Osher Lifelong Learning Institute







Osher Lifelong Learning Institute at George Mason University

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Cover photo by Ed Marion

Volunteer! It's Your OLLI!

Did you know that OLLI is run by member-volunteers? Courses, clubs, special events, social activities, publications, and classroom services—all are developed by members like you. OLLI simply would not exist without the dedication of our wonderful member-volunteers.

Volunteering at OLLI is not only rewarding, but it can be life-altering for many members. Make new friends, build community, develop new skills, shape the future of OLLI!

Don't wait to be asked; OLLI is always on the look-out for help! To learn more about volunteer opportunities, visit the "Our Organization" page on the OLLI website (olli.gmu.edu/our-organization/) or contact us today: **volli@gmu.edu** or **(703)** 503-3384 (OLLI Office). Thank you for your service!

A Gift For YOU!

If you volunteer at OLLI, stop by the office and pick up a free OLLI lanyard for your nametag.



Help Plan OLLI Socials on the Member Services Committee



Teach!

Open OLLI Volunteer Positions

- Loudoun Coordinator—Serve as volunteer point-of-contact for the Loudoun campus and coordinate with executive director on campus issues.
- Publications Chair—Lead OLLI publications production efforts, particularly the OLLI catalog.
- Member Services Representative Reston—Lead efforts on the Members Services Committee to develop socials in Reston.



Join a Board or Committee and Plan the Future of OLLI!

All About OLLI

Who We Are

The Osher Lifelong Learning Institute at George Mason University (OLLI Mason) offers daytime courses, lectures, special events, and other activities during eight-week terms in the spring and fall, a four-week winter term, and a six-week summer term. There are no exams, no credits, no college degree required or offered, and no age threshold.

Course leaders are qualified members of OLLI, Mason faculty, or others who enjoy sharing their knowledge. OLLI is particularly proud of its volunteer teachers and speakers, many of whom are well-known experts in their fields. The views expressed are those of the instructors and do not reflect the official policy or position of OLLI or George Mason University.

Members pay annual dues and may attend as many activities as they wish, subject to space availability. There may be charges for materials and for some special events.

OLLI Mason publishes an email newsletter (*OLLI E-News*), a catalog each term, an online membership directory, and the *Member Handbook*. An annual literary journal, *OLLI Ink*, and, from time to time, the *Poets of OLLI* collection are also published.

OLLI Mason is one of many Osher Lifelong Learning Institutes affiliated with The Bernard Osher Foundation and is also a member of the Road Scholar Institute Network. OLLI is a nonprofit, equal-opportunity 501(c)(3) organization and does not discriminate on the basis of race, color, or national/ethnic origin.

Where We Are

Most activities are held at Tallwood, 4210 Roberts Road in Fairfax, at the United Christian Parish near Lake Anne in Reston, or at the Mason site in Loudoun. OLLI's main office is at Tallwood, with satellite offices (open only during class hours) in Reston and Loudoun. All sites are accessible to persons with disabilities and have free parking available. To park at the Mason site in Loudoun you must obtain a free parking permit from Mason in Loudoun, Suite 130. A map and addresses for all locations are printed on the inside back cover.

How to Join

Any person may obtain an annual membership by registering online (https://olligmu.augusoft.net) or by completing the form and submitting it to OLLI with the required check(s) or credit card information.

Give the Gift of OLLI

What better way to show appreciation for your spouse, sibling, or good friend than by giving an OLLI eGift card? The card can be purchased in any amount to apply toward an OLLI membership or event/materials fees. It makes the perfect retirement, birthday, or holiday gift. The gift of OLLI is great: captivating classes, fabulous field trips, and sensational socials to indulge both mind and soul! Purchase the eGift card on the OLLI member portal (olligmu.augusoft.net) or by calling the OLLI office (703) 503-3384.

George Mason University Privileges

OLLI members with an annual membership are entitled to a George Mason University ID card, which provides library privileges, discounted Mason gym membership, and other benefits. A free Mason email account with access to the Mason intranet is also available. To apply for an ID card, fill out an application, available at any OLLI site or on the OLLI website (under MainMenu/DocStore—scroll down to the document section), and return it to the main office at Tallwood or to the site assistant at Reston or Loudoun.

OLLI Closing Policy

OLLI is closed when county schools are closed. OLLI follows the Fairfax County Public Schools for Fairfax and Reston sites and the Loudoun County Public Schools for Loudoun sites.

When schools announce a delayed opening, OLLI generally opens on time. Exception: at George Mason facilities, we adhere to Mason closing decisions. If Mason announces a delay, OLLI may need to cancel the first class of the day. Poor conditions at OLLI sites may also necessitate class or event cancellations.

The most up-to-date information on OLLI delays and closings can be found on the OLLI website: **olli.gmu.edu.**

** IMPORTANT REGISTRATION DATES **

Summer priority registration begins Tuesday, May 21 at 9:00 am and ends on Wednesday, May 29 at noon.

> Register online at **olli.gmu.edu**. Click on Member Portal.

Registrations also may be mailed or delivered to:
Osher Lifelong Learning Institute
4210 Roberts Road
Fairfax, VA 22032

OLLI Organization

OLLI is a member-driven organization with a Board of Directors elected by the membership and representing Fairfax, Loudoun, and Reston. All activities are managed by an executive director, staff, and volunteers.

Board of Directors

President	Bill Taylor
Vice President	Teri Feldmayer
Treasurer	Michelle Blandburg
Secretary	Rita Way
Lillian Brooks	Manny Pablo
Evan Douple	Mel Russell
Paul Howard	Charles Silver
Marguerite Johnson	Diane Stanley
Gloria Loew	Russell Stone
Marianne Metz	Dave Talaber
Dave Osterman	John Woods

Jennifer Disano, Executive Director

Other Key OLLI Positions

Audiovisual Support	Paul Howard
DevelopmentLes	
OLLI E-News	-
Facilities	
Finance	
Governance	
LandscapingSally Berma	n, Sigrid Carlson
Loudoun Coordinator	Vacant
Member Services , Chair	Toni Acton
Member Services, Hospitality	Elaine Leonard
Member Services, New Member Advisory	/Toni Acton
Member Services, Office Volunteers	Toni Acton
Member Services, Social Events	Jim Dunphy
OLLI Historian	.Marianne Metz
OLLI Representative to Arts at Mason	Pat Carroll
Outreach	Camille Hodges
Publications	Vacant
Reston Coordinator	Beth Lambert
Strategic Planning	Bill Taylor
University Liaison	Pat Carroll
Website	rnestine Meyer

OLLI Program Planning

Committee Chairs	Doris Bloch, Kathryn Russell,	
	Nancy Scheeler, Russell Stone	
Loudoun Program	Barbara Wilan	
Reston Program	Beth Lambert	
Program Associates	Alice Slayton Clark,	
_	Shannon Kim Morrow	
Program planning subject group chairs are listed at		

Catalog Production

the beginning of each subject section of the catalog.

Catalog Production		
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Member portalo	lligmu.augusoft.net
Mason mail stop number	MSN 5C1
Mason@Loudoun mail stop number.	MSN 1G9

Courses: June 24-August 2 Fairfax/Loudoun/Reston

Fairfax courses are indicated by the prefix "F," Loudoun by an "L," and Reston by an "R."

100 Art and Music

Program Planning Group Chairs: Marianne Metz, Angie Talaber, Kosmo Tatalias

F101 GRC Photography

Tuesdays, 9:40-11:05, June 25-July 30

Six sessions

Instructor: Dan Feighery

This course builds on the concepts taught in the Winter 2019 "GRC Photography" course. (GRC stands for Getting it Right in the Camera.) There will be different challenging shooting assignments given for each week. Before each session, attendees will upload four unaltered jpg images to a designated internet location. Each week there will be an instructor-led, peer-to-peer discussion of that week's work. The assignment for discussion during the first class will be sent to students when the enrollee list is finalized. Dan Feighery holds a BS in physics from Philadelphia's Saint Joseph's University and a master's in public administration from San Francisco's Golden Gate University. He is a retired Air Force officer, a long-time photo hobbyist, founder of the OLLI Photo Club, and a teacher of several OLLI photography courses.

F102 Dabbling Artists

Tuesdays, 9:40-11:05, June 25-July 23

Five sessions

Fairfax Lord of Life, Conference Room

Instructors: Sue Goldstein, Susann Hamilton

Class limit: 12

Come meet and work alongside OLLI members who dabble in sketching and watercolor painting. You provide your own materials and the picture or sketch you plan to work on each week. There will be plenty of advisory conversation available, along with suggestions for projects you might enjoy. If you have taken "Introduction to Sketching and Watercolor," this course may be for you! Or, if you last picked up a pastel or brush in high school, maybe you're ready to do it again! This class is not intended for those who have no experience with drawing or painting.

Suzanne Goldstein is a retired math teacher and longtime attendee of OLLI sketching and watercolor classes, as well as facilitator of the Annex Art Club.

Susann Hamilton is a retired association executive who has been an OLLI instructor of "Beginning Sketching."

F103 Bauhaus and Art Deco

Wednesdays, 9:40-11:05, July 10-July 17

Two sessions

Instructor: Roz Hoagland

The Bauhaus, created in Germany in 1919, advocated simple functional design. Closed by Hitler in 1933, its impact can still be felt today. The glitzy, jazzy Art Deco style flourished in the 1920s and 1930s, and it was much more popular than the Bauhaus style. This course will examine the history of each movement and characteristics of both styles. We'll look at examples of applied art and graphic design to search for similarities and differences between these two competing approaches.

Roz Hoagland is a retired art historian. She taught at Northern Virginia Community College for 40 years and gave lectures at the US State Department Training Center. In retirement, she continues to take groups to Europe to study art, architecture, and historic and unusual sites. Since 1999, she has led 54 trips to locations in 24 countries.

R104 Original Engravings from Audubon's Masterpiece, The Birds of America

Tuesdays, 11:50-1:15, June 25-July 2

Two sessions

Instructor: Jeff Metzger

John James Audubon, often described as the greatest American artist of nature, completed The Birds of America in the late 1830s. This four-volume set of engravings depicts many of the bird species in the United States, life size and in their habitats. Audubon's work paralleled other efforts to observe and describe the "new America," and he was encouraged by Thomas Jefferson and others in the early 19th century. Jeff Metzger, who has collected many Audubon original full size engravings over the last 20 years, will bring about ten of Audubon's important pieces from his collection for attendees to examine. Metzger will discuss Audubon's extraordinary life and the process by which the engravings were made. Finally, he will briefly review the history of each engraving. This course will provide a rare opportunity to view these almost 200-year-old artistic pieces in a non-museum venue.

Economics and Finance

Jeff Metzger graduated from Amherst College and Georgetown Law School. He worked for the US Department of Justice, in private practice, and most recently as associate general counsel for a Fortune 500 company. Metzger has particular interests in history, politics, and anything composed by Johann Sebastian Bach.

200 Economics and Finance

Program Planning Group Chairs: Leo Brennan, Brenda Bloch-Young, Ray Willson

F201 The Tom Crooker Investment Forum

Wednesdays, 11:50-1:15, June 26-July 24

Five sessions
Fairfax Lord of Life
Moderator: Al Smuzynski

The Investment Forum, which meets weekly throughout the year, addresses investment topics of particular interest to retirees. A weekly agenda is distributed, and each session begins with an open discussion of recent events in the economy and financial markets and their impact on investment decisions. Member presentations typically include such topics as: recent market indicators, stocks, bonds, funds (mutual, exchange-traded, and closed-end), real

estate investment trusts (REITs), options, commodities, master limited partnerships, sectors, allocations, and investment strategies. We use analyses and data from the financial press.

Al Smuzynski is a retired bank regulator and an advocate of affordable housing. He currently serves on the boards of Virginia Community Capital and VCC Bank.

F202 Investing Basics in Retirement

Thursdays, 11:50-1:15, July 18-Aug. 1

Three sessions

Instructors: Sylvia Auton-Hanvey, Ingrid Hendershot

Once we retire, our investment goals change, depending on whether our basic expenses are covered by a pension or we need to generate income from our investments. Our time horizon to recover from a major market decline has changed, and this affects the investments we make. This course is open to all retirees but may be of special interest to novice investors

Sylvia Auton-Hanvey is a retired educator with a PhD in mathematics education. She is a recent investor in the market and is self-taught.

Ingrid Hendershot is a Chartered Financial Analyst and the owner of Hendershot Investments Inc., located in Bristow, VA. Her company, founded in 1994, provides professional investment advisory services.

300 History

Program Planning Group Chairs: Emmett Fenlon, Beth Lambert, Bernie Oppel, Dick Young

F301 The Declaration Deconstructed

Tuesdays, 11:50-1:15, June 25-July 30

Six sessions

Church of the Good Shepherd Instructor: Heather Dudley

The Declaration of Independence is the most read, listened to, and celebrated of our nation's founding documents. It has inspired people from around the world and across time, from the French revolutionaries of 1789 to Ho Chi Minh. Both Jefferson Davis and Abraham Lincoln claimed to be defending its principles. Congress approved the Declaration on July 4, 1776, and that event is now commemorated as the birthday of the United States. In this class we will examine the opening two paragraphs of the Declaration. As we read and wonder at the structure and flow of those beautiful sentences, we will grapple with some important questions: 1) What did Jefferson mean when he used words such as equality, liberty, and happiness? 2) In what way was the Declaration an expression of the classical and Enlightenment philosophers who were of such great importance to the founding generation?

Heather Dudley loves the classroom. Her profession was teaching and her avocation was professional student. She taught history, economics, and psychology at Gonzaga High School for 20 years. She earned a BA from the University of Maryland, an MA from George Mason University, an MA from American University, and a doctorate from Georgetown University.

F302 John Barleycorn Must Die: Prohibition in America

Tuesdays, 9:40-11:05, July 16-July 23

Two sessions
Fairfax Lord of Life

Instructor: Jim Dunphy

This year (2019) marks the 100th anniversary of the 18th Amendment, prohibiting the sale of alcoholic beverages. To some it was the culmination of more than a hundred years of fighting for temperance. To others, it was a puritanical minority trampling the rights of the majority. It ushered in more than a decade of unintended consequences, including the rise of organized crime. We will look at the fight for the 18th Amendment, the results of passage, and finally the fight for repeal. Lift a (now legal) glass to toast this OLLI class!

Jim Dunphy has taught a number of OLLI classes in history, music, movies, and baseball. He admits to lifting a glass or two on occasion.

F303 The Flag of the United States: Origins, Myths, and Legends

Wednesdays, 9:40-11:05, June 26-July 3

Two sessions
Fairfax Lord of Life
Instructor: Peter Ansoff

The flag of the United States is a familiar and popular symbol and the subject of hundreds of books. However, our knowledge of its origins is actually rather sparse, and writers' attempts to fill the void have produced a thicket of mythology and misinformation. This course will cover the historical evidence for the origins of the American flag and some of the many myths that have become attached to it over the years, including the famous story of Betsy Ross. It will also discuss the patchwork of rules for handling and displaying the flag and some of the controversies they've generated.

Peter Ansoff retired in 2018 from a career as a support contractor for US Navy ship acquisition programs. He is a member of the North American Vexillological Association (an international organization dedicated to the study of flags) and is currently serving as its president. His other interests include maritime history and lighter-than-air aviation history.

F304 Revolution in Latin America: The Success and Failure of Che Guevara

Thursdays, 9:40-11:05, July 11-July 25

Three sessions

Instructor: Roland G. Estrada

Ernesto "Che" Guevara is known around the world for his revolutionary efforts to bring political change, mostly in Latin America. He is better known for his influence on the Cuban revolution. His death in Bolivia in 1967 was the result of his efforts to bring his "foco" theory of revolution to the forefront. The three lectures will cover his younger life in Argentina and his relations with the Castro brothers in Mexico, his participation and victory in the Cuban revolution, and finally his failure to export his revolution to an isolated area in Bolivia and the fiasco of his efforts in the Congo. How did he become so well known? Lectures will discuss reasons for this and his search for success in Latin America.

Roland G. Estrada is a retired foreign service officer who was assigned for two tours to Bolivia, as well as other countries in Latin America. He is a graduate in international relations from the Catholic University of America and Rutgers University in New Jersey.

F305 The Zeppelin Story: German Rigid Airships in Peace and War

Thursdays, 11:50–1:15, July 11, July 25–Aug. 1 Note dates

Three sessions

Instructor: Peter Ansoff

In the early decades of the 20th century, Germany led the development of a unique technological achievement, the rigid airship. These giant lighterthan-air aircraft pioneered long-distance air travel for both military and civilian purposes. They achieved many successes, although their memory is forever tarnished by the 1937 Hindenburg disaster. This course will trace their story from the early experiments at the beginning of the century through their use as the first strategic bombers during World War I, the rebirth of the Zeppelin Company after the Treaty of Versailles, the rise of the Nazis, and the birth of transatlantic passenger air travel. Along the way, we will meet several fascinating historical characters and learn how technology and politics shaped the Zeppelin story. See F303 for instructor information.

F306 Park Rangers (and Volunteers) in Their Element

Thursdays, 2:15-3:40, July 11-Aug. 1

Four sessions

Coordinators: Brad Berger, Emmet Fenlon

Over 400 units comprise the National Park Service, stretching from sea to shining sea. The rangers who serve at the National Mall and Memorial Parks are veterans of many of these locales. A broad range of park service staffing at far-flung spots has sharpened their story-telling skills, which they now bring to our nation's capital. The stories they share will be sure to enlighten and entertain as they recount ranger life and operations at our natural wonders and historic landmarks.

National Park Service rangers have participated with OLLI in scores of thematic courses, special events, and trips since 2001.

F405 Unbroken: A World War II Story of Survival, Resilience, and Redemption

Tuesdays, 9:40-11:05, July 23-July 30

Two sessions

Instructor: Barbara Nelson

This course, fully described under Literature, Theater, and Writing, is also relevant to History.

