

Winter 2004 Catalog
Jan. 26 – Feb. 20

LEARNING IN RETIREMENT INSTITUTE



Broadening Horizons Together

*Affiliated with George Mason University
Sites at Talkwood in Fairfax and Lake Anne in Reston*

L R I



Serving the Northern Virginia
community by providing
intellectual and cultural
experiences for residents
in their retirement years

Learning in Retirement Institute

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Fairfax, VA 22032-1028
GMU MSN 5C1

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Sites at Tallwood in Fairfax and Lake Anne in Reston

LRI Catalog Winter 2004

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Registration Form

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All About LRI

Who We Are

The Learning in Retirement Institute (LRI), affiliated with George Mason University (GMU), offers daytime courses, lectures, special events and other activities during eight-week terms in the fall and spring, a four-week mid-winter term and a six-week summer program. There are no exams, no credits, no college degree required and no age threshold. Making new friends is an important part of the LRI concept. Social activities include luncheons and picnics.

Course leaders are qualified members of LRI and others who enjoy sharing their knowledge. We are particularly fortunate in our outside teachers and speakers, attracting well-known and knowledgeable persons from GMU, government, foreign embassies and private organizations.

Members pay annual dues of \$270, which entitles them to attend as many activities as they wish, subject to availability of space. There may be charges for required books and materials and for some special events. LRI offers scholarships for those in financial need; ask our Administrator at the Tallwood office for details.

LRI publishes *LRI Times*, a quarterly newsletter that keeps members informed about the Institute; *This Week at LRI*, published regularly during each term; a *Membership Directory* twice a year and a *Volunteer Handbook* for new members.

Log on to www.lri.gmu.edu
for more information.

LRI is a member of the Elderhostel Institute Network of similar organizations at colleges and universities in the U.S. and Canada. LRI is a nonprofit equal opportunity 501(c)(3) organization and does not discriminate on the basis of race, color or national or ethnic origin.

Where We Are

Most activities are held either at Tallwood, 4210 Roberts Road in Fairfax, or at the Washington Plaza Baptist Church at Lake Anne in Reston. LRI's main office is at Tallwood, with a satellite office at the Lake Anne church (open only during class hours). Both sites are handicapped-accessible, and free parking is available. Maps and directions for all locations are on the inside back cover.

How to Join

Any person may become a member beginning with the winter 2004 term (through fall 2004) by filling in the Registration Form on page 23 and submitting it to LRI with the required check(s).

If you would like to try us out first, during any two consecutive weeks you may visit one or more classes that are not oversubscribed. Check with the Tallwood office to find out whether the class you want to visit has space available.

GMU Privileges

LRI members are entitled to a GMU ID card, which allows you to check out books at the University Library, purchase items at the GMU computer and book stores and enjoy other campus privileges (but not free parking on campus). A GMU Intranet and email account is also available. To apply for or renew an existing ID card or account, visit the Tallwood office.

Friends of LRI

Members are encouraged to make tax-deductible contributions. Unless otherwise designated by the giver, contributions will primarily be designated for capital expenditures for LRI and for scholarships and other grants that LRI makes to GMU in recognition of the support provided us by the university. All contributors will be recognized as *Donors* to Friends of LRI. Those who contribute a total of \$100 or more during the year will be recognized as *Supporters*. Those who contribute a total of \$250 or more during the year will be recognized as *Patrons*. You may send contributions at any time, or you may include a donation with your Registration Form.

LRI Organization

LRI is a membership organization, with a Board of Directors elected by the membership. All activities are managed by LRI volunteers and a small paid staff. Members are encouraged to participate in the many support functions.

Board of Directors

President.....Bob Bohall
Vice President.....Kathryn Russell
Treasurer.....Don Yesukaitis
Secretary.....Eileen Duggan

Florence Adler	Carol Henderson
Gordon Canyock	Don Igo
Art Cook	Ceda McGrew
Michael Coyne	Palmer McGrew
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Development.....Eileen Duggan
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Finance.....Don Yesukaitis
Hospitality.....Art Cook
Membership.....Susanne Zumbro
Program Coordinator.....Carol Ferrara
Program, Special Events.....Florence Adler
Publications.....Carol Henderson
Reston Support.....Abbie Edwards
University Liaison.....Michael Styles

Administration

Administrator.....Joanne Lingerfelt
Registrar.....Jennifer Maloney
Admin. Assistants, Lake Anne
.....Mathilde and Richard Speier

Communications

Tallwood office, phone.....703-503-3384
Fax.....703-503-2832
Email.....lri@gmu.edu
Web site.....www.lri.gmu.edu
Lake Anne, Mathilde Speier.....703-927-5450
GMU mail stop number.....MSN 5C1

Program Committee

Courses, special events and ongoing activities are developed by the Program Committee.

Program Coordinator.....Carol Ferrara
Phone.....703-503-7866
Email.....cferrara@gmu.edu

Art Cook	Joan Salemi
Harold Davey	Elaine Schwartz
Carlyn Elder	Virlinda Snyder
RoseMary Gustin	Mathilde Speier
Tom Hartnett	Lilyan Spero
Caroline Hartzler	Audrey Sullivan
George Heatley	Carr Whitener
Don Igo	Craig Zane
Ceda McGrew	

Resource Group Chairs

Art/Music/Drama.....Barbara Lynch
Economics/Finance.....Don Igo
History/Social Studies.....Tom Hady
Language/Literature.....Carol Henderson
Religion/Ethics/Philosophy.....Joan Salemi
Science/Health/Tech.....Janet Meisenhelder

Class Liaison Coordinators

Tallwood.....Ceda McGrew
Reston.....Ann Goerold

Special Events Subcommittee

Chair.....Florence Adler

Barry Berkey	Norm Rosenberg
Velma Berkey	Virlinda Snyder
Fran Bouley	Carol Towse
Lillian Justice	Joan Tullington
Barbara Lanterman	Melinda Young
Lorraine Rosenberg	Craig Zane

Catalog Production

EditorGordon Canyock
Proofreader.....Josie Tucker
Formatter.....Jennifer Maloney
Keyboarder.....Minerva Reid
LRI Home Page.....Michael Coyne

Courses: Jan. 26 – Feb. 20

- ♦ All classes meet once a week during the term unless otherwise noted.
- ♦ Class hours are 9:30 – 11:00, 11:30 – 1:00, and 2:00 – 3:30, unless otherwise noted.
- ♦ For location of class sites, see maps on inside back cover.

100 Art, Music & Drama

101 Masters of the Early Renaissance in Italy

Thursdays, 2:00 – 3:30

Talkwood

Instructor: Rosemary Poole

This slide-illustrated course spans the years from just before 1300 until emergence of the High Renaissance at the turn of the 1500s. It was a time of great brilliance and saw an extraordinary flowering in the visual arts. Led by sculptors, the Italian artists broke away from the long dominant Byzantine style, instead finding their inspiration in the arts of classical Greece and Rome. A new naturalism appeared in art, first apparent in Giotto's famous Arena Chapel frescoes. The painter Masaccio, in a tragically short life, further developed Giotto's ideas, adding a new understanding of perspective. The city of Florence would benefit from elegant buildings of the architect Brunelleschi, designer of the dome of the Cathedral and the Pazzi Chapel, while the sculptors Ghiberti and Donatello would create such superb works as the Baptistery's Doors of Paradise and the fountain figure of the young David respectively. Finally, Botticelli brought the Early Renaissance to an end with his ethereal Madonnas and with decorative paintings known throughout the world, such as *La Primavera*, which used mythological subject matter.

Rosemary Poole has degrees in history and art history and has lectured widely in the Washington area on the Early Renaissance, Spanish, Netherlandish (Dutch) and British Art. She has given courses both at LRI and the Smithsonian and has taught at GMU since 1992.

102 Art of the Nation's Capital

Tuesdays, 2:00 – 3:30

Talkwood

Coordinator: Virilinda Snyder

Join us for an armchair visit to some of the wonderful museums Washington has to offer. Docents will come to LRI and expose us to a sampling of the fascinating artwork that Washington has to offer. Presentations include:

- "Life in America: America the Beautiful," Smithsonian American Art Museum
- To be determined, Corcoran Gallery of Art
- "An Encounter with Georgia O'Keeffe," National Portrait Gallery
- "Discover the Diversity of African Art," National Museum of African Art

103 Music and Healing

Tuesdays, 9:30 – 11:00

Talkwood

Instructor: Glenn Smith

The class will introduce topics relating to music as a healing art. Topics include a brief history of music and healing, theory of sound, cymatics, toning and overtone chanting as well as a survey of current vibrational modalities and theories.

