



OLLI News

*Osher Lifelong Learning Institute
at George Mason University*



Winter 2005, Issue 4

www.lli.gmu.edu

February 14, 2005

Friends of OLLI

Donations to the Friends of OLLI totaled approximately \$24,000 in 2004. We are very fortunate that so many members and friends have generously supported our efforts. With the exception of two small institutional gifts and two corporate matching gifts, all donations came from either members or their families and friends. In addition, almost \$1,300 was raised from the sale of the cookbooks donated by Al and Lena Cammarata.

We are grateful to the 215 members and friends who generously contributed to the program. Twenty three of the donations were for \$250 or more and another 65 were for \$100 or more. The wide breadth of donations shows how so many of our members appreciate our programs and are willing to give a little extra to make them better. A detailed list of donors appears in this copy of the "OLLI News." Five members requested that their donations be anonymous.

The donations have been used for the annual scholarships we give to George Mason University with the balance earmarked for our future capital needs.

Eileen Duggan, Development Committee chair

For Your Convenience

Of course you know about the cookies and the coffee. But do you know that tea bags and hot chocolate packets are also available in the social room, along with hot water?

The microwave and refrigerator may be used by anyone who would like to bring food to eat between classes.

While you are munching, or between conversations, why not look at a book? The books in the corner of the social room are donated by members for members. Take one home, bring a new one back. To bring the collection more in line with readers' wishes, some members have suggested a new system for the spring. Now you may put a note into the suggestion box (also in the social room) listing the authors or kinds of books you would like to read. Author/book requests will be published periodically in the OLLI News. Members who have books piling up at home may be more inclined to bring a couple to OLLI if they know that others are anxious to read them. For access to a whole library of books, you may request a GMU ID card at the Tallwood office.

Elizabeth Crawford, Membership Committee

Are You Receiving OLLI Emails?

OLLI regularly sends out emails to all members who have registered their email addresses with OLLI whenever we have timely news for you, including updates from the president. If you are not receiving these emails, you could be missing out on some important news.

A small team of OLLI members is currently investigating why some members with email are not receiving our messages. If the team identifies your email address as a "reject" and cannot verify your correct email address

from our records, you will be contacted. In the meantime, here are some things that every member with email can do to help ensure the receipt of our messages.

First, just like you look at your postal mail every day, try to check your email at least once a day so your mailbox does not fill up. (If your mailbox is full, all new emails will be rejected.)

Second, let us know if your email address has changed since you gave it to us when you last registered for classes. Just contact OLLI Administrator Jennifer Maloney by phone 703-503-3384 or email (jmaloney@gmu.edu) and give her your current email address so she can update our records.

Working together, we will solve the problem, and OLLI will be able to keep you continually informed in a timely manner via email.

Gordon Canyock, OLLI Secretary

Where Are You Really From?

For those of you who are frequently at Tallwood, may I direct your attention to the bulletin board in the Social Room Annex? The Membership Committee will use this space to keep you current on what we are doing on your behalf or in the recruiting effort.

The current display includes a stylized map of the United States; it is probably more like a diagram. Since many of us hail from somewhere outside of Virginia, we thought it would be fun to have each of you write your name in the block created for your state. If you have lived in many states, choose the one that had the greatest impact on your life or which you enjoyed the most. Then check back at some later date to see

who else in OLLI shares your home state. I'm a Jersey girl, and I expect to find many names in my state's block.

Debbie Halverson, Membership Committee chair

Senior Navigator – A Cool Website

Got a question about aging? Check out Senior Navigator at www.seniornavigator.com. It is a statewide non-profit website which provides information on nearly 19,000 local programs and services available to seniors. Topics include health and aging issues, financial concerns, legal questions, housing and assisted living facilities and more. Visitors simply type in a keyword along with their zip code and city or county and quickly access services available in their own locality. The amount of information is overwhelming—everything from where in the community to get blood pressure screenings, flu shots, or bone density tests to locating support groups, yoga classes, or even our own OLLI. The site also has an expert who will provide confidential answers to your personal questions. You can access it online or through Senior Navigator Centers, which are set up in libraries, schools, senior centers, etc.

Eileen Duggan, Development Committee chair

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