

Osher Lifelong Learning Institute



olli.gmu.edu

George Mason University

Fairfax • Reston • Loudoun



Fall 2019 Catalog
Course Descriptions & Registration Information

September 23–November 15



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Cover photo by Ed Marion

Volunteer! It's Your OLLI!

Did you know that OLLI is run by member-volunteers? Courses, clubs, special events, social activities, publications, and classroom services—all are developed by members like you. OLLI simply would not exist without the dedication of our wonderful member-volunteers.

Volunteering at OLLI is not only rewarding, but it can be life-altering for many members. Make new friends, build community, develop new skills, shape the future of OLLI!

Don't wait to be asked; OLLI is always on the look-out for help! To learn more about volunteer opportunities, visit the "Our Organization" page on the OLLI website (olli.gmu.edu/our-organization/) or contact us today: volli@gmu.edu or (703) 503-3384 (OLLI Office). Thank you for your service!

A Gift For YOU!

If you volunteer at OLLI, stop by the office and pick up a free OLLI lanyard for your nametag.



Teach!



Help Plan OLLI Socials on the Member Services Committee



Open OLLI Volunteer Positions

- **Loudoun Coordinator**—Serve as volunteer point-of-contact for the Loudoun campus and coordinate with executive director on campus issues.
- **Publications Chair**—Lead OLLI publications production efforts, particularly the OLLI catalog.



Join a Board or Committee and Plan the Future of OLLI!

All About OLLI

Who We Are

The Osher Lifelong Learning Institute at George Mason University (OLLI Mason) offers daytime courses, lectures, special events, and other activities during eight-week terms in the spring and fall, a four-week winter term, and a six-week summer term. There are no exams, no credits, no college degree required or offered, and no age threshold.

Course leaders are qualified members of OLLI, Mason faculty, or others who enjoy sharing their knowledge. OLLI is particularly proud of its volunteer teachers and speakers, many of whom are well-known experts in their fields. The views expressed are those of the instructors and do not reflect the official policy or position of OLLI or George Mason University.

Members pay annual dues and may attend as many activities as they wish, subject to space availability. There may be charges for materials and for some special events.

OLLI Mason publishes an email newsletter (*OLLI E-News*), a catalog each term, an online membership directory, and the *Member Handbook*. An annual literary journal, *OLLI Ink*, and, from time to time, the *Poets of OLLI* collection are also published.

OLLI Mason is one of many Osher Lifelong Learning Institutes affiliated with The Bernard Osher Foundation and is also a member of the Road Scholar Institute Network. OLLI is a nonprofit, equal-opportunity 501(c)(3) organization and does not discriminate on the basis of race, color, or national/ethnic origin.

Where We Are

Most activities are held at Tallwood, 4210 Roberts Road in Fairfax, at the United Christian Parish near Lake Anne in Reston, or at the Mason site in Loudoun. OLLI's main office is at Tallwood, with satellite offices (open only during class hours) in Reston and Loudoun. All sites are accessible to persons with disabilities and have free parking available. To park at the Mason site in Loudoun you must obtain a free parking permit from Mason in Loudoun, Suite 130. A map and addresses for all locations are printed page 64.

How to Join

Any person may obtain an annual membership by registering online (<https://olligmu.augusoft.net>) or by completing the form and submitting it to OLLI with the required check(s) or credit card information.

Give the Gift of OLLI

What better way to show appreciation for your spouse, sibling, or good friend than by giving an OLLI eGift card? The card can be purchased in **any amount** to apply toward an OLLI membership or event/materials fees. It makes the perfect retirement, birthday, or holiday gift. The gift of OLLI is great: captivating classes, fabulous field trips, and sensational socials to indulge both mind and soul! Purchase the eGift card on the OLLI member portal (olligmu.augusoft.net) or by calling the OLLI office (703) 503-3384.

George Mason University Privileges

OLLI members with an annual membership are entitled to a George Mason University ID card, which provides library privileges, discounted Mason gym membership, and other benefits. A free Mason email account with access to the Mason intranet is also available. To apply for an ID card, fill out an application, available at any OLLI site or on the OLLI website (under MainMenu/DocStore—scroll down to the document section), and return it to the main office at Tallwood or to the site assistant at Reston or Loudoun.

OLLI Closing Policy

OLLI is closed when county schools are closed due to inclement weather. OLLI follows the Fairfax County Public Schools for Fairfax and Reston sites and the Loudoun County Public Schools for Loudoun sites.

When schools announce a delayed opening, OLLI generally opens on time. Exception: at George Mason facilities, we adhere to Mason closing decisions. If Mason announces a delay, OLLI may need to cancel the first class of the day. Poor conditions at OLLI sites may also necessitate class or event cancellations.

The most up-to-date information on OLLI delays and closings can be found on the OLLI website: olligmu.edu.

**** IMPORTANT REGISTRATION DATES ****

**Fall priority registration begins
Tuesday, August 20 at 9:00 am
and ends on Thursday, August 29 at noon.**

Register online at <https://olligmu.augusoft.net>

Registrations also may be mailed or delivered to:
Osher Lifelong Learning Institute
4210 Roberts Road
Fairfax, VA 22032

Register for trips/performances as early as possible as they can fill up as early as the first day of registration.

OLLI Organization

OLLI is a member-driven organization with a Board of Directors elected by the membership and representing Fairfax, Loudoun, and Reston. All activities are managed by an executive director, staff, and volunteers.

Board of Directors

President.....Bill Taylor
Vice President.....Paul Howard
Treasurer.....David Osterman
Secretary.....Marguerite Johnson

Michelle Blandburg	Marianne Metz
Lillian Brooks	Mel Russell
Evan Douple	Charles Silver
Jim Dunphy	Diane Stanley
Fred Kaiser	Dave Talaber
Gloria Loew	Rita Way
Rosemary Lubinski	Carolyn Wyatt

Jennifer Disano, *Executive Director*

Other Key OLLI Positions

Audiovisual Support.....Paul Howard
Development.....Lesley Bubenhofer
OLLI E-News.....Paul Van Hemel
Facilities.....Mel Russell
Finance.....Dave Osterman
Governance.....Lillian Brooks
Landscaping.....Sally Berman, Sigrid Carlson
Loudoun Coordinator.....Vacant
Member Services, Chair.....Toni Acton
Member Services, Hospitality.....Elaine Leonard
Member Services, New Member Advisory.....Toni Acton
Member Services, Office Volunteers.....Toni Acton
Member Services, Social Events.....Jim Dunphy
OLLI Historian.....Marianne Metz
OLLI Representative to Arts at MasonPat Carroll
Outreach.....Rosemary Lubinski
PublicationsVacant
Reston CoordinatorBeth Lambert
Strategic PlanningBill Taylor
University LiaisonPat Carroll
Website.....Ernestine Meyer

OLLI Program Planning

Committee Chairs.....Doris Bloch, Kathryn Russell,
Nancy Scheeler, Russell Stone
Loudoun Program.....Barbara Wilan
Reston Program.....Beth Lambert
Program Associates.....Alice Slayton Clark,
Shannon Kim Morrow

Program planning subject group chairs are listed at the beginning of each subject section of the catalog.

Fall 2019 Catalog Production

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Mason mail stop number.....MSN 5C1
Mason@Loudoun mail stop number.....MSN 1G9

Courses: September 23–November 15 Fairfax/Loudoun/Reston

Fairfax courses are indicated by the prefix “F,” Loudoun by an “L,” and Reston by an “R.”

100 Art and Music

Program Planning Group Chairs: Marianne Metz,
Angie Talaber, Kosmo Tatalias

F101 Understanding Opera, Part 1

Mondays, 2:15–3:40, Sept. 23–Oct. 14

Four sessions

Instructor: Glenn Winters

This course serves to introduce students to the first two productions of Virginia Opera’s 2019-2020 season. These include Puccini’s thrilling tragedy *Tosca* and Daniel Catán’s romantic *Il Postino*. Discussions will provide comprehensive musical and dramatic analysis, illustrated with audio and video excerpts.

Recommended for beginners and aficionados alike.

Glenn Winters is in his 16th season as Community Outreach Musical Director for Virginia Opera. As an operatic baritone, Winters has appeared as guest artist with the Operafestival di Roma, Virginia Opera, and other venues. He is the composer of 12 operas for children and adults. His works have been staged by Virginia Opera, the Cimarron Opera Company, and Piedmont Opera, among other venues. Winters is the author of *The Opera Zoo: Singers, Composers and Other Primates*, published in 2012 by Kendall Hunt Publishing.

F102 Music Sampler

Tuesdays, 9:30–10:55, Sept. 24–Nov. 12

Note time

Fairfax Lord of Life Sanctuary

**Coordinators: Linda Apple Monson,
Ina Mirtcheva-Blevins**

This course highlights examples of the musical talent that abounds at Mason. Each week knowledgeable and enthusiastic professors from the Mason School of Music, often accompanied by their most promising students, will generously share their musical talents in presentations that are varied, lively, informative, and entertaining.

Linda Apple Monson, International Steinway Artist, serves as director of the School of Music in the College of Visual and Performing Arts at George Mason University, where she is a University Distinguished Service Professor. Monson has performed and lectured throughout the world. **Ina Mirtcheva-Blevins** is a graduate of George Mason University with a doctor of musical arts degree in piano performance. Mirtcheva-Blevins currently teaches keyboard skills at Mason and is also a faculty member of the Mason Community Arts Academy.

F103 Basic Digital Photography

Tuesdays, 9:40–11:05, Sept. 24–Nov. 12

Instructor: Dan Feighery

Class limit: 12

This course will help students improve their use of natural and artificial light, while taking their camera off full automatic mode. The only prerequisite is that students have read their camera instruction manual and can find the controls to adjust focus, shutter speed, and aperture. Assignments will be to take at least two dozen photos each week and upload two of these photos to a designated site for in-class review. It is suggested that students download the free FastStone Image Viewer Freeware for reviewing and selecting their shots.

Dan Feighery holds a BS in physics from Philadelphia’s Saint Joseph’s University and master’s in public administration from San Francisco’s Golden Gate University. He is a long-time photo hobbyist, founded the OLLI Photo Club, and has taught several OLLI photo courses.

F104 Early Renaissance Art in Italy

Tuesdays, 9:40–11:05, Oct. 29–Nov. 12

Three sessions

Instructor: Roz Hoagland

Small changes in art in the 13th century blossomed into the glorious Early Renaissance of 14th century Florence. Painters, sculptors, and architects were inspired by examples from ancient Rome. Brunelleschi and Alberti developed a new approach to architecture from their study of Roman buildings. Donatello led the pathway to increasingly realistic sculpture. Masaccio's frescoes demonstrated new ways to show depth on a flat surface with the development of perspective. This course will examine masterpieces in Florence and other locations in Italy to follow the invention of this new art, noting the contributions of artists from Giotto to Michelangelo.

Roz Hoagland is a retired art historian. She taught art history at Northern Virginia Community College for 40 years and has given lectures at the US State Department Training Center.

F105 Sisters in Song

Tuesdays, 11:50–1:15, Oct. 22–Nov. 12

Four sessions

Instructor: Jim Dunphy

Four women changed the face of music, starting in the 1960s and continuing to this day. This class will look at the lives, times, and music of Judy Collins, Carole King, Joni Mitchell, and Carly Simon. All born within seven years of each other, their paths and interests would intersect repeatedly over 40 years. These illustrated lectures, with clips from performances, will consider the lives of each singer, look at a small sampling of their respective songbooks, and reflect on how they influenced each other and the music world around them. The influence of muses, various lovers, and fellow musicians such as James Taylor; Leonard Cohen; Cat Stevens; and Crosby, Stills, and Nash will be evaluated.

Jim Dunphy has taught a number of OLLI classes on music, baseball, movies, and history, and has seen a number of these performers in different live venues.

F106 Drawing and Sketching Workshop

Tuesdays, 2:15–3:40, Sept. 24–Nov. 12

Fairfax Lord of Life, Conference Room

Instructor: Bill Parsons

Class limit: 14

“I have learned that what I have not drawn, I have never really seen, and that when I start drawing an ordinary thing, I realize how extraordinary it is....” Frederick Franck, *The Zen of Seeing*. This class is intended for students experienced in drawing who wish to continue their work in a supportive setting among others who share their desire to improve their art. Our focus will be on striving to truly see the world around us by drawing while exploring the visual effects and relationships of light, value, color, form, dimension, and perspective. The course will encourage free expression and will use many different materials to create work that reflects the personal interest of each student. Projects will be started in class but sometimes completed outside of class. Weekly class discussions of finished work will help students improve. Supplies needed are subject to the interests of each student but might include pencils, charcoal, conte' crayons, ink pens, pastels, color pencils, and papers or other surfaces appropriate to the medium. **Bill Parsons** earned an MFA from Virginia Commonwealth University in 1978 and has worked as a furniture maker and designer, jeweler, silversmith, and ceramic artist.

F107 Advanced Smartphone Photography

Wednesdays, 9:40–11:05, Oct. 23–Nov. 13

Four sessions

Instructor: Stan Schretter

Class limit: 45

Currently, smartphone/tablet cameras generate 95% of photographs taken worldwide. Depending on how they are displayed and viewed, smartphone photographs are often indistinguishable from those shot on traditional cameras. This course will explore the latest photographic technology within our smartphones and how the casual photographer can create and share better images. Specific topics covered will be determined by both the capabilities of newest smartphones as well as the desires of the class attendees. Potential areas for discussion may include:

- Can/does this technology make you a better photographer?
- Does shooting raw on a smartphone make sense?
- Does using attachment lenses or different camera apps improve your creativity?
- How can you create and share annotated photo albums directly from your smartphone/tablet?

Stan Schretter, an OLLI member, is an avid amateur photographer and has taught courses at OLLI for many years.

F108 Chinese Traditional Arts

Potpourri II: Leisure Activities

Wednesdays, 9:40–11:05, Oct. 23–Nov. 13

Four sessions

Instructors: Tianyu Yu, Hua Li

Coordinator: Lucia Cluster

Class limit: 25

- **Box Design:** Design a Chinese-style storage box using cardstock. Use traditional decorative motifs, Chinese characters, and zodiac animals to decorate your box, which will be used to hold the Chinese chess pieces created in the next session.
- **Chess Set:** Make your own Chinese chess set, including writing the appropriate Chinese characters on the wooden game pieces and creating the chessboard grid on felt fabric. Use the Chinese box you created in the last session to store your game pieces.
- **Chinese Chess:** Learn how to play Chinese chess. Become familiar with the various chess pieces, learn about the history and the rules of this Chinese game, and gain insights into how Chinese and Western chess compare.
- **Sachet making:** Make this decorative Chinese ornament to hang in your house. Design the color

pattern and use satin Chinese knot cording to wrap this triangular-shaped decorative sachet.

Tianyu Yu and **Hua Li** are Chinese language teachers at the Confucius Institute at George Mason University. They are visiting faculty from Beijing Language and Culture University, with PhDs in applied linguistics.

F109 Introduction to Sketching and Watercolor Art

Wednesdays, 11:50–1:15, Sept. 25–Nov. 13

Fairfax Lord of Life, Conference Room

Instructors: Suzanne Goldstein, Susann Hamilton

Class limit: 12

This class is only for sketching and watercolor beginners who want to learn basic skills. The course will examine pencil types and papers used to produce lines, shapes, and textures in perspective, and appropriate brushes, paints, and papers for watercolor painting. Artwork often will be finished outside of class. Participants will need drawing pencils: numbers 2B, 4B, 5B, 6B, 7B or 8B, and 2H, 3H or 4H; a sketching pad of 80 lb. weight drawing paper; a kneadable eraser; one small and one large stump and small scrap of sandpaper. (Watercolor supplies will be discussed at the first class.) Please do not register for the F106 Drawing and Sketching Workshop or F112 Watercolor Painting class if you register for this class.

Suzanne Goldstein is a retired math teacher and a longtime attendee of OLLI sketching and watercolor classes. She is a facilitator of the Annex Art Club. **Susann Hamilton** is a retired association executive who has been an OLLI instructor of “Beginning Sketching” and a “Dabbling Artists” facilitator.

F110 Dabbling Artists

Wednesdays, 2:15–3:40, Sept. 25–Nov. 13

Fairfax Lord of Life, Conference Room

Instructors: Sue Goldstein, Susann Hamilton

Class limit: 12

Come meet and work alongside fellow OLLI members who dabble in sketching and watercolor painting. You provide your own materials and the picture or sketch you plan to work on each week. There will be plenty of advisory conversation available, along with suggestions for projects you might enjoy. If you have taken “Introduction to Sketching and Watercolor” this course may be for you! Or, if you last picked up a pastel or brush in high school, maybe you’re ready to do it again! This class is intended for those who have some experience with drawing or painting.

See F109 for instructor information.

F111 Singing for Fun

Thursdays, 2:15–3:40, Sept. 26–Nov. 14

Instructor: Palmer McGrew

We gather to have a good time singing songs popular from the ‘30s to today. Class members are encouraged to bring in music they would like to sing. The only singing talent necessary is the desire to sing. We have a wonderful keyboard accompanist, a percussionist, and an occasional banjo. It’s a lot of fun.

Palmer McGrew, an OLLI member, is a longtime performer in church choirs, barbershop choruses and quartets, and the West Point Alumni Glee Club. He is the former director of the Greenspring Choristers.

F112 Watercolor Painting

Thursdays, 2:15–3:40, Sept. 26–Nov. 14

Instructor: To be determined

Limit: 15

This class will provide an opportunity for watercolor painters at all levels to develop fresh skills while learning new watercolor techniques. Required materials include: #1, #6, and/or #8 round watercolor brushes; a paint palette for mixing colors; 140 lb. cold press watercolor paper (Arches is best, but you can use less expensive paper); a kneaded eraser; a Staedtler white plastic eraser; and tubes of watercolor paint in white, charcoal black, cadmium yellow (medium), cadmium red (medium), and ultramarine blue, or a starter set of watercolors.

L113 Understanding Opera, Part 1

Mondays, 2:15–3:40, Sept. 23–Oct. 14

Four sessions

Instructor: Glenn Winters

This course is a video teleconference of F101.

L114 “I want to be famous but unknown:” Marketing Impressionism

Tuesdays, 11:50–1:15, Sept. 24–Oct. 15

Four sessions

Instructor: Chris With

Impressionism, the art of Claude Monet, Pierre-Auguste Renoir, Camille Pissarro, Alfred Sisley, and Berthe Morisot, is well-known and loved by many. Yet in the beginning these artists were ridiculed and the term “impressionism” originally was one of derision. What accounts for this miraculous turn around? What were the group’s main tenets? Why did they object to established artistic practices? How did the group originate? How long did they remain together? Why

was the initial public reaction so hostile? How did Impressionist artists find supporters and sympathetic dealers? How did Impressionism's growing significance spread to Germany, England, and America? What is the difference between Impressionism and Post-Impressionism? This class will examine these and other issues surrounding the first revolutionary art movement of the modern era.

- **Sept. 24:** Origins and Background.
 - **Oct. 1:** The Impressionists.
 - **Oct. 8:** Dealers and Supporters.
 - **Oct. 15:** Impressionism Abroad and Its Aftermath.
- Christopher With** has worked in the education department of the National Gallery of Art and has a degree in German history from the University of California, Los Angeles.

L115 Glorious Greece: Ancient Painting and Sculpture

Wednesdays, 11:50–1:15, Oct. 9–Oct. 16

Two sessions

Instructor: Roz Hoagland

Ancient Greek painting and sculpture began by adopting and adapting crude geometric shapes. Gradually artists began to turn to a more realistic interpretation of the human body, reaching its apex in the High Classical period. We'll trace the development of painting by looking at vases, mosaics, and frescoes. We'll also examine the changes in free-standing and relief sculpture which paralleled Greek innovations in painting. Many of the best later Greek works are known today only from Roman copies. These classics are the glorious art that later inspired the Renaissance.

See F104 for instructor information.

L116 The History of Animation

Wednesdays, 2:15–3:40, Sept. 25–Nov. 13

Instructor: Josh Pachter

There's a lot more to cartoons than Walt Disney—and a lot more to animation than cartoons! In this class, Josh Pachter will guide you through the history of animated film from its beginnings in 1906 all the way up to today, with stops in Russia, Czechoslovakia, Germany, Canada, Japan, and more. (And, yes, we'll certainly spend some of our time on Uncle Walt!) **Josh Pachter** teaches communication studies and film appreciation at Northern Virginia Community College-Loudoun. His BA and MA from the University of Michigan were in speech communication with an emphasis on film study.

L117 Drawing and Painting Workshop

Thursdays, 11:50–1:15, Sept. 26–Nov. 14

Instructor: Cathy Faraj

This fun and relaxing class is for all skill levels who want practice in sketching, drawing and watercolor. We will share information and techniques. The facilitator will supply still life arrangements or photographs, or you may bring your own subjects. Depending on what medium you are working in you will need to bring appropriate supplies.

Cathy Faraj minored in art in her undergraduate studies and taught art overseas for many years. She loves teaching and sharing her enthusiasm for all the arts. She is also a retired Fairfax County Public Schools teacher.

R118 Enjoying Classical Music

Mondays, 11:50–1:15, Sept. 23, Oct. 7, Oct. 21, Nov. 4 (every second week)

Four sessions

Instructor: Kosmo Tatalias

Watching musicians performing classical works brings greater enjoyment and understanding of the music than simply listening to audio recordings. Video performances also help a listener to remain engaged and to maintain focus. We will sample the many facets of classical music by watching YouTube's carefully curated performances of symphonic, chamber, piano, and opera as well as other types of vocal music. Links to the entire performances of works too long to hear in class will be provided.

Kosmo Tatalias is a retired computer scientist and PhD mathematician with a deep, lifelong interest in classical music, especially piano, chamber music, and opera. He hopes to share with you his love of the classical repertoire and his curiosity about variations in performance styles.

R119 Meet the Artists

Thursdays, 2:15–3:40, Sept. 26–Oct. 31

Six sessions

Reston Community Center (RCC) CenterStage

Coordinators: Marina Chamasyan, Monika Chamasyan

- **Sept. 26:** Hailed as "wonderfully poetic," **Nathan Carterette** has distinguished himself in the concert world by performing a large range of works from Elizabethan keyboard music to music written today.
- **Oct. 3:** **Dr. Anna Balakerskaia** and **Darya Gabay** bring their gifted students from George Mason University to present a diverse program of classical piano repertoire.
- **Oct. 10:** **Peter Fraize** is a celebrated saxophonist and George Washington University professor best

known for his freestyle jazz and for performing as a part of the Peter Fraize Quintet.

● **Oct. 17:** Tallwood Trio with Nancy Riley. **Alan Wenberg** (piano), **Eric Henderson** (bass), **Ron Musselwhite** (drums), and **Nancy Riley** (vocalist) will perform selections from The Great American Songbook, Broadway hits, and more.

● **Oct. 24:** The head of the piano department at the Catholic University of America, pianist **Dr. Ivo Kaltchev**, will bring a group of international students to perform piano repertoire ranging from classical to modern.

● **Oct. 31:** Washington's and Reston's beloved cabaret singer/entertainer **Beverly Cosham** and her companion musicians collaborate to perform their favorite songs.

F906 The Pittsburgh Renaissance: An Interdisciplinary Approach

Thursdays, 11:50-1:15, Sept. 26-Nov. 14

Sherwood Center, 3740 Old Lee Highway, Fairfax, VA

This course, fully described under *Other Topics*, is also relevant to Art and Music.

200 Economics and Finance

Program Planning Group Chairs:

Leo Brennan, Brenda Bloch-Young, Ray Wilson

F201 Capitalism vs. Socialism: Comparing Economic Systems

Tuesdays, 11:50–1:15, Sept. 24–Nov. 12

Instructor: Jim Cantwell

This course will consist of 16 half-hour DVD presentations from *The Great Courses*, two each day, supplemented with discussion. Notable economic thinkers Karl Marx and Adam Smith are highlights of the course. John Maynard Keynes and Milton Friedman offer contrasting views for and against active government intervention in a market economy. We will look at the economic systems of England, France, Germany, Sweden, Russia, China, and the Asian Tigers (South Korea, Taiwan, Singapore, and Hong Kong). We will also examine government involvement in health care, education, housing, transportation, and public utilities.

Jim Cantwell, an OLLI member, retired from the staff of US Senate Joint Economic Committee. He worked as a health economist/budget analyst at the US House of Representatives Committee on the Budget and at the Government Accountability Office. He was an assistant professor of economics at Texas A&M University.

F202 The Tom Crooker Investment Forum

Wednesdays, 11:50–1:15, Sept. 25–Nov. 13

Fairfax Lord of Life

Moderator: Al Smuzynski

The Investment Forum, which meets weekly throughout the year, addresses investment topics of particular interest to retirees. A weekly agenda is distributed, and each session begins with an open discussion of recent events in the economy and in financial markets and their impact on investment decisions. Member presentations typically include such topics as: recent market indicators, stocks, bonds, funds (mutual, exchange-traded, and closed-end), real estate investment trusts (REITs), options, commodities, master limited partnerships, sectors, allocations, and investment strategies. We use analyses and data from the financial press.

Al Smuzynski is a retired bank regulator and an advocate of affordable housing. He currently serves on the boards of Virginia Community Capital and Community Capital Bank of Virginia.

F203 OLLI Economics Potpourri

Thursdays, 9:40–11:05, Sept. 26–Oct. 17

Four sessions

Coordinators: Leo Brennan, Brenda Bloch-Young, Ray Wilson

This term four George Mason University PhD candidates will present their research:

- **Sept. 26:** Criminal Justice Reform in the US: An Economist's Perspective. **Kaitlyn Woltz.**
- **Oct. 3:** State Enforcement and Nursing Home Quality. **Markus Bjoerkheim.**
- **Oct. 10:** Native American Economic Development. **Jordan Lofthouse.**
- **Oct. 17:** Behavioral and Experimental Economics. **Lina Diaz.**

L204 OLLI Economics Potpourri

Thursdays, 9:40–11:05, Sept. 26–Oct. 17

Four sessions

Coordinators: Leo Brennan, Brenda Bloch-Young, Ray Wilson

This course is a video teleconference of **F203**.

L205 Financial Education Series: Understanding your Investment Statements and Annual Reports

Tuesdays, 9:40–11:05, Oct. 29–Nov. 5

Two sessions

Instructor: Linda Black

Your investment company statements contain a tremendous amount of information designed to inform and guide you in your investment decision-making. This class will educate you on what information is provided and how to best utilize this data. Topics will include 401k statements, investment statements, and Social Security statements.

Linda Black, Chartered Financial Consultant, RICP, GFS, has extensive experience counseling clients on portfolio construction, retirement income strategies, and asset protection. For more than 20 years, she has proudly represented her client's interests as a fiduciary.

300 History

**Program Planning Group Chairs: Emmett Fenlon,
Beth Lambert, Bernie Oppel, Dick Young**

F301 John Adams: Patriot, Husband, Politician, Father

Mondays, 9:40–11:05, Sept. 23–Nov. 18 (makeup week)

No class Nov. 11

Sherwood Center, 3740 Old Lee Highway, Fairfax, VA

Note: Class on Nov. 4 only will be at Church of the Good Shepherd

Instructor: Mark Sierakowski

This course will examine roles of President John Adams as patriot, a voice for independence, husband to Abigail, and politician. His duties and responsibilities as a father and his part in the shaping of America as an independent new nation will also be explored. Film, letters, journals, and commentary will be used to highlight:

- The Boston Massacre: The right to legal representation. Abigail as counselor and advisor.
- The Continental Congress: Independency—Yes or No? Now or Never! Abigail: “The merchant had a spanking!”
- John and John Quincy: Travels to France, Holland, and Russia.
- Abigail: Travels to France.
- Burdens of being president.
- Vice President Adams: “The most insignificant office.”
- President Adams: Quasi-war, Alien and Sedition Acts,

Hamilton: Death of a son. Abigail: “Show me the list of judges!”

- Death of Quincy. “Posterity, what do you say?”

Mark Sierakowski is an OLLI member who enjoys sharing subjects of interest with other OLLI members.

F302 A Deep Dive into the Life and Times of John Singleton Mosby

Mondays, 11:50–1:15, Sept. 23–Oct. 21

Five sessions

Instructor: David Goetz

Take a deep dive into the life and times of John Singleton Mosby, known as the “Gray Ghost of the Confederacy.” The course will consider Mosby’s life from his birth in 1833 to his war experiences as cavalry leader and to his post-war life. His part in the Lincoln Conspiracy will be examined as will his relationship with President Grant. We will also examine retirement and death. Finally, Mr. Goetz will share a large number of authentic Civil War artifacts with the class, encouraging participants to hold the many museum-quality items.

- **Sept. 23–Sept. 30:** John Singleton Mosby’s life from his birth in December 1833 to the end of the war.

- **Oct. 7:** John Mosby’s life after the War Between the States, including his relationship with Grant.

- **Oct. 14:** Mosby’s role in the Lincoln conspiracy plot.

- **Oct. 21:** A sharing of artifacts from the war period, many of which were used by soldiers in the field.

These include playing cards, matches, shaving brushes and razors, mirrors and compasses, bone dice, a courier’s case, artillery fuse holders and fuses, lanterns and ingenious candle holders, a thimble, leg irons and handcuffs, soldiers’ pipes, a cannon ball, sharpshooter eyeglasses, and many more. The audience will be invited to handle the artifacts, many of which are museum-quality. Additionally, the instructor will share rare items from Mosby’s life, including an unpublished daguerreotype of Mosby as a teenager and other photographs, his “housewife” sewing kit made by Mrs. R. E. Lee, and books by and about Mosby, some of which he personally autographed.

David Goetz has studied the life and times of John Singleton Mosby for more than a quarter century and has written two books and numerous articles about Mosby. He also owns and operates Mosby’s Confederacy Tours in Fauquier, Loudoun, and Clarke Counties in Virginia. He holds an undergraduate degree in English from Bellarmine University in Louisville, Kentucky, and an MS in community development from the University of Louisville.

F303 The Panama Canal: History and Challenges

Mondays, 11:50–1:15, Oct. 28–Nov. 4

Two sessions

Instructor: Roland Estrada

This course will cover the building of the original canal and the personalities involved. Topics will include the widening of the canal, the Torrijos-Carter Treaty, and the creation of the Panama Canal Commission. It will also discuss the possible building of a second canal in Nicaragua.

Roland G. Estrada served 27 years as a foreign service officer plus 13 years as a contractor in the State Department. He is a graduate of the The Catholic University of America, Washington, DC.

F304 From “Hot War” to “Cold War:” The United States in the 1940s and 1950s

Tuesdays, 11:50–1:15, Sept. 24–Nov. 12

Instructor: Pat McGinty

This was a period that began with a sneak attack and ended with the start of the “New Frontier.” It included the frivolity of Howdy Doody and the seriousness of the Berlin blockade and Korean War. Come join us as we examine these two crucial decades during which the United States solidified its position as leader of the free world. This course will provide a background to the Pearl Harbor attack, the attack itself, and the home front during the conflict. The political, diplomatic, social, cultural, and economic issues of the war years; the transition to peacetime; and the initial decades of the Cold War will be examined.

Patrick McGinty, an OLLI member, is a retired naval officer with an MA and PhD in history from Georgetown University. He has taught various history courses at University of Maryland University College and at OLLI.

F305 A Private’s Life in the Union Army 1861-1864

Wednesdays, 9:40–11:05, Oct. 2–Oct. 16

Three sessions

Instructor: Bob Shaffer

This course will recount the three-year enlistment of Union Private Edmond R. Brown of the 27th Indiana Infantry Regiment during the Civil War. This regiment was heavily involved in major battles in the Eastern Theater (Antietam, Chancellorsville, Gettysburg, etc.), as well as in the Western Theater campaign to capture Atlanta in 1864. Brown, as an enlisted teenager, recounted of the rigors of Civil War campaigning. His viewpoints on slavery, national politics, and sectional differences are fascinating.

OLLI member **Bob Shaffer** has a BA in political science from the University of Hawaii and an MA in government from the University of Arizona. He served in the US Army Special Forces and the US Department of State.

F306 Santa Maria and Mayflower: Sources, History, and their Place in Maritime Development

Wednesdays, 9:40–11:05, Oct. 9–Oct. 16

Two sessions

Instructor: Peter Ansoff

The oceangoing square-rigged sailing ship was one of mankind’s most important inventions. It made possible the exploration and colonization of new worlds, the development of worldwide commercial networks, and the projection of military power across the seas. This course will use the two most famous sailing ships in American history, the Santa Maria and the Mayflower, as examples of how such ships evolved. It will also summarize the historical sources for these two vessels and discuss some of the key details of their designs and operations, with particular emphasis on their sails and rigging.

Peter Ansoff is an OLLI member who has had a lifelong interest in sailing ships and has served as a volunteer crew member aboard several. He recently retired from a career as a support contractor for the US Navy, specializing in ship acquisition logistics.

