

LRI NEWS

Volume 5, Number 3

July 1995

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4210 Roberts Rd., Fairfax, VA. 22030 (703) 503-3384

Dates to Remember (All meetings start at 10 a.m.)

JULY

Fri., July 7, Program Com.

AUGUST

Fri., Aug. 4, Program Com.

Fri., Aug. 11, Coordination Com.

Fri., Aug. 18, Board of Directors

Fri., Aug. 25, Fall catalog mailed

SEPTEMBER

Fri., Sept. 1, Program Com.

Fri., Sept. 8, Coordinating Com.

Fri., Sept. 8, OPEN HOUSE, 2 - 4 P.M.

Mon., Sept. 11, Fall registration deadline

Fri., Sept. 22, Board of Directors

Tues, Sept. 26, Fall classes begin

NOTE: The office will be closed during July, but the answering machine will be monitored daily.

From the President

Some of us in LRI have been traveling, others are planning trips, and still others are carrying on the activities that make LRI an important part of all our lives. The committees are in full swing preparing for the fall semester. The fall catalog will be mailed during the last week in August, with the registration deadline set for September 11.

A lot of work goes into lining up courses, the support activities, and the other parts of the LRI program. It all doesn't happen magically. LRI needs the help of every member. A new member remarked recently that he didn't know what kind of things he could volunteer for, so let me tell you some specific needs we have right now.

First, we need two people to learn the procedures for doing our bulk mailings of catalogs and newsletters. Vince Boylan has been in charge of this vital function for several years, and he stands ready to train the new people to take over. This job takes several hours only six to eight times a year. Interested? Call Vince (241-0706).

Among our most popular activities are the social events, such as the open house and the potluck lunches. A group of members have helped with these events, and we now need someone to coordinate the work. Perhaps two members would like to take this on together. Joan Tullington (323-8652), the chairperson of the Membership Services Committee, can give you more information.

The office is always in need of people to work with Carol Ferrara and Jenny Green a few hours a week or a month. This is one of the best ways to get to know other LRI members. Call Barbara Lynch (451-0202) to join this group.

On the next page you'll find a list of the Board and committee members. Ask any of them what you can do to help continue LRI's success. As is true of any volunteer activity, when you give of your time and talent, you get back far more than you give.



Broadening Horizons Together

The Learning in Retirement Institute at George Mason University is a non-profit, affirmative-action, equal-opportunity institution and does not discriminate on the basis of race, color or ethnic origin. It is a 501(c)(3) organization, and contributions are deductible to the extent allowed by law.

Laura Cambern
President

Board of Directors

President.....Laura Cambern
Vice-President.....Michael Styles
Treasurer.....Flora Hedblom
Secretary.....Murray Minster
Marion Burgett, Janice Dewire, Shirley Fox, Tom Hartnett,
Helene Layman, Kent Long, Judith Lieberman, Janet
Meisenhelder, Allen Montecino, Nancy Palmer, Mary Shea,
Lilyan Spero, Henry Shenker, Joan Tullington

Coordination Committee

Chair.....Michael Styles
Vice Chair.....Laura Cambern
Members.....All Committee Chairpersons
and Carol Ferrara

Finance Committee

Chair.....Flora Hedblom
Vice Chair (Budget).....John Frank
Members.....Martha Ford, Marion Burgett

Membership Services Committee

Chair.....Joan Tullington
Vice Chair.....Flora Hedblom
Class Liaisons.....Nancy Bernhard
Membership Data &
Class Confirmations.....Henry Shenker
Membership Enrolment.....Frank McMahan
New-Member Interviews.....Martha Poling
Social Room.....Joan Tullington

Outreach Committee

Chair.....Kent Long
Vice Chair.....Beverly George
Community Relations.....Beverly George
Publicity.....Judith Lieberman
Recruitment.....Ruth Shields
Speakers Bureau.....Beverly George, Kent Long
Elderhostel Network.....Audrey Markham
Affirmative Action.....Lilyan Spero, Barbara
Lynch