L307 The Frontiersmen, Part 1

Tuesdays, 9:40-11:05, June 25-July 23

Five sessions

Instructor: Jim Anderson

From the earliest New World settlements, the proximity of those vast, wild, and unsettled spaces in North America has had a significant impact on the history of our nation. It also has influenced our character as a people distinct from our European roots. This series will be in two parts of five lectures each. In these first five lectures, we will outline the academic origins of the "frontier thesis," discuss the frontier concept in popular literature and media, and examine the concept through the biographies of individuals who were on the leading edge of our national expansion westward and who exemplified many of the traits that have come to be associated with the American character. These will include Robert Rogers, Daniel Morgan, Simon Kenton, and Tecumseh. Jim Anderson spent three years as an Air Force officer, and 27 years at the Central Intelligence Agency. For 12 years in retirement, he conducted corporate leadership seminars at Civil War battlefields. He holds an MA in history from the University of Memphis. Since 2009, he frequently has taught and conducted tours at OLLI on the Civil War and the American frontier.

L308 The Zeppelin Story: German Rigid Airships in Peace and War

Tuesdays, 11:50-1:15, June 25-July 9

Three sessions

Instructor: Peter Ansoff This is a repeat of F305.

L309 The Declaration Deconstructed

Wednesdays, 11:50-1:15, June 26-July 31

Six sessions

Instructor: Heather Dudley This is a repeat of F301.

L310 Amazing Gift of Collective Learning

Wednesdays, 11:50-1:15, June 26-July 31

Six sessions

Instructor: Ray Beery

This is an expanded segment of the Big History course featured in the spring term. About 200,000 years ago, mankind evolved to become the most important force for change on the planet. Our knack for collective learning—preserving information, sharing it with one another, and passing it to the next generation—helps us create entirely new forms of complexity. We share

ideas so efficiently that we learn collectively. We are uniquely powerful because we use symbolic language to store and circulate information that would otherwise disappear when individuals die. This course is an example of a MOOC (massive, open, online course.) The personalities who appear this time are David Christian and Bill Gates.

Ray Beery, long-time OLLI teacher, has presented other history and politics MOOCs from world-renowned champion university professors.

L311 Commemorating the Seminal Events Our Boys Faced in World War II

Wednesdays, 9:40-11:05, July 17-July 31

Three sessions

Instructor: Jim Lewis

This series of lectures, illustrated with PowerPoint slides, will concentrate on several of the seminal events of World War II.

- What Our Boys Faced on D-Day: This talk will focus on the difficulties that the Allies faced undertaking the largest amphibious invasion ever to take place.
- D-Day +1 through the Battle of the Bulge: This lecture details the fascinating sequence of events following the Allied landing through Hitler's surprise winter offensive.
- Downfall: The Empire's Last Stand: This presentation focuses on events from mid-1945 through the end of the war in the Pacific, with special attention on the largest planned amphibious invasion in history.

Jim Lewis is a noted Civil War and World War II historian, lecturer, and local Civil War site tour guide. His personal visits to the battlefields in Europe and in-depth research are key sources for the above-mentioned presentations. His publications include: The Hunter Mill Road Civil War Self-Guided Tour, Forgotten Roads of the Hunter Mill Corridor, and Sunstroke and Ankle Deep Mud.

400 Literature, Theater, and Writing

Program Planning Group Chairs: Pat Bangs, Jackie Gropman, Katie Mitchell, Norma Jean Reck, Nancy Scheeler (Reston), Rala Stone

F401 Play Ball! On Film! Movies about Baseball

Tuesdays, 9:40-11:05, June 25-July 9

Three sessions

Instructor: Jim Hickey

Baseball provides a rich backdrop for the American experience. We will look at clips from some of the best films about the sport, including *Field of Dreams, Pride of the Yankees, The Sandlot, A League of Their Own,* and others. Some are based on fact, some on fiction. Some are about playing at the highest levels, others just about the love of the game. And just for laughs we will take a look at some of the worst movies about the national pastime. We will discuss what we like or don't like, and how each film reflects and fits into our culture, for the baseball diamond is a canvas used to illustrate the human condition.

Jim Hickey is an OLLI member. He has been a baseball fan since 1957 and a movie fan even longer. He has worked on local short films and one local feature film.

F402 Conflict and the Novel: Graham Greene's *The Quiet American*

Tuesdays, 9:40-11:05, June 25-July 2

Two sessions

Instructor: Richard Rubenstein

In this course we read and interpret Graham Greene's prophetic novel, *The Quiet American*, in order to discover what imaginative literature can teach us about violent conflict.

Richard Rubenstein is university professor of conflict resolution and public affairs at George Mason University and teaches a graduate course in conflict and literature. He is the author of nine books on violent political conflict and methods of resolving conflict nonviolently.

F403 Poetry Workshop

Tuesdays, 11:50-1:15, June 25-July 30

Six sessions

Moderators: Mike McNamara, Jan Bohall

Class limit: 16

This workshop allows both novice and experienced poets the opportunity to share their work and receive suggestions for improvement. Workshop members should bring an original poem in draft or revised form to each session. Two poems should be sent to the

Tallwood office for duplication one week before the first class meeting and a third poem brought to the first session. The moderators will email students after registration to let them know exactly when and where to send their poems for the first class.

Mike McNamara, an OLLI member, has been published in several literary journals and magazines and has won awards from the Poetry Society of Virginia.

Jan Bohall, also an OLLI member, has had poems published in various periodicals and has won awards from the Poetry Society of Virginia.

F404 War and Literature: Two Classic Novels of the Spanish Civil War

Tuesdays, 11:50-1:15, July 9-July 16

Two sessions

Instructor: Nicholas Reynolds

This two-session course is built around the experiences of two great writers during the Spanish Civil War, and the landmark novels—two 20th century classics—that emerged from those experiences. The writers are Ernest Hemingway (For Whom the Bell Tolls) and Arthur Koestler (Darkness at Noon). The instructor will allocate time for class discussion on the books and their significance. He will also discuss the political journeys that Hemingway and Koestler took after writing the novels. Attendees may enjoy dipping into one or both of these highly readable works and any supporting materials at their disposal, such as histories of the Spanish Civil War by Adam Hochschild, Hugh Thomas, or Antony Beevor. Biographies of Hemingway and Koestler would also be helpful, paying special attention to the 1930s.

Nicholas Reynolds is an historian who has found himself dabbling in the field of literature. He is the author of the *New York Times* bestselling partial biography of Hemingway, *Writer, Sailor, Soldier, Spy*. He has a website at **www.nicholasreynoldsauthor.com**.

F405 Unbroken: A World War II Story of Survival, Resilience, and Redemption

Tuesdays, 9:40-11:05, July 23-July 30

Two sessions

Instructor: Barbara Nelson

This book, written by Lauren Hillenbrand, is the remarkable story of Louis Zamperini, who transformed himself from a cunning delinquent to a world-class runner who ran the 5,000-meter race in the 1936 Berlin Olympics. He served as a bombardier during WWII; his plane crashed in May 1943, while searching for a lost crew and aircraft in the Pacific. He survived

Literature, Theater, and Writing

47 days with two crew members drifting in a raft. They were strafed by a Japanese bomber and repelled shark attacks. They landed on the Marshall Islands and spent two and a half years in three brutal Japanese prisoner-of-war camps. Interviews with both Zamperini and Hillenbrand will be included in this course.

Barbara Nelson discovered OLLI thanks to Mike McNamara's article in the *Washington Post*, when she retired as a teacher in 2007. She taught in Texas, Arizona, and Illinois, but spent most of her career in Fairfax County Public Schools, the last 20 years at Thomas Jefferson High School of Science and Technology.

F406 Happiness in Fiction

Wednesdays, 9:40-11:05, June 26-July 3

Two sessions

Instructor: Cameron Menchel

Henry de Montherlant famously wrote, "Happiness writes in white ink on a white page." Fiction writers require desire and conflict to propel their narratives forward; a corollary to this is that happiness can make for boring or sentimental reading (or, as Montherlant suggested, no reading at all). In this two-session course, we will examine the problems writers face in trying to represent happiness. We will consider how joyful storytelling can enrich unhappy stories and how writers as different as Alice Munro and Milan Kundera have devised ingenious ways of depicting this enigmatic—and often fleeting—emotion in the lives of their characters.

Cameron Menchel attended the College of William and Mary, from which he received a BA in English and honors in his major for a thesis on Emily Brontë's *Wuthering Heights*. He is delighted to have the opportunity to teach at OLLI.

F407 The Enlightenment: At Risk?

Wednesdays, 11:50-1:15, June 26-July 31

Six sessions

Instructor: Ellen Moody

Class limit: 35

Social and humane norms associated with the European Enlightenment—belief in people's ability to act rationally, in the scientific method, social justice, human rights, civic and personal liberty, toleration, and education for all—may seem more at risk in modern societies than at any time since the 1930s. In this course we'll explore this term, why and how across the long 18th century this movement spread (including technologies, obstacles, and realities), and emerging new arts and genres. Students are asked to read Dorinda Outram's *The Enlightenment* before class begins, and in class we'll read Voltaire's *Letters on England*, Diderot's *The Nun*, and Samuel Johnson's

Journey to the Western Islands (all short works). We'll see one docudrama: Patrick Watkins's The Battle of Culloden.

Ellen Moody holds a PhD in British literature, taught in colleges for over 30 years, and at OLLI. She has published much on the 18th century, most recently about an edition of a late 18th century radical novel, Charlotte Smith's *Ethelinde*, or, *The Recluse of the Lake*.

F408 Let's Read a Play Together: Baskerville

Wednesdays, 9:40–11:05, July 3–July 24 Four sessions

Fairfax Lord of Life, Conference Room

Instructor: Doris Bloch

The course objective is to read a play and enjoy doing it in a group setting. During this class, we will read Ken Ludwig's *Baskerville*, a fast-paced play starring Sherlock Holmes and Dr. Watson, who must solve the case of "The Hound of the Baskervilles." The playwright takes the original plot, enhances it with humor, and adds over 30 characters, portrayed by only three actors. We will take turns reading the parts aloud. Interspersed with the reading we will watch video clips of scenes of various Baskerville productions and analyze Ludwig's technique. Participants will be notified after registration as to where to obtain the script.

Doris Bloch is a member of OLLI's Program Planning Committee and a former co-chair of the Literature, Language, and Theater Program Planning Group. She has often coordinated "Let's Read a Play Together" classes for OLLI, spanning genres and eras from commedia dell'arte to Gilbert and Sullivan.

F409 Language, Literature, and Theatre Potpourri: The Magic of Illustration, Drama, Romance, and Storytelling

Thursdays, 11:50-1:15, June 27-Aug. 1

Five sessions
No class July 4

Coordinators: Jackie Gropman, Katie Mitchell, Rala

• June 27: The World in 32 Pages: Looking at Picture Books. A visual literary format for everyone, from infants to teens to parents and grandparents. We will discuss three essential elements of the picture book and how these elements work to create an immersive experience of art and story. The presentation looks at trends and classic themes, including social and environmental issues, and the familiar topics of love, bedtime, and dinosaurs. Kathie Meizner is a library

manager in Montgomery County, Maryland. She has served on local and national book award and selection committees and reviews young people's literature for Kirkus Reviews and The Washington Post. She is an editorial board member of Capitol Choices.

- July 11: OLLI's Theater Lovers' Group . Besides presenting specifics about the Theater Lovers' Group (TLG) monthly meetings, activities, lunches/dinners, community partners, and theatrical adventures, we will address the state of theater in our area and its many venues, as well as sample the upcoming 2019-2020 theater season. Lifelong theater buff Norma Jean Reck, who began TLG four years ago, also began ongoing theater groups for Welcome Club of Northern Virginia and Ski Club of Washington, DC.
- July 18: Rollicking Reconciliations: Foods and Feasting in Shakespeare's Festive Comedies. The woods and gardens of Shakespeare's festive comedies are really interior landscapes, where self-deception runs humorously amok in the thickets of the human mind. We will discuss A Midsummer Night's Dream, As You Like It, Twelfth Night, and The Taming of the Shrew, in which the familiar landscape of daily life metamorphoses into a shifting territory of seductive voices, beckoning fairy lights, and misleading pathways. Joyce Johnston is now in her 32nd year in the English department at George Mason University. One of her greatest pleasures has been pursuing long-held interests like the ways in which Shakespeare's plays explore intense emotional issues, such as the self-deception that spring loads the comedies.
- July 25: Romance Novels: Mills & Boon to #MeToo.

The romance genre has been popular since the novel form first emerged. But as our cultural awareness and sensitivity around issues of sexual harassment, gender dynamics, and diversity grow, the romance novel, writer, and reader have changed. This course will present an overview of the history of the genre and the many ways in which modern romance titles are evolving and diversifying with the times. Anna Thorn, an eager romance reader, has managed independent bookstores in Washington, DC, for the past ten years. She keeps actively abreast of book industry trends and taught an OLLI course about bookstores last year. She recently embarked on a bookstore tour called Bookstore Vagabond.

• Aug. 1: A Green Beret's Perspective. John Fenzel shares his experiences, from the West Wing of the White House and the E-Ring of the Pentagon to the many war zones he has operated in around the world. He will relate the power of humanity in the face of searing conflict; of friendship in the wake of crisis; and the enormous value of storytelling—its lost art and the

tremendous importance it holds for future generations. John Fenzel is a senior Army Special Forces officer who in his 25 years of military service served in numerous command and staff positions around the world, including military assistant on the personal staff of the Secretary of Defense, special assistant to the Vice President, White House Fellow during the Clinton and Bush administrations, and staff director for Tom Ridge in the Homeland Security Council after the September 11 attacks. He is also the author of three acclaimed novels.

F410 J. L. Carr's A Month in the Country

Thursdays, 9:40-11:05, July 11-July 18

Two sessions

Instructor: Nancy Scheeler

Class limit: 35

In this class, we will discuss the powerful imagery in *A Month in the Country*, the Booker Prize short-listed novel about two World War I soldiers healing from their wartime experiences in a small village in Yorkshire. During the first session, we will watch the recently restored film of the same name starring the young Colin Firth, Kenneth Branagh, and Natasha Richardson. During the second session, we will discuss both the novel and the film in terms of their depictions of this moving story set in the restorative glow of an English summer. The novel is a quick read and well worth your time.

Nancy Scheeler completed a master's degree and additional coursework in English and American literature at the University of Maryland. She has taught a series of OLLI classes on contemporary British writers. She is a co-leader of the Reston Book Club, which focuses on literary fiction that merits recognition on major prize lists.

L411 J. L. Carr's A Month in the Country

Tuesdays, 9:40-11:05, July 9-July 16

Two sessions

Instructor: Nancy Scheeler

Class limit: 35

This is a repeat of F410.

R412 Happiness in Fiction

Tuesdays, 9:40-11:05, June 25-July 2

Two sessions

Instructor: Cameron Menchel This is a repeat of F406.

R413 Literary Seminar

Tuesdays, 11:50-1:15, July 16-July 30

Three sessions

Instructor: Vera Wentworth

This course will be in the seminar format with the instructor giving brief introductory lectures followed by guided discussion. The works to be discussed are the short story "Roman Fever" by Edith Wharton; two short stories by Ernest Hemingway set in Spain, "Hills like White Elephants" and "A Clean, Well-Lighted Place;" and F. Scott Fitzgerald's short story "Babylon Revisited," describing his Paris years. What all these writers share is that they were expatriates in Paris at sometime in their lives.

Vera Wentworth holds a PhD in English and has taught at the college level for 30 years, mostly at the University of Maryland and Prince George's Community College. She has taught a variety of literature courses at OLLI.

R414 Literary Roundtable

Wednesdays, 11:50-1:15, June 26-July 31

Six sessions

Reston's Used Book Shop at Lake Anne

Moderator: Ben Gold

Class limit: 21

This continuing short story discussion class will finish the anthology, *The Best American Mystery Stories 2017*, edited by Elizabeth George. The book, including a Kindle edition, is available online from a variety of websites at a wide range of prices, but you should be able to get a copy for less than \$10.00. The stories in this volume are from many authors new to this class, with a few known contributors.

Ben Gold has a BA in political science from Stanford University and also holds an MS degree in computer science.

500 Languages

Program Planning Group Chairs: Pat Bangs, Jackie Gropman, Katie Mitchell, Norma Jean Reck, Nancy Scheeler (Reston), Rala Stone

R501 Spanish Conversation

Thursdays, 9:40-11:05, July 18-Aug. 1

Three sessions

Instructor: Pamela Garcia

Class limit: 15

This conversation course will be a venue for people to practice and improve their vocabulary and grammar to help them speak in meaningful conversations. The class will be taught in Spanish and give all students a chance to participate and choose topics of interest to them.

Pamela Garcia recently retired from teaching all levels of Spanish in Montgomery County Public Schools. She has a BA in Spanish and master's degrees in bilingual multicultural education and supervision.

600 Religious Studies

Program Planning Group Chair: Steve Goldman

F601 From Moses to Moses...

Tuesdays, 11:50-1:15, June 25-July 16

Four sessions

Instructor: Brett Isserow

The epitaph of one of the greatest thinkers in Jewish history, Moses Maimonides, reads "From Moses to Moses there never arose one like Moses." We will trace the development and evolution of Jewish theology through the lives and times of four famous men named Moses, each of whom changed the course of Jewish belief and practice. We will begin with the Biblical Moses and then examine the life and thought of Moses Maimonides, philosopher and physician. Though little is known about his almost-contemporary, Moses de Leon, the latter is regarded as the probable author of the Zohar, which became the seminal work of Jewish mysticism. The final Moses will be Moses Mendelssohn, who is considered the progenitor of modern Judaism. Each of these individuals in his own way has had a profound effect on Jewish thought, and the waves of their influence wash far beyond the bounds of the societies in which they lived. Rabbi Brett Isserow served as senior rabbi at Beth El Hebrew Congregation from 2002 to 2018, when he retired. He is currently a board member of the Jewish Community Center of Northern Virginia and is on the INOVA Alexandria Ethics Committee. He has taught widely in the Northern Virginia community, especially in interfaith settings.