F307 Mary Stuart, Queen of Scots: A Woman of Passion

Thursdays, 9:40–11:05, Oct. 24–Nov. 14

Four sessions

Instructor: Elisabeth Wolpert

The course will examine the life of a lovely, intelligent, charismatic monarch, whose main mistake was to act first and think later. Ruled by her passions, she made the worst decisions at the most crucial moments of her existence. The course will provide details of her education, three marriages, exiles, religious attachment to the Catholic faith, and death.

Elisabeth Wolpert was born and educated in France, and her doctoral thesis dealt with 16th century French literature. She has taught several OLLI courses.

F308 The Turbulent Years: America in the 1920s and 1930s

Thursdays, 11:50–1:15, Oct. 24–Nov. 14

Four sessions

Instructor: David Heymsfeld

In the years between the two world wars, Americans dealt with issues which have not been fully resolved to this day. The 1920s were a period of strong economic

growth and improved standards of living, but the benefits were not equally shared and income inequality increased. There were major cultural divisions shown in the battles over prohibition, anti-immigration legislation, the Red Scare, the rise of a national Ku Klux Klan, Henry Ford's anti-Semitism, and the Scopes trial. The depression of the 1930s led to major reforms, giving the federal government a much greater role in the economy. There were also divisive issues shown in labor disputes, the rise of radical movements on the right and left, the fight over the appropriate role of the Supreme Court, and the long and bitter battle between isolationists and internationalists. These issues continue to be important in the late 20th and early 21st centuries.

David Heymsfeld, an OLLI member, was a congressional professional staffer for 35 years. He has taught several OLLI courses on history and is a volunteer guide for the Newseum.

F309 The City of Magnificent Intentions (Park Rangers)

Thursdays, 2:15–3:40, Sept. 26–Nov. 14

Coordinator: Brad Berger

The author Charles Dickens, during his visit to the United States in the early 1840s, described Washington, DC as the city of magnificent intentions. This course will examine what factors led this famous author to describe the nation's capital as such and how the city has changed. The changing face of Washington will be explored by noting landmarks and buildings which define the metropolitan area.

National Park Service Rangers have participated with OLLI since 2001 in offering scores of thematic courses, special events, and trips.

L310 Russian Jewish Immigration to the United States: My Heritage, My Story

Mondays, 9:40–11:05, Sept. 23–Nov. 4, NO class Sep. 30

Six sessions

Instructor: Mark Weinstein

"Русский Евреи Иммиграция в США" means "Russian Jews Immigration to the USA." This course is presented by a third-generation American of Russian Jewish heritage. Much of the material comes from conversations with grandparents, curiosity, and ongoing study. Immigration is currently a hot subject, but unless you are a Native American, you also come from immigrant stock. Why did middle eastern Jews settle in large numbers in eastern Europe in the first place? What was life like for them there? Why did

more than two million leave from 1880 to 1924? They were not the first Jews to arrive in America; the first were middle-class Austro-German Jews who began immigrating in the 1830s and who were already here when the impoverished Russian Jews arrived. How did our Russian ancestors get here, where did they first settle, how did they earn a living, and how did they interact with the earlier Austro-German Jews and the American community at large? This demographic triggered new federal laws in 1924 that severely and specifically targeted them and limited their immigration. But this isn't the whole story; post-WWII there were two smaller Russian waves. Woven into the narrative are my family's and my own history in America, "The Promised Land."

Mark Weinstein, an OLLI member, is a retired electrical engineer and a docent at both Smithsonian Air and Space Museums. He has presented OLLI courses covering aviation and technology. He is a history buff, a news junkie, and is intrigued by technology. In his wild impetuous single days he flew a Piper Tri-Pacer.

L311 The Frontiersmen, Part 2

Tuesdays, 9:40–11:05, Sept. 24–Oct. 22

Five sessions

Instructor: Jim Anderson

From the earliest New World settlements, the proximity of vast, wild, and unsettled spaces in North America has had a significant impact on the history of our nation. It has also influenced our character as a people, distinct from our European roots. This is Part 2 of the series, which began in the summer 2019 term, but attendance at Part 1 is not a prerequisite. We will continue to examine Turner's Frontier Thesis through the biographies of individuals who were on the leading edge of our national expansion westward and who exemplified many of the traits that have come to be associated with the "American Character." These include Daniel Boone, Davy Crockett, Kit Carson, Charles Goodnight, and William "Buffalo Bill" Cody. **Jim Anderson** spent three years in the Air Force and 27 years with the CIA, followed by 11 years conducting corporate leadership seminars at Civil War battlefields. He holds an MA in history from the University of Memphis. Since 2009, he has taught classes and conducted tours at OLLI on the Civil War and the American frontier.

L312 The Panama Canal: History and Challenges

Tuesdays, 9:40–11:05, Oct. 22–Oct. 29

Two sessions

Instructor: Roland Estrada

This course is a repeat of **F303**.

L313 Santa Maria and Mayflower: Sources, History, and their Place in Maritime Development**Tuesdays, 9:40–11:05, Nov. 5–Nov. 12****Two sessions****Instructor: Peter Ansoff**

This course is a repeat of F306.

L314 Modern America Begins: The Gilded Age and the Progressive Era**Tuesdays, 2:15-3:40, Sep. 24-Oct. 15****Four sessions****Instructor: David Heymsfeld**

The so-called Gilded Age, from 1865 to 1900, transformed America from an agricultural country of scattered farms and communities east of the Mississippi into the world's largest industrial power, with major cities and a population spreading across a continent. This explosive growth was accompanied by serious problems of corruption, economic inequality, inhumane working conditions, urban squalor, major depressions, racial segregation, and rural poverty. The course will discuss the positive and negative aspects of the Gilded Age and two political movements which attempted to limit its excesses. First, the populist movement of the 1890s embodied the politics of resentment of farmers and workers against powerful elites. Second, the progressive movement from 1900-1920 was led by middle-and upper-class professionals who believed that expertise and efficiency could develop policies that served the needs of all. The differing attitudes and approaches of populism and progressivism have continued to shape our political discourse to this day.

See F308 for instructor information.**L315 Team of Rivals: Lincoln's Cabinet****Thursdays, 9:40–11:05, Oct. 24–Oct. 31****Two sessions****Instructor: Jim Dunphy**

In 1861, Abraham Lincoln was a little-known prairie lawyer who had served one unsuccessful term as a US Congressman. Having defeated much more-experienced statesmen for the Republican presidential nomination, he now faced the most perilous times in the history of the republic. To meet this crisis, unlike other Presidents, he turned to many of the men he defeated and created a team of his rivals that would guide the country through the fiery years of his term. In this class, we will look at these eminent men and the ways Lincoln used their talents and abilities to save the republic.

Jim Dunphy has taught more than 30 classes at OLLI on topics such as history, music, baseball, and movies.

Recently, he taught a class on the Lincoln assassination and later led a field trip to the most important assassination sites.

R316 Hard-Won Lessons: The WWII Strategic Bombing Campaign of the 8th Air Force**Mondays, 11:50–1:15, Oct. 28–Nov. 4****Two sessions****Instructor: Jon Schulstad**

For US forces in Europe during WWII, the air war lasted approximately 33 months. The decision to use B-17s to conduct a strategic bombing campaign against German-occupied France and the German homeland was fraught with controversy, even among America's military leaders. Could it succeed? Was it the best use of military resources? This course introduces the B-17 Flying Fortress and examines the early months of the campaign (Aug. 1942–Jan. 1943) when B-17s were directed to attack German U-boat bases in Brittany. During these early months, the 8th Air Force leadership was constantly revising strategy, tactics, and target selection. This was a period when aircrews learned hard-won lessons about what it would take to sustain a bombing campaign and bring it to a successful conclusion.

Jon Schulstad is a retired US Air Force officer who was a target planner for most of his career. He is a graduate of Miami University with a BA in government and an MA in international affairs. He taught international politics to Royal Air Force cadets on an exchange tour in Britain.

R317 Reflections on Implementing American Foreign Policy**Tuesdays, 9:40–11:05, Oct. 1–Oct. 15****Three sessions****Instructor: John Champagne**

From a career spanning more than 45 years as an army officer, career foreign service officer, and government contractor, John Champagne offers a perspective on American foreign policy from the vantage point of a field implementer and program manager.

Three presentations will be given, covering the period 1966-2010:

- US Foreign Aid: A Primer.
- Preventing the Dominos from Falling: A personal perspective on the US military and development role in Thailand from 1966-1979.
- Creating a Civilian Capacity to Address Political Instability Abroad: The evolution of civilian-military collaboration.

John Champagne has a BA in political science and an MA in international relations. He is a retired US Agency for International Development (USAID) foreign service officer with 23 years of overseas and Washington, assignments. His final USAID career posting was director of Middle East Affairs. Following the events of 9/11, he helped establish the Office of Civilian-Military Coordination and the Office of Civilian Response at USAID. He also served as civilian development planner at US Joint Forces Command from 2003-05 in helping design and test civilian-military coordination and planning approaches for crisis response. Before joining USAID he served as an officer with the US Army Special Forces.

R318 The Navy's Role in the Exploring Expedition of 1838-42

Tuesdays, 11:50–1:15, Sep. 24–Oct. 15

Four sessions

Instructor: John Grady

In the 19th century there were significant blanks in the map of the world. This course describes the ways the very small American Navy maneuvered its way into undertaking an exploring expedition of the Pacific Ocean and surrounding lands. The expedition, sometimes called the "US ExEx," had to overcome more than a decade of backstabbing inside the American Navy before the exploring expedition finally got under way. There are two reasons why it was able to do so. American nationalism stared down Great Britain in North America and the western hemisphere. Also southern officeholders had an interest in new lands to protect their constituents' and their own investments in slavery. The route of the expeditions would cover the Dead Sea, the search for Sir John Franklin's party (actually an American search for the Northwest Passage), the Amazon, and the Darien Peninsula.

John Grady is the author of *Matthew Fontaine Maury, the Father of Oceanography*, which was nominated for the Library of Virginia's 2016 non-fiction award. He has contributed articles to *Sea History*, *Naval History*, the *New York Times* "Disunion" series, *Civil War Monitor*, and the *Journal of the American Revolution*.

R319 Rangers in Their Element

Tuesdays, 2:15–3:40, Sept. 24–Nov. 12

Rose Gallery at Reston Community Center, Lake Anne

Note: Class on Nov. 5 only will take place at the United Christian Parish

Coordinators: Brad Berger, Emmett Fenlon

Over 400 units comprise the National Park Service, stretching from sea to shining sea. The rangers who serve at National Mall and Memorial Parks are

veterans of many of these locales. A broad range of park service staff served at far-flung locations, sharpening their story-telling skills, which they now bring to our nation's capital. The stories they share will be sure to enlighten and entertain as they recount ranger life and operations at our natural wonders and historic landmarks.

National Park Service rangers have participated with OLLI in scores of thematic courses, special events, and trips since 2001.

R320 The War that Changed Bermuda

Wednesdays, 2:15–3:40, Oct. 30–Nov. 6

Two sessions

Instructor: Janine Greenwood

In 1938 Bermuda was a bit of traditional Britain plus palm trees and an elite vacation destination. First cruise ships, and then Pan Am Clipper planes brought vacationers from New York for sun, pink sand, and afternoon tea. World War II would replace the cruise liners with convoys and the tourists with British Imperial and American forces. The island would never be the same. One focus of this course will be the little-known role Bermuda played in allied counterespionage. The course will also examine the resulting seismic shifts in Bermuda's culture and economy.

Janine Greenwood began her career as a journalist and television producer, and recently retired after a second career of 40 years practicing law with media companies and nonprofit organizations. She received her undergraduate degree in history from the University of Pittsburgh and graduate law and journalism degrees from Columbia University. She is currently working on a novel set in Bermuda in 1941.

R321 Native American Veterans in the Wars, Part 1

Thursdays, 9:40–11:05, Oct. 17–Oct. 31

Three sessions

Instructor: Michael Nephew

"The French and Indian War" was a misnomer. In fact, Native Americans fought on both sides of that war. Native Americans have fought in almost all of the wars of the colonies and the United States. This is a brief history of Native Americans in the military from the French and Indian War to present-day conflicts. This course was previously taught in Fairfax and in Loudoun. See course **978** for Part 2 of this series.

Michael Nephew is a citizen of the Eastern Band of Cherokee Indians and comes from a long line of Native American veterans. He is also a past president of the American Indian Society of Washington, DC and of the American Indian Inter-Tribal Organization.

R322 Getting to Know Reston: Past, Present, and Future

Thursdays, 11:50–1:15, Sept. 26–Nov. 14

Coordinators: Jim McNeal, Claire Virga

Reston has a fascinating history. This course will increase our familiarity with Reston: its past, its present activities, many with a strong focus on the environment, and factors that may affect its future.

● **Sept. 26:** Reston's Past: Physiographic Setting (geology and landscape characteristics) and the Origin of Reston and the Role of Robert E. Simon. **Jim McNeal** and speakers from the Reston Historic Trust & Museum (**Kristina Alcorn, Lynn Lilienthal, Shelly Butler**).

● **Oct. 3:** Reston's Present: How Reston Works—governance. **Mike Leone, Larry Butler.** Reston is unique as a premier planned residential community. Reston management will be discussed by some of the leaders of the Reston Association. Topics will cover Reston's organizational structure, covenants, zoning, various committee and advisory boards, the budget process, and how to get personally involved.

● **Oct. 10:** Reston's Present: Activities and Natural Resources (Part 1). **Claudia Thompson-Deahl,** Reston's senior manager for Environmental Resources will speak on Reston's parks, recreation, and events. **Katie Shaw,** manager of the Walker Nature Center and the executive director of FOR (Friends of Reston) will speak on these organizations' activities.

● **Oct. 17:** Reston Present: Activities and Natural Resources (Part 2). **Doug Britt,** Environmental Advisory Committee (EAC). Reston has a very active group of volunteers who support many environmental and nature-related activities. Many of them serve on the EAC. One of the goals of the EAC is to produce a baseline against which future changes in Reston's environmental changes can be judged and to make recommendations for improvements. Britt will speak on the results, which are contained in the Reston Annual State of the Environment Report.

● **Oct. 24:** Reston Present: Activities and Natural Resources (Part 3). **Will Peterson,** Reston's watershed specialist. The development of Reston caused increased water runoff that greatly degraded many of Reston's streams and caused considerable transport of sediment to tributaries that flow into the Potomac River and the Chesapeake Bay. Peterson will describe the Stream Restoration Program. **Marty Gurtz,** a volunteer water-quality specialist, will discuss water quality changes over time in a restored stream.

● **Oct. 31:** Reston Future: Current Planning Issues. **Dennis Hays,** chair of Coalition for a Planned Reston

(CPR). Since Reston was founded in 1964, increased developmental pressures have caused concern for a potential loss of quality of life among many Reston residents. As a result, several volunteer special interest groups were formed to address specific issues. Three of these groups (Reston Citizens Association, Reclaim Reston, Reston 2020) have joined together as part of the CPR). Past, current, and potential future zoning and developmental issues facing Reston will be discussed.

● **Nov. 7:** Reston Future: Current and Future Planning. **Fred Selden,** Fairfax County Director of Planning and Zoning. Reston falls under Fairfax County's master plan as well as Reston's zoning regulations. Some important questions include changes in zoning population density, low-income housing, and development of open-space and park lands. Who decides what, and how zoning decisions are made? The county-wide strategic plan and the Fairfax County comprehensive plan will be discussed.

● **Nov. 14:** Summary and Group Discussion. This is an opportunity to discuss presented issues: What do we like and don't like about Reston? What do we see as Reston's future planning issues? How could these issues be addressed? What new goals would we like to have set for Reston's future? What obstacles might we expect? Where do we go from here?

F906 The Pittsburgh Renaissance: An Interdisciplinary Approach

Thursdays, 11:50-1:15, Sept. 26-Nov. 14

Sherwood Center, 3740 Old Lee Highway, Fairfax, VA

This course, fully described under *Other Topics*, is also relevant to History.

400 Literature, Theater, and Writing

Program Planning Group Chairs: Pat Bangs, Linda Bergman, Christine Brooks, Jackie Gropman, Katie Mitchell, Norma Jean Reck, Nancy Scheeler (Reston), Rala Stone

F401 OLLI Players Workshop

Mondays, 9:40–11:05, Sept. 23–Nov. 4

Seven sessions

No class Nov. 11

Instructor: Kathie West

Associate Instructor: Wendy Campbell

This is a continuing acting and producing workshop for serious theater-minded participants conducted by the

Literature, Theater, and Writing

OLLI Players, an amateur theater group affiliated with George Mason University. The repertoire incorporates lyrics, short scenes, monologues, and original plays, as well as putting together variety shows, vaudeville shows, and a radio show. Performances are at various local venues such as senior centers, libraries, and Shepherd Centers. Participants must be willing to travel during the day, generally on Fridays. Carpooling is an available option. Come, join, and be willing to tout OLLI Players and your talents!

Kathie West, an OLLI member, is a former actor with the Pittsburgh Theatre and a past theater teacher at Robert E. Lee High School and Thomas Jefferson High School for Science and Technology. She is also the director of OLLI Players. **Wendy Campbell** is a curriculum developer and a re-enactor. She taught in the gifted program in Fairfax County Public Schools for 20 years, introducing 10-12-year-olds to the wonders of Shakespeare, Plautus, and Sophocles.

F402 Readers' Theater

Mondays, 11:50–1:15, Sept. 23–Nov. 4

Seven sessions

No class Nov. 11

Coordinators: Pati Rainey, Paulette Miller, Russell Stone, Jim Hickey

Class limit: 28

OLLI's Readers' Theater is great fun for the "secret actor" in all of us! Scripts are usually monologues, poetry, short skits, or scenes from longer plays. A fresh variety of theatrical materials is provided by the creative coordinators. Parts may be handed out in advance or read cold. No memorization is ever required. Trying something new is always encouraged!

F403 *Persuasion*: Jane Austen's Last Novel

Mondays, 11:50–1:15, Sept. 23–Oct. 7

Three sessions

Instructor: Beth Lambert

Persuasion is Jane Austen's last completed novel and her shortest. The heroine Ann Elliot is not a young girl but a mature woman who has been given a second chance at happiness and fulfillment. Also, with the British navy at center stage in this work and the Napoleonic wars as background, *Persuasion* is set in a wider, more uncertain world than her other novels. Those who are familiar with all of Austen's novels, as well as those who are coming to her for the first time, will find much to enjoy and to ponder in this course's discussions.

Beth Lambert is professor emerita from Gettysburg College. She has taught, published, and spoken on all aspects of 18th century English literature. Jane Austen's novels have always been among her favorites—a love she shares with many OLLI members.

F404 Latin American Literature

Tuesdays, 2:15–3:40, Sep. 24–Nov. 12

Instructor: Ligia Glass

Class limit: 45

Join us to explore one of the most talked about novels of Laura Esquivel, a Mexican politician, novelist, and screen writer. *Like Water for Chocolate* is an imaginative combination of novel and cookbook. The novel follows the story of a young girl named Tita, who longs for her lover, Pedro, but can never have him because of her mother's upholding tradition: the youngest daughter cannot marry, but instead must take care of her mother until she dies. Tita is only able to express herself when she cooks. The novel is divided into 12 sections named after months of the year, starting in January and ending in December. Each section begins with a Mexican recipe, and connects each dish to an event in the protagonist's life. *The Washington Post* summed up the novel's significance by saying that "it portrays the fantastical as every day," and "aims to portray the onset of Mexican feminism." The film will be viewed in class. All reading and discussion will be in English.

Ligia Glass has over 21 years' experience teaching all levels of Spanish and teaching Latin American literature at Northern Virginia Community College. She has also taught Spanish with the Fairfax County Adult Education Program (ACE) and has been an OLLI instructor for several years. Glass holds an MA in foreign languages, an MA in Latin American area studies, and has done post graduate study in Latin American literature.

F405 Poetry Workshop

Tuesdays, 2:15–3:40, Sept. 24–Nov. 12

Moderators: Mike McNamara, Jan Bohall

Class limit: 16

This workshop allows both novice and experienced poets the opportunity to share their work and receive suggestions for improvement. Workshop members should bring an original poem in draft or in revised form to each session. Two poems should be sent to the Tallwood office one week before the first class meeting and a third poem brought to the first session. The moderators will email students after registration to let them know exactly when and where to send their poems for the first class.

Mike McNamara, an OLLI member, has been published in several literary journals and magazines and has received awards from the Poetry Society of Virginia.

Jan Bohall, an OLLI member, has had poems published in various periodicals and has won awards from the Poetry Society of Virginia.

F406 Great English Short Stories

Wednesdays, 9:40–11:05, Sept. 25–Nov. 13

Instructor: Kay Menchel

This course will discuss a number of stories from *The Oxford Book of English Short Stories*, edited by renowned novelist A.S. Byatt. Many of England's most accomplished authors have done excellent work in the short form. This course provides an opportunity to sample a wide range of voices, including writers as different as Evelyn Waugh and Alan Sillitoe. One or two short stories per class will be examined with emphasis on how the stories reflect various cultural moments in English history.

Kay Menchel, who grew up in Yorkshire, England, is a lawyer who also holds an MA in English literature from George Mason University. She has taught numerous literature classes and always enjoys sharing her passion for English literature with OLLI members.

F407 Anthony Trollope's *Phineas Finn, the Irish Member* (Palliser 2)

Wednesdays, 11:50–1:15, Sept. 25–Nov. 13

Instructor: Ellen Moody

The journey through Trollope's six Palliser novels continues with this course. The second Palliser differs from the first by making central stories about how politics works from inside parliamentary circles to outside in society and elsewhere. *Phineas Finn* dramatizes fights over crucial transformations in law and electorate politics that occurred in the mid-19th century United Kingdom. It also belongs to Trollope's Anglo-Irish fiction because it adds to his brilliantly conceived recurring characters, introduces new characters from Ireland and Scotland, and depicts Ireland as a place. Trollope again examines sexual and marital conflicts and produces extraordinary psychological portraiture in socially complex situations. Clips from the segments of the 1970s film adaptation of this second book will be presented.

Ellen Moody holds a PhD in English literature and has taught in colleges for more than 30 years. She has published on Trollope film adaptations and 19th century literature.

F408 The Hero's Journey in Classic Films

Wednesdays, 11:50–1:15, Sep. 25–Nov. 13

Instructor: Skip Bromley

Go on the hero's journey with Skip Bromley as your guide. You will be taken to a field of dreams in Iowa and find "heaven." You will also be transported to revisit childhood dreams and help an alien "phone home." Two classic films, *E.T.* and *Field of Dreams*, will illustrate a timeless theme throughout this course. Take this journey with the heroes you meet and be transformed, just as they are.

Skip Bromley is a retired award-winning teacher in Fairfax County Public Schools for 37 years. He was recognized for his tenure at Oakton High School with the naming of the school auditorium in his honor; he was grateful this was not a posthumous recognition. He studied theatre at The Catholic University of America and has produced and directed close to 100 plays and musicals throughout his career. He has been deeply influenced by Greek mythology and history, weaving his knowledge into the development of a modern-day curriculum appealing to all ages.

F409 So You Wanna Write Poetry

Thursdays, 11:50–1:15, Sept. 26–Nov. 14

Instructors: Ed Sadtler, Carolyn Wyatt

Class limit: 10

This is a class for those who would like to write poetry, or who already write poetry and would like to improve their skills. Each session will be divided into three segments: a discussion of craft, a time to write, and a time to share what's been written. Come and surprise yourself!

Carolyn Wyatt is a retired federal information officer who traveled widely in that position. She has an MA in Spanish from Indiana University and aspires to be a poet and a wise woman. **Ed Sadtler**, a graduate of Shippensburg State College in Pennsylvania, has conducted many writing workshops at OLLI and has taught poetry writing classes for the Lifetime Learning Institute of Northern Virginia Community College.

F410 Telling Your Story: The Secrets of Memoir Writing

Thursdays, 2:15–3:40, Sept. 26–Oct. 3

Two sessions

Instructor: Ken Budd

Want to tell your life story? Ready to become a better writer? The instructor will share his unique insights as a longtime writer and editor to help you shape your story and improve your skills. Subjects include:

- Why everyone's life is interesting and why you have a story to tell
- The importance of honesty in storytelling

Literature, Theater, and Writing

- Confronting subjects that are painful or embarrassing
- The keys to good storytelling, from drama to humor
- Show, don't tell: The art of vivid writing
- Tricks for creating tight, powerful sentences
- Avoiding clichés
- Creating dramatic openings (and dramatic finishes)

Ken Budd is the author of the award-winning memoir *The VolunTourist*. He has written for *The New York Times*, *National Geographic Traveler*, *Smithsonian*, and *The Washington Post*, among others. He is the former executive editor of *AARP The Magazine* and continues to write frequently for AARP.

L411 Writers' Workshop

Wednesdays, 9:40–11:05, Sept. 25–Nov. 13

Instructor: Ed Sadtler

Class limit: 10

This class uses a roundtable format to foster an environment for writers of all levels to give and receive encouragement, feedback, and constructive criticism. All genres of writing are welcome, including poetry, fiction, memoirs, and historical pieces. To each of these categories we apply the same underlying commitment: to write a compelling work that fully conveys the author's intentions.

See **F409** for instructor information.

L412 Elementary, My Dear Watson: The World of Sherlock Holmes

Thursdays, 2:15–3:40, Oct. 24–Nov. 14

Four sessions

Instructor: Jim Dunphy

In 1887, an obscure magazine called *Beeton's Christmas Annual* published *A Study in Scarlet* by an unknown author named Arthur Conan Doyle, thereby introducing Sherlock Holmes, to the public. In this class, we will look at the life of Sir Arthur Conan Doyle, his inspiration for Holmes, the publishing history of the mysteries, and Doyle's other works. We will consider the (fictional) biographies of Holmes and his loyal partner, Dr. John Watson, along with many other recurring characters, and look into the four novels and 56 short stories Conan Doyle wrote. Finally, we will note how Holmes and Watson have appeared on TV and movies, and how, more than 90 years after the last Holmes stories, new mysteries are published every year. So, come along with OLLI—the game's afoot!

Jim Dunphy has taught a variety of classes at all OLLI locations, including courses on history, baseball, literature, and music. One of the oldest books in his library is the *Complete Sherlock Holmes*, given to him as a childhood present, and he has been a fan since then.

R413 War and Literature: Two Classic Novels of the Spanish Civil War

Mondays, 11:50–1:15, Oct. 7–Oct. 14

Two sessions

Instructor: Nicholas Reynolds

This course is built around the experiences of two great writers during the Spanish Civil War and the landmark novels that emerged to become 20th century classics. These are Ernest Hemingway's *For Whom the Bell Tolls* and Arthur Koestler's *Darkness at Noon*. There will be time for class discussion on the novels. Additional discussion will cover the political journeys that Hemingway and Koestler took after writing the novels. Attendees may enjoy dipping into one or both highly readable works and any supporting materials at their disposal, such as histories of the Spanish Civil War by Adam Hochschild, Hugh Thomas, or Antony Beevor, as well as biographies of Hemingway and Koestler, paying special attention to the 1930s.

Nicholas Reynolds is a historian who has found himself dabbling in the field of literature. He is the author of the *New York Times* bestselling biography of *Writer, Sailor, Soldier, Spy: Ernest Hemingway's Secret Adventures*. He has a website at www.nicholasreynoldsauthor.com

R414 Telling Your Story: The Secrets of Memoir Writing

Mondays, 2:15–3:40, Oct. 7–Oct. 14

Two sessions

Instructor: Ken Budd

This is a repeat of **F410**.

R415 Great English Short Stories

Tuesdays, 9:40–11:05, Sept. 24–Nov. 12

Instructor: Kay Menchel

This is a repeat of **F406**.

R416 Christopher Newman and Lambert Strether in Paris

Tuesdays, 11:50–1:15, Oct. 8–Oct. 15

Two sessions

Instructors: Linda Blair, Nancy Scheeler

Class limit: 12

Two of Henry James's novels—*The American* and *The Ambassadors*—examine the same subject: American males in Paris and their sensibilities regarding American and European cultures. Published 26 years apart, in 1877 and 1903 respectively, the novels are prime examples of early and late James in terms of style (Romanticism; the modern novel), substance (interpersonal relationships; the sense of homeland),

and the rich complexities of his characters and their inner lives. The class will allow fans of James to experience a minimum of lecture time and a maximum of focused discussion. Before class begins, we will disseminate related thematic passages from *The American* and *The Ambassadors*, and selections of literary criticism to think about and to use in class discussion. Reading both novels before the class will enrich the experience but is not necessary.

Linda Blair holds a doctorate in American literature at The George Washington University. **Nancy Scheeler** holds a master's degree in English and American literature from the University of Maryland. Both lovers of Henry James, they hope OLLI members share that love and will join them for discussion.

R417 *Hamilton* and History

Wednesdays, 9:40–11:05, Nov. 6–Nov. 13

Rose Gallery at Reston Community Center, Lake Anne
Two sessions

Instructor: Jim Dunphy

Lin Manuel Miranda's groundbreaking play *Hamilton* won multiple awards, such as Tonys and Grammys, the Pulitzer Prize, and a special Kennedy Center Honor. So obviously it is great theater, but is it great history? Miranda based the play on Ron Chernow's award-winning biography of Alexander Hamilton. In this class, we will ascertain how well Miranda used Chernow's book and other sources and investigate how closely the Hamilton of Broadway mirrors the Hamilton of history. We will build on previous OLLI classes on this groundbreaking musical by getting down in the weeds and analyzing specific lyrics of selected songs for their historical accuracy.

Jim Dunphy grew up in "The Greatest City in the World" – New York, and in 2016, returned there, spending \$2,400 for four tickets to *Hamilton* (money well spent!)

R418 Literary Roundtable

Wednesdays, 11:50–1:15, Sept. 25–Nov. 13

No class Oct. 9

Seven sessions

Reston's Used Book Shop at Lake Anne

Moderator: Ben Gold

Class limit: 21

This continuing short story discussion class will finish reading the anthology: *The Best American Mystery Stories 2018*, edited by Louise Penny. The book is available online from a variety of sources; copies can be obtained for less than \$10.00, including a Kindle edition for only \$3.00. The stories in this volume are from many authors new to this class, with some

known contributors, including: T.C. Boyle, James Lee Burke, Lee Child, Michael Connelly, and Joyce Carol Oates.

Ben Gold has a BA in political science from Stanford University and also holds an MS degree in computer science.

R419 King Arthur: Man vs. Myth

Thursdays, 9:40–11:05, Sep. 26–Nov. 14

Instructor: Paul Gonzalez

Possibly the most famous English king is someone who could not have actually existed as a real king of England. This is Arthur, the great king of legend, who is considered to be "sleeping in Avalon" waiting to return when England most needs him. Arthur has been portrayed in written fiction by Mallory, Steinbeck, and White, among others; in film by a non-singing Richard Burton in *Camelot*, by Sean Connery in *First Knight*, by Graham Chapman in *Monty Python and the Holy Grail*, to name a few; and on television and many other forms. He is one of the most romantic characters of all time and his story is known to most of us. But, was he real? And how did his story come to be? This course is about Arthur and his legend, the man on whom the legend is (probably) based, and the various historical romances that became incorporated into the story of Arthur.

Paul Gonzalez is a lifelong reader of Arthurian stories and a great fan of the character, both in his fictional manifestations and in his probable historical one.

F906 The Pittsburgh Renaissance: An Interdisciplinary Approach

Thursdays, 11:50–1:15, Sept. 26–Nov. 14

Sherwood Center, 3740 Old Lee Highway, Fairfax, VA

This course, fully described under *Other Topics*, is also relevant to Literature.

500 Languages

Program Planning Group Chairs: Pat Bangs, Linda Bergman, Christine Brooks, Jackie Gropman, Katie Mitchell, Norma Jean Reck, Nancy Scheeler (Reston), Rala Stone

F501 "A Little Bit of Everything" in Spanish Conversation

Tuesdays, 9:40–11:05, Sept. 24–Oct. 29

Six sessions

Instructor: Ligia Glass

Learn about the Spanish world through interactive conversation by means of guest speakers, movies, and

short stories. Grammar will be reviewed only as necessary to assist students to improve their conversational skills. Active participation is encouraged, although this is not an immersion class and English is used whenever an explanation is needed. Ample practice in class with Spanish reading, speaking, and listening will give class members confidence to continue the study of Spanish and its culture. Students are encouraged to bring to class themes that they would like to explore and discuss. See **F404** for instructor information.

F502 Spanish Conversation Forum

Wednesdays, 9:40–11:05, Sept. 25–Nov. 13

Instructors: Bernardo Vargas Giraldo, Elizabeth Trent Hammer

Class limit: 16

The objectives of this class are to practice the Spanish language and learn about Spanish/Latino culture through articles, photographs, videos, and speakers. Classes are conducted entirely in Spanish. English will be used only occasionally to explain grammar and idiomatic expressions. A prerequisite for this class is an ability to converse in Spanish at the high intermediate to advanced level. Students volunteer to make presentations in Spanish on timely topics of their choosing.

