

Summer 2004 Catalog
June 22 – July 29

LEARNING IN RETIREMENT INSTITUTE



Broadening Horizons Together

*Affiliated with George Mason University
Sites at Talkwood in Fairfax and Lake Anne in Reston*

LRI



Serving the Northern Virginia
community by providing
intellectual and cultural
experiences for residents
in their retirement years

Learning in Retirement Institute

Tallwood, 4210 Roberts Road

Fairfax, VA 22032-1028

GMU MSN 5C1

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Sites at Tallwood in Fairfax and Lake Anne in Reston

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New Member Coffee

All new members are cordially invited for coffee and conversation at 10:30 Friday, June 25, at Tallwood. Here's an opportunity for you to meet some of our instructors, staff, Board and committee chairs, to get answers to any questions you may have and to tell us about yourself and your interests. Please join us!

Reminder

**LRI will be closed for summer break
August 2 – 13, 2004.**

All About LRI

Who We Are

The Learning in Retirement Institute (LRI), affiliated with George Mason University (GMU), offers daytime courses, lectures, special events and other activities during eight-week terms in the fall and spring, a four-week mid-winter term and a six-week summer program. There are no exams, no credits, no college degree required and no age threshold. Making new friends is an important part of the LRI concept. Social activities include luncheons and picnics.

Course leaders are qualified members of LRI and others who enjoy sharing their knowledge. We are particularly fortunate in our outside teachers and speakers, attracting well-known and knowledgeable persons from GMU, government, foreign embassies and private organizations.

Members pay annual dues of \$270, which entitles them to attend as many activities as they wish, subject to availability of space. There may be charges for required books and materials and for some special events. LRI offers scholarships for those in financial need; ask our Administrator at the Tallwood office for details.

LRI publishes *LRI Times*, a quarterly newsletter that keeps members informed about the Institute; *This Week at LRI*, published regularly during each term; a *Membership Directory* twice a year and a *Member and Volunteer Handbook* for new members.

Log on to www.lri.gmu.edu
for more information.

LRI is a member of the Elderhostel Institute Network of similar organizations at colleges and universities in the U.S. and Canada. LRI is a nonprofit equal opportunity 501(c)(3) organization and does not discriminate on the basis of race, color or national or ethnic origin.

Where We Are

Most activities are held either at Tallwood, 4210 Roberts Road in Fairfax, or at the Washington Plaza Baptist Church at Lake Anne in Reston. LRI's main office is at Tallwood, with a satellite office at the Lake Anne church (open only during class hours). Both sites are handicapped-accessible, and free parking is available. Maps and directions for all locations are on the inside back cover.

How to Join

Any person may become a member beginning with the summer 2004 term (through spring 2005) by filling in the registration form on page 21 and submitting it to LRI with the required check(s).

If you would like to try us out first, during any two consecutive weeks, you may visit one or more classes that are not oversubscribed. Check with the Tallwood office to find whether the class you want to visit has space available.

GMU Privileges

LRI members are entitled to a GMU ID card, which allows you to check out books at the University Library, purchase items at the GMU computer and book stores and enjoy other campus privileges (but not free parking on campus). A GMU Intranet and e-mail account is also available. To apply for or renew an existing ID card or account, visit the Tallwood office.

Friends of LRI

Members are encouraged to make tax-deductible contributions. Unless otherwise designated by the giver, contributions will primarily be designated for capital expenditures for LRI and for scholarships and other grants that LRI makes to GMU in recognition of the support provided us by the university. All contributors will be recognized as *Donors* to Friends of LRI. Those who contribute a total of \$100 or more during the year will be recognized as *Supporters*. Those who contribute a total of \$250 or more during the year will be recognized as *Patrons*. You may send contributions at any time, or you may include a donation with your registration form.

LRI Organization

LRI is a membership organization, with a Board of Directors elected by the membership. All activities are managed by LRI volunteers and a small paid staff. Members are encouraged to participate in the many support functions.

Board of Directors

President.....Bob Bohall
Vice President.....Kathryn Russell
Treasurer.....Don Yesukaitis
Secretary.....Eileen Duggan

Florence Adler	RoseMary Gustin
Gordon Canyock	Carol Henderson
Art Cook	Ceda McGrew
Michael Coyne	Palmer McGrew
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Abbie Edwards	

Committee Chairs

Administration.....Janice Dewire
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Facilities.....Gordon Canyock
Finance.....Don Yesukaitis
Hospitality.....Art Cook
Membership.....Susanne Zumbro
Program Coordinator.....Carol Ferrara
Program, Special Events.....Florence Adler
Publications.....Carol Henderson
Reston Support.....Abbie Edwards
University Liaison.....Michael Styles

Administration

Administrator.....Jennifer Maloney
Admin. Assistant, Talkwood.....Ashleigh Shipe
Admin. Assistant, Lake Anne.....Mathilde Speier

Communications

Tallwood office, phone.....703-503-3384
Fax.....703-503-2832
E-mail.....lri@gmu.edu
Website.....www.lri.gmu.edu
Lake Anne, Mathilde Speier.....703-927-5450
GMU mail stop number.....MSN 5C1

Program Committee

Courses, special events and ongoing activities are developed by the Program Committee.

Program Coordinator.....Carol Ferrara
Phone.....703-503-7866
E-mail.....cferrara@gmu.edu

Bob Bohall	Ceda McGrew
Art Cook	Joan Salemi
Pat Cosslett	Elaine Schwartz
Harold Davey	Virlinda Snyder
Carlyn Elder	Mathilde Speier
RoseMary Gustin	Lilyan Spero
Tom Hartnett	Audrey Sullivan
Caroline Hartzler	Carr Whitener
George Heatley	Doreen Williams

Resource Group Chairs

Art/Music/Drama.....Margaret Andino
Economics/Finance.....Shirley Smith
History/Social Studies.....Bob Webb
Language/Literature.....Kathryn Russell
Religion/Ethics/Philosophy.....Abbie Edwards
Science/Health/Tech.....RoseMary Gustin

Class Liaison Coordinators

Talkwood.....Ceda McGrew
Reston.....Ann Goerold

Special Events Subcommittee

Chair.....Florence Adler

Barry Berkey	Norm Rosenberg
Velma Berkey	Virlinda Snyder
Fran Bouley	Carol Towse
Lillian Justice	Joan Tullington
Barbara Lanterman	Melinda Young
Lorraine Rosenberg	Craig Zane

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Summer Program: June 22 – July 29

Tuesdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

1. *The Leopard*

Tuesday, June 22, 9:30 – 12:30 *Film shown*
(Note Time)

Thursday, June 24, 10:00 – 11:30 *Discussion*
Lake Anne Church

Instructor: Ted Pasca

This award-winning movie adaptation of Giuseppe Tomasi di Lampedusa's classic book is set in the mid-1800s in Sicily. Burt Lancaster stars as a Sicilian prince in this masterful movie tribute to a bygone age. The movie is in Italian with English subtitles. The film will be shown on Tuesday beginning at 9:30. On Thursday, Ted Pasca, Italian historian and journalist, will give us some background on the history of Sicily and Italy during the time that the movie depicts. This will be followed by a discussion of the film.

2. **Life and Death: POW of the Japanese in WWII**

Tuesday, June 22, 10:00 – 11:30
Talkwood

Instructor: Duane Heisinger

The instructor will trace his journey to a better understanding of his father's life in the Philippines early in WWII and of his death after many years as a Japanese prisoner of war. He last knew his father when he was a ten-year-old in early 1941. His contact with survivors of the Japanese POW camps, and interviews with men who knew his father or who were in the same camps and experienced and endured similar conditions, brought much more understanding. He will examine the war years within the hopes, concerns and feelings of both the POWs and the families at home while telling of his own journey to understanding. In his book, *Father Found*, his father's story is told primarily from first-hand reports, diaries, journals and scraps of paper, often buried, and later recovered or hand-carried to liberation. Mr. Heisinger, a graduate of the U.S. Naval Academy, served 30 years in the Navy. Assignments included two ship commands, three combat tours in Vietnam, and more than 11 years in overseas intelligence.