F602 Pastoral Compassion: Friend to Friend Care: What Do I Say and Do?

Tuesdays, 9:40-11:05, July 9-July 30

Four sessions

Instructor: Laurence Packard

This class offers an overview of typical critical turning points in people's lives and how we can be there as compassionate friends to make a difference. Most of us can recall our personal experiences of hardship and the many well-meaning people who tried to be good friends but only made matters worse. "Don't worry—it will all work out! We never get more than we can handle—what does not break us will make us. Stop worrying—just let it go for now and see what happens.

She's in a better place now. At least he is out of pain." All of these types of comments will be reframed in the larger perspective of religious and psychological principles. We will use a variety of resources: the film *Ordinary People;* the C. S. Lewis classic *Shadowlands;* and the texts *Six Principles of Happiness* by Richard Carlson and *Fearfully and Wonderfully Made* by Paul Brand. The class will work from actual case stories—both written and in multi-media—to learn how to become a compassionate friend.

The **Rev. Dr. Laurence K. "Larry" Packard** is a newly retired Episcopal clergyman who has served parishes of all sizes in the South. He was educated at Wake Forest University, the University of Tennessee (Knoxville), and Virginia Seminary before receiving his doctorate from Princeton University. Packard teaches with a wide variety of media.

F603 The Baha'i Faith: The Youngest of the Abrahamic Religions

Wednesdays, 9:40–11:05, June 26–July 31 Six sessions

Instructors: Vera Breton, Theodore Breton

Baha'u'llah, the Persian founder of the Baha'i Faith, teaches that religious truth is relative and that God sends messengers with new spiritual revelation in accordance with humanity's needs in each age. This course presents the concepts that underlie this faith, including the oneness of humanity, the oneness of religion, progressive revelation, the Manifestations of God, the purpose of human existence, the role of reason in the investigation of truth, work as a form of worship, the role of women in societal development, the harmony of science and religion, God's plan for world peace, and the special role of North Americans in the development of world unity. The course also describes the founders of the faith and presents the history of this most recent of the Abrahamic religions from its creation and persecution in the Persian and Ottoman Empires in the 19th century to the later establishment of its world center in Haifa, Israel, and its spread throughout the world.

Vera Breton is a Baha'i in the City of Fairfax, a trained facilitator for courses in the Baha'i Ruhi Institute, and a former teacher in the Fairfax County Department of Family Services. She has an MS in international health from Johns Hopkins University and a JD from the Pontificia Bolivariana University in Medellin, Colombia.

Theodore Breton is a Baha'i in the City of Fairfax, with over 40 years of international experience as an environmental and energy economist and as a professor of economics. He has a PhD in economics from George Mason University, an MS in economics from the London School of Economics, and a BS in chemical engineering from Lehigh University.

F604 New Testament Teachings That Divide Christians

Wednesdays, 11:50–1:15, June 26–July 31 Six sessions

Instructor: Steve Goldman

The 27 books of the New Testament are the principal sacred texts of Christianity. However, those who accept these texts as inspired by God often disagree about the most fundamental precepts. In this course we will examine some of the most often disputed New Testament teachings, and how they continue to divide believers rather than unite them. Some of the issues to be addressed include the following:

- Is salvation only for Christians?
- Baptism: required for salvation or just a rite of initiation?
- The Lord's Supper: Body and blood of Christ or symbolic remembrance?
- Is God a Trinity composed of three co-equal Persons—Father, Son, and Holy Spirit?
- Are women eligible to serve as clergy?
- Does divine justice mandate everlasting torment for the "unsaved?"

Steven C. Goldman is the chair of OLLI's Religious Studies Program Planning Group and has taught numerous courses on alternative understandings of biblical doctrine.

F605 Destroyer of the Gods: Christianity's Triumph in the Roman World

Thursdays, 9:40-11:05, July 11-Aug. 1

Four sessions

Instructor: Jack Dalby

Christianity's astounding success in the ancient Roman world was not preordained. Far from it. In this academic-based class, we will examine the many reasons, large and small, why Christianity grew from a tiny group of apocalyptic Jews in the year 30 CE to being proclaimed the official religion of the Roman Empire in 380 CE. Topics for discussion will include the historical Jesus, the ministry of St. Paul, early Christology, heresies, battles over the Trinity, how Christianity spread, the variety of Christianities, Roman persecution of Christians, the conversion of Constantine, and more.

Jack Dalby, president of White Oak Communications, is an OLLI member who has taught classes on the historical Jesus, St. Paul, and early Christianity. He holds a BS in communication arts from James Madison University and has taken graduate history classes at George Mason University.

Humanities and Social Sciences

R606 Faith, Works, Law, and Grace

Thursdays, 11:50-1:15, July 18-July 25

Two sessions

Instructors: Steve Goldman and Stephen Ruth

"How then can man be justified with God?" (Job 25:4) This session will examine Jewish, Catholic, Protestant, and other perspectives regarding the answer to this critical question. What does God require for a person to be justified in his sight? The focus will be on biblical texts regarding faith, works, law, and grace and will include a discussion of the teachings set forth in the Hebrew Scriptures and the New Testament. Stephen Ruth is a professor of public policy at George Mason University specializing in technology issues associated with globalization, and is director of the International Center for Applied Studies in Information Technology, a grant-supported research center. His book, One Year Trip through the Bible: A Layman's Fresh View of the Complete Old and New Testaments, examines 73 books of the Hebrew Tanakh and the New Testament. See R604 for instructor information for Steven C. Goldman.

650 Humanities and Social Sciences

Program Planning Group Chairs: Johnnie Hicks, Camille Hodges

F651 Seminar: Contemporary Issues in American Foreign Policy and International Politics

Tuesdays, 11:50-1:15, June 25-July 30

Six sessions

Instructor: Gregory Cleva

Class limit: 35

Many compelling issues face the United States and the world community today and in the years ahead. This seminar deals with several of these topics, including: American foreign policy under Trump and in a post-Trump era; nationalism and populism in an age of globalization; current issues in the world's economy such as trade and economic inequality; Putin's Russia and the challenge it poses to the West in Europe and the Mideast; the rise of China and its effects on world politics; and related issues such as migrants, nuclear proliferation, and world environmental concerns.

Greg Cleva has a PhD in international politics from the Catholic University of America and is a retired foreign affairs analyst in the Office of the Assistant Secretary of Defense for International Security Affairs.

F652 The Ghost of Hitler and the Return of Anti-Semitism

Wednesdays, 9:40-11:05, July 24-July 31

Two sessions

Instructor: Nathan Moore

An historian wrote that the only figure who has been written about more than Jesus Christ is Adolf Hitler. In many ways this is fitting, for if Jesus could be considered a symbol of absolute good, then Hitler could certainly be considered the embodiment of absolute evil. For decades after World War II, Hitler and the Holocaust stood as reminders of the worst in humanity and the darkest depths we have reached as a species. However, in the age of "post-truth" and "fake news" there is a troubling trend of Holocaust denial, Hitler apologists, and a return of anti-Semitism. This course will survey the disturbing resurgence of Nazism in America and around the world and seek to set the record straight on Adolf Hitler and his role in the Holocaust by diving into Hitler's biography. Nathan Moore has a BA in history and an MA in European history from George Mason University. He currently teaches western civilization at Northern Virginia Community College-Annandale while attending American University, where he is pursuing a PhD in European history, studying British communism and the Soviet Union in the interwar period.

L653 Exploring Habits

Wednesdays, 9:40-11:05, June 26-July 10

Three sessions

Instructor: Beth Davis

We often talk about changing bad habits or creating new healthy habits, but do we really understand the effect that habits have on our daily lives? Author Gretchen Rubin in her book, Better Than Before, characterizes habits as "deciding not to decide." These automatic routines have been stored in our brains through repetition and help our brains conserve energy. Habits are part of the reason that we find ourselves turning off lights when we leave a room, putting on our seat belts in the car, and constantly checking for the latest news update. We will explore current research on habits and strategies for habit formation and change. Using this information, at the end of the class each student should be able to create an action plan to create and maintain desired habits in his or her daily life. Class discussion in which members can share their perspectives and experiences will be encouraged.

Beth Davis is an OLLI member and an executive coach trained in the George Mason University Leadership

Coaching for Organizational Well-Being program. She believes that understanding our habits and actively creating desired habits is a key component of successful life transitions. Davis holds a master's in accounting from Strayer University and a bachelor's in industrial engineering and operations research from Virginia Tech.

L654 TED Talks Discussion Group

Thursdays, 9:40-11:05, July 11-Aug. 1

Four sessions

Instructor: Barbara Wilan

Class limit: 20

TED (Technology, Entertainment, and Design) is a growing collection of brief recorded talks on a wide range of topics. The speakers are leading figures chosen for their ability to express ideas clearly and succinctly. We will watch and discuss three or four related TED talks each week. The general topics will be: Best of 2018, Fascinating Psychology Experiments,

Problems with Solutions, and Beauty.

Barbara Wilan retired as a full-time English teacher at the Annandale campus of Northern Virginia Community College and is currently an adjunct there. She has also taught at the University of Maryland and for the University of Maryland's European Division.

R655 Big Issues, Complex Challenges, and **No Simple Solutions**

Mondays, 9:40-11:05, June 24-July 29

No class July 8 **Five sessions**

Instructors: Glenn Kamber, Diane Thompson

Class limit: 30

The moderators will facilitate five focused discussions on the kinds of topics that both unite and divide us within families, communities, societies, and nations. The goal will be to expand everyone's thinking and perspectives but not to arrive at answers. Examples of discussion topics include the following: race and politics; aging; individualism; recreating life after retirement; sharing Utopia; and new tribalism.

Glenn Kamber has taught many courses at OLLI that focus on current events and political and social issues. He is a retired senior executive from the US Department of Health and Human Services, where he managed policy and program development in the offices of eight Health and Human Services secretaries.

Diane Thompson has a PhD from the City University of New York in comparative literature. She is a professor emerita from Northern Virginia Community College (NOVA), where she taught English and world literature for more than 30 years. She still teaches world literature classes online for NOVA, has taught several OLLI courses on world literature, and has co-taught one course on current issues.

700 Current Events

Program Planning Group Chairs: Emmett Fenlon, Beth Lambert, Bernie Oppel, Dick Young

L701 Hot Topics

Wednesdays, 9:40-11:05, June 26-July 31

Six sessions

Coordinator: Robert Cather

Class limit: 20

Share your opinions on recent events beyond the headlines. Participants will choose articles from periodicals, and the coordinator will email links to the articles to the group. Discussions will be based on the articles and participants' personal experiences. Wisdom is desired but ignorance is acceptable! Discussion is usually freewheeling.

R702 All the News That's Fit to Print

Thursdays, 11:50-1:15, June 27-Aug 1

No class July 4, July 11

Four sessions

Instructor: Glenn Kamber

We live in an age of abundant information from TV, radio, the Internet, magazines, bumper stickers, and newspapers. How should we filter these sources and evaluate information about world events, popular trends, and advances in science, business, sports, and entertainment? In this discussion group, we will look at some of the hot topics of the day. All viewpoints and opinions will be respected, appreciated, and welcomed. In a democracy, agreement is not required, but participation is.

See R655 for instructor information.

800 Science, Technology, and Health

Program Planning Group Chairs: John Acton, **Evan Douple, Mary Kornreich (Reston)**

F801 Modern Physics—A Light Approach

Tuesdays, 11:50-1:15, June 25-July 16

Four sessions Fairfax Lord of Life

Instructor: Steve Greenhouse

At very large or very small scales and masses, the "old" Newtonian physics no longer applies. A little over a century ago, Albert Einstein discovered relativity theory, and Max Planck and others did the early work on quantum theory to fill in the gaps. This course will

Other Topics-

attempt to answer why these topics are so difficult to understand, and it will explain them in layman's terms. Among the many paradoxes addressed: How can a cat be alive and dead at the same time? What is entanglement (Einstein called it "spooky action at a distance")? Why do moving clocks tick more slowly than stationary ones? What is gravity and spacetime? Practical applications are presented. Popular fiction and poetry are immersed in the science. No math! After retiring as an electrical engineer in 2013, Steve Greenhouse joined OLLI and has been immersed in courses ever since. He graduated from the University of Maryland with a BS and the Catholic University of America earning an MS and a PhD, all in electrical engineering. He was employed by the government, several contractors, and as an independent consultant, working in the space communications field for the last 35 years of his career. Greenhouse has taught OLLI courses about evolution, the Nuremberg trials, and sports history. Quantum theory and relativity are not everyday preoccupations of most engineers; however, engineers make use of some of their practical applications. Retirement has given Greenhouse time to delve into subjects he has always been interested in; this course is about one of them.

L802 Introduction to Einstein's Theory of Relativity

Thursdays, 11:50-1:15, July 11-July 25

Three sessions

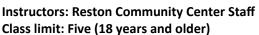
Instructor: Mark Dodge

In 1905, Albert Einstein introduced the world to a new understanding of how the universe works. Ultimately this became his theory of relativity. We will explore the historical reasons why this theory was needed and then experience the brilliant "thought experiments" by which Einstein developed it. We will look at the (admittedly rather weird) new understandings of our universe the theory gives us. Along the way, we will meet Einstein the man, a somewhat eccentric but always fascinating genius. There will be a little bit of easy math in the course but this class is regularly taught to eighth graders, so don't worry! Mark Dodge taught high school physics for 24 years in Arlington. He has been fascinated by astronomy since gazing through his first telescope when he was in seventh grade. He is also interested in the history of science, which helps us understand how humanity has arrived at where it is today.

R803 Kundalini Yoga and Meditation

Mondays, 1:00-2:30, June 3-June 17

Three sessions



Fee: \$30

Kundalini yoga uses asanas (postures), movement, breath, and meditation to relax and heal your mind, body, and spirit. This type of yoga improves strength and flexibility and may provide relief from problems such as back pain, stress, and insomnia. The fee of \$30, payable to OLLI, is due at the time of registration. Those registering will also need to complete a Reston Community Center (RCC) registration waiver form and bring it to class on the first day. The form can be found at https://tinyurl.com/rccregwaiver. Registration is not final until a completed RCC waiver is submitted. Registration is on a first-come, first-served basis.

R804 Kundalini Yoga and Meditation

Mondays, 1:00-2:30, July 1-Aug. 19

Eight sessions

Instructors: Reston Community Center Staff

Class limit: Five (18 years and older)

Fee: \$80

This is a continuation of R803. The fee of \$80, payable to OLLI, is due at the time of registration. Those registering will also need to complete a Reston Community Center (RCC) registration waiver form and bring it to class on the first day. The form can be found at https://tinyurl.com/rccregwaiver. Registration is not final until a completed RCC waiver is submitted. Registration is on a first-come, first-served basis, and R803 is not a prerequisite.

900 Other Topics

R901 Attention Training through Maha Yoga

Mondays, 9:40-11:05, June 24-July 29

No class July 8

Five sessions

Instructors: Haritha Gajjela, Naji Lang

During this course, students will learn how to train and control their attention through Maha Yoga techniques as taught by Shri Mataji Nirmala Devi. Students will learn how to stay in the present through self-realization experience. We will provide all the knowledge and techniques to help balance your being at all levels (physical, mental, emotional, and spiritual). You will learn about different chakras within us and

mantras for them. You will learn all the techniques to keep your body healthy. By the end of the course you will learn to give a mass self-realization to others. People of any age can practice these techniques. During the class, participants always are seated in chairs. No physical exercises are involved. We provide all the handouts to take home.

Haritha Gajjela has a MS in pharmacy and is a research scholar from the University of Kentucky. Since 1997, she has been helping communities through Maha Yoga as taught by Shri Mataji Nirmala Devi. She conducts free workshops at Virginia, Washington, DC, and Maryland community fairs, school events, corporate health fairs, and local libraries, as well as online.

Naji Lang has a master's degree in social work from the University of Pittsburgh. He works in various facets of drug rehabilitation. In 2015 he achieved his self-realization. He is passionate to help his community overcome all kinds of addiction through Maha Yoga.

Please Drop Unwanted Classes.

There are many on wait lists who would appreciate your spot.
To drop a class, contact the OLLI registrar:
ollireg@gmu.edu
703-503-3384

Make New Friends!
OLLI has many fun clubs, trips and ongoing activities to compliment your course selections.
Sign Up today!

Interested in Teaching a Class at OLLI?

Many of our teachers and moderators are also OLLI volunteers. They enjoy sharing their knowledge, whether acquired academically, in a career, or as a hobby or special interest. Think about what course you might be willing to teach or moderate.

For more information about teaching or if you know someone who would like to teach at OLLI, contact our program planning team: program@gmu.edu.



Although we try our best not to relocate classes advertised in the catalog, locations may be changed due to enrollment levels and unforeseen circumstances. Please read carefully your registration confirmation notices, all e-blasts and email reminders. Locations listed in the catalog are not final.

Special Events Fairfax/Loudoun/Reston

** We urge you to register for add to cart offerings as early as possible. ** (indicated with a shopping cart icon)
Trips and performances are especially popular and can fill up quickly, even on the first day of registration.

Special Events

Program Planning Group Chairs: Florence Adler, Rita Way

950 Lectures

951 The Best Novel of Them All

Monday, 11:50–1:15, June 24 United Christian Parish Reston Instructor: Conrad Geller

Laurence Sterne's *The Life and Opinions of Tristram Shandy, Gentleman* was a sensation when it first appeared in 1759, and ever since it has been an object of unrestrained praise and critical neglect. A rollicking, ungovernable tale of life in that period, it defies literary definition and has been called a novel that could never be made into a film; a film made in 2005 was a miserable failure. This lecture will attempt to bring some order to the seeming chaos of this book, without, however, explaining its existence or its lasting popularity. Reading the novel in advance is unnecessary and not even recommended.