Bernardo Vargas Giraldo received his PhD in legal science at the Pontificia Universidad Católica Javeriana in Bogotá, Colombia. He specialized in public administration and international business at the Graduate School of Public and International Affairs at the University of Pittsburgh. He is currently a writer and analyst of economic and political subjects. **Elizabeth Trent Hammer** received her doctor of arts from Mason in community college education. She worked for Northern Virginia Community College as a professor of English as a second language for 20 years and retired as professor emerita. She also worked as a Spanish/French translator for the FBI.

F503 Latin III

Thursdays, 9:40–11:05, Sept. 26–Nov. 14

Instructor: Alana Lukes

Class limit: 16

This continuing course is for Latin students with knowledge of the six indicative verb tenses and the five noun declensions. A modern reading approach is taken to learning this ancient language. The course explores Latin grammar, vocabulary, and ancient Roman culture in the time of the Emperor Domitian. This session will look closely at the city of Rome.

Alana Lukes, an OLLI member, has taught Latin for over 25 years at the middle school, high school, and college levels.

L504 Spanish Conversation for Beginners

Tuesdays, 11:50–1:15, Oct. 22–Nov. 12

Four sessions

Instructor: Mirtha King

Class limit: 25

¡BIENVENIDOS! This conversation course will emphasize correct pronunciation by listening to your native teacher and by speaking. The first class will cover learning basic introductions and greetings, phrases and common expressions for everyday situations, including listening and reviewing the Spanish alphabet. Learning a language involves repetition, and with effort, will help your memorization skills. Classes are intended to expand your vocabulary, reading, and writing skills for use in home or travelling situations. The course includes active participation, with numerous exercises and activities for practice using technology with visual and auditory learning. This course is an interactive and lively introduction to Español. Handouts will be provided.

Mirtha King, a native Spanish-speaker, worked as a school teacher and as a translator for the Office of the Prime Minister, Peru. King's language certification was granted by Pontifical Catholic University, Peru.

600 Religious Studies

Program Planning Group Chair: Steve Goldman

F601 Jesus's Final Week and the Beginnings of Christianity

Wednesdays, 9:40–11:15, Sept. 25–Nov. 13

Seven sessions

No class Oct. 9

Instructor: Steven Goldman

The last week of Jesus's earthly ministry provides many foundations for the birth of Christianity. However, there are major disagreements regarding the spiritual meaning and historical understandings of events that transpired during that final week. Analysis will include texts within the New Testament, as well as sources from non-canonical writings. Major issues to be explored include the following:

- Why was Jesus welcomed on Palm Sunday and rejected later in the week?
- Did Jesus declare himself to be Messiah? Did he declare himself to be God? Or did others say this about him?

- Did Jesus seek to overturn the existing religious order? Did he pose a threat to Roman rule?
- How are we to understand Jesus's commands at the Last Supper?
- What did Jesus teach about "end times?"
- Who was responsible for the execution of Jesus?
- Did Jesus physically rise from the dead? How do we explain the different accounts of the Resurrection?

Steven C. Goldman is the chair of OLLI's Religious Studies Program Planning Group and has taught numerous courses on alternative understandings of Biblical doctrine.

F602 Russian Orthodox Christianity

Wednesdays, 11:50–1:15, Sept. 25–Oct. 16

Four sessions

Instructor: John Rybicki

Tradition claims that the culmination of the "Christianization of Rus" occurred in 988 with the mass baptism of the people by order of Prince Vladimir of Kiev. This event is considered the birth of the Russian Orthodox Church. By the 14th century the administrative center of the Church had been relocated to Moscow. In the 16th century the Church gained autocephalous (self-headed or independent) status and is today the largest of the Eastern Orthodox churches. Within this series we will discuss early attempts at the Christianization of the Slavs, a brief history of the Russian Orthodox Church, the rise of a distinctive eastern spirituality, and doctrinal and ecclesial differences between western Christianity and the Orthodox that remain to this day.

John Rybicki has been an OLLI contributor for over 20 years. He received a master of theology degree from the St. John of Damascus Institute of Theology, Balamand University. He served as a pastoral associate at the Riderwood Retirement Community in Maryland where he was responsible for religious education and facilitating Jewish-Christian dialogue.

F603 The Making of the Scriptures

Wednesdays, 11:50–1:15, Oct. 23–Nov. 13

Four sessions

Instructor: John Rybicki

The texts within both the Hebrew and Christian scriptures were written over extended periods of time. Neither Jews nor Christians immediately canonized their sacred texts, and the development and ultimate selection of these texts is not fully documented or understood. Not all texts that were used, or were popular, were ultimately selected for inclusion. This course will examine a number of theories concerning the development of the TaNaKh (Hebrew Scriptures),

various versions of the Septuagint, and the Christian scriptures to better understand the bibles that we use today. There is an optional bus trip to the Bible Museum on November 20. The course and bus trip are separate registrations. See **1019** to register for the bus trip.

See F602 for instructor information.

L604 Teachings of the Bahá'í Faith

Mondays, 9:40–11:05, Sept. 23–Oct. 28

Six sessions

Instructor: Esfandiar Aghdassi

Bahá'ís believe that the Bahá'í Faith is the most recent religion to come from God for this stage in human development. Bahá calls it progressive revelations, where humanity can be compared to a person who goes through different growth stages and develops a greater ability to grasp complex ideas. Each time a divine messenger appears, the message is given at levels appropriate to humanity's degree of maturation. In this view, each different religion may have had truth explained differently, according to the needs and capacities of the recipients of the teaching. This course will cover:

- An introduction that includes the life of the soul and the spiritual teaching of the faith for progress of the soul.
- The twelve social teachings with the pivotal teaching of the Unity of Mankind under a global social order.
- The history of the Bahá'í Faith and its founder Bahá'u'lláh and other central figures of the faith.
- The organization of the faith, since they do not have clergies.
- What Bahá'ís do locally and around the world.

Esfandiar Aghdassi was born in Iran in 1952. He finished his bachelor's degree in statistics in Iran before coming to Washington, DC to advance his studies. He got his MA in statistics at The George Washington University and finished his PhD course work in the same field. After the 1979 revolution in Iran, he decided to stay in the United States and opened a business in Loudoun County. He is a member of the Bahá'í community and serves on the Spiritual Assembly of Loudoun County

L605 Exploring Three Biblical Narratives

Mondays, 2:15–3:40, Oct. 21–Nov. 4

Three sessions

Instructor: Steve Goldman

- **Oct. 21:** Reaching for Perfected Love. We often use the term "love" to describe feelings about a wide range of disparate things. We often say that we love baseball, our family, beach vacations, ice cream, and

so on. In this course, we will explore what the Bible says about the meaning of love and how it often differs with many common understandings.

● **Oct. 28:** The Resurrection of the Dead. The Hebrew scriptures and New Testament speak of the resurrection of the dead and a day of judgment. But do all the different writers concur on when and how it occurs and what it means? In this course, this critical matter, which is often a source of controversy and disagreement among those who consider the Bible a sacred text, will be examined.

● **Nov. 4:** The Role and Person of Mary, Mother of Jesus. Questions to be addressed are: Immaculate Conception? Mother of God; Mother of Christ; Our Mother? Virgin birth? Intercessor? Assumed into heaven?

See F601 for instructor information.

L606 The Gospel of Mark and the Messianic Secret

Wednesdays, 9:40–11:05, Sept. 25–Oct. 2

Two sessions

Instructor: Jack Dalby

Perhaps the least well known of the four canonical Gospels, the Gospel of Mark was actually the first written. Interestingly, its portrayal of Jesus often stands in stark contrast to the descriptions found in the Gospels of Matthew, Luke, and John. No difference has more captured the interest of historians than the “Messianic Secret” surrounding Jesus. Why is it, Mark seems to ask, does no one understand who Jesus really is? We will look at Mark’s singular portrayal of Jesus. In addition to the Messianic Secret, other topics for discussion will include such questions as: do we have the original Gospel of Mark; why is there no story of the birth of Jesus in Mark; and why the lack of resurrection appearances? We will also discuss Jesus’s troubled family relations, the synoptic problem, the author of Mark’s gospel, and much more. A copy of the New Testament is not required but could prove useful.

Jack Dalby, president of White Oak Communications, is an OLLI member who has taught classes on the historical Jesus, St. Paul, and early Christianity. He holds a BS in communication arts from James Madison University and has taken graduate history classes at George Mason University.

R607 Breath of Heaven: The Music and Poetry of Amy Grant

Tuesdays, 11:50–1:15, Oct. 22–Oct. 29

Two sessions

Instructor: Steven Goldman

Amy Grant is well known as a gospel and popular music singer. But she is also one of the most important Christian poets of our time. She addresses complex and sensitive subjects with elegant prose in music that can be powerful, haunting, and often sublime. We will explore the ways Amy Grant provides insights and challenging answers to questions that religious communities and other seekers have grappled with for ages. One need not be a Christian to appreciate much of her diverse work, composed over many decades.

We will also examine compositions by other poets that were made famous by Amy Grant’s musical interpretations. The instructor will introduce each composition, to be followed by active class discussion. Topics include:

- Mysticism encountering the divine in daily life.
- Overcoming low self-esteem without becoming self-important.
- Seeking the light in every person through grace and humility.
- Navigating pain and suffering.

See F601 for instructor information.

R608 The Road Less Traveled: Great Spiritual Lessons from Grief and Joy

Wednesdays, 9:40–11:05, Sept. 25–Oct. 30

Six sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Larry Packard

“Let it not be said of me,” declared one author, “that I never realized the rich lessons of my life until it was too late to live them.” This class explores the richness of joy and grief, the two areas of our lives that we either avoid or fail to fully appreciate. Who doesn’t want to avoid grief, but does avoidance cut us off from living completely? Who doesn’t want joy, but if we don’t find out what really gives joy, we can be blind to our real desires. The difference lies in a fresh vision and an understanding of how grief and joy can enrich our lives. We will use Frost’s poem, “The Road Not Taken,” to explore reasons why we need not regret past roads taken and ways to see more clearly where to go in the future. In *The Road Less Traveled*, M. Scott Peck offers insight into how grief and joy function together. As examples, we will explore the writings of

poet Mary Oliver, author Russell Baker, and historian Barbara Tuchman. We will also use DVD clips and YouTube interviews.

The **Rev. Dr. Laurence “Larry” Packard** is a recently retired Episcopal priest who graduated from Wake Forest University and Virginia Theological Seminary before receiving a PhD at Princeton. He delights in learning with the participants, invites lively discussion, and refrains from pushing single views on any topic.

650 Humanities and Social Sciences

**Program Planning Group Chairs: Johnnie Hicks,
Camille Hodges**

F651 Up Close and Personal: Copyright and Your Family

Mondays, 2:15–3:40, Oct. 28–Nov. 4

Two sessions

Instructor: Joyce Johnston

● **Oct. 28:** Are You Tuned in To Your Tunes? Music Copyright Issues for the Rest of Us. Learn how to locate copyright-free tunes for group performances, talent shows, presentations (including OLLI), as well as to download music videos and singles for your own use. We will use quick, fun quizzes to see what everyone already knows. Then we will discuss major copyright principles in music, illustrated by celebrity scandals, surprising lawsuits, cases of music piracy, and even ways to get legal rights to international recordings.

● **Nov. 4:** Protect Your Grandchildren’s Education: Copyright Issues in Schools. Can a high school band or middle school choir hand out copyrighted music? Can special needs children turn books into readings or speech into text? And can teachers make extra copies if there are not enough novels for everybody? This session explores the ins, outs, and quirks of school copyright laws and uses cases to show how these laws can affect your grandchildren’s education.

Joyce Johnston, a member of the English department at George Mason University, has been involved with computer-assisted instruction for more than 30 years. From being a member of the first cohort to use computers to teach an academic discipline, she has gone on to specialize in copyright, digital intellectual property, and online civil property rights.

F652 Contemporary Issues in Criminology

Tuesdays, 11:50–1:15, Sept. 24–Oct. 15

Four sessions

Fairfax Lord of Life

Facilitator: Cynthia Lum

In this course, four experts from the Department of Criminology, Law and Society at George Mason University will give presentations on research they are engaged in that focus on contemporary issues in criminology.

● **Sept. 24:** Professor **Christopher Koper** will talk about assault weapons and their role in mass shootings. Koper is an associate professor in the Department of Criminology, Law and Society at George Mason University and the principal fellow of George Mason’s Center for Evidence-Based Crime Policy. He specializes in issues related to policing, firearms policy, program evaluation, and evidence-based crime policy. He earned his PhD in criminology and criminal justice from the University of Maryland and held research positions at several non-profit think tanks prior to coming to Mason in 2011.

● **Oct. 1:** Professor **Yasemin Irvin-Erickson** will discuss identity theft victimization and its prevention. Irvin-Erickson is assistant professor of criminology, law and society. Her research is primarily in the areas of urban security, victimization, technology, and the economic empowerment of vulnerable populations. She received her PhD from Rutgers School of Criminal Justice and joined the faculty at George Mason University in 2018.

● **Oct. 8:** Professor **Robert Norris** will speak about wrongful convictions in the US. Norris is an assistant professor of criminology, law, and society at George Mason University. His recent research has examined wrongful convictions, public opinion, and state policy reform. He received his PhD from the State University of New York at Albany.

● **Oct. 15:** Professor **Stacey Houston** will talk about the school-to-prison pipeline. Houston is an assistant professor in criminology, law and society. He researches primarily in the areas of justice system racial inequity, school discipline, and health disparities. He received his PhD in sociology from Vanderbilt University. He has also worked in the areas of program evaluation and technical assistance for research consulting firms and non-profits.

Cynthia Lum is professor of criminology, law and society, and director of the Center for Evidence-Based Crime Policy at George Mason University. She specializes in the areas of policing, technology, crime prevention, and evidence-based crime policy. She received her PhD from the University of

Maryland in 2003, is a former police officer and detective, and has been at George Mason University since 2005.

F653 Education Series

Tuesdays, 2:15-3:40, Sept. 24–Oct. 22

Five sessions

Church of the Good Shepherd

Coordinators: Lillian Brooks, Gloria Loew, Bonnie Nelson, Peg O'Brien, Jennifer Disano

● **Sept. 24:** A Dialog on State of Education and Teaching in Virginia. Dr. Ginsberg will give an overview of the direction and goals of the Commonwealth's Department of Education for Virginia schools. There will be a presentation on ways teachers are being prepared to meet these challenges and issues of the recruitment, quality, shortages, and retention strategies of teachers. **Ginsberg** joined George Mason University in 2010 as the dean of the College of Education and Human Development. Ginsberg's career spans more than a 35-year period as a professor, psychologist and skilled administrator. He has lectured and published extensively in the areas of education, psychology, human development, and human services. Ginsberg completed his master's degree in 1978 and his doctorate in 1981 at the Pennsylvania State University, after being awarded a bachelor's degree from the State University of New York at Cortland.

● **Oct. 1:** The State of Education in Virginia and Goals for the Near Term. Atif Mustafa Qarni, Secretary of Education, Commonwealth of Virginia, will speak on the state of education in Virginia and his goals for enhancing education for all schools in the state. This will be followed by a Q&A/panel discussion. **Qarni** immigrated from Karachi, Pakistan with his family at the age of ten. He grew up in Parkville, Maryland, before moving to Manassas, Virginia in 2005.

● **Oct. 8:** Equipping Students for Life Beyond High School. Anne Holton, former secretary of Education, Commonwealth of Virginia, will talk about developments in public education to help students explore career options and equip them with the wide range of skills needed to succeed beyond high school. **Holton** is a visiting professor at the Schar School of Policy and Government, the College of Education and Human Development, and a visiting Fellow at EdPolicyForward, the Center for Education Policy, at George Mason University. She has an AB from Princeton and a Harvard law degree, and has worked as a legal aid lawyer, a juvenile and domestic relations district court judge, and a child welfare reformer. Holton currently serves on the Virginia Board of Education.

● **Oct. 15:** A World Class Education for All. Dr. Robert Smith, faculty member of George Mason University

College of Education and Human Development, and former superintendent of Arlington Public Schools. A world class education means one in which all students from all backgrounds prosper. That is the promise of public school education that needs to be fulfilled. Some of the challenges that will be addressed include educating all children to high levels by eliminating the power to predict achievement using factors such as income, race/ethnicity, dominant language, or handicaps, and the role of the family, educators, and the community in education. Prior to joining Mason's Education Leadership Program faculty, **Smith** served 44 years as a K-12 public school educator, working as a teacher, building and central office administrator, and superintendent.

● **Oct. 22:** Managing Technology for the 21st Century. Tammi Sisk, educational specialist in the Office of Instructional Technology Integration. Ubiquitous access to technology provides limitless opportunities to learn about the world, connect with others, explore diverse perspectives, crowdsource solutions, get involved in the community, and find personal opportunities. How can our Fairfax schools and families work together to ensure opportunities are realized while minimizing the potential harmful effects of being constantly connected? In this session, we'll explore what some of the current research is telling us, and the ways Fairfax County Public Schools (FCPS) is approaching instruction to leverage the benefits of technology. We will explore resources and strategies you can use in your home. **Sisk** is a 25-year veteran of FCPS and a George Mason University alumna. She specializes in digital citizenship education and works to build the capacity of schools, curriculum offices and the community to support children with digital life.

F654 A Study of Søren Kierkegaard's *Either/Or*

Thursdays, 11:50–1:15, Sept. 26–Oct. 10

Three sessions

Instructor: Christopher Outlaw

This class will provide a framework for understanding the existentialist classic *Either/Or* by Søren Kierkegaard. We will learn about Kierkegaard himself, and then discuss parts I and II of *Either/Or*.

Chris Outlaw has a MA in philosophy from George Mason University. He works as a student help desk technician and as an adjunct professor of philosophy for Northern Virginia Community College. He also hosts a local Kierkegaard reading group.

F655 Conflict Resolution in Your Family, Your Neighborhood, Your Office, and the Courts

Thursdays, 2:15–3:40, Oct. 24–Oct. 31

Two sessions

Instructor: Kathleen M. Burns

Conflict is a part of life and it affects all of us. It can be a difficult conversation with a family member, a neighbor, a co-worker, or the school principal. It can also include disputes between a landlord and a tenant, a customer and a merchant, and even mundane issues like pet ownership and responsibility for a pet's actions. We've all been there, and the situation can be a difficult one. Find out how to resolve these disputes through mediation before they ratchet out of control. Mediation is an alternative to going to trial, where someone automatically wins and someone loses, and no one is happy with the outcome. Through the mediation process, you can have a successful resolution of such conflicts, where both sides have input in a neutral environment, for a win-win resolution. A panel of several experienced mediators will give you tips on how to handle a variety of these conflicts.

Kathleen Burns has been a Virginia state certified mediator since 2007, in the Fairfax, Alexandria, and Arlington small claims courts and has been certified to train new mediators. In 2015, she served as chairman of the Alexandria Circuit Court Jury Commission.

F656 The Wild Beauty of Montenegro

Thursdays, 11:50–1:15, Nov. 7–Nov. 14

Two sessions

Instructor: Margaret Uyehara

This course will disclose the wild beauty of Montenegro (Black Mountain or "Crna Gora" in Serbo-Croatian), a country in Europe's Balkans region rich in history, culture, and stunning scenery. A former Yugoslav republic, Montenegro regained its independence in 2006. It is the newest member of NATO and is on a firm path to join the European Union. The course will explore Montenegro's rugged geography, complicated history, dynamic political system, and its economic challenges and potential. Also included will be information about visiting the Tara River gorge (the second deepest canyon in the world after the Grand Canyon), as well as the Bay of Kotor (often called Europe's southernmost fjord) and several lesser known gems.

Margaret Uyehara was the US Ambassador to Montenegro 2015–2018, when Montenegro became NATO's 29th member. During her 35-year foreign service career, she

served in Africa, Asia, and Europe. She has a BA in political science from Kalamazoo College in Michigan and did graduate studies at Georgetown University.

L657 American Culture in Depth

Wednesdays, 11:50-1:15, Oct. 23-Nov. 13

Four sessions

Instructor: Ray Beery

The United States shares its space with people from all over the world, and they establish themselves across the country, enriching the areas they live in. These people bring their culture, ideas, and traditions with them, making it possible for us to be international travelers just by touring the United States. Think of Muslims answering the call to prayer, Latinos in Texas and California, Japanese with family experiences of internment, Indians and Pakistanis in Silicon Valley. Using *National Geographic* articles, this course invites you to dive in.

Ray Beery is a seasoned OLLI teacher, who last presented *Big History* (spring 2019) and *Collective Learning* (summer 2019). His long military career provided firsthand experiences with American diversity, including Creole on the Gulf, French Canadian in Maine, Vietnamese refugees, and Chinese in California.

R658 Big Issues, Complex Challenges, and No Simple Solutions

Mondays, 9:40–11:05, Sept. 23–Nov. 4

Seven sessions

Moderators: Glenn Kamber, Diane Thompson

Class limit: 30

The moderators will facilitate focused discussions on the types of topics that both unite and divide us within families, communities, societies, and nations. The goal is to expand everyone's thinking and perspectives but not to arrive at answers. Examples of discussion topics include the following: race and politics; aging—to what end?; individualism; recreating life after retirement; sharing Utopia; and new tribalism.

Glenn Kamber has taught many courses at OLLI that focus on current events and political and social issues. He is a retired senior executive from the US Department of Health and Human Services (HHS), where he managed policy and program development in the offices of eight HHS secretaries. **Diane Thompson** has a PhD from the City University of New York in comparative literature. She is a professor emerita from Northern Virginia Community College (NOVA) where she taught English and world literature for more than 30 years. She still teaches several world literature classes online for NOVA, has taught several OLLI courses on world literature, and co-taught one course on current issues.

Current Events

R659 Deep Civilization: A Discussion of Humanity's Possible Futures

Tuesdays, 11:50–1:15, Oct. 22–Nov. 12

Four sessions

Instructor: Joel Ticknor

This course is based on *Deep Civilization*, a new essay series produced by the BBC that takes a long view of civilization and explores what the broad arc of human history means for our descendants. This course will feature readings and discussion focused on:

- The Greatest Threat to Civilization: Short Termism
- Nuclear War and the Future of Humanity
- The Long, Long View of Technology
- The Future(s) of Democracy

OLLI member **Joel Ticknor** is a member of the Association of Professional Futurists and the World Future Society. He has a certificate in strategic foresight from the University of Houston. A retired CIA officer, Joel has taught national security policy at the National War College, as well as courses on financial planning and the future of our world at OLLI.

F906 The Pittsburgh Renaissance: An Interdisciplinary Approach

Thursdays, 11:50-1:15, Sept. 26-Nov. 14

Sherwood Center

This course, fully described under *Other Topics*, is also relevant to Humanities and Social Sciences.

700 Current Events

Program Planning Group Chairs: Emmett Fenlon, Beth Lambert, Bernie Oppel, Dick Young

F701 What's in the Daily News?

Mondays, 9:30–11:00, Sept. 23–Nov. 4

Note time

Seven sessions

Class limit: 38

Moderators: Dorsey Chescavage, John Quinn, Dennis VanLangen, David Riley

This is a weekly forum for thoughtful, forthright, and respectful exchange of information and opinions on current world, US, and regional news. Class participants bring to the table a wealth of knowledge and experience in international affairs, government, industry, education, the military, and other areas. The discussion is always lively and all participants have an equal opportunity to comment.

Dorsey Chescavage retired from the Jefferson Consulting Group, where she was a registered lobbyist specializing in military and veterans' health care. **John Quinn** is a retired Navy JAG Corps Captain, with active duty specialties in

environmental, international, and administrative law. After retirement he served in senior executive service positions as deputy in the Navy's energy and environment division in the Pentagon and as associate administrator for environment, safety, and vessel security in the Maritime Administration, part of the Department of Transportation. **Dennis VanLangen** served two years in the United States Marine Corps and worked 32 years for two federal agencies—IRS and US Census Bureau. He currently works as a part-time government contractor and volunteers with Volunteer Solutions, Fairfax County. **David Riley** retired after 33 years of combined civilian and military service. Since earning his BS in business from George Mason University, he has worked for the Forest Service, Departments of the Army and Navy, and most recently the Internal Revenue Service. During his federal career he worked as a contracting officer and in project management.

F702 Great Decisions

Tuesdays, 11:50–1:15, Sept. 24–Nov. 12



Moderator: Ted Parker

Class limit: 32

Fee: \$29

For over 50 years, the Foreign Policy Association has sponsored discussion groups throughout the United States to investigate some of the world's greatest challenges affecting our lives. This year's topics are Refugees and Global Migration, The Middle East: Regional Disorder, Nuclear Negotiations: Back to the Future?, The Rise of Populism in Europe, Decoding US-China Trade, Cyber Conflicts and Geopolitics, The United States and Mexico: Partnership Tested, and State of the State Department and Diplomacy. A briefing book and video related to each topic will set the framework for weekly class conversations. There is a \$29 materials fee payable to OLLI at registration. **Ted Parker**, a retiree from the US Department of Education, had a 40-year career in education that included teaching and managing at local, state, and college levels. He is a long-time member of OLLI.

F703 Get Empowered: Fight Fake News

Tuesdays, 2:15–3:45, Oct. 22–Nov. 12

Four sessions

Coordinator: Norma Jean Reck

Stop shouting at your TV and regain control of your news watching. Practice recognizing fake and flawed news and learn how to guard against it with these interactive classes developed and presented by the Newseum's expert staff.

- **Oct. 22:** E.S.C.A.P.E. Junk News: Feel lost in today's media landscape? Join Newseum Education for a hands-on program designed to sharpen your media

skills. Participants will tackle buzzwords, bots, and bad actors in today's media landscape. Clear definitions of current media terms, practical tools to identify fake and flawed news, and practice with real examples will be offered. **Newseum staff.**

● **Oct. 29:** The Fairness Media: Reevaluate Your Media: Are accusations of bias clogging your news feed? Are your friends quick to point out that something is unfair, but they aren't ready to explain why? Tune up your fairness meter to assess how objective or biased the content really is. **Newseum staff.**

● **Nov. 5:** Media Ethics: Is it okay to clean up a quote or broadcast unconfirmed information? Become a more critical consumer of news media by examining real-life case studies of journalists striving to be accurate, fair, and clear. **Newseum staff.**

● **Nov. 12:** Topic to be determined: **Mason School of Communication**

Norma Jean Reck is a current member of the National Press Club, where she was presented with the National Press Club Vivian Award in 2012. She was also a volunteer tour guide for the Newseum during the first five years after opening and served as a member of its original Volunteers Board of Directors. She has worked for decades in publications and communications for both profit and nonprofit organizations.

F704 American Foreign Policy Discussion Group

Thursdays, 2:15–3:40, Sep. 26–Nov. 14

Instructor: Zachary Teich

Class limit: 35

Guided discussions will examine selected issues in US foreign policy. The first class will be an overview of how the United States has viewed its role in the world from Presidents Washington to Trump. The following classes will examine specific current regional or functional issues. Debate and discussion are encouraged.

Zachary Teich has a BA in political science from University of South Florida, an MS in foreign service from Georgetown University, and an MS in strategic studies from the Marine Corps War College. He was a State Department foreign service officer from 1979–2006 and a negotiator at the State's Nonproliferation and Disarmament Fund 2006–2012.

L705 Hot Topics

Mondays, 2:15–3:40, Sept. 23–Nov. 4

Seven sessions

Coordinator: Robert Cather

Class limit: 20

This class is an ongoing discussion of articles appearing in periodicals such as *The Washington Post*, *The New York Times*, *The Economist*, *The New Yorker*, *Vanity Fair*, and others. Web access to these publications will be provided before the weekly class so that individual subscriptions to them are not required. Updates of breaking stories and discussions are based on the class's interest in the topics. The class format is to read an article prior to each session and then to meet to express various reactions.

Robert Cather, an OLLI member, is a retired retail executive with a long career with some of the nation's most prominent department stores. He maintains a strong interest in the evolution of retailing and of news events that affect the field. He has recently been a coordinator with the former *New Yorker* magazine topics group at OLLI.

R706 All the News That's Fit to Print

Thursdays, 11:50–1:15, Sept. 26–Nov. 14

Instructor: Richard Kennedy

We live in an age of abundant information from TV, radio, the Internet, magazines, bumper stickers, and newspapers. How should we filter these sources and evaluate information about world events, popular trends, and advances in science, business, sports, and entertainment? In this discussion group, we will look at some of the hot topics of the day. All viewpoints and opinions will be respected, appreciated, and welcomed. In a democracy agreement is not required, but participation is.

Dick Kennedy, an OLLI member, is a retiree from the senior executive service at the Department of Housing and Urban Development. He enjoys analyzing the news from multiple sources and engaging in discussions with colleagues.

800 Science, Technology, and Health

Program Planning Group Chairs: John Acton, Evan Double, Mary Kornreich (Reston)

F801 Exploring Emotional Intelligence

Tuesdays, 9:40–11:05, Oct. 1–Oct. 22

Four sessions

Instructor: Eduardo S. Rodela

What is the formula for success as a spouse, parent, and friend? To answer this question, come explore five

major areas and 15 sub-areas of emotional intelligence (EQ): self-perception (emotional self-awareness, self-regard, and self-actualization); self-expression (emotional expression, independence, and assertiveness); interpersonal relationships (relationships, empathy, and social responsibility); decision-making (impulse control, reality testing, and problem-solving); and stress management (flexibility, stress tolerance, and optimism). Differences between IQ and EQ will be discussed. Course participants are invited to share their impressions and experiences with emotions and to engage in lively conversation about emotional intelligence.

Eduardo Rodela earned a PhD from the University of Michigan in organizational behavior, a graduate degree in social work, and is an adjunct professor, School of Health and Human Service, Social Work Department at George Mason University. His interests include resilience at work and home and feedback as a source for behavior change.

F802 Start Remembering and Stop Complaining

Thursdays, 9:40–11:05, Sept. 26–Oct. 17

Four sessions

Instructors: James Sanford, Catherine Weir

Class limit: 40

This course will demonstrate and discuss strategies you can use to improve your memory. They include processing information deeply, understanding the value of self-testing, and using various mnemonic devices. Ways of memorizing material by using specific procedures will be emphasized. You will have multiple opportunities to participate in learning exercises using these strategies, so please bring a pencil and a clipboard to each class.

Jim Sanford is an OLLI member and professor emeritus at George Mason University in the Department of Psychology. His research dealt with issues in memory. He earned his PhD from Kansas State University. **Catherine Weir**, an OLLI member, taught experimental psychology for four decades in both the United Kingdom and the United States. She holds a PhD from University College London and a BA from Colorado College. Her research focused on cognitive development from infants to older adults.

F803 Medical Updates from the Health Professionals at Inova Fair Oaks Hospital

Thursdays, 11:50–1:15, Sept. 26–Oct. 17

Four sessions

Coordinators: Cathey Weir and Denielle Nall

Enjoy a potpourri of medical updates from the health professionals of Fair Oaks hospital. This course will

touch on a variety of issues affecting the lives of aging adults, and provide solutions for healthy living. More information about the topics and speakers will be provided before the term starts.

F804 Mindfulness and Stress Reduction

Thursdays, 11:50–1:15, Oct. 17–Oct. 31

Three sessions

Instructor: Neil Goodman

This course will examine various approaches that have been successfully utilized to reduce stress. It has been reported that American corporations and businesses are spending upwards of 300 billion dollars every year on injuries, illnesses, and absenteeism due to stress. The high levels of stress identified with military combat veterans as post-traumatic stress disorder (PTSD) are not so different from the stress resulting from the pressures that elderly citizens, surviving spouses, and care givers face from routine exposure to daily life. The aging population also deals with the challenges of the modern world, such as technology. We will examine the use of several powerful tools such as mindfulness, meditation and the Emotional Freedom Technique. These methods will guide us to a greater balance of health and wellness.

Neil Goodman is a disabled Vietnam veteran who has been a corporate trainer, massage therapist, certified meditation instructor, Reiki practitioner, and life coach. He has conducted mindfulness meditation workshops for over 26 years in northern Virginia and the DC metropolitan area and currently volunteers with the DC Veterans Administration Hospital at Fort Belvoir. He also volunteers at local Sunrise Senior Centers.

F805 Beginner Chen-Style Tai Chi

Thursdays, 2:15–3:15, Sept. 26–Nov. 14

Note time

Instructor: Jerry Cheng

Class limit: 35

Tai chi, a form of martial arts practiced for centuries, is meditation in motion that emphasizes balance, posture, and concentration. This beginning class will focus on Chen-style tai chi, which promotes health and fitness, strengthens the immune system, relieves neck and back pain, corrects digestive problems, aids emotional and psychological well-being, relieves stress, and builds character. Please wear loose clothing and plan to work in stocking feet or in soft, flexible shoes.

