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Coffee Klatch, Tallwood, January 26: Informal OLLI Meeting with Good Coffee and Conversation for Prospective, New, and Continuing Members

February 2, 2018

Editor of the Week: John Nash

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Alerts & Notices

- Lists of courses that have been changed or closed may be viewed by clicking [here](#). Please drop any conflicting or unwanted classes. To ask the registrar to drop your class, call 703-503-3384 or email [Shannon Morrow](#).

- Loudoun is holding organizational meetings at the Signal Hill Plaza campus on Thursday, February 8 for the following three clubs: 1) non-fiction club – 2:00-2:30; 2) classical music club – 2:30-3:00; 3) collections club – 3:00-3:30.

- The next issue of *OLLI E-News* will be published February 9; regular deadline for submission of items is Tuesday, February 6, at 6:00.

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Learning to Appreciate Professional Dancing



By John Nash, E-News Editor

Many of us enjoy dancing...from watching *Dancing with the Stars* to doing a little fox-trotting and two-stepping ourselves. But the OLLI course *Dance Choreography (F101)* has helped many of us understand and better appreciate professional dancing and the work involved to develop it.

Presented by Linda Miller, professor in the School of Dance and a distinguished service professor at Mason, the course explores the evolution of a dance presentation, from inspiration, casting, and development to performance. For the next session (February



5), participants will go to the Mason dance studio on campus to watch a dance being choreographed.

"I enjoy so much the opportunity of presenting a program to OLLI members," said Linda Miller, a 37-year member of the Mason dance program. "Because OLLI audiences are so familiar with the arts, including dance, I find it stimulating and challenging to address questions as we present our Mason dance accomplishments. I think of it as arts development or expansion as the structure to understand and appreciate is already there with OLLI members."



During the classes, Miller has Mason dance students illustrate works being discussed. "This is an excellent way to help me understand the intricacies of putting a dance program together," said one OLLI participant. The students demonstrate the movements, relationships, and symbolism which are keys to understanding many dance performances.



Miller also encouraged all OLLI members to attend the Dance Gala at the Center for the Arts, Friday and Saturday, March 23 and 24, at 8:00. The same program will be performed at the Manassas Hylton Center on March 25. Senior tickets are \$15. For those wanting to join in the Mason Dance Fête on Saturday, March 24, which includes a performance ticket and a pre-performance social event in the deLaski Performing Arts building, the tickets are \$95. Funds raised



Elizabeth Pace, associate professor, Josephine Castillo, Sydney Lastorino, Jovick Pavajeau, student dancers.

go to much needed dance scholarships. "Our goal this year is to completely fill the Center for the Arts on both nights and the Hylton Center," said Miller. OLLI members can help that become a reality. (Photos by John Nash)

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Collecting Empty Prescription Bottles

Donate your empty prescription bottles at Tallwood to help the needy. Please remove all labels, and be sure to include the cap. The bottles will be sorted, washed, bagged, and mailed to Matthew 25: Ministries in Cincinnati, Ohio. This is a highly-



regarded international humanitarian and disaster relief organization whose motto is: "Caring for a Needy World with the Things We Throw Away." The empty bottles are combined with medical supplies and sent to developing countries where sometimes medicines are dispensed in paper because they don't have bottles. Collection is until February 16 in the Tallwood social room. If you'd like to help with sorting, washing, and mailing the bottles collected, please contact [Ginge Sivigny](#).

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Cooking Column Pot Roast Deluxe

It was nice to read that men of our generation are interested in cooking (ref: Cooking Column, January 26 *E-News*). I read that Easy Pot Roast recipe with great interest and even went to my supermarket to look for the recommended ingredients. However, I think the secret of a good pot roast is in the marinade and

the browning of the beef. Here's my recipe. Elisabeth Wolpert.

(Editor's note: Although there are a few more ingredients in this recipe, it REALLY looks delicious! OLLI members: try them both and give us a report!)

