

Spring 2004 Catalog
Mar. 29 – May 21

LEARNING IN RETIREMENT INSTITUTE



Broadening Horizons Together

*Affiliated with George Mason University
Sites at Tallwood in Fairfax and Lake Anne in Reston*

LRI



Serving the Northern Virginia
community by providing
intellectual and cultural
experiences for residents
in their retirement years

Learning in Retirement Institute

Tallwood, 4210 Roberts Road

Fairfax, VA 22032-1028

GMU MSN 5C1

Phone: 703-503-3384 • *Fax:* 703-503-2832

Email: lri@gmu.edu

Website: www.lri.gmu.edu

Affiliated with George Mason University

Sites at Tallwood in Fairfax and Lake Anne in Reston

LRI Catalog Spring 2004

2

All About LRI

Who we are, where we are located, how to become a member, GMU campus privileges, contributing to Friends of LRI, organization and people, program development.

4

Courses

Descriptions of 57 courses being offered during the spring term.

21

Special Events

Descriptions of 11 special events.

24

Ongoing Activities

Several ongoing activities for which you do not need to register.

25

Schedule

A list of all courses, special events and ongoing activities shown in calendar form.

26

Registration & Membership

Guidance on how to apply for membership and register for courses and special events. Both members and prospective members should read this page.

27

Registration Form

Cut out and use this form to apply for or renew membership and to register for courses and special events.

Inside Back Cover

Maps showing locations of class sites and bus departure information.

All About LRI

Who We Are

The Learning in Retirement Institute (LRI), affiliated with George Mason University (GMU), offers daytime courses, lectures, special events and other activities during eight-week terms in the fall and spring, a four-week mid-winter term and a six-week summer program. There are no exams, no credits, no college degree required and no age threshold. Making new friends is an important part of the LRI concept. Social activities include luncheons and picnics.

Course leaders are qualified members of LRI and others who enjoy sharing their knowledge. We are particularly fortunate in our outside teachers and speakers, attracting well-known and knowledgeable persons from GMU, government, foreign embassies and private organizations.

Members pay annual dues of \$270, which entitles them to attend as many activities as they wish, subject to availability of space. There may be charges for required books and materials and for some special events. LRI offers scholarships for those in financial need; ask our Administrator at the Tallwood office for details.

LRI publishes *LRI Times*, a quarterly newsletter that keeps members informed about the Institute; *This Week at LRI*, published regularly during each term; a *Membership Directory* twice a year and a *Member and Volunteer Handbook* for new members.

Log on to www.lri.gmu.edu
for more information.

LRI is a member of the Elderhostel Institute Network of similar organizations at colleges and universities in the U.S. and Canada. LRI is a nonprofit equal opportunity 501(c)(3) organization and does not discriminate on the basis of race, color or national or ethnic origin.

Where We Are

Most activities are held either at Tallwood, 4210 Roberts Road in Fairfax, or at the Washington Plaza Baptist Church at Lake Anne in Reston. LRI's main office is at Tallwood, with a satellite office at the Lake Anne church (open only during class hours). Both sites are handicapped-accessible, and free parking is available. Maps and directions for all locations are on the inside back cover.

How to Join

Any person may become a member beginning with the spring 2004 term (through winter 2005) by filling in the Registration Form on page 27 and submitting it to LRI with the required check(s).

If you would like to try us out first, during any two consecutive weeks you may visit one or more classes that are not oversubscribed. Check with the Tallwood office to find out whether the class you want to visit has space available.

GMU Privileges

LRI members are entitled to a GMU ID card, which allows you to check out books at the University Library, purchase items at the GMU computer and book stores and enjoy other campus privileges (but not free parking on campus). A GMU Intranet and email account is also available. To apply for or renew an existing ID card or account, visit the Tallwood office.

Friends of LRI

Members are encouraged to make tax-deductible contributions. Unless otherwise designated by the giver, contributions will primarily be designated for capital expenditures for LRI and for scholarships and other grants that LRI makes to GMU in recognition of the support provided us by the university. All contributors will be recognized as *Donors* to Friends of LRI. Those who contribute a total of \$100 or more during the year will be recognized as *Supporters*. Those who contribute a total of \$250 or more during the year will be recognized as *Patrons*. You may send contributions at any time, or you may include a donation with your Registration Form.

LRI Organization

LRI is a membership organization, with a Board of Directors elected by the membership. All activities are managed by LRI volunteers and a small paid staff. Members are encouraged to participate in the many support functions.

Board of Directors

President.....Bob Bohall
Vice President.....Kathryn Russell
Treasurer.....Don Yesukaitis
Secretary.....Eileen Duggan

Florence Adler	Carol Henderson
Gordon Canyock	Don Igo
Art Cook	Ceda McGrew
Michael Coyne	Palmer McGrew
Janice Dewire	Allen Montecino
Abbie Edwards	Ray Solomon
RoseMary Gustin	Susanne Zumbro

Committee Chairs

Administration.....Janice Dewire
Development.....Eileen Duggan
Facilities.....Gordon Canyock
Finance.....Don Yesukaitis
Hospitality.....Art Cook
Membership.....Susanne Zumbro
Program Coordinator.....Carol Ferrara
Program, Special Events.....Florence Adler
Publications.....Carol Henderson
Reston Support.....Abbie Edwards
University Liaison.....Michael Styles

Administration

Administrator.....Jennifer Maloney
Admin. Assistant, Talkwood.....TBA
Admin. Assistant, Lake Anne.....Mathilde Speier

Communications

Tallwood office, phone.....703-503-3384
Fax.....703-503-2832
Email.....lri@gmu.edu
Website.....www.lri.gmu.edu
Lake Anne, Mathilde Speier.....703-927-5450
GMU mail stop number.....MSN 5C1

Program Committee

Courses, special events and ongoing activities are developed by the Program Committee.

Program Coordinator.....Carol Ferrara
Phone.....703-503-7866
Email.....cferrara@gmu.edu

Art Cook	Ceda McGrew
Pat Cosslett	Joan Salemi
Harold Davey	Elaine Schwartz
Carlyn Elder	Virilinda Snyder
RoseMary Gustin	Mathilde Speier
Tom Hartnett	Lilyan Spero
Caroline Hartzler	Audrey Sullivan
George Heatley	Carr Whitener
Don Igo	

Resource Group Chairs

Art/Music/Drama.....Barbara Lynch
Economics/Finance.....Don Igo
History/Social Studies.....Tom Hady
Language/Literature.....Carol Henderson
Religion/Ethics/Philosophy.....Joan Salemi
Science/Health/Tech.....Janet Meisenhelder

Class Liaison Coordinators

Talkwood.....Ceda McGrew
Reston.....Ann Goerold

Special Events Subcommittee

Chair.....Florence Adler

Barry Berkey	Norm Rosenberg
Velma Berkey	Virilinda Snyder
Fran Bouley	Carol Towse
Lillian Justice	Joan Tullington
Barbara Lanterman	Melinda Young
Lorraine Rosenberg	Craig Zane

Catalog Production

Editor.....Jan Bohall
Proofreaders.....Karen Hamilton, Josie Tucker
Formatter.....Jennifer Maloney
Keyboarder.....Minerva Reid
Website.....Michael Coyne

Courses: Mar. 29 – May. 21

- ◆ All classes meet once a week during the term unless otherwise noted.
- ◆ Class hours are 9:30 – 11:00, 11:30 – 1:00, and 2:00 – 3:30, unless otherwise noted.
- ◆ For location of class sites, see maps on inside back cover.

