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<p>Health Policy in Election Year 2020: And Now for Something Completely Different</p> <p>Len M. Nichols, Ph.D. Virtual OLI April 15, 2020</p>	<p>Medicare for All Means ... ?</p> <ul style="list-style-type: none"> Single payer, FFS, zero copay, tax financed plan Medicare "fixes" for all (FFS + MA etc) Medicare Advantage For All Medicare (as is) for all who want it (allow buy-ins + public option) 	<p>Individual payment models: performance mixed → disappointing, glass < 1/2 full?</p> <ul style="list-style-type: none"> FFS → better Value-based → best alternative? FFS → 20% → 10% → 5% → 0% → 10% → 20% → 30% → 40% → 50% → 60% → 70% → 80% → 90% → 100% Value-based → 10% → 20% → 30% → 40% → 50% → 60% → 70% → 80% → 90% → 100% Value-based → 10% → 20% → 30% → 40% → 50% → 60% → 70% → 80% → 90% → 100%
<p>Annual Determinants of Health (Healthy Opportunities)</p>	<p>Where is Health Policy Headed?</p> <ul style="list-style-type: none"> Medicaid 50% → 100% → 150% → 200% → 250% → 300% → 350% → 400% → 450% → 500% Medicare 100% → 150% → 200% → 250% → 300% → 350% → 400% → 450% → 500% Medicaid 50% → 100% → 150% → 200% → 250% → 300% → 350% → 400% → 450% → 500% Medicare 100% → 150% → 200% → 250% → 300% → 350% → 400% → 450% → 500% 	<p>Covid-19 Impacts So Far: I</p> <ul style="list-style-type: none"> Self interest in universal screening self evident Self interest in universal coverage for treatment is also clear to most. → strength case for MA/UCAs Hospitals lost profitable cases and volume, laying off non-Covid personnel Physician practices still largely FFS, devastated as well PHARM will have hard time changing high price for treatment and vaccines in face of pandemic
<p>Covid-19 Impacts So Far: II</p> <ul style="list-style-type: none"> Economic hit from social distancing etc. will be huge Economic down → pressure on state governments' budgets will be tough Constitutionally required to balance their budgets Federal responses are necessary, and high risk Economic support key to avoiding deep depression High risk in that deficit financing is only way Testing and surveillance capacity is pre-requisite for robust, sustained, "quick" economic recovery We have expanded our public health infrastructure for 40 years 	<p>Covid-19 Impacts So Far: III</p> <ul style="list-style-type: none"> Pandemic has exposed vulnerabilities among those living with SDOH deficits Higher prevalence of chronic conditions Difficulties with social distancing Same population can't "work from home" Very large fraction of population have no personal savings "safety net" Migrant workers, immigrants world-wide caught in dangerous, financially devastating limbo 	<p>SO, where are we headed?</p> <ul style="list-style-type: none"> This pandemic will end, and humanity will survive We will be more aware of WHAT? → We are all in This Together Human and economic cost of pandemics will be high and lasting Where we go depends on which lessons we learn, how hard we want to work to make a better world

Dr. Len Nichols, Mason Professor of Health Policy and Director, Center for Health Policy and Ethics, Presents Online Class on Health Policy in 2020, April 15

May 1, 2020

Editor of the Week: Leslie Vandivere

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Alerts & Notices

- The OLLI Board of Directors election runs May 1-15. You should receive an electronic ballot today. Candidate information is available on the OLLI website at the following link: <https://olli.gmu.edu/2020-board-of-directors-candidates/>.
- In addition to voting on the candidates, there will be a vote on a referendum to change OLLI bylaws. To view the bylaw change, click <https://olli.gmu.edu/2020-recommendation-to-amend-bylaws/>.
- The next issue of *OLLI E-News* will be published Friday, May 8; regular deadline for submission of items is Tuesday, May 5, at 6:00.

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Possible Yoga Club



By Carla Keen, Yoga Instructor

I am delighted to be offering a Webinar Gentle Yoga class through OLLI for the summer term on Monday mornings. I have now learned it would also be possible to form a yoga club that would run through the year, as all OLLI clubs do, if there is enough interest!

As a Yoga Alliance certified teacher, my focus has been on developing classes and workshops that focus on building strength and flexibility in a

safe environment. As an artist and craftsperson, I have also been exploring the connection between yoga and creativity. I often incorporate elements of Hatha yoga, Yin yoga, and guided meditations into the classes I prepare.

One of the limitations of live classes, I have found, is the lack of opportunity for lengthy interaction. Having a club as well as classes at OLLI would offer us a way to overcome this limitation. We could communicate directly with each other, address member questions, discuss special topics, and explore together many other aspects of yoga that members might be interested in.

Would you be interested in a virtual meeting on Zoom in the near future? The virtual meeting would be a platform for me to offer more information and then to address questions and concerns directly. If so, please let me know by email at carlabkeen@gmail.com. I will answer questions by email where possible as well.

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Poet's Corner

Courtesy of the Poetry Workshop

Delightful First

My first gay wedding
 Someday just another wedding
 Two middle aged loving men
 A twenty-year bond sealed
 Fun and delight the themes
 Tears from the start
 Rabbi and minister led the vows
 Crisp sun lit the site
 Family, friends, colleagues unite in joy
 As champagne flowed
 Dancing to oldies filled the night
 Love is love.

