI member) $________
☐ Introductory Membership ($150) One term of unlimited courses at OLLI.
   (Offered ONLY to new members, not renewing or previous members) $________
☐ Charitable Donation for Friends of OLLI
   ☐ Check if you want to be an anonymous donor. $________
☐ Purchase OLLI eGift Card (enter at right the value you want on card)
   ☐ Mail eGift Card code to recipient ☐ Email eGift Card code to recipient $________
   Recipient’s name, address, email: ____________________________________________

Total $________

By signing this form, I agree to all OLLI policies and procedures, and waive OLLI liability for any bus trip or off-site club activity in which I participate:

________________________________________
Signature

Payment Information:
☐ CHECK payable to Osher Lifelong Learning Institute  ☐ Installment plan agreement: see page 21 for information.
☐ eGift Card $_________ and Redemption code ________________________________
☐ I authorize OLLI to charge my Credit Card account listed below:
   ☐ VISA ☐ MASTERCARD ☐ DISCOVER ☐ AMERICAN EXPRESS
   Credit Card Number:________________________________________________________
   Expiration Date:________________________  CVV:________________________
   Billing Zip Code:________________________

How Did You Learn About OLLI?
☐ Cinema Arts Ad ☐ News Article
☐ Flyer ☐ Print Ad
☐ Friend ☐ Retirement Seminar
☐ Mason Marquee ☐ Social Media
☐ Other ____________________________

Expiration Date:_____________
CVV:_____________
Billing Zip Code:_____________

* Provide Class Selections on Reverse Side of Form **
### COURSES REQUIRING PRIORITIZATION
Please include the entire course number including the F, L, R, and/or Z. See page 22 “Request Class” for instructions.

<table>
<thead>
<tr>
<th>Priority Number</th>
<th>Course Number</th>
<th>Course Name</th>
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### CLUB ENROLLMENT
List the clubs in which you wish to enroll.
ADD TO CART

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Registration Instructions for All OLLI Offerings
Prioritize your selections for courses.
See page 22 “Add to Cart” for instructions.
OLLI Clubs
Join one of our many clubs! With over 25 clubs to choose from, there is something for everyone!

OLLI Walk & Talk Club
- Homer, etc.
- The Investment Forum
- Loudoun Non-Fiction
- Mah Jongg
- Memoir-and More-Writing Group
- OLLI Walk & Talk
- Personal Computer User Group
- Photography

All the News That’s Fit to Print
- Annex Art
- Bridge
- Classic Literature
- Cooking
- Craft and Conversation Group
- Dirty Knee
- Ethnic Eats
- History

Cooking Club
- Poetry Reading
- Poetry Writing
- Recorder Consort
- Reston Book
- Spanish
- Tai Chi
- Tallwood Book
- Theater Lovers’ Group
- What’s in the Daily News

What’s in the Daily News Club
Winter 2023 Registration: Begins Nov 29 at 9 am and continues throughout the term

Term Dates
Winter 2023: January 23 – February 17
Spring 2023: March 27 – May 19
Summer 2023: June 20 – July 28
Fall 2023: September 18 - November 10

Living Well and Learning Every Day.