Jerry Cheng was born in China and started his martial arts training when he was six years old. He studied under several famous Chinese martial arts masters, including grandmaster

Sha Guo Zheng, and won four gold medals at the 1997 Atlanta International Martial Arts Championship. He taught tai chi at the University of Georgia for six years and at the University of Texas for three years.

L806 Hiking Technique and Culture

Tuesdays, 9:40–11:05, Sept. 24–Oct. 8

Three sessions

Instructor: Lauren Lang

Learn all about hiking in classroom sessions, then apply your learning on two optional hikes. The course will cover the terminology and culture associated with the full spectrum of hiking, from one-mile flat nature walks to long distance backpacking. Learn about potential hazards, gear, local places to hike, and legends of the trail, including Grandma Gatewood, who in 1955 was the first woman to solo hike the entire Appalachian Trail in one season, and she did it at age 67. Lang is a strong proponent of active learning, so you will learn through hands on activities and apply your learning on the trail. We will have two optional outdoor hiking field trips at Claude Moore Park and at Great Falls Park. There will be two options on the hikes: a flat, short hike of about a mile, followed by a more challenging longer option for those who are interested.

Optional Hikes: October 1 after class and October 15.

Lauren Lang has taught in a wide variety of settings over the years, with all ages from preschool through adults. She has led hundreds of hiking, backpacking, canoe camping, bike camping, and other outdoor adventure trips over the years and loves to be outside and active.

L807 Extreme Environments: Adaptations and Survival

Tuesdays, 11:50–1:15, Sept. 24–Nov. 12

Instructor: Barbara Crain

Extreme environments are inhospitable to most life forms. But some organisms, including humans, have adapted to survive or even flourish in these harsh conditions. Where are these extreme environments? The high-altitude Andes, Arctic sea ice, high-pressure depths of the sea, and sunless caves are examples. These unforgiving conditions, considered hostile to normal life, provide many variable habitats which cause morphological, behavioral, and physiological adaptations of its lifeforms, be they people, animals, plants, or others. Many of these adaptations are paralleled in various other unrelated taxa of animals and plants. For example, how does the petroleum fly, the *psilopa petrolei*, manage to inhabit puddles of crude petroleum? How do people living in Tibet

manage just fine with less oxygen? In this course we will explore many lifeforms, small and large, and their adjustments to extreme climates, conditions, and often difficult to digest food sources.

Barbara Crain holds an MA in geography from the University of Heidelberg, Germany and an MS in environmental science from Johns Hopkins University. She is an associate professor at Northern Virginia Community College and has always been fascinated with infectious diseases viewed through the geographic lens.

L808 History of the Universe (Classical)

Thursdays, 2:15–3:40, Sept. 26–Oct. 17

Four sessions

Instructor: Mark Dodge

This course is an introduction to the classical view of time and the universe. Why do we have 24 hours in a day and 60 minutes in an hour? Why not some other number? Why do we have the calendar we have? What are planets, and why did they cause such confusion to the ancients? How did we get from the perfectly obvious idea that the sun goes around the earth to the weird idea that the earth goes around the sun? And why is Pluto not a planet anymore? Cosmology, the study of the universe, begins with the Babylonians and extends to the time of Isaac Newton. Almost no math—but lots of ideas! There will be hands-on demonstrations and plenty of conversation as we explore our understanding of the universe. **Mark Dodge** taught high school physics for 24 years in Arlington. He has been fascinated by astronomy since gazing through his first telescope when he was in seventh grade. He is also fascinated by ancient cultures and how these ancient cultures still influence us today. This course is a collection of several of his most popular presentations from his high school teaching days.

R809 Healthy Aging: Bone Density, Posture, Balance, and Movement

Mondays, 9:40–11:05, Sept. 23–Oct. 14

Four sessions

Instructor: Sandra Conran

Class limit: 36

We will start with an overview of bone health and bone loss. Bone loss and posture changes are not a normal part of aging, and the good news is they are treatable. Learn about bone quality, proper body movement patterns, and the best posture for different activities. Through lectures and demonstrations, we will discover the role of balance and weight-bearing exercise programs in managing your bone health, posture, and reducing the risk of falling. **(Note: No**

exercise will be done in class and exercise guidelines will be provided.)

Sandy Conran is a physical therapist at Bodies in Motion Physical Therapy in Reston. She has certifications in the Meeks Method® of postural/bone loss management and in the Otago Exercise Program for fall prevention. She has special interests in bone health, posture, and chronic pain management, and has 35 years of experience in the northern Virginia area in private practice, hospital, and chronic pain center settings.

R810 Kundalini Yoga and Meditation

Mondays, 1:00–2:30, Sept. 16–Nov. 4

Note time, dates



Eight sessions

Reston Community Center (RCC), Lake Anne

Instructor: RCC Staff

Class Limit: 5

Fee: \$80

Kundalini yoga uses asanas (postures), movement, breath, and meditation to relax and heal your mind, body, and spirit. This type of yoga improves strength and flexibility and may provide relief from problems such as back pain, stress, and insomnia. The fee of \$80, payable to OLLI, is due at the time of registration. Those registering will also need to complete a Reston Community Center registration waiver form and bring it to class on the first day. The form can be found at <https://tinyurl.com/restonwaiver>. Registration is not final until a completed RCC waiver is submitted. Registration is on a first-come, first-served basis.

R811 The World Around Us

Mondays, 2:00–3:30, Sep. 23–Nov. 4

Note time

Seven sessions

Walker Nature Center, 11450 Glade Dr. Reston, VA 20190

Coordinator: Elizabeth Bolton

Class limit: 32

Carpool

This course will have various speakers on the natural world: from bees and butterflies to raptors.

- **Sept. 23:** Nocturnal Neighbors: Fairfax County Wildlife after Dark. **Erin Thady** and **Ethan Chapmon**, wildlife biologists, Fairfax County.
- **Sept. 30:** What's at the Feeder: Our Local Birds. **Abby Stockling**, naturalist at the Walker Nature Center.
- **Oct. 7:** The Flutterbys: Butterflies. **Claudia Thompson-Deahl**, senior environmental resources manager for Reston Association, **Katie Shaw**, manager of the Walker Nature Center.

• **Oct. 14:** Small Jewels: Dragonflies. **Don Corum**, Fairfax Master Naturalist.

• **Oct. 21:** The Endangered: Bats. **Kristen Sinclair**, ecologist with the Fairfax County Park Authority specializing in rare, threatened and endangered species.

• **Oct. 28:** The Buzz Word: Bees. **Brenda Kiessling**, master beekeeper, and beekeeper since the 1970s.

• **Nov. 4** Town Center Squatters: The Reston Falcons and Other Raptors. **Matthew Olear**, US Fish and Wildlife volunteer and falcon fan.

R812 Modern Physics: A Light Approach

Tuesdays, 9:40–11:05, Oct. 22–Nov. 12

Four sessions

Instructor: Steve Greenhouse

At very large or very small scales and masses, the “old” Newtonian physics no longer applies. A little over a century ago, Albert Einstein developed the theory of relativity, and Max Planck and others did the early work on quantum theory to fill these gaps. This course will attempt to answer why these topics are so difficult to understand and will explain them in layman’s terms. Among the many paradoxes addressed: How can a cat be alive and dead at the same time? What is entanglement? (Einstein called it “spooky action at a distance”.) Why do moving clocks tick more slowly than stationary ones? What is gravity and spacetime? No math!

After retiring as an electrical engineer, **Steve Greenhouse** joined OLLI and has been immersed in teaching ever since. He graduated from the University of Maryland with a BS and The Catholic University of America with an MS and a PhD in electrical engineering. He was employed by the government, several contractors, and as an independent consultant, working in the space communications field for the last 35 years of his career. Retirement has given him time to delve into subjects he has always been interested in; this course is about one of them.

R813 Reston Hospital Center Series

Wednesdays, 11:50–1:15, Oct. 23–Nov. 13

Four sessions

Rose Gallery at Reston Community Center, Lake Anne
Coordinator: Janet Cochran

Good health is the key not only to our longevity, but also to the quality of our daily lives. What’s new in medicine that can promote longer and enhanced living? In each session of this course, participants will have the chance to hear from medical professionals and to ask them pertinent questions. Come with your questions and get informed responses. The course topics are:

- **Oct. 23:** Advances in Cardiology. **Dr. Jonathan Yager.**
- **Oct. 30:** The Bladder, Kidneys and You. **Dr. Kambiz Tajkarimi.**
- **Nov. 6:** Management of Dermatological Concerns. **Dr. Theodore Sebastien.**
- **Nov. 13:** Medical Oncology. **Dr. Syed Ali.**

R814 Unidentified Flying Objects (UFOs): A Redux of a Serious Assessment

Thursdays, 9:40–11:50, Sept. 26–Oct. 10

Three sessions

Instructor: Paul Murad

UFOs have perplexed us for epochs. Real or not? If UFOs are real, can they affect attitudes from exotic science, new space propulsion, politics, and religion? Topics for sessions are:

- A brief history of classical art, physical evidence, and paranormal phenomena.
 - Unnatural artifacts found in structures. Strange rock carvings of unusual figures distinctive from human beings at Egypt, Armenia, newly discovered pyramids in Bosnia, as well as the moon and Mars, which raise questions whether mankind is not alone.
 - Faster than light travel concepts may be new physics.
 - Recent Internet films from Russia and elsewhere apparently show captured aliens.
 - Navy revealed an F/A-18 tracking a Tic Tac UFO.
 - Oumuamau is a space object that came from another solar system. Is it a meteor or a dead spacecraft designed to gather data about our species?
- P. A. Murad** worked in the Apollo program, missile developments and foreign technology. He has taught previous OLLI courses on the space race, gravitation, wing-in-ground ships, area-51 aircraft, a century of genocides, and nuclear explosion evidence on the Martian surface.

and pastries, coffee, tea, and juice. Registration is on a first-come, first-served basis. Topics include:

- **Sept. 23:** Book talk: *Flood*. Melissa Scholes Young, author. “*Flood* reflects America’s rural-urban divide, racism, empty-headed faith, willful ignorance, wheel-spinning, and marveling at distracting fireworks instead of the vast universe looming behind them. It’s more than a hillbilly elegy.” **Young** has been featured in the *Washington Post*, *The Atlantic*, *Narrative*, *Ploughshares*, *Poet Lore*, and *Poets and Writers*. She is a contributing editor for *Fiction Writer’s Review* and editor of *Grace in Darkness: D.C. Women Writers*. She is an associate professor in the Department of Literature at American University.
- **Sept. 30:** Winds of Change: the driving forces behind creating and adopting musical instruments in the 19th century. **Dr. Richard Demy**, soloist and sponsored artist. Antonio Stradivari died in 1737, and over the course of his life refined the construction of stringed instruments to their current form. However, wind instruments would go through roughly 200 years of changes before they developed into the instruments we know today. Discussion and performance on four generations of bass brass instruments will show that each instrument was designed for the changing needs of the music, and not for deficiencies of the original designs. **Demy** has performed with orchestras and wind bands all over the United States and Europe and has given over 100 recitals and masterclasses in the United States. He is known for his experimentation with modern mixed-media performance and as a performer on period instruments such as a serpent, ophicleide, and the American saxhorn. **Demy** is the professor of low brass at Northern Virginia Community College.
- **Oct. 7:** “America First” and Trump’s Reformulation of US Foreign Policy. **Richard Rubenstein**, professor of conflict resolution and public affairs at Mason. Donald Trump’s foreign policies require calmer, more nuanced analysis than many international relations specialists have so far been willing to supply. Administration policies project a generally ethnocentric, militantly nationalist approach to politics into the sphere of foreign affairs. However, they also sometimes suggest a more innovative vision of armed, multi-polar peace. The deep contradiction between imperial ambitions and neo-isolationist impulses renders the Trump approach to global affairs both incoherent and increasingly dangerous. **Rubenstein** is the author of nine books on violent political conflict and methods of resolving conflict nonviolently.

900 Other Topics

F901 Mason Faculty Club Series, Part 1

Mondays, 9:30–11:00, Sept. 23–Oct. 7

Note time



Three sessions

Cost: \$30

Come join us at the Mason Faculty Club (Pilot House on the main campus) and enjoy breakfast and a stimulating presentation just for OLLI members. The fee includes a three-hour parking pass for the Rappahannock parking deck and a continental breakfast consisting of fruit, yogurt, granola, bagels

F902 Mason Faculty Club Series, Part 2

Mondays, 9:30–11:00, Oct. 21–Nov. 4



Note time

Three sessions

Cost: \$30

Come join us at the Mason Faculty Club (Pilot House on the main campus) and enjoy breakfast and a stimulating presentation just for OLLI members. The fee includes a three-hour parking pass for the Rappahannock parking deck and a continental breakfast consisting of fruit, yogurt, granola, bagels and pastries, coffee, tea, and juice. Registration is on a first-come, first-served basis.

● **Oct. 21:** Book talk: *Discovering the South: One Man's Journey Through a Changing America in the 1930s*. Jennifer Ritterhouse, author. In May 1937, a 35-year-old newspaper editor named Jonathan Daniels set out on a ten-state driving tour to discover the American South. Like the now-famous documentary photographers of his day, Daniels was curious to see the effects of the Great Depression on the United States' poorest region. He ended up finding far more than agricultural poverty, including racial and industrial strife and the first stirrings of the civil rights movement. A well-connected white intellectual, he managed to interview some of the South's most important literary figures, most notably Margaret Mitchell. In *Discovering the South: One Man's Travels through a Changing America in the 1930s*, Ritterhouse supplements Daniels's own account of his trip with extensive research to present a panoramic view of a deeply troubled place at an important historical moment. **Ritterhouse**, professor of history at Mason, earned her BA at Harvard University and her MA and PhD at the University of North Carolina at Chapel Hill. In addition to *Discovering the South*, she is the author of *Growing Up Jim Crow: How Black and White Southern Children Learned Race*, as well as several articles. She is the editor of a reprint edition of Sarah Patton Boyle's autobiography, *The Desegregated Heart: A Virginian's Stand in Time of Transition*, and one of several co-editors of *Remembering Jim Crow: African Americans Tell About Life in the Segregated South*. She is currently researching the life and legacy of Lucy Randolph Mason, a great-great-granddaughter of George Mason IV, who was a woman suffragist and labor activist best known as "Miss Lucy of the CIO."

● **Oct. 28:** Taiji: Philosophy, Culture, and Practice. Douglas Eyman, Mingzhen Tian, Hongmei Sun, and Karl Zhang. Taiji, which is short for Taiji quan, is an internal Chinese martial art that is practiced

worldwide for its health benefits. This presentation introduces the philosophical idea of Taiji quan, the history and culture of Taiji quan in China, the practice of Taiji in the United States, and its benefit to health and well-being. All presenters are Mason professors who can speak from their experiences of exercising Taiji with local groups. The team can also present a short demo of Yang-style Taiji moves, if conditions permit. **Eyman** is director of the PhD in Writing and Rhetoric, the MA concentration in Professional Writing and Rhetoric (PWR), and the undergraduate Professional Writing Minor. **Tian** holds a PhD in physics from University of Paris-Sud. She joined Mason in 2007, and teaches both undergraduate and graduate-level courses in physics. **Sun** holds a PhD in comparative literature from the University of Massachusetts Amherst. She teaches courses in Chinese literature and culture in modern and classical languages. **Zhang** studied at Fudan University in Shanghai and Free University in Berlin before earning a joint PhD in humanities and German studies at Stanford University, when he joined the Department of Modern and Classical Languages at Mason. He primarily teaches traditional Chinese literature courses and specializes in poetry and east-west cultural relations.

● **Nov. 4:** The Birth of a Book. Susan Shreve, author. This will be a class on the process of structure and imagining of more news tomorrow—part lecture and part discussion. **Shreve** is the author of 16 novels, one memoir and 30 books for children. She is editor or coeditor of five anthologies. She has taught at Mason since 1976 and co-founded the master of fine arts degree. She has also been a visiting writer at Princeton and Columbia School of the Arts.

F903 Trip Tales

Mondays, 2:15–3:40, Sept. 23–Nov. 4

No class Oct. 14 or Nov. 11

Six sessions

Coordinator: Tom Hady

● **Sept. 23:** **Alana Lukes** took a trip to England and Wales, which included Bath, Glastonbury, Wells, Avebury, Stow-on-the-Wold, Conwy, Caernarfon, the Lake District, Hadrian's Wall, York, the Tower of London, and Windsor. Topics to explore are: Neolithic axe heads, sheep, slate, the world's largest pencil, castles, two stone circles, a Roman camp, Churchill's Blenheim, and of course food.

● **Sept. 30:** **Pat and Lydia Walsh** toured Croatia and Lake Bled in Slovenia. They journeyed to historic Zagreb, beautiful Lake Bled, and the unspoiled Dalmatian Coast, including the Habsburg resort of Opatija, the island of Hvar, and unforgettable Dubrovnik.

● **Oct. 7:** In 2018, **Judy and Stan Schretter** ended their cruise through the Suez Canal (described in a previous Trip Tale given in Reston) with two days in Mumbai, exploring how a once-vibrant Jewish heritage still co-exists with the predominant Muslim and Hindu cultures in modern day India. Driving in Mumbai was an adventure in itself!

● **Oct. 21:** **Sandy Hoch** traveled to Newfoundland and Labrador. Among other sites, she enjoyed the dramatic beauty of Gross Morne National Park, the Viking settlement at L'Anse Aux Meadows, and the Arches National Park. Then she took a ferry ride to Labrador's Red Bay, a 16th century Portuguese whaling village.

● **Oct. 28:** **Nancy Fleetwood** took a winter RV trip across the southern United States: from New Orleans, Austin, San Antonio, Waco, down to the Sea of Cortez in Mexico, to the desert of Quartzite, Palm Springs, and north to the wine country of California.

● **Nov. 4:** **Lowell Tonnessen and Mary Lou Eng** got an insider's view of Singapore through a niece living there, with side trips to Thailand (Chiang Mai and Bangkok) and Malaysia (Malacca and Kuala Lumpur).

F904 Intermediate Chess

Tuesdays, 9:40–11:05, Sept. 24–Nov. 12

Instructor: Jay Ryan

Class limit: 16

If you know the rules of chess, have been playing for a while, and would like to improve your game, then this is the course for you. We will discuss all aspects of the game: opening, middle game and endgame. You will learn about forks, pins, removing the guard, overloading pieces, the rule of the square, pawn majorities, specific openings like the French Defense, and more. About half the class will be lecture and half will be playing against your classmates. Chess boards and pieces will be provided.

Jay Ryan retired after a 35-year career as an economist and program manager at the Bureau of Labor Statistics. Ryan played tournament chess in his youth and reached the rank of Expert, one level below Master. He continues his interest in chess, playing online and teaching chess to children.

F905 Attention Training through Maha Yoga

Tuesdays, 2:15–3:40, Sept. 24–Nov. 12

Instructor: Haritha Gajjela

During this course, students will learn how to train and control their attention through Maha Yoga techniques as taught by Shri Mataji Nirmala Devi. Students will learn how to stay in the present through the self-realization experience. Knowledge and techniques will

be provided to help balance at all the levels (physical, mental, emotional, and spiritual). Different chakras and mantras will be taught. Techniques to keep the body healthy and to give self-realization will also be taught. During the class, participants will always be seated in chairs; no physical exercises are involved. Handouts to take home will be provided.

Haritha Gajjela has a MS in pharmacology and is a research scholar from University of Kentucky. Since 1997, she has been helping communities through Maha Yoga as taught by Shri Mataji Nirmala Devi. She conducts free workshops in Virginia, Washington, and Maryland community fairs, school events, corporate health fairs, local libraries, and online.

F906 The Pittsburgh Renaissance: A Interdisciplinary Approach

Thursdays, 11:50–1:15, Sept. 26–Nov. 14

Sherwood Center, 3740 Old Lee Highway, Fairfax, VA

Instructors: Rose Cherubin, Rutledge Dennis, Bill Taylor, Charles Sykes, Marianne Metz, Claire Smith, and Barbara Nelson

Coordinators: Camille Hodges, Barbara Nelson, Rala Stone

After the Civil War, Southern blacks migrated to the steel-making city of Pittsburgh and significantly contributed to its economic prosperity and success. From the 1920s through the 1950s, "Black Pittsburgh" also experienced an explosion of energy and creativity in the arts, music, and sports. Mark Whitaker's book *Smoketown* provided important insights on this topic. Mason professors Rose Cherubin and Rutledge Dennis will examine the historical and social roots of this renaissance, including the philosophies of Alain Locke and W. E. B. Du Bois, as well as the impact of Pittsburgh's African-Americans' achievements. Bill Taylor will describe the Negro Baseball League and focus on its two local teams, the Pittsburgh Crawfords and the Homestead Grays. Charles Sykes will talk about his father, Franklin "Doc" Sykes, a star in that league, and other players he knew. Marianne Metz will highlight some of the amazing Pittsburgh-educated musicians. Claire Smith and Barbara Nelson will discuss three plays by the Pulitzer Prize-winning playwright August Wilson: *Joe Turner's Come and Gone*, *The Piano Lesson*, and *Fences*.

Rutledge M. Dennis is a professor of sociology and anthropology at Mason. He received his BA in social science and sociology from South Carolina State University and his MA and PhD in sociology from Washington State University. Prior to joining Mason, he was the first coordinator of the African American studies program at Virginia Commonwealth University. **Rose Cherubin** is an associate

Other Topics

professor of philosophy and director of graduate programs for philosophy at Mason. **Charles Sykes** is a retired overseas humanitarian aid worker, US Department of State senior executive, OLLI instructor for the Great Decisions Program, avid reader and follower of March Madness and *Mad* magazine. **Bill Taylor** is a retired senior executive from the Social Security Administration and an OLLI member. He has a life-long interest in baseball and its history. **Marianne Metz** treasures the music and performers of the mid-20th century. In previous OLLI classes she has shared her enthusiasm for Fred Astaire, Gene Kelly, Frank Sinatra, Alice Faye, and classic American songwriters. She produces and hosts a weekly radio show *The Melody Lingers On* that features all of these and more. **Claire Smith**, an OLLI member, formerly served as co-chair of the Language, Literature, and Theater Program Planning Group. **Barbara Nelson**, an OLLI member, taught for over 30 years at the secondary level, the last 20 at Thomas Jefferson High School for Science and Technology. She has taught literature classes at OLLI and art history classes that are based on National Portrait Gallery exhibits.

L907 Trip Tales

Tuesdays, 2:15–3:40, Oct. 15–Nov. 12

Five sessions

Instructor: Lucy Richards

These Trip Tales involve expedition cruising, i.e., cruises on small ships to places classic cruise ships often cannot reach. The first presentation covers a cruise across the southern Atlantic beginning in Ushuaia, Argentina then stopping at the Falkland Islands, South Georgia Island, and ending in Cape Town. The second presentation describes a cruise in the Indian Ocean to include stops in the Aldabra Atoll of the Seychelles (a UNESCO World Heritage Site), Mayotte, Madagascar, and Reunion Island. The third reports on a cruise from New Zealand's South Island heading south to sub-Antarctic islands of New Zealand and Australia and then back through all three of New Zealand's famous sounds, Dusky, Doubtful, and Milford. The fourth involves a cruise along the Humboldt Current on the west coast of South America from Ecuador to Chile, exploring both Moche and Inca cultures as well as a flight over the Nasca Lines and a day in the Atacama Desert. The fifth session will cover an Alaska cruise that began in Nome, went across the Bearing Strait to Russia, then back to the US, then straight down through the Bearing Sea and up the Aleutians.

Lucy Richards, a lawyer by training, spent much of her career with the State Department, and after retiring from the government she began to travel. Some of her travels have been on expedition cruises, taking small ships to less

visited parts of the world. The focus on such cruises is not only on visiting these wild places but also on protecting them and their wildlife for future generations.

L908 Exploring along Spiritual Paths, Part 2 (Formerly Survey of Nontraditional Beliefs)

Wednesdays, 11:50–1:15, Sept. 25–Nov. 6

Seven sessions

Instructor: Linda Bender

Class limit: 25

This is Part 2 of a class on non-traditional beliefs. To really understand and make sense of our discussions, it is important to have been in one of the Part 1 classes. Given the esoteric changes in the last 18 months, we will discuss the subtle differences in the concepts of karma, reincarnation, free will choice, and the chakras from Part 1, plus additional material on levels of energy, cosmic law and the process of having a mystical experience. As always there will be hints on how to manage changes and how to function effectively within this fluid framework. Remember that your questions are important.

After graduating from Cornell with a BA in mathematics and spending 20 years as the wife of an Army Intelligence officer, **Linda Bender** managed medical billing offices for hospital and physician groups. Since joining OLLI, she has taught meditation and facets of spiritual exploration.

L909 Attention Training through Maha Yoga

Thursdays, 2:15–3:40, Sept. 26–Nov. 14

Instructor: Haritha Gajjela

This is a repeat of **F904**.

Special Events Fairfax/Loudoun/Reston

We urge you to register for these offerings as early as possible. Trips and performances are popular and can fill up quickly, even on the first day of registration.

Special Events

Program Planning Group Chairs:
Florence Adler, Rita Way



Fall for the Book

OLLI will join Fall for the Book in their 21st annual festival of literature by promoting or facilitating several of their events. Please register for the events listed below by using the OLLI member portal. For events requiring shuttle bus transportation, service will be provided from Tallwood 45 minutes prior to the event, and there will also be return service after the event. Check out the rest of the Fall for the Book schedule of events at www.fallforthebook.org/schedule. Park for free at the Rappahannock parking deck at George Mason University on Saturday, October 12, to enjoy a full day of free offerings, including author events in Merten Hall, book club hits, mystery and thriller writer panels, and more. Don't miss headline speakers Delia Owens, author of *Where the Crawdads Sing*, and David Grann, author of *Killers of the Flower Moon*. From the parking deck, you can also catch a free shuttle to downtown Fairfax to enjoy Fall Festival activities.

Volunteer at Fall for the Book

Meet your favorite writers and help a literary staple of the Fairfax community thrive. Contact volunteers@fallforthebook.org to find out how you can help at the 2019 festival, October 10–12.

951 Fall for the Book: If You Build It, He Will Come

Thursday, 11:50–1:15, Oct. 10

Sherwood Center, 3740 Old Lee Highway, Fairfax, VA

Instructor: William Steele

Biographer William Steele explores the life of W.P. Kinsella in his book *Going the Distance: The Life and Works of W.P. Kinsella*. Kinsella gained popularity when his novel *Shoeless Joe* was made into the movie *Field of Dreams*, now celebrating its 30th anniversary. Steele was granted full access to Kinsella's personal diaries, correspondence, and unpublished notes, as well as hours of personal interviews with Kinsella, his friends, and his family. His book offers insight into Kinsella's

personal life while balancing it with the critical analysis his fiction has inspired.

952 Fall for the Book: American Bard: Walt Whitman, Himself

Thursday, 2:15–3:40, Oct. 10

Fairfax

Instructor: Jean Huets

Celebrate the 200th anniversary of a great American poet's birth with Jean Huets's biography, *With Walt Whitman, Himself: In the Nineteenth Century, in America*. This expansive book explores the roots of Whitman's great work *Leaves of Grass*. It includes over 300 period images and text, with extensive quotes from Whitman, his family and friends, and even a few enemies. Huets's writing has appeared in *The New York Times*, *The Millions*, and the *Civil War Monitor*.

953 Fall for the Book: Slavery, Freedom Seekers, and Heroes

Friday, 1:00–2:30, Oct. 11

Fairfax

Instructors: Jenny Masur, Char McCargo Bah

Jenny Masur, anthropologist and author of *Heroes of the Underground Railroad Around Washington, D.C.*, and Char McCargo Bah, author of *Alexandria's Freedmen's Cemetery: A Legacy of Freedom*, discuss the history of local slavery and the many men and women, both black and white, who acted as operatives and freedom seekers, demonstrating courage, resourcefulness, and initiative. Masur worked for 17 years as the National Capital Regional Manager for the National Underground Railroad Network to Freedom Program with the National Park Service. McCargo Bah is an independent historian, a professional genealogist, and was named a Living Legend of Alexandria, Virginia in 2014.

954 Fall for the Book: Friday Night Headliner

Friday, October 11, time to be determined

Sherwood Center, 3740 Old Lee Highway, Fairfax, VA

Instructor: To be determined

Don't miss the Fall for the Book Friday night headliner. At press time for the catalog, the author and time have not been set. More information about the class will be provided before term starts.

955 Fall for the Book: *Where the Crawdads Sing: A Conversation with Delia Owens*

Saturday, 3:00, Oct. 12

George Mason University's Harris Theatre, 4400 University Drive, Fairfax, VA

Shuttle Bus from Tallwood (45 minutes before start of presentation)

Instructor: Delia Owens

Event limit: 60

Delia Owens takes to the stage to discuss her #1 *New York Times* bestselling novel, *Where the Crawdads Sing*. The book follows "Marsh Girl" Kya Clark, who has survived for years alone in the lush marshes of North Carolina. When someone is murdered, the town suspects her, and two local boys become enraptured by her wild beauty. The *New York Times Book Review* calls it "A painfully beautiful first novel that is at once a murder mystery, a coming-of-age narrative and a celebration of nature." Sponsored by the Fairfax Library Foundation.

956 Fall for the Book: *Killers of the Flower Moon: David Grann on Murder and the FBI*

Saturday, 5:00, Oct. 12

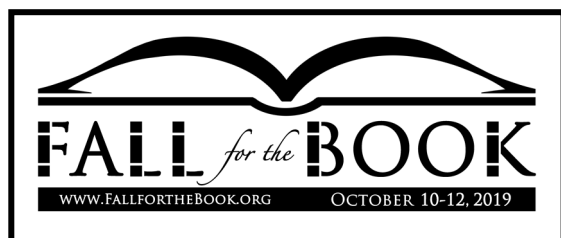
George Mason University's Harris Theatre, 4400 University Drive, Fairfax, VA

Shuttle Bus from Tallwood (45 minutes before start of presentation)

Instructor: David Grann

Event limit: 60

In his *New York Times* bestselling true crime book, *Killers of the Flower Moon: The Osage Murders and the Birth of the FBI*, **David Grann** dives into the cold-blooded murders of many Osage Indians in the 1920s, the disastrous FBI investigation, and the exposure of one of the most chilling conspiracies in American history. It has been named Best Book of the Year by over a dozen publications, including *The Wall Street Journal* and NPR. *Killers of the Flower Moon* is now in film production with Martin Scorsese as director and starring Leonardo DiCaprio. Sponsored by the George Mason Friends.



Lectures

957 Resistance Training 101: Learn the Basics and the Benefits for Seniors

Monday, 11:50–1:15, Sept. 23

Loudoun

Instructor: Bobby Quarantillo

Coordinator: Kathie West

Bobby Quarantillo has been training clients ranging from senior citizens to Division 1 athletes in Loudoun County for the last 12 years. Last year his presentation at OLLI focused on the importance of the squat and the deadlift. He is excited to come back this year to expand on the benefits of resistance training for OLLI members.

Bobby Quarantillo has helped countless adults lose weight and improve their quality of life. He has also worked with dozens of high school athletes who have secured Division 1 athletic scholarships. Quarantillo has a BS in business management with a focus on sports management, but his true passion is working with his clients to improve their health and fitness.

958 Discover Engaging Library Events and Dynamic Online Resources

Monday, 2:15–3:40, Sept. 23

Fairfax

Instructor: Renee Edwards

Coordinator: Carolyn Kramer

Fairfax County Public Library hosts a variety of free events and offers many online resources for adults of all ages. Learn what events various branches are planning for the fall and winter months and explore some of their online resources, such as Overdrive, Ancestry Library, Lynda.com, University Class, and more!

Renee Edwards manages the Program and Educational Services Department for Fairfax County Public Library. In this position, she oversees library programming for children, teens, and adults.

959 Judy Garland: Beyond the Rainbow

Tuesday, 9:40-11:05, Sept. 24

Fairfax

Instructor: Dan Sherman

Judy Garland was one of America's greatest popular singers, with a career of over 40 years that spanned vaudeville, movies, and concerts. Her life included many triumphs as a performer, including introducing her signature song "Over the Rainbow," along with long battles with addiction that led to her early death. The course will provide an overview of her life and

professional career, relying mostly on clips from movie and TV performances to present her artistry.

Dan Sherman has taught numerous courses for OLLI and other area organizations on musical theatre and other topics. He holds a PhD in economics from Cornell University and recently retired as a managing director at the American Institutes for Research.

960 Be Ready in Case of Emergencies: Learn How to Create a Home Inventory!

Tuesday, 11:50–1:15, Sept. 24

United Christian Parish Church, Reston

Instructor: Susan Kousek

Coordinator: Janet Cochran

Hurricane season spans six months—from June 1 through November 30. If the roof blew off your home and scattered your possessions to the four winds, do you have an inventory of what was lost to give your insurance company? Loss can also come about because of fire, flood, tornado, or theft. You can easily create your own home inventory in a short time.