Sally Sibley

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Obituary: Lesley A. Bubenhofer



Lesley Bubenhofer, member since 2010, died on April 26. She was an active member, contributing to many committees and activities, and, as one colleague noted, for many years “served wonderfully as chair of the Development Committee.”

She is remembered in numerous tributes from her many friends at OLLI as a joy, kind and generous, always positive and helpful, full of enthusiasm for OLLI, upbeat and optimistic, such an asset to OLLI, a truly down-to-earth lovely person, a wonderful presence . . . and more. Her devotion to OLLI was reflected in her service, and especially in her tireless and timeless work for several years as chair of the Development Committee. She lives on in the hearts and minds of her OLLI friends.

A memorial service will be held at a future, safe date. Because of the COVID-19 pandemic, the community where Lesley and her husband Fred have lived since the end of January is not open to visitors at this time. If you would like to send condolences, please address them to:

Fred Bubenhofer
 c/o Kurt Bubenhofer
 14924 Amaranth Court
 Woodbridge, VA 22193
 or via email at fkubub@yahoo.com.

In lieu of flowers, please consider a donation to one of the following:

League of Women Voters of Virginia
 1101 E. Main Street, STE 214A
 Richmond, VA 23219
 (online donation: [DONATE/CONTRIBUTE](#));

National Eating Disorders Association
 1500 Broadway, Suite 1101
 New York, NY 10036
 (online donation: [Donate Now - National Eating Disorders Association](#));

Osher Lifelong Learning Institute (OLLI)
 4210 Roberts Road
 Fairfax, VA 22032
 ([OLLI Mason Donation](#)).

Further information is available at [this link](#).

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Arts & Music at George Mason



By Shelly Gersten, OLLI E-News Staff Writer

George Mason University has canceled performances at the Center for the Arts and the Hylton Center until further notice. You can check the Mason website at [coronavirus website](#) for updates.

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Meetings & Clubs

Please note: Physical meetings for clubs and activities are canceled until further notice in accordance with Mason's guidelines. OLLI is conducting its classes and activities online. Refer to the university's [coronavirus website](#) for official university updates and check the [OLLI Calendar](#) for revised information.

The following list covering the next two weeks is extracted for your convenience from the master online calendar maintained by the office, with direct web links added when available. The list is accurate as of mid-week but for the most up-to-date information, please view the latest forecast of coming events on our website (News/[OLLI Calendar](#)). *Note: All OLLI members are welcome at, and encouraged to attend (online), meetings of the Board of Directors, committees and resource groups, kick-off coffees, etc. (**bolded** below).*

Sat May 2	10:30am	Tai Chi Club- Zoom (Meeting ID: 284 531 289)
Wed May 6	1:15 pm	Reston Program Planning Meeting- Zoom (Meeting ID: 677 496 222)
Fri May 8	9:30 am	Photography Club- Zoom (Meeting ID: 669 666 340)
	9:30 am	Craft & Conversation- Zoom (Meeting ID: 611 234 196)
	10:00 am	Virtual Coffee Chat-Zoom (Meeting ID: 650 410 348)
	11:00 am	Homer, etc.- Zoom (Meeting ID: 993 949 463)
Sat May 9	10:30 am	Tai Chi Club- Zoom (Meeting ID: 284 531 289)
Wed May 13	1:45 pm	Spanish Club- Zoom (Meeting ID: 811 997 392)
Fri May 15	9:30 am	Craft & Conversation- Zoom (Meeting ID: 611 234 196)
	10:00 am	Virtual Coffee Chat-Zoom (Meeting ID: 650 410 348)
	11:00 am	Homer, etc.- Zoom (Meeting ID: 993 949 463)
Sat May 16	10:30 am	Tai Chi Club- Zoom (Meeting ID: 284 531 289)
	1:00 pm	Computer Club- Zoom (Webinar ID: 937 3024 4342)

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About OLLI E-News

OLLI E-News was created by Rod Zumbro, who served as its editor from 2005 to 2013.

Editorial Staff

Chief Editor: Paul Van Hemel

Associate Editor: David Gundry

Weekly Editor Team: David Gundry, John Nash, Sheri Siesseger, Leslie Vandivere,
Paul Van Hemel

Proofreaders: Rebecca Jann, Susan Van Hemel, Linda Randall, Tom Appich, Roz Stark,
Jane Hassell

Backup Chief Editor: Alice Slayton Clark

Submissions: Members are encouraged to submit letters to the editor, letters to Ms. Ollie Ettakit (on etiquette matters), OLLI-related news items, articles, and photos. Submit material to: ollienewseditor@gmail.com.

Deadline: Tuesday, 6:00, for that week's issue (Monday, 6:00, for letters to the editor); early submissions are greatly appreciated. Please limit articles to about 250 words.

Note: You can view past issues of *OLLI E-News* on the DocStore. To search the content of issues, use Search Our Site or put your search term in Google followed by "site:olli.gmu.edu/" without the quotes.

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