Glenn Smith has more than 30 years of experience as a college teacher and composer of more than 400 works in a wide variety of musical styles. His music has been used therapeutically in hospital intensive care units, with challenged children and in a music education study involving mood problems in elementary school children. In his work with the elderly, he uses music to heal and renew body, mind and spirit. An experienced performer on a variety of instruments, he frequently performs his own music for lectures, seminars and workshops. In addition, he is a certified Reike Master Practitioner.

104 German Music Throughout the Ages

Tuesdays, 2:00 – 3:30

Lake Anne Church

Instructor: Barbara Harding

This course provides a short historical overview of various German musical styles: Lieder, folk music, symphonies, opera, oratorios, etc., including less well-known examples. We will learn about the lives and work of several representative composers and simply listen to a lot of beautiful music. (Lyrics with English translation provided.)

Barbara Harding, a native of Germany, studied economics at Munich University and German linguistics and area studies at Georgetown University. She taught for five years at Howard University and for over 20 years at Georgetown. She is an avid RV'er and a student of animal behavior.

105 Movie Classics

Mondays, 2:00 – 4:00

Talkwood

Coordinator: Renata Bardo

Join fellow LRI members as you view and discuss some favorite movies. You'll be transported to North Africa, Italy, New York City and the mind of a genius. Sit back and enjoy! Titles include *Casablanca*, *A Beautiful Mind*, *Roman Holiday* and *Woman of the Year*.

106 Meaning and Method in Painting

Mondays, 2:00 – 3:30, Feb. 2, 9, 16

Talkwood

Instructor: Maggie Siner

How is a painting constructed? Why does the artist choose some colors and not others? How does expression occur? What is the language of painting? What is a masterpiece? What is style? This course examines pictorial content and structure from the painter's point of view, i.e., how are form, space, light and color used for expressive purposes. Such an analysis is a journey toward understanding the inner dynamics of a painting and the role of structure as a carrier of meaning. Participants will acquire a new and deeper appreciation of art. Looking at paintings from the Renaissance to the present, the instructor will offer three thought-provoking

slide lectures. The instructor will speak from her years of experience as a painter, teacher and scholar sharing her knowledgeable insights and original ideas to expand your comprehension of the dynamics at work in successful paintings. This is not an ordinary art history class!

Maggie Siner's education includes a B.F.A. from Boston University and an M.F.A. from American University. She has exhibited widely including galleries in Washington, D.C.; New York; Boston and Paris. She has taught painting at the Lacoste School of the Arts in France, Xiamen University in China and American University in Washington and lectures frequently in colleges, museums and libraries wherever people are interested in art. Her paintings are in collections around the world. Currently, she teaches at the Washington Studio School.

107 Classical Music Discovery

Tuesdays, 2:00 – 3:30

Talkwood

Instructor: Stephen Vandivere

The exploration of mostly symphonic and chamber music of primarily 20th century composers continues with this term. The presenter will offer selections that are significant contributions to the modern repertoire, providing a balance between selections that are relatively easy on the ear with those that require more concentrated listening to appreciate fully. If the output of a composer is highly varied, more than one selection may be offered. When possible, a brief biography and a list of suggested other compositions to explore will be offered. For this 4-session term, the music of Carl Nielsen, Robert Simpson, John Adams, Alan Hovhaness, possibly Malipiero and others will be presented. Discussion by attendees of presented selections will be welcomed.

Stephen Vandivere has had no formal musical training but has a large collection of LPs and CDs and enjoys exploring new musical territory. He has a good listener's knowledge of serious music from the Baroque era to the present and has read many record reviews from *High Fidelity* magazine and books by and about composers and the music industry. He is eager to share his discoveries and have others share theirs.

108 Barbershop: An Original American Musical Art Form

Thursdays, 2:00 – 3:30, Feb. 6, 13, 20

Talkwood

Instructor: Mike Stoll

Barbershop music is a classical American art form performed by another American classic, the barbershop quartet: four people singing four different parts, without instrumental accompaniment, which results in beautiful music. Listen to actual recordings of turn-of-the-century and current champion quartets. Learn where the music got its origins and where it is today, and participate in creating barbershop harmony with easy-to-learn music. We will study the evolution of the barbershop style of singing and experience actual in-class training and coaching.

Mike Stoll has been singing barbershop since 1968 and is past president of the Fairfax Jubil-Aires Barbershop Chorus. Along with friends and singers from the group, he will share his experience and knowledge of barbershop.

109 The Ongoing Pleasures of Music

Mondays, 2:00 – 3:30

Lake Anne Church

Instructor: Gloria Sussman

Fix yourself a cup of tea or coffee, pick up a cookie and join other LRI members for a relaxing afternoon listening to a variety of recorded performances. Sessions will highlight discussions of chamber music, vocal literature and unusual instrumental combinations from the instructor's extensive collection of recordings. You do not need to have taken previous music courses to enjoy and learn from this class.

Gloria Sussman was coach of Musica Concordia, a small Reston-based vocal ensemble, and an accompanist for the Reston Chorale. A graduate of the University of Pennsylvania, with bachelor's and master's degrees in music education, she has taught piano and currently gives small recitals with her duet partner, Ellen Winner.

110 Readers' Theater

Thursdays, 11:30 – 1:00

Fairfax Christian Church

Coordinators: Lynn Gramszow, Manuel Pablo,

Eileen Duggan

Members will either participate each week as one of the characters in the plays selected by the coordinator or will be a part of the audience. We will continue to fine-tune our reading/acting skills, to learn more about plays and play-reading in general, and to have fun interacting with one another. We would like to encourage any LRI member who loves plays and the thought of "stepping into someone else's shoes" for a while, to try us out. To be successful, however, participants must be willing to set aside a small amount of time to practice with the other performers before the play is presented to the class.

111 Intermediate Watercolor Painting

Thursdays, 11:30 – 1:00

Talkwood

Instructor: Harriet Grever

Here's a chance for those with some experience to share their knowledge and enthusiasm for watercolor painting. Class members will critique each other and choose the subject to be painted. Students should be familiar with the use of materials. Class limit: 10.

Harriet Grever has painted for her own pleasure for many years and has exhibited her work at LRI.

112 Painting Workshop

Wednesdays, 9:30 – 11:00

Reston Storefront Museum at Lake Anne

Instructor: Peter Ball

It surprises and pleases me when I see the progress the LRI students who have been with me for a while have made! Painting is easy, fun and rewarding and I would be glad to teach and encourage anyone who will join my class.

Peter Ball has been painting for 50 years and has studied with many teachers in many places. He says he knows everything about painting, but is still figuring out how to get this information from his mind to his fingers.

200 Economics and Finance

201 The “New Deal” and Its Lasting Legacy

Tuesdays, 2:00 – 3:30

Talkwood

Instructor: Al Hirsch

Instigated by the cataclysmic economic depression of 1929-33, Franklin Roosevelt’s “New Deal” brought extraordinary federal intervention into America’s hitherto largely “laissez faire” private economy. The institutional changes introduced by the New Deal and its postwar extensions have been only partly reversed despite conservatives’ persistent efforts to curb “big government.” We will review the Federal Government’s role in the American economy prior to Roosevelt, examine the historic legislative actions and Supreme Court battles of the 1930s, assess the accomplishments and failures of the New Deal, trace its postwar extensions from the Employment Act of 1946 to Lyndon Johnson’s “Great Society,” analyze the (partial) reversals following Johnson’s presidency and assess what remains of that social revolution.

Albert Hirsch worked for 31 years at the U.S. Department of Commerce and was Assistant to the Director for Econometrics when he retired in 1994. Since then he has taught classes at senior adult programs in Maryland and has been active in the National Economists Club. He has a B.A. from Oberlin College and an M.A. and Ph.D. in economics from Duke University. He also spent a year studying econometrics with Lawrence Klein at the Wharton School.

202 Coping With Your Tax Returns

Wednesdays, 9:30 – 11:00, Jan. 28, Feb. 4, 11

Talkwood

Instructor: Marion Burgett

Learn how to fill out your personal income taxes in this three-session course. Will your tax returns be complicated this year by the sale of a house or the beginning of your IRA withdrawals? Are you up-to-date on deductions and credits? We will try to cover the changes in the tax laws and forms for both the IRS and Virginia. This three-week course will not

provide advice on tax-avoidance strategies or estate planning.

Marion Burgett is a former IRS taxpayer services representative.

203 Estate Planning for Retirees

Tuesdays, 9:30 – 11:00

Lake Anne Church

Instructors: Chris Allen, Ted Davis

Are you concerned about protecting and preserving your retirement assets and wealth for your spouse and/or future generations? Are you interested in learning about long-term care insurance policies? This course will guide you in making the most of your retirement income, discuss investment and estate planning strategies and take a look at the risks and costs involved with long-term care insurance. Topics will include wills, living trusts, probate, durable and medical powers of attorney, estate taxes, charitable trusts, gifting strategies and generational planning. The goal is to gain more control over your finances and protect what is important to you.