Susan Kousek is a Certified Professional Organizer. For over 35 years, she's been helping others *get* organized and learn how to *stay* organized and be more productive. She created her first home inventory for a client in the early 1980s, and since then has devised inventories for clients who were moving or had insurance needs.

961 What's in the Virginia Room?

Wednesday, 9:40–11:05, Sept. 25

Fairfax

Instructor: Laura Wickstead

Coordinator: Bob Coffin

Want to know what's in Fairfax County Public Library's Virginia Room? It is in the City of Fairfax branch, and has significant archival collections—including photographs, vertical files, newspapers, books and manuscripts—about the people, associations, events, and places of Fairfax County. The Virginia Room also has tremendous history, military, and genealogy holdings for Fairfax and Virginia, as well as family history resources from across the nation and abroad.

Laura Wickstead, who has a master's degree in library science, has worked with historians and genealogists in research and archival collections for 20 years. Before coming to Fairfax County Public Library in the fall of 2012, she spent eight years as the Virginia Room Librarian for the City of Roanoke. She has presented and taught classes at the local, regional, and national level. Laura is committed to connecting researchers with the information they seek.

962 From Poetry to Song: Emily Dickinson

Wednesday, 10:00–11:00, Sept. 25

Note time

Fairfax

Artists: Nancy MacArthur Smith, soprano and piano, and Dr. Lisa Bloy, piano

This program will explore songs created by seven American composers to illuminate poems written by Emily Dickinson. Each segment will begin with a brief discussion of the poems, the composers who set them, and how they chose to interpret them musically. A biography of Emily Dickinson will also be presented. Soprano **Nancy MacArthur Smith** is known to Washington area audiences for her performances of early music, art song, and musical theater. She has performed with Carmina, The Washington Kantorei, Armonia Nova, the Orchestra of the 17th Century, and Washington National Opera. She has soloed in requiems by Rutter, Brahms, Faure, and Mozart, as well as Handel's *Messiah*, Schubert's *Mass in G*, and Vivaldi's *Gloria*. She toured the United States and abroad with the Soldiers' Chorus of the US Army Field Band and has performed in and directed many musicals, most recently *Ragtime* with Bay View Summer Music Festival in Michigan. Smith has been a performing member of the Friday Morning Music Club since 1986. She serves as secretary on the board of the Virginia National Association of Teachers of Singing (NATS) and maintains an independent voice studio in Clifton, Virginia. For more information, visit her website at nancymacarthursmith.mymusicstaff.com. **Dr. Lisa Bloy** is a vocal coach at George Mason University and serves as organist at Falls Church Presbyterian Church. She holds degrees from Oberlin Conservatory, Penn State, and Michigan State and is an active recitalist in the area. She was recently the conductor for Shakespeare Opera Theater's production of *Romeo and Juliet* with Berlioz's music and *Midsummer Night's Dream* with Mendelssohn's incidental music, as well as the assistant conductor for their production of Verdi's *Falstaff* and Loudoun Lyric Opera's production of Menotti's *Amahl and the Night Visitors*. She has been a music director at the Atlantic Music Festival and the Bethesda Summer Music Festival.

963 Henrik Ibsen's A Doll's House

Wednesday, 11:50–1:15, Sept. 25

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Vera Wentworth

This class will examine Henrik Ibsen's *A Doll's House*. Ibsen has been called the "father of modern drama" for dealing with the problems of ordinary people. In his plays he exposes corrupt practices, societal taboos, and government scandals, all the while concentrating on the conflicts of his major characters and how they are resolved. In *A Doll's House* his heroine Nora decides to

Special Events

leave her husband and children, a scenario that resulted in a great scandal in the literary world around Ibsen. From a meek housewife, Nora turns into an independent being, braving the unknown, outside world. In later times, Ibsen's Nora evolved into a feminist icon.

Vera Wentworth holds a PhD in English and has taught at the college level for 30 years, mostly at the University of Maryland and Prince George's Community College. She has taught a variety of literature courses at OLLI.

964 Living With Compassion in Today's World: Can it Make a Difference?

Wednesday, 2:30–3:55, Sept. 25

Note time

Fairfax

Instructor: Rabbi Bruce Aft

Coordinator: Velma Berkey

Can compassion really make a difference in our communication with each other? If sticks and stones can break our bones and words can break our hearts, then what can we say and do to repair the brokenness in our world? This presentation will include texts, anecdotes, and stories that exemplify the difference compassion can make.

As a graduate of the Reconstruction Rabbinical College in Philadelphia with an MSW from Temple University, **Rabbi Aft** has been the spiritual leader at Congregation Adat Reyim in Springfield, Virginia, for 28 years. In addition to his congregational responsibilities, he spent 29 years working at the BBYO International Kallah, a Jewish leadership program for teenagers. Feeding his passion for improving race relations, Rabbi Aft has served on the Operation Understanding DC board for almost 20 years, promoting dialogue between Black and Jewish teens. He has been an adjunct professor at Marymount University, George Mason University, and the University of Mary Washington.

965 PT Boats in the US Navy: Their Place in American Culture and Famous Personalities Aboard Them

Wednesday, 2:15–3:40, Sept. 25

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Blane Amphthor

The US Navy's Patrol Torpedo (PT) boat had its origins in several countries but is considered uniquely American. This weapon, considered experimental by the Navy, became critical to US operations during World War II. It is now associated with Hollywood stars and leaders of our country and is featured in television and movies.

Blane Amphthor is a federal government employee who has had a lifelong interest in World War II history, particularly the role of the US Navy.

966 Greek Folk Tunes in Classical Music

Thursday, 11:50–1:15, Sept. 26

Loudoun

Instructor: Kosmo Tatalias

Brahms and Liszt famously used Hungarian folk dances as the basis of many of their compositions. Classical composers of every nationality have used popular melodies and songs of their own and other cultures in their music. So too with Greek composers. Wait! Can you name even one Greek classical composer? This talk will sample Greek classical works and the Greek folk music they employed.

See R118 for instructor information.

967 Tour of World War II in Europe: Stories and Photos of Those Who Served

Friday, 1:00–2:30, Sept. 27

Fairfax

Instructor: Kayleen Reusser

Coordinator: Carolyn Kramer

In the past eight years Kayleen Reusser has interviewed 250 World War II veterans. She has written three books of stories gleaned from the interviews. Reusser will present photos she took during a 10-day World War II tour of Europe, which she and her husband completed in 2017. She augments this presentation with quotes from veterans who served in those locations, including Paris, Omaha Beach, Dachau, Eagle's Nest, Nuremberg, Patton's grave in Luxembourg, and more.

Kayleen Reusser has published three books: *We Fought to Win: American World War II Veterans Share Their Stories*; *They Did It for Honor: Stories of American WWII Veterans*; and *We Gave Our Best: American WWII Veterans Tell Their Stories*. She is the wife and mother of Air Force airmen and leads two writing clubs. Her website is KayleenReusser.com.

968 Ancient Greek Medicine

Monday, 9:40–11:05, Sept. 30

Loudoun

Instructor: Stephanie Campbell

Have you had your humors balanced recently? One might expect to hear this upon sitting down for a consultation with Hippocrates, a trailblazer in the medical field in the 5th century BCE. Medical treatment could then vary based on social class, diet, gender, and mental state. What kind of medical advice did our Greek forerunners give, what medicines did they dole out, how were ancient surgeries performed, and where did they get it right or tragically wrong? This lecture will explore ancient Greek medicine's "divine" origins, Hippocrates's biological remedies and medical ethics,

Aristotle's empiricism, and Alexandrian experimentation, culminating in Galen's profound influence on the medical profession that would last over a thousand years after his death. Come prepared with an open mind and a strong stomach, recognizing that while ancient medical practitioners strove to "do no harm," many also thought the "ends justify the means."

Stephanie Campbell attended the College of William and Mary, where she earned a BA in history and a second BA in medieval and Renaissance studies. She then attended Catholic University, where she earned an MA in history with a concentration in medieval history. Her special interests include the history of persecution, the Black Death, and the Carolingian Empire. She currently works as a full-time instructor at Northern Virginia Community College, where she teaches western civilization and world civilization classes and is the acting faculty advisor to the Loudoun Campus History Club.

969 Mel Blanc and the World of Warner Brothers Cartoons

Wednesday, 11:50–1:15, Oct. 2

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Jim Dunphy

Sometime during your childhood, you must have seen a Looney Tunes/Merrie Melodies cartoon and been amazed at the unique voices of the characters. In this clip-filled class, OLLI takes you behind the scenes to review the amazing 60-year career of Mel Blanc, the voice of, among others, Bugs Bunny, Daffy Duck, Elmer Fudd, Tweety Bird, Sylvester the Cat, Yosemite Sam, Foghorn Leghorn, Wile E. Coyote, and the Road Runner. In the words of another Mel Blanc character, Porky Pig, "tha-tha-that's all folks!"

Jim Dunphy grew up in Brooklyn on Warner Brothers cartoons, living with people who sounded just like Bugs Bunny. He has taught a number of OLLI classes, on baseball, history, music, movies, and whatever else happens to pop into his head.

970 Workshop on Afro-Indigenous Traditions and Culture

Wednesday, 2:15–3:40, Oct. 2

Fairfax

Instructors: LADAMA quartet

Class limit: 40

This class will dive in depth into aspects of Afro-indigenous traditions and culture in the Americas, such as Joropo from Venezuela, Cumbia from Colombia, Coco from Brazil, and the Blues from the Southern United States. Participants will learn about song, movement, and rhythmic aspects of these

traditions, the origins and importance of each, their historical and political aspects, and their emergence in popular culture. This is a lecture combined with an interactive workshop; participants are encouraged but not required to participate in body percussion, a low-impact exercise that can be done while seated and requires no instruments.

LADAMA is an all-female quartet called a "Female Latin Powerhouse Group" by *LA Weekly*. They will deliver fresh and vibrant music during Hispanic Heritage Month (September 15–October 15). If you'd like to learn more about this group, below is a link to their 2018 TED Talk entitled *How Music Crosses Cultures & Empowers Communities*.

[https://www.ted.com/talks/](https://www.ted.com/talks/ladama_night_traveler_porro_maracatu)

[ladama_night_traveler_porro_maracatu](https://www.ted.com/talks/ladama_night_traveler_porro_maracatu)

971 "How Do You Like THESE Apples?:" Heirloom Apple Tasting

Wednesday, 2:15–3:40, Oct. 2

Fairfax Lord of Life

Instructor: Bob Coffin

Cost: \$15

Class limit 60

Sample a dozen or so apples from "A" (Ashmeads Kernel) to "Y" (York Imperial) (the full list is seasonally dependent), and maybe taste a few apple dishes as well. Apples have the diversity, lore, subtlety, and audacity of fine wine—but the long winter of our indifference has extinguished hundreds of quirky and appealing varieties. Revel in the complex flavors (mango, banana, licorice, nutmeg), sprightly colors, and perfumes of still available, sometimes hard to find, varieties such as Cortland, Esopus Spitzenberg, and Ozark Gold. Check out some local "new" specialties—maybe Crimson Red—or others like Greening and Grimes Golden that were developed from old heirlooms. Before the time when Americans became identified as fans of local sports teams, they were known for their favorite apples. We will explore the history of apples (ancient Rome had seven types), their use, spread, rise, and demise (they really were America's fruit for hundreds of years). Odd bits (why do they "polish up?"), tidbits, anecdotes, places to get them, and the occasional recipe are included, no assembly required. This is a follow-on from a previous class, where we sampled other heirlooms and some new developments.

Bob Coffin, an OLLI member, is making a habit of providing "Foodie" events for OLLI, ranging from Cheese Tastings to Heirloom Tomatoes to Olive Oil. Coffin grew up in Massachusetts where summer/fall family events typically involved picking pecks of Baldwin, Gravenstein, the



Special Events

ubiquitous Hubbardston Nonesuch, and a host of other apples. As an avid reading teen, Coffin was gifted with a Department of Agriculture tome on Pomology—and he actually read it.

972 Ten Advantages of Aging for Psychological Health

Wednesday, 2:15–3:40, Oct. 2

Rose Gallery at Reston Community Center, Lake Anne
Instructors: Jerome Short, PhD, and Diane Wagner, PhD

Americans are living longer than ever. In this presentation, we will describe multiple advantages of aging and life experience for maintaining and increasing physical and psychological health. This is an opportunity to learn about the latest research findings on daily and weekly strategies for good health behaviors, better social relationships, cognitive and mindfulness practices, and emotional well-being.

Jerome Short, PhD, is an associate professor of psychology at George Mason University and a licensed clinical psychologist in Virginia. His teaching and research focus on promoting mental health and preventing psychological disorders. **Diane Wagner, PhD**, is a licensed clinical psychologist in private practice at Clinical Psychology Services in Fairfax, VA. Her specialty is geropsychology (psychotherapy with older adults).

973 Learn What the Loudoun County Area Agency on Aging Can Do for You!

Thursday, 11:50–12:50, Oct. 3

Note time

Loudoun

Instructor: Erin Nesbitt

The Loudoun County Area Agency on Aging is the central point of contact with the county for older adults (55+) and their families. The goal of this course is to educate participants on the comprehensive services and programs that are available. Examples of these include: adult day centers; senior centers; caregiver services; case management information and referral; disease prevention and health promotion; and home-delivered meals. There will be a detailed overview of each of the programs and services with an explanation of how to access them. Each participant will also leave with a packet of information that he or she will be able to refer to as needed. The course will also explore the Area Agency on Aging portion of Loudoun County's website, and participants will have the opportunity to ask questions during this time.

Erin Nesbitt has been in the social work field for 15 years, and for the majority of that time she has worked with older adults in various capacities. Nesbitt has dedicated her

career to working with the aging population and is passionate about the Loudoun County Area Agency on Aging.

974 Stories of a Hollywood Actress

Friday, 1:00–2:30, Oct. 4

Fairfax

Instructor: Thelma Weiner

Coordinator: Doris Weisman

Enjoy the musings of a Hollywood actress, OLLI's own Thelma Weiner, followed by fruit and pastries. Weiner has many tales to tell about her work on the screen, television, and the golden stage. She has acted in three Hollywood movies: *First Monday in October* (1981), *Avalon* (1990), and *Murder at 1600* (1997).

Additionally, she was featured in an episode of *Homicide* and countless television commercials. Her theatrical repertoire includes *Oh, Captain* (Mrs. Maud), *Milk and Honey* (Ruth), *Milk and Honey* (Clara), *Little Mary Sunshine* (Madame Ernestine), *The Pirates of Penzance* (Ruth), *The Mikado* (Katisha), *The Sound of Music* (Reverend Mother Superior), and *Peter and the Wolf* (Narrator).

Thelma Weiner was born in New York. In her teens, she was known as "The Star-Spangled Banner Girl" for her frequent performances of the national anthem at social occasions. At 16 years of age, she was awarded a scholarship to study vocal music under the instruction of Juilliard professor Madame Winnetskai. Weiner is a member of the Screen Actors Guild.

975 Flag on Prospect Hill

Monday, 11:50–1:15, Oct. 7

Loudoun

Instructor: Peter Ansoff

On New Year's Day 1776, George Washington's army raised a new flag on Prospect Hill, near Boston. The flag had 13 red and white stripes, with the British union crosses in a corner. The British troops in Boston initially interpreted the flag-raising as a sign of American submission to King George III. Or at least that's the story that's told in most conventional history books. This course will present a different and surprising interpretation of what happened on that winter morning in 1776.

Peter Ansoff retired in 2018 from a career as a support contractor for US Navy ship acquisition programs. He is a member of the North American Vexillological Association (an international organization dedicated to the study of flags) and is currently serving as its president. His other interests include maritime history and lighter-than-air aviation history.

976 Persisting in a Village**Monday, 2:15–3:40, Oct. 7****Fairfax****Instructors: Rebecca Jann, Robert Jann****Coordinator: Marilyn O'Brien**

A village is a neighborhood association dedicated to helping retirees stay in their homes as they age. The village helps with the increasingly difficult tasks of home, yard, and tech maintenance, and it provides contacts for reliable resources and services retirees may need. Most importantly, a village offers activities and services to prevent social isolation. The village movement began several decades ago. The Washington Area Village Exchange now includes about 50 nonprofit villages. The Janns founded Village Drive Village (www.villagedrivevillage.org) in their neighborhood near Fairfax in 2018. They will describe the development process and the agencies that helped them. They will discuss the current status of their low-budget, all-volunteer village in comparison to other models of villages. They will answer questions and provide links for people interested in finding or founding villages.

Rebecca Jann is chair of Village Drive Village. She develops and maintains its data storage and web pages. She earned a PhD in ecology and has taught everything from freshman biology to interdisciplinary global issues courses. **Bob Jann** has had a long career in journalism and public relations, plus a second career teaching high school journalism, English, and French. He is in charge of news and publicity for Village Drive Village. Both have been OLLI members since 2015.

977 The Cambridge Five**Wednesday, 11:50–1:15, Oct. 9****Rose Gallery at Reston Community Center, Lake Anne****Instructor: Jim Dunphy**

Five members of the British upper class—Donald MacLean, Guy Burgess, Kim Philby, Anthony Blunt, and John Cairncross—came together at the University of Cambridge, rose to prominence in British society and government during World War II, and during all of that time spied for the Soviet government. Their lives, unmaskings, and in some cases flights to Russia, read more like spy fiction than history.

Jim Dunphy has taught a number of OLLI classes on various subjects. He is a retired US Army Reserve colonel and was a Latin American political military officer. In preparation for an assignment, he underwent a Central Intelligence Agency (CIA) psychiatric examination, which he passed. (Of course, being declared sane by the CIA is a mixed blessing.)

978 Native American Veterans in the Wars, Part 2**Monday, 11:50–1:15, Oct. 14****Loudoun****Instructor: Michael Nephew**

This is a continuation of the Native American Veterans in the Wars presentation previously given at Fairfax and Loudoun, and is offered this term as **R321**. Part 2 includes a brief review of the citizenship issue covered previously and discussions of actions in World War I, code talkers in both WWI and WWII, medals earned, and a Native American POW in Iraq.

See R321 for instructor information.

979 The Wreck of the Edmund Fitzgerald**Monday, 2:15–3:40, Oct. 14****Fairfax****Instructor: Jim Dunphy**

In November 1975, the SS Edmund Fitzgerald sank in a storm on Lake Superior. It was one of many ships that sank in the Great Lakes and probably would have been forgotten, but in August 1976 Gordon Lightfoot had a top-five smash hit with his song “The Wreck of the Edmund Fitzgerald.” In this class, we will first look at Lightfoot and what his influences were while writing the ballad. Next, we will look at the background of the Edmund Fitzgerald, the “crew and good captain well-seasoned,” the theories as to why the ship sank, and the search for and eventual discovery of the wreckage. After reviewing the history, we will turn back to Lightfoot’s hit and determine how close he was to the historical truth.

Jim Dunphy is a retired federal attorney and retired colonel in the United States Army Reserve. He has taught a number of classes at OLLI, including a class on protest music, the love of which he received from his father. In fact, when he and his father first heard “The Wreck,” they both believed it was about a wreck from the 1930s, and heard echoes of Woody Guthrie.

980 Living Longer, Living Smarter**Wednesday, 11:50–1:15, Oct. 16****Rose Gallery at Reston Community Center, Lake Anne****Instructor: Suba Saty**

This class is about preparing for the future. None of us can predict for sure what tomorrow might bring. That’s why it is important to plan—decide what you want, create a plan to get there, and share it with those who need to know. The program covers:

- **Finances:** focusing on the cost of long-term care and how long you will need it, helping you understand what costs may or may not be covered by government

Special Events

programs, and exploring private financing strategies. The class will also help you identify resources to assist you in creating your long-term care plan.

- **Health:** exploring a variety of health topics including family health history, screenings and immunizations, medication management, brain health, and new healthcare technology. You'll leave with specific ways and resources to help you make positive health choices.
- **Home and Community:** helping you gain a better understanding of the features that make both your home and community places where you can live in comfort and safety—no matter what your life stage.
- **Legal:** helping you learn about advance directives, living wills, powers of attorney, and the importance of making a plan in advance.

Suba Saty, originally from India, migrated to the United States in 1968. He retired as an Air Force lieutenant colonel and Department of Defense civilian employee, with a passion to travel and hike national parks. Saty has visited all 50 states and 30 countries and has been to 54 out of the 60 US national parks. He has served as an American Association of Retired Persons (AARP) community ambassador for over four years and provides presentations on fraud/identity theft and brain health. He is a facilitator of the AARP Northern Virginia speakers' bureau.

981 Command and Control of Nuclear Weapons in the 21st Century

Wednesday, 2:15–3:40, Oct. 16

Fairfax

Instructor: Grant Jacobsen

This course is a non-technical, unclassified overview of America's nuclear arsenal, including types of weapons and how they are employed in times of crisis or war. The discussion will focus on the command and control of these weapons, including safeguards such as the two-man rule, permissive action links, and authentication protocols. The Single Integrated Operational Plan for nuclear war will also be discussed, along with the authority of the president under the two-man rule to order nuclear strikes. Nuclear targets in the United States will be shown on an unclassified slide.

Grant Jacobsen is a retired US Marine Corps colonel who has held numerous high-level positions in the field of communications, including command of a communications battalion. His final three-year assignment was as the head of the Command Centers Division in the J-6 Directorate of the Joint Staff at the Pentagon.

982 What is the Real Story Behind This Year's Horrific Wildfires in the West?

Wednesday, 2:15–3:40, Oct. 16

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Doug MacCleery

Coordinator: Fred Kaiser

Paradise and Malibu, California, are only the latest sites in a series of deadly wildfires in the western United States that over the last few years have decimated communities, killed many firefighters and community residents, damaged critical watersheds and wildlife habitat, and cost billions of dollars in property damage and fire suppression efforts. Doug MacCleery will discuss this situation's back story and history, which are seldom properly covered in the press, and what's really driving these fires—climate change, bad forest management, a century of wildfire suppression, or something else? He will also address what we can do to deal with the crisis.

Doug MacCleery is a former California wildland wildfire fighter, US forest policy analyst, and deputy assistant secretary of Agriculture.

983 Fairfax County Public Schools: A Visual History

Thursday, 2:15–3:40, October 17

Fairfax

Instructor: Jeff Clark

Explore the rich history of Fairfax County Public Schools (FCPS) from its founding in 1870 to the present through rare photographs, archival film footage, maps, and other illustrations. You'll experience a day in the life of students at a one-room schoolhouse; join FCPS Superintendent W. T. Woodson on a tour of schools in 1960; and learn about Luther Jackson High School, the first, and only, all-black high school in Fairfax County. You'll also discover how the invention of trolleys and automobiles, the baby boom, racial desegregation, and late 20th century immigration transformed FCPS from a rural district of 41 one-room schoolhouses into the 10th largest school system in the nation.

Jeff Clark is a historian and video producer in the Fairfax County Public Schools Office of Communications. He is the producer of the award-winning *What's in a Name?* and *Schools of Yesteryear* video series which documents the history of the public schools of Fairfax County.

984 Biblical Prophecy and the Modern State of Israel

Monday, 11:50–1:15, Oct. 21

Loudoun

Instructor: Steve Goldman

The State of Israel is often at the center of major international controversies. In this session we will examine why many support or oppose Israel based on different interpretations of biblical prophecy.

See F601 for instructor information.

985 What Made George Washington Tick

Wednesday, 2:15–3:40, Oct. 23

Fairfax

Instructor: Peter R. Henriques

Coordinator: Velma Berkey

Professor Peter Henriques, while skeptical of “psycho-history,” uses some of the insights of Carl Jung and psychology to try to better understand America’s foremost statesman. He will argue that a key to understanding George Washington’s motivation was his desire for secular immortality.

Dr. Peter R. Henriques received his PhD in history from the University of Virginia and is professor of history emeritus at George Mason University. He taught American and Virginia history with an emphasis on the Virginia founding fathers, especially George Washington. He is the author of *Realistic Visionary: A Portrait of George Washington*. Henriques’s current book project in progress is tentatively entitled *First and Always: The Extraordinary Journey of George Washington*. In 2012 he was the winner of the George Washington Memorial Award from the George Washington Masonic Memorial Association for his contributions to the study of George Washington.

986 Fly Girls: The Daring American Women Pilots Who Helped Win WWII

Wednesday, 2:15–3:40, Oct. 23

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Patricia O’Connell Pearson

Coordinator: Marilyn O’Brien

At the height of World War II, the US Army Air Forces needed skilled pilots, but only men were allowed to pilot military airplanes—even when their expert instructors were women. Through grit and determination, 1,100 female pilots—who had to prove their worth time and again—were finally allowed to ferry planes from factories to bases, to tow targets for live ammunition artillery training, to test repaired planes and new equipment, and more. Though the WASP (Women Airforce Service Pilots) members lived on military bases, trained as military pilots, wore

uniforms, and sometimes died violently in the line of duty, they were civilian employees receiving less pay than men doing the same jobs—and no military benefits, not even for burials. Author Patricia O’Connell Pearson will discuss the history of these remarkable women and how she came to write *Fly Girls: The Daring American Women Pilots Who Helped Win WWII*. **Patricia O’Connell Pearson**, a former Fairfax County Public Schools history teacher, holds an MEd from George Mason University and an MFA in writing for young people from Lesley University. She writes both historical fiction and nonfiction for ages 10 and up.

987 How Space Satellites Benefit the United States

Thursday, 11:50–1:15, Oct. 24

Loudoun

Instructor: Grant Jacobsen

A non-technical overview of space satellites from all countries that now circle the globe, the presentation will focus on nine types of satellites: location, communications, earth observation, navigation, search and rescue, weather, astronomical, miniaturized, and national security. Launch procedures and earth orbits will be discussed.

See 981 for instructor information.

988 Salvaged Songs: Tunes from Broadway Musical Flops

Friday, 1:00–2:30, Oct. 25

Fairfax

Instructor: Daniel B. Moskowitz

Coordinator: Marianne Metz

George Gershwin, Frank Loesser, and Hoagy Carmichael were among the skilled tunesmiths who had Broadway-bound shows that were so far off the mark that they closed out of town—and others that limped to their Manhattan openings and closed within a few days. Yet some shows had songs that survived the wreckage and were added to the repertoires of discriminating performers. We will hear songs from flops by these three composers as well as Cole Porter, Duke Ellington, and Stephen Sondheim, as recorded or included in live appearances by Ella Fitzgerald, Frank Sinatra, Liza Minnelli, Audra McDonald, Harry Belafonte, Benny Goodman, Bobby Short, Renee Fleming, and others. We’ll share our reactions to these songs and discuss why the shows they were in failed.

Prize-winning journalist **Daniel B. Moskowitz** calls on a lifetime of interest in American musicals to present occasional courses at OLLI.

Special Events

989 A Voyage to Antarctica and South Georgia Island

Monday, 11:50–1:15, Oct. 28

Loudoun

Instructor: Lauren Law

This course will describe a voyage from Buenos Aires, Argentina, along the South American coast to Uruguay and to South Georgia Island, then to several points in Antarctica through Drake's Passage and back to South America, including Ushuaia, Chiloe Island, Porto Montt, and Santiago, Chile. We will discuss glaciers and icebergs, whales, penguins, sea lions, and seals. You will see a 20-minute video that captures the essence of the trip.

Lauren Law earned a BS from Rutgers University and has worked in pharmaceutical sales. Her interest in teaching this class is the result of a one-month trip to South America, South Georgia Island, and Antarctica. This trip exposed her to the wonders of the coldest continent on earth, the icebergs that break from it, the penguins and sea lions who delight in it, and the whales who swim near it.

990 The Worst Movie Director of All Time: The Life and Films of Edward D. Wood

Wednesday, 2:15–3:40, Oct. 30

Fairfax

Instructor: Jim Dunphy

A spirited debate can take place over who was the greatest movie director of all time—John Ford, Frank Capra, Otto Preminger, or many other candidates. But when it comes to the worst movie director of all time, there is absolute unanimity—Edward D. Wood. We will look at Wood's amazing life, which included storming Tarawa with the Marines while wearing women's underwear. We will also consider his three cinematic "masterpieces"—*Bride of the Monster*, *Glen or Glenda*, and his greatest work, *Plan Nine from Outer Space*. We will look at members of his company, including the final works of Bela Lugosi. Finally, we will consider the Academy Award-winning Tim Burton 1994 biopic *Ed Wood*, and look at how Burton captured not only Wood's spirit but also his wide cast of characters. After this class, you will know what to watch when an Edward D. Wood production comes on your TV at 4:00 in the morning.

Jim Dunphy is a retired federal attorney and colonel in the US Army Reserve. He has taught a number of OLLI classes on music, history, and baseball. While an avid moviegoer, he never misses an opportunity to dive into the world of bad movie-making.

991 Gangs in Northern Virginia

Thursday, 11:50–1:15, Oct. 31

Loudoun

Instructor: John Weinstein

This overview includes what constitutes a criminal gang, characteristics of people who join gangs, indicators of gang membership, gang activities, and legal penalties.

Lt. John Weinstein of the Northern Virginia Community College Police is a veteran police officer who in previous years worked for the federal government as a nuclear weapons planner and inspector. He has been involved in planning, security, targeting, arms control, modernization, and other aspects of these weapons, and regularly briefed officials at the highest level of government on associated matters.

992 1969: Sharing Memories and Moments from the Vietnam War

The date and time are to be determined, but will be posted in time for registration

Main Reading Room, Fenwick Library at George Mason University

Instructors: Meredith Lair and select OLLI members

This class is a discussion by a panel of OLLI members who participated in and were a part of the Vietnam War experience. The class is sponsored by OLLI, George Mason University Libraries, and the Mason Libraries Special Collections Research Center (SCRC). Dr. Meredith Lair, a Mason history professor, will moderate the panel. The SCRC staff will videotape this event to include in their oral history collection. Refreshments will be available, and a tour of the Special Collections exhibition on Vietnam and 1969 will follow the panel discussion. Paid parking is available on campus. The nearest garage is the Rappahannock River parking garage.

Professor Meredith Lair's work examines warfare and its relationship to American society and culture, with particular emphasis on how knowledge and memories of the past are constructed and disseminated over time. She is the author of *Armed with Abundance: Consumerism and Soldiering in the Vietnam War*, which examines the non-combat experiences of American soldiers in Vietnam.

993 Alternative Health Therapies that Bridge the Gap Between Medicine and Technology

Monday, 11:50–1:15, Nov. 4

Loudoun

Instructors: Mckenna Smet, Josi Pinheiro

Coordinator: Kathie West

This presentation will explain the health benefits of compression therapy, cryotherapy, infrared sauna, and vibration massage. The course will be taught by two women who have dedicated their lives to health education and bringing new-age health technology to the attention of others in order to help improve their lives.

Mckenna Smet is a kinesiologist who specializes in healthier living and alternative health. She played Division 1 college soccer, which sparked her love for wellness. She is the owner of Elite Wellness Performance and Recovery, which is the first dual-female-owned wellness company featuring cryotherapy. **Josi Pinheiro** holds her bachelor's in kinesiology and her master's in public health. She played Division 1 volleyball and now owns and operates Loudoun County Volleyball, a successful volleyball club. She is the co-owner of Elite Wellness Performance and Recovery.

994 Was it Really William?

Wednesday, 2:15–3:40, Nov. 6

Fairfax

Instructor: Bob Meyers

This presentation will look at the enduring question of the actual authorship of Shakespeare's works from the viewpoints of evidence, history, content, and common sense. Was it Francis Bacon? Edward de Vere? Someone else? Come find out!

Bob Meyers is the retired president and chief operating officer of the National Press Foundation. He formerly served as director of the Harvard Journalism Fellowship for Advanced Studies in Public Health and assistant city editor for the *San Diego Union-Tribune*, and also was a reporter for the *Washington Post*. He is the author of two books, *Like Normal People* and *DES: the Bitter Pill*.

995 The Hidden History of Herndon

Wednesday, 2:15–3:40, Nov. 6

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Barbara Glakas

Coordinator: Liz Bolton

Local author and historian Barbara Glakas will talk about some of the lesser-known history of the Town of Herndon, and how she went about writing her first book. The time period will cover the 1850s to the mid-20th century. Topics include who Commander Herndon was, the town's beginnings, the Civil War, and the Ku Klux Klan.

Barbara Glakas is a lifelong resident of Fairfax County, Virginia, and lives in Herndon. She is a graduate of James Madison University and a retired teacher. She currently serves as the historian of the Herndon Historical Society.

996 Website Creation: Yes, You Can!

Thursday, 11:50–1:15, Nov. 7

Loudoun

Instructor: Chip Rome

Bring your laptop and we'll go step-by-step as you create your own website, and it will be "live" on the Internet by the end of the session. You need to be able to log on to the Internet (using OLLI's Wi-Fi) and use a mouse or trackpad. We'll keep it simple but give you a sense of how to expand on this strong start.

Chip Rome has been a computer nerd since the days of the Commodore 64 and Atari Nintendo. He is the person behind BuilderallAtlantic.com and has ambassador status with that website building platform. With 35 years of teaching experience, he's able to make complicated things simple, and can lead even the timid to be successful.