3. **Poetry Workshop**

Tuesdays, June 22, 29, July 6, 13, 20, 27
Talkwood

Moderator: Barbara Achilles

The Poetry Workshop, founded in 1991, is one of the earliest continuing courses offered by LRI. The workshop auditions and critiques original poetry submitted by members of the group. It does not teach how to write poetry, nor does it focus on reading the poetry of well-known poets. Beginners as well as experienced poets are welcome. Emphasis is on encouraging the positive aspects of each poet's work and suggesting changes or corrections that might be made to improve it. Members are expected to bring to each session either a new poem or a revised poem previously critiqued by the group. The workshop has published three volumes of original poetry and has presented readings for the past seven years. Some members have won prizes in poetry competitions and have had poems selected for inclusion in a regional anthology and other publications. Barbara Achilles is a published poet and has been a member of the workshop for the past 12 years. She is a retired intelligence officer with a B.A. in music from the University of Rochester/Eastman School of Music.

4. **Russia Today and Tomorrow**

Tuesday, June 22, 10:00 – 11:30
Talkwood

Instructors: Shirley and Slava Timashev

Russia is undergoing an experiment in what President Putin calls a managed democracy. Economically, the country's large reserves of gas and oil are of great significance for a country that is not a member of OPEC. Russia's domestic and foreign policies are still evolving, and what happens in Russia will affect the rest of the world. Two people with different backgrounds will share their perspectives on the Russian people, the current political and economic scene and the future of the new Russia. Slava Timashev, a U.S. resident, is president of a private digital mapping company whose business operations are in Yekaterinburg, Russia. Mr. Timashev has two Ph.D.s and is affiliated with the Russian Academy of

Tuesdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

Sciences. He was born in China and lived in an international community there until age 12, when the family relocated to the city of Perm in the Soviet Union. Shirley Hayes Timashev first visited Russia in 1991 and experienced the abortive coup. She returned and lived in Russia for six years while teaching at Urals State Technical University.

5. Extinction Workshop

Tuesday, June 29, 10:00 – 12:00 (Note Time)

Lake Anne Church

*Also offered Tuesday, July 27, at Talkwood,
Course #19*

Instructor: Sam Saltoun

Overall, the number of life species has steadily increased during Earth's geologic history. However, scientists have unearthed evidence of at least five mass extinctions that occurred during the last 500 million years. In this two-hour workshop, we will try to discover the reasons for these events. After a short introduction, we will break into teams of three to five participants. Team members will play the roles of scientists (paleontologists, geologists, climatologists, oceanographers, astronomers or biologists). Using real but simplified data and forensic evidence, the teams will attempt to piece together the causes of the five catastrophic extinction events. Don't expect any clear-cut answers, but do expect a fascinating and thought-provoking session. Sam Saltoun has had a lifelong love of science and, like most of us, a yearning to understand how nature really works. He is a registered professional engineer and has served a three-decade career in the U.S. Navy. He is currently an engineering and management consultant and is planning a third career as a high school physics teacher. Class limit: 25.

6. Maintaining Your Independence and Quality of Life

Tuesday, June 29, 10:00 – 11:30

Lake Anne Church

*Also offered Thursday, July 1, at Talkwood,
Course #43*

Instructor: Sarah Parks

Often, as we age, challenging issues arise of where to live and how to cope with less-than-perfect physical health. We find that keeping the home in which we have raised our families is impractical. That may mean downsizing and moving into a condo or a retirement community. The first part of this class will look at the issues to be considered in such a move. The second half will examine how to protect your interests—both before and after death. This includes looking after your financial interests and taking care of medical concerns with powers of attorney and health care directives. Sarah Parks is an estate planner with Custom Estate Planning in Springfield. She teaches classes at Fairfax County Adult Education, Lifetime Learning Institute at NOVA and at LRI.

7. Songs and Stories of Presidential Campaigns

Tuesdays, June 29, July 6, 10:00 – 11:30

Talkwood

Instructor: Bill Deary

For about a century and half, political parties resorted to music and song to rhapsodize their own candidate for the presidency and/or to anathematize the opponent. This two-lecture course will offer a lyrical excursion through a selection of presidential campaigns from Jefferson vs. Adams (1800) to Truman vs. Dewey (1948). Music lovers may want to think twice before subjecting themselves to 50 minutes of partisan political "music," often more oxymoronic than its "military" counterpart. Serious students of electoral politics will be relieved to hear that the musical portion of the program will be punctuated by brief interludes setting forth the issues and the personalities that inspired these magna operas. Bill Deary has been a member of LRI for 12 years and holds a Ph.D. in history from George Washington University. He has taught courses on the American Revolution, Turn of the Century Pop Culture, European Diplomatic History 1870-1919, and Pop Songs of WWI, among other subjects.

Tuesdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

8. Working for Social Change

Tuesday, June 29, 10:00 – 11:30

Talkwood

Moderator: Heather McGrew

Despite tremendous investments of time and resources by governments, institutions and existing nonprofit organizations, significant social challenges persist in the Washington community, across the United States and around the world. When existing approaches are not working or are inadequate to address needs in education, health-care, environmental protection, and civil and human rights, how do we attract visionary leadership and apply innovative thinking to create new models that will bring about real and lasting social change? Nothing is more powerful for realizing social change than a new idea in the hands of a true social entrepreneur. Heather McGrew, of Echoing Green, a nonprofit foundation based in New York City, will tell us how her organization identifies, funds and supports, through two-year fellowship programs, the next generation of social change agents. Judith Conti, a 2000 Echoing Green Fellowship recipient, is cofounder and director of the D.C. Employment Center, a private nonprofit organization advocating the rights of low-income workers in the metropolitan area. She will speak to us about her fellowship experience and the D.C. Employment Center.

9. Berlin: Phoenix From the Ashes

Tuesdays, July 6, 20, 10:00 – 11:30

Lake Anne Church

Instructor: Vera Wentworth

Two lectures will cover historical and cultural highlights of the city of Berlin, past and present. The first lecture will give an overview of the political, social, and cultural history of Berlin from its beginnings as a trading post to its establishment as the capital of the German empire. The second lecture will focus on the city as an island behind the Iron Curtain and its re-emergence as the capital of a reunited Germany. Berlin's destruction, the Cold War, the building of the Wall and its subsequent fall, and the ramifications of reunifi-

cation will be examined. Special emphasis will be placed on the rebuilding and reinventing of Berlin. Vera Wentworth holds a Ph.D. in English and taught literature on the college level for 30 years. She is a native Berliner who witnessed the building of the Wall as well as its subsequent dismantling.

10. Jazz Seminar

Tuesday, July 6, 10:00 – 11:30

Talkwood

Instructor: Don Farwell

This seminar will trace the development of traditional or classical jazz from its beginnings in New Orleans up the Mississippi River to Chicago and thence throughout the country in the early years of the last century. It will focus on the individuals who created jazz and the jazz bands and orchestras they formed. Audio-visual materials illustrating the various styles of jazz and swing will be employed, and the contemporary jazz scene in the area will be discussed. Don Farwell's interest in jazz dates back to the 1940s. At one time his collection was made up of some 2,000 jazz LPs, several hundred reel-to-reel tape recordings, and hundreds of cassette recordings. He was one of the hosts of the Potomac River Jazz Club's radio program, "Jazz Band Ball," on radio station WPFW-FM. He has been a member of the PRJC since its founding in 1972.

11. Tips Toward Better Writing

Tuesday, July 6, 10:00 – 11:30

Lake Anne Church

Instructor: Jane Catron

Even good writers can become better once made aware of the two most common enemies of strong writing, namely, weak and wordy usages. For instance, between these two statements, "His comments did not reveal anything new" and "His comments revealed nothing new," readers can readily recognize that the second is a stronger statement. But can they explain why? The class shall offer six simple tips to a stronger writing style, explaining and providing practice for each. Jane Catron is a retired English teacher from McLean High School where she taught poetry and creative writing extensively. She

Tuesdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

has taken graduate courses in creative writing and holds an M.A. in liberal studies from Georgetown University.

12. Geology of Virginia and Maryland

Tuesday, July 13, 10:00 – 11:30

Talkwood

Instructor: Doug Mose

Dinosaur fossils are not the only secrets the rocks of Maryland and Virginia hold for the experienced eye. Records of prehistoric shorelines, active volcanoes and moving continents are contained in rocks that are around us or a short drive from where we live. Virginia and Maryland have diverse landscapes ranging from mountains to the Piedmont to Atlantic shores. Join geologist Doug Mose to learn how rocks can communicate the story of our planet and history of the area. He is an environmental geochemist and received his Ph.D. from the University of Kansas.