The cooking column is intended to be an occasional feature. If you wish to contribute your favorite easy-to-make recipe, please forward it with a brief note about the recipe, a personal photo, and perhaps a glamour shot of your creation to ollinewseditor@gmail.com. Deadline for recipe submissions is 6:00 on Monday prior to publication.

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Poet's Corner

Courtesy of the Poetry Workshop

Take My Advice

I often find, without dismay, I give superb advice
On love, disputes with neighbors, or the proper wine with rice.
I am so good I keep a journal to preserve for future time
Eternal wisdom I dispense; to forget would be a crime.

The problem is, wise as I am, I neglect my own advice
Whenever I'm in trouble. All too soon I pay the price:
Troubles deepen, woes add up, I've dug myself a hole
I should have easily avoided had I used my ten-foot pole.

Ignore the man behind the curtain! Heed my good advice!
Do as I say, not as I do. I guarantee the price
You'll pay is but a fraction of the cost that you'll incur.
For sure.

Manuel Pablo

Editor's note: For Poet's Corner in the last issue, the title of Jan Bohall's poem "Tipping Point" was inadvertently omitted.

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Arts & Music at George Mason



Performances, February 2 through February 12

By Shelly Gersten, OLLI E-News Staff Writer

For tickets for either Center for the Arts (CFA) or Hylton, call 1-888-945-2468, buy tickets online through the event calendar (see links below), or visit the venue's box office. For more information, see the CFA [ticket page](#) or the Hylton [ticket purchase page](#).

At the Fairfax Campus Venues

Les Ballets Trockadero de Monte Carlo

Fri, Feb 02, 8:00
 Pre-performance discussion: Member of the company
 Concert Hall
 Admission: \$50, \$43, \$30.

Fairfax Symphony Orchestra: *Inspiring the Next Generation*

Sat, Feb 03, 8:00
 Concert Hall
 Admission: \$65, \$53, \$39.

An Evening with Mrs. Eva Schloss

Wed, Feb 07, 7:00
 Concert Hall
 Admission: \$10.

Cold War Kids

Thu, Feb 08, 8:00
 Concert Hall
 Admission: (With @gmu.edu email address): \$40, \$30;
 others: \$50, \$40.

Helsingborg Symphony Orchestra, with Nareh Arghamanyan, piano

Fri, Feb 09, 8:00
 Pre-performance discussion: Stefan Solyom, conductor and Fredrik Österling,
 general manager
 Concert Hall
 Admission: \$60, \$51, \$36.

TAO: *Drum Heart*

Sat, Feb 10, 8:00
 Pre-performance discussion: Member of the company
 Concert Hall
 Tickets: \$50, \$43, \$30.

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Mason Student & Faculty Performances

(see music.gmu.edu for additional student recitals)

Mason Cabaret

Sat, Feb 03, 8:00
 Harris Theatre
 Admission: \$30.

Faculty Artist Series: John Kilkenny, percussion

Sun, Feb 4, 3:00
 Harris Theatre
 Admission: Free.

Faculty Artist Series: Ensemble da Camera of Washington

Sun, Feb 4, 7:00
 Harris Theatre
 Admission: Free.

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At the Hylton Center (Manassas Campus)

The Hollywood Special FX Show

Sat, Feb 3, 2:00 and 5:00
 Merchant Hall
 Admission: Adults \$15; children \$5.

Helsingborg Symphony Orchestra: All Beethoven Program

Thu, Feb 8, 8:00
 Merchant Hall
 Pre-performance discussion: Stefan Solyom, conductor and Fredrik Österling,
 general manager
 Merchant Hall
 Admission: \$60, \$51, \$36.

American Festival Pops Orchestra: *Valentine Pops*

Sat, Feb 10, 8:00
 Pre-performance discussion: Bryan Kidd, arranger-in-residence
 Merchant Hall
 Admission: \$50, \$43, \$30.