997 First Flight: The Wright Brothers Story

Thursday, 2:15–3:40, Nov. 7

Fairfax

Instructor: Christian Godart

The main part of class will take attendees from the younger years of the Wright family through December 17, 1903, at Kitty Hawk. It will also cover briefly the later years of the Wrights.

Christian Godart is a docent at the Smithsonian Air and Space Museum and a volunteer at the Wright Brothers National Memorial in Kitty Hawk, North Carolina.

998 OLLI's Fifth Annual Veterans Day Celebration

Friday, 1:00–3:00, Nov. 8

Note time

Tallwood

Coordinator: Colonel (ret.) Jim Dunphy

Join OLLI as we honor all veterans at OLLI's Fifth Annual Veterans Day celebration. We will particularly honor all Vietnam veterans on the 50th anniversary of the peak deployment to Southeast Asia. The ceremony starts with the presentation of colors by the Fairfax Police Ceremonial Honor Guard and the national anthem. Next, all veterans will be recognized to the tunes of each branch's anthems. Finally, we will view a video showing items that veterans and others have left at the Vietnam Veterans Memorial as part of the healing process. Please join us as we salute veterans for their service and welcome Vietnam veterans home.

Special Events

999 Painted Shenandoah Valley

Wednesday, 2:15–3:40, Nov. 13

Fairfax

Instructor: Andrei Kushnir

Coordinator: Carolyn Kramer

This presentation will cover the subject of landscape painting, and the presenter's experiences of creating a unified series of landscapes (scenic and cultural) of the Shenandoah Valley.

Andrei Kushnir, a *plein air* painter, has exhibited in museums and galleries throughout the United States, including the Virginia Museum of History and Culture in Richmond, the Museum of the Shenandoah Valley in Winchester, Virginia, and James Madison University's Duke Hall Gallery of Fine Art in Harrisonburg, Virginia.

1000 European Operetta: The End of the Silver Age: Oscar Straus and Noel Coward

Wednesday, 2:15–3:40, Nov. 13

Rose Gallery at Reston Community Center, Lake Anne

Instructor: James Keefe

In the first decades of the 20th century, the musical form of the Viennese operetta gradually morphed into musical comedy, or what came to be known as the Broadway musical. What started with Jacques Offenbach's *Orpheus in the Underworld* and Johann Strauss Jr.'s *Die Fledermaus* had a happy ending with composers such as Oscar Straus in Austria and Noel Coward in Great Britain. Oscar Straus's best-known operetta is probably *The Chocolate Soldier*. Noel Coward attended a dance academy in London as a child, making his professional stage debut at the age of 11. Coward achieved enduring success as a playwright, including the beautiful operetta *Bitter Sweet*. The class is dedicated to the late Rosemary T. McDonald, educator and patron of the arts.

Dr. James W. Keefe is a former choral music teacher, high school principal, university professor of education, and a National Association of Secondary School Principals director of research. He has conducted high school and college choruses as well as church and boys' choirs. He is a current member of the Reston Chorale.

1001 A Personal Story of Meeting Dieter Dengler, the First US Airman to Escape Captivity in the Vietnam War

Thursday, 11:30–1:30, Nov. 14

Note time

Loudoun

Instructor: Lynn Gramzow

When she was a young 16-year-old, the instructor met a German-born US airman, 21-year-old Dieter Dengler,

who was stationed at Lackland Air Force Base. This is her memory of Dieter before he went to Vietnam. You will also learn what happened to him after that time. Included will be scenes from the documentary *Little Dieter Wants to Fly* and from the movie *Rescue Dawn*. **Lynn Gramzow** was an English as a second language teacher with the Defense Language Institute. She taught in Germany and Vienna and also in Vietnam, teaching South Vietnamese soldiers during the war. She has taught Readers' Theater (RT) at OLLI and continues to work with RT and the OLLI Players.

1002 Berlin: City on the Edge

Thursday, 2:15–3:40, Nov. 14

Fairfax

Instructor: Timothy Mulligan

This class will review the turbulent history of Berlin, the German capital, in recent times. After a general summary of Berlin's history and development, the class will examine the alternating patterns of rapid urban growth, war, and internal violence from World War I through the Cold War. The city's political relationship to the electoral rise of National Socialism in 1924-1932 will receive particular attention, as will the population losses suffered during World War II. The class will conclude with contemporary photographic images of historical traces still evident in Berlin today.

Dr. Timothy Mulligan received his PhD in diplomatic history from the University of Maryland in 1985. He worked as a reference archivist with the National Archives and Records Administration for over 34 years, specializing in captured German and related records. He is the author of three books.

1003 Conspiracy: Film on the 1942 Wannsee Conference

Thursday, 2:15–3:40, Nov. 14

United Christian Parish, Reston

Instructor: Rita Way

This class is followed by an optional bus trip the following day. The class is in Reston and the bus trip originates in Reston. Register separately for the class and the bus trip; see **1018** to register for the bus trip. *Conspiracy* is a historical recreation of the 1942 Wannsee Conference in which the Nazis and SS leaders gathered in a Berlin suburb to discuss the "Final Solution to the Jewish Question." In the sublime surroundings of a German country house, those assembled mingled for drinks, enjoyed a first-class buffet lunch, and debated whether execution or sterilization would be the most efficient option for eliminating an entire race.

Rita E. Way studied at the Sacred Heart Hospital School of Nursing. She worked as a medical-surgical nurse for 12 years, after which she worked for a long-term care company that owned and managed both skilled nursing and assisted living homes. Nursing and medicine have always been her passion.

1004 The 2020 Presidential Campaigns: How Are They Shaping Up?

Friday, 2:00–3:30, November 15

Note time

Fairfax

Instructor: Helen Desfosses

To help us evaluate one of the wildest and most crowded political seasons ever, this lecture will examine the fundamentals of a strong presidential campaign. These essentials include early and enduring evidence of candidate likeability combined with the ability to inspire and transmit that rare aura of electability. Then there are the necessary organizational characteristics of national scope, adequate time and money, and success in attracting and retaining seasoned campaign managers, staff, and committed volunteers. Finally, we will discuss the mounting critical operations of mass communication, rooted in mobilization of free and paid media and wholesale and retail outreach covering everything from going door-to-door to the clever use of social media. All of this has to work in a political environment functioning more and more on a 24/7 schedule, and at a pace required to deliver rapid, if not immediate, responses to innumerable events, challenges, and some of the greatest opportunities in American politics.

Dr. Helen Desfosses has waged and won many political campaigns herself, and has advised and analyzed many more.

1005 Saving Lives in Large Wildfires: Case Studies and Analysis

Monday, 11:50–1:15, November 18

Fairfax

Instructor: Dr. Michael Hieb

In the past three years, fires in the Wildland Urban Interface (WUI) have increased in frequency and severity. The WUI is defined as the area where houses and wildland vegetation meet or overlap, posing an increased risk for wildfires due to human ignitions and a greater risk posed to lives and homes. Over 46 million homes in 70,000 communities are at risk for WUI fires, and the WUI area continues to grow by approximately 2 million acres per year across the

United States. Over this same three-year period, some of the deadliest fires have occurred in WUI in California and Tennessee. WUI fires are characterized by a fire in a remote forested area that rapidly spreads into urban communities, has high winds, heavy smoke, and threatens property and lives. The speed with which these fires grow and threaten large populations strains resources and operational coordination and requires critical decisions at the earliest stages of response. This course will present case studies of several recent WUI fires, and look at new ways to respond to these catastrophic events in the following areas: 1) detecting and tracking the fire; 2) modeling the fire; and 3) warning and evacuation.

Michael Hieb is a research professor in the C4I and Cyber Center, in the Volgenau Engineering School at Mason, and he currently supports Department of Homeland Security and Federal Emergency Management Administration. He has a PhD in information technology from Mason and his work specializes in applications of command and control and simulation technologies.

1006 Up in the Air: Using Drones to Cover the News

Wednesday, 2:15–3:40, Nov. 20

Fairfax

Instructors: Greg Agvent, Charles Tobin

Coordinator: Kathleen Burns

Up in the sky—it's a bird, it's a plane, it's Superman—or is it a drone? Come hear two experts discuss how this expanding tool for news coverage is broadening media's reach as it brings information to viewers. Some of the topics will include: How does the use of a drone differ from that of a camera? What rights does a news photographer have? What are the rules for operating a drone for news purposes? How rigorous is the process of becoming a drone pilot? What kinds of stories are made possible or best enhanced by employing drone footage? In the context of drone usage, does the First Amendment bump up against any privacy rights or government rules?

Greg Agvent is CNN's senior director for aerial imagery. Based in Atlanta, he heads the nation's leading drone-based reporting team, with hard-won waivers from the Federal Aviation Administration allowing them to operate as they zero in on people and events down below. **Charles Tobin** is a Washington-based attorney with Ballard Spahr's Media and Entertainment Law Group. He advises media companies on the evolving rules for using drones for reporting.

Special Events



Reston Community Center 2019-20 Professional Touring Artists Series

OLLI is collaborating with the Reston Community Center by promoting several of their 2019-20 Professional Touring Artists Series events scheduled for CenterStage at Reston Community Center Hunters Woods. In return, OLLI members are provided a discounted rate to attend. Please register for the select events below using the OLLI member portal. Registrations are limited and will be taken on a first-come, first-served basis. Check out the rest of the Reston Community Center Professional Touring Artists Series events under the CenterStage schedule at: www.restoncommunitycenter.com.

1007 Peter Kageyama: For the Love of Reston

Saturday, 8:00 pm, Sept. 7



Note date and time

Reston Community Center Hunters Woods

Event limit: 20

Fee: \$15

“Peter has captured something very important... love. When we love a city, we are committed to it, we engage with it, we care for it, we give our best to it. A city that is loved also gives back. It makes those who live there feel enriched.”—Charles Landry, author **Peter Kageyama** is the author of *For the Love of Cities: The Love Affair Between People and Their Places* and the follow-up, *Love Where You Live: Creating Emotionally Engaging Places*. Kageyama will bring his expertise in the field to explore how Reston exemplifies his ideals. Copies of his book will be for sale and signing prior to and after his presentation. Registration for this event will be on a first-come, first-served basis. Tickets will be reserved in your name and available for pickup at the Reston Community Center Box Office. OLLI cannot guarantee a refund for this event once you have paid for your reservation.

1008 A Conversation with Fran Lebowitz: Author, Journalist, Social Observer

Saturday, 8:00 pm, Sept. 21



Note date and time

Reston Community Center Hunters Woods

Event limit: 20

Fee: \$25

“**Fran Lebowitz** is the funniest woman in America”—*The Washington Post*. In a cultural landscape filled with endless pundits and talking heads, Fran Lebowitz stands out as one of our most insightful social

commentators. Her essays and interviews offer her acerbic views on current events and the media, as well as pet peeves including tourists, baggage-claim areas, after-shave lotion, adults who roller skate, children who speak French, or anyone who is unduly tan. *The New York Times Book Review* calls Lebowitz an “important humorist in the classic tradition.”

Registration for this event will be on a first-come, first-served basis. Tickets will be reserved in your name and available for pickup at the Reston Community Center box office. OLLI cannot guarantee a refund for this event once you have paid for your reservation.

1009 Vox Clamantis

Wednesday, 8:00 pm, Oct. 23



Note date and time

Reston Community Center Hunters Woods

Event limit: 20

Fee: \$20

“The level of artistry necessary to achieve the kind of living, breathing performance by Vox Clamantis is a rarity.”—*BBC Music Magazine*. The Estonian *a cappella* choir **Vox Clamantis** derives its name from a Latin phrase that translates to “a voice crying out,” and perfectly befits the group’s declamatory power. Like a communion wafer, this repertoire is at once mystical and delicate, and, when needed, the group effortlessly attenuates and inverts its “voice crying out” into a series of introspective whispers. Registration for this event will be on a first-come, first-served basis. Tickets will be reserved in your name and available for pickup at the Reston Community Center Box Office. OLLI cannot guarantee a refund for this event once you have paid for your reservation.

1010 Azar Nafisi, Iranian-American Author: *The Republic of America in Three Books*

Wednesday, 8:00 pm, Nov. 6



Note date and time

Reston Community Center Hunters Woods

Event limit: 20

Fee: \$20

“[Nafisi] reminds us why we read in the first place.”—*Newsday*. **Dr. Azar Nafisi** is best known as the author of the national bestseller *Reading Lolita in Tehran: A Memoir in Books*, which electrified its readers with a compassionate and often harrowing portrait of the Islamic revolution in Iran and how it affected one university professor and her students. Earning high acclaim and an enthusiastic readership, in 2009 *Reading Lolita in Tehran* was named as one of the “100

Best Books of the Decade” by *The Times* (London). Her most recent book is *The Republic of Imagination: America in Three Books*. Registration for this event will be on a first-come, first-served basis. Tickets will be reserved in your name and available for pickup at the Reston Community Center Box Office. OLLI cannot guarantee a refund for this event once you have paid for your reservation.

1011 The Klezmatics Present: Woody Guthrie’s Happy Joyous Hanukkah

Sunday, 7:00 pm, Dec. 1

Note date and time

Reston Community Center Hunters Woods

Event limit: 20

Fee: \$20

“A complete joy...Guthrie’s lyrics are transformed from dust gatherers to living, breathing, vital pieces of music...Woody’s Jewish In-Laws would certainly have been proud.”—*All Music Guide*. Woody Guthrie, father of American folk music, writer of “This Land Is Your Land,” also wrote Hanukkah songs! Lost for almost 30 years, Guthrie’s Hanukkah lyrics were discovered in 1998 by Woody’s daughter, Nora Guthrie. She was so inspired by what she found, she asked the Grammy-winning Klezmatics to write new music for the lyrics.

The Klezmatics have reached millions through performances and features on such programs as *Late Night with David Letterman*, *A Prairie Home Companion*, and *Sex and the City*. Registration for this event will be on a first-come, first-served basis. Tickets will be reserved in your name and available for pickup at the Reston Community Center Box Office. OLLI cannot guarantee a refund for this event once you have paid for your reservation.



Performances and Trips

1012 Remodeling for Retirement with Lunch Included

Friday, 9:30–12:00, Sept. 27

FA Design Build, 9979 Main Street, Fairfax, VA

Carpool

Instructors: Stacey Peters, Melissa Fielding, Kevin Golden

Coordinator: Bonnie Nelson

Event limit: 40

The kids are grown and out of the house. Now it’s time to turn the family home into your retirement retreat! We’ll cover practical changes to consider as you age—installing grab bars, comfort-height toilets, better



lighting, and slip-resistant flooring. We’ll also focus on transforming your home into a much-deserved space for relaxation and enjoyment. Perhaps you’re thinking about a suite on the main level. You’re ready to consider a spa-like master bathroom. You’ve decided to redesign your kitchen and enjoy a better workspace. Join the team from FA Design Build for guidance on home renovations—from easy updates to full remodels. After the seminar, join us for a complimentary lunch. It’s a great way to talk with a design team and fellow homeowners. This event is taking place at FA Design Build, 9979 Main Street in Fairfax. Note: Although the venue is a showroom environment, the program will be solely educational. Solicitation is strictly prohibited and member information will not be shared with the instructor. There is plenty of free parking in the private lot. **Stacey Peters** is continuing her family legacy of home design/construction. She enjoys working collaboratively through all phases of remodeling, from design through installation. **Melissa Fielding** loves to share her energy, cabinetry expertise, and space planning experience to create beautiful and unique spaces. **Kevin Golden** is the key link between design and installation. He develops the scope and evaluates its feasibility, ensuring the vision of the client and designer is realistic and doable.

1013 Fall Wine Trip

Friday, 9:45–4:30, Sept. 27

Bus trip

Coordinator: Bernie Oppel

Event limit: 25

Fee: \$99

After a brief hiatus, the traditional OLLI wine trip returns to the schedule for fall 2019 with a new set of wineries. The tasting experience begins at the renowned Fabboli Cellars near Leesburg with a tasting of seven wines with mini food pairings. The tour continues with lunch on the Fabboli grounds with selections from their Lite Fare menu. Menu prices average \$15 and each participant will pay separately. Menu selections will be provided after you enroll in the trip. After lunch, the tour moves to the exciting new LEEDS-certified Walsh Family Winery (formerly North Gate) near Purcellville for five additional wine tastings accompanied by snacks from local farms. A fee of \$99, covering transportation costs, driver tip and wine tastings is payable to OLLI at time of registration. Registration is on a first-come, first-served basis. The bus will leave promptly at 10:00 from Fair Oaks Mall parking lot 57, which is outside the circular road in front of ManTech Corp. Please be at the bus by 9:45. The time of return is 4:30.



Special Events

1014 Walking Tour of the Mosby Fairfax Courthouse Raid with Optional Lunch

Friday, 10:15–12:30 (ends later if you opt to stay for lunch on your own), Oct. 4

Carpool

Instructor/Coordinator: Jim Dunphy

Tour limit: 25

OLLI members frequently drive through the City of Fairfax without realizing this was the location of one of the most daring events in the Civil War—John Mosby’s Fairfax City raid. We will start our study of this raid with a briefing at the City of Fairfax Library, and then walk through the streets of Fairfax City. While the Grey Ghost would be surprised by the heavy traffic, he would recognize most of the streets and houses in current Fairfax City. So let us turn the clock back to March 1863 and follow in the footsteps of the Gray Ghost. Registration for this event is on a first-come, first-served basis.

- Note 1: This is a carpool event (park in the City of Fairfax Library lot) followed by a walking tour of about 1-1.25 miles over generally flat streets with some hills. The tour will occur rain or shine.

- Note 2: Lunch will not be provided in this tour, but after the tour, the guide and anyone interested will head to The Ornerly Beer Company and Public House for lunch.

Jim Dunphy has taught a number of OLLI classes, including a class on the Gray Ghost in spring 2019. He lives just a few miles from the incidents of March 1863.

1015 Evening Visit to Roll Top Observatory at Turner Farm Park

Friday, 7:00 pm, Oct. 4

The Turner Farm, 925 Springvale Road, Great Falls, VA 22066 

Carpool

Instructor: Jeffrey L. Kretsch

Coordinator: Mary Kornreich

Event limit: 35

The Analemma Society regularly conducts Friday night observing sessions from 7:30 pm to 10:00 pm at the Roll Top Observatory. The OLLI session, however, starts at 7:00 with an introduction to the night sky, pointing out major constellations, the planets, and deep-sky objects. When the moon is visible, a close look at its geological surface features will be viewed. You will also see detailed views of the brighter planets and their satellites. A wide range of deep-sky objects including galaxies, nebula, and star clusters can be seen in the telescopes set up on the site, as well as double stars and other peculiar stars of interest. Sky programs

providing a description of the night’s viewing will be provided. *If the weather is bad we will reschedule for Friday, Oct. 11.* Please visit the park website on Friday morning, Oct. 4, to check whether the park is closed that date: www.analemma.org (look under “Analemma update tweets”). The Turner Farm is located at the intersection of Georgetown Pike (Route 193) and Springvale Road (Route 674) in Great Falls, Virginia, within the Dranesville District. The park entrance is on Springvale Road. When you arrive, take the path to the Roll Top Observatory, following the signs. Those who come early are welcome to go to the telescopes. Dr. Jeffrey L. Kretsch is a retired federal employee who worked in research and development. He has a PhD from Purdue University and MS and BA degrees in astronomy and physics.

1016 Docent Tour of the Baltimore Museum of Art’s Cone Collection with Lunch at Gertrude’s Restaurant \$

Friday, 8:45–4:00, Oct. 11

Bus trip; pickup location is Reston Community Center at Lake Anne

Coordinators: Doris Weisman, Rita Way

Tour limit: 30

Fee: \$56

The Baltimore Museum of Art is an internationally renowned collection of 19th century and modern art. It was founded in 1914 with a single painting. The museum now has over 95,000 works of art, including the largest public holding of works by Henri Matisse. The highlight of the museum is the Cone Collection. In the early 20th century, Baltimore sisters Claribel and Etta Cone made annual trips to Europe to collect art, focusing on Matisse. They eventually donated to the museum 500 Matisse works as well as masterpieces by Gauguin, Cezanne, and van Gogh. You can view a video showing some of these paintings when they were hanging on the walls of the Cone sisters’ apartment. The museum also has works by Picasso, impressionist works, and a sculpture garden. Enjoy a docent led tour of this fabulous collection followed by lunch on your own in the museum restaurant—Gertrude’s. There will be time to visit the extensive gift shop. The fee of \$56, payable to OLLI at time of registration, includes docent fee, transportation costs and driver gratuity. Our bus will leave from the parking lot at the Reston Community Center at Lake Anne. Please note this new pickup location. Meet the bus just inside the entrance to the Lake Anne Plaza parking lot. The bus will leave promptly at 9:00. Please be on the bus by 8:45. We

will depart Baltimore at 2:30 and return to Lake Anne around 4:00.

1017 A Tour of the DC Lincoln Assassination Sites with Lunch

Friday, 9:30-3:30, Oct 25

Bus trip

Instructor/Coordinator: Jim Dunphy

Tour limit: 25

Fee: \$73



We will start our tour at the Ford's Theater Museum, where we will see artifacts from that historic night. Moving into the theater itself, we will have a presentation on the assassination. We will then follow Lincoln's route across 10th Street to the Peterson House and view the back bedroom where he died. Leaving the Peterson House, we will view exhibits at the new Center for Education and Leadership next door. Finally, we will discuss the events of April 14, 1865, over lunch at the Hard Rock Café. Note: All of the venues are on a single block, and there should be no more than 100 yards of walking. A fee of \$73 payable to OLLI at the time of registration covers lunch, museum admission, transportation, and bus driver gratuity. Registration is on a first-come, first-served basis. The bus will leave promptly at 9:45 from Fair Oaks Mall parking lot 57, which is located outside the circular road in front of ManTech Corp. Please be on the bus no later than 9:30. Estimated return to Fair Oaks is 3:30.

Jim Dunphy has taught a variety of classes at OLLI, most recently "The Lincoln Assassination: Facts, Fiction and Frankly Crazy." A member of the Surratt Society, he has been on a number of Booth escape route tours.

1018 Tour of the Holocaust Museum

Friday, 9:15-3:30, Nov. 15

Bus trip; pickup location is Reston Community Center at Lake Anne

Coordinator: Rita Way

Tour limit: 30

Fee: \$41



This bus trip builds on the course "Conspiracy Film on the 1942 Wannsee Conference" a one-session class about the Holocaust. Register for the class and bus trip separately. See **1003** to register for class. We will visit the Holocaust Museum as a group. The tour is self-guided, and you can visit any of the exhibitions on display: the permanent exhibition; the holocaust exhibition; and other exhibitions located on the second and ground floors. Lunch will be on your own at the museum café, which offers a wide variety of food. The fee of \$41, payable to OLLI at time of registration,

includes bus fare and driver gratuity. The bus will leave from the parking lot at the Reston Community Center at Lake Anne. Please note this new pickup location. Meet the bus just inside the entrance to the Lake Anne Plaza parking lot. The bus will leave promptly at 9:30. Please be on the bus no later than 9:15. We will board the bus at 2:30 to return to Reston. Registration for this class is on a first-come, first-served basis.

1019 Visit to the Bible Museum: The Making of the Scriptures

Tuesday, 8:45-3:30, Nov.19

Bus trip

Moderator: John Rybicki

Coordinator: Rita Way

Tour limit: 30

Fee: \$57



This bus trip builds on "The Making of the Scriptures," a class about the theories and scriptures that help us understand the Bible today. The class and bus trip are registered separately. See **F603** to register for the class. The Museum of the Bible, which opened in November 2017, is one of the most technologically advanced and engaging museums in the world. It showcases rare and fascinating artifacts spanning 3,500 years of history. The museum offers visitors an immersive and personalized experience with the Bible and its ongoing effects on the world around us. This is a self-guided tour with the option of a docent-led tour of special exhibits for an additional cost. Lunch is on your own, with the choice of eating either at the Milk and Honey Cafe or in the Manna Restaurant, featuring flavors of the Mediterranean, sandwiches, pizza style flatbreads, and soups. A fee of \$57 payable to OLLI at the time of registration covers museum admission, transportation, and bus driver gratuity. Registration is on a first-come, first-served basis. The bus will leave promptly at 9:00 from Fair Oaks Mall Lot 57, which is located outside the circular road in front of ManTech Corp. Please be on the bus no later than 8:45 for departure. The bus will return around 3:30.

OLLI Bus Trip Policy

OLLI members participating in activities that entail bus transportation to locations other than Osher Lifelong Learning Institute sites must sign a bus waiver. They do so by signing their paper course registration form or by completing the bus waiver form during registration on the member portal. The waiver releases OLLI from any and all claims for injury or damage sustained by, through, or as a result of such activities, and holds OLLI harmless for any claims resulting therefrom.

Special Events

Social Events

1101 Fairfax Fall Term Kick-Off Coffee

Thursday, 12:00–1:30, Sept. 19

Tallwood

Coordinator: Elaine Leonard

Come one, come all, longstanding and recent members, to welcome new members and kick off the fall term at OLLI Fairfax! Celebrate old friendships and make new ones with coffee, refreshments, and friendly conversation. New members will have the opportunity to meet and engage with staff, OLLI Board members, and committee chairs. Registration for this event is on a first-come, first-served basis. Stay afterwards to hear Mason Provost Emeritus Peter Stearns speak on “The Rise of American Informality” (See **1211** for more information or to register for the Stearns event).



1102 Loudoun Fall Term Kick-Off Coffee

Thursday, 12:00–1:30, Sept. 19

Loudoun

Coordinator: Judy Sapienza

Come one, come all, longstanding and recent members, to welcome new members and kick off the fall term at OLLI Loudoun! Celebrate old friendships and make new ones with coffee, refreshments, and friendly conversation. New members will have the opportunity to meet and engage with staff, OLLI Board members, and committee chairs. You also will have the opportunity to pick up your new Loudoun parking passes. Registration for this event is on a first-come, first-served basis. Stay afterwards to hear Mason Provost Emeritus Peter Stearns speak via video teleconference on “The Rise of American Informality.” (See **1212** for more information or to register for the Stearns event).



1103 Reston Fall Term Kick-Off Coffee

Thursday, 1:00–2:00, Sept. 26

Reston Community Center Hunters Woods

Coordinator: Beth Lambert

Come one, come all, longstanding and recent members, to welcome new members and kick off the fall term at OLLI Reston! Celebrate old friendships and make new ones with coffee, refreshments, and friendly conversation. New members will have the opportunity to meet and engage with staff, OLLI Board members, and committee chairs. Enjoy the first fabulous Meet the Artists performance following coffee. Registration for this event is on a first-come, first-served basis. Register for **R119** Meet the Artists separately.



1104 Greek Coffee, Culture, and Pastries

Monday, 11:50–1:15, Sept. 30

Loudoun

Instructor: Kosmo Tatalias

Coordinator: Judy Sapienza

Class limit: 26

Fee: \$6

“All Aboard” for an exciting trip around Greece with someone who grew up in a Greek household. Kosmo Tatalias will present a little geography and history of Greece, especially discussing Greek food as experienced in different areas of Greece. For example: did you know that the Greeks do not have a word for pecans? Tatalias will explain this when he discusses the many regional variations in foods and even language within Greece. Well-known Greek dishes such as moussaka and grape leaf dolmas, and of course ouzo, the 181-proof liqueur, will be covered in his visual presentation. Enjoy a sampling of pastries from Greece as you “travel” to this amazing country. Kosmo Tatalias grew up in South Carolina in a family who owned and operated a café. Greek was spoken in his home and with the other Greek families who had emigrated to his town of Anderson. Growing up “Greek” in the South presented some unusual and interesting challenges. Before retirement, Tatalias was a computer scientist and PhD mathematician and always has had a love of classical music.



1105 Chili Fall Festival

Friday, 12:30–2:30, Oct. 18

United Christian Parish

Coordinator: Beth Lambert

Join the fun at the United Christian Parish for OLLI’s new Chili Fall Festival! Instead of a cook-off, we’ll be sharing and savoring favorite fall recipes to warm you up on a crisp day. So bring a pot of chili, corn bread, apple delights or any favorite fall dish that reminds you of home. We ask that you bring a dish based on your last name: chili or fall-themed main dish (A-G), fall-themed side dish (H-O), fall themed dessert (P-Z). If you are bringing chili in a crock pot, don’t worry; there are a lot of electrical sockets available. Registration will be taken on a first come-first served basis.



1106 Thanksgiving Potluck

Friday, 1:00, November 1

Fairfax

Coordinator: Jennifer Disano

In this season of giving thanks, all OLLI members are invited to a Thanksgiving potluck. Join us for a celebratory feast and social to kick off the holiday



season and recognize our OLLI volunteers. OLLI will provide the turkey if you bring Thanksgiving-themed sides and desserts. When you register, make note: registrants are asked to bring a dish to share based on your last name: side, such as stuffing, green beans, sweet potatoes (A-G); dessert, such as apple or pumpkin pie (H-O); non-alcoholic drink such as water, sodas, iced tea (P-Z). Registration will be taken on a first come-first served basis. You must register to attend so we know how much turkey to provide.

1107 Annual OLLI Holiday Party

Wednesday, 11:30–2:30, Dec. 4

Country Club of Fairfax

Coordinator: Elaine Leonard

Event limit: 200

Fee: \$38

Join us for OLLI's biggest event of the season. Starting at 11:30 am there will be *hors d'oeuvres* and a cash bar. Lunch will be served at 12:15 pm, followed by a musical performance and door prizes. Choose either chicken marsala, pasta primavera, or chipotle chicken salad as an entree. The chicken marsala and pasta primavera meals include a salad; all meals include beverage and dessert. You can indicate your choice of entree and pay the \$38 fee when you register. Registration is on a first-come, first-served basis. The Country Club of Fairfax is located at 5110 Ox Road, Fairfax, VA 22030.



1200 Between Term Events

1211 The Rise of American Informality

Thursday, 2:00–3:30, Sept. 19

Note time

Fairfax

Instructor: Peter Stearns

Coordinator: Jennifer Disano

This talk will sum up the various ways our society has become more informal, and why this is an important historical change. After giving a brief description of a process we have all lived through, Dr. Stearns will offer some comments on its emotional impact, causes, and complexity, as well as explaining how we still have lots of rules beneath the surface.

Dr. Peter N. Stearns is provost emeritus and university professor at George Mason University, with a PhD in history from Harvard University. He has written or edited 130 books and published widely in modern social history. His areas of expertise include world history, social history, globalization,

and the history of emotions. His next book, on culture change, comes out in December.

1212 The Rise of American Informality

Thursday, 2:00–3:30, Sept. 19

Note time

Loudoun

Instructor: Peter Stearns

Coordinator: Jennifer Disano

This is a video teleconference of 1211.

Loudoun "Listening Tour"

Thursday, 1:30–2:30, Nov. 14

Loudoun

Coordinator: Judy Sapienza

Join OLLI Executive Director Jennifer Disano in a friendly discussion about the OLLI program in Loudoun and other OLLI campuses. We invite your feedback and suggestions about the direction of programs, facilities, and member activities. Light refreshments will be served.

Reston "Listening Tour"

Monday, 11:00–12:00, Oct. 28

United Christian Parish

Coordinator: Beth Lambert

Join OLLI Executive Director Jennifer Disano in a friendly discussion about the OLLI program in Reston and other OLLI campuses. We invite your feedback and suggestions about the direction of programs, facilities, and member activities. Light refreshments will be served.

Annual Town Hall Meeting

Friday, 10:00, Nov. 1

Tallwood

The purpose of this meeting is to provide an opportunity for all OLLI members to hear updates about our program, facilities, and member activities. After presentations by the Board president and the executive director, there will be a question and answer period and an opportunity to provide feedback and suggestions. Light refreshments will be served.

Clubs

Fairfax/Loudoun/Reston

- Register for clubs and ongoing activities once each calendar year. Registration allows us to maintain current club rosters, and ensures that you will receive any emails about your club's activities and events.
- All club registrations are **Add to Cart**. Please remember to check your cart after you register for a club.

Annex Art Club

Tuesdays out of term

Nov. 19–Dec. 10, 9:30–12:00

(No class on Nov. 26)

Tallwood

Coordinator: Sue Goldstein ms.goldstein@verizon.net

All artists, whether you use pencil, ink, pastels, charcoal, or paint, are welcome to finish or to start pictures. The group consists of OLLI members at all skill levels. Join us!



Bridge Club

Wednesdays, Sept. 25–Nov. 13, 1:45–3:45

Wednesdays, Nov. 20–Dec. 11, 10:00–12:00

(No meeting on Nov. 27)

Tallwood

Coordinator: Russell Stone

Carol Egan

703-323-4428 or
rstone@american.edu
703-501-2129 or
carol.f.egan@gmail.com



Drop in and enjoy the friendly atmosphere of “party bridge.” Players of all skill levels are welcome. Skill levels of players vary from beginner to average. Partnerships are rotated every four hands. The Bridge Club meets in the morning between terms and in the summer, and in the afternoon during the other terms. For details on the club's rules and bidding system, see its web page on the OLLI website.