Conrad Geller considers himself a reincarnation, or at least a soulmate, of the Rev. Mr. Sterne. He is also an OLLI member.

952 Ciphers, Secrets, and Spies in the Court of Elizabeth I

Tuesday, 9:40–11:05, June 25 Fairfax Lord of Life

Instructor: Carol Ann Lloyd

When Elizabeth I came to the English throne, her reign was challenged by all of Catholic Europe. As she refused to marry, resistance to her rule increased, and Catholics in England as well as abroad turned against her. Soon her court was full of spies, eager to find any weakness that could be exploited to topple her government and put a Catholic on the throne. To maintain England's power, Elizabeth and her court turned to Francis Walsingham, a devoted Protestant who was fully committed to Elizabeth's crown and willing to do whatever it took to preserve her power. Be careful what you say—you never know who's listening!

Carol Ann Lloyd is a scholar, professional speaker, and author who teaches courses on Shakespeare and English history. Since 2012, Lloyd has presented lectures around the country at the Smithsonian, Folger Shakespeare Library, Agecroft Hall, and Royal Oak Foundation.

953 Nuclear Command and Control in the 21st Century

Tuesday, 9:40–11:05, June 25 United Christian Parish Reston Instructor: Grant Gary Jacobsen

This presentation is a nontechnical, unclassified examination of the laws and policies that affect the storage, transport, and utilization of nuclear warheads. It includes weapons platforms and sensors that warn us of an enemy attack. Types of sensors include satellites in geosynchronous orbits, early warning conventional radar systems, and phased array radar warning systems. Three national military command centers will be discussed, along with the roles of senior military officers, the secretary of defense, and the president of the United States.

Grant Gary Jacobsen is a retired Marine Corps officer who formerly headed the Command Centers Division (J-6) of the Joint Staff at the Pentagon.

954 The "American System" of Economic Nationalism, 1790-1860

Tuesday, 11:50-1:15, June 25

Fairfax

Instructor: Mark Royce

Phenomena such as Trump's election and Brexit have called into question some of the prevailing assumptions of neoliberal economic theory. This course will survey the rich tradition of American economic nationalism known as the "American System" that prevailed until the Civil War, encompassing Secretary Hamilton's mercantilecapitalism, Henry Clay's Senate speeches, and the economic ideas of Henry Carey, a key economic advisor to President Lincoln. Although often overlooked or misrepresented today, these theorists furnished a robust critique of imperialist economic policies implemented by Great Britain on such questions as trade, immigration, production, tariffs, and defense, which holds valuable lessons for potential economic transformations today.

Mark R. Royce, PhD, is assistant professor of international relations at Northern Virginia Community College, Annandale, and author of *The Political Theology of European Integration: Comparing the Influence of Religious Histories on European Policies*.

955 Ballad of a Soldier

Tuesday, 11:45-1:45, June 25

Note time Loudoun

Instructor: Steve Goldman

This Russian movie was released in 1959 at the height of the Cold War. It is a powerful, moving story of a young Russian soldier in WWII who is allowed to leave the front to visit his mother. The film chronicles his journey home and all of the personal challenges he faces along the way. The movie is a masterpiece and is in Russian with English subtitles. We will discuss its meaning and historical context after viewing the film. See F604 for instructor information.

956 Google Translate: What to Expect, What Not to Expect

Tuesday, 11:50–1:15, June 25 United Christian Parish Reston Instructor: Thomas Appich

Google Translate, and other tools like it, implement what is called "machine translation" (MT). MT has been a goal since the 1960s, but until relatively recently that goal has remained elusive. Modern MT systems are vastly better than their predecessors, but they still have a considerable way to go. It is important for the user to understand what they can and, more significantly, what they can't do.

Before **Thomas Appich** went into computers, he was a linguist/translator of multiple languages. He has worked with a number of MT systems over the years.

957 China-Africa Engagements: Narratives and Realities

Wednesday, 11:50–1:15, June 26 Fairfax

Instructor: Yoon Jung Park

China's engagements with and in Africa have attracted a great deal of attention from both the media and academic communities for the last decade. This lecture will begin with the dominant Western and Chinese narratives about "China in Africa" and "China and Africa," providing a broad sweep of sectors of engagement and areas of concern. Then we will move on to historical and grassroots entanglements between Chinese and African people. While global attention is focused on the macro issues of China's

Belt and Road Initiative, Chinese loans, and foreign direct investment (FDI), an estimated one million Chinese have moved to Africa. Who are these Chinese people, why are they choosing Africa, and what are their impacts on African societies?

Yoon Jung Park is associate director of the China-Africa Research Initiative at Johns Hopkins School of Advanced International Studies; an adjunct professor at Georgetown University, and executive director of the Chinese in Africa/Africans in China Research Network. She received her PhD (sociology) from the University of the Witwatersrand (South Africa), has published many articles and chapters in books, and is currently working on her second book based on her research on Chinese migrants in southern Africa.

958 Olives—They are Not Just for Martinis

Wednesday, 2:15-3:40, June 26

Fairfax Lord of Life Instructor: Bob Coffin

Fee: \$15 Event limit: 60

"A taste older than meat, older than wine. A taste as old as cold water."" Olives are many things to many people: the bar snacks of the ancient Greeks, the Roman Empire's favorite finger food, as well as that quintessential touch to the martini. Their firm flesh and briny flavor pairs with Chianti, brie, anchovies, and charcuterie. We will examine their 6,000-year history and their rise from bitterly inedible to prized comestible. Expand your knowledge and tempt your taste buds with a baker's dozen, including creamy cerignolas, smoky manzanillas, nutty picholines, buttery castelvetranos—plus many, many more cured in various ways. Appropriate accounterments will be paired with each. We will finish with a variety of olive tapenades, olivades, anchoiades, crostinos, and bruschetta. Recipes will be provided.

LTC USA (RET) Bob Coffin is a frequent contributor to OLLI. His eclectic food appreciation presentations include cheese, olive oil, heirloom tomato and heirloom apple tastings, and the Caesar salad, as well as a Tom Lehrer Retrospective, "1947, Did Anything Really Happen Then?" and more. He is a retired intelligence analyst and Fairfax County history and special education teacher.

959 James Monroe: Last of a Dynasty

Thursday, 9:40-11:05, June 27

Fairfax

Instructor: Roland Estrada

James Monroe was an American statesman and founding father who served as the fifth president of the United States from 1817 to 1825. Monroe was the last president of the Virginia dynasty, and his

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presidency ushered in what is known as the Era of Good Feelings. President Monroe also made an important contribution to US foreign policy in adopting the Monroe Doctrine, a warning to European nations against intervening in the Western Hemisphere. Most Americans do not know of his many incredible accomplishments over his two terms as president. He was also the last of the US presidents who had fought in the revolutionary war for independence. This single lecture discusses his accomplishments and focuses on the Monroe Doctrine as one of his better-known legacies.

See F304 for instructor information.

960 Silhouettes: An American Art Form

Thursday, 9:40-11:05, June 27

Fairfax

Instructor: Barbara Nelson

Prior to the invention of photography in 1839, silhouettes, which were affordable and available in minutes, were the art form that captured the profiles of average Americans. This class will examine the historical roots of silhouettes, highlighting the work of Auguste Edouart and William Bache who captured the profiles of Americans from presidents to slaves. The work of modern artists Kristi Malakoff, Kumi Yamashita, and Kara Walker, also is covered. Many of the images presented were part of the National Portrait Gallery's recent exhibit, *Black Out*.

Barbara Nelson teaches literature classes for OLLI, as well as art presentations that stem from her volunteer work as a docent at the National Portrait Gallery.

961 America's Most Decorated Warship: USS Enterprise

Thursday, 9:40–11:05, June 27

Loudoun

Instructor: Blane Ampthor

The aircraft carrier USS Enterprise is America's most decorated warship. She earned this distinction by fighting in nearly every major battle in the Pacific theater during World War II and by playing a pivotal role in several crucial campaigns where victory was in doubt. Her success was due to her outstanding crew, high performance standards, and an engrained belief that she would always succeed. Specific circumstances that led to her success, as well as profiles of many of the ship's heroes, will be discussed.

Blane Ampthor is a federal government employee of more than 30 years. He has had a life-long interest in World War II history, particularly naval aspects, due to his father's service in the Navy during that war.

962 Second Amendment

Thursday, 9:40–11:05, June 27 United Christian Parish Reston

Instructor: Wes Clark

This presentation will examine the history of the Second Amendment and what it means in light of *DC vs. Heller*, 554 U.S. 570 (2008). This case addressed whether the Second Amendment protects an individual's right to keep and bear arms for self-defense.

Wes Clark is an attorney who retired from the federal government in 2015 with over 38 years of experience. He began his civilian legal career at the US Department of Justice. Subsequently he became a federal prosecutor. He spent his last 19+ years with the Office of Chief Counsel, Drug Enforcement Administration.

963 The Flying Aircraft Carriers of the US Navy

Thursday, 11:50-1:15, June 27

Fairfax

Instructor: Peter Ansoff

In the early 1930s, the US Navy commissioned two large airships (dirigibles) that were designed to be mother ships for scouting airplanes. This course will discuss the origins of the program, the construction and characteristics of the ships and their air detachments, their operational histories, fates, and legacy. It will also touch briefly on some of the personalities who were involved in the program. See F303 for instructor information.

964 A Supervisor's Update on Loudoun County

Thursday, 11:50-1:15, June 27

Loudoun

Instructor: Supervisor Phyllis Randall

Coordinator: Vera Wentworth

Loudoun County earns accolades for community governance, attractive suburban and rural life, and economic development. In this presentation, Loudon County Board Chair Phyllis Randall will update us on the current situation and the expected future. We will hear the real facts about traffic, education, politics, and personalities.

Phyllis J. Randall was elected chair at large of the Loudoun County Board of Supervisors in November 2015. Her election was historic as she became the first woman of color in Virginia's history to serve as an elected chair of a county board. As Loudoun's chair at large, she represents Loudoun on various regional, state, and national bodies including serving as chair of the Virginia Association of Counties' Health and Human Resources subcommittee, vice chair of

the Northern Virginia Transportation Authority, member of the Council of Governments Board of Directors, and member of the National Association of Counties' Health and Human Resources Committee. In June of 2018, Chair Randall was selected as one of only 25 women in the country to be included in the 2019 class of *Governing Magazine's* Women in Government Leadership Program. In addition, in 2018 the citizens of Loudoun County voted Chair Randall Favorite Public Official, an honor which she is most humbled by and proud of. From 2009-2011, Randall served as chair of Virginia's Fair Housing Board under Governors Tim Kaine and Bob McDonnell. From 2014 to June of 2018, she served as chair of Virginia's State Board of Corrections under Governor Terry McAuliffe.

965 The Fascinating Story of the Evolution of the Loudoun/Fairfax County Boundary Line

Thursday, 11:50–1:15, June 27 United Christian Parish Reston

Instructor: Jim Lewis

Have you ever wondered why or how the current Loudoun/Fairfax County boundary line was established? There's more to the story than you ever imagined. Learn how Fairfax County initiated the action and how it interwove with the positioning of our nation's capital. Better yet, learn about the ironic historical twist that resulted in its name. Remnants of the old line are readily viewable, if you know where to look. Definitely it's a story to be examined for those interested in local history.

See L311 for instructor information.

966 You Are the Help Until Help Arrives

Friday, 1:00-2:30, June 28

Fairfax

Instructor: James Sobecke

Coordinator: Stephanie Trachtenberg

For any life-threatening incident, such as the Las Vegas massacre or the Boston Marathon bombings, citizens play an important role in saving lives in the minutes following an attack. It is imperative that we provide the knowledge and skills necessary to help our community step in to help save lives until our professional responders can arrive. Attend this class to learn how to recognize violent activities, respond safely, provide immediate rescue tactics to the injured, and report information to 9-1-1 efficiently. The skills you will learn are transferable to countless situations involving traumatic injury, which include car accidents, household injuries, or an active shooter. Come and learn how you can be the help, Until Help Arrives.

James Sobecke, Fairfax County Community Emergency

Response Team (CERT) Program, is the community volunteer training coordinator.

967 Electric Assist Bicycles for All Ages

Monday, 11:50–1:15, July 1 United Christian Parish Reston Instructor: Lorrin Garson

For those folks who feel (or are) "over the hill," an electric assist bike can help you get up the hills and go farther and faster than you might imagine. With the advent of lithium ion batteries, electric bikes now have a range of ten to 200+ miles. Electric bikes are also known as e-bikes, electric assist bikes, and hybrids. Learn about the types of e-bikes, the pros and cons of these two- (or three-) wheelers, prices, where to buy, their maintenance, and how and where to ride. There are numerous benefits claimed for bike riding, some realistic and others utter nonsense. Learn why e-bikes are so much fun to ride and offer us a practical solution for getting around.

Lorrin Garson is a retired chemist who was on the faculty of the University of Tennessee in the College of Pharmacy and worked for many years at the American Chemical Society in scientific publishing. Since his retirement in 2004, he has ridden a bicycle 31,000+ miles.

968 The History of English as an Indo-European Language

Tuesday, 9:40–11:05, July 2 Fairfax Lord of Life

Instructor: Thomas Appich

The course will first trace the rise and migration of the speakers of Indo-European languages. It will explain how the Indo-European language family was identified and how the groups that spoke those languages migrated to the Near East and Europe. It will then examine English as an amalgam of influences from the Germanic and Romance language groups.

Tom Appich earned a BA in German studies from The Johns Hopkins University. He then learned Russian while in the US Army and went on to study a number of other languages. He has translated in up to 13 languages in both private business and government.

969 The Beauty of Containerized Plants

Tuesday, 9:40–11:05, July 2 United Christian Parish Reston Instructor: Molly O'Boyle Coordinator: Brenda Frank

Containers are an easy way to have plants in your life! We will discuss how to bring beauty and productivity to your day via greenery. If you have some light, you can

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most likely grow something! Let's talk about what types of plants you can easily add to your life: flowers, herbs, and patio vegetables.

Molly O'Boyle is all about plants, with over 40 years observing "all things nature." She has been an organic vegetable gardener for 25 years, a tropical plant expert for five years, a Fairfax County master gardener (MG) for nine years, and has served on the MG Speakers Bureau for over six years. She currently works in human resources and special projects and is a graduate of Virginia Tech with a BS in horticulture.

970 How to Take Control of Your Health and Wellness Through Mindfulness Practice

Tuesday, 11:50-1:15, July 2

Fairfax

Instructor: Martha Brettschneider

Can practicing mindfulness improve your health and well-being? Yes! Join us to learn how mindfulness practice—and meditation in particular—has been proven to reduce stress, improve health markers, ease sleep problems, and strengthen resiliency. Did you know, for example, that meditation increases density in the areas of the brain that control memory, attentiveness, and empathy, while shrinking areas that control anxiety and nervous tension? Come learn why this ancient practice has become mainstream and experience how to do it in an introduction to mindfulness meditation.

Martha Brettschneider, founder of Damselwings, LLC, provides coaching and artful inspirations for mindful living. As an author, blogger, certified Search Inside Yourself Leadership Institute teacher, and award-winning photographer, she cultivates mindfulness through creative channels and offers innovative programs that help people establish their own meditation habits. She tells her story in her book *Blooming into Mindfulness: How the Universe Used a Garden, Cancer, and Carpools to Teach Me That Calm Is the New Happy.*

971 Techie Stuff to the Rescue! Technologies That Can Be Used with or without Hearing Aids

Tuesday, 11:50–1:15, July 2 Loudoun

Instructors: Bonnie O'Leary, Debbie Jones

Hearing aids are not the only products on the market to help us with hearing. This program demos and discusses examples of hearing assistive technologies: amplified and captioned phones, flashing alert systems, telephone amplifiers, TV listening systems, personal amplifiers, alarm clocks, etc. Virginia's

Technology Assistance Program is also described. Participants will be able to sample the personal amplifiers during the presentation. Many of these devices can be used with or without hearing aids. No sales are involved.

Bonnie O'Leary is the outreach manager for the Northern Virginia Resource Center (NVRC) for Deaf and Hard of Hearing Persons, the area's leading non-profit for people with hearing loss. She is a late-deafened adult who has been wearing hearing aids for 20 years.

Debbie Jones came to NVRC in January 1995 and is most often the first point of contact for NVRC. She answers consumer questions such as where to find audiologists, sign language classes, interpreters, or support groups. She is in charge of the demonstration room and is the person to talk to about assistive devices and technology for people with hearing loss. Jones also provides technology training to individuals with hearing loss, as well as outreach training for businesses, agencies, and organizations that work with deaf and hard of hearing people.

972 Spaghetti Westerns

Tuesday, 11:50–1:15, July 2 United Christian Parish Reston Instructor: Jim Dunphy

During the mid-1960s a new form of film burst briefly on the scene—the spaghetti western. Filmed in Italy, using just a few recognizable American stars, these films were marked by nihilistic characters, extreme violence, and even a touch of subtle humor. In this class, we will consider the origins of this art form, view and analyze selected clips, study the leading stars and directors, and trace the continuing influence on filmmakers such as Quentin Tarantino and others. So, don your serape, slap on your irons, and let's head west (or at least to Italy) for a tour of spaghetti

Jim Dunphy has taught a number of OLLI classes on film and history. In movies, he has looked at the good, the bad and the ugly—the latter in a class on Ed Wood, the worst movie director of all time.

973 Electric Assist Bicycles for All Ages

Tuesday, 9:40–11:05, July 9
Fairfax Lord of Life
Instructor: Lorrin Garson
This is a repeat of 967.

westerns.