Chris Allen and **Ted Davis** are licensed financial advisors for American Express Financial Advisors and work with individuals, families and small business owners to help them achieve financial security. Chris Allen is a graduate of Indiana University and Virginia Tech. He belongs to the Reston Chamber of Commerce. Ted Davis is a graduate of George Washington University. He belongs to the Springfield Chamber of Commerce.

204 Investment Forum

Wednesdays, 11:30 – 1:00

Talkwood

Moderator: Thomas Crooker

This forum is an ongoing investment discussion group that meets regularly throughout the year. The primary focus is on individual stocks. Other topics may be chosen broadly from the entire field of investing. Sessions typically include prepared presentations by members and extemporaneous discussion. Member participation is encouraged.

Thomas Crooker is a retired engineer who has taught at the college level and is a long-time student of the stock market.

300 History and International Studies

301 History of the Opium Wars

Mondays, 9:30 – 11:00

Talkwood

Instructor: Stephen O'Meara

Examine the Opium Wars and their role in expanding and defining Chinese trade relations with the West.

Stephen O'Meara has a background in military history and a B.A. in philosophy from GMU.

302 America Enters the World Stage: 1890-1940

Wednesdays, 9:30 – 11:00

Talkwood

Instructor: Michael Styles

The United States was heavily involved in heading off foreign threats during the first 50 years of the Republic. It was then left largely unmolested and uninvolved until the 1890s when it assumed an on-again, off-again role on the world scene, to be broken by Pearl Harbor and the Cold War. Some historians now see the origins of preemptive wars and democratizing troublesome countries in the 50 years between 1890 and 1940. This course will review U.S. foreign relations during this period from a world perspective. You can decide for yourself whether it bears any relationship with current "preemptive wars of liberation."

Michael Styles, a long-time member of LRI and teacher of other courses on the American past, likes to think there are lessons to be learned from history. He is the author of the recently published *Captain Hogan: Seaman, Merchant, Diplomat on Six Continents*.

303 Europe Challenges America

Wednesdays, 11:30 – 1:00

Talkwood

Moderator: Peter Poole

The European Union aims to become a "superpower, but not a superstate." It is now capable of challenging the U.S. in many policy areas, including trade, finance, the environment and increasingly in

foreign and security policy. Representatives from EU embassies and the EU Commission will join us to discuss this new relationship.

Peter A. Poole is a retired Foreign Service Officer whose latest book is *Europe Unites: The EU's Eastern Enlargement*.

304 Jamestown—The Good, the Bad and the Ugly News From Virginia

Thursdays, 9:30 – 11:00

Talkwood

Instructor: John Carter

By examining the interaction of the various cultures (white, red, and black) that lived within the Jamestown colony from the arrival of the English in 1607 until 1699, when the capital was moved to Williamsburg, we will explore what the settlers and historians found to be good and bad about the colony and how popular myths of Virginia fit into reality. We will also look at recent discoveries at Jamestown.

John Carter is an Admissions Officer for Strayer University in Woodbridge. He has spent over 25 years in college and university administration, has degrees from Ferrum College, the University of Tennessee and GMU, and is completing an additional M.A. in history at GMU. He is editing a book of Civil War letters from his great-great-grandfather, William Cowan McClellan, to be published by the University of Alabama Press this coming year.

305 Reconstructing Virginia: The Post-Civil War Years

Tuesdays, 11:30 – 1:00

Lake Anne Church

Instructor: Rita Koman

The Virginia of today was spawned in the waning days of the Civil War. A downtrodden population was living in a devastated, defeated and debt-ridden state when the war ended. Find out how federal occupation, the Freedmen's Bureau and a mandated new state constitution laid the foundation for Virginia's future. Gain an understanding of the immense task that Virginians, white and black, faced as their society was reconstituted without chattel bondage. Former slaves tried to transition to freedom while their former masters attempted to regain control of both their land and their labor

force. Comprehend how the promise of total freedom for all Virginians led to a long road heading well into the twentieth century.

Rita G. Koman has a B.A. in history from Coe College in Cedar Rapids, Iowa, and an M.A. in history from the University of Maryland, College Park. She taught history and government at the high school and community college levels for 18 years. She has been a curriculum specialist for the past 12 years.

306 The Civil War in Northern Virginia and Washington

Mondays, 9:30 – 11:00

Lake Anne Church

Instructor: Bob Webb

Explore the rich local history of the Civil War and discover ideas for your own site visits, day trips, courses, and reading. In a series of four lectures, we will examine:

- The political, economic, social and geographic factors that led to secession and war, as experienced by residents of Washington and Fairfax/Loudoun—the northernmost reach of the Confederacy.
- The Potomac fortifications and early engagements in Northern Virginia—the occupation of Alexandria and Arlington; skirmishes in Fairfax, Vienna and Dranesville; the Union disaster at Balls Bluff and its consequences for Lincoln.
- The great battles fought nearby—First and Second Manassas, Antietam, Gettysburg, and two legendary campaigns—Jackson in the Valley and Mosby's guerrilla war in our own backyard.
- The war years in Washington: isolation, terror and the construction of formidable defenses. The struggle toward emancipation. Washington as a hospital town and supply base. The celebration of victory, the agony of assassination and revenge on the gallows.

Robert A. Webb had a 41-year career as newspaper editor, mostly at the *Washington Post*, and has written about the Civil War and historic preservation for the *Post* and other publications. He has taught courses at LRI about America's colonial history and other topics.

307 International Relations in the Post-World War II Era

Mondays, 9:30 – 11:00

Talkwood

Instructor: Orval Hansen

The United States has played a major role in international political, military and economic relations since World War II. We will survey the origins of international institutions and alliances, the Truman Doctrine, the Marshall Plan, the Cold War, nuclear nonproliferation policy, international trade, the conflicts in the Middle East and events in the Soviet Union and Eastern Europe following the fall of the Berlin wall.

Orval Hansen has a B.A. from the University of Idaho, a J.D., LL.M. and Ph.D. in political science from George Washington University. He completed a year of post-graduate study at the London School of Economics and Political Science. He practiced law in Idaho and served ten years in the Idaho legislature and six years in the U.S. House of Representatives. Following retirement from Congress he founded and served as president of the Columbia Institute for Political Research, a Washington-based organization devoted to public policy research and education.

308 Current World Events Seminar

Mondays, 2:00 – 3:30

Talkwood

Moderator: Gordon Canyock

Tired of yelling at the TV whenever the news comes on? Try out an experimental course where you will get to express your opinions and compare notes with fellow news junkies on international issues in a roundtable discussion. Topics will depend on what has been covered by local newspapers and TV network news during the preceding week, but a central theme will be assigned in advance for each session to focus at least part of the discussion on a particular area of the world. Class limit: 15

Gordon Canyock has a B.A. from Cornell University in political science, an M.A. from the University of Kansas in Soviet area studies, and is a graduate of the U.S. Army Russian Institute. He gained an appreciation for international relations while serving overseas in the Army and as a consultant at the State Department.

309 World War II: Untold Stories, Unsung Heroes

Mondays, 11:30 – 1:00

Tallwood

Coordinator: Carr Whitener

In this third course of the “Untold Stories, Unsung Heroes” series, we again will have speakers who have been asked to relate their personal experiences during selected phases of the memorable and tumultuous time of World War II.

- “Battle for Guadalcanal and the Solomon Islands, South Pacific, 1942”: Bill Boehm
- “A Pilot’s Experience in the Mighty Eighth Air Force, Europe, 1944-1945”: Kermit R. “Rudy” Pope
- “Valor Without Arms: 316th Troop Carrier Group, 1942-1945”: Michael N. Ingrisano, Jr.
- “Surviving in the Auschwitz Holocaust Concentration Camp”: Rabbi Laszlo Berkowitz

310 An Inside Look at Foreign Affairs

Thursdays, 11:45 – 1:15 (Note time change)

Christ Lutheran Church, 3810 Meredith Drive,

Fairfax (See box below)

Coordinator: Roman Lotsberg

Retired Foreign Service Officers (FSO) and others will discuss and answer questions about:

- “Whither Russia after Duma Elections”: Charles T. Vetter, Jr., USIA Training Officer, retired.
- “The U.S. and the Western Hemisphere”: William Jeffras Dieterich, FSO, retired.
- “The Arabian Peninsula and Iraq”: Stephen W. Buck, FSO, retired
- “Public Diplomacy in Two Multilateral Missions, MBFR and OECD”: Aurelius Fernandez, FSO, retired.

New Offsite Classroom

On several occasions last year we had many more members sign up for a course than we were able to fit in our largest Tallwood classroom and had to turn people away. This semester we are testing a new option by conducting a class at an offsite location in Fairfax City. The Christ Lutheran Church, located at 3810 Meredith Drive, will host our Foreign Affairs course in their Fellowship Hall, which can seat about 150.