100 Art, Music & Drama

101 Sketching With Pencil and Ink

Mondays, 2:00 – 3:30

Tallwood

Instructor: Dick Hibbert

Participants will learn about the materials and techniques useful in drawing with pencil and ink and in sketching still lifes, landscapes and illustrations. Class participation and homework assignments are expected. Class limit: 12.

Dick Hibbert is a graduate of Oregon State University and the University of Oregon School of Architecture. Currently, he is a private architectural consultant and formerly served as the chief architect for Navy housing. He previously taught photography in the Fairfax County Adult Education Program and has been teaching art classes at LRI for several years.

102 Story Telling With Photography

Thursdays, 2:00 – 3:30

Tallwood

Instructor: Dick Hibbert

Class members will explore ways to organize the photos they take on field exercises during the term. They will learn how to select a visual theme they feel is graphically significant. The instructor will demonstrate how to make an interesting collection worthy of further organization. Students will share their prints in black and white or color, which will be studied or used to create “story boards.” The final “story telling” presentation will be exhibited in the Tallwood art space.

See previous course for biographical information.

103 Art & Archaeology of Ancient Greece

Mondays, 9:30 – 11:00 and 11:30 – 1:00, Mar. 29, Apr. 5, 12, 19

Tallwood

Instructor: Glenn R. Markus

Discover how the ancient Greeks developed their great arts, bronze sculpture and architecture during classical times. Tour the Minoan palaces on the island of Crete and the fortress citadel of war-like Mycenae, described by Homer as “rich in gold.” Follow the evolution of the Greek temple, culminating in the balanced elegance of the Parthenon atop the acropolis of Athens. Each session consists of a visual survey of the Greek arts with discussions of key historical events that shaped the world of ancient Greece. Note that this class meets twice each Monday for four weeks.

Glenn Markus holds a bachelor’s degree in philosophy and a master’s degree with a concentration in Greek and Roman studies, both from The Johns Hopkins University. He has been an instructor at LRI since 1992. He is also an instructor at the Christopher Wren Association at the College of William and Mary in Williamsburg, at the Lifelong Learning Society at Christopher Newport University in Newport News, and at the Lifelong Learning Institute of Chesterfield County in conjunction with Virginia Commonwealth University of Richmond.

104 Intermediate Watercolor Painting

Thursdays, 11:30 – 1:00

Tallwood

Instructor: Harriet Grever

Here’s a chance for those with some experience to share their knowledge and enthusiasm for watercolor painting. Class members will critique each other and choose the subject to be painted. Students should be familiar with the use of materials. Class limit: 10.

Harriet Grever has painted for her own pleasure for many years and has exhibited her work at LRI.

105 Painting Workshop

Wednesdays, 9:30 – 11:00

Reston Storefront Museum at Lake Anne

Instructor: Peter Ball

If a person has a little motivation, I can teach them to draw and paint and do it well. Actually, I can't teach anyone anything, but I can provide the encouragement and expertise necessary to be a fine artist.

Peter Ball has been painting for 50 years and has studied with many teachers in many places. He says he knows everything about painting, but is still figuring out how to get this information from his mind to his fingers.

106 Antecedents and Affinities

Tuesdays, 11:30 – 1:00

Talkwood

Instructor: Lola Sherman

This course examines issues of style in the visual arts: the forces that impel a given manner to fade and another to come into prominence and various art historical processes that account for change and growth in art, with a special emphasis on sources of inspiration for these changes. Do artists take the techniques of a recent master one step further to bring forth an entirely new movement, as Braque did in formulating his Cubism out of Cézanne's patches? Do they synthesize the works of artists from many generations past, as Manet is reputed to have done with works by Velázquez and Goya to produce his own singular works?

Lola Sherman has taught art at George Mason University, Georgetown University and Montgomery College. She has presented programs for the Smithsonian Resident Associates, senior seminars at the Jewish Community Center and courses at American University's ILR.

107 Collage Workshop

Wednesdays, 11:30 – 1:00, Mar. 31, Apr. 7, 14, 21

Talkwood

Instructor: Renée Saltoun

Collage is an art form in which bits of paper, cloth, pressed flowers and other small objects are pasted together on a surface either in a harmonious pattern or for symbolic or suggestive effect. This four-week workshop will focus exclusively on paper collage that can be done at practically any time or place. It doesn't require special tools, materials or training and needs little artistic skill. Materials fee: \$5, payable with your Registration Form. Please bring scissors to class.

Renée Saltoun has a deep love for the arts that goes back to her early years in the Middle East. She earned a B.A. in art history and an M.A. and Ph.D. in clinical psychology at Columbia University. In treating patients, she discovered that collage was an excellent therapeutic tool. Now retired, Renee continues her interest in this medium. Her work has been exhibited at the University of California at San Diego, the Northern Valley Art Center in Englewood (NJ), the Carl Ratcliff Art Exhibit in Atlanta, the Catskill Art Society in Hurleyville (NY) and the Ann Leonard Gallery in Woodstock (NY).

108 Contemporary American Theater

Tuesdays, 2:00 – 3:30, Mar. 30, Apr. 6, 13, 20

Talkwood

Instructor: Lorraine Brown

America's hunger for theater was apparent from the earliest days. For much of their history, Americans turned to theater for an understanding of a society whose changing nature was both positive and a cause for anxiety. Today much of the popular dimension of theater has been ceded to Hollywood and television, but drama remains a sensitive and courageous barometer of social change. We are now looking beyond Albee, Miller and Williams to an exciting group of young American playwrights whose work underlines the strength and depth of the American theater as well as the arresting quality of the writing. In this four-week course we will be discussing the work of Suzan-Lori Parks, Naomi Wallace, Tony Kushner, Nilo Cruz and others.

Lorraine Brown's scholarship and teaching areas have centered on drama: American drama from 1935 to 1955; Post-Colonial drama by women in Australia, Britain, Canada, the U.S. and Scotland, and in sophomore courses in contemporary drama and poetry. In 1987 George Mason University (through her efforts) acquired on permanent loan the early archival records of the American National Theatre and Academy (ANTA). These

records were designed to complement /contrast with the Federal Theatre Project archival records then on loan to GMU from the Library of Congress. The ANTA records, like the FTP records, were catalogued with her help and under her supervision. As a result of concentrated work by Special Collections and Archives at GMU, the Center for Government, Society and the Arts, and with input from students, a significant proportion of ANTA records will be available on line.

109 Readers' Theater

Thursdays, 11:30 – 1:00

Fairfax Christian Church

Coordinators: Lynn Gramsow, Manuel Pablo

Members will either participate each week as one of the characters in the plays selected by the coordinator or be a part of the audience. We will continue to fine-tune our reading/acting skills, to learn more about plays and play-reading in general, and to have fun interacting with one another. We would like to encourage any LRI member who loves plays and the thought of “stepping into someone else’s shoes” for a while, to try us out. To be successful, however, participants must be willing to set aside a small amount of time to practice with the other performers before the play is presented to the class.