974 The Catcher Was a Spy—the Strange Life of Moe Berg

Tuesday, 11:50-1:15, July 9

Loudoun

Instructor: Jim Dunphy

Catchers are the most heavily armored of all baseball players, and their armor is sometimes jokingly referred to as the "tools of ignorance." Yet one baseball catcher cannot be so labeled—Morris "Moe" Berg. In a time when few baseball players even graduated from high school, Berg was a graduate of Princeton University and Columbia Law School. He was fluent in seven languages (but as a wag noted, couldn't hit in any of them). Despite a .243 batting average, he still had a ten-year major league baseball career. Yet it was his other life as a spy that makes Berg stand out. Whether it was taking pictures of Japanese military facilities while on a baseball tour, working with the OSS (the precursor to the CIA) in the Balkans, interviewing German nuclear scientists, or under contract with the post WWII CIA, Berg's life was adventurous, to say the least. So join us as we consider the life and times of one of the strangest individuals ever to wear a baseball uniform.

Jim Dunphy, a long-time Nationals season ticket holder, has taught a number of OLLI classes in history, music, baseball, and whatever else tickles his fancy.

975 Africa: Maritime Challenges and Opportunities

Wednesday, 9:40-11:05, July 10

Fairfax Lord of Life

Instructor: Vice Admiral (retired) John Miller

Coordinator: Sally Burdick

Thirty-three of the United Nations acknowledged 54 African nations have a maritime boundary and rely upon the sea for sustenance, economic development, and participation and prosperity in the global economy. For decades, efforts at securing economic exclusion zones have been hampered by inefficient governance—tribal and national rivalries, inadequate maritime assets, training and coordination—and by near constant encroachment by outside entities eager to poach the vast maritime abundance that surrounds the continent. This session is designed to describe the scope of the challenges facing African nations with maritime borders and the efforts that have been undertaken or are planned to meet those challenges. The presentation will specifically address the role of the African Union and regional economic organizations and the impact of established regional agreements, such as the Yaoundé and Diibouti codes of conduct. VADM (Ret.) John Miller is a former commander of the US

Fifth Fleet/US Naval Forces Central Command. He currently resides in Northern Virginia and works as a senior mentor for the US Naval War College, a national/maritime security consultant, and as an associate fellow for the International Institute for Strategic Studies (IISS).

976 Living Longer, Living Smarter

Wednesday, 11:50-1:15, July 10

Fairfax

Instructor: Suba Saty

This presentation is about preparing for the future. None of us can predict what tomorrow might bring. That's why it is important to plan—decide what you want, create a plan to get there, and share it with those who need to know. The program covers:

- Finances: focusing on the cost of long-term care and how long you will need it, helping you understand what costs may or may not be covered by government programs, and exploring private financing strategies. We also will identify resources that can help you create your long-term care plan.
- Health: exploring a variety of health topics including: family health history, screenings and immunizations, managing medications, brain health, and new healthcare technology. You'll leave with specific techniques and resources to help you make positive health choices.
- Home and Community: helping you gain a better understanding of the features that make both your home and community a place where you can live in comfort and safety—no matter what your life stage.
- Legal: helping you learn about advance directives, living wills, power of attorney, and the importance of making a plan in advance.

Suba Saty is a retired US Air Force lieutenant colonel and retired Department of Defense civilian, with a passion to travel and hike national parks. A visitor to all 50 states and 30 countries, Saty has been to 54 US national parks. He has served as an AARP community ambassador for over 4 years and provides AARP presentations on fraud/identity theft and brain health.

977 Update from a County Supervisor: Sports Tourism in Fairfax and Other Issues

Wednesday, 1:30-3:00, July 10

Note time

Fairfax Lord of Life

Instructor: Supervisor Pat Herrity

Join Fairfax County Supervisor Pat Herrity (Springfield District) for an update on government efforts to bring sports tourism to Fairfax County. The supervisor will

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also be available to provide information on other ongoing projects in the county and answer questions as time permits.

Supervisor Pat Herrity has a unique understanding of Fairfax County. As the son of former Fairfax County Board of Supervisors Chairman Jack Herrity, Pat was raised with regular discussions of issues concerning Fairfax County, giving him a deep understanding of our county and the issues we face today. Supervisor Herrity is also the chief financial officer of Intelligent Waves, a small veteran-owned IT government contractor, and has over 30 years of experience in leadership positions for a number of fast growing, small to mid-sized government contractors. He currently leads the Sports Tourism Task Force, is chairman of the 50+ Committee, and has received awards from the Fairfax County Chamber of Commerce, Fairfax County Federation of Teachers President's Award, and Northern Virginia Technology Council.

978 Growing Up Russian: Recollections on a Childhood in the USSR and the Russian Federation

Thursday, 11:50-1:15, July 11

Loudoun

Instructor: Marina Dobson

Marina Dobson was born and raised in the Soviet Union. This is the story of her upbringing in the USSR from the 1960s to the early 1990s, a period of personal hardship but also political change:

- School years and an overview of the educational system;
- Home life and an overview of housing;
- Household budgets, shopping, and long lines;
- Social views, perceptions of abroad, and restrictions on travel;
- Culture shock when she immigrated to the United States.

Marina Dobson graduated from Kyibishev Aviation Institute (renamed Samara Aerospace University) with a master's degree in computer sciences. She was the daughter of a Soviet officer, which required her to travel with her family around the USSR and live from the Far East to Ukraine. Dobson moved to the United States in the 1990s where she met her American husband and became a naturalized citizen. She has lived in Fairfax for the past 13 years.

979 The Underground Railroad Redux

Monday, 11:50–1:15, July 15 United Christian Parish Reston

Instructor: Linda Blair Coordinator: Nancy Scheeler

Last year, Reston Book Club members discussed the National Book Award and Pulitzer Prize winning novel,

The Underground Railroad by Colson Whitehead. This one-session class, grounded in the initial book club discussion, centers on three interrelated interpretations of the novel—fiction, magical realism, and immigration. We will discuss each element separately and how each builds on the other to create this insightful exposition of man's inhumanity to man juxtaposed with man's universal and overwhelming desire for freedom. There will be printed excerpts of salient portions of the novel available.

Linda Blair, a retired Fairfax County high school English teacher, English department chair, and international baccalaureate diploma program coordinator, earned BA and MA degrees at George Mason University and a PhD in American literature at The George Washington University.

980 Digital Literacy-Trends in TV Viewing

Tuesday, 9:40–11:05, July 16 United Christian Parish Reston

Instructor: Allan Hide

Today's video programming marketplace is in the midst of a massive shake-up. Driven in part by rapid changes in video technology, traditional content providers and consumers are being forced to navigate a brave new video world. Modern TVs, computers, and mobile devices offer over-the-top options to watch movies and TV programs via streaming video over the Internet. Services such as Netflix, Hulu, YouTube, Amazon, Sling TV, and Apple TV provide new programming alternatives. Consumers are replacing or supplementing their cable television subscriptions with these new Internet video sources. This presentation will explore the benefits and limitations of these trends and their impact on consumers.

Allan Hide has worked as a management analyst for Fairfax County Department of Cable and Consumer Services since 2003. He reviews communications legislation and regulations and enforces the franchise agreements that the county has with Comcast, Cox, and Verizon. He also provides outreach and education on communications topics and assists in cable complaint resolution. Formerly, he worked as a market analyst for Africa's largest research and development organization, the Corporation for Scientific and Industrial Research (CSIR), in its Washington, DC, international office. He has a MS in environmental biology from George Mason University and a BS in general biology from London University.

981 Shakespeare in America

Tuesday, 11:50-1:15, July 16

Loudoun

Instructor: Mike Baker

Mike Baker will teach a class on Shakespeare in American theater. More information about the class will be provided before term starts.

Mike Baker holds a BA and MA in English. He is a seventime Emmy-winning TV host, producer, and reporter. He has received five Telly awards, four Videographer awards and a MarCom creative award. Four of his documentaries have aired on the Bravo cable network. Baker has also hosted and produced over 300 National Arts episodes for Bravo. He is president of National Arts Television, Inc. and is an assistant professor at Northern Virginia Community College.

982 What is the Real Story Behind This Year's Horrific Wildfires in the West?

Wednesday, 11:50-1:15, July 17

Fairfax

Instructor: Doug MacCleery Coordinator: Fred Kaiser

Paradise and Malibu, California, are only the latest of a series of deadly wildfires in the western United States that over the last few years have decimated communities, killed many firefighters and community residents, damaged critical watersheds and wildlife habitat, and cost billions of dollars in property damage and fire suppression efforts. MacCleery will discuss the back story and history behind this situation, which is seldom properly covered in the press, and what's really driving these fires—climate change, bad forest management, a century of wildfire suppression, or something else? He also will address what we can do to deal with the crisis.

Doug MacCleery is a former California wildland wildfire fighter, US Forest Service policy analyst and deputy assistant secretary of agriculture.

983 Top Secret: Fort Hunt's WWII History

Thursday, 9:40–11:05, July 18 United Christian Parish Reston Instructor: Ann Shields

This program will address the secret wartime role of Fort Hunt, now a national park site along the Potomac in Fairfax County. Military intelligence activities at the site included interrogation of U-Boat officers and high-value prisoners of war (POW), eavesdropping/recording of POW, and post-war debriefing of German rocket scientists brought to the United States under Operation Paperclip. Also covered will be the top

secret "escape and evasion" packages of gadgets/ maps/weapons sent to European POW camps holding American GIs, along with the "code users" program which kept Fort Hunt intelligence officers in contact with every prison camp in Europe.

Ann Shields is a nurse for the Department of Defense at Fort Belvoir with a life-long interest in military history. Since 2005 she has studied the history of German POWs held in the United States, conducting over 70 interviews in the United States and Germany. Fort Hunt's WWII importance was revealed in that research.

984 The Enduring Mystery of Jack the Ripper

Thursday, 11:50-1:15, July 18

Fairfax

Instructor: Jim Dunphy

In the Whitechapel District of London in 1888, perhaps the most famous serial killing in history took place, and the murderer, Jack the Ripper, was never arrested. This did not prevent students of Ripperology from identifying countless suspects. We will look at the crimes and the suspects and determine which of the purported Rippers was most likely Saucy Jack, and we will look at how the murders were portrayed in print and film in the more than 100 years since the events of 1888. Note: This class will discuss five murders, and in so doing, will go into fairly graphic detail. OLLI members should consider this in deciding whether to sign up for the class.

Jim Dunphy has visited London on a number of occasions and has walked the East End of London haunted by Jack. He has taught a number of OLLI classes: on movies, history, music, and baseball.

985 The Archaeology of the 18th Century at the Old Colchester Park and Preserve in Lorton

Monday, 11:50–1:15, July 22 United Christian Parish Reston Instructor: Christopher Sperling Coordinator: Stephanie Trachtenberg

Enjoy a discussion about the ongoing excavations of the town of Colchester and related sites on the Old Colchester Park and Preserve in Lorton. The sites include a domestic house site and probable slave quarters outside the town limits, and several cellars and trenches inside the town boundaries. All sites date from approximately 1750-1800. The talk will cover the artifacts, historic landscape, and what we are learning about life in 18th-century Fairfax.

Christopher Sperling is a senior archaeologist at Fairfax County Park Authority and adjunct instructor at Stevenson University.

986 Digital Literacy: Keeping Up With Your Smart Home

Tuesday, 9:40-11:05, July 23 United Christian Parish Instructor: Douglas Povich

The Internet of Things (IoT) has found a home—literally—in Smart Home technologies and services. From lights to thermostats to speakers, cameras, refrigerators and garage door openers, these Internet-connected devices are designed to provide homeowners with comfort, convenience, security and energy savings. They connect with each other and with service providers, automating actions based on homeowner preferences and sharing consumer usage data. This course explores Smart Home technologies and services, including their history and the policy concerns regarding data sharing and privacy that accompany this burgeoning industry to help you stay smarter than your home.

Douglas Povich is a management analyst in the Communications Policy and Regulation Division of Fairfax County's Department of Cable and Consumer Services, where he works on cable TV, media, and technology issues. Povich practiced telecommunications and technology law for over 30 years, focusing on regulatory and transactional matters in the wireline, wireless, and public safety communications sectors. He holds a BA in English and philosophy from Union College and a JD from Georgetown University Law Center.

987 For God and Tsar: The Russian Colonization of North America, 1741-1867

Tuesday, 11:50-1:15, July 23

Loudoun

Instructor: Peter Ansoff

The land we now know as Alaska was the last corner of North America to be discovered and explored. The Russian Empire extended its influence in this area as a natural extension of its colonization of Siberia in the late 18th century, driven primarily by the fur trade. In some respects the Russian colonial experience paralleled that of the western European nations, but there were major differences caused by culture, geography, economics, and politics. The Russian presence in northwestern North America also brought it into contact (both cooperative and hostile) with other powers, including Britain, Spain, the United States, and France. This course will discuss the origins and chronology of Russia's American colony, including relations with the native peoples, the role of the Orthodox church, Russian colonizing efforts in

California and Hawaii, and the eventual sale of Russian America to the United States.

See F303 for instructor information.

988 The Azalea Man's Bucket List

Wednesday, 11:50-1:15, July 24

Fairfax

Instructor: Don Hyatt Coordinator: Bob Coffin

Don Hyatt, aka "The Azalea Man," was a Fairfax County classroom teacher for 33 years. Concurrently he indulged in his passion for azaleas, gaining expertise but having difficulty visiting distant gardens and scenic wild places when the flowers were in bloom. After retiring in 2002 he has attempted to fulfill his bucket list, extensively traveling the United States and Europe to view the flowers, landscapes, and public and private gardens that he never quite had time for before. His insights are encyclopedic, and he has lectured on azalea developers from Joe Gable to Ben Morrison, hybridizing azaleas, native azaleas, and other topics. His bucket list talk chronicles—with vignettes, pictures, and a healthy dose of humor—those post-retirement adventures. He continues to follow Carl Reiner's axiom "When I get up in the morning, the first thing I do is look at the obituaries. If I am not listed, I fix breakfast." Don Hyatt has served on the Boards of both the Azalea Society of America (ASA) and the American Rhododendron Society (ARS). He was awarded the Silver Medal (2002) and the Gold Medal (2012) by the ARS for his contributions over time. He was also given the Distinguished Service Award by the ASA in 2009. He continues to propagate rare azaleas and rhododendrons at his nursery in Amherst County.

989 Dancing Update: Fusing Classic Dance Styles with a Contemporary Flair

Wednesday, 2:15-3:40, July 24

Fairfax Lord of Life Instructor: Marilyn York Coordinator: Norma Jean Reck

Jazz icon Marilyn York, artistic director of Dancin'
Unlimited Jazz Dance Company, will anchor a panel of
professional dance company directors and
representatives of dance studios who will share the
excitement of convergence that is taking place in the
dance world today. They will discuss and show how
modern choreographers are mixing and merging the
classic dance styles such as jazz, tap, hip hop,
Broadway, and modern dance with contemporary flair.
They will show dance videos that will illustrate the
resulting unique, rhythmic, high-energy dances. Lauren
Green will be on hand to create a graphic record of the

session. The panel members will also discuss local dance programs such as the DanceFest and Convergence 2019 that they perform in Northern Virginia. Marilyn York is the Artistic Director of Dancin' Unlimited and the current president of the Virginia Dance Coalition. Marilyn's 30-plus years of dance experience includes performing, teaching, directing, and choreography. She is the inspiration behind and producer of the annual Jazz & Tap Dance Festival. Her choreography was selected three times for presentation at the Giordano Jazz Dance World Congress. Lauren Green is a graphic facilitator, graphic recorder, and coach with specialties in organization development, strategic communications, and performing arts. She specializes in coaching and facilitating with visual templates, drawing from best practices in adult learning that encourage inclusive and engaging group processes. Lauren holds a master's in Organization Development and Knowledge Management from George Mason University (2016). She is also a CTI-trained coach and is working toward her ICT certification.

990 America's Most Decorated Warship: USS Enterprise

Monday, 11:50–1:15, July 29 United Christian Parish Reston Instructor: Blane F. Ampthor This is a repeat of 961.

991 Oliver Cromwell Sets His Sights on Virginia

Tuesday, 9:40–11:05, July 30 United Christian Parish Reston Instructor: Elizabeth Lambert

When it comes to history, the 17th century English Civil War that resulted in King Charles I's beheading and the Commonwealth government that followed is little known or studied on this side of the pond. Yet Oliver Cromwell, the chief protagonist and the man who replaced the monarch as Lord Protector, has an interesting place in Virginia's history. In fact, it was Lord Protector Cromwell and not a king who, it could be said, started the American Revolution with a certain piece of legislation. What is more, his empirical ambitions required ousting Spain from the Western Hemisphere by military conquest, and he assumed the American colonies could supply men and arms to do just that. Virginia, under Governor Barkley, was the only colony that not only refused to go along with Cromwell's "Western Design," but declared its loyalty to King Charles II, the monarch in exile. Cromwell was not pleased. What happened then?

Beth Lambert is coordinator of the Reston OLLI program and of the History Club. In 2008 she retired from Gettysburg

College where she taught courses on all aspects of 18th century Britain. Her biography of the British statesman Edmund Burke was published by the University of Delaware Press.

992 A Sneak Peek at the Kennedy Center Expansion Project

Tuesday, 11:50-1:15, July 30

Fairfax

Instructor: Ellery J. Brown

Opening this September, the REACH at the Kennedy Center is the first major public expansion in the history of the Kennedy Center. In this presentation, Ellery Brown will offer a sneak peek at the expansion project. He will talk about how the REACH will extend and enhance the Kennedy Center campus by creating more open, inclusive spaces for the greater Kennedy Center cultural community and its artists.

Ellery J. Brown is the senior vice president of operations for the Kennedy Center, overseeing all operational aspects of the Center, including facilities, production, theater management, and facility booking. Brown has extensive experience in theater operations, having served as head of operations for the Dr. Phillips Center for the Performing Arts in Orlando, FL; Segerstrom Center for the Arts in Orange County, CA; and the La Jolla Playhouse in San Diego, CA. Brown has been involved in technical theater production for over 35 years.