400 Literature

401 The World of Literature: Selections from Fiction, Poetry, and Drama

Thursdays, 9:30 – 11:00

Lake Anne Church

Instructor: Vera Wentworth

This course covers selected works from the three literary genres, fiction, poetry and drama. We will read and discuss short fiction by Graham Greene and Edith Wharton; enjoy selections from great poems in the English language; and study Molière’s play *The Misanthrope*.

Vera Wentworth has taught literature at the college level for 30 years.

402 Empire Lives

Tuesdays, 9:30 – 11:00

Lake Anne Church

Instructor: Jane Catron

Memoirs by three masterly writers whose youths and perspectives were largely formed by the world of the British Empire, into which all were born, will be read and discussed. Winston Churchill’s account of his schooldays at Harrow and George Orwell’s at St. Cyprian’s will be followed by their accounts of their service as young men: Churchill in South Africa and Orwell in Burma. These essays will be provided to students in class for a nominal fee. The last two sessions will examine Jill Ker Conway’s *The Road from Coorain*, a remarkable narrative of her journey from a remote sheep station in Australia to a graduate student at Harvard University. The book is on order at Reston’s Barnes & Noble.

Jane Catron holds a master’s in liberal studies from Georgetown University where she continues as a liberal studies fellow. She is a retired teacher from McLean High School where she taught English literature extensively, usually in conjunction with a Western Civilization program.

403 With an Editor’s Eye

Mondays, 9:30 – 11:00 Jan. 26, Feb. 2

Tallwood

Instructors: Bob Middlemiss, Jeanne Trapani

Ever wonder how to arrange thoughts and ideas so that they flow easily from the page to the reader? This two-week course will help you sort through text as an “editor” and introduce you to various editorial styles and publishing guides. We’ll revise written material and prepare it for publication. Focus during the second week of the course will be on copy-editing, using a keen eye to look at text word-by-word.

Bob Middlemiss’ novels have been reviewed in the *New York Times*, *Publisher’s Weekly* and *Book List*. He is editor-in-chief of Durban House Publishing Company, Dallas.

Jeanne Trapani works for ESI International. She has her own editing company, Ayewrite Services, and has edited fiction/nonfiction books and written and edited technical and scientific articles and reports. She has an M.A. in English with a concentration in professional writing and editing.

404 Literary Roundtable

Wednesdays, 11:30 – 1:00

Reston’s Used Book Shop at Lake Anne

Moderators: Janice Dewire, Carol Henderson

Continuing the study of the ever-fascinating short story, this term we will finish the stories in *The Oxford Book of English Short Stories*, edited by A. S. Byatt. This book includes 37 stories, and we will discuss three or four stories each week. Members will be expected to help lead discussions and to share their questions, insights and ideas. You do not need to have taken the previous courses.

Janice Dewire has a B.A. in home economics and an M.A. in elementary education from Syracuse University. A past president of LRI and current board member, she has a never-ending enthusiasm for adult learning.

Carol Henderson, a short story enthusiast and LRI board member, has a B.A. in English from Ohio State University and an M.S. in library science from The Catholic University of America.

405 Poetry Workshop

Tuesdays, 11:30 – 1:00

Talkwood

Moderator: Barbara Achilles

The Poetry Workshop, founded in 1991, auditions and critiques original poetry submitted by members

of the group. It does not teach how to write poetry, nor does it focus on reading the poetry of well-known poets. Beginners as well as experienced poets are welcome. Emphasis is on encouraging the positive aspects of each poet’s work and suggesting changes that might be made to improve the poem. Members are expected to bring to each session either a new poem or a revised one previously critiqued by the group. The “Poets of Tallwood” have published three volumes of original poetry and have presented readings for the past seven years. Some members have won prizes in poetry competitions and have had poems selected for inclusion in a regional anthology and other publications.

Barbara Achilles is a retired intelligence officer with a bachelor’s degree in music from the University of Rochester/Eastman School of Music. She is a published poet and has been a member of the LRI Poetry Workshop for the past 12 years, serving as its moderator for the last five years. She is a member of the National League of American Pen Women, the Poetry Society of Virginia, and the Poetry Society of America.

406 Short Stories in the American Wilderness

Thursdays, 2:00 – 3:30

Talkwood

Instructor: Andrew Wingfield

Wild locales have attracted first-rate American fiction writers for as long as Americans have been writing fiction. We will begin with works by Washington Irving and Nathaniel Hawthorne and then work our way up to present-day authors such as Barry Lopez, Pam Houston and Rick Bass, whose work confirms the viability of wilderness as a site and subject for powerful fiction. Along the way, we will track the evolution of the wilderness idea in America and consider how the short stories we are reading reflect prevalent themes and critical phases of this country’s ongoing relationship with wilderness.

Andrew Wingfield earned his M.A. in English literature from the University of Chicago and M.F.A. in creative writing from GMU. He is on the faculty of GMU’s New Century College, where his courses form part of the core curriculum for the concentration in Conservation Studies. His first novel, *Hear Him Roar*, will be published in early 2004.

500 Languages

501 French Conversation

Mondays, 11:30 – 1:00

Talkwood

Instructor: Odette O'Donnell

Again this term you can enjoy practicing your French in a relaxed atmosphere. Conversations will focus on everyday life in France, vacations and national and international news.

Odette B. O'Donnell taught French and Farsi for 23 years at the Federal Government's Language School. She has been teaching at LRI for several years.

502 Conversational Spanish for Travelers

Wednesdays, 11:30 – 1:00

Talkwood

Instructor: Catalina Velez

Practice your Spanish skills in a course focused on practical applications of Spanish in such everyday situations as using transportation and phone systems, checking into a hotel, ordering in a restaurant and shopping. Participants should have some knowledge of Spanish.

Catalina Velez, a native Spanish speaker, was born and grew up in Colombia, South America. She immigrated to the U.S. with her husband and son in 1964. Her education and work experiences are in the financial arena. She worked for the Washington Metropolitan Area Transit Authority for 22 years as a budget analyst and as a stockbroker for seven years for a Maryland financial institution.

503 Intermediate Italian

Tuesdays, 11:30 – 1:00

Talkwood

Instructor: Renata Bardo

This course is for those with previous exposure to the Italian language. We will review the first 12 lessons in *Ultimate Italian, Basic-Intermediate* by Salvatore Bancheri (Living Language Series, Random House). New vocabulary and more complex grammar will be added. Class participation and

homework are expected. The course will focus on conversation as well as grammar.

Renata Pia Bardo is a native of northern Italy and studied two years at Bocconi University in Milan. She has given private lessons to adults and children and taught at the Berlitz School of Languages for two years and at LRI for several years.

600 Philosophy, Ethics and Religion

601 *Pirket-Avoth* (The Teachings of Our Fathers)

Tuesdays, 11:30 – 1:00

Lake Anne Church

Instructor: Frank Ridge

Arguably, the most important part of the Talmud, the commentaries on the Bible, *Pirket-Avoth* (The Teachings of Our Fathers) provides the ethical basis for Judaism, compiled over a period of 500 years. In addition, selections from Rabbi Joseph Telushkin's book, *The Book of Jewish Values*, a day-by-day guide to ethical living, will be interwoven with teaching of *Pirket-Avoth*, bringing a present day relevance to our discussion. Written materials will be available before the first class so that we may discuss various readings. There will be a \$3.00 fee for materials.

Frank Ridge is a semiretired financial consultant, teacher, student and writer.

602 Getting to Know the Great Heroes and Villains of the Old Testament

Wednesday, 9:30 – 11:00

Talkwood

Instructor: Steve Ruth

The cast of Old Testament characters numbers in the thousands—patriarchs, judges, kings, prophets, prostitutes, musicians, priests, farmers, merchants, generals, hunters, soldiers and many more. We will discuss some of the best-known of these: heroic women like Sarah, Deborah, Huldah, Jael, Ruth and Esther; the patriarchs from Adam to Joseph; Moses

and Joshua; David and Solomon; the good and bad kings (and one queen) of Judah and Israel; major prophets (Isaiah, Jeremiah and Ezekiel); and post-exilic leaders like Ezra and Nehemiah. These famous Biblical figures will be examined in the context of their stories and themes, using a descriptive and historical, not doctrinal approach. Persons from all faiths are welcome; everyone is encouraged to bring a personal Bible and be prepared to do a short homework assignment before each class. There will also be brief examples each week of audio, text and video resources available on the World Wide Web.

Stephen Ruth is a Professor in the School of Public Policy at GMU, specializing in technology diffusion in developing countries. He has been reading the full Bible every year for a long time and recently finished a book of reflections on the Bible, *Granddaddy in Bibleland: Daily Readings and Reflections, A Layman's Guided Journey into the Complete Old and New Testament*.