110 Singing for Fun

Thursdays, 2:00 – 3:30

Talkwood

Instructor: Joyce DeVoll

Once again, LRI’s choral group, singing in unison, in chorus and in ensembles, will emphasize popular music, Broadway show tunes and golden oldies. A great voice is not required. Dolores Ecklund will accompany singers on the keyboard.

Joyce DeVoll, a retired music teacher, has a bachelor’s degree from Michigan State University, a master’s in educational administration from Virginia Tech, and Orff certification from George Mason University. She has had considerable experience in her church choir and English handbell group.

111 Let’s Make Music Together

Tuesdays, 9:30 – 11:00

Talkwood

Instructor: Judith Lapple

For those of you who enjoyed the Music Sampler class last fall, and appreciated the invitation by Professor Lapple to form a group of woodwind players—recorder, flute, clarinet, oboe, bassoon, to include the saxophone and trumpet—a spring semester class has been set up for such a group. This invitation is also open to others who were not in the fall class. If you have played such an instrument in your pre-retirement days, or may even continue to play at the present time, you’re encouraged to dust off those instruments and participate in this wonderful opportunity to make music with a former student of the renowned James Galway. Participants in this class are invited to bring their own music stands if possible. Class Limit: 15.

Note: Professor Lapple is also presenting a Special Event on April 14.

Judith Lapple is professor of flute and woodwind coordinator at George Mason University. She is also director and founder of The Summer Woodwind Camp held every summer at GMU in July.

112 The Ongoing Pleasures of Music

Mondays, 2:00 – 3:30

Lake Anne Church

Instructor: Gloria Sussman

Fix yourself a cup of tea or coffee, pick up a cookie and join other LRI members for a relaxing afternoon listening to a variety of recorded performances. Sessions will highlight discussions of chamber music, vocal literature and unusual instrumental combinations from the instructor’s extensive collection of recordings. No previous music courses are needed to enjoy and learn from this class.

Gloria Sussman was coach of Musica Concordia, a small Reston-based vocal ensemble, and an accompanist for the Reston Chorale. A graduate of the University of Pennsylvania with bachelor’s and master’s degrees in music education, she has taught piano and currently gives small recitals with her duet partner, Ellen Winner.

113 Classical Music Discovery

Mondays, 2:00 – 3:30

Talkwood

Instructor: Stephen Vandivere

The exploration of mostly symphonic and chamber music of primarily later 20th century composers

continues with this course. The object is to demonstrate that not all recently composed music is just “noise.” Providing a balance between selections that he feels are relatively easy on the ear with those that require more concentrated listening to appreciate fully, the presenter will offer selections that he feels are significant contributions to the modern repertoire. If the output of a composer is highly varied, more than one selection may be offered. When possible, a brief biography and a list of suggested other compositions to explore will be offered. The fifth session will be reserved for attendees to bring in selections of their choice. Discussion by attendees of presented selections will be welcomed.

Stephen Vandivere has had no formal musical training but has a large collection of LPs and CDs and enjoys exploring new musical territory. He has a good listener’s knowledge of serious music from the Baroque era to the present and has read many record reviews from *High Fidelity* magazine and books by/about composers and the music industry. He is eager to share his discoveries and have others share theirs.

114 Circle Dance: Poetry in Motion

Thursdays, 11:30 – 1:00, Apr. 8, 15, 22, 29, May 6, 13, 20

Talkwood

Instructor: Judit Andai

Experience mindfulness, explore movement, enhance well-being as you find respite from life’s busy pace. The moving meditation of Circle Dance brings inner peace and relaxation with beautiful music and easy-to-learn steps that have been danced by men and women over the world for centuries. You too will find an enjoyable way toward stronger bones, better balance and a sense of wholeness and fluidity of the self that is physically healthful and emotionally liberating. Come to this seven-week class even if you believe you have two left feet and no sense of rhythm. Our motto is: “There are no mistakes, only variations.”

Judit Andai is a psychotherapist in private practice and an enthusiast of the dance. She has been teaching it for seven years both here and abroad. She brings an international flavor from her native country, Hungary.

200 Economics and Finance

201 Putting Your Financial House in Order

Thursdays, 9:30 – 11:00

Talkwood

Instructor: Colleen Cioppi

Would you like some direction in establishing and working toward your financial goals? This class will look at cash management strategies, insurance as a tool for risk management, types of investments and investment planning, strategies for giving to grandchildren, tax planning, retirement income, estate planning and other concerns.

Colleen Cioppi has been a financial advisor with New York Life for the past three years. She has a bachelor’s degree in actuarial science from Maryville University in St. Louis. She has worked with one of the “Big Five” accounting firms and a major consulting firm, both here in Washington. Her passion is helping individuals prepare for and achieve their financial dreams.

202 Investment Forum

Wednesdays, 11:30 – 1:00

Talkwood

Moderator: Thomas Crooker

This forum is an ongoing investment discussion group that meets regularly throughout the year. The primary focus is on individual stocks. Other topics may be chosen broadly from the entire field of investing. Sessions typically include both prepared presentations by members and extemporaneous discussion. Member participation is encouraged.

Thomas Crooker is a retired engineer who has taught at the college level and is a long-time student of the stock market.

203 Economies in Transition: China and Vietnam

Wednesdays, 9:30 – 11, Mar. 31, Apr. 7, 14, 21

Talkwood

Instructor: Ralph Buck

For more than 20 years China has been the world's fastest growing economy. Now sixth largest in the world, it will soon be fifth. This seminar will delve into how China is rapidly becoming a world power and how it is managing transition from Communism to Capitalism. It will focus on recent U.S./China issues including trade disputes and the exchange rate. One session will focus on similar issues and the outlook for Vietnam.

Ralph Buck was a former Economics Counselor at the U.S. Embassy in Hanoi. He then became a senior economist with the Export/Import Bank in Washington. Most recently he was the economic advisor on the China desk at the State Department.

300 History and International Studies

301 The Tragic Years: Germany and Austria, 1933-1945

Tuesdays, 2:00 – 3:30

Talkwood

Instructor: Leo Hecht

The instructor will develop the idea of the tragic effects on Germany and Austria of the loss of World War I, the subsequent loss of the Germanic self-importance, the sense of shame felt by the people of having to grovel before the winners, along with the torture of not enough food or clothing. Then came Adolf Hitler who promised his followers not only self worth but revenge for World War I. His life, relationship with Eva Braun, and demise will be discussed. Dr. Hecht will contrast Hitler's life with that of two great men who emerged from the Germanic countries, Dr. Sigmund Freud and Dr. Albert Einstein, both of whom Dr. Hecht was privileged to have known personally.

Leo Hecht holds a Ph.D. from Columbia University and is a retired professor and former chair of the Department of Modern and Classical Languages at George Mason University. He studied and taught at Moscow State University for lengthy periods of time.

302 The Making of Modern France

Tuesdays, 2:00 – 3:30, Mar. 30, Apr. 6, 13, 20

Lake Anne Church

Instructor: George Heatley

This course will take a brief look at the history of France from the 1789 Revolution to the present. It will trace the political, economic and social developments that changed a fragmented feudal kingdom into the modern centralized nation-state of today.