Program Committee

Chair.....Ray Beery
Vice Chair.....Janet Meisenhelder
Members.....Helene Layman, Murray
Minster, Adele O'Connell, Mary Shea, Helen Lapitsky,
Lilyan Spero, Tom Hartnett
Special Events Subcommittee
Chair.....George Dewire
Members.....Bunny Abel, Nancy Palmer,
Alma Eklund, Delores Eklund

Publications Committee

Chair.....Marjorie White
Vice Chair.....Shirley Fox

Fall Open House on September 8

Before the fall semester gets underway, plan to come to the Open House on Friday, September 8 at 2 p.m. Always a well-attended event, the Open House is also one to which you can invite friends who might be interested in joining LRI. We'll learn more about course offerings, enjoy refreshments and catch up on what other members have been doing over the summer.

First Annual Kathryn Brooks Honorary Lecture

Mark November 10 on your calendar for a luncheon and lecture to honor LRI's founder and first President, Kathryn Brooks. Over the years Kathryn has worked not only for continuing education for seniors but also for equal rights for women and their empowerment through political action, so we are especially fortunate to have Judge Rose Marie Annunziata as the speaker at this first annual honorary lecture. She will be introduced by State Delegate Ken Plum, who was an early supporter of LRI and a leader in its establishment. Look for more details about time and place in the fall catalog.

Book Club Schedule

The LRI Book Club will meet on Wednesday, July 12, to discuss *Beloved*, by Toni Morrison, and *Brothers and Sisters*, by Bebe Moore Campbell. On August 9, the discussion will be on *How the Garcia Girls Lost Their Accent*, by J. Alvarez. Both meetings start at 11 a.m., and newcomers are welcome.

And Speaking of Books...

Audrey Mowson is now heading a committee to plan an LRI cookbook. With all the good dishes that show up at our potluck lunches, this should be a dandy addition to everyone's kitchen. Call Audrey (560-5434) if you'd like to work on this project.

News From the Elderhostel Institute Network

Have you heard about Weekenders? It's a program in which various LRIs around the country host a weekend combining academic, cultural and social activities. Coming up Sept. 8-10 is one in Lynnwood, Wash. "A Southern Appalachian Experience" will be hosted Sept. 22-24 by Montreat-Anderson College Academy in Montreat, N.C. In

October there's a Weekender in Ohio and in November one in Craigville, Mass., on Cape Cod. We'll be getting more information on these programs, and you can see the brochures in the office.

Looking Ahead to Next Year

Would you like to teach an LRI course next winter or spring on your favorite subject or hobby? It could be a one-time lecture or a four- or eight-week course, whatever you think would work best for your subject.

Do you know someone with expertise in some subject that you think would interest LRI members? The Program Committee is always scouting for new teachers and new subjects to add to our expanding curricula. Give your suggestions to Ray Beery by phone (281-3411), or e-mail (rberry1@gmu.edu) or leave them in his file at the office.

If You Sign Up, Show Up!

A lot of effort goes into arranging LRI's Special Events, and sometimes commitments have to be made about the number attending. If you register for a Special Event and then find you can't attend, please call the office so any on the waiting list can be accommodated.

Do You Know CPR?

If you have had training in CPR or First Aid, please let the office know so that we can post a list of those who are certified. Our administrator, Carol Ferrara,

and her assistant, Jenny Green, have recently been certified in CPR, and the CPR techniques are posted in the office. George Mason University provides classes in CPR and First Aid for a fee; let Carol know if you are interested in taking a class.