993 A Green Beret's Perspective

Tuesday, 11:50-1:15, July 30

Loudoun

Instructor: John Fenzel

As a retired senior Army Special Forces officer ("Green Beret") and author of three novels, Fenzel will share his experiences, from the West Wing of the White House and the E-Ring of the Pentagon to the many war zones in which he has operated around the world. He will relate the power of humanity in the face of searing conflict and of friendship in the wake of crisis, and the enormous value of storytelling, its lost art, and the tremendous importance it holds for future generations.

John Fenzel is a retired senior Army Special Forces officer who has served on battlefields throughout world. He has served on the personal staff of the secretary of defense, as a special assistant to the vice president, as a strategic planner for the chief of staff of the Army, and as a White House fellow during the Clinton and Bush administrations. He is the author of the critically acclaimed thriller, *The Lazarus Covenant*. In his 30 years of military service, Fenzel has served in numerous command and staff positions around the world. He is a graduate of the Naval War College and the National War College.

Special Events -

994 Golfing Demonstration for Seniors

Wednesday, 11:50-1:15, July 31

Fairfax

Instructors: Andy Elkins, George Danielson, Noel

Jablonski

Coordinator: Ron Campbell

Class limit: 40

Danielson and Jablonski will demonstrate golf swings with various clubs. Elkins will discuss the Oak Marr golf facilities, including the golf shop, driving range, putting and chipping area, and the par-3 nine-hole golf course. He will discuss the availability of golf carts, push carts, and accessible carts. He will also talk about the various leagues available should you want to join one or more of them.

Andy Elkins is the manager of the Fairfax Park Oak Marr Golf Facility. Golf professionals **Noel Jablonski** and **George Danielson** operate Everybody Golf School, home-based at Oak Marr.

995 Top Secret: Fort Hunt's WWII History

Thursday, 9:40-11:05, Aug. 1

Fairfax

Instructor: Ann Shields This is a repeat of 983.

996 James Monroe: Last of a Dynasty

Thursday, 11:50-1:15, Aug 1

Loudoun

Instructor: Roland Estrada This is a repeat of 959.

997 So How Short Are Your Telomeres and Why Should You Care?

Thursday, 9:40–11:05, Aug. 1 United Christian Parish Reston Instructor: Evan Douple

The discovery of the specific DNA-protein structures found at both ends of each of our chromosomes by Dr. Elizabeth Blackburn, and her co-discovery of telomerase, an enzyme that maintains the integrity of the protective caps of the chromosomes stimulated intensive research. Her work was awarded the Nobel Prize in Physiology or Medicine in 2009. This class will examine the results of recent experiments which indicate that telomere length appears to play an important role in aging and the appearance of diseases such as cancer. Telomere length shortens with age, and studies indicate that length can be affected by various lifestyle factors which can impact the pace of aging and onset of age-associated diseases.

Evan Douple, an OLLI Board member, conducted cancer research as a professor at Dartmouth Medical School, and more recently, as associate chief of research at the Radiation Effects Research Foundation in Japan, where he participated in the world's longest longitudinal epidemiological study of an aging population—the survivors of the atomic bombings of Hiroshima and Nagasaki.

998 Biblical Prophecy and the Modern State of Israel

Thursday, 11:50–1:15, Aug. 1 United Christian Parish Reston Instructor: Steve Goldman

The State of Israel is often at the center of major international controversies. In this session we will examine why many support or oppose Israel based on different interpretations of biblical prophecy.

See R604 for instructor information.

999 Famous Canals of the World

Tuesday, 9:40-11:05, July 23 United Christian Parish Instructor: Bennett Gold

We have all heard of the Panama and the Suez Canals, but there are a lot of lesser known, but equally interesting canals around the world. They include canals in Russia, Greece, China, and the United States, amongst others. Why not learn something about them?

Ben Gold, a long-time OLLI member, has a BA in political science from Stanford University and later earned an MS in computer science. He has served as a docent at the Supreme Court for the past 15 years. Besides teaching at OLLI, he has been lecturing aboard cruise ships for the past dozen years.

1000 Undersea Exploration

Thursday, 9:40-11:05, July 25 United Christian Parish Instructor: Bennett Gold

If you think space travel is challenging, what about descending to the bottom of the Marianas Trench at over 6.5 miles deep. Since earliest history, man has had a love affair with the sea. Explorers braved its waters to discover new lands and riches. Join us for this fascinating journey.

See 999 for instructor information.

Performances and Trips

1001 Bus Trip to Newseum

Friday, 9:00-4:00, June 28



Bus trip: \$61 Limit: 30



With newspapers closing every other week, it seems, and accusations of "fake news" and biased reporting thrown about by those who don't like what they are reading, a visit to the Newseum takes on added poignancy. The Newseum is considered one of the most interactive museums of the world; it has seven levels, 15 galleries, and 15 theaters. Visitors will have the opportunity to see the 9/11 Gallery, Berlin Wall exhibit, FBI exhibit, and more notable events which the First Amendment has supported. The tour is selfguided, so you can choose what exhibits you want to see, and spend more time at those that interest you. The Newseum has a self-service food court with an extensive selection of hot entrees, grilled and cold sandwiches, salads, snacks and desserts. Prices are moderate. Lunch will be on your own. The fee of \$61 will include Newseum entrance fee, bus transportation to the Newseum, and driver gratuity and is payable at time of registration. Registration is on a first-come, first-served basis. The bus will leave promptly at 9:15 from Fair Oaks Mall parking lot 57, which is outside the circular road in front of ManTech Corp. Please be on the bus by 9:00. The bus will return no later than 4:00.

1002 Behind the Scenes at Nationals Park

Friday, 8:30–1:45, July 19 Coordinator: Jim Dunphy

Bus trip: \$66 Tour limit: 25

Ever go to a baseball game at Nationals Park and wonder what is being done before the gates open? Well, OLLI has the answer for you! We will take a behind-the-scenes tour of Nationals Park, including such areas as the visiting team clubhouse, warming track, dugout, and bullpen. There will be some walking and climbing involved in the ballpark tour. We will then head up to a conference room where we will hear from Nationals officials about the many tasks required to get the ballpark ready for the millions of fans who pass through the turnstiles. After going on this trip, you'll never look at a Nat's game the same

way! The fee of \$66 will include bus transportation to Nationals Park and the ballpark tour and is payable at time of registration. Registration is on a first-come, first-served basis. The bus will leave promptly at 8:45 from Fair Oaks Mall parking lot 57, which is outside the circular road in front of ManTech Corp. Please be on the bus by 8:30. Estimated time of return is 1:30-1:45. After the event and the bus ride back, the bus will make two stops at Fair Oaks Mall: the first at the newly-opened Dave and Busters, where participants can get lunch on their own or at other mall restaurants, and a second stop for those participants who wish to go directly to Lot 57 (arrival approximately 1:45).

Jim Dunphy is a long-time Nat's season ticket holder, still waiting for the first post-season series win. He has taught a number of OLLI classes on baseball, history, music, movies and whatever else happens to pop into his head.

1003 Visit to Mason Libraries Special Collection

Friday, 9:30-12:30, July 26

Coordinator/Presenter: Lynn Eaton

Shuttle Bus from Tallwood to Fenwick Library

Fee: \$24 Tour limit: 30

Visit the Mason libraries for a "behind the scenes" curated exhibit tour! The George Mason University Libraries Special Collections and Research Center (SCRC) holds a broad array of materials, ranging from medieval manuscripts to NASA materials. The collections' strengths include artists' books, the history of Northern Virginia, performing arts, transportation, planned communities, and the history of Mason, among others. The SCRC staff will give an in-depth tour of an exhibit of staff picks, highlighting the quirky ephemera, beautiful books, powerful photographs, maps, letters, and other items from dozens of our collections. The class doesn't stop there, though! Participants will see and handle more intriguing items from the holdings, including some of the oldest and most fragile items. You'll also get to go behind the scenes into the work areas and closed stacks. The fee of \$24 covers shuttle bus transportation from Tallwood to Fenwick Library and is payable at time of registration. Registration for this event is on a firstcome, first-served basis. Please be on the shuttle bus at Tallwood at 9:30. The bus will depart to Fenwick Library no later than 9:45. The shuttle bus will leave Fenwick Library at 12:15 to be back at Tallwood no later than 12:30.

Special Events.

Lynn Eaton, the Director of SCRC, graduated from the University of North Carolina-Chapel Hill with a master's in library science. She has worked in special collections for over 20 years, including over 15 years at Duke University's Rubenstein Rare Book and Manuscript Library. All SCRC staff have master's degrees in library science or history, and a few will be joining the tour, sharing their expertise and passion for primary source materials.

1004 Visit to Channel 16 Cable Access Studio at Fairfax County Government Center



Friday, 9:45–12:00, Aug. 2 Coordinator: John Nash

Carpool Tour limit: 25

Of the many resources available to Fairfax County residents, our public access television channel is one of the best. Channel 16 has garnered a multitude of awards for programming that keeps our residents informed and entertained. In addition to keeping viewers apprised of emergency situations in the area, Channel 16 carries a host of other informative programs. You can watch the entire Board of Supervisors' proceedings twice a month to be aware of the issues affecting our communities. There are other programs highlighting features in our county, such as Around Fairfax, County Magazine, and Mature Living. You can even learn about activities and services in our county parks and libraries. And all of this awardwinning programming is done right in the Government Center. This tour will take you through the process of assembling and disseminating public access information. We will meet with the director of the Department of Cable and Consumer Services, talk with some of the program producers, and walk through the facilities to see just how the programs are put together. You may even be on TV! We will meet in the lobby of the Government Center, 12000 Government Center Parkway, Fairfax 22035, at 9:45 for our twohour tour. Although parking is free, car-pooling is encouraged. Registration is on a first-come, firstserved basis. This tour is limited, so sign up quickly to

Social Events

learn about another resource available to Fairfax County residents.

1101 Ice Cream and Conversation

Tuesday, 1:15-2:15, July 2

Note time Loudoun

Coordinator: Judy Sapienza

Event limit: 25

Grab some ice cream, coffee or tea, and some cookies, and kick off the new term at this casual gathering. Everyone is welcome to enjoy the camaraderie—new members and longstanding members. Registration for this event is on a first-come, first-served basis, limited due to room size.

1102 OLLI Patriotic Potluck

Friday, 12:30-2:30, July 12

Note time Fairfax

Coordinator: Jim Dunphy

Event limit: 56

The 4th of July has passed, but we can still have an old-fashioned patriotic party! Join OLLI for an afternoon of song and celebration for America's 243rd birthday. After a potluck lunch, we will watch videos, play games, and most importantly sing along to some of the most famous songs in our history. So get ready for a day of fun, festivities, and food as we celebrate all that is great with America. All attending should bring a dish sized for feeding 4 people—no more, no less. OLLI will provide place settings and drinks. You should bring food according to the following breakdown:

Salads: Last names A-F Main Courses: G-M

Sides: N-S Desserts: T-Z

Registration for this event will be taken on a first-come,

first-served basis.

Important Registration Tip!

Register for add to cart offerings as early as possible. (indicated with a shopping cart icon)

Trips and performances are especially popular and can fill up quickly,

even on the first day of registration!

Summer priority registration begins Tuesday, May 21, at 9am and ends Wednesday, May 29, at noon.

1200 Between Term Events

1209 Grab 'n' Gab Coffee Klatch

Thursday, 9:30-11:00, June 20

Tallwood

Coordinator: Toni Acton

Event limit: 30

Grab a cup of coffee and some cookies in the Social Room, and enjoy between term socializing in the Social Annex next door. All members—new and seasoned are welcome to enjoy the casual conversation and camaraderie. Registration for this event is on a firstcome, first-served basis.

1210 Grab 'n' Gab Coffee Klatch

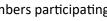
Thursday, 9:30-11:00, Aug. 22

Tallwood

Coordinator: Toni Acton

Event limit: 30

Grab a cup of coffee and some cookies in the Social Room, and enjoy between term socializing in the Social Annex next door. All members—new and seasoned are welcome to enjoy the casual conversation and camaraderie. Registration for this event is on a firstcome, first-served basis.



All OLLI members participating in activities that entail bus transportation must sign a bus waiver form, either by signing a course registration form or online when registering through the Member Portal. The waiver releases OLLI from any and all claims for injury or damage sustained by, through, or as a result of such activities, and holds OLLI harmless for any claims resulting therefrom.

OLLI Bus Trip Policy

Spread the Word about OLLI With Friends and Family!

Members are **Our Best Advocates!**



If you have a friend or family member who is retired and looking for intellectual, social and cultural stimulation, tell them about OLLI!

- provide a flyer outlining our spring term classes (flyers can be found in the Tallwood office and OLLI classrooms).
- share a catalog (limited supplies in the Tallwood office).
- bring them to OLLI to sample a class or event. Prospective members may visit one or more classes during any consecutive two weeks of a term provided the course is not oversubscribed.

Contact the OLLI registrar to make arrangements: 703-503-3384 or ollireg@gmu.edu.

Closing Policy

OLLI cancels classes and events (and the Tallwood office is closed) when county schools are closed due to weather or area-wide emergencies.

- OLLI follows the Fairfax County Public Schools for classes in Fairfax (Tallwood and nearby sites) and Reston (UCP and nearby sites).
- OLLI follows the Loudoun County Public Schools for classes in Loudoun.

When either school system announces a delayed opening, OLLI will generally open at the scheduled time. An exception: Because OLLI uses Mason facilities in Loudoun and Fairfax, OLLI is required to abide by Mason decisions to delay or close. Mason's closing policy is independent of the county schools' policies. In rare instances when Mason announces a delayed opening, OLLI may need to cancel the first class of the day. In addition, poor road and parking lot conditions at OLLI sites may necessitate class or event cancellations.

Regardless of decisions regarding closings or delays, it is important for OLLI members to use personal judgment about the safety of travel to and from campuses during inclement weather.

Clubs

Fairfax/Loudoun/Reston

- Register for clubs and ongoing activities once each calendar year. Registration allows us to maintain current club rosters, and ensures that you will receive any emails about your club's activities and events.
- All club registrations are Add to Cart. Please remember to check your cart after you register for a club.

Annex Art Club

Tuesdays between term only Aug. 20-Sept. 17, 9:30-12:00

Tallwood

Coordinator: Sue Goldstein.....msgoldstein@verizon.net All artists, whether you use pencil, ink, pastels, charcoal, or paint, are welcome to finish or to start pictures. The group consists of OLLI members at all skill levels. Join us!

Bridge Club

Mondays, June 24-Aug. 26, 10:00-12:00 (no meeting Aug. 5, Aug. 12) Wednesdays, Sept. 4-Sept.18, 10:00-12:00 Tallwood

Coordinators: Jerry Remson.....jerryremson@yahoo.com Russell Stone....rstone@american.edu or 703-323-4428

Drop in and enjoy the friendly atmosphere of "party bridge." Players of all skill levels are welcome. The skill levels of players range from beginner to average. Partnerships are rotated every four hands. The Bridge Club meets in the morning between terms and in the summer, and in the afternoon during the other terms. For details on the club's rules and bidding system, see its web page on the OLLI website.

Classic Literature Club

Fridays during term, 11:00-12:30 (no meetings during summer term)

Tallwood

Coordinator: Bob Zener......703-237-0492 This club was formed to discuss great works of world literature.

Cooking Club

Monthly, dates to be determined Tallwood

Coordinator: Ute Christoph-Hill.....uterchill@gmail.com This club is for OLLI members who enjoy preparing food and sharing hands-on, homemade dishes in a small-group setting. We meet during the day, sometimes in members' homes and other times at Tallwood or alternative sites. We often have a theme for our meetings, but our format is flexible. We also



participate in food-related events, such as ethnic cooking demonstrations and restaurant outings. If these activities appeal to you, please contact Ute Christoph-Hill for more information.

Craft and Conversation Group

Fridays

June 28-Sept. 20, 9:30-11:00 (no meeting Aug. 9, Aug. 16)

Tallwood

Coordinators: Doris Bloch.....dbloch50@hotmail.com Janet Porter.....jlporter1@gmail.com

We meet weekly to work on our craft projects and to share product sources, expertise, and inspiration. Our ongoing conversations encourage camaraderie, and the group setting motivates us to progress with our current projects. Interested OLLI members are invited to join us to see what we are creating. For more information, please contact Doris Bloch or Janet Porter.

Dirty Knee Club

As needed during growing season.

Tallwood

Coordinators: Sigrid Carlson......bigsig@cox.net Sally Berman.....kberman77@gmail.com

The OLLI Landscaping Committee, fondly known as the Dirty Knee Club, creates, plants, and maintains the gardens at Tallwood. Gardening expertise is not required, but a willingness to get dirty knees is! Members are asked to participate in general garden workdays, primarily in the spring and fall, plus join another team member to water, weed, and maintain the gardens during the growing season. Each twomember team serves for one week, rotating about every five weeks.

Doctor Who Club

First and third Fridays during term July 5, July 19, Aug. 2, 12:30-2:30 PM **Tallwood**

Coordinator: Wendy Campbell..neoblivis@earthlink.net This club is for those of you interested in Timey Wimey stuff. We meet to watch Doctor Who on the "big screen" in a Tallwood classroom. We will follow each





presentation with discussion. Some of us are new to Who; some of us are longtime fans. Everyone is welcome. It's going to be fantastic—so allons-y and may I just say—Geronimo! "Always remember to be kind."

Ethnic Eats Lunch Club

Monthly, usually on Wednesdays or Fridays

Dates to be determined

Location: Local ethnic restaurants

Coordinator: Leti Labell.....leti@verizon.net

Do you love to eat? Are you interested in learning about foods from other cultures? Northern Virginia has an abundance of ethnic restaurants. This club will meet for lunch monthly to explore various cuisines. If this sounds like your cup of tea (or chai or té or thé), contact Leti Labell.

History Club



First Wednesdays of the Month, 11:00–12:30 No meetings summer term

Tallwood

Coordinator: Beth Lambert

elizabethlambert7@gmail.com

We welcome all OLLI members who are interested in discussing historical events or in sharing reviews of articles, books, or other interesting historical topics. Our meetings feature speakers who present on historical topics ranging from the Silk Road through the present crises in the Middle East—and everything in between. For more information about the History Club, contact Beth Lambert.