George Heatley is a member of LRI who has taught classes here in previous years. He has a master's degree in history from the University of California at Berkeley.

303 The Silk Road

Thursdays, 2:00 – 3:30, Apr. 29, May 6, 13, 20

Talkwood

Instructor: Robert Springer

For more than a thousand years, the old Silk Road was the main commercial avenue between China and Europe. The first three sessions of this four-week course will concentrate on Western China, and the last session on the Central Asian Silk Road centers, such as Samarkand, Tashkent, Bokhara, Khiva, Ashkhabad and Merv. We will discuss the historical and cultural background of the peoples along the Silk Road and current conditions. Some subjects of special interest are the Labrang Tibetan Monastery, the Buddhist treasures at Donghuang, the Urumchi mummies, and the spectacular mountain and desert scenery along the route.

Dr. Springer taught at American University for a number of years and retired as Professor Emeritus in 1996. He has traveled widely to Silk Road countries and lived in Japan and Thailand.

304 New Perspectives on the Middle East

Thursdays, 9:30 – 11:00, Apr. 1, 8, 15, 22

Lake Anne Church

Instructor: Carlyn Elder

What drives Arab hatred of the West, and what can we do about it? Was there a connection between bin Laden and Hussein? What part do national leaders—theirs and ours—play? How are Al Queda's objectives changing? How do we protect American citizens from terrorism without endan-

gering citizens' rights? As the most powerful nation in the world, what should our policies toward Middle East nations be? These and other issues continue to dominate American political thinking and will be discussed in this four-week course.

Carlyn Elder is a history teacher trained in advanced placement and international baccalaureate programs and was named teacher of the year by the National Capital Historical Society. She has served on the Virginia Council of Social Studies and was Virginia's representative to the Southeast Regional Council. She has studied the Middle East extensively.

305 Prospects for Asian Regionalism

Mondays, 11:30 – 1:00, March 29, April 5, 12, 19

Lake Anne Church

Instructor: Peter Poole

From India and Pakistan to China, Japan and South Korea, countries of Asia that used to see each other as rivals or enemies are beginning to work more closely together on economic and security issues of common concern. ASEAN, the Association of Southeast Asian Nations, has the longest history of cooperation. But the South Asian and East Asian groups of countries are also exploring closer ties. This four-week overview will try to identify some trends in regional cooperation.

Peter A. Poole is a retired Foreign Service officer who has written extensively on Asian politics. He is gathering material for a book on Asian regionalism.

306 Panorama of India

Thursdays, 11:30 – 1:00, Apr. 29, May 6, 13, 20

Lake Anne Church

Instructor: Ranjana Chawla

This four-week survey of India explores the exotic beauty and intrigue of this ancient land. Learn about the wondrous riches, magnificent arts, and diverse landscape that make India one of the most unusual, exciting places on earth. The class will also take a look at the history, beliefs and customs of Hinduism, an Indian religion and way of life. Various slides and artifacts will be shown during the presentations.

Ranjana Chawla received her undergraduate and graduate degrees in Indian history from Delhi University. She

taught high school history in New Delhi and presented a highly-praised interactive Elderhostel program on India for Kalamazoo College, Kalamazoo, Michigan; Saint Mary-of-the-Woods College, Terra Haute, Indiana and Old Dominion University, Norfolk, Virginia. She has recently returned from an extensive trip to India.

307 Down Under: Australia, New Zealand and Oceania

Thursdays, 11:30 – 1:00, April 1, 8, 15, 22

Lake Anne Church

Instructor: Bill Ciccolo

Australia and New Zealand are searching for their places in the world. What is the meaning and extent of the term "Oceania"? This four-week course will cover the geography, history, economy and geopolitics of this area of Southeast Asia from its discovery to the present. The graphics and discussions will include the early Pacific Ocean explorers; the Australian "Penal Colony" and the heritage of the transportation of convicts; the Australian Aborigines; the Maoris of New Zealand; Japan and W.W.II; the "Whites Only" immigration policy; a Pacific Nuclear Free Zone and the mystique of the "Never-Never" (the Outback). The course consists of four PowerPoint presentations.

Bill Ciccolo is a retired Army officer, a geographer and LRI member who has previously taught courses on Canada, Mexico, NATO, and the European Union.

308 History & Tales of the Mississippi

Mondays, 11:30 – 1:00

Talkwood

Instructor: Allen Montecino

This course will trace the early history of the mighty Mississippi River. The emphasis will be on the upper Mississippi Valley. The tales will begin with the early French fur traders and trappers who traveled and explored in the 17th and 18th centuries. While the French pushed south from Canada, the restless Americans moved west through the Ohio Valley. The tales of Mark Twain will reveal the culture that grew up along the banks of the Mississippi and will help to document the trading activity that made the river the economic lifeline of the infant American Republic.

Allen Montecino is a retired Air Force officer with a master's degree in American history from George Mason University. He has taught a number of courses on American history as well as computer instruction courses at LRI since he joined in 1991. He is a current LRI Board member.

309 The Civil War Letters of William Cowan McClellan

Thursdays, 9:30 – 11:00

Talkwood

Instructor: John Carter

The course looks at the Civil War and the Army of Northern Virginia through the letters of a young soldier from the 9th Alabama Regiment. William McClellan was a 22-year-old private from Limestone County, Alabama, who served with the Regiment in Virginia throughout the war until his capture at the Battle of Saylor's Creek in April 1865. The letters to and from his home show how life was back on the homefront while the 9th Alabama fought at Antietam, Fredericksburg, Gettysburg, Chancellorsville and the Crater. With discussion of the battles and troop movements, the class will also cover camp life, morale of the troops, sickness and injury, what the soldiers fought for, recreation and life back home in Alabama 1861-1865. The class will look at the reasons for secession and the Civil War from the point of view of the McClellan family. William's father had been a delegate to the Alabama secession convention and had voted against secession. William is the great-great-grandfather of the instructor, who has collected over 300 of the McClellan letters.

John Carter is an admissions officer for Strayer University in Woodbridge, which focuses on adult learning at the college level. He has over 25 years' experience in college and university administration. John has degrees from Ferrum College, the University of Tennessee and George Mason University and is completing an additional M.A. in history at GMU. He is editing a book of Civil War letters from his William Cowan McClellan, which is to be published by the University of Alabama Press this coming year.

310 "Some thrilling thing is going on all the time..."*

Wednesdays, 11:30 – 1:00

Talkwood

Field Trip to Memorials, Friday, May 21, 9:00 – 3:00

Coordinator: Michael Kelly

U.S. Park Rangers will present an exploration of the city of Washington throughout the Great War and the "Era of Wonderful Nonsense," 1910-1929. Mark Twain's 1910 death, among other small tremors, signaled an end to a Gilded Age dominated by nouveau riche symbols of a new and enlightened age. While by 1929 World War I had swept away four empires, redrawn international boundaries, introduced mass genocide and killed nine million people, it also had elevated the United States to a world status it had never held before. Everything led to this Great War, and everything changed because of it, and everything resulted from it. A new Washington claimed center stage as it transformed into a world-class capital through its changes in employment, transportation and communication, art and architecture, construction of memorials, social experimentation and tourism. As one astute national observer noted, this endured as a time that "...not only made the world rub its eyes and awake, but woke it with a start, keeping it moving at a rapidly accelerating pace ever since...."***

*From a diary entry of Josephine Lehmann, 1918 "government girl."

**From a 1940 recollection of John B. Thayer in *The Sinking of the S.S. Titanic*.

Park Rangers will lead an optional tour of the World War I and new World War II memorials on Friday, May 21. The cost of \$15 includes bus fare and driver gratuity; please include a separate check with your Registration Form. Lunch is on your own. The bus will depart at 9:00 from Fair Oaks Mall, Parking Lot 8, near the Holiday Inn (see directions on inside back cover). Please arrive no later than 8:45 that morning.

311 An Inside Look at Foreign Affairs

Thursdays, 11:45 to 1:15 (Note time change)

Christ Lutheran Church, Fairfax City

(See Offsite box below)

Coordinator: Roman Lotsberg

Senior Foreign Service Officers (FSOs), Civil Service officers and others will speak on matters of

interest and importance and will answer questions.

- Alan Heil, Jr., VOA (Voice of America) foreign correspondent and Acting Director, VOA, retired, will discuss his just-published book on the history of the VOA.
- “The Future of U.S.-Iran Relations”: Bruce K. Byers, FSO, retired, now State Department consultant.
- “A Decent Respect for Mankind’s Stanley M. Silverman, Comptroller, U.S. Information Agency, retired.
- “Turkey: Bridge or Chasm Between East and West?”: Richard K. McKee, FSO, retired, Executive Director, Diplomatic and Consular Officers, Retired (DACOR).
- “Eastern Europe and Public Diplomacy”: Leonard J. Baldyga, FSO, retired.
- “Humanitarian Challenges: The New Sudan”: Donald R. Norland, Ambassador, retired.
- “North Korea”: Eugene D. Schmiel, Ph.D., Former FSO, Director for Academic Programs, Institute for Experiential Learning.
- “Balancing the Need for Security Against Terrorism and American Civil Liberties”: Terrell E. Arnold, Ambassador, retired.

Offsite Classroom

We are again using an offsite classroom for the Foreign Affairs class, which can accommodate many more members than our largest Tallwood space. The Christ Lutheran Church is located at 3810 Meredith Drive in Fairfax City. Maps will be sent with the Confirmation Letter to all who register for the course.

312 Explore Local History

Thursdays, 2:00 – 3:30

Various Locations

Coordinator: Art Cook

Observe, compare and contrast the lives and lifestyles of our predecessors who made this country great. We will visit a variety of local sites. Plan to

wear comfortable clothes and shoes as the visits will require considerable walking and climbing stairs.

- March 25: “The Civil War Love Story of Antonia Ford and Joseph C. Willard,” followed by a curator’s tour of the current exhibit: “Raids, Romance and Writing: Fairfax Court House in the Civil War”: Susan Gray, Curator, City of Fairfax. Meet at Museum/Visitor Center, 10209 Main Street, Fairfax City.
- April 1: “Soldiers in the Attic: A Walking Tour of the Historic Blenheim Estate”: Susan Gray, Curator, City of Fairfax. Meet at Blenheim Estate, 3610 Old Lee Highway, Fairfax City.
- April 8: Vienna Freeman House, 131 East Church Street, Vienna. Meet at Vienna Freeman House.
- April 15: Carlyle House, 121 N. Fairfax Street, Alexandria. Meet at Carlyle House.
- April 22: Colvin Run Mill, 10017 Colvin Run Road, Great Falls. Meet at Colvin Run Mill.
- April 29: Gunston Hall Plantation, 10709 Gunston Road, Mason Neck. Meet at Gunston Hall.
- May 6: Claude Moore Farm, 6310 Georgetown Pike, McLean. Meet at Claude Moore Farm.
- May 13: “The Fairfax Family in Virginia”: Dr. Randolph H. Lytton. Meet at Old Town Hall, Corner of Main Street and University Drive, Fairfax City.

All sites are within a comfortable 30-40 minute drive from Tallwood. Directions for reaching the various locations will be included with Confirmation Letters. Include a separate check made out to LRI for \$20 to cover admission fees.

400 Literature

401 Literary Roundtable

Wednesdays, 11:30 – 1:00

Reston’s Used Book Shop at Lake Anne

Moderators: Janice Dewire, Carol Henderson

Continuing the study of the ever-fascinating short story, we will begin this term with the works in *The Art of the Story: An International Anthology of Contemporary Short Stories* edited by Daniel Halpern, a

paperback published in 1999 by Penguin Books. These 78 stories by younger writers from 35 countries are very much in sync with contemporary themes and modes of expression. The group will discuss three or four stories each week. Members will be expected to help lead discussions and share their questions, insights and ideas. You do not need to have taken the previous courses.

Janice Dewire has a B.A. in home economics and an M.A. in elementary education from Syracuse University. A past president of LRI and current board member, she has a never-ending enthusiasm for adult learning. **Carol Henderson**, also a short story enthusiast and LRI board member, has a B.A. in English from Ohio State University and an M.S. in Library Science from The Catholic University of America.

402 A Potpourri of Poetry

Tuesdays, 11:30 – 1:00

Lake Anne Church

Instructor: Jane Catron

To a large measure, this class is being offered in response to the interest students took in poems used in previous classes such as “Literary Reflections of Freud.” We will begin by establishing what makes poetry poetry, the role of imagery, figurative language, musical devices both by definition and as used in illustrative poems. Focusing on the sonnet as the most entrenched form of poetry in the English language, we shall consider poetic form.

Jane Catron is a retired English teacher from McLean High School where she taught poetry and creative writing extensively and served as poetry consultant to their literary magazine. She also has taken several graduate courses in poetry and in creative writing. She holds a master’s degree in liberal studies from Georgetown University where she continues as a liberal studies fellow. She is a docent at the Folger Shakespeare Library.

403 Creative Writing

Mondays, 11:30 – 1:00

Lake Anne Church

Instructor: Jane Catron

This course presents strategies for more effective writing using lectures, practice exercises and writing samples. Participants will be expected to work on a sustained piece of their own both outside of class and collaboratively during class meetings;

choices may include fiction, a memoir, an essay or poetry. The goal of the class is to complete a high-quality piece of writing.

See previous course for biographical information.

404 Life Story Writing Workshop

Tuesdays, 9:30 – 11:00

Talkwood

Moderator: Barry Berkey

The workshop is geared to LRI members who are enthusiastic about writing their life stories. It is designed to get the project rolling. The emphasis is on writing well, whether your aim is a published autobiography or a memoir for yourself or your family. The workshop setting provides an interactive environment of creative stimulation, support and feedback where everyone brings in manuscript segments and participates in class critiques. For both beginners and experienced writers. Regular attendance highly important. Class limit: 10.

Barry R. Berkey, M.D., has degrees from W&J College and the University of Pittsburgh School of Medicine and is a retired clinical psychiatrist. He continues a writing career that began in the early 1960s and includes four books for adults and four for children (some co-authored with his wife). He has written dozens of freelance articles in magazines and newspapers, including the *Washington Post*, *Potomac Review*, *Stitches* and the *Philadelphia Inquirer*. This will be the fifteenth term he will teach the Writing Workshop at LRI.

405 Poetry Workshop

Tuesdays, 11:30 – 1:00

Talkwood

Moderator: Barbara Achilles

The Poetry Workshop, founded in 1991, is one of the earliest continuing courses offered by LRI. The workshop auditions and critiques original poetry submitted by members of the group. It does not teach how to write poetry, nor does it focus on reading the poetry of well-known poets. Beginners as well as experienced poets are welcome. Emphasis is on encouraging the positive aspects of each poet’s work and suggesting changes or corrections, if any, that might be made to improve the poem. Members are expected to bring to each session either a new poem or a revised one previously cri-

tiqued by the group. The “Poets of Tallwood” have published three volumes of original poetry and have presented readings for the past seven years. Some members have won prizes in poetry competitions and have had poems selected for inclusion in a regional anthology and other publications.

Barbara Achilles is a retired Intelligence Officer with a bachelor’s degree in music from the University of Rochester/Eastman School of Music. She is a published poet and has been a member of the LRI Poetry Workshop for the past 12 years, serving as its moderator for the last five years.

406 The Big Three: Characters, Dialogue and Plot

Wednesdays, 9:30 – 11:00, Mar. 31, Apr. 7, 14, 21, May 5, 12, 19

Tallwood

Instructor: Bob Middlemiss

This six-week course is for writers who are working on novels who would like some coaching on the development of characters, the writing of good dialogue, and the different ways to structure a plot. Assignments will be provided for each component, which will be designed to identify difficulties so they can be addressed in class. This course is particularly recommended for those writers who took the earlier “How To Write A Novel” class.

Bob Middlemiss’ novels have been reviewed in the *New York Times*, *Publishers Weekly* and *Book List*. He is editor-in-chief of Durban House Publishing Company in Dallas.

407 Shakespeare’s Histories: *Henry V*

Thursdays, 9:30 – 11:00, Apr. 1, 8, 15, 22, 29, May 6

Tallwood

Instructor: Kathryn Russell

This play, following Prince Harry after his accession to England’s throne as Henry V, leads the new king onto the French battlefield of Agincourt. Gone is the carefree, boisterous youth who frolicked with Falstaff and his other tavern friends. This transformed leader opens a new era of English conquest, and on a larger scale, exemplifies the controversies surrounding war. Some of Shakespeare’s most difficult questions emerge: Is war to be considered he

roic endeavor or antiheroic folly? How do we judge good leadership? Just how accurate is our view of history? In this six-week course we will explore these and other themes through close reading of passages, and we will compare different actors’ performances on several excellent videos. The previous course, *Henry IV*, is not a prerequisite. We will use the New Folger Library paperback text (from Fairfax Borders).

Kathryn Russell, vice president of the LRI Board, taught high school English in Fairfax County for 21 years. An avid Shakespeare fan, at LRI she has taught *Hamlet*, *King Lear*, *Macbeth*, *Taming of the Shrew* and *Othello*, Chaucer’s *The Canterbury Tales* and works by Faulkner and Hardy.

500 Languages

501 French Conversation

Wednesday, 9:30 – 11:00

Tallwood

Instructor: Odette B. O’Donnell

Again this term you can enjoy practicing your French in a relaxed atmosphere. Conversations will focus on everyday life in France, vacations, and national and international news.

Odette B. O’Donnell taught French and Farsi for 23 years at the Federal Government’s Language School. She has taught at LRI for several years.

502 Intermediate Italian

Tuesdays, 11:30 – 1:00, Apr. 30, May 4, 11, 18, 25

Tallwood

Instructor: Renata Bardo

This five-week course is for those with previous exposure to the Italian language. We will review the first 12 lessons in *Ultimate Italian: Basic-Intermediate* by Salvatore Bancheri (Living Language Series, Random House. New vocabulary and more complex grammar will be added. Class participation and homework are expected. The course will focus on conversation as well as grammar.

Renata Pia Bardo, a native of northern Italy, studied two years at Bocconi University in Milan. She has given pri-

vate lessons to adults and children and taught at the Berlitz School of Languages for two years and at LRI for several years.

600 Philosophy, Ethics and Religion

601 Philosophical Salon

Tuesdays, 9:30 – 11:00

Lake Anne Church

Moderators: Elaine Schwartz, Ruth Kaplan

Join us at the Socrates Cafe to participate in exploring “philosophical inquiry” in order to “articulate and further discover (your) singular philosophy of life.” We will use *Six Questions of Socrates* by Christopher Phillips as a guide to examining questions of importance to the group.

Elaine Schwartz is a graduate of Bryn Mawr College and the University of Virginia and has taught children and adults for over 40 years.

Ruth Kaplan, MSW, retired social worker and administrator, has had a life-long interest in philosophy and has dabbled in it since retirement. They both subscribe to the Socratic ethos that the examined life truly makes for a richer existence. Class limit: 15.

602 Early Christian Thinkers and the Development of Christian Beliefs

Thursdays, 9:30 – 11:00, Apr. 29, May 6, 13, 20

Lake Anne Church

Instructor: John Rybicki

It wasn't until the 4th century that formal creedal statements were developed defining the Christian Church's beliefs. There were a number of early Christian thinkers, however, who were extremely important in beginning to define doctrinal concepts that would later be formalized. This four-week course will focus on four early Christian thinkers and their impact on developing Christian theology: Paul (d. 67 CE), John the Evangelist (d. 102 CE), Origen (Alexandria, 185-254) and Augustine (North Africa, 354-430).

John Rybicki has a B.S. from Clarkson College of Technology, an M.A. from the University of Arkansas and an M.S. from George Washington University. He has diplomas in theological studies from both the Virginia Theo-

logical Seminary and the Antiochian Orthodox Church. He has studied at St. George's College in Jerusalem and has received a master's degree in theology from the St. John of Damascus Institute of Theology, Balamand University. He has lectured at LRI at George Mason University, the LLI at NOVA and at the Jewish Community Center of Northern Virginia.

603 How the Bible Came To Be

Tuesdays, 9:30 – 11:00

Talkwood

Instructor: Bruce O. Boston

How did the 66 “books” that make up the Hebrew Scriptures and the Christian New Testament get collected into the single work we call “the Bible?” By what process did the Bible come to be regarded as “scripture”—as normative for religious faith and practice—by the religious groups that use and depend on it? Is the Bible “inspired,” and what does that term mean to those who use it to describe the Bible? What roles did socio-political factors and the needs of different faith communities play in shaping “the canon?” What have we learned about the canon from the Dead Sea Scrolls? Is the canon closed? What are the Apocrypha and pseudepigrapha? How do you even pronounce the word pseudepigrapha, let alone use it in a sentence? These and other questions and issues will be examined.

Bruce Boston earned his B.D. and Ph.D. degrees at Princeton Theological Seminary and has taught dozens of courses in religion and theology for colleges and churches. This is his twelfth course for LRI. He is currently trying (with only limited success) to retire.

604 *Pirket-Avoth* (The Teachings of Our Fathers)

Tuesdays, 11:30 – 1:00

Lake Anne Church

Instructor: Frank Ridge

Arguably the most important part of the Talmud, the commentaries on the Bible, *Pirket-Avoth* (The Teachings of Our Fathers) provides the ethical basis for Judaism, compiled over a period of 500 years. In addition, selections from Rabbi Joseph Telushkin's book, *The Book of Jewish Values*, a day-by-day guide to ethical living, will be interwoven

with the teaching of *Pirkei-Avoth*, bringing a present day relevance to our discussion. Written materials will be available before the first class so that we may discuss various readings. There will be a \$3 fee for materials.

Frank Ridge is a semiretired financial consultant, teacher, student and writer.

605 Great Heroes and Villains of the Old Testament

Mondays, 2:00 – 3:30, Apr. 5, 12, 19, 26, May 3, 10, 17

Talkwood

Instructor: Steve Ruth

The cast of Old Testament characters numbers in the thousands—patriarchs, judges, kings, prophets, prostitutes, musicians, priests, farmers, merchants, generals, hunters, soldiers and many more. This seven-week course will aim to discuss some of the best-known of these: heroic women like Sarah, Deborah, Huldah, Jael, Ruth and Esther; the Patriarchs from Adam to Joseph, Moses and Joshua, David and Solomon; the good and bad kings (and one queen) of Judah and Israel; Major Prophets (Isaiah, Jeremiah and Ezekiel); post-exilic leaders like Ezra and Nehemiah. The purpose of the course is discussion and sharing, so everyone is encouraged to bring a personal Bible and be prepared to do a short homework assignment before each class. The course approach will be descriptive and historical, not doctrinal. The famous figures of the Bible will be examined in the context of their stories and themes. Persons from all faith traditions are welcome.

Stephen Ruth, a professor in the School of Public Policy at George Mason University and specializes in technology diffusion in developing countries. He has been reading the full Bible every year for a long time and recently finished a book of reflections on the Bible, *Granddaddy in Bibleland: Daily Readings and Reflections: A Layman's Guided Journey into the Complete Old and New Testaments*.

606 What Is a Good Human Being?

Tuesdays, 2:00 – 3:30

Talkwood

Instructor: Norman Buder

Recent moral philosophers have compared and contrasted the “virtue ethics” of the ancient philosophers (e.g., Plato, Aristotle) with the “duty ethics” of modern philosophers (e.g., Kant, Mill). Although both the ancients and the moderns are interested in the question “What is a good human being,” they interpret that question differently and give radically different answers. In a deliberately provocative short book, *Virtue Ethics*, contemporary philosopher Richard Taylor traces the shift from pre-Christian to post-Christian philosophical ethics to the influence of religion, extols the merits of the ancient pagan philosophers, and derides modern and contemporary moral philosophy as arid, not illuminating, and trivial. The instructor will compare some aspects of ancient and modern moral philosophy, with a view to assessing critically whether Taylor’s claims are correct. Although it is recommended that students read Taylor’s 122-page paperback, such reading is not required.

Norman Buder recently retired after 23 years as an editor and analyst of media for the Foreign Broadcast Information Service. In the late 1960s and early 1970s he taught philosophy at the University of California at Berkeley and Riverside and at Yale University and California State University, Hayward. He has a B.A. in philosophy and political science and an M.A. in philosophy.

607 A Study of Comparative World Religions

Mondays, 9:30 – 11:00

Lake Anne Church

Instructor: Abbie Edwards

Throughout the centuries people have wanted the answers to the reality of existence—Who am I? Why am I here? They have looked to oral and written traditions as passed down from generation to generation. From these roots, and what is accepted by faith to be divine revelation, the traditions of various religions of today have developed. The world is now growing smaller due to better communication, more immigration and globalization. We in Northern Virginia live in a community of many faiths. This class will explore through visuals (videos, DVDs) and discussion by class members the similarities and differences of religious traditions of Hinduism, Buddhism, Judaism, Christianity, Islam, Sikhism, among others well established in Northern

Virginia. This class will treat all religions with fairness and respect and an open mind, in a sharing of ideas by all participants of different faiths.

Abbie Edwards has had a life-long interest, though not formal schooling, in religious traditions, and has done much reading and study of other faiths. An experienced teacher in the public schools (photography and art), she has taught world religion classes in churches she has attended. She is a current board member of LRI.

700 Social Studies

701 Movers and Shakers: The Inside Story

Mondays, 9:30 – 11:00

Christ Lutheran Church, 3810 Meredith Drive, Fairfax City

Coordinator: Audrey Moore

Some “movers and shakers” in metropolitan Washington will give us an insider’s view of what’s happening in our area and some clues to the dynamics behind the decisions they make each day. They may not tell us where the bodies are buried, but this will be your chance to ask.

- March 29: “Inside the *Washington Post*”: Fred Hiatt, Editor, *Washington Post* editorial page.
- April 5: “Developing Tysons Corner”: James T. Lewis, retired developer and attorney.
- April 12: “Reporting the News in Fairfax County”: Lisa Rein, reporter for the *Washington Post* Metro section.
- April 19: “Growing Northern Virginia”: John T. (Til) Hazel, developer and member of GMU Board of Visitors.
- April 26: “Representing Northern Virginia”: the Honorable Tom Davis, Congressman, U.S. House of Representatives.
- May 3: “Campaign Finance Reform: Participation in Politics and Your Future”: Herb Harris, former Congressman, Mt. Vernon district.
- May 10: “Inside the Judicial System”: Joanna Fitzpatrick, Chief Judge of the Court of Appeals in Virginia.

- May 17: “The Politics of Water”: Tom Grizzard, Director, Occoquan Watershed Monitoring Laboratory.

Offsite Classroom

We are using an offsite classroom for the Movers and Shakers class, which can accommodate many more members than our largest Tallwood space. The Christ Lutheran Church is located at 3810 Meredith Drive in Fairfax City. Maps will be sent with the Confirmation Letter to all who register for the course.

702 A Better Way to Live: What Makes a Good Community?

Mondays, 9:30 – 11:00, Mar. 29, Apr. 5, 12, 19

Lake Anne Church

Instructor: Shelley Mastran

Can a good community be designed? What are the elements of a good community? This class will examine past and present efforts in America to create the ideal community—a place where the physical setting fosters and complements economic and social harmony. From utopian communities of the 19th century, to the Greenbelt communities of the New Deal, “garden cities” like Reston and Columbia, and contemporary suburbs designed by the New Urbanists, planners have sought to engineer an ideal environment. Through numerous examples and case studies, we will examine the elements of community design and seek to understand what constitutes a good community.

Shelley Mastran, a former director of the Rural Heritage Program of the National Trust for Historic Preservation, is a preservation planning consultant. She has taught geography at the University of Maryland and George Washington University and teaches preservation planning at the University of Virginia. She is co-author with Samuel N. Stokes and A. Elizabeth Watson of the second edition (1997) of *Saving America’s Countryside*. Mastran earned a B.A. in English from Vassar College and a Ph.D. in geography from the University of Maryland.

703 All the News That’s Fit to Print

Thursdays, 11:30 – 1:00

Lake Anne Church

Moderator: Art Hill

We live in an age of information overload from TV, radio, the Internet, magazines and newspapers. Many of us depend most on our newspapers to bring us news about world events, popular trends, and advances in science, business, sports, and entertainment. In this discussion course we will look at hot topics of the day. All opinions are welcome for what should be a lively discussion of the news.

Art Hill has been a member of LRI for six years. He is a retired attorney who is active in community organizations in Reston. He classifies himself as a moderately-obsessed news junkie with an emphasis on politics and actions of governments.

800 Science, Health and Technology

801 Medical Lecture Series

Wednesdays, 11:30 – 1:00

Talkwood

Coordinator: Barry London

Join us to learn the most up-to-date information on medical issues that concern us as we age. You will explore ideas on how to promote better health, get updates on recent medical research, and learn about managing risk factors for a variety of problems. We will also look at some tools that help us live with our disabilities. Topics include:

- “Taking Care of Your Feet as You Age”: Steven Gordon, D.P.M.
- “Medical Issues for the Older Adult”: Gene Overton, M.D.
- “Meditation for Better Health”: Cheryl Harlan.
- “Medicare and You”: Linda Bevins.
- “Hearing Loss and What You Can Do About It”: Gina Crovato, M.S., CCC-A, and Elizabeth M. Hoehl, Au. D.
- “Orthopedic Issues”: Peter Delenick, M.D.
- “Coping With Vision Loss: It’s Tough but There’s Help Out There”: Elinor Waters, Ed.D.
- “Periodontal Disease”: Nick Ilchyshyn, D.D.S.

802 Science and Technology Today

Mondays, 11:30 – 1:00

Talkwood

Coordinators: RoseMary Gustin, Janet Meisenhelder

Join us for a sampling of the latest information in the realm of science. A variety of speakers will talk about their special areas of interest. There will be opportunities for questions at each class session.

- “Modern Cosmology, a Golden Age and the Shaping of a Personal World View—Part II”: John Evans, Associate Professor of Physics and Astronomy, GMU.
- “Diverse Natural Communities of the Fall Line Region”: Rod Simmons, Field Ecologist, Potomack Chapter of the Virginia Native Plant Society.
- “Management of University Research: Issues and Trends”: Christopher T. Hill, Vice Provost for Research and professor of public policy and technology, GMU.
- “Global Climate Change”: Dexter Hinkley, retired entomologist.
- “Scientists of the Future”: Students from Thomas Jefferson High School of Science and Technology.
- “Geology of Washington, D.C.”: Sonya Berger, geologist and National Park Service Ranger.
- “The Radio Spectrum and its Applications”: John Heffernan, LRI member and licensed communicator since 1939.

803 More Uses of Microsoft Word 2000

Mondays, 9:00 – 11:00, Apr. 26, May 3 (Note time change)

GMU Telework and Training Center

Instructor: Jean Leshko

In this two-week course, become familiar with more features of Microsoft Word 2000. Enhance your documents with various fonts and formatting features. Create lists and personalize them. Practice tab settings, or use the table feature for information that requires columns. Use the label feature to create address labels, name tags or business cards. Send letters to several people but personalize them. Create envelopes for your cards and letters. This is a hands-on class; experience with basic Microsoft

Word features is necessary. Include a lab fee of \$20 with your Registration Form. The Training Center is located at 4031 University Drive, Suite 110, Fairfax. Free parking is available behind the building.

Jean Leshko has 14 years' experience teaching computer software classes for Fairfax County Adult Education and has trained Fairfax County Public Schools (FCPS) personnel in Windows, WordPerfect, MS Word, Excel, Outlook and PowerPoint. She has developed curriculum material for various software classes. Presently, she teaches software classes for the FCPS Department of Information Technology.

Note: A repeat of this course will be given on May 10 and 17, at the same location. See Course 804 below.

804 More Uses of Microsoft Word 2000

Mondays, 9:00 – 11:00, May 10, 17 (Note time change)

GMU Telework and Training Center

Instructor: Jean Leshko

This is a repeat section of the course described above. Include a lab fee of \$20 with your Registration Form.

See previous course for bio information.

805 Searching for the Primary Theory (Part 2)

Mondays, 9:30 – 11:00

Talkwood

Instructor: Sam Saltoun

This continues the course started in the winter term. New attendees are invited to join us for a thought-provoking romp through the most bizarre of today's unsolved problems in physics and the search for The Primary Theory...theoretical physics' Holy Grail. Part 2 picks up with quantum field theories, the Standard Model of Particles and Forces, the Grand Unified Theories, and Supersymmetry. We will then survey current progress in unifying Quantum Theory and General Relativity, including string and M-theory, and Loop Quantum Gravity. The class also will consider the nature of the quantum vacuum, and the mysterious "dark energy" that makes up most of the Universe. Time permitting, we will trace the expansion of our

physical universe from the "Big Bang" into what we see today, and speculate on what its future may hold. Leave your math phobia at home and bring your imagination. Adventurers can look forward to a paradigm-shaking experience!

Sam Saltoun has had a lifelong love of physics, and like most of us, a yearning to understand how Nature really works. He is a registered professional engineer, and has served a three-decade career in the U.S. Navy. He is currently an engineering and management consultant, and is planning a third career as a high school physics teacher.

900 Other

901 Thriving in Retirement 101

Tuesdays, 9:30 – 11:00

Talkwood

Instructor: Richard M. Goldman

This is an introductory workshop designed to help you maximize your enjoyment of living with meaning and purpose at this time of your life. An experiential program, it will give participants the opportunity to interact and develop their ability to thrive in their activities, friendships and family relationships, as well as addressing the promotion of mind-body wellness. It will examine better options in dealing with the challenges of the physical and emotional transitions in our lives. Thriving 101 is a prerequisite to Thriving 102. Individuals and couples are welcome. Materials fee: \$10.00 payable to the instructor at the first class. Class limit: 20.

Richard M. Goldman, D.D.S., is a National Certified Counselor, Licensed Professional Counselor and Professional Coach. He and his wife created the ACT II Retreat Center Wellness Program and its Transition Strategies Coaching Program, running them for the past ten years, and presented Thriving in Retirement 101, 102 and 201 in 2003. He is a Certified Pairs® (Couples) Facilitator, a faculty member at George Mason University (adjunct) and the Marshall University Graduate College, Graduate School of Counseling. Dr. Goldman was an assistant clinical professor at Georgetown University Medical Center and a practicing dentist until his retirement.

902 Thriving in Retirement 201

Thursdays, 11:30 – 1:00

Talkwood

Instructors: *Patty and Richard Goldman*

Thriving in Retirement 201 is an experiential program that will offer the participants the opportunity to interact and further develop their ability to thrive in their retirement years. It will focus on “Issues of the Day” with which participants wish to deal. Thriving in Retirement 101 is a prerequisite for this course. It will be taught by Patty and Rich Goldman, who presented Thriving 101, 102 and 201 in 2002–2003. Class limit: 10.

Richard Goldman and his wife, **Patty**, are National Certified Counselors and Licensed Professional Counselors and Professional Coaches. They created the ACT II Retreat Center Wellness Program and its Transition Strategies Coaching Program, running them for the past ten years. They are Certified Pairs® (Couples) Facilitators and faculty members at Marshall University Graduate College Department of Counseling and adjunct faculty at GMU.

See previous bio for additional information.

903 T'ai Chi

Thursdays, 2:00 – 3:30