Walnut Street Theatre: *Baskerville*

Sun, Feb 11, 7:00

Pre-performance discussion: member of the company

Merchant Hall

Admission: \$44, \$37, \$26.

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For further details on any of the above events, please see the CFA [event calendar](#) and the Hylton Center [event calendar](#).

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Mason's Travel
Travel opportunities of interest to OLLI Members

Do You Have Summer Plans?



By Rita Rowand, Mason Cultural Tours Manager

A new program for a trip to Costa Rica, developed by Rita Rowand at George Mason University's Global Education Office, is now available. Discover the exotic wildlife of Costa Rica with George Mason's cultural tour: "Nature's Paradise: the Flora and Fauna of Costa Rica" July 14-20. (Extensions to remain longer are possible.)

The weather will actually be cooler in Costa Rica than in Northern Virginia. Stay at two distinct eco-lodges and learn about Costa Rica's butterflies, frogs, and birds from experts in the field. Go in search of the rare and beautiful Quetzal as you walk through rain forests and live among one of the most abundant, species-filled regions of the world. More details can be found [here](#).

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Meetings & Clubs

The following list covering the next two weeks is extracted for your convenience from the master online calendar maintained by the office, with direct web links added when available. The list is accurate as of mid-week but to check any time for the latest information, please view the latest forecast of upcoming events on our website (News/[OLLI Calendar](#)). Note: All OLLI members are welcome at, and encouraged to attend, meetings of the Board of Directors, committees and resource groups, kickoff coffees, etc. (**bolded** below).

Sat Feb 3	10:30am	Tai Chi Club-TA-3
Wed Feb 7	1:30pm	Mah Jongg Club-TA-2
	1:45pm	Bridge Club-TA-3
	2:15pm	History Club-TA-1
Fri Feb 9	9:15am	Recorder Consort-TA-3
	9:30am	Craft and Conversation-Annex
	9:30am	Photography Club-TA-1
	11:00am	Classic Literature Club-TA-2
	11:00am	Homer, etc.-Annex
Sat Feb 10	1:00pm	Chess Club-TA-2
	10:30am	Tai Chi Club-TA-3
Tue Feb 13	11:05am	Loudoun Program Planning Group
Wed Feb 14	1:30pm	Tallwood Book Club-Annex
	1:45pm	Bridge Club-TA-3
	1:45pm	Spanish Club-TA-2
Fri Feb 16	9:15am	Recorder Consort-TA-3
	9:30am	Craft and Conversation-Annex

10:00am	Board of Directors Meeting-TA-1
11:00am	Classic Literature Club-TA-2
11:00am	Homer, etc. -Annex
1:00pm	Chess Club-TA-2
1:00pm	Dr. Who Club-TA-3

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About *OLLI E-News*

OLLI E-News was created by Rod Zumbro, who served as its editor from 2005 to 2013.

Editorial Staff

Chief Editor: Paul Van Hemel

Technical Editor: Irene Osterman

Associate Editor: David Gundry

Weekly Editor Team: Jean Boltz, John Nash, Sheri Siesseger, Leslie Vandivere,

Paul Van Hemel

Proofreaders: Rebecca Jann, Susan Van Hemel, Shirley Springfloat, Linda Randall,

Gerry Ann Strube

Backup Chief Editor: Alice Slayton Clark

Submissions. Members are encouraged to submit letters to the editor, letters to Ms. Ollie Ettakit (on etiquette matters), OLLI-related news items, articles, and photos. Submit material to:

ollienewseditor@gmail.com.

Deadline – 6:00 Tuesday for that week's issue (6:00 Monday for letters to the editor); early submissions are greatly appreciated. Please limit articles to about 250 words.

Note: You can view past issues of *OLLI E-News* on the DocStore. To search the content of issues, use Search Our Site or put your search term in Google followed by "site:olli.gmu.edu/" without the quotes.

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