Homer, etc.



Fridays
June 28-Sept. 20, 11:00-12:30
(no meeting Aug. 9, Aug. 16)

Tallwood

Coordinator: Jan Bohall.....jbohall@verizon.net or 703-273-1146

Join us to read aloud a traditional or contemporary classic. We will be reading *Dr. Zhivago*, by Boris Pasternak, in the Hayward & Harari translation. Drop in at the Tallwood Annex any Friday morning; new members are always welcome.

Loudoun Non-Fiction Book Club



Generally fourth Tuesdays of the month July 23, 2:15–3:40

Loudoun off campus for summer term(coordinator will notify participants of location)

Coordinators: Barbara Wilan.....bwilan@webtv.net Dick Crocker.....RACrocker@outlook.com

Club limit: 20

This is a book discussion club for OLLI members who find non-fiction literature of interest. We look for books that have favorable reviews, from memoirs and biographies to explorations of politics, science, and human behavior. Come join us to enjoy good reads, lively discussions, and to help us choose future selections. Our summer term selection is *Mayflower: A Story of Courage, Community, and War,* by Nathaniel Philbrick.

Loudoun Science and Technology Club

Generally two Tuesdays a month during term Tuesdays, July 23, July 30, 9:40–11:05



Loudoun

Coordinator: Jim Wentworth......jimwent@cs.com Club limit: 20

This club will discuss current scientific research and technologies, in addition to older technologies, that could be applied to current problems. Technologies which have significant effects on society, or are simply of interest to the club members, will be considered. Each meeting will start with a brief introduction to a topic, followed by a guided discussion. Members are welcome to run meetings and guide discussion on topics of particular interest to them. Come join us as we explore infinity and beyond!

Mah Jongg Club



First and third Mondays through end of August July 1, July 15, Aug. 19, 10:00–12:00 (no meeting Aug. 5) First and third Wednesdays during September Sept. 4, Sept. 18, 10:00–12:00

Tallwood

Coordinator: Marian Drohan

Mariandrohan@gmail.com

We welcome all members who want to learn Mah Jongg or already know how to play. Stretch your mind and have fun with a game that is (maybe) easier than bridge, but definitely challenging! For more information, contact Marian Drohan or visit the Mah Jongg Club blog at https://olli.gmu.edu/mah-jongg-club/.

Memoir—and More—Writing Group

Wednesdays, usually 2:00-4:30



Tallwood or vicinity

Coordinator: Betty Smith.......bsmith5000@verizon.net We meet every other week during most of the year but only twice during the fall and spring terms. In addition to memoir, we write fiction, poetry, and personal essays. At our meetings we read and gently critique each other's work with the aim of improving our writing skills. Writing groups need to be small, so we regrettably have to limit numbers, but spaces do open up. If you're interested, please register for the group and e-mail Betty Smith, who will let you know the current situation.

Personal Computer User Group



Generally third Saturdays of the month July 20, Aug. 17, Sept. 21, 1:00–3:00

Tallwood

Coordinators: Paul Howard.......plhoward@verizon.net Mel Goldfarb......mgoldfarb2@gmail.com

In partnership with the Potomac Area Technology and Computer Society (PATACS), the OLLI PC User Group (OPCUG) focuses on Windows and Mac computers and software for enhancing our lives. Members and presenters also discuss smartphone and tablet apps across Android and iDevices, the Internet, digital photography, related technology, and open-source software. Our aim is to bring broad expertise about technology and topics of interest to attendees. PC clinics for members are offered twice yearly. Our target audience encompasses all computer users, from complete beginners to intermediate amateurs to experts. Our motto is "users helping users." Club dues (currently \$5 per year) are payable at the first meeting attended in each calendar year. Dues-paying members can view monthly sessions online via the Zoom cloud meeting service, on a variety of devices from home or anywhere with an internet connection. More details are available on the group's website,

www.olligmu.org/~opcug.

Photography Club



Second and fourth Fridays of the month
July 12, Sept. 13, 9:30–11:30 (no meeting August 9)
June 28, July 26, Aug. 23, 12:00–2:00
Tallwood

Coordinators: Angie Talaber.....talaber@comcast.net
Dave Talaber.....talaber@comcast.net

Meet with experts and others interested in photography and develop skills by participating in

theme-based monthly photo submissions. The Photography Club welcomes all members, whether you use a basic camera or specialized equipment, and whether you are a novice or experienced photographer. We discuss technical aspects of photography and the artistic aspects of visual design. We have guest speakers on the second Friday of each month, and on the fourth Friday we hold workshops covering specific topics in detail. We also regularly plan field trips in the local area. Contact Angie or Dave Talaber for further information.

Recorder Consort



Fridays June 28-Sept. 20, 9:15-11:30 (no meeting Aug. 9, Aug. 16)

Tallwood

Coordinator: Helen Ackerman

helenackerman@hotmail.com

If you have been part of the consort in the past or have previously played the recorder and would like to expand your abilities, please join us on Fridays. There will be on-and off-campus performances. You may need to purchase music.

Reston Book Club



Thursdays, 2:15
No meetings during summer term
United Christian Parish Reston

Coordinators: Luci Martel......Imartel28@gmail.com Nancy Scheeler.....nscheeler@verizon.net

This Reston-based book club focuses on literary fiction. We look for novels on the long and short lists of book competitions such as the US National Book Award, the UK Man Booker Prize, and other major literary prizewinning works.

Spanish Club



Tuesday, June 11, 10:00 Wednesday, June 26, 1:45 July meeting dates TBD. No meetings in August. Tallwood

Coordinators: Dick Cheadle......dbcheadle@verizon.net Mark Ramage......markramage@cox.net

This club is designed for those who are in the intermediate stage of understanding and speaking Spanish—further along than 1-2-3 and A-B-C, but not fluent. The club members leading a particular class will choose the subject and prepare the lesson for that class. Members will not have to participate beyond their comfort level.

Tai Chi Club

Saturdays
June 29-Sept. 21

June 29-Sept. 21, 10:30-11:30 (no meeting Aug. 3, Aug. 10)

Tallwood

Coordinators: Russell Stone......703-323-4428
Susanne Zumbro......703-569-2750

The Tai Chi Club meets nearly every Saturday, year-round. It is open to all OLLI members. Please register for the Tai Chi Club once per year to be on the email list for notices and changes.

Tallwood Book Club



Second Monday in July July 8, 10:00–11:30 Second Wednesday in September September 11, 10:00–11:30 Tallwood

Coordinator: Ceda McGrew......703-323-9671

These are our summer 2019 selections:

July 8: Where the Crawdad Sings by Delia Owens

September 11: Pachinko by Min Jin Lee

Theater Lovers' Group-Fairfax*



Generally Fourth Fridays of the month June 28, July 26, Aug. 23, 10:00–11:30 Tallwood

raiiwood

Coordinator: Norma Jean Reck.....njreck@cs.com

The Theater Lovers' Group (TLG) welcomes all OLLI members to join us in our theater adventures. We attend plays—usually matinees—at a variety of theater venues around town throughout the year, followed by an optional dinner at a nearby restaurant. In addition to attending theater, we pursue our learning of all-things-theater by attending post-show discussions and theater-related programs such as free Monday night new play readings at the Signature. At our TLG monthly meetings, which are open to all OLLI members, we share thoughts, ideas, and suggestions about theater and plan TLG outings or future meetings. We periodically have speakers on topics of interest to our members, e.g., Community Dance in Northern Virginia, or just go for lunch and chat. We support Mason's School of Theater program by attending their productions and developing classes for OLLI members that are built around their theater offerings. We collaborate on outings with other theater groups, especially if it means discounted tickets. We also partner with the Shillelagh Travel Club for overnight theater trips to Broadway. We take theater trips, e.g., a quick one-day bus trip to and from New York when you can see a play, have a bite to eat, or just visit the Big Apple with friends. For more information, please join us at a meeting or on a theater event. Watch for TLG articles in the E-News. To receive emails about TLG events, please sign up (anytime) for TLG via the member portal. Email Norma Reck with questions.

*Note: To accommodate OLLI members at the Reston and Loudoun campuses, we have formed a Theater Lovers' Group–Reston. Please see the listing for TLG–Reston.

Theater Lovers' Group-Reston



Lunch dates TBD

Reston

Coordinator: Norma Jean Reck.....njreck@cs.com

All OLLI members are welcome to join the newly formed Theater Lovers' Group-Reston (TLG-R). We attend plays that are of interest to and selected by members-matinees usually. We go to various theaters in our area year-round with optional dinner at a nearby restaurant after the show. We join with members of TLG-Fairfax, as well as other theater groups, to obtain discount tickets when possible. We also attend theater-related activities, such as play readings. We have opportunities to take theater trips, for example to New York for either a one-day bus trip or an overnight stay. We also plan socials such as a luncheon to just socialize and talk theater. Remember that your family, friends, and guests are welcome to join you in TLG outings. To receive emails about meetings and TLG outings, please sign up for TLG-R via member portal. For more information, please join us at our meetings and stay tuned to articles in the E-News. Email Norma Reck with guestions.

The Tom Crooker Investment Forum

Wednesdays between terms Aug. 21-Sept. 18, 10:30–12:00 Tallwood



Moderator: Al Smuzynski

For activity description see course F201.

Walking Group



Weekly

Tallwood/Fairfax Swimming Pool Parking Lot
Coordinator: Jerry Remson jerryremson@yahoo.com
When OLLI is in session, the Walking Group meets one
morning each week, generally an hour before the first
morning class. We gather in the Fairfax Pool parking lot
next to Tallwood and walk for about 45 minutes,

arriving back at Tallwood in time for the start of classes. Because our goal is camaraderie as well as exercise, all levels of walking ability and speed are accommodated. The day of the week is determined by our schedules and the weather, so it may change from week to week. Between terms we continue to walk on a weekly basis, but for longer distances and at more varied locations. Contact Jerry Remson for more information.

What's in the Daily News? Continued



Mondays, June 24-Sept. 16, 9:30-11:00 (no meeting Aug. 5, Aug. 12, Sept. 2)

Moderators: Dorsey Chescavage...dchescavage@cox.net John Quinn.....skinsnats@gmail.com Dennis Van Langen

dvanlangen@verizon.net

This is the between term continuation of the discussion group for news junkies who can't wait to express their opinions and discuss current events.

Register for Clubs Once Each Calendar Year.

Registration allows the office to maintain current club rosters and ensures that OLLI Members will receive correspondence specific to each club's activities and events.



OLLI on Facebook Become Part of the Social Media Wave!

Interact with OLLI on Facebook! OLLI has an organizational page where you can find news about the Institute and its programming. OLLI also has a group page where you can see and make postings about any type of event or news of interest to the OLLI community.

To access the organizational page, log into your Facebook account and search for the "Osher Lifelong Learning Institute at George Mason University." Click "pages" then the OLLI swoosh icon to arrive at this page. The page hosts the latest OLLI organizational pictures and news of interest to the public. This page serves as OLLI's organizational platform for the general public on social media, just as the OLLI webpage serves as the organization's public platform on the Internet. If you "like" the organizational page, you will receive periodic notifications of postings on your newsfeed in Facebook.

To access or join the OLLI Facebook group, log into your Facebook account and search "OLLI Mason." Click into "OLLI Mason" to view OLLI's Facebook group. OLLI members and staff use this page to post a wide range of events and news of interest to OLLI members. Send us a "join group" request and we'll accept you into the group so you too can post items and be notified when others do the same.



https://www.facebook.com/100003158215058/posts/1859923700789552/



Jennifer Disano is with Ray Beery. September 21 at 5:10 PM

The Centers for Medicare & Medicaid Services (CMS) visited the Osher Lifelong Learning Institute at George Mason University OLLI MASON to film a video project involving interviewing seniors who can speak to the benefits of accessing and using online/digital health care information and resources. Our members enjoyed the experience!

Membership and Registration

Policies and Procedures

JOINING OR RENEWING OLLI MEMBERSHIP

Welcome to OLLI Mason, one of the best lifelong learning institutes in the United States! If you are a returning member, you already understand the great value of your membership at OLLI Mason. Thank you for being a valued OLLI member.

Two Types of OLLI Membership

- Annual membership. Register for unlimited courses and activities held at any OLLI Mason location for four consecutive terms. You will be eligible for a Mason ID card to receive certain university privileges and discounts (see p. iii). The cost for full membership is \$435.
- Introductory membership. Register for unlimited courses and activities held at any OLLI Mason location for just one term, one time only. An introductory membership is not available to former OLLI members; it is intended for new members who want to sample OLLI before committing to a full year. Introductory members are not eligible for a Mason ID card or its privileges. The one time introductory membership is \$150.

If the expiration date on your catalog mailing label is 6/1/19 or earlier, it is time to renew. You will need to log into the member portal and purchase your membership renewal before you can view classes or register.

Payment Options

- Online. You may join or renew online at olli.gmu.edu. Click <u>Join OLLI/Sign In</u> or the <u>Register/Member Portal</u> link under <u>Quick Links</u> on the home page. Credit card payment is required when joining/renewing online.
- Hardcopy Registration Form. If you join or renew using the registration form, payment can be made by check or credit card. The form can be hand delivered or mailed to the OLLI main office at 4210 Roberts Road, Fairfax, VA 22032.
- Installment. OLLI encourages members to pay in full at time of registration. However, OLLI offers a payment plan of 12 equal monthly installments by credit or debit card. Your application for the installment plan must be filled out completely, submitted to the main office, and approved each year before you can register for courses or activities. For

security reasons, we cannot accept the form by email or fax. Applications are available on DocStore (under <u>Main Menu/Documents</u>) on the OLLI website <u>olli.gmu.edu</u> or by emailing the OLLI office at <u>ollireg@gmu.edu</u>.

• Financial Assistance. OLLI offers financial assistance for members or prospective members who find it a hardship to pay the full membership fee. Email the registrar at ollireg@gmu.edu or visit Tallwood for an application. All inquiries are kept confidential.

Refunds

Members may obtain a full refund of their dues only by applying in writing to the executive director before the third week of classes in the first term of the year of enrollment or re-enrollment.

Prospective Members

Not ready to commit? Prospective members may experience OLLI by visiting one or more classes during any consecutive two weeks of a term, provided the course is not oversubscribed. Check with the registrar at **ollireg@gmu.edu** before attending a class.

REGISTRATION PROCESS

How to Register

- Online. You may register for OLLI classes online at olli.gmu.edu. Click on <u>Register/Member Portal</u> under <u>Quick Links</u> on the home page.
- Hardcopy Registration Form. You may also register for classes using the registration form. The form can be mailed or hand delivered to the OLLI main office at 4210 Roberts Road, Fairfax, VA 22032.
- **Emailed registration forms will not be accepted. **

For a demonstration of the registration system, click "New Registration System Videos" under "Quick Links" on the OLLI home page: olli.gmu.edu

OLLI Photo Policy

Occasionally, OLLI staff/members take pictures or videos for promotional purposes. If a member objects to use of his/her photo or video in OLLI materials or on the OLLI website, please do so in writing to the executive director.

Membership and Registration, Continued

When to Register

Priority Registration Period

- Members are encouraged to register for courses and special events during the priority registration period (see back cover of catalog for priority registration dates). Requesting classes during this period offers registrants the best chance to gain access to classes they most desire.
- When you register, you must click <u>Request Class</u> to add a class to your selections.
- To complete your registration, you must list the courses and events you want in priority order—the order of their importance to you. To prioritize classes or to see what you have requested, click <u>Prioritize/</u><u>Finalize</u> on the left side toolbar of the member portal. Courses and events are prioritized separately.
- Members are placed in courses and events based on the priority number they assign to their requests.
- If class enrollment reaches capacity (a number limited by the instructor or room size), those who have designated that course as priority one will get in first, then the priority twos, and so on.
- In addition, a random number is assigned by the registration system to each class request. If all members of a priority group cannot be included in the course, those with the lower random numbers will be admitted into the course first. Therefore, requesting a class does not guarantee enrollment.

Space-Available Registration Period

Space-available registration begins after the priority period ends. You may still register for classes and special events, but you will be placed into classes on a space-available basis after all registrants in the priority period have been assigned.

Request Class vs. Add to Cart

- <u>Request Class</u> is the button you click when you are registering for a class or event during the priority registration period. *These require a priority* assignment.
- Add to Cart is the button you click when you are registering for classes or events in which you are immediately enrolled or which are designated in the catalog as first-come, first-served. This includes all clubs and ongoing activities. All Add to Cart courses and special events are clearly indicated throughout the catalog with the following shopping cart icon:
- •If there is a fee associated with these offerings, they will also be clearly marked with a shopping cart followed by a dollar sign: \$

- Payment for these courses and special events with fees must be made at the time of registration.
- IMPORTANT NOTE: You are urged to register early for Add to Cart offerings, especially trips and performances. These popular offerings can fill up quickly, even as early as the first day of registration. Early registration will increase your chances for enrollment.
- Please remember to go to <u>View Cart</u> and <u>Check Out</u> to complete enrollment before logging off the member portal.

Making Changes to Your Registration (Add/Drop)

- You may add classes at any time either online or by using an add/drop form (available in the Tallwood office and, during the term, at the Reston and Loudoun locations).
- If you are unable to attend a course or event in which you are enrolled, please drop the course or event as soon as possible. You may drop courses by emailing ollireg@gmu.edu or by turning in an add/drop form to the Tallwood main office.
- Watch OLLI communications to sign up for classes with spaces still available.

Confirmation and Class Payments

- Once classes are assigned, you will receive a series of emails with your confirmed class enrollments and wait-listed courses. If you do not have an email address on file, the confirmations will be mailed to you. Confirmation emails for Add to Cart classes will be sent immediately only once after checkout.
- Read your confirmation emails and letters carefully.
 They will include any updates to classes, including changes in times or locations.
- Event fees must be paid in full by all participants regardless of any special transit, food, or other arrangements. **OLLI cannot guarantee a refund for courses or events once you have paid and are enrolled.** As such, please consider carefully before signing up for courses with fees.