Classic Literature Club

Fridays during term

Sept. 27–Nov. 15, 11–12:30

(No meeting on Nov. 1)

Tallwood

Coordinator: Bob Zener

703-237-0492

This club was formed to discuss great works of world literature selected through a consensus of club members. We supplement our discussions with taped lectures, when available. For the fall term, we will be reading short stories by several authors, including Chekhov, Kafka, Hemingway, O'Connor, Baldwin, Updike, and Carver.



Cooking Club

Monthly, dates to be determined

Tallwood

Coordinator: Ute Christoph-Hill uterchill@gmail.com

This club is for OLLI members who enjoy preparing food and sharing hands-on, homemade dishes in a small-group setting. We meet during the day, sometimes in members' homes and other times at Tallwood or alternative sites. We often have a theme for our meetings, but our format is flexible. We also participate in food-related events, such as ethnic cooking demonstrations and restaurant outings. If these activities appeal to you, please contact Ute Christoph-Hill for more information.



Craft and Conversation Group

Fridays, Sept. 27–Dec. 13, 9:30–11:00

(No meetings Nov. 1, Nov. 29)

Tallwood

Coordinators: Doris Bloch
Janet Porter

bloch50@hotmail.com
jlporter1@gmail.com

We meet weekly to work on our craft projects and to share product sources, expertise, and inspiration. Our ongoing conversations encourage camaraderie, and a group setting motivates us to progress with our current projects. Interested OLLI members are invited to join us to see what we are creating. For more information, please contact Doris Bloch or Janet Porter.



Dirty Knee Club

As needed during growing season.

Tallwood

Coordinators: Sigrid Carlson
Sally Berman

bigsig@cox.net
skberman77@gmail.com

The OLLI Landscaping Committee, fondly known as the Dirty Knee Club, creates, plants, and maintains the gardens at Tallwood. Gardening expertise is not required, but a willingness to get dirty knees is! Members are asked to participate in general garden workdays, primarily in the spring and fall, plus join another team member to water, weed, and maintain the gardens during the growing season. Each two-member team serves one week, rotating about every five weeks.



Doctor Who Club

First and third Fridays during term

Oct. 4, Oct. 18, Nov. 8, Nov. 15, 12:30–2:30

(No meeting Nov. 1)

Tallwood

Coordinator: Wendy Campbell neoblivis@earthlink.net

This club is for those of you interested in Timey Wimey stuff. We meet to watch Doctor Who on the “big screen” in a Tallwood classroom. We will follow each presentation with discussion. Some of us are new to Who; some of us are longtime fans. Everyone is welcome. It’s going to be fantastic—so allons-y and may I just say—Geronimo! “Always remember to be kind.”

**Ethnic Eats Lunch Club**

Monthly, usually on Wednesdays or Fridays, dates to be determined

Location: Local ethnic restaurants

Coordinator: Leti Labell leti@verizon.net

Do you love to eat? Are you interested in learning about foods from other cultures? Northern Virginia has an abundance of ethnic restaurants. This club will meet for lunch monthly to explore various cuisines. If this sounds like your cup of tea (or chai or té or thé), contact Leti Labell.

**History Club**

First Wednesdays of the month

Oct. 2, Nov. 6, 2:15–3:40

Dec. 4, 10:00–11:30

Tallwood

Coordinator: Beth Lambert elizabethlambert7@gmail.com

We welcome all OLLI members who are interested in discussing historical events or sharing reviews of articles and books. Our meetings feature speakers who present on a variety of subjects, ranging from the Silk Road through the present crises in the Middle East—and everything in between. For more information about the History Club, contact Beth Lambert.

**Homer, etc.**

Fridays

Sept. 27-Dec. 13, 11:00–12:30

(No meetings Nov. 1, Nov. 29)

Tallwood

Coordinator: Jan Bohall [703-273-1146](tel:703-273-1146) or jbohall@verizon.net

Join us to read aloud a traditional or contemporary classic. We will be reading *Dr. Zhivago*, by Boris Pasternak, in the Hayward and Harari translation. Drop



in at the Tallwood Annex any Friday morning; new members are always welcome.

Loudoun Non-Fiction Book Club

Generally fourth Tuesdays

Sept. 24, Oct. 22, 2:15–3:40

Loudoun

Coordinators: Barbara Wilan bwilan@webtv.net
Dick Crocker RACrocker@outlook.com

Club limit: 20

This is a book discussion club for OLLI members who find non-fiction literature of interest. We look for books receiving high reviews, from memoirs and biographies to explorations of politics, science, and human behavior. Come join us to enjoy good reads and lively discussions and to help us choose future selections.

Our fall term selections are:

- September 24: *Sapiens: A Brief History of Humankind* by Yuval Noah Harari
- October 22: *Brief Answers to the Big Questions* by Stephen Hawking

**Loudoun Science and Technology Club**

Generally the first and third Tuesdays during term

Oct. 1, Oct. 15, Nov. 5, 2:15–3:40

Loudoun

Coordinator: Jim Wentworth jimwent@cs.com

Club limit: 20

This club will discuss scientific research and technologies, plus older technologies that could be applied to current problems. Technologies which have significant effects on society or that are of interest to the club members will be considered. Each meeting will start with a brief introduction to a topic followed by a guided discussion. Members are welcome to run meetings and guide discussion on topics of particular interest to them. Come join us as we explore infinity and beyond!

**Mah Jongg Club**

First and third Wednesdays

Oct. 2, Oct. 16, Nov. 6, 1:30–3:30

Nov. 20, Dec. 4, 10:00–12:00

Tallwood

Coordinator: Marian Drohan Mariandrohan@gmail.com

We welcome all members who want to learn Mah Jongg or already know how to play. Stretch your mind and have fun with a game that is (maybe) easier than bridge, but definitely challenging! For more information, contact Marian Drohan or visit the Mah



Jongg Club blog at <https://olli.gmu.edu/mah-jongg-club/>.

Memoir—and More—Writing Group



Wednesdays, usually 2:00–4:30

Tallwood or vicinity

Coordinator: Betty Smith bsmith5000@verizon.net

We meet every other week during most of the year but only twice during the fall and spring terms. In addition to memoir, we write fiction, poetry, and personal essays. At our meetings we gently critique each other's work with the aim of improving our writing skills. Writing groups need to be small, so we regrettably have to limit numbers, but spaces sometimes open up. If you're interested, please register for the group and then email Betty Smith, who will let you know if there is space.

Personal Computer User Group



Generally third Saturdays

Sept. 21, Oct. 19, Nov. 16, Dec. 14, 1:00–3:30

Tallwood

Coordinators: Paul Howard plhoward@verizon.net
Mel Goldfarb mgoldfarb2@gmail.com

In partnership with the Potomac Area Technology and Computer Society (PATACS), the OLLI PC User Group (OPCUG) focuses on Windows and Mac computers and software for enhancing our lives. Members and presenters also discuss smartphone and tablet apps across Android and iDevices, the Internet, digital photography, related technology, and open-source software. Our aim is to bring broad expertise about technology and topics of interest to attendees. PC clinics for members are offered twice yearly. Our target audience encompasses all computer users, from complete beginners to intermediate amateurs to experts. Our motto is "users helping users." Club dues (currently \$5 per year) are payable at the first meeting attended in each calendar year. Dues-paying members can view monthly sessions online via the Zoom cloud meeting service, on a variety of devices from home, or anywhere with an internet connection. More details are available on the group's website, www.olligmu.org/~opcug.

Photography Club



Second and fourth Fridays

Oct. 11, Nov. 8, Dec. 13, 9:30–11:30

Sept. 27, Oct. 25, Nov. 22, 12:00–2:00

Tallwood

Coordinators: Angie Talaber

talaber@comcast.net

Dave Talaber

talaber@comcast.net

Meet with enthusiasts and others interested in photography and develop skills by participating in theme-based monthly photo submissions. The Photography Club welcomes all members, regardless of skill level or your phone/camera choice. We discuss the technology of photography as well as the artistic aspect of visual design. We usually have guest speakers on the second Friday of each month, and on the fourth Friday of each month we hold discussions covering specific topics in detail. We also regularly plan field trips in the local area, usually on the third Friday of each month. Contact Angie or Dave Talaber for further information.

Recorder Consort



Fridays

Sept. 27–Dec. 13, 9:15–11:30

(No meetings Nov. 1, Nov. 29)

Tallwood

Coordinator: Helen Ackerman

helenackerman@hotmail.com

If you have been part of the consort or have previously played the recorder and would like to expand your abilities, please join us on Fridays. There will be on- and off-campus performances. You may need to purchase music.

Reston Book Club



Thursdays, Sept. 26, Oct. 17, Nov. 7, 2:15–3:40

United Christian Parish

Coordinators: Luci Martell

martel28@gmail.com

Nancy Scheeler

nscheeler@verizon.net

This is a book discussion club for OLLI members who find it convenient to meet on the OLLI Reston campus. The purpose is to focus on serious contemporary fiction, primarily—but not limited to—works by American or UK authors. We look for good novels on the long lists, short lists, and winner lists of the U.S. National Book Award and the UK Man Booker prize and other major prizes. This term we will discuss the following:

- Sept. 26: *Heat and Dust* by Ruth Praver Jhabvala. It won the Booker Prize in 1975. "Beautiful, spoiled, and bored Olivia, married to a civil servant, enrages society

in the tiny, suffocating town of Satipur by eloping with an Indian prince. Fifty years later, her step-granddaughter goes back to the heat, the dust, and the squalor of the bazaars to solve the enigma of Olivia's scandal."

- Oct. 17: *Asymmetry*, a debut novel by Lisa Halliday. The *Washington Post* said "Exquisite...For us, the ride is in surrendering to falling down rabbit holes to unknown places. The moment *Asymmetry* reaches its perfect ending, it's all the reader can do return to the beginning in awe, to discover how Halliday upturned the story again and again." It's a *Time* and *New York Times* Top 10 Book of 2018.

- Nov. 7: *Normal People* by Sally Rooney. Long-listed for the Man Booker Prize in 2018, *Normal People* "explores intense love across social classes" in contemporary Ireland. The *New Yorker* said Rooney "has been hailed as the first great millennial novelist for her stories of love... [she writes] some of the best dialogue I've read."

Spanish Club

Second and fourth Tuesdays (out of term)

Dec. 10, 10:00–11:30

Second and fourth Wednesdays (in term)

Sept. 25, Oct. 16 (no class on Oct. 9), Oct. 23, Nov. 13, 1:45–3:15

Tallwood

Coordinators: Dick Cheadle dbcheadle@verizon.net
Mark Ramage markramage@cox.net

This club is designed for those who are in the intermediate stage of understanding and speaking Spanish—further along than 1-2-3 and A-B-C, but not fluent. The club members leading a particular class will choose the subject and prepare the lesson for that class. Members will not have to participate beyond their comfort level.

Tai Chi Club

Saturdays

Sept. 21-Dec. 14, 10:30–11:30

(No meeting Nov. 30)

Tallwood

Coordinators: Russell Stone 703-323-4428 or rstone@american.edu
Susanne Zumbro 703-569-2750 or szumbro@rocketmail.com

The Tai Chi Club meets nearly every Saturday, year-round. It is open to all OLLI members. Please register as a club member once per year in January to be on the email list for class cancellations, notices, and changes.

Tallwood Book Club

Second Wednesdays

Oct. 9, Nov. 13, 1:30–3:00

Dec. 11, 10:00–11:30

Tallwood

Coordinator: Betty Ellerbee ellerbetty@aol.com

These are our fall 2019 selections:

- Oct. 9: *An American Marriage* by Tahari Jones
- Nov. 13: *Exit West* by Mohsin Hamid
- Dec. 11: *Evicted* by Matthew Desmond

Theater Lovers' Group—Fairfax*

Generally fourth Fridays of month

Sept. 27, Oct. 25, Nov. 22, 10:00–11:30

Tallwood

Coordinator: Norma Jean Reck njreck@cs.com

The Theater Lovers' Group (TLG) welcomes all Olli members (and your guests) to join us in our theater adventures and in making new theater friends. We attend plays year-round—usually a matinee—at a variety of theater venues around town, followed by an optional dinner at a nearby restaurant. Our monthly TLG meetings are held when OLLI is in session. At our TLG meetings, we plan theater outings, enjoy guest speakers, share what's going on in the theater world (for example, programs such as Free Monday Night Play Readings at the Signature), or go to a nice restaurant for lunch and chat. Meeting fellow theater lovers is what we are all about. Other theater activities include supporting Mason's School of Theater program. We attend their productions and develop classes for all OLLI members that are built around their theater offerings. We collaborate on outings with other theater groups, especially if it means discounted tickets, and we partner with the Shillelagh Travel Club for overnight theater trips to Broadway. We take one-day theater trips to New York to see a play, have a bite to eat, or just visit the Big Apple with friends, and, in July, we go to Shepherdstown, West Virginia, to attend the Contemporary American Theater Festival. For more information, please join us at a meeting or on a theater event. Watch for TLG articles in the *E-News*. To receive emails about TLG events, please sign up anytime for TLG via the member portal. Questions? Email Norma Reck.

*Note: To accommodate OLLI members at the Reston and Loudoun campuses, we have formed a Theater Lovers' Group—Reston. Please see the listing for TLG—Reston.

Clubs

Theater Lovers' Group—Reston

Lunch Dates TBD

Reston

Coordinator: Norma Jean Reck njreck@cs.com

All OLLI members are welcome to join the Theater Lovers' Group—Reston (TLG-R). TLG members attend plays year-round—usually matinees—at the various theaters in our area, with an optional dinner at a nearby restaurant after the show. TLG activities offer many opportunities to meet fellow theater lovers, which is what we are all about. We attend theater-related activities, for example, a dance program, a Mason School of Theater play, and play readings at Signature Theater. We take one-day or overnight trips, such as a one-day trip to New York City and, in July, to Shepherdstown, West Virginia, for the Contemporary American Theater Festival. TLG partners with the Shillelagh Travel Club for overnight theater bus trips on Broadway. We also plan luncheons to socialize and talk theater—your input is what drives what we do. We welcome your spouse, family, and friends to join in our TLG outings. To receive emails about meetings and TLG outings, please sign up for TLG—Reston via member portal. For more information, please join us at our meetings and stay tuned to articles in the *E-News*. Questions? Email Norma Reck.



Walking Group

Weekly

Tallwood/Fairfax Swimming Pool Parking Lot

Coordinator: To be determined

When OLLI is in session, the Walking Group meets one morning each week, generally an hour before the first morning class. We gather in the Fairfax Pool parking lot next to Tallwood and walk for about 45 minutes, arriving back at Tallwood in time for the start of classes. Because our goal is camaraderie as well as exercise, all levels of walking ability and speed are accommodated. The day of the week is determined by our schedules and the weather, so it may change from week to week. Between terms we continue to walk on a weekly basis, but for longer distances and at more varied locations. Contact the coordinator for more information.



What's in the Daily News? Continued

Mondays, Nov. 18–Dec. 9, 9:30–11:00

(No meeting Nov. 25)

Tallwood

Moderators: Dorsey Chescavage dchescavage@cox.net

John Quinn

skinsnats@gmail.com

Dennis Van Langen

dvanlangen@verizon.net

David Riley david.teamriley@gmail.com

This is the between-term continuation of a weekly forum for thoughtful, forthright, and respectful exchange of information and opinions on current world, US, and regional news. Class participants bring to the table a wealth of knowledge and experience in international affairs, government, industry, education, the military and other areas. The discussion is always lively, and all participants have an equal opportunity to comment.



The Tom Crooker Investment Forum

Wednesdays between terms

Nov. 20–Dec. 11, 10:30–12:00

(No meeting Nov. 27)

Tallwood

Moderator: Al Smuzynski

For activity description see course F202.



Closing Policy

OLLI cancels classes and events (and the Tallwood office is closed) when county schools are closed due to weather or area-wide emergencies.

- OLLI follows the Fairfax County Public Schools for classes in Fairfax (Tallwood and nearby sites) and Reston (UCP and nearby sites).
- OLLI follows the Loudoun County Public Schools for classes in Loudoun.

When either school system announces a delayed opening, OLLI will generally open at the scheduled time.

An exception: Because OLLI uses Mason facilities in Loudoun and Fairfax, OLLI is required to abide by Mason decisions to delay or close. Mason's closing policy is independent of the county schools' policies.

In rare instances when Mason announces a delayed opening, OLLI may need to cancel the first class of the day.

In addition, poor road and parking lot conditions at OLLI sites may necessitate class or event cancellations.

Regardless of decisions regarding closings or delays, it is important for OLLI members to use personal judgment about the safety of travel to and from campuses during inclement weather.

Membership and Registration

Policies and Procedures

JOINING OR RENEWING OLLI MEMBERSHIP

Welcome to OLLI Mason, one of the best lifelong learning institutes in the United States! If you are a returning member, you already understand the great value of your membership at OLLI Mason. Thank you for being a valued OLLI member.

Two Types of OLLI Membership

- **Annual membership.** Register for unlimited courses and activities held at any OLLI Mason location for four consecutive terms. You will be eligible for a Mason ID card to receive certain university privileges and discounts (see p. iii). The cost for full membership is \$435.
- **Introductory membership.** Register for unlimited courses and activities held at any OLLI Mason location for just one term, one time only. An introductory membership is not available to former OLLI members; it is intended for new members who want to sample OLLI before committing to a full year. Introductory members are not eligible for a Mason ID card or its privileges. The **one time** introductory membership is \$150.

If the expiration date on your catalog mailing label is 9/1/19 or earlier, it is time to renew. You will need to log into the member portal and purchase your membership renewal before you can view classes or register.

Payment Options

- **Online.** You may join or renew online at olli.gmu.edu. Click [Join OLLI/Sign In](#) or the [Register/Member Portal](#) link under [Quick Links](#) on the home page. Credit card payment is required when joining/renewing online.
- **Hardcopy Registration Form.** If you join or renew using the registration form, payment can be made by check or credit card. The form can be hand delivered or mailed to the OLLI main office at 4210 Roberts Road, Fairfax, VA 22032.
- **Installment.** OLLI encourages members to pay in full at time of registration. However, OLLI offers a payment plan of 12 equal monthly installments by credit or debit card. Your application for the installment plan must be filled out completely, submitted to the main office, and approved each year before you can register for courses or activities. For

security reasons, we cannot accept the form by email or fax. Applications are available on DocStore (under [Main Menu/Documents](#)) on the OLLI website olli.gmu.edu or by emailing the OLLI office at ollireg@gmu.edu.

- **Financial Assistance.** OLLI offers financial assistance for members or prospective members who find it a hardship to pay the full membership fee. Email the registrar at ollireg@gmu.edu or visit Tallwood for an application. All inquiries are kept confidential.

Refunds

Members may obtain a full refund of their dues only by applying in writing to the executive director before the third week of classes in the first term of the year of enrollment or re-enrollment.

Prospective Members

Not ready to commit? Prospective members may experience OLLI by visiting one or more classes during any consecutive two weeks of a term, provided the course is not oversubscribed. Check with the registrar at ollireg@gmu.edu before attending a class.

REGISTRATION PROCESS

How to Register

- **Online.** You may register for OLLI classes online at olli.gmu.edu. Click on [Register/Member Portal](#) under [Quick Links](#) on the home page.
- **Hardcopy Registration Form.** You may also register for classes using the registration form. The form can be mailed or hand delivered to the OLLI main office at 4210 Roberts Road, Fairfax, VA 22032.

****Emailed registration forms will not be accepted.****

For a demonstration of the registration system, click "New Registration System Videos" under "Quick Links" on the OLLI home page:
olli.gmu.edu

OLLI Photo Policy

Occasionally, OLLI staff/members take pictures or videos for promotional purposes. If a member objects to use of his/her photo or video in OLLI materials or on the OLLI website, please do so in writing to the executive director.

Membership and Registration, Continued

When to Register



Priority Registration Period

- Members are encouraged to register for courses and special events during the priority registration period (see back cover of catalog for priority registration dates). Requesting classes at any time during this period offers registrants the best chance to gain access to classes they most desire.
- When you register, you must click **Request Class** to add a class to your selections.
- To complete your registration, you must list the courses and events you want in priority order—the order of their importance to you. To prioritize classes or to see what you have requested, click **Prioritize/Finalize** on the left side toolbar of the member portal. Courses and events are prioritized separately.
- Members are placed in courses and events based on the priority number they assign to their requests.
- If class enrollment reaches capacity (a number limited by the instructor or room size), those who have designated that course as priority one will get in first, then the priority twos, and so on.
- In addition, a random number is assigned by the registration system to each class request. If all members of a priority group cannot be included in the course, those with the lower random numbers will be admitted into the course first. Therefore, requesting a class does not guarantee enrollment.

Space-Available Registration Period

Space-available registration begins after the priority period ends. You may still register for classes and special events, but you will be placed into classes on a space-available basis after all registrants in the priority period have been assigned.

Request Class vs. Add to Cart

- **Request Class** is the button you click when you are registering for a class or event during the priority registration period. **These require a priority assignment.**
- **Add to Cart** is the button you click when you are registering for classes or events in which you are immediately enrolled or which are designated in the catalog as first-come, first-served. This includes all clubs and ongoing activities. All **Add to Cart** courses and special events are clearly indicated throughout the catalog with the following shopping cart icon: 
- If there is a fee associated with these offerings, they will also be clearly marked with a shopping cart followed by a dollar sign:  \$

Payment for these courses and special events with fees must be made at the time of registration.

- **IMPORTANT NOTE: You are urged to register early for Add to Cart offerings, especially trips and performances. These popular offerings can fill up quickly, even as early as the first day of registration. Early registration will increase your chances for enrollment.**
- Please remember to go to **View Cart** and **Check Out** to complete enrollment before logging off the member portal.

Making Changes to Your Registration (Add/Drop)

- You may add classes at any time either online or by using an add/drop form (available in the Tallwood office and, during the term, at the Reston and Loudoun locations).
- If you are unable to attend a course or event in which you are enrolled, **please drop the course or event as soon as possible.** You may drop courses by emailing ollireg@gmu.edu or by turning in an add/drop form to the Tallwood main office.
- Watch OLLI communications to sign up for classes with spaces still available.

Confirmation and Class Payments

- Once classes are assigned, you will receive a series of emails with your confirmed class enrollments and wait-listed courses. If you do not have an email address on file, the confirmations will be mailed to you. Confirmation emails for **Add to Cart** classes will be sent immediately only once after checkout.
- **Read your confirmation emails and letters carefully.** They will include any updates to classes, including changes in times or locations.
- Event fees must be paid in full by all participants regardless of any special transit, food, or other arrangements. **OLLI cannot guarantee a refund for courses or events once you have paid and are enrolled.** As such, please consider carefully before signing up for courses with fees.

Wait Lists

- OLLI does everything possible to maximize enrollment in classes, including changing venues and adjusting class capacities. If you do not make it into a class, you will be wait-listed based on the priority you assigned to the class.
- When someone drops a class, the OLLI office will call members on the wait list until the vacancy is filled. In most cases, the office will not leave a message.

OLLI Registration Form: Fall 2019

Mail or hand deliver this completed form to:
OLLI, 4210 Roberts Road, Fairfax, VA 22032.

Office Use Only	
Date Received	_____
Date Processed	_____
Dues Chk _____	CC _____
Spec Chk _____	CC _____
Spec Chk _____	CC _____
FOLLiChk _____	CC _____

Check this box if there are changes in your membership information since your last submission.

Membership Information:

Please print and fill in all spaces completely.

Dr. Mr. Mrs. Ms. (CIRCLE ONE) _____, _____
LAST NAME PREFERRED FIRST NAME MI

Address _____, _____, _____, _____
STREET CITY STATE ZIPCODE

Phone _____ Cell _____ Email _____

Emergency Contact _____ Relationship _____ Phone _____

Preferred Member Portal User Name _____ License Plate # _____
(for new members only) 6 OR MORE CHARACTERS

New member? How did you hear about OLLI?

Check this box if you **DO NOT** want to appear in the directory.

Check here if you **DO NOT** want to receive paper catalog mailings.

Home Campus/Where to Pick Up Nametag:

Fairfax (Tallwood) Reston Loudoun

Dues and Donations Information (Please check the appropriate boxes below)

Redeeming an eGift Card? Print # here _____
 Enclosed is my payment for:

Annual Membership (\$435) One year of unlimited courses at OLLI. \$ _____
 (Offered to new, renewing, and previous members.)

Introductory Membership (\$150) One term of unlimited courses at OLLI. \$ _____
 (Offered ONLY to new members, not renewing or previous members.)

Add to Cart Fees \$ _____
 (If paying by check, separate check required for each purchase.)

Contribution to Friends of OLLI \$ _____
 Check if you want to be an anonymous donor.

Purchase OLLI eGift Card (enter at right the value you want on card) \$ _____
 Mail eGift Card code to recipient Email eGift Card code to recipient
 Recipient's name, address, email: _____

Total \$ _____

By signing this form, I agree to all OLLI policies and procedures, and waive OLLI liability for any bus trip on which I participate:

 Signature

Payment Information:

Enclosed is a CHECK payable to OLLI (**PREFERRED**)

Please charge my VISA MASTERCARD DISCOVER:

Name as it appears on the credit card _____

_____|_____|_____|_____|_____|_____|_____|_____|_____|_____| Expiration Date: ____|____| ____|____|

**** PROVIDE CLASS SELECTIONS ON REVERSE SIDE OF FORM ****

COURSES REQUIRING PRIORITIZATION

Please include the entire course number including the F, L or R.

Number			Course Title			Liaison		
1st priority								
2nd priority								
3rd priority								
4th priority								
5th priority								
6th priority								

7th priority								
8th priority								
9th priority								
10th priority								
11th priority								
12th priority								

SPECIAL EVENTS REQUIRING PRIORITIZATION

Number			Course Title			Liaison		
1st priority								
2nd priority								
3rd priority								
4th priority								
5th priority								
6th priority								

7th priority								
8th priority								
9th priority								
10th priority								
11th priority								
12th priority								

ADD TO CART/FIRST-COME, FIRST-SERVED COURSES, EVENTS, and TRIPS

We urge you to register for these offerings as early as possible.

Trips and performances are popular and can fill up quickly, even on the first day of registration.

Select	Trip/Activity Title	Fee	Select	Trip/Activity Title	Fee
F702	Great Decisions	\$29	1016	Baltimore Museum of Art's Cone Collection	\$56
R810	Kundalini Yoga and Meditation	\$80	1017	Lincoln Assassination Sites	\$73
F901	Mason Faculty Club Series, Part 1	\$30	1018	Holocaust Museum Tour	\$41
F902	Mason Faculty Club Series, Part 2	\$30	1019	Bible Museum Trip	\$57
F971	Heirloom Apple Tasting	\$15	1101	Fairfax Kick-off Coffee	\$0
1007	Peter Kageyama: For the Love of Reston	\$15	1102	Loudoun Kick-off Coffee	\$0
1008	A Conversation with Fran Lebowitz:	\$25	1103	Reston Kick-off Coffee	\$0
1009	Vox Clamantis	\$20	1104	Greek Coffee, Culture, Pastries	\$6
1010	Azar Nafisi, Iranian-American Author	\$20	1105	Chili Fall Festival (bring item)	\$0
1011	The Klezmatics Present: Woody Guthrie	\$20	1106	Thanksgiving Potluck (bring item)	\$0
1012	Remodeling for Retirement	\$0	1107	Holiday Party (circle menu choice below)	\$38
1013	Fall Wine Trip	\$99		Chicken Marsala, Pasta Primavera,	
1014	Walking Tour of Mosby Courthouse Raid	\$0		Chipotle Chicken Salad	

CLUB ENROLLMENT: List the clubs in which you wish to enroll. Register once per calendar year.

Registration Instructions for All OLLI Offerings

- **Prioritize your selections** separately for prioritized courses and special events without fees.
- **For Add to Cart courses, trips or events with fees**, you must provide payment NOW by attaching a separate check or credit card information. Enter payment amount on the front of this form.

Fall 2019 Schedule September 23–November 15 Fairfax

Thursday, Sept. 19
1101 Fairfax Kick-Off Coffee 12:00-1:30 (1)
1211 Rise of American Informality 2:00-3:30 (1)

Date and time TBD (will be posted by registration)
992 1969: Sharing Memories and Moments from the Vietnam War (1)

Shaded classes are one-session presentations.
Bolded classes have unusual dates and/or times.