13. Three Opera Favorites

Tuesday, July 13, 10:00 – 11:30

Thursday, July 15, 10:00 – 12:00 (Note Time)

Tuesday, Thursday, July 27, 29, 10:00 – 12:00 (Note Time)

Lake Anne Church

Instructor: Mary Jane Bishop

Enjoy watching videos of favorite and well-known operas featuring performances by Luciano Pavarotti, Placido Domingo and Faith Esham among others. Beverly Sills hosts the opera *Rigoletto* and interviews its stars and conductor. LRI member and opera lover, Mary Jane Bishop, will give some background information on the operas and composers. There will be some time for discussion. Class members may attend all or any of the sessions. Performances include:

La Boheme on July 13

La Traviata on July 15

Rigoletto in two parts on July 27 and 29

14. Visit the Artists

Tuesday, July 13, 10:00 – 11:30

Reston Art Gallery and Studios at Lake Anne

Coordinator: Carol Ferrara 703-503-7866

This is an opportunity to visit artists who are members of the Reston Art Gallery and Studios and exhibit work at the Reston Art Gallery. The artists will tell us about their artistic styles and the media they use, including watercolor, pastels, photographs and collage. We will get some insight into the creative processes that an artist uses to translate his or her unique view of the world into forms that we can enjoy as art. Maggie Stewart, a painter and printmaker, will have a solo exhibit at the gallery at the time of our visit. Others at the Gallery who will talk about their media will be Patricia Bason, who paints still life with flowers, and Gail Axtell, a painter of nature, Gail Barmgart, a watercolorist, and Patricia Macintyre, who is known for her drawings of Reston. The Gallery is in Heron House at 11400 W. Washington Plaza (703-481-8156).

15. What's Going on in Richmond: Issues and Answers

Tuesday, July 13, Wednesday, July 14, 10:00 – 11:30

Talkwood

Coordinator: Craig Zane

Catch up with what's been happening in this year's unusually contentious Virginia Assembly from the principals themselves. On July 13 Governor Warner's Director of Communications, Paul Reagan, will tell us the Governor's view of the issues and problems that are facing Virginia today. On July 14 you will get two perspectives on the legislation that has been passed this term from local delegates: Republican Senator Jeannemarie Devolites from the 34th District and Democratic Senator Mary Margaret Whipple from the 31st District. They will share the stage and discuss the hot issues of the spring's General Assembly. This two-session class gives you a chance to question your legislators and have an input at a high level of Virginia state government.

16. Aquatic Gardening

Tuesday, July 20, 10:00 – 11:30

Talkwood

Tuesdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

Coordinator: Velma Berkey

This introduction to the planted aquarium will enable us to experience the fascinating technique of gardening in a fish tank. Robert Ricketts, an aquatic hobbyist for over 50 years and a Web writer of aquarium topics, will present an overview of the basics of aquatic gardening. A member of the Greater Washington Aquatic Plant Association, Mr. Ricketts currently operates about two dozen planted tanks, a sampling of which he will bring to class with other hands-on equipment to show us how to get started.

17. Arthritis: Alternative Approaches to Prevent and Relieve Joint Disease

Tuesday, July 20, 10:00 – 11:30

Talkwood

Instructor: Trang-Thanh Ton

The word ‘arthritis’ literally means joint inflammation, but what exactly is this disease that causes swelling, redness, heat and pain to joints and other tissues? This course will explore the different types of arthritis and their possible causes. Alternatives for relieving and preventing joint disease will also be discussed. Trang-Thanh Ton, D.C., L.Ac., a chiropractor and acupuncturist, will suggest some chiropractic methods and acupuncture techniques that can bring safe, natural solutions to the problem. Trang-Thanh Ton attained her Doctorate of Chiropractics, graduating as class valedictorian, from the National University of Health Sciences in Lombard, Illinois. She will teach another course on Thursday, July 8, at Lake Anne. See Course #46 for description.

18. A Sampler of French Cheeses

Tuesday, July 20, 10:00 – 11:30 (Optional until 12:00)

Lake Anne Church

Also offered Wednesday, July 21, at Talkwood, Course #32

Instructor: Cecile Heatley

Charles De Gaulle once asked, “How can anyone be expected to govern a country with 325 cheeses?” Forty years later, the number of cheeses

in France has increased to over 500. Cecile Heatley will explore how so many different cheeses can possibly exist, the process of cheese making, the mysteries of Roquefort, and the art of buying and serving cheese. A native of France, the instructor teaches French at the Alliance Francaise and French cooking at the Edmund Burke School in Washington, D.C. Class members will sample cow, goat and sheep cheeses. **Note:** Some cheeses may be made from raw milk and/or mold. Members may stay one-half hour after class to enjoy a social time. A \$6 fee, payable with the registration form, covers cheese, bread and beverage.

19. Extinction Workshop

Tuesday, July 27, 10:00 – 12:00 (Note Time)

Talkwood

Instructor: Sam Saltoun

This class is also offered on Tuesday, June 29, at Lake Anne. See Course #5 for description.

20. Presidential Campaigns: Past, Present and Future

Tuesday, July 27, 10:00 – 11:30

Talkwood

Instructor: Colleen Shogan

The strategies, processes and institutions surrounding presidential campaigns have changed and evolved throughout American history. This lecture provides a historical overview of presidential campaigns in the United States and addresses modern controversies such as the efficacy of the Electoral College and the utility of campaign finance reform. The discussion will conclude with an analysis of the 2004 campaign and its implications for the future of American presidential politics. Colleen Shogan is an assistant professor of Government and Politics at GMU, where she teaches courses on the American presidency. She is finishing a book that examines how presidents have used moral and religious appeals in their rhetoric throughout American history. She received her Ph.D. in political science from Yale.

Wednesdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

21. Intermediate Digital Photography

Wednesdays, June 23, July 7, 10:00 – 11:30

Talkwood

Instructor: Abbie Edwards

This two-session class will review the latest changes and improvements of digital cameras and computers in the past year. LRI Board member Abbie Edwards encourages students to bring a digital camera to class, take pictures, transfer them to the computer and make any needed corrections. Creating short movies, shooting a panorama, mastering composition and using the flash will also be discussed. If students have a battery-powered laptop, it will be helpful to bring it to class. A printer will be available for 4x6 and 8x10 prints. A \$5 fee, paid to the instructor, will cover the cost of photographic paper, unless students bring their own paper. A beginning digital photography class is recommended prior to this class.

22. Investment Forum

Wednesdays, June 23, 30, July 7, 14, 21, 28

Talkwood

This forum is an investment discussion group whose primary focus is on individual stocks. Other topics may be chosen broadly from the entire field of investing. Sessions may include prepared presentations by members, guest speakers and/or extemporaneous discussion. Sessions will be member led, and participation in the discussion is encouraged.

23. The Library of Congress and National Postal Museum

Wednesday, June 23, 8:30 – 4:00

Bus Trip

Coordinator: Florence Adler 703-455-6658

The Library of Congress was established by an act of Congress in 1800. Our docent-led tour of the Thomas Jefferson Building, opened in 1897, will include its Great Hall, which rises 75 feet from marble floor to stained glass ceiling. Marble columns, staircases, mosaics and paintings make this

one of the most beautiful public buildings in America. **Note:** The Library has an extensive security check at the entrance; all visitors must pass through a metal detector and all carried items must be x-rayed; the Library will deny entry to anyone carrying knives or other sharp objects. We will re-board the bus at noon to go to Union Station for lunch on our own and cross the street to the Smithsonian's National Postal Museum. Our docent-led tour will start promptly at 1:15. The tours at both sites are 45-60 minutes each, allowing time to browse on our own and visit the gift shops. The bus will leave promptly at 8:30 from the Fair Oaks Mall, Parking Lot No. 8 outside the circular road near the Holiday Inn (see details on inside back cover). Please arrive no later than 8:15. The fee of \$17, payable with your registration form, covers the cost of the bus fare and driver gratuity.

24. Literary Roundtable

Wednesdays, June 23, 30, July 7, 14, 21, 28, 11:30 – 1:00 (Note Time)

Reston's Used Book Shop at Lake Anne

Moderators: Janice Dewire, Carol Henderson

Continuing the study of the ever-fascinating short story, this term we will examine the works in *The Art of the Story: An International Anthology of Contemporary Short Stories*, edited by Daniel Halpern. This paperback was published in 1999 by Penguin Books. These 78 works by younger writers from 35 countries are very much in sync with contemporary themes and modes of expression. The group will discuss four stories each week. Members will be expected to help lead discussions and to share their questions, insights and ideas. You do not need to have taken the previous courses. Janice Dewire is a past president of LRI and a current Board member and has an M.A. in elementary education from Syracuse University. Carol Henderson, also a short story enthusiast and LRI Board member, has an M.S. in library science from The Catholic University of America.

Wednesdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

25. Painting Workshop

Wednesdays, June 23, 30, July 7, 14, 21, 28

Reston Storefront Museum at Lake Anne

Instructor: Peter Ball

“If a person has a little motivation,” says Peter Ball, “I can teach them to draw and paint and do it well. Actually, I can’t teach anyone anything, but I can provide the encouragement and expertise necessary to be a fine artist.” Peter Ball has been painting for 50 years and has studied with many teachers in many places. He says he knows everything about painting but is still figuring out how to get this information from his mind to his fingers.

26. Intermediate Italian

Wednesdays, June 23, 30, July 7, 14, 21, 28

Talkwood

Instructor: Renata Bardo

This course is for those who have had previous exposure to Italian. Renata Bardo, a native of Italy, will help you improve your conversation, grammar and vocabulary. Text: *Ultimate Italian: Basic-Intermediate*, by Salvatore Banchieri. Class participation and homework are expected.

27. Strangers on a Train

Wednesday, June 30, 10:00 – 12:00 (Note Time)

Talkwood

Instructor: Steven Mears

Alfred Hitchcock demonstrates his ability to spin a wonderful web of thrills and suspense in this 1951 movie. It is one of Hitchcock’s most gripping films. The story begins innocently enough with a conversation of two strangers on a train who joke about a “perfect” murder. The plot takes off from there and escalates to a gripping climax of terror. Steven Mears, a student of film and a Hitchcock aficionado, will introduce us to the movie and will lead a short discussion at the end of the film.

28. Technology’s Mixed Blessing: An International Perspective

Wednesday, June 30, 10:00 – 11:30

Talkwood

Instructor: Stephen Ruth

The talk examines the proliferation of Internet technology worldwide, with particular emphasis on developing nations. The expansion of the Internet has been uneven with respect to region, gender and ethnicity. The speaker manages a center at GMU that has initiated technology projects in over 30 developing nations on four continents. A segment of the talk will be derived from Stephen Ruth’s course, “Islam and the Internet,” offered at GMU last year. Ruth is professor of public policy at GMU. He is author or co-author of over 100 published articles and four books. He has a B.S. from the U.S. Naval Academy and a Ph.D. from the University of Pennsylvania.

29. The Outlook for Energy

Wednesday, July 7, 10:00 – 11:30

Talkwood

Instructor: Donald Empie

This presentation provides a view of world energy demand in the coming decades, a discussion of current and future energy sources, the challenges energy companies face in supplying the world’s needs, and the role of technology. It also addresses the function of governments in resource development and a glimpse into the energy future—including an overview of new fuels technology such as fuel cells. Donald Empie is an internal communications advisor for ExxonMobil Lubricants and Specialties Company in Fairfax. Don is responsible for integrated communications for the company’s 7,500 employees across 200 countries.

30. Armchair View of the Smithsonian American Art Museum

Wednesday, July 14, 10:00 – 11:30

Talkwood

Coordinator: Virilinda Snyder

The Smithsonian American Art Museum, begun in 1829, is America’s first federal art collection and dedicated to the enjoyment and understanding of American art. All regions, cultures, and traditions in this country are represented in the museum’s collections. Colonial portraiture, nineteenth-

Wednesdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

century landscape, American impressionism, twentieth-century realism and abstraction are featured in the collection, along with New Deal projects, sculpture, photography, prints and drawings, contemporary crafts, African American art, Latino art and folk art. More than 7,000 artists are represented. A museum docent will help us explore part of the museum's collection.

31. National Gallery Tour: Courtly Art of the Ancient Maya

Wednesday, July 21, 9:00 – 4:00

Bus Trip

Coordinators: Richard and Bobbie Lanterman

703-280-4207

This docent-led tour will show us the visual magnificence of ancient Mayan art with over 176 masterworks. The exhibit will present stone sculptures, ceramics, masks and other works commissioned by ancient Mayan kings and queens. In the 150-year period from A.D. 650-800, Mayan kings and nobles transformed Mayan art, achieving a peak of dramatic expression and naturalism unmatched in the ancient New World. A special focus of the exhibition will be the city of Palenque, the single richest example of an ancient Mayan court known. The exhibition includes new archaeological discoveries never before seen in the U.S. Lunch is on your own at the Gallery cafeteria. There will be time on your own. The bus will leave promptly at 9:00 from the Fair Oaks Mall, Parking Lot No. 8, outside the circular road near the Holiday Inn (see details on inside back cover). Please arrive no later than 8:45. A fee of \$16, payable with your registration form, covers the cost of bus fare and driver gratuity.

(Admission to the National Gallery of Art and to all its exhibitions, tours and other public educational programs is free of charge. Any charge or request for contributions is totally unrelated to the National Gallery of Art.)

32. A Sampler of French Cheeses

Wednesday, July 21, 10:00 – 11:30 (Optional until 12:00)

Talkwood

Instructor: Cecile Heatley

This class is also offered on July 20 at Lake Anne. See Course#18 for description.

33. Art Is Upon the Town: A Collector's Perspective

Wednesday, July 28, 10:00 – 11:30

Talkwood

Instructor: Chris Stakenborg

When Chris Stakenborg started his own art gallery 16 years ago, he might have asked himself the question, "If there were dreams to sell, what would you buy?"* His answer lines the walls of the Figaro Gallery in Annandale, and we are all the richer for it. Chris first studied commercial art in his native Netherlands. For ten years he was a foreign language docent at the National Gallery of Art in Washington where he conducted tours in German, Dutch and English. He will share with us what he has learned over the years about art and the art of collecting.

*Thomas Lowell Beddoes, English writer, 1803-1849.

34. Tallwood, Aspen Grove and Montague Farm: A History

Wednesday, July 28, 10:00 – 11:30

Talkwood

Coordinator: Florence Adler

Have you ever wondered about the historical beginnings of our site at Tallwood and its surroundings? William Page Johnson II, "Page," the commissioner of revenue for the City of Fairfax, is a current member and past president of the Fairfax County Historical Society and a member of Historic Fairfax City, Inc. His lifelong interest in history has led to two books and extensive research into family histories and the history of our community. He will speak to us about the origins of Tallwood, Aspen Grove (adjacent to Tallwood) and Montague Farm (adjacent to Aspen Grove), and generally focus on the history of southeast Fairfax City.

Thursdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

35. The Crusades: A Holy War?

Thursday, June 24, 10:00 – 11:30

Lake Anne Church

Instructor: Thor Johnson

The presentation will focus on the Eight Crusades of the Middle Ages, individually and collectively, as an epic event that dominated 200 years of the history of Europe and the Middle East. Thor Johnson promises a well-researched look at the religious fervor and violence of these difficult treks to the Holy Land. He recently edited a richly illustrated book on the chronology of the Crusades. He has had more than 30 years of international airline experience and is now president of a company that sells authentic military miniatures and publishes historical books.

36. Getting Into Politics

Thursday, June 24, 10:00 – 11:30

Talkwood

*Also offered Thursday, July 1, at Lake Anne,
Course #42*

Instructor: Ron Christian

A Lutheran pastor, Ron Christian is currently the director of Lutheran Housing Services. In 2003 he was drafted to be the Democratic candidate for the Virginia Senate from District 34, which includes our Tallwood campus. Though he has devoted a lifetime to public service, he had never run for public office. In this session he will discuss the role of the citizen legislator and other significant issues in our election process. He will also talk about his experience as “Candidate Christian.”

37. Mexico: The Country

Thursdays, June 24, July 1, July 8, 10:00 – 11:30

Talkwood

Instructor: Bill Ciccolo

“Poor Mexico; so far from God, so near to the United States” are the feelings expressed by a former Mexican president. Historians sum up the mission of the Spanish conquistadors led by Hernan Cortes as “God, Gold and Glory.” In this three-session course, LRI member Bill Ciccolo will explore the factors that influenced the development

of today’s Mexico. Three PowerPoint presentations will discuss the influence of the location, geography and climate of Mexico as a whole, and explain why five distinctive regions exist. Lectures will trace significant events in Mexican history and identify Mexican and Spanish personalities during its classic, colonial and revolutionary history. Topics of current interest will include the makeup of the population, the economy, corruption, tourism, migration, NAFTA and Mexico City. The problems of drought, earthquakes, volcanoes, and the current Indian revolution in the southern state of Chiapas will also be discussed.

38. The Sun and Storms in Space

Thursday, June 24, 10:00 – 11:30

Talkwood

Instructor: Art Poland

At the center of our solar system is a magnetically active variable star, the sun. This class will look at the effects of this activity on human systems and our ability to travel in space. We will also look at the makeup of the sun and how space storms originate. Arthur Poland is an affiliate professor in the School of Computational Sciences at GMU. He worked with the White Light Coronagraph experiment in Skylab in 1973. From 1980 to 2003 he worked at NASA and was the senior project scientist for the Living With a Star program. He will describe the program, which was designed to study the impacts of the sun on earth systems, a relatively new field called “space weather.”