Wait Lists

- OLLI does everything possible to maximize enrollment in classes, including changing venues and adjusting class capacities. If you do not make it into a class, you will be wait-listed based on the priority you assigned to the class.
- When someone drops a class, the OLLI office will call members on the wait list until the vacancy is filled. In most cases, the office will not leave a message.

OLLI Registration Form: Summer 2019

Mail or hand deliver this completed form to: OLLI, 4210 Roberts Road, Fairfax, VA 22032.

Office Use Only

Date Received_

Date Processed_ Dues Chk____

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	Introductory Membership (\$150) One term of unl			\$		
	(Offered ONLY to new members, not renewing or p	revious members.)				
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Expiration Date:

^{**} Provide Class Selections on Reverse Side of Form **

COURSES REQUIRING PRIORITIZATION

Please include the entire course number including the F, L or R.

	Number	Course Title	Liaison	Nun	nber	Course Title	Liaison
1st priority				7th priority			
2nd priority				8th priority			
3rd priority				9th priority			
4th priority				10th priority			
5th priority				11th priority			
6th priority				12th priority			

SPECIAL EVENTS REQUIRING PRIORITIZATION

	Number	Course Title	Liaison		Number	Course Title	Liaison
1st priority				7th priority			
2nd priority				8th priority			
3rd priority				9th priority			
4th priority				10th priority			
5th priority				11th priority			
6th priority				12th priority			
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ADD TO CART/FIRST-COME, FIRST-SERVED COURSES, EVENTS, and TRIPS

We urge you to register for these offerings as early as possible.

Trips and performances are popular and can fill up quickly, even on the first day of registration.

Se	elect Trip/Activity Title	Fee	Se	elect	Trip/Activity Title	Fee
R803	Kundalini Yoga and Meditation	\$30	1004	Visit to	Channel 16 Cable Access Studio	\$0
R804	Kundalini Yoga and Meditation	\$80	1101	Ice Cr	eam and Conversation	\$0
958	Olive Tasting	\$15	1102	Patriot	tic Pot Luck	\$0
1001	Bus Trip to Newseum	\$61	1209	Grab '	n' Gab Coffee Klatch	\$0
1002	Bus Trip to Nationals Park	\$66	1210	Grab '	n' Gab Coffee Klatch	\$0
1003	Visit to Mason Libraries	\$24				

CLUB ENROLLMENT: List the	clubs in which you wish	to enroll. Register once	per calendar year.
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Registration Instructions for All OLLI Offerings

- Prioritize your selections separately for prioritized courses and special events without fees.
- For Add to Cart courses, trips or events with fees, you must provide payment NOW by attaching a separate check or credit card information. Enter payment amount on the front of this form.

Summer 2019 Schedule June 24-August 2 Fairfax

Shaded classes are one time presentations.

Bolded classes have unusual dates and/or times.

Thursday, June 20 1209 Grab 'n' Gab Coffee Klatch 9:30-11:00

TIME	Tuesday	Wednesday	Thursday	Friday
····-	June 25	June 26	June 27	June 28
9:40-11:05	F101 GRC Photography (6)	F303 The United States Flag (2)	959 James Monroe	966 You Are the Help
	F102 Dabbling Artists (5)	F406 Happiness in Fiction (2)	960 Silhouettes	1:00-2:30
	F401 Play Ball (3)	F603 The Baha'i Faith (6)		
	F402 Conflict and the Novel (2)	()		1001 Bus Trip to Newseum
	952 Ciphers, Secrets, and Spies			9:00-4:00
11:50-1:15	F301 Declaration Deconstructed (6)	F201 Tom Crooker Investment Forum (5)	F409 Language, Literature, Theatre (5)	
	F403 Poetry Workshop (6)	F407 The Enlightenment (6)	963 Flying Aircraft Carriers	
	F601 From Moses to Moses (4)	F604 New Testament Teachings (6)		
	F651 American Foreign Policy (6)	957 China-Africa Engagements		
	F801 Modern Physics (4)			
	954 Economic Nationalism, 1790-1860			
2:15-3:40		958 Olive Tasting		
	July 2	July 3	July 4	July 5
9:40-11:05	F101 GRC Photography (6)	F303 The United States Flag (2)	OLLI Closed for Holiday	
	F102 Dabbling Artists (5)	F406 Happiness in Fiction (2)		
	F401 Play Ball (3)	F408 Let's Read a Play Together (4)		
	F402 Conflict and the Novel (2)	F603 The Baha'i Faith (6)		
	968 History of English as Indo-European Language			
11:50-1:15	F301 Declaration Deconstructred (6)	F201 Tom Crooker Investment Forum (5)		
	F403 Poetry Workshop (6)	F407 The Enlightenment (6)		
	F601 From Moses to Moses (4)	F604 New Testament Teachings (6)		
	F651 American Foreign Policy (6)			
	F801 Modern Physics (4)			
	970 Mindfulness Practice	1140	late 14	Lubi 40
	July 9	July 10	July 11	July 12
9:40-11:05	F101 GRC Photography (6)	F103 Bauhaus and Art Deco (2)	F304 Revolution in Latin America (3)	1102 OLLI Patriotic Potluck
	F102 Dabbling Artists (5)	F408 Let's Read a Play Together (4)	F410 A Month in the Country (2)	12:30-2:30
	F401 Play Ball (3) F602 Pastoral Compassion (4)	F603 The Baha'i Faith (6)	F605 Destroyer of the Gods (4)	
	973 Electric Assist Bicycles	975 Africa: Maritime Challenges		
11:50-1:15	F301 Declaration Deconstructed (6)	F201 Tom Crooker Investment Forum (5)	F305 The Zeppelin Story (3)	
11.30-1.13	F403 Poetry Workshop (6)	F407 The Enlightenment (6)	F409 Language, Literature, Theatre (5)	
	F404 War and Literature (2)	F604 New Testament Teachings (6)	1 403 Language, Literature, Theatre (3)	
	F601 From Moses to Moses (4)	976 Live Longer, Live Smarter		
	F651 American Foreign Policy (6)	oro Erro Longor, Erro Cinartor		
	F801 Modern Physics (4)			
2:15-3:40	,,,,,	977 Sports Tourism in Fairfax (1:30-3:00)	F306 Park Rangers (4)	
	July 16	July 17	July 18	July 19
9:40-11:05	F101 GRC Photography (6)	F103 Bauhaus and Art Deco (2)	F304 Revolution in Latin America (3)	1002 Bus Trip to Nationals Park
	F102 Dabbling Artists (5)	F408 Let's Read a Play Together (4)	F410 A Month in the Country (2)	8:30-1:45
	F302 Prohibition in America (2)	F603 The Baha'i Faith (6)	F605 Destroyer of the Gods (4)	
	F602 Pastoral Compassion (4)			
11:50-1:15	F301 Declaration of Deconstructed(6)	F201 Tom Crooker Investment Forum (5)	E000 Investing Desire (2)	
			F202 Investing Basics (3)	
	F403 Poetry Workshop (6)	F407 The Enlightenment (6)	F409 Language, Literature, Theatre (5)	
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9:40-11:05	F404 War and Literature (2) F601 From Moses to Moses (4) F651 American Foreign Policy (6) F801 Modern Physics (4) July 23 F101 GRC Photography (6) F102 Dabbling Artists (5) F302 Prohibition in America (2) F405 Unbroken (2) F602 Pastoral Compassion (4)	F604 New Testament Teachings (6) 982 Wildfires in the West July 24 F408 Let's Read a Play Together (4) F603 The Baha'i Faith (6) F652 The Ghost of Hitler (2)	F409 Language, Literature, Theatre (5) 984 Jack the Ripper F306 Park Rangers (4) July 25 F304 Revolution in Latin America (3) F605 Destroyer of the Gods (4)	1003 Visit to Mason Libraries
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Summer 2019 Schedule June 24-August 2 Loudoun

Shaded classes are one-time presentations

Bolded classes have unusual dates and/or times.

TIME	Tuesday	Wednesday	Thursday
	June 25	June 26	June 27
9:40-11:05	L307 The Frontiersmen, Part 1 (5)	L653 Exploring Habits (3)	961 USS Enterprise
		L701 Hot Topics (6)	
11:50–1:15	L308 The Zeppelin Story (3)	L309 Declaration of Independence (6)	964 Update on Loudoun County
	955 Ballad of a Soldier (11:45-1:45)	L310 Amazing Gift of Collective Learning (6)	
	July 2	July 3	July 4
9:40-11:05	L307 The Frontiersmen, Part 1 (5)	L653 Exploring Habits (3)	OLLI closed for holiday
		L701 Hot Topics (6)	
11:50–1:15	L308 The Zeppelin Story (3)	L309 Declaration of Independence (6)	
	971 Techie Stuff to the Rescue	L310 Amazing Gift of Collective Learning (6)	
	1101 Ice Cream Social (1:15-2:15)		
	July 9	July 10	July 11
9:40–11:05	L307 The Frontiersmen, Part 1 (5)	L653 Exploring Habits (3)	L654 TED Talks (4)
	L411 A Month in the Country (2)	L701 Hot Topics (6)	
11:50–1:15	L308 The Zeppelin Story (3)	L309 Declaration of Independence (6)	L802 Einstein's Theory of Relativity (3)
	974 The Catcher Was a Spy	L310 Amazing Gift of Collective Learning (6)	978 Growing Up Russian
	July 16	July 17	July 18
9:40-11:05	L307 The Frontiersmen, Part 1 (5)	L311 Commemorating WWII Events (3)	L654 TED Talks (4)
	L411 A Month in the Country (2)	L701 Hot Topics (6)	
11:50–1:15	981 Shakespeare in America	L309 Declaration of Independence (6)	L802 Einstein's Theory of Relativity (3)
		L310 Amazing Gift of Collective Learning (6)	
	July 23	July 24	July 25
9:40-11:05	L307 The Frontiersmen, Part 1 (5)	L311 Commemorating WWII Events (3)	L654 TED Talks (4)
		L701 Hot Topics (6)	
11:50–1:15	987 For God and Tsar	L309 Declaration of Independence (6)	L802 Einstein's Theory of Relativity (3)
		L310 Amazing Gift of Collective Learning (6)	
	July 30	July 31	Aug. 1
9:40-11:05		L311 Commemorating WWII Events (3)	L654 TED Talks (4)
		L701 Hot Topics (6)	
11:50–1:15	993 A Green Beret's Perspective	L309 Declaration of Independence (6)	996 James Monroe
		L310 Amazing Gift of Collective Learning (6)	

Summer 2019 Schedule June 24-August 2 **Reston**

Shaded classes are one time presentations.

Bolded classes have unusual dates and/or times.

	Monday	Tuesday	Wednesday	Thursday
	June 24	June 25	June 26	June 27
9:40–11:05	R655 Big Issues, Complex Challenges (5)	R412 Happiness in Fiction (2)		962 Second Amendment
	R901 Attention Training with Maha Yoga (5)	953 Nuclear Command and Control		
11:50-1:15	951 Best Novel of Them All	R104 Audubon's Engravings (2)	R414 Literary Roundtable (6)	R702 All the News That's Fit to Print (4)
		956 Google Translate		965 Loudoun-Fairfax County Line
	July 1	July 2	July 3	July 4
9:40-11:05	R655 Big Issues, Complex Challenges (5)	R412 Happiness in Fiction (2)		OLLI closed for holiday
	R901 Attention Training with Maha Yoga (5)	969 Containerized Plants		
11:50-1:15	967 Electric Assist Bicycles	R104 Audubon's Engravings (2)	R414 Literary Roundtable (6)	
		972 Spaghetti Westerns		
	July 8	July 9	July 10	July 11
9:40-11:05				
11:50-1:15			R414 Literary Roundtable (6)	
	July15	July 16	July 17	July 18
9:40-11:05	R655 Big Issues, Complex Challenges (5)	980 Trends in TV Viewing		R501 Spanish Conversation (3)
	R901 Attention Training with Maha Yoga (5)			983 Fort Hunt's WWII History
11:50-1:15	979 Underground Railroad Redux	R413 Literary Seminar (3)	R414 Literary Roundtable (6)	R606 Faith, Works, Law, and Grace (2)
				R702 All the News That's Fit to Print (4)
	July 22	July 23	July 24	July 25
9:40-11:05	R655 Big Issues, Complex Challenges (5)	986 Keeping up with Your Smart Home		R501 Spanish Conversation (3)
	R901 Attention Training with Maha Yoga (5)	999 Famous Canals of the World		1000 Undersea Exploration
11:50-1:15	985 Archeology of Old Colchester Park	R413 Literary Seminar (3)	R414 Literary Roundtable (6)	R606 Faith, Works, Law, and Grace (2)
				R702 All the News That's Fit to Print (4)
	July 29	July 30	July 31	Aug. 1
9:40-11:05	R655 Big Issues, Complex Challenges (5)	991 Oliver Cromwell		R501 Spanish Conversation (3)
	R901 Attention Training with Maha Yoga (5)			997 How Short are your Telomeres?
11:50–1:15	990 USS Enterprise	R413 Literary Seminar (3)	R414 Literary Roundtable (6)	R702 All the News That's Fit to Print (4)
				998 Modern State of Israel

R803 Kundalini Yoga and Meditation, Mondays, 1:00-2:30, June 3-June 17 (3) R804 Kundalini Yoga and Meditation, Mondays, 1:00-2:30, July 1-Aug. 19 (8)



Friends of OLLI

Osher Lifelong Learning Institute at George Mason University

Contributions for January 1-December 31, 2018

Thank you to the generosity of the donors who gave to Friends of OLLI during 2018. From January through December of 2018, 243 Friends of OLLI donated \$38,816.94. Donations to Friends of OLLI go a long way in enhancing the OLLI experience, supporting equipment updates, literary journals, outreach, landscape beautification and more. Importantly, donations also support student scholarships in the departments at Mason that send teachers to the OLLI classrooms. Overall, Friends of OLLI donations help OLLI better serve its membership while fomenting stronger ties with the Mason community. We gratefully acknowledge the Friends of OLLI listed below:

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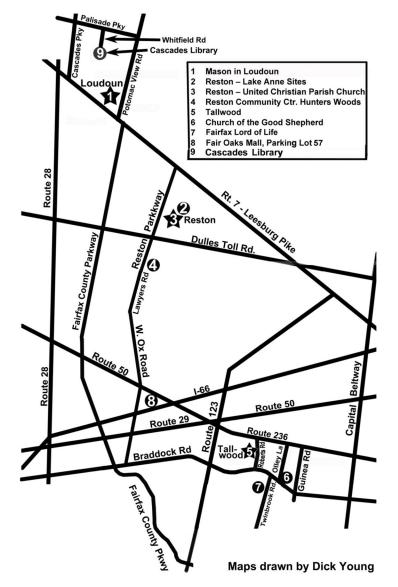
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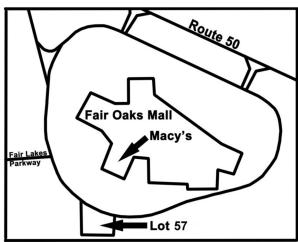
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Guide to Program Locations

Driving directions and parking information for all OLLI sites can be found on the map page of our website at https://olli.gmu.edu/map-and-directions-2018/





Bus Trip Pick up Location

- **1. Mason-in-Loudoun** is located at 21335 Signal Hill Plaza, Sterling, VA 20164 diagonally across Route 7 from the Potomac Run Shopping Center.
- 2. Reston Lake Anne sites: Reston Used Book Shop (1623 Washington Plaza, North, Reston, VA 20190) and Reston Community Center (RCC) Lake Anne including the Rose Gallery (1609 Washington Plaza, North, Reston, VA 20190) are located at the northern end of Lake Anne off North Shore Drive. If using an electronic map, set destination as the Lake Anne Mobil (11410 N. Shore Drive, Reston, VA 20190) across the street from the entrance to the Lake Anne parking lot.
- **3. United Christian Parish Church (UCP)** is located at 11508 North Shore Drive, Reston, VA 20190.
- 4. Reston Community Center Hunters Woods:
 CenterStage is in the Hunters Woods Village Center. If using an electronic map, use the Ledo Pizza address (2254 Hunters Woods Plaza, Reston, VA 20191). A walkway beside Ledo Pizza leads to a plaza and the community center.
- **5. Tallwood** is located at 4210 Roberts Road, Fairfax, VA 22032. Roberts Road can be accessed from Route 236 (Main Street) or Braddock Road. Additional parking is available in the swimming pool lot next door.
- **6. Church of the Good Shepherd (COGS)** at 9350 Braddock Road, Burke, VA 22015 is at the corner of Braddock Road and Olley Lane. Enter the parking lot from Olley Lane.
- 7. Lord of Life Lutheran Church, Fairfax is located at 5114 Twinbrook Road, Fairfax, VA 22032. From Braddock Road, turn south on Twinbrook Road, and the parking lot will be on your right.
- **8.** Bus Trip Pick up Location at Fair Oaks Mall, parking lot **57** (see adjacent map) is located at 11750 Fair Oaks Mall, Fairfax, VA 22033. The lot is outside the circular road in front of ManTech Corporation near the Macy's closest to Sears.
- **9. Cascades Library** located at 21030 Whitfield Place, Potomac Falls, VA 20165. From Route 7 exit North onto Cascades Parkway. Turn right onto Palisades Parkway, then right onto Whitfield Place.



Osher Lifelong Learning Institute George Mason University 4210 Roberts Road Fairfax, VA 22032-1028 olli.gmu.edu

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Summer 2019 term priority registration: May 21 at 9am - May 29 at noon

Term Dates

Summer 2019: June 24 – August 2

Fall 2019: September 23 – November 15 Winter 2020: January 27 – February 21

Spring 2020: March 30 - May 22

Living Well and Learning Every Day.