TIME	Monday Sept. 23	Tuesday Sept. 24	Wednesday Sept. 25	Thursday Sept. 26	Friday/Saturday Sept. 27/28
9:40-11:05	F301 John Adams (8) F401 OLLI Players (7) F701 What's in the Daily News? (7) 9:30 901 Mason Faculty Club Part 1 (3) 9:30	F102 Music Sampler (8) 9:30 F103 Digital Photography (8) F501 Everything Spanish (6) F904 Intermediate Chess (8) 959 Judy Garland (1)	F406 Great English Short Stories (8) F502 Spanish Conversation Forum (8) F601 Jesus's Final Week (7) 961 What's in the Virginia Room? (1) 962 Emily Dickinson/Poetry to Song (1) 10:00	F203 Economics Potpourri (4) F503 Latin 3 (8) F802 Start Remembering (4)	Friday, Sept. 27, 9:30-12:00 1012 Remodeling for Retirement (1) Carpool
11:50-1:15	F302 John Singleton Mosby (5) F402 Readers' Theater (7) F403 Jane Austen's <i>Persuasion</i> (3)	F201 Capitalism vs Socialism (8) F304 From Hot War to Cold War (8) F652 Issues in Criminology (4) F702 Great Decisions (8)	F109 Sketching and Watercolor Art (8) F202 Tom Crooker Investment Forum (8) F407 Trollope's <i>Phineas Finn</i> : Paliser 2 (8) F408 The Hero's Journey (8) F602 Russian Orthodox Christianity (4)	F409 So You Wanna Write Poetry (8) F654 Søren Kierkegaard's Either/Or (3) F803 Inova Medical Updates (4) F906 Pittsburgh Harlem Renaissance (8)	Friday, Sept. 27, 9:45-4:30 1013 Fall Wine Trip (1) Bus trip
2:15-3:40	F101 Understanding Opera (4) F903 Trip Tales (6) 958 Library Events/Online Resources (1)	F106 Drawing and Sketching (8) F404 Latin American Literature (8) F405 Poetry Workshop (8) F653 Education Series (5) F905 Maha Yoga (8)	F110 Dabbling Artists (8) 964 Living with Compassion (1) 2:30	F111 Singing for Fun (8) F112 Watercolor Painting (8) F309 Park Rangers (8) F410 Memoir Writing (2) F704 Foreign Policy Discussion (8) F805 Beginner Tai Chi (8)	Friday, Sept. 27, 1:00-2:30 967 Memories from WWII Vets (1)
	Sept. 30	Oct. 1	Oct. 2	Oct. 3	Oct. 4/5
9:40-11:05	F301 John Adams (8) F401 OLLI Players (7) F701 What's in the Daily News? (7) 9:30 901 Mason Faculty Club Part 1 (3) 9:30	F102 Music Sampler (8) 9:30 F103 Digital Photography (8) F501 Everything Spanish (6) F801 Emotional Intelligence (4) F904 Intermediate Chess (8)	F305 A Private's Live (3) F406 Great English Short Stories (8) F502 Spanish Conversation Forum (8) F601 Jesus's Final Week (7)	F203 Economics Potpourri (4) F503 Latin 3 (8) F802 Start Remembering (4)	Friday, Oct. 4, 10:15-12:30 1014 Mosby Raid Walking Tour (1) Carpool
11:50-1:15	F302 John Singleton Mosby (5) F402 Readers' Theater (7) F403 Jane Austen's <i>Persuasion</i> (3)	F201 Capitalism vs Socialism (8) F304 From Hot War to Cold War (8) F652 Issues in Criminology (4) F702 Great Decisions (8)	F109 Sketching and Watercolor Art (8) F202 Tom Crooker Investment Forum (8) F407 Trollope's <i>Phineas Finn</i> : Paliser 2 (8) F408 The Hero's Journey (8) F602 Russian Orthodox Christianity (4)	F409 So You Wanna Write Poetry (8) F654 Søren Kierkegaard's Either/Or (3) F803 Inova Medical Updates (4) F906 Pittsburgh Harlem Renaissance (8)	Friday, Oct. 4, 1:00-2:30 974 Hollywood Actress Stories (1)
2:15-3:40	F101 Understanding Opera (4) F903 Trip Tales (6)	F106 Drawing and Sketching (8) F404 Latin American Literature (8) F405 Poetry Workshop (8) F653 Education Series (5) F905 Maha Yoga (8)	F110 Dabbling Artists (8) 970 Afro-Indigenous Traditions and Culture (1) 971 Apple Tasting (1)	F111 Singing for Fun (8) F112 Watercolor Painting (8) F309 Park Rangers (8) F410 Memoir Writing (2) F704 Foreign Policy Discussion (8) F805 Beginner Tai Chi (8)	Friday, Oct. 4, 7:00 pm 1015 Evening Observatory Visit (1) Carpool
	Oct 7	Oct.8	Oct.9	Oct.10	Oct.11/12
9:40-11:05	F301 John Adams (8) F401 OLLI Players (7) F701 What's in the Daily News? (7) 9:30 901 Mason Faculty Club Part 1 (3) 9:30	F102 Music Sampler (8) 9:30 F103 Digital Photography (8) F501 Everything Spanish (6) F801 Emotional Intelligence (4) F904 Intermediate Chess (8)	F305 A Private's Life (3) F306 Santa Maria and Mayflower (2) F406 Great English Short Stories (8) F502 Spanish Conversation Forum (8)	F203 Economics Potpourri (4) F503 Latin 3 (8) F802 Start Remembering (4)	Friday, Oct. 11, 1:00-2:30 953 Slavery, Freedom, Heroes (1) Friday Oct. 11 TBD 954 Friday Headliner (1)
11:50-1:15	F302 John Singleton Mosby (5) F402 Readers' Theater (7) F403 Jane Austen's <i>Persuasion</i> (3)	F201 Capitalism vs Socialism (8) F304 From Hot War to Cold War (8) F652 Issues in Criminology (4) F702 Great Decisions (8)	F109 Sketching and Watercolor Art (8) F202 Tom Crooker Investment Forum (8) F407 Trollope's <i>Phineas Finn</i> : Paliser 2 (8) F408 The Hero's Journey (8) F602 Russian Orthodox Christianity (4)	F409 So You Wanna Write Poetry (8) F654 Søren Kierkegaard's Either/Or (3) F803 Inova Medical Updates (4) F906 Pittsburgh Harlem Renaissance (8) 951 If You Build it He Will Come (1)	Saturday, Oct. 12, 3:00 955 Where the Crawdad Sings Saturday, Oct. 12, 5:00 956 Killers of the Flower Moon (1)
2:15-3:40	F101 Understanding Opera (4) F903 Trip Tales (6) 976 Persisting in a Village (1)	F106 Drawing and Sketching (8) F404 Latin American Literature (8) F405 Poetry Workshop (8) F653 Education Series (5) F905 Maha Yoga (8)	F110 Dabbling Artists (8)	F111 Singing for Fun (8) F112 Watercolor Painting (8) F309 Park Rangers (8) F704 Foreign Policy Discussion (8) F805 Beginner Tai Chi (8) 952 Walt Whitman (1)	
	Oct. 14	Oct.15	Oct.16	Oct.17	Oct.18/19
9:40-11:05	F301 John Adams (8) F401 OLLI Players (7) F701 What's in the Daily News? (7) 9:30	F102 Music Sampler (8) 9:30 F103 Digital Photography (8) F501 Everything Spanish (6) F801 Emotional Intelligence (4) F904 Intermediate Chess (8)	F305 A Private's Life (3) F306 Santa Maria and Mayflower (2) F406 Great English Short Stories (8) F502 Spanish Conversation Forum (8) F601 Jesus's Final Week (7)	F203 Economics Potpourri (4) F503 Latin 3 (8) F802 Start Remembering (4)	
11:50-1:15	F302 John Singleton Mosby (5) F402 Readers' Theater (7)	F201 Capitalism vs Socialism (8) F304 From Hot War to Cold War (8) F652 Issues in Criminology (4) F702 Great Decisions (8)	F109 Sketching and Watercolor Art (8) F202 Tom Crooker Investment Forum (8) F407 Trollope's <i>Phineas Finn</i> : Paliser 2 (8) F408 The Hero's Journey (8) F602 Russian Orthodox Christianity (4)	F409 So You Wanna Write Poetry (8) F803 Inova Medical Updates (4) F804 Mindfulness (3) F906 Pittsburgh Harlem Renaissance (8)	
2:15-3:40	F101 Understanding Opera (4) 979 Wreck of the Edmund Fitzgerald (1)	F106 Drawing and Sketching (8) F404 Latin American Literature (8) F405 Poetry Workshop (8) F653 Education Series (5) F905 Maha Yoga (8)	F110 Dabbling Artists (8) 981 Command/Control of Nuclear Weapons (1)	F111 Singing for Fun (8) F112 Watercolor Painting (8) F309 Park Rangers (8) F704 Foreign Policy Discussion (8) F805 Beginner Tai Chi (8) 983 FCPS: A Visual History (1)	

Fall 2019 Schedule Fairfax, Continued

TIME	Monday Oct. 21	Tuesday Oct. 22	Wednesday Oct. 23	Thursday Oct. 24	Friday/Saturday Oct. 25/26
9:40-11:05	F301 John Adams (8) F401 OLLI Players (7) F701 What's in the Daily News? (7) 9:30 F902 Mason Faculty Club Part 2 (3) 9:30	F102 Music Sampler (8) 9:30 F103 Digital Photography (8) F501 Everything Spanish (6) F801 Emotional Intelligence (4) F904 Intermediate Chess (8)	F107 Advanced Smartphone Photography (4) F108 Chinese Traditional Arts 2 (4) F406 Great English Short Stories (8) F502 Spanish Conversation Forum (8) F601 Jesus's Final Week (7)	F307 Mary Queen of Scots (4) F503 Latin 3 (8)	Friday, Oct. 25, 9:30-3:30 1017 Lincoln Assassination (1) Bus trip
11:50-1:15	F302 John Singleton Mosby (5) F402 Readers' Theater (7)	F105 Sisters in Song (4) F201 Capitalism vs Socialism (8) F304 From Hot War to Cold War (8) F702 Great Decisions (8)	F109 Sketching and Watercolor Art (8) F202 Tom Crooker Investment Forum (8) F407 Trollope's <i>Phineas Finn</i> : Paliser 2 (8) F408 The Hero's Journey (8) F603 The Making of the Scriptures (4)	F308 Turbulent Years (4) F409 So You Wanna Write Poetry (8) F804 Mindfulness (3) F906 Pittsburgh Harlem Renaissance (8)	
2:15-3:40	F903 Trip Tales (6)	F106 Drawing and Sketching (8) F404 Latin American Literature (8) F405 Poetry Workshop (8) F653 Education Series (5) F703 Get Empowered (4) F905 Maha Yoga (8)	F110 Dabbling Artists (8) 985 What Makes George Washington Tick (1)	F111 Singing for Fun (8) F112 Watercolor Painting (8) F309 Park Rangers (8) F655 Conflict Resolution (2) F704 Foreign Policy Discussion (8) F805 Beginner Tai Chi (8)	Friday, Oct. 25, 1:00-2:30 988 Salvaged Songs (1)
	Oct. 28	Oct. 29	Oct. 30	Oct. 31	Nov. 1/2
9:40-11:05	F301 John Adams (8) F401 OLLI Players (7) F701 What's in the Daily News? (7) 9:30 F902 Mason Faculty Club Part 2 (3) 9:30	F102 Music Sampler (8) 9:30 F103 Digital Photography (8) F104 Early Renaissance Art (3) F501 Everything Spanish (6) F904 Intermediate Chess (8)	F107 Advanced Smartphone Photography (4) F108 Chinese Traditional Arts 2 (4) F406 Great English Short Stories (8) F502 Spanish Conversation Forum (8) F601 Jesus's Final Week (7)	F307 Mary Queen of Scots (4) F503 Latin 3 (8)	Friday, Nov. 1, 10:00 Town Hall Meeting
11:50-1:15	F303 The Panama Canal (2) F402 Readers' Theater (7)	F105 Sisters in Song (4) F201 Capitalism vs Socialism (8) F304 From Hot War to Cold War (8) F702 Great Decisions (8)	F109 Sketching and Watercolor Art (8) F202 Tom Crooker Investment Forum (8) F407 Trollope's <i>Phineas Finn</i> : Paliser 2 (8) F408 The Hero's Journey (8) F603 The Making of the Scriptures (4)	F308 Turbulent Years (4) F409 So You Wanna Write Poetry (8) F804 Mindfulness (3) F906 Pittsburgh Harlem Renaissance (8)	Friday, Nov. 1, 1:00 1106 Thanksgiving Potluck (1)
2:15-3:40	F651 Copyright and Your Family (2) F903 Trip Tales (6)	F106 Drawing and Sketching (8) F404 Latin American Literature (8) F405 Poetry Workshop (8) F703 Get Empowered (4) F905 Maha Yoga (8)	F110 Dabbling Artists (8) 990 Ed Wood (1)	F111 Singing for Fun (8) F112 Watercolor Painting (8) F309 Park Rangers (8) F655 Conflict Resolution (2) F704 Foreign Policy Discussion (8) F805 Beginner Tai Chi (8)	
	Nov. 4	Nov. 5	Nov. 6	Nov. 7	Nov. 8/9
9:40-11:05	F301 John Adams (8) F401 OLLI Players (7) F701 What's in the Daily News? (7) 9:30 F902 Mason Faculty Club Part 2 (3) 9:30	F102 Music Sampler (8) 9:30 F103 Digital Photography (8) F104 Early Renaissance Art (3) F904 Intermediate Chess (8)	F107 Advanced Smartphone Photography (4) F108 Chinese Traditional Arts 2 (4) F406 Great English Short Stories (8) F502 Spanish Conversation Forum (8) F601 Jesus's Final Week (7)	F307 Mary Queen of Scots (4) F503 Latin 3 (8)	Friday, Nov. 8, 1:00-3:00 998 Veterans Day Celebration
11:50-1:15	F303 The Panama Canal (2) F402 Readers' Theater (7)	F105 Sisters in Song (4) F201 Capitalism vs Socialism (8) F304 From Hot War to Cold War (8) F702 Great Decisions (8)	F109 Sketching and Watercolor Art (8) F202 Tom Crooker Investment Forum (8) F407 Trollope's <i>Phineas Finn</i> : Paliser 2 (8) F408 The Hero's Journey (8) F603 The Making of the Scriptures (4)	F308 Turbulent Years (4) F409 So You Wanna Write Poetry (8) F656 Montenegro (2) F906 Pittsburgh Harlem Renaissance (8)	
2:15-3:40	F651 Copyright and Your Family (2) F901 Trip Tales (6)	F106 Drawing and Sketching (8) F404 Latin American Literature (8) F405 Poetry Workshop (8) F703 Get Empowered (4) F905 Maha Yoga (8)	F110 Dabbling Artists (8) 994 Was it Really William? (1)	F111 Singing for Fun (8) F112 Watercolor Painting (8) F309 Park Rangers (8) F704 Foreign Policy Discussion (8) F805 Beginner Tai Chi (8) 997 Wright Brothers (1)	
	Nov. 11	Nov. 12	Nov. 13	Nov. 14	Nov. 15/16
9:40-11:05	OLLI Office Closed in Observance of Veterans Day	F102 Music Sampler (8) 9:30 F103 Digital Photography (8) F104 Early Renaissance Art (3) F904 Intermediate Chess (8)	F107 Advanced Smartphone Photography (4) F108 Chinese Traditional Arts 2 (4) F406 Great English Short Stories (8) F502 Spanish Conversation Forum (8) F601 Jesus's Final Week (7)	F307 Mary Queen of Scots (4) F503 Latin 3 (8)	Friday, Nov. 15, 2:00-3:30 1004 Presidential Campaigns (1)
11:50-1:15		F105 Sisters in Song (4) F201 Capitalism vs Socialism (8) F304 From Hot War to Cold War (8) F702 Great Decisions (8)	F109 Sketching and Watercolor Art (8) F202 Tom Crooker Investment Forum (8) F407 Trollope's <i>Phineas Finn</i> : Paliser 2 (8) F408 The Hero's Journey (8) F603 The Making of the Scriptures (4)	F308 Turbulent Years (4) F409 So You Wanna Write Poetry (8) F656 Montenegro (2) F906 Pittsburgh Harlem Renaissance (8)	
2:15-3:40		F106 Drawing and Sketching (8) F404 Latin American Literature (8) F405 Poetry Workshop (8) F703 Get Empowered (4) F905 Maha Yoga (8)	F110 Dabbling Artists (8) 999 Shenandoah Valley Paintings (1)	F111 Singing for Fun (8) F112 Watercolor Painting (8) F309 Park Rangers (8) F704 Foreign Policy Discussion (8) F805 Beginner Tai Chi (8) 1002 Berlin (1)	
	Monday, Nov. 18 F301 John Adams (8) 9:40-11:05 1005 Saving Lives in Wildfires (1) 11:50-1:15	Tuesday, Nov. 19 1019 Bible Museum Bus Trip (1) 8:45-3:30	Wednesday, Nov. 20 1006 News by Drones (1) 2:15-3:40	Wednesday, Dec. 4 1107 Holiday Party 11:30-2:30	

Fall 2019 Schedule

September 23–November 15

Loudoun

Shaded classes are one-session presentations.
Bolded classes have unusual dates and/or times.

Thursday, Sept. 19
 1102 Loudoun Kick-Off Coffee 12:00-1:30
 1212 Rise of American Informality VTC 2:00-3:30

TIME	Monday	Tuesday	Wednesday	Thursday
	Sept. 23	Sept. 24	Sept. 25	Sept. 26
9:40–11:05	L310 Russian Jewish Immigration (6) L604 Baha'i Faith (6)	L311 The Frontiersmen, Part 2 (5) L806 Hiking Technique (3)	L411 Writers' Workshop (8) L606 The Gospel of Mark (2)	L204 Economics Potpourri (4) VTC
11:50–1:15	957 Resistance Training 101 (1)	L114 I Want to be Famous but Unknown (4) L807 Extreme Environments (8)	L908 Exploring Spiritual Paths (7)	L117 Drawing and Painting (8) 966 Greek Folk Songs (1)
2:15-3:40	L113 Understanding Opera, Part 1 VTC (4) L705 Hot Topics (7)	L314 Modern America (4)	L116 The History of Animation (8)	L808 History of the Universe (4) L909 Maha Yoga (8)
	Sept. 30	Oct. 1	Oct. 2	Oct. 3
9:40–11:05	L604 Baha'i Faith (6) 968 Ancient Greek Medicine (1)	L311 The Frontiersmen, Part 2 (5) L806 Hiking Technique (3)	L411 Writers' Workshop (8) L606 The Gospel of Mark (2)	L204 Economics Potpourri (4) VTC
11:50–1:15	1104 Greek Coffee and Culture (1)	L114 I Want to be Famous but Unknown (4) L807 Extreme Environments (8)	L908 Exploring Spiritual Paths (7)	L117 Drawing and Painting (8) 973 Loudoun Co. Agency on Aging (1)
2:15-3:40	L113 Understanding Opera, Part 1 VTC (4) L705 Hot Topics (7)	L314 Modern America (4)	L116 The History of Animation (8)	L808 History of the Universe (4) L909 Maha Yoga (8)
	Oct. 7	Oct. 8	Oct. 9	Oct. 10
9:40–11:05	L310 Russian Jewish Immigration (6) L604 Baha'i Faith (6)	L311 The Frontiersmen, Part 2 (5) L806 Hiking Technique (3)	L411 Writers' Workshop (8)	L204 Economics Potpourri (4) VTC
11:50–1:15	975 The Flag on Prospect Hill (1)	L114 I Want to be Famous but Unknown (4) L807 Extreme Environments (8)	L115 Glorious Greece (2) L908 Exploring Spiritual Paths (7)	L117 Drawing and Painting (8)
2:15-3:40	L113 Understanding Opera, Part 1 VTC (4) L705 Hot Topics (7)	L314 Modern America (4)	L116 The History of Animation (8)	L808 History of the Universe (4) L909 Maha Yoga (8)
	Oct. 14	Oct. 15	Oct. 16	Oct. 17
9:40–11:05	L310 Russian Jewish Immigration (6) L604 Baha'i Faith (6)	L311 The Frontiersmen, Part 2 (5)	L411 Writers' Workshop (8)	L204 Economics Potpourri (4) VTC
11:50–1:15	978 Native American Veterans (1)	L114 I Want to be Famous but Unknown (4) L807 Extreme Environments (8)	L115 Glorious Greece (2) L908 Exploring Spiritual Paths (7)	L117 Drawing and Painting (8)
2:15-3:40	L113 Understanding Opera, Part 1 VTC (4) L705 Hot Topics (7)	L314 Modern America (4) L907 Trip Tales (5)	L116 The History of Animation (8)	L808 History of the Universe (4) L909 Maha Yoga (8)
	Oct. 21	Oct. 22	Oct. 23	Oct. 24
9:40–11:05	L310 Russian Jewish Immigration (6) L604 Baha'i Faith (6)	L311 The Frontiersmen, Part 2 (5) L312 The Panama Canal (2)	L411 Writers' Workshop (8)	L315 Team of Rivals (2)
11:50–1:15	984 Biblical Prophecy (1)	L504 Spanish for Beginners (4) L807 Extreme Environments (8)	L657 American Culture (4) L908 Exploring Spiritual Paths (7)	L117 Drawing and Painting (8) 987 Space Satellites (1)
2:15-3:40	L605 Three Biblical Narratives (3) L705 Hot Topics (7)	L907 Trip Tales (5)	L116 The History of Animation (8)	L412 Sherlock Holmes (4) L909 Maha Yoga (8)
	Oct. 28	Oct. 29	Oct. 30	Oct. 31
9:40–11:05	L310 Russian Jewish Immigration (6) L604 Baha'i Faith (6)	L205 Financial Education Series (2) L312 The Panama Canal (2)	L411 Writers' Workshop (8)	L315 Team of Rivals (2)
11:50–1:15	989 Voyage to Antarctica (1)	L504 Spanish for Beginners (4) L807 Extreme Environments (8)	L657 American Culture (4) L908 Exploring Spiritual Paths (7)	L117 Drawing and Painting (8) 991 Gangs of Northern Virginia (1)
2:15-3:40	L605 Three Biblical Narratives (3) L705 Hot Topics (7)	L907 Trip Tales (5)	L116 The History of Animation (8)	L412 Sherlock Holmes (4) L909 Maha Yoga (8)
	Nov. 4	Nov. 5	Nov. 6	Nov. 7
9:40-11:05	L310 Russian Jewish Immigration (6)	L205 Financial Education Series (2) L313 Santa Maria and Mayflower (2)	L411 Writers' Workshop (8)	
11:50-1:15	993 Alternative Health Therapies (1)	L504 Spanish for Beginners (4) L807 Extreme Environments (8)	L657 American Culture (4) L908 Exploring Spiritual Paths (7)	L117 Drawing and Painting (8) 996 Website Creation (1)
2:15-3:40	L605 Three Biblical Narratives (3) L705 Hot Topics (7)	L907 Trip Tales (5)	L116 The History of Animation (8)	L412 Sherlock Holmes (4) L909 Maha Yoga (8)
	Nov. 11	Nov. 12	Nov. 13	Nov. 14
9:40-11:05	OLLI Office Closed in Observance of Veterans Day	L313 Santa Maria and Mayflower (2)	L411 Writers' Workshop (8)	
11:50-1:15		L504 Spanish for Beginners (4) L807 Extreme Environments (8)	L657 American Culture (4)	L117 Drawing and Painting (8) 1001 Dieter Dengler (1) 11:30 Loudoun Listening Tour (1) 1:30
2:15-3:40		L907 Trip Tales (5)	L116 The History of Animation (8)	L412 Sherlock Holmes (4) L909 Maha Yoga (8)

Fall 2019 Schedule September 23–November 15 Reston

Saturday, Sept. 7, 8:00 pm
1007 Peter Kageyama (1)

Saturday, Sept. 21, 8:00 pm
1008 Conversation with Fran Lebowitz (1)

Mondays, 1:00-2:30, Sept 16-Nov. 4 (8)
R810 Kundalini Yoga and Meditation

Shaded classes are one-session presentations.
Bolded classes have unusual dates and/or times.

TIME	Monday Sept. 23	Tuesday Sept. 24	Wednesday Sept. 25	Thursday Sept. 26	Friday Sept. 27
9:40–11:05	R658 Big Issues, Complex Challenges (7) R809 Healthy Aging (4)	R415 Great English Short Stories (8)	R608 The Road less Traveled (6)	R419 King Arthur (8) R814 UFOs (3)	
11:50–1:15	R118 Enjoying Classical Music (4)	R318 The Navy's Role (4) 960 Creating a Home Inventory (1)	R418 Literary Roundtable (7) 963 A Doll's House	R322 Getting to Know Reston (8) R706 All the News (8) 1103 Kick-off Coffee (1) 1-2pm	
2:15-3:40	R811 The World Around Us (7) 2:00	R319 Park Rangers in their Element (8)	965 PT Boats in the US Navy (1)	R119 Meet the Artists (6)	
	Sept. 30	Oct. 1	Oct. 2	Oct. 3	Oct. 4
9:40–11:05	R658 Big Issues, Complex Challenges (7) R809 Healthy Aging (4)	R317 American Foreign Policy (3) R415 Great English Short Stories (8)	R608 The Road less Traveled (6)	R419 King Arthur (8) R814 UFOs (3)	
11:50–1:15		R318 The Navy's Role (4)	R418 Literary Roundtable (7) 969 Mel Blanc (1)	R322 Getting to Know Reston (8) R706 All the News (8)	
2:15-3:40	R811 The World Around Us (7) 2:00	R319 Park Rangers in their Element (8)	972 Ten Advantages of Aging (1)	R119 Meet the Artists (6)	
	Oct. 7	Oct. 8	Oct. 9	Oct. 10	Oct. 11
9:40–11:05	R658 Big Issues, Complex Challenges (7) R809 Healthy Aging (4)	R317 American Foreign Policy (3) R415 Great English Short Stories (8)	R608 The Road less Traveled (6)	R419 King Arthur (8) R814 UFOs (3)	Friday, Oct. 11, 8:45-4:00 1016 Baltimore Museum of Art (1)
11:50–1:15	R118 Enjoying Classical Music (4) R413 War and Literature (2)	R318 The Navy's Role (4) R416 Newman and Strether in Paris (2)	977 Cambridge Five (1)	R322 Getting to Know Reston (8) R706 All the News (8)	Bus trip
2:15-3:40	R414 Memoir Writing (2) R811 The World Around Us (7) 2:00	R319 Park Rangers in their Element (8)		R119 Meet the Artists (6)	
	Oct. 14	Oct. 15	Oct. 16	Oct. 17	Oct. 18
9:40–11:05	R658 Big Issues, Complex Challenges (7) R809 Healthy Aging (4)	R317 American Foreign Policy (3) R415 Great English Short Stories (8)	R608 The Road less Traveled (6)	R321 Native American Veterans (3) R419 King Arthur (8)	Friday Oct. 18, 12:30-2:30 1105 Chili Fall Festival (1)
11:50–1:15	R413 War and Literature (2)	R318 The Navy's Role (4) R416 Newman and Strether in Paris (2)	R418 Literary Roundtable (7) 980 Live Longer, Live Stronger (1)	R322 Getting to Know Reston (8) R706 All the News(8)	
2:15-3:40	R414 Memoir Writing (2) R811 The World Around Us (7) 2:00	R319 Park Rangers in their Element (8)	982 Wildfire Management (1)	R119 Meet the Artists (6)	
	Oct. 21	Oct. 22	Oct. 23	Oct. 24	Oct. 25
9:40–11:05	R658 Big Issues, Complex Challenges (7)	R415 Great English Short Stories (8) R812 Modern Physics (4)	R608 The Road less Traveled (6)	R321 Native American Veterans (3) R419 King Arthur (8)	
11:50–1:15	R118 Enjoying Classical Music (4)	R659 Deep Civilization (4) R607 Breath of Heaven (2)	R418 Literary Roundtable (7) R813 Reston Hospital Series (4)	R322 Getting to Know Reston (8) R706 All the News(8)	
2:15-3:40	R811 The World Around Us (7) 2:00	R319 Park Rangers in their Element (8)	986 <i>Fly Girls</i> (1) 1009 Vox Clamantis (1) 8:00 pm	R119 Meet the Artists (6)	
	Oct. 28	Oct. 29	Oct. 30	Oct. 31	Nov. 1
9:40–11:05	R658 Big Issues, Complex Challenges (7) Reston Listening Tour (1) 11:00	R415 Great English Short Stories (8) R812 Modern Physics (4)	R608 The Road less Traveled (6)	R321 Native American Veterans (3) R419 King Arthur (8)	
11:50–1:15	R316 WWII Strategic Bombing Campaign (2)	R659 Deep Civilization (4) R607 Breath of Heaven (2)	R418 Literary Roundtable (7) R813 Reston Hospital Series (4)	R322 Getting to Know Reston (8) R706 All the News (8)	
2:15-3:40	R811 The World Around Us (7) 2:00	R319 Park Rangers in their Element (8)	R320 Bermuda (2)	R119 Meet the Artists (6)	
	Nov. 4	Nov. 5	Nov. 6	Nov. 7	Nov. 8
9:40-11:05	R658 Big Issues, Complex Challenges (7)	R415 Great English Short Stories (8) R812 Modern Physics (4)	R418 <i>Hamilton</i> and History (2)	R419 King Arthur (8)	
11:50-1:15	R118 Enjoying Classical Music (4) R316 WWII Strategic Bombing Campaign (2)	R659 Deep Civilization (4)	R418 Literary Roundtable (7) R813 Reston Hospital Series (4)	R322 Getting to Know Reston (8) R706 All the News (8)	
2:15-3:40	R811 The World Around Us (7) 2:00	R319 Park Rangers in their Element (8)	R320 Bermuda (2) 995 Hidden History of Herndon (1) 1010 Dr. Azar Nafisi (1) 8:00 pm		
	Nov. 11	Nov. 12	Nov. 13	Nov. 14	Nov. 15
9:40-11:05	OLLI Office Closed in Observance of Veterans Day	R415 Great English Short Stories (8) R812 Modern Physics (4)	R418 <i>Hamilton</i> and History (2)	R419 King Arthur (8)	Friday, Nov. 15, 9:15-3:30 1018 Holocaust Museum (1)
11:50-1:15		R659 Deep Civilization (4)	R418 Literary Roundtable (7) R813 Reston Hospital Series (4)	R322 Getting to Know Reston (8) R706 All the News (8)	Bus trip
2:15-3:40		R319 Park Rangers in their Element (8)	1000 European Operetta (1)	1003 <i>Conspiracy</i> movie (1)	
					Sunday, Dec. 1, 7:00 pm 1011 The Klezmatiks (1)



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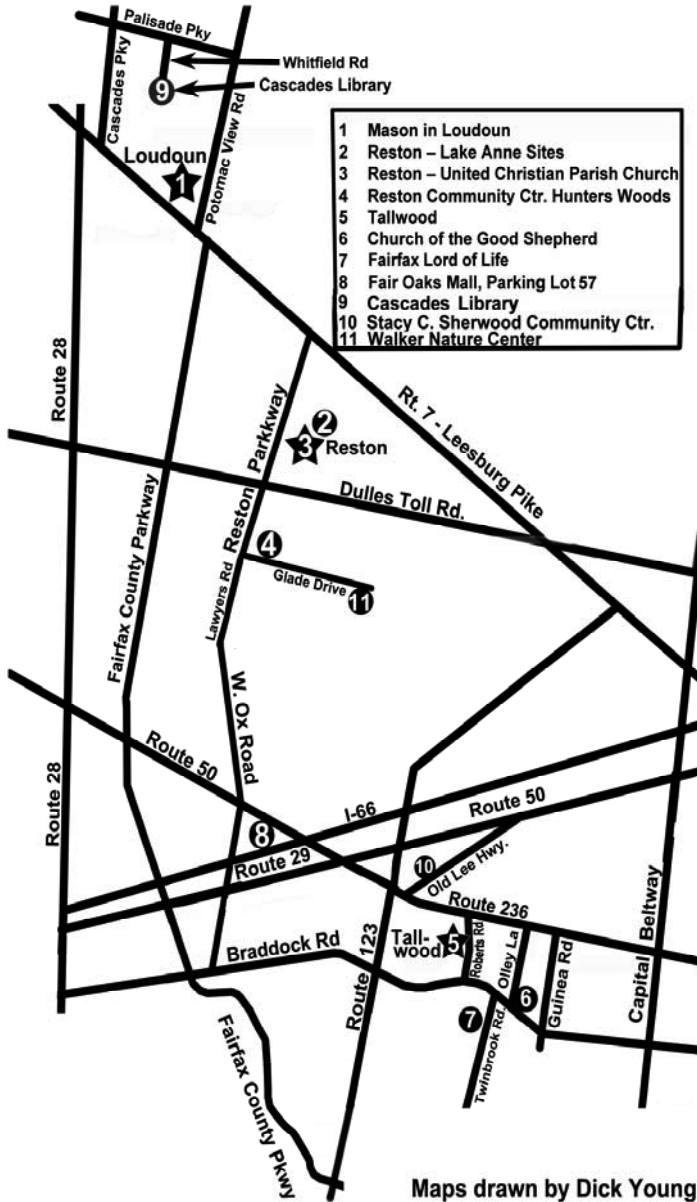
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Bake Sale

Guide to Program Locations



1. Mason-in-Loudoun is located at 21335 Signal Hill Plaza, Sterling, VA 20164 diagonally across Route 7 from the Potomac Run Shopping Center.

2. Reston Lake Anne sites: Reston Used Book Shop (1623 Washington Plaza, North, Reston, VA 20190) and **Reston Community Center (RCC) Lake Anne including the Rose Gallery and Bus Trip Pick up Location for Lake Anne** (1609 Washington Plaza, North, Reston, VA 20190) are located at the northern end of Lake Anne off North Shore Drive. If using an electronic map, set destination as the Lake Anne Mobil (11410 N. Shore Drive, Reston, VA 20190) across the street from the entrance to the Lake Anne parking lot.

3. United Christian Parish Church (UCP) is located at 11508 North Shore Drive, Reston, VA 20190.

4. Reston Community Center Hunters Woods: CenterStage is in the Hunters Woods Village Center. If using an electronic map, use the Ledo Pizza address (2254 Hunters Woods Plaza, Reston, VA 20191). A walkway beside Ledo Pizza leads to a plaza and the community center.

5. Tallwood is located at 4210 Roberts Road, Fairfax, VA 22032. Roberts Road can be accessed from Route 236 (Main Street) or Braddock Road. Additional parking is available in the swimming pool lot next door.

6. Church of the Good Shepherd (COGS) at 9350 Braddock Road, Burke, VA 22015 is at the corner of Braddock Road and Olley Lane. Enter the parking lot from Olley Lane.

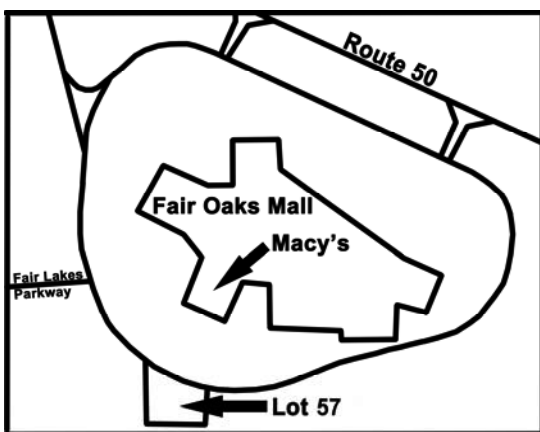
7. Lord of Life Lutheran Church, Fairfax is located at 5114 Twinbrook Road, Fairfax, VA 22032. From Braddock Road, turn south on Twinbrook Road, and the parking lot will be on your right.

8. Bus Trip Pick up Location at Fair Oaks Mall, parking lot 57 (see adjacent map) is located at 11750 Fair Oaks Mall, Fairfax, VA 22033. The lot is outside the circular road in front of ManTech Corporation near the Macy's closest to Sears.

9. Cascades Library located at 21030 Whitfield Place, Potomac Falls, VA 20165. From Route 7 exit North onto Cascades Parkway. Turn right onto Palisades Parkway, then right onto Whitfield Place.

10. Stacy C. Sherwood Center located at 3740 Old Lee Highway, Fairfax, VA 22030. From Tallwood, go north on Roberts Rd to Sager Ave. Continue on Sager Ave to Old Lee Hwy. Continue onto Old Lee Hwy until you see Van Dyck Park on the left. Sherwood Center is adjacent.

11. The Walker Nature Center is located at 11450 Glade Drive, Reston, VA 20191. From Lawyers Road, turn north on Soapstone Drive. Turn right on Glade Drive and the nature center is on your left.



Bus Trip Pick up Location



Osher Lifelong Learning Institute
George Mason University
4210 Roberts Road
Fairfax, VA 22032-1028
olli.gmu.edu

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PLEASE DELIVER BY August 1, 2019

Fall 2019 term registration: August 20 at 9 am – August 29 at noon

Term Dates

Fall 2019: September 23 – November 15

Winter 2020: January 27 – February 21

Spring 2020: March 30 – May 22

Summer 2020: June 22 – July 31

Living Well and Learning Every Day.