39. Intermediate Watercolor Painting

Thursdays, June 24, July 1, 8, 15, 22, 29

Talkwood

Instructor: Harriet Grever

Here’s a chance for those with some experience to share their knowledge and enthusiasm for watercolor painting. Class members will critique each other and choose the subject to be painted. Students should be familiar with the use of materials. Harriet Grever has painted for her own pleasure for many years and has exhibited her work at LRI. Class limit: 10.

Thursdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

40. Life Safety Issues

Thursday, July 1, 10:00 – 11:30

Tallwood

Coordinator: Florence Adler

Mary Cramer, coordinator of the older adult programs for the Fairfax County Fire and Rescue Department's Life Safety Education Section, is a certified emergency medical technician and an instructor/trainer with the American Heart Association. This session will cover important and potentially life saving information regarding fire safety and emergency medical preparedness in the home. Topics will include the File of Life emergency medical information card, home escape planning and fire/smoke alarm maintenance, emergency "to go" kits and general home fire safety.

41. From the Crowner to Quincy: The Whys and Wherefores of Death Investigation

Thursday, July 1, 10:00 – 11:30

Lake Anne Church

Coordinator: Florence Adler

John Grauerholz, M.D., F.C.A.P., a retired board-certified forensic pathologist, will discuss the evolution of death investigation from the drowning of Ophelia (a crowner is a British coroner) to the deaths at the World Trade Center. He has served as Assistant Chief Medical Examiner of North Carolina and Deputy Chief Medical Examiner of Rhode Island and has testified in civil and criminal trials. He has also taught classes for policemen, firemen, prosecutors and emergency physicians, among others.

42. Getting Into Politics

Thursday, July 1, 10:00 – 11:30

Lake Anne Church

Instructor: Ron Christian

This class is also offered on Thursday, June 24, at Tallwood. See Course# 36 for description.

43. Maintaining Your Independence and Quality of Life

Thursday, July 1, 10:00 – 11:30

Tallwood

Instructor: Sarah Parks

This class is also offered on Tuesday, June 29, at Lake Anne. See Course # 6 for description.

44. First Ladies

Thursdays, July 8, 15, 10:00 – 11:30

Tallwood

Instructor: Janette Muir

While much is known about the men who served as presidents of the United States, their wives are much overlooked. This two-session class will look at some of the interesting 20th century women in the whose patriotism and activism, both behind the scenes and in the public forum, have influenced their husbands and the country at large. Being First Lady goes well beyond choosing china and dressing fashionably. We will look at some of the major roles these women have played and talk about future "first spouses" on the horizon. Janette Muir is the Associate Dean of New Century College at George Mason University. She has a Ph.D. from the University of Massachusetts in rhetorical studies and has recently published a book chapter on Nancy Reagan, in *Inventing a Voice: The Rhetoric of First Ladies of the 20th Century*.

45. Napoleon's Female Antagonist

Thursday, July 8, 10:00 – 11:30

Tallwood

Coordinator: Florence Adler

Victoria D. Schmidt, author and former director of Travel and Tourism for New Jersey, will discuss her book, *Triumph in Exile: A Novel Based on the Life of Madame de Stael, The Woman Who Challenged Napoleon*. De Stael was a passionate 18th century political activist and a discriminating woman, selective in whom she invited into her boudoir. An articulate, charismatic salonaise, she enchanted some of the most powerful leaders of Europe. When Napoleon refused to succumb to her spell, he took him on as a worthy adversary—and won. Thus, she helped change the course of history.

Thursdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

46. Low Back Pain: Causes and Cures

Thursday, July 8, 10:00 – 11:30

Lake Anne Church

Instructor: Trang-Thanh Ton

This course will examine the types and causes of low back pain. Trang-Thanh Ton, D.C., L.Ac., a chiropractor with the Optimal Health Center, will explore drug-free and surgery-free preventative measures and exercises that can easily be performed to help in recovery. She also holds her certification of acupuncture. Her mission is to help as many people as possible to achieve optimal health naturally through chiropractic, acupuncture and nutrition. She will teach another course on Tuesday, July 20, at Tallwood. See Course #17 for description.

47. Music in the Movies

Thursday, July 15, 10:00 – 11:30

Talkwood

Instructor: Stephen Burton

Can you imagine a film without music? A film score can function on several levels simultaneously. It can bond musical material to characters or events, provide transitions between scenes, or invoke geographic or ethnic elements or an era. It can create emotional effects such as a mood or a tension. These are a few of the topics that Stephen Burton, a professor of music at GMU, will be discussing and demonstrating in this session. Burton holds the Heritage Chair in Music and is a member of the faculty of GMU's College of Visual and Performing Arts. He has taught several music classes at LRI.

48. Safe Computing

Thursdays, July 15, 22, 10:00 – 11:30

Talkwood

Instructor: Stephen Vandivere

If you have experienced the frustration of trying to recover from computer disasters, this class is for you. The course will cover threats to your data, including hardware failure, viruses, worms, spam, cookies and human error. Protecting your data will focus on backing up and recovering data and virus scanning. You will learn how to safely configure your computer using your operating system and

browser. The two-session class will explore how to keep e-mail secure and how to browse safely. You will also get tips on protecting yourself while chatting and file sharing as well as how to keep informed on threats and hoaxes. Students must have a computer and an Internet service provider. Stephen Vandivere has worked as a computer programmer since 1962, in system administration, programming support and operations. His knowledge of personal computers comes from reading about current computer-related events.

Class Limit: 25.

49. So You've Retired: Now What?

Thursdays, July 15, 22, 29, 10:00 – 11:30

Lake Anne Church

Instructor: Mimi Lising

Most of the important events in your life require financial preparation—buying a home, managing a business, retirement, providing for your heirs. In this three-session class you will learn the fundamental financial principles or “rules of the road” required to develop and stick to such a plan. Upon completion of the class, students should understand the differences between the basic asset categories, recognize the various risks associated with different investments and understand how these risks can be managed, and better understand the tax implications of investing, including the fundamentals of estate planning options. The class will also provide students with information on long-term care insurance and the current issues related to Social Security and Medicare changes. Mimi Lising is an investment representative for Edward Jones, a national investment firm. She specializes in developing financial strategies designed to assist individuals and small businesses achieve their financial plans.

50. Bonsai Challenge

Thursday July 22, 10:00 – 11:30

Talkwood

Coordinator: Velma Berkey

Carole Roelofs, President of the Northern Virginia Bonsai Society, will present “Bonsai Growing Tricks

Thursdays (All classes are from 10:00 to 11:30 unless otherwise indicated.)

as They Relate to Other Plants.” Her program promises to be an accessible demonstration enabling everyone to see the live plants displayed hands-on rather than by slide. Carole Roelofs will touch on many of the basics of Bonsai as her seasonal exhibition unfolds. A student of Bonsai for more than 20 years, she exhibits her trees at the National Arboretum and the Potomac Bonsai Association.

51. Exercise and the Older Adult

Thursday, July 22, 10:00 – 11:00 (Note Time)

Lake Anne Church

Instructor: Chip Curley

Regular physical activity can help reduce your risk of heart disease, high blood pressure, stroke and diabetes. It can help you reduce body fat, increase muscle mass, and help reduce stress levels. Chip Curley, a certified personal trainer with a degree in exercise science from GMU, will explore these and other benefits of exercise and then explain different activities that can be used as forms of exercise. There are many ways to be active without going to a gym. Time will be provided for questions and discussion.

52. How to Reorganize Your Life

Thursday, July 22, 10:00 – 11:30

Talkwood

Instructor: Mathilde Speier

Are you planning to downsize, move or handle an estate? Then this class is for you. This one-day session will introduce you to the main principles, tools and strategies professional organizers use to help you organize clutter of all sorts and sizes. You will learn how to set motivators that help you to get quickly and as painlessly as possible through the process and to make the change a rewarding experience. Mathilde Speier holds an M.A. in art history and is an administrative assistant at LRI at Lake Anne. She has extensive, hands-on experience with reorganizing issues.