700 Social Studies

701 Cognition and Aging

Thursdays, 9:30 – 11:00

Talkwood

Instructors: Ralph Barocas, Linda Chrosniak, Catherine Ayres, Jane Flinn

Keeping mind and body working as we age sometimes seems to be a full-time job. This course, arranged for LRI by the Psychology Department at GMU, will help us explore various aspects of aging. Instructors will present current research, some done here at LRI, on the latest theories about getting older.

- “Myths of Aging”: Ralph Barocas, Professor of Psychology, GMU
- “Emotional Wellness”: Catherine Ayers, Ph.D. candidate, using data from LRI members for her study
- “False Memory”: Linda Chrosniak, Professor of Psychology
- “Alzheimer’s Disease and Metals”: Jane Flinn, Associate Professor of Psychology

702 A Better Way to Live: What Makes a Good Community?

Tuesdays, 9:30 – 11:00

Talkwood

Instructor: Shelley Mastran

Can a good community be designed? What are the elements of a good community? This class will examine past and present efforts in America to create the ideal community—a place where the physical setting fosters and complements economic and social harmony. From utopian communities of the 19th century, to the Greenbelt communities of the New Deal, to “garden cities” like Reston and Columbia, to contemporary suburbs designed by the New Urbanists, planners have sought to engineer an ideal environment. Through numerous examples and case studies, we will examine the elements of community design and seek to understand what constitutes a good community.

Shelley Mastran, a former director of the Rural Heritage Program of the National Trust for Historic Preservation, is a preservation planning consultant. She has taught geography at the University of Maryland and George Washington University and teaches preservation planning at the University of Virginia. She is coauthor with Samuel N. Stokes and A. Elizabeth Watson of the second edition of *Saving America's Countryside*, published in 1997. She earned a B.A. in English from Vassar College and a Ph.D. in geography from the University of Maryland. She writes and lectures on a wide range of land use, development and preservation issues.

703 All the News That's Fit to Print

Thursdays, 11:30 – 1:00

Lake Anne Church

Moderator: Art Hill

We live in an age of information overload from TV, radio, the Internet, magazines and newspapers. Many of us depend most on our newspapers to bring us news about world events, popular trends, and advances in science, business, sports and entertainment. In this seminar, we will look at hot topics of the day. All opinions are welcome for what should be a lively discussion of the news.

Art Hill has been a member of LRI for six years. He is a retired attorney who is active in community organizations in Reston.

800 Science, Health and Technology

801 Mind-Stretching Concepts of Modern Science

Mondays, 11:30 – 1:00

Lake Anne

Instructor: Richard Speier

In recent decades, physics and cosmology have created pictures of the universe that “are not only stranger than we have imagined, but stranger than we *can* imagine.” This course, non-mathematical and directed to the layman, offers an appreciation of these ideas. To prevent the course from becoming too bizarre, it will touch on complementary, sanity-preserving suggestions from philosophy and literature.

Richard Speier has observed scientific developments since earning his physics degree from Harvard. His day job deals with the proliferation of mass destruction weapons.

802 Insights into the Science and Technology of Today

Mondays, 11:30 – 1:00

Talkwood

Coordinators: RoseMary Gustin, Janet Meisenhelder

It's time to stretch your mind. Join the following distinguished science and technology experts as they discuss the latest ideas in their areas of expertise in terms the layman can understand. There will be ample opportunities for questions and discussion at each of the following class sessions:

- “Population Trends of Migratory Birds”: Dexter Hinkley, retired entomologist
- “Space Weather and the Sun: There Really Are Storms Out There”: Arthur I. Poland, School of Computational Science, GMU
- “Could Einstein Have Been Wrong?; Are Faster Than Light Speeds Just Science Fiction?”: Robert Ehrlich, Professor of Physics and Astronomy, GMU
- “Quantum Mechanics”: Maria Dworzecka, Professor of Physics and Astronomy, GMU

803 Searching for The Primary Theory

Thursdays, 9:30 – 11:00

Talkwood

Instructor: Sam Saltoun

Shakespeare's *As You Like It*, contains these well known lines: “All the world's a stage, and all the men and women merely players.” Now modern physics lets us take a peak behind the curtain. Dare to have a look? Join us for this thought-provoking, philosophical romp through the most bizarre of today's unsolved problems in physics and the search for “The Primary Theory,” theoretical physics' Holy Grail. The Primary Theory would describe the Universe at the moment of its birth, explain why relativistic invariance and quantum uncertainty are the rules of nature, account for the meaning and number of dimensions, derive space-time, and ultimately reveal the origin of the laws of physics. Beginning with the “Big Bang,” we will examine how our physical universe has expanded into what we see today and what its future may hold. Leave your math phobia at home and bring your imagination. Adventurers can look forward to a paradigm shaking experience. Timid souls beware!

Sam Saltoun has had a lifelong love of physics, and like most of us, a yearning to understand how nature really works. Fortunately, he is not a professional physicist, which frees the class of the burden of believing him (and frees him of the burden of having to always be right). To his credit however, he is a registered Professional Engineer and has served a three-decade career in the United States Navy. He is currently an engineering and management consultant and is planning a third career as a high school physics teacher.

Future Term Dates

Spring 2004
Summer 2004
Fall 2004
Winter 2005

Mar. 29 – May 21
June 22 – July 29
Sept. 20 – Nov. 12
Jan. 24 – Feb. 18

900 Other

901 Digital Photography: All Positives and No Negatives

Mondays, 9:30 – 11:00

Lake Anne Church

Instructor: Abbie Edwards

Now that we are in the Computer Age, the world of photography is taking on a new turn. Digital Photography is the photography of the future. But is it right for you? Learn the costs and capabilities of digital cameras and their needed accessories that are available for amateurs. Learn to take digital pictures and to put your pictures on the computer, organize them into files, make corrections and then put them into a slide show. Learn how to improve the quality of your pictures by lightening, darkening, controlling contrast, correcting red eye, etc. The boxes of pictures taking up space in your closet and trips to the photo store will be no more! A digital camera is not needed for class participation.

Abbie Edwards has operated her own professional photography studio, providing portrait, commercial, wedding and special event services. Her photos have appeared in several Reston publications and she has taken pictures for the Reston Association and the Committee for Dulles. She retired as the photography instructor at Herndon High School and now teaches photography classes at the Reston Community Center.

902 Thriving in Retirement 101

Tuesdays, 9:30 – 11:00

Talkwood

Instructor: Richard Goldman

This is an introductory workshop designed to help you maximize your enjoyment of living with meaning and purpose at this time of your life. An experiential program, it will give participants the opportunity to interact and develop their ability to thrive in their activities, friendships and family relationships, as well as addressing the promotion of mind-body wellness. It will examine better options in dealing with the challenges of the physical and emotional transitions in our lives. Thriving 101 will be a prerequisite to Thriving 102, which will focus further on mind-body wellness and relationships.

Individuals and couples are welcome. Materials fee: \$8.00 payable to the instructor at the first class. Class limit: 20

Richard M. Goldman, D.D.S., M.A., is a National Certified Counselor, Licensed Professional Counselor and Professional Coach. He and his wife, Patty, created the ACT II Retreat Center Wellness Program and its Transition Strategies Coaching Program, running them for the past ten years and presented Thriving in Retirement 101, 102 and 201 in 2002-2003. He is a Certified Pairs® (Couples) Facilitator, a faculty member at Marshall University Graduate College Department of Counseling and adjunct faculty at GMU. Dr. Goldman was also an assistant clinical professor at the Georgetown University Medical Center and a practicing dentist until his retirement from that profession.

903 Thriving in Retirement—Issues of the Day 202

Thursdays, 11:30 – 1:00

Talkwood

Instructors: Richard Goldman and Patricia Goldman

Thriving in Retirement 202 is an experiential program that will offer the participants the opportunity to interact and further develop their ability to thrive in their retirement years. It will focus on “Issues of the Day” with which participants wish to deal. Thriving in Retirement 101 and 102 are prerequisites for this course. Class limit: 10.

Richard M. Goldman, D.D.S., M.A., and his wife, **Patty**, are National Certified Counselors, Licensed Professional Counselors and Professional Coaches. They created the ACT II Retreat Center Wellness Program and its Transition Strategies Coaching Program, running them for the past ten years. They are Certified Pairs® (Couples) Facilitators and faculty members at Marshall University Graduate College Department of Counseling and adjunct faculty at GMU. Dr. Goldman was also an assistant clinical professor at the Georgetown University Medical Center and a practicing dentist until his retirement.

904 Travel on the Web

Wednesdays, 9:30 – 11:00, Jan. 28, Feb. 4

GMU Telework & Training Center

Instructor: Anne Walsh

Discover the many travel sites on the Internet that can help you plan your next trip. Learn where to

find airfares, cruises, tour packages, rail passes, cars, hotels and specials, both domestic and international. Know when to purchase online and when it's best to call the airlines. Just a click away is information on weather, currency exchange, safety tips and travel advisor warnings. See how to get theater tickets and check your seats in the theater. The armchair traveler can take virtual tours of famous museums and other attractions. Include a lab fee of \$20 with your Registration Form. The Training Center is located at 4031 University Drive, Suite 110, Fairfax. Class limit: 12.