A Special Thanks to Special Givers

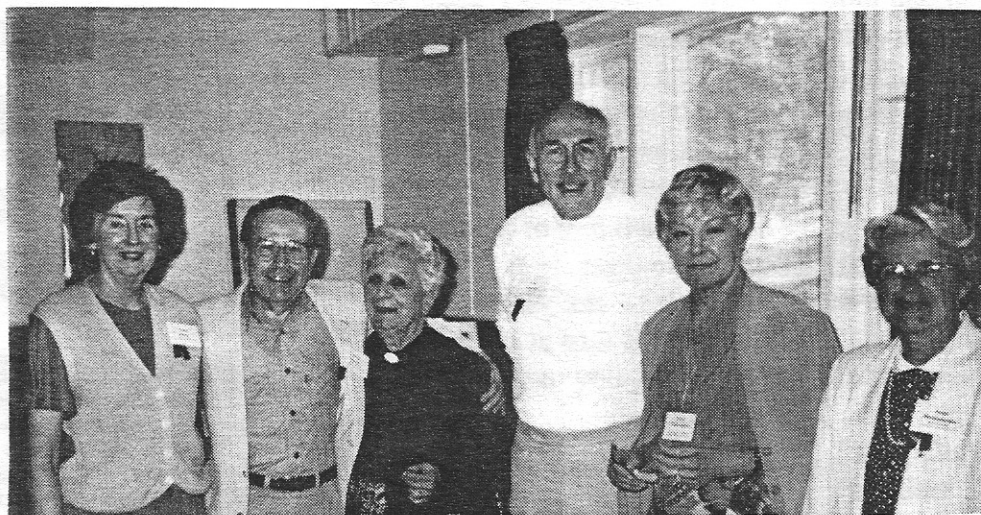
The following people have made cash contributions to LRI recently: Marion Burgett, Grace Evans, Al Giles, Dave Johnson, Helene Layman, Charles Lord, Eleanor Morrow, Audrey Mowson, Janeth Rouzer, Elaine Schwartz, Lilyan Spero, Edmund Sullivan and Martha Westenhaber.

LRI Teams Up with GMU at the Fair

The crowds at the Fairfax County Fair the second weekend in June had a chance to learn about LRI at the booth we shared with representatives from George Mason University. Four of our members were there giving out brochures and answering questions. Thanks to Marion Burgett, Beverly George, Kent Long and Ruth Shields.

LRI Can Use GMU's Rec Center

If you have obtained a GMU photo ID card, you can use the large recreation complex on campus west of Rt. 123. Facilities include an indoor track, basketball, tennis and racket ball courts, stationary bikes, rowing machines, weight room, sauna, showers and lockers. Summer hours at the complex are 7 a.m. to 9 p.m., Monday through Friday, 7 a.m. to 8 p.m. on Saturday. Starting in September it will



Six new members were elected to the Board of Directors at the annual meeting: Nancy Palmer, Murray Minsier, Lilyan Spero, Tom Hartnett, Joan Tullington and Janet Meisenbelder.

also be open on Sunday. Free off-street parking is available. You may bring a friend for a \$5 fee. Day lockers are free if you bring your own lock; regular lockers rent for \$10 a year starting in September.

Wanted: People With Theater Experience

Tom Hartnett, who has led LRI's play-reading group the last two semesters, is scouting both within LRI and outside for people to be acting coaches for the group this fall. Call him (437-7108) if you've had any experience in theater work.

A Quick Look at the Fall Schedule

The Program Committee has lined up a record number of courses and special events for the fall semester. In the arts areas there will be Folk and Non-Western Music, Ballet, Watercolor, Sketching,

Poetry and Play Reading. Also competing for your attention will be courses on economics and investing. In history the offerings include the rise of Rome, the James River, Eastern Europe and Germany. The ever-widening scope of LRI subjects include Espionage, Genealogy and Herbs. We'll explore Reinventing Public Education, Modern American Medicine, Slowing the Aging Process and Astronomy. You'll be able to hone your computer skills both by taking a course and by spending some time in the ongoing computer lab. The book club will continue meeting once a month. The Special Events subcommittee is lining up trips and talks with a variety of subject interests. And once the semester gets underway, you'll learn more about social events and other ways LRI has fun. Look for your fall catalog in the mail by late August and sign up early.

LEARNING IN RETIREMENT INSTITUTE
George Mason University
421- Roberts Road
Fairfax, VA 22030-1028

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