53. The 1918 Flu Virus and the Search to Unlock Its Key

Thursday, July 29, 10:00 – 11:30

Talkwood

Instructor: Jeffrey Taubenberger

The 1918 flu epidemic put every other epidemic of the past century to shame. It was a plague so deadly that if a similar virus were to strike today, it would likely kill more people in a single year than heart disease, cancer, stroke, AIDS and Alzheimer’s disease combined. A terrifying presence at the end of WWI, the epidemic killed more Americans in a single year than died in battle during WWI, WWII, the Korean War and the Vietnam War. Our guest will discuss his efforts to find the key to this dangerous virus to reduce and/or eliminate its risk to mankind in the future. Jeffrey Taubenberger, M.D., Ph.D., has been at the forefront of this search. He is Chairman of the Division of Molecular Pathology at the Armed Forces Institute of Pathology, Washington, D.C.

54. Philadelphia: Holy Experiment

Thursday, July 29, 10:00 – 11:30

Talkwood

Instructor: Marion Burgett

Pennsylvania was the 12th of the original colonies. Positioned in the middle of the English settlers, with the ideas of William Penn, its founder, the well-planned city of “Brotherly Love” prospered. A center of revolutionary fervor, Philadelphia hosted two Continental Congresses and was America’s first capital. We will journey as far as 1800 on this tour and meet publisher, author, inventor scientist, diplomat and leader in the American Revolution, Ben Franklin. A proud native of Philadelphia, Marion Burgett will share her love of her hometown.

Future Term Dates

Fall 2004	Sept. 20 – Nov. 12
Winter 2005	Jan. 24 – Feb. 18
Spring 2005	Mar. 28 – May 20
Summer 2005	June 21 – July 28

Other dates

55. Rafting on the Shenandoah

Friday, July 9, 10:30 – 5:00

Coordinator: *Carlyn Elder* 703-391-9101

Join fellow LRI members for an afternoon of water adventure. The rafting trip includes Class I, II and III whitewater action and slow water solitude that both new and experienced riders will enjoy. The tour features spectacular scenery and rich history of the Valley, including Harpers Ferry National Park at the confluence of two great rivers. Meet at Tallwood at 10:30 to carpool to Harpers Ferry. Dress for sunny, hot weather and for getting wet. Don't forget sun tan lotion. The guide will give instructions and help you put on your vest and helmet. Each raft holds four to six persons with a guide. Juice will be served halfway down the river. Further information is on the website at www.riverriders.com. The fee of \$43, payable with your registration form, covers the ride, equipment, guide and drink. If you are willing to drive, please indicate this on your registration form. Also, if you want to purchase a picture of yourself rafting, let the coordinator know a week before the trip so she can reserve a photographer.

56. Birding: A Natural High

Monday, July 12, 7:00 – 10:00

Eakin Community Park

Instructor: *Carolyn Williams* 703-273-1961

This early-morning field trip to Eakin Community Park will introduce you to the pleasures of birding and a chance to explore the Accotink Stream Valley. Carolyn Williams, a leader of weekly bird walks, will explore spring bird migration, area breeding birds and bird identification. We will identify birds by sound and sight, and learn why watersheds and stream valleys are important for avian breeding habitats and migration routes. The class will examine the negative effects of human activities on habi-

tat and some ways we can help. Bring binoculars, if you have them, and meet at Eakin Community Park parking lot on Prosperity Avenue, halfway between Routes 50 and 236.

57. *The Spitfire Grill*, a musical

Saturday, August 14, 10:30 – 6:30 (Note Date)

Bus Trip to Wayside Theater

Coordinator: *Lorraine Rosenberg* 703-361-4572

Percy is searching for new direction for her life after prison. She is attracted to a photo of fall foliage of Gilead, Wisconsin, in a travel magazine she read while in prison. But, waitress at the town's only restaurant, the Spitfire Grill, is the only job available. All is far from perfect; the townsfolk are uneasy about strangers, especially one who has spent time in prison. There is no welcome mat to this town of no future. But three women transform the Grill over naysayers, spawning new life in the community. You will enjoy this charming musical that embraces the audience with a variety of music ranging from folk to country to Broadway show tunes. We will have lunch at the Wayside Inn adjacent to the theater. The play begins at 2:30. The bus will leave promptly at 10:30 from the Fair Oaks Mall, Parking Lot No. 8, outside the circular road near the Holiday Inn (see details on inside back cover). Please arrive no later than 10:15. The fee of \$50, payable with your registration form, covers admission to the theater, luncheon, tip, bus fare and driver gratuity.

Please make your lunch selection by circling your choice on the registration form:

Roast Pork Loin with a Port Cherry Sauce, Mashed Potatoes and Gravy, or

Grilled Fresh Atlantic Salmon with a Pommeray Mustard Sauce, Rice and Vegetable of the Day.

Let's Do Lunch

Round out your summer schedule! Join your friends at LRI for enjoyable luncheon gatherings. Your Hospitality Committee has arranged a series of Summer Lunches from early June to late August. Each luncheon starts at 12:30 so you will have time to reach the restaurant after class. The menus are varied, the price is right, and the buffet style lets you fill your plate with what you like best. There will be sign-up forms with each restaurant address in the Social Room and in all classrooms. The schedule and restaurant sites, as well as reservation deadline dates, are shown below. **Note:** Two dates fall between terms so it is important that we receive your reservation checks before the deadline. **Please make all checks out to LRI.** For questions, call Joan Salemi, 703-451-1842.

Lunch Date	Reservation Deadline	Place	Cuisine	Price*
Tuesday, June 8	May 28	Marco Polo/Vienna	Italian/Continental	\$15.25
Tuesday, July 13	July 2	Brion's/Fairfax	American	\$12.00
Tuesday, Aug. 24	Aug. 5	Metropolis/Reston	International	\$16.00**

*Prices include beverage (coffee, tea), tax and gratuity.

** The Metropolis offers an elaborate buffet. Price includes dessert.



How You Can Contribute to LRI's Program

LRI exists to offer stimulating courses, special events and other activities for its members. You can contribute to the continuing success of LRI's program by participating in one or more Resource Group meetings scheduled for August. You don't have to be an expert in anything. The best ideas come from people with imaginations. All the meetings are at Tallwood. The chairs of each Resource Group are shown on page 3. If you want more details, call Carol Ferrara at 703-503-7866.

Art/Music/Drama.....	August 24, 10:00 – 12:00
Philosophy/Ethics/Religion.....	August 23, 10:00 – 12:00
History/International/Social.....	August 25, 10:00 – 12:00
Economics/Finance.....	August 25, 1:00 – 3:00
Science/Health/Technology.....	August 24, 1:00 – 3:00
Literature/Languages.....	August 23, 1:00 – 3:00

Ongoing Activities

◆ All LRI members are welcome at these ongoing activities. You do not need to register to attend. Check with the Coordinator if you have questions.

Book Club at Tallwood

Wednesdays, June 9, 10:00 – 12:00,
July 14, 1:30 – 3:00

Coordinators: Kathryn Russell ☎ 703-323-0168
Ceda McGrew ☎ 703-323-9671

The book club discusses both fiction and nonfiction. On June 9, the selection will be *The Secret Life of Bees* by Susan Kidd. On July 14, the book will be *The Heart is a Lonely Hunter* by Carson McCullers. The club will not meet in August.

History Club

Wednesday, June 2, 10:30 – 12:00
Tallwood

Coordinator: Michael Styles ☎ 703-250-9604

Come to the History Club to hear about and discuss subjects centering on historical themes. If you want to receive the bimonthly *History Club Newsletter*, e-mail mhstyles@att.net. The group will not meet over the summer.

Classic Fiction Book Club

Fridays, May 28, June 25, July 23, 10:00 – 11:30
No meeting in August

Reston Regional Library

Coordinator: Sigrid Blalock ☎ 703-467-3047

This book club will discuss *The Bridge of San Luis Rey*, by Thornton Wilder on May 28; *As I Lay Dying*, by William Faulkner on June 25; and *A Handful of Dust*, by Evelyn Waugh on July 23.

Philosophy Book Group

Wednesdays, May 26, June 23, 2:00 – 3:30
Reston Regional Library

Coordinator: Tom Hartnett ☎ 703-481-3492

Upcoming selections include, for May 26, *The Sacred Balance: Rediscovering our Place in Nature*, by David Suzuki; and for June 23, *The Geography of Thought*, by Richard E. Nisbett, on basic East/West world view differences.

Fiction Writers' Club

Wednesday, May 19, 1:30 – 3:30
Tallwood

Coordinator: Peter Poole ☎ 703-281-0530

The group will meet on May 19. No meetings are scheduled during June, July and August.

Bridge Club

Wednesdays, May 19, 1:30 – 3:30

June 23, 30, July 7, 14, 21, 28, 12:00 – 2:00

May 26, June 2, 9, 16, Aug. 18, 25, Sept. 1, 8, 15,
10:00 – 12:00

Tallwood

Coordinators: Susanne Zumbro ☎ 703-569-2750

Gordon Canyock ☎ 703-425-4607

Drop in anytime on the Bridge Club and enjoy the friendly atmosphere of “party bridge.” Skill levels vary from advanced beginner to aspiring expert. Partnerships are rotated every four hands.

Scrabble Group

Wednesdays, May 19, 1:30 – 3:30

June 23, 30, July 7, 14, 21, 28, 12:00 – 2:00

May 26, June 2, 9, 16, Aug. 18, 25, Sept. 1, 8, 15,
10:00 – 12:00

Tallwood

Coordinators: Margaret Andino ☎ 703-978-1704

Barbara Lynch ☎ 703-451-0202

Scrabble enthusiasts from beginner to aspiring expert are encouraged to join. Participants play two or three to a table.

Walking Group

Tuesdays, 8:15 – 9:15

Lake Anne Church

Coordinator: Elaine Schwartz ☎ 703-471-7186

Join a group of LRI members who enjoy walking outdoors in local neighborhoods with moderately flat terrain. The group will leave promptly at 8:15 and return in time for coffee before classes. Meet in the parking lot at Lake Anne Plaza.

Summer 2004 Schedule

◆ All classes meet from 10:00 to 11:30, unless otherwise noted in description.

◆ TA = Tallwood LA = Lake Anne Church OL = Other Location Book Shop = at Lake Anne Museum at Lake Anne

Tuesdays	Wednesdays	Thursdays	Activities on Other Days & Times
6/22	6/23	6/24	
2. POW of Japanese TA 3. Poetry Workshop TA 4. Russia, Today & Tomorrow TA	21. Intermediate Digital Photo TA 22. Investment Forum TA 23. Library of Congress/PO BUS 26. Intermediate Italian TA	36. Getting Into Politics TA 37. Mexico TA 38. Sun/Storms in Space TA 39. Watercolor TA	7/9 55. Rafting on the Shenandoah OL
1. <i>The Leopard</i> LA	24. Literary Roundtable Book Shop 25. Painting Workshop Museum	1. <i>The Leopard</i> LA 35. The Crusades LA	7/12 56. Birding: A Natural High OL
6/29	6/30	7/1	
3. Poetry Workshop TA 7. Presidential Campaign Songs TA 8. Social Change TA	22. Investment Forum TA 26. Intermediate Italian TA 27. <i>Strangers on a Train</i> TA 28. Technology International TA	37. Mexico TA 39. Watercolor TA 40. Life Safety Issues TA 43. Independent Living TA	8/14 57. <i>The Spitfire Grill</i> , a musical BUS
5. Extinction Workshop LA 6. Independent Living LA	24. Literary Roundtable Book Shop 25. Painting Workshop Museum	41. Forensics LA 42. Getting Into Politics LA	
7/6	7/7	7/8	
3. Poetry Workshop TA 7. Presidential Campaign Songs TA 10. Jazz Seminar TA	21. Intermediate Digital Photo TA 22. Investment Forum TA 26. Intermediate Italian TA 29. Outlook for Energy TA	37. Mexico TA 39. Watercolor TA 44. First Ladies TA 45. Napoleon TA	
9. Berlin LA 11. Tips Toward Better Writing LA	24. Literary Roundtable Book Shop 25. Painting Workshop Museum	46. Low Back Pain LA	
7/13	7/14	7/15	
3. Poetry Workshop TA 12. Geology of VA & MD TA 15. Richmond Issues TA	15. Richmond Issues TA 22. Investment Forum TA 26. Intermediate Italian TA 30. American Art Gallery TA	39. Watercolor TA 44. First Ladies TA 47. Music in the Movies TA 48. Safe Computing TA	See Ongoing Activities on page 18 for days and times of book clubs, Fiction Writers' Group, Bridge, Scrabble and Walking Group.
13. Opera: <i>La Boheme</i> LA 14. Visit Artists LA	24. Literary Roundtable Book Shop 25. Painting Workshop Museum	13. Opera: <i>La Traviata</i> LA 49. So You've Retired LA	
7/20	7/21	7/22	Let's Do Lunch!
3. Poetry Workshop TA 16. Aquatic Gardening TA 17. Arthritis TA	22. Investment Forum TA 26. Intermediate Italian TA 31. National Gallery Tour BUS 32. French Cheeses TA	39. Watercolor TA 48. Safe Computing TA 50. Bonsai TA 52. Organize Your Life TA	Sign up for one or more on your registration form.
9. Berlin LA 18. French Cheeses LA	24. Literary Roundtable Book Shop 25. Painting Workshop Museum	49. So You've Retired LA 51. Exercise Older Adult LA	6/8 Marco Polo/Vienna 7/13 Brion's Grill/Fairfax 8/24 Metropolis/Reston
7/27	7/28	7/29	
3. Poetry Workshop TA 19. Extinction Workshop TA 20. Presidential Campaigns TA	22. Investment Forum TA 26. Intermediate Italian TA 33. Art is Upon Town TA 34. Tallwood History TA	39. Watercolor TA 53. Flu of 1918 TA 54. Philadelphia TA	
13. Opera: <i>Rigoletto</i> LA	24. Literary Roundtable Book Shop 25. Painting Workshop Museum	13. Opera: <i>Rigoletto</i> LA 49. So You've Retired LA	

Registration & Membership

Registration Form

● Use the registration form on the opposite page to sign up for summer courses and events, as well as to apply for or renew your membership. Return the form with your check(s) to LRI by mail or in person. **Registration begins Thursday, May 20 and ends Monday, June 7. Faxed or e-mailed registrations will not be accepted.**

● You must sign the waiver on the back of the form for all courses and events that include bus trips.

Fees and Charges

● If the date on your address label is 9/1/04 or later, you are a continuing member and do not need to renew your membership at this time.

● If the date on the label is 6/1/04 or earlier or if you are a new member, you should submit the registration form and pay your \$270 annual dues to renew your membership or to become a member.

● Please write separate checks for any course or event with a listed charge so that LRI can easily return your check if the activity is oversubscribed.

● Your registration may be delayed if you do not submit required payments with your form.

● There will be no refunds if you do not attend a course or take a bus trip for which you have enrolled.

Making Changes

● On or after June 7, you may register for additional courses and events that are not oversubscribed by filling in a change of schedule request form (available in the social room at Tallwood and during the term at the Lake Anne church). A list of open activities will be posted in the social room at Tallwood and at the Lake Anne church and included in *This Week at LRI*.

Attendance

● You are urged to attend all courses and activities for which you are enrolled. Good attendance is important in getting future instructors and speakers, who receive no fees or honoraria.

● In order to be fair to all LRI members, please:

● Select only those courses and events that you plan to attend.

● Attend only those courses and events in which you have been confirmed, either via your confirmation letter or change of schedule request approval.

Need More Information?

If you have questions, call 703-503-3384 or stop by the Tallwood office between 9:00 a.m. and noon or ask at the Lake Anne church or at the Tallwood office after the term begins.

Getting the Courses and Events You Want

● All courses and events are limited by available space or other factors. The most important thing you can do to improve your chances of getting the courses and events you want is to list them in order of their importance to you on the registration form. When courses or events are oversubscribed, priority is given based first on the preference you assign to each selection and secondly on the date of receipt of your registration form. Therefore, you can also increase your chances of getting the courses and events you want if you get the registration form in early within the registration period.

● You will receive a confirmation letter about one week before the term begins, showing the courses and events for which you have been enrolled. (Confirmation cannot occur until after registration has closed on June 7.)

Registration Form: Summer 2004

Office Use Only	
D _____ / _____ T _____	: _____
Mbr Chk _____	_____
Act Chk _____	_____
Act Chk _____	_____
Act Chk _____	_____
CM	RM NM

◆ **Print all entries.** ◆ **Check all applicable boxes.** ◆ **Enclose all necessary checks.**

Membership Data

Name: Dr. Mr. Mrs. Ms. (CIRCLE ONE) _____, _____, _____
LAST NAME PREFERRED FIRST NAME M.I.

Address _____
STREET CITY STATE 9-DIGIT ZIP

Phone _____ E-mail _____ @ _____ Fax _____

Emergency Contact _____ Relationship _____ Phone _____

Check this box if you are a new member or there are changes in the above since your last submission. **If you are a new member, how did you learn of LRI?** Please be specific, i.e., through a particular publication? the Internet? an LRI member? Are you a GMU alumnus?

My membership is current (address label dated 9/1/04 or later)CM

Enclosed is my \$270 renewal fee (address label dated 6/1/04 or earlier).....\$ _____ RM

Enclosed is my \$270 new-member fee (no date on address label).....\$ _____ NM

Enclosed is my contribution to *Friends of LRI*\$ _____

I do not want my name listed as a contributor in LRI publications

Enclose a check payable to LRI for this total\$ _____

Enclose separate checks payable to LRI for the following activities:

- 18: French Cheeses at LA \$6 23: Library of Congress bus trip \$17 31: National Gallery Tour \$16
- 32: French Cheeses at TA \$6 55: River Rafting \$43
- 57: Wayside Theater \$50 circle lunch choice: Pork Loin or Salmon
- Let's Do Lunch*: June 8 \$15.25 *Let's Do Lunch*: July 13 \$12 *Let's Do Lunch*: Aug. 24 \$16

Note: Checks may be combined for *Let's Do Lunch* dates.

Registration Data

- **Prioritize your selections!**
- **If you want to attend any session with an LRI spouse or an LRI friend, list your selections in the same order.**
- **If you are willing to be a class liaison, put an "L" next to the course number.**
- **If you sign up for a bus trip, you must sign the waiver on the back of this form.**

	Letter	Class/Title
1st ^{choice}		
2nd ^{choice}		
3rd ^{choice}		
4th ^{choice}		
5th ^{choice}		
6th ^{choice}		

	Letter	Class/Title
7th ^{choice}		
8th ^{choice}		
9th ^{choice}		
10th ^{choice}		
11th ^{choice}		
12th ^{choice}		

Turn to back of this form for bus waiver and filing instructions.

Acknowledgment Release and Waiver for Bus Trips

The undersigned:

- Acknowledges that he/she expects to participate in one or more activities for the summer 2004 term that entail bus transportation and associated programs at locations other than sites of the Learning in Retirement Institute (LRI) at which classes and other activities are normally held.
- Hereby waives and releases LRI from any and all claims for injury or damage sustained by, through or as a result of such activities.
- Holds LRI harmless for any claims resulting therefrom.

Signature: _____ Date: _____

**Registration begins at 9 a.m. Thursday, May 20, and
ends Monday, June 7.**

**Mail or deliver this form to the following address
during this registration period:**

**Learning in Retirement Institute
4210 Roberts Road
Fairfax, VA 22032-1028**

**Be sure to sign the waiver at the top of this
page if you have signed up for any bus trips.**

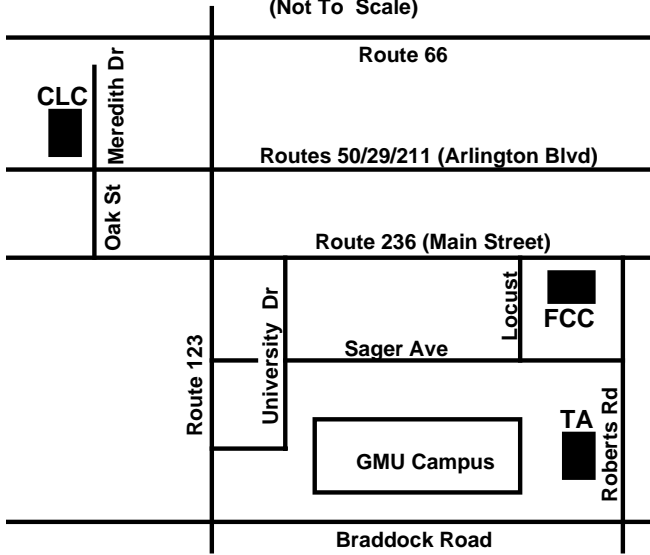
Volunteers needed!

LRI is in need of volunteers to serve on all of its committees. Please check the appropriate box to indicate your interest, and you will be contacted.

- Facilities:** Assesses the need for physical facilities, landscaping and equipment, and develops projects to meet those needs.
- Finance:** Advises the treasurer on financial matters, assists in preparing the annual budget, revenue and operating expense reports.
- Hospitality:** Hosts social events, including a coffee for new members, a holiday party in December and others throughout the year.
- Membership:** Recruits new members, maintains a friendly and welcoming atmosphere and promotes volunteerism.
- Programs/Special Events:** Plans and evaluates LRI courses and special events.
- Publications:** Oversees the production of regularly issued LRI publications.

Fairfax Locations

(Not To Scale)



Directions to Lake Anne Locations

● **Washington Plaza Baptist Church, Reston Community Center, Reston Storefront Museum, and Reston Used Book Shop** are all located at the northern end of Lake Anne off North Shore Drive, which loops around most of the Lake. There are several entrances to North Shore Drive, but (unless you are a local resident) the best way is to enter at Village Road off Baron Cameron Avenue. Entrance signs read *Lake Anne Village Center*.

● Once on Village Road, turn almost immediately left onto North Shore Drive and then immediately right to enter the Parking lot, where there is ample parking.

● Facing toward the lake (away from the direction you entered), take the entryway on your right. Past several buildings, **Washington Plaza Baptist Church (WPBC)** is on your right, facing the open plaza area. Take the sidewalk on the right side of the church (next to the coffee shop) to enter the ground floor room.

● The **Reston Community Center Lake Anne Facility (RCC)** is located on your left as you approach Lake Anne from the parking lot, directly across from the Millennium Bank.

● The **Reston Storefront Museum (SM)** and **Reston Used Book Shop (UB)** are across the plaza from the church.

Directions to Fairfax Locations

● **Tallwood (TA)** at 4210 Roberts Road can be accessed from Route 236 (Main Street) or Braddock Road. Parking is available in the lot in front of Tallwood and in the pool lot to the right (north) of Tallwood.

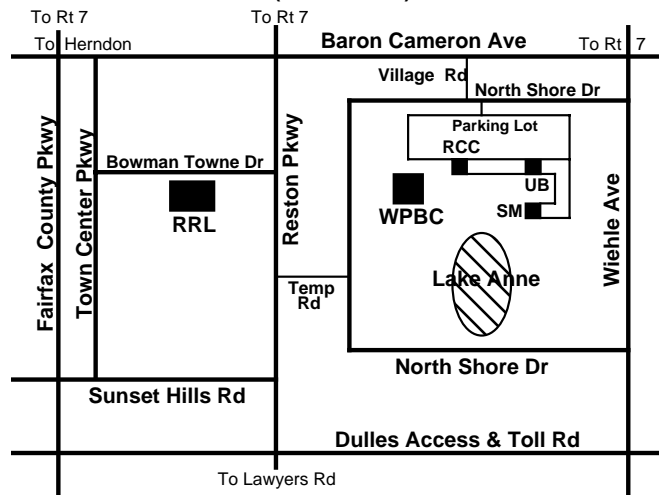
● **Fairfax Christian Church (FCC)** at 10185 Main Street in Fairfax City can be accessed only from Route 236 (Main Street). No left-hand turn is allowed from Roberts Road to Main Street. Parking is available in the church lot.

● **Christ Lutheran Church (CLC)** at 3810 Meredith Drive can be accessed from Route 50 (Arlington Boulevard). Turn right onto Meredith Drive one-half mile west of the intersection of Routes 50 and 123. The church and parking lot are on the left.

● **Bus Trip Pickup** is from Parking Lot No. 8 on the circular road in Fair Oaks Mall near the Holiday Inn. Fair Oaks Mall is at the intersection of Routes 66 & 50 in Fairfax and is accessible from Route 50 or West Ox Road (Route 608).

Reston Locations

(Not To Scale)



Directions to Reston Regional Library

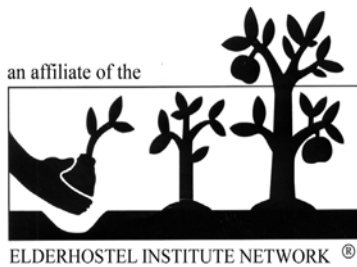
● The **Reston Regional Library (RRL)** is located at 11925 Bowman Towne Drive between Town Center Parkway and Reston Parkway.

LRI

Learning in Retirement Institute
George Mason University
4210 Roberts Road
Fairfax, VA 22032-1028
www.lri.gmu.edu

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
MERRIFIELD, VA
PERMIT No. 6309

DATE MAILED: MAY 14, 2004
PLEASE DELIVER BY MAY 19, 2004



Note: If the date below is **6/1/2004 or earlier**,
you need to renew your membership.

Empty dotted-line box for membership renewal information.