Anne Walsh worked as a professional Web surfer for over two years. She has a home-based travel office.

905 Travel on the Web

Mondays, 2:00 – 3:30, Feb. 9, 16

GMU Telework and Training Center

Instructor: Anne Walsh

This class is a repeat of the course offered above.

906 Garden Classics

Tuesdays, 11:30 – 1:00

Talkwood

Coordinator: Velma Berkey

Learn about four separate kinds of gardening:

- Jan. 27: "Rose Growing: Easier Than You Think." Did you always love roses but thought they took up too much time and effort? Dr. Robert Knerr and his wife, Linda, will convince you that you too can grow prize-winning roses by giving only 15 minutes per week of minimal effort for a garden of 25 roses. The Knerrs, rose growers for over 30 years, have exhibited and won locally and nationally. Both are consulting rosarians for the American Rose Society.
- Feb. 3: "Introduction to the Planted Aquarium." Robert Ricketts, member of the Greater Washington Aquatic Plant Association will present an overview of the basics of Aquatic Gardening. This innovative technique of gardening in a fish tank with plants is great for those with limited gardening space. Either way it's an "in" niche in gardening.
- Feb. 10: "Fundamentals of the Art of Bonsai." Carole Roelofs, President of the Northern Virginia Bonsai Society will entertain us with a presentation drawn from 20 years of studying bonsai, conducting

bonsai workshops and exhibiting her own Bonsai trees at the National Arboretum.

- Feb. 17: "Indoor Bloomers." Ever wonder how those flowers in the supermarkets keep flowering at the store indoors? Ann Wilt (not a pun), Manager of the Floral Department at Giant Food (Ashburn), is an expert at this skill. Her presentation will focus on how we can take proper care of flowering indoor wonders that so many of us buy, bring home and watch die.

907 T'ai Chi

Thursdays, 2:00 – 3:30

Lake Anne Church

Instructor: Elaine Schwartz

This ancient Chinese discipline and martial art has many variations. We will learn the simplified Yang style. The 24 movements should help you improve your balance and flexibility.

Elaine Schwartz has studied T'ai Chi for seven years and has been an assistant instructor for about three years. She is still learning the refinements and enjoys the practice and the rewards of the discipline.

908 Italy From North to South: Exploring Culture, Cuisine and Wine

Thursdays, 2:00 – 4:00, Jan. 29, Feb. 5

Il Cigno Restaurant, Lake Anne Plaza

Coordinators: Tony Arbid, Renata Bardo, Eric Henderson, Andrea Pace

Taste all the cuisines of northern and southern Italy at the Restaurant Il Cigno. From the breathtaking Alps and the romantic Venetian waterways of the North to the South's sun-kissed Amalfi coast and picturesque fishing villages in Sicily, Italy is a mosaic of distinct regions. In this two-session class you will learn about the unique heritage, customs, food and wine of the two very different locales. Join us for some fine cuisine in Il Cigno's continental atmosphere. Executive Chef Andrea Pace will prepare a three-course tasting menu that will be accompanied by samples of specially selected wines of the regions. You may sign up for either Northern Italy or Southern Italy or both. Cost for each session is \$26.00. Please enclose a check with your registration form. *Arrivederci al ristorante Il Cigno.*

Special Events

For location of special event sites and directions, see maps on inside back cover.

- ◆ Check with the coordinator if you have questions about a special event.
- ◆ Include any fees for events in separate checks with your Registration Form.
- ◆ You must sign the waiver on the back of the Registration Form for all bus trips.

A. Indian Cuisine

Wednesday, Jan. 21, 1:30

Minerva Restaurant, Fairfax

Coordinator: Art Cook ☎ 703-764-2993

Join us for a delicious buffet luncheon at Minerva Fairfax, a restaurant that offers the authentic taste of different regional specialties from India. Our host and speaker, Mr. Benny Cardozo, who was born and raised in Goa, southwestern India, will tell us about the cuisines of some of the many regions and religions in India. The buffet will consist of several appetizers, entrees and some soups and breads. The price of \$10.00, payable with your Registration Form, includes the buffet plus a non-alcoholic beverage, tax and gratuity. Directions to the restaurant will be provided after registration.

B. Life Safety Issues

Wednesday, Jan. 28, 2:00 – 3:30

Talkwood

Coordinator: Florence Adler ☎ 703-455-6658

Mary Cramer, coordinator of the older adult programs for the Fairfax County Fire and Rescue Department's Life Safety Education Section, is a certified EMT and an instructor/trainer with the American Heart Association. This session will cover important and potentially life saving information regarding fire safety and emergency medical preparedness in the home. Topics will include the *File of Life* emergency medical information card, home escape planning and fire/smoke alarm maintenance, emergency "to go" kits and general home fire safety.

C. Moon Over Buffalo

Sunday, Feb. 1, 2:30

Reston Community Center, Hunters Woods

Coordinator: Florence Adler ☎ 703-455-6658

The Reston Community Players present *Moon Over Buffalo* by Ken Ludwig, author of *Lend Me a Tenor*. It is the year 1953 and America's sweethearts, George and Charlotte Hay, are stumbling through Buffalo, NY, as the stars of a sad repertory company. While their fate seems dark, there might be one last shot at Hollywood stardom. In this traditional farce, add to the mix a daughter, a dull fiancé, a deaf mother-in-law, a smarmy entertainment lawyer and a pregnant ingénue. There are also swashbuckling sword fights and some oddly delicious coffee, and your sides will be aching from the nonstop laughter. Tickets are \$11, payable to LRI with your Registration Form. A section of seats will be reserved for LRI members. Directions to the Reston Community Center in the Hunters Woods shopping center will be available to you after registration.

D. The Library of Congress and National Postal Museum

Bus Trip

Friday, Feb. 6, 8:30 – 4:00

Coordinator: Florence Adler ☎ 703-455-6658

The Library of Congress was established by an act of Congress in 1800. Our docent-led tour of the Thomas Jefferson Building, which opened in 1897, will include its glorious Great Hall, which rises 75 feet from marble floor to stained glass ceiling. Marble columns, staircases, mosaics and paintings make this one of the most beautiful public buildings in America. The Library has a very extensive security check at the entrance. All

visitors must pass through a metal detector and all carried items must pass through an x-ray inspection. The Library police will deny entry to anyone carrying knives or other sharp objects. We will reboard the bus at 12:00 to go to Union Station for lunch on our own and then cross the street to the Smithsonian's National Postal Museum. Our docent-led tour is scheduled to start promptly at 1:15 and will feature the highlights of the museum. The tours at both sites are approximately 45-60 minutes each in length, allowing us some time to browse on our own and visit their gift shops. The bus will leave promptly at 8:30 from Fair Oaks Mall Lot #8, which is located outside the circumferential road—service road—in the area between the two entrances to the Mall from Route 50. The fee of \$17, payable with your Registration Form, covers the cost of the bus fare and driver gratuity.

E. An Overview of Urban Wildlife

Wednesday, Feb. 11, 2:00 - 3:30

Tallwood

Coordinator: Florence Adler ☎ 703-455-6658

Join Fairfax County's Wildlife Biologist, Earl Hodnett, for an in-depth look at some of our

wildlife species and the controversies that surround them. This program will highlight some of the past, current and future issues with urban wildlife found within Fairfax County. Participants will quickly realize there are no simple answers to urban wildlife problems. This will be an excellent opportunity to have wildlife questions answered. Discover why the "easy answers" are repeatedly proposed but are not implemented. Learn all the facts and then reach your own conclusions.

F. Trip Tale – Scotland

Wednesday, Feb. 18, 2:00 – 3:30

Reston Community Center at Lake Anne

Coordinator: Virinda Snyder ☎ 703-339-5748

LRI members Lynn Gramzow, Barbara Lynch, Ann Shell and Nancy Jarvis will report on their trip to Scotland in August 2003. Their presentation will include power-point slides and a video on the Tatoo, a very popular show featuring song, dance, marching bands and many other spectacular offerings.

LRI Closing Policy

LRI will not hold classes or events (and the Tallwood office will be closed) when Fairfax County Schools are closed for the day because of inclement weather or area-wide emergencies. We will remain open when schools open late. Tune in to your TV or radio for closing announcements when the weather is bad or emergencies exist. You can also check the Tallwood answering machine (703-503-3384). Note that Fairfax County Public Schools are closed for non-weather reasons on January 26, 27 and February 16, but LRI will be in session.

Ongoing Activities

- ◆ All LRI members are welcome at these ongoing activities. You do not need to register to attend.
- ◆ Check with the Coordinator if you have questions.

Book Club at Tallwood

Second Wednesdays, 10:00 - 11:30, Jan. 14, Mar. 10

1:30 - 3:00, Feb. 11

Coordinators: Ceda McGrew ☎ 703-323-9671
Kathryn Russell ☎ 703-323-0168

The book club, now in its tenth year, discusses both fiction and nonfiction. On January 14, the book will be *Empire Falls*, by Richard Russo. The February 11 selection is *Seabiscuit: An American Legend*, by Laura Hillenbrand. On March 10, we will discuss *Grapes of Wrath*, by John Steinbeck.

Bridge Club

Wednesdays, 10:00 - 12:00, Jan. 7, 14 and 21;

1:30 - 3:30, Jan. 28, Feb. 4, 11, 18

Talkwood

Coordinators: Gordon Canyock ☎ 703-425-4607
Susanne Zumbro ☎ 703-569-2750

If you like playing bridge for fun, then drop in any time on the Bridge Club and enjoy the friendly atmosphere of “party bridge.” Skill levels vary from advanced beginner to aspiring expert. Partnerships are rotated every four hands.

Classic Fiction Book Club

Fourth Fridays, 10:00 - 11:30, Jan. 23, Feb. 27, Mar. 26, Apr. 23

Reston Regional Library

Coordinator: Sigrid Blalock ☎ 703-467-3047

This book club discusses classic fiction from such authors as Dickens, Hardy, Kafka, Faulkner, Wharton and Updike. This semester we will discuss *The Leopard* by Giuseppe di Lampedusa on Jan 23; *Invisible Man* by Ralph Ellison on Feb 27, *The Red and the Black* by Stendhal on Mar 26; and *The Day of the Locust* and *Miss Lonely Hearts* by Nathaneal West on Apr 23. Each discussion will include character analysis, historical content and plot development.

Fiction Writers' Club

Wednesdays, 10:00 - 11:30, Jan. 7, 21;

1:30 - 3:00, Feb. 4, 18

Talkwood

Coordinator: Peter Poole ☎ 703-281-0530

This group welcomes experienced and novice fiction writers who want encouragement and advice on their writing. We will discuss works in progress and share information on marketing.

History Club

First Wednesdays, 10:00 - 11:30, Jan. 7;

1:30 - 3:00, Feb. 4;

10:00 - 11:30, Mar. 3

Talkwood

Coordinator: Michael Styles ☎ 703-250-9604

Come to the revitalized History Club to hear about and discuss subjects centering on historical themes.

Philosophy Book Group

Fourth Wednesdays, 2:00 - 3:30, beginning Jan. 28

Reston Regional Library

Coordinator: Tom Hartnett ☎ 703-481-3492

We will discuss Richard Restak's *The New Brain: How the Modern Age is Rewiring your Mind* at the first meeting, when we will also determine subsequent book selections. Discussion will be limited to those who have read the books.

Walking Group

Tuesdays, 8:15 - 9:15

Lake Anne Church

Coordinator: Elaine Schwartz ☎ 703-471-7186

Join a group of LRI members who enjoy walking outdoors. The walks will be in local neighborhoods with moderately flat terrain. The group will leave promptly at 8:15 and return in time for a cup of coffee before the 9:30 classes. Meet in the parking lot at Lake Anne Plaza.

New Scrabble Club

Margaret Andino and Barbara Lynch are encouraging Scrabble enthusiasts from beginner to aspiring expert to join their newly organized club. They play two or three to a table, depending on how many people are present, and plan to meet on Wednesdays from 10:00 – 12:00 on Dec. 17, Jan. 7, 14, 21 at Tallwood. If you are interested, call Margaret at 703-978-1704.

New Member Coffee

All new members are cordially invited for coffee and conversation at 10:30, Friday, January 30 at Tallwood. Here's an opportunity for you to meet some of our instructors, staff, board and committee chairs, to get answers to any questions you may have and to tell us about yourself and your interests. Please join us!

Winter 2004 Schedule

Keys: TA = Tallwood LA = Lake Anne Church OL = See listings for other locations * = See listings for dates/times

Courses

Mondays	Tuesdays	Wednesdays	Thursdays
9:30 – 11:00	9:30 – 11:00	9:30 – 11:00	9:30 – 11:00
301 Opium Wars TA 307 Int'l. Relations TA 403 Editing TA*	103 Music and Healing TA 702 Good Communities TA 902 Retirement 101 TA	302 U.S. on World Stage TA 202 Taxes TA* 602 Old Testament Heroes & Villains TA 904 Travel on the Web OL*	304 Jamestown TA 701 Cognition & Aging TA 803 Primary Theory TA
306 Civil War in Wash. LA 901 Digital Photography LA	203 Estate Planning LA 402 Empire Lives LA	112 Painting Workshop OL	401 World of Literature LA
11:30 – 1:00	11:30 – 1:00	11:30 – 1:00	11:30 – 1:00
309 WWII TA 501 French TA 802 Science & Technology TA	405 Poetry Workshop TA 503 Italian TA 906 Garden Classics TA	204 Investment Forum TA 303 Europe vs. America TA 502 Spanish TA	110 Readers' Theater OL 111 Watercolor TA 310 Foreign Affairs OL* 903 Retirement 202 TA
801 Concepts of Science LA	305 VA Reconstruction LA 601 <i>Pirket-Avoth</i> LA	404 Literary Roundtable OL	703 All the News LA
2:00 – 3:30	2:00 – 3:30	Ongoing Activities	2:00 – 3:30
105 Movie Classics TA* 106 Meaning in Painting TA* 308 Current World Events TA 905 Travel on the Web OL*	102 Art of the Nation's Capital TA 107 Classical Music TA 201 The New Deal TA	Bridge Club, see page 19 TA* History Club, 1 st Wed. TA* Writers Club, bi-week Wed. TA* TA Book Club, 2 nd Wed. TA*	101 Early Renaissance Art TA 108 Barbershop Singing TA 406 American Wilderness TA
109 Pleasures of Music LA	104 German Music/Composers LA	Walking Group, Tuesdays LA* Philosophy Book Group, 4 th Wed. OL* Classic Fiction Book Club, 4 th Fri. OL*	907 T'ai Chi LA 908 Cuisine of Northern & Southern Italy OL*

Special Events

Wednesday, Jan. 21, 1:30 OL A. Indian Cuisine	Sunday, Feb. 1, 2:30 OL C. <i>Moon Over Buffalo</i>	Wednesday, Feb. 11, 2:00 – 3:30 TA E. Urban Wildlife
Wednesday, Jan. 28, 2:00 – 3:30 TA B. Life Safety Issues	Friday, Feb. 6, 8:30 – 4:30 Bus Trip D. Library of Congress & Postal Museum	Wednesday, Feb. 18, 2:00 – 3:30 OL F. Trip Tale – Scotland

Registration & Membership

Registration Form

- Use the Registration Form on the opposite page to sign up for winter courses and events, as well as to apply for or renew your membership. Return the form with your check(s) to LRI by mail or in person. **Registration begins Thursday, December 18 and ends Monday, January 12. Faxed or emailed registrations will not be accepted.**

- You must sign the waiver on the back of the form for all courses and events that include bus trips.

Fees and Charges

- If the date on your address label is 3/1/04 or later, you are a continuing member and do not need to renew your membership at this time.

- If the date on the label is 1/1/04 or earlier and is **highlighted in yellow** or if you are a new member, you should submit the Registration Form and pay your \$270 annual dues to renew your membership or to become a member.

- Please write separate checks for any course or event with a listed charge so that LRI can easily return your check if the activity is oversubscribed.

- Your registration may be delayed if you do not submit required payments with your form.

- There will be no refunds if you do not attend a course or take a bus trip for which you have enrolled.

Making Changes

- On or after January 12, you may register for additional courses and events that are not oversubscribed by filling in a Change of Schedule Request form (available in the social room at Tallwood and, when classes are in session, at the Lake Anne church). A list of open activities will be posted in the social room at Tallwood and at the Lake Anne church and included in *This Week at LRI*.

Attendance

- You are urged to attend all courses and activities for which you are enrolled. Good attendance is important in getting future instructors and speakers, who receive no fees or honoraria.

- In order to be fair to all LRI members, please:

- Do not request more courses and events than you plan to attend.

- Do not attend a course or event unless your registration has been confirmed in your Confirmation Letter or your Change of Schedule Request has been approved.

Need More Information?

If you have questions, call 703-503-3384 or stop by the Tallwood office between 9:00 a.m. and noon or ask at the Lake Anne church after the term begins.

Getting the Courses and Events You Want

- All courses and events are limited by available space or other factors. The most important thing you can do to improve your chances of getting the courses and events you want is to list them in order of their importance to you on the Registration Form. When courses or events are oversubscribed, priority is given based first on the preference you assign to each selection and secondly on the date of receipt of your Registration Form. Therefore, you can also increase your chances of getting the courses and events you want if you get the Registration Form in early within the registration period.

- You will receive a Confirmation Letter about one week before the term begins, showing the courses and events for which you have been enrolled. (Confirmation cannot occur until after registration has closed on January 12.)

Registration Form: Winter 2004

Office Use Only	
D	T
Mbr Chk	
Act Chk	
Act Chk	
Act Chk	
CM	RM NM

◆ Print all entries. ◆ Check all applicable boxes. ◆ Enclose all necessary checks.

Membership Data

Name: Dr. Mr. Mrs. Ms. (CIRCLE ONE) _____
 LAST NAME PREFERRED FIRST NAME M.I.

Address _____
 STREET CITY STATE 9-DIGIT ZIP

Phone - - E-mail @ Fax - -

Emergency Contact _____ Relationship _____ Phone - -

☐ Check this box if you are a new member or there are changes in the above since your last submission. If you are a new member, how did you learn of LRI? Please be specific. Are you a GMU alumnus? ☐

☐ My membership is current (address label dated 3/1/04 or later)CM

☐ Enclosed is my \$270 renewal fee (address label dated 1/1/04 or earlier).....\$ RM

☐ Enclosed is my \$270 new-member fee (no date on address label).....\$ NM

☐ Enclosed is my contribution to *Friends of LRI*\$

☐ I do not want my name listed as a contributor in LRI publications

Enclose a check payable to LRI for this total\$

Enclose separate checks payable to LRI for the following activities:

☐ 601: *Pirket-Avoth* \$3

☐ 904: Travel on the Web \$20

☐ 905: Travel on the Web \$20

☐ 908: Northern Italy Jan. 29 \$26

☐ 908: Southern Italy Feb. 5 \$26

☐ A: Indian Cuisine \$10

☐ C: *Moon Over Buffalo* \$11

☐ D: Library of Congress \$17

Registration Data

● Prioritize your selections!

● If you want to attend any session with an LRI spouse or an LRI friend, list your selections in the same order.

● If you are willing to be a class liaison, put an "L" next to the course number.

● If you sign up for a bus trip, you must sign the waiver on the back of this form.

C O U R S E S			S P E C I A L E V E N T S		
Number	Course Title		Letter	Event Title	
1 st choice			1 st choice		
2 nd choice			2 nd choice		
3 rd choice			3 rd choice		
4 th choice			4 th choice		
5 th choice			5 th choice		
6 th choice			6 th choice		

Turn to back of this form for bus waiver and filing instructions.

Acknowledgment Release and Waiver for Bus Trips

The undersigned:

- Acknowledges that he/she expects to participate in one or more activities for the winter 2004 term that entail bus transportation and associated programs at locations other than sites of the Learning in Retirement Institute (LRI) at which classes and other activities are normally held.
- Hereby waives and releases LRI from any and all claims for injury or damage sustained by, through or as a result of such activities.
- Holds LRI harmless for any claims resulting therefrom.

Signature: _____ Date: _____

**Registration begins at 9 a.m. Thursday, Dec. 18, and
ends Monday, Jan. 12.**

**Mail or deliver this form to the following address
during this registration period:**

**Learning in Retirement Institute
4210 Roberts Road
Fairfax, VA 22032-1028**

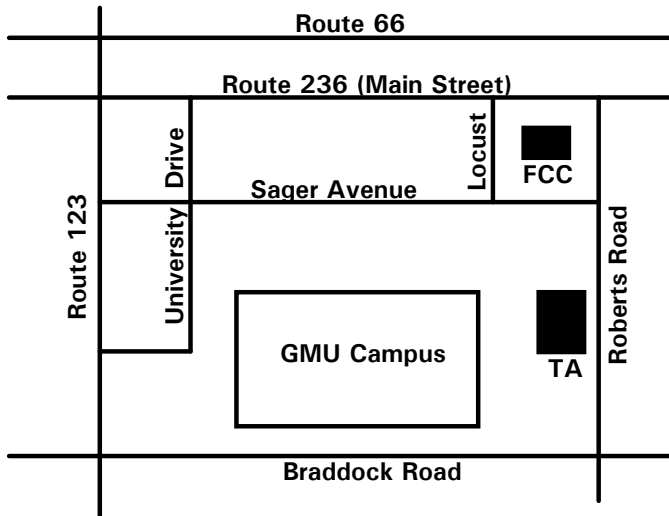
**Be sure to sign the waiver at the top of this
page if you have signed up for any bus trips.**

Volunteers needed!

LRI is in need of volunteers to serve on all of its committees. Please check the appropriate box to indicate your interest, and you will be contacted.

- ☐ **Facilities:** Assesses the need for physical facilities, landscaping and equipment, and develops projects to meet those needs.
- ☐ **Finance:** Advises the treasurer on financial matters, assists in preparing the annual budget, revenue and operating expense reports.
- ☐ **Hospitality:** Hosts social events, including a coffee for new members, a holiday party in December and others throughout the year.
- ☐ **Membership:** Recruits new members, maintains a friendly and welcoming atmosphere and promotes volunteerism.
- ☐ **Publications:** Oversees the production of regularly issued LRI publications.

Fairfax Locations



Directions to Fairfax Locations

❖ **Tallwood (TA)** at 4210 Roberts Road can be accessed only from Roberts Road. Parking is available at the swimming pool lot immediately to the right as you face Tallwood. There is limited parking in front of Tallwood and, if both lots are full, you can park on Forest Avenue (first street beyond the swimming pool) or on Still Meadows Road (across Roberts Road from Tallwood).

❖ **Fairfax Christian Church (FCC)** at 10815 Main Street in Fairfax City can be accessed only from route 236 (Main Street). No left-hand turn is allowed from Roberts Road to Main Street. Parking is available in the church lot.

❖ **Bus Trip Pickup** is now from Parking Lot No. 8 on the circular road in Fair Oaks Mall near the Holiday Inn. Fair Oaks Mall is at the intersection of Routes 66 & 50 in Fairfax and is accessible from Route 50 or West Ox Road (Route 608).

Directions to Lake Anne Locations

❖ **Washington Plaza Baptist Church, Reston Community Center, Reston Storefront Museum and Reston Used Book Shop** are all located at the northern end of Lake Anne off North Shore Drive, which loops around most of the lake. There are several entrances to North Shore Drive, but (unless you are a local resident) the best way is to enter at Village Road off Baron Cameron Avenue. Entrance signs read *Lake Anne Village Center*.

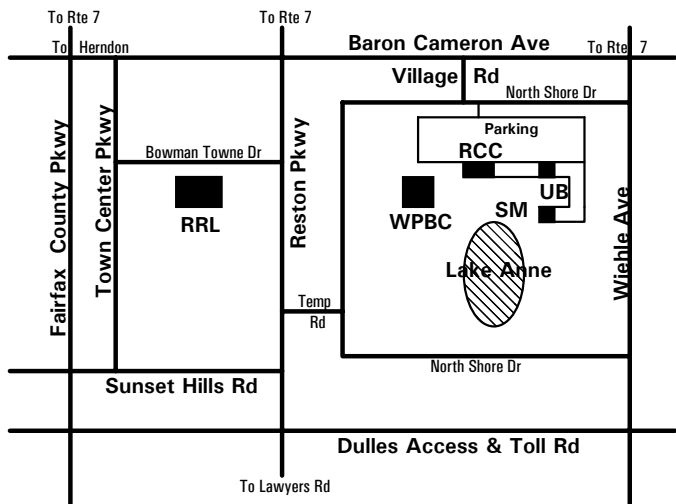
❖ Once on Village Road, turn almost immediately left to North Shore Drive and then immediately right to enter the parking lot where there is ample parking.

❖ Facing toward the lake (away from the direction you entered), take the entryway on your right. Past several buildings, **Washington Plaza Baptist Church (WPBC)** is on your right, facing the open plaza area. Take the sidewalk on the right side of the church (next to the coffee shop) to enter the ground floor Plaza room.

❖ The **Reston Community Center Lake Anne Facility (RCC)** is located on your left as you approach Lake Anne from the parking lot, directly across from the Millennium Bank.

❖ The **Reston Storefront Museum (SM)** and **Reston Used Book Shop (UB)** are across the plaza from the church.

Reston Locations



Directions to Reston Regional Library

❖ The **Reston Regional Library (RRL)** is located at 11925 Bowman Towne Drive between Town Center Parkway and Reston Parkway.

LRI

Learning in Retirement Institute
George Mason University
4210 Roberts Road
Fairfax, VA 22032-1028
www.lri.gmu.edu

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
MERRIFIELD, VA
PERMIT No. 6309

DATE MAILED: DEC. 12, 2003
PLEASE DELIVER BY DEC. 18, 2003



Note: If the date below is highlighted in yellow,
you need to renew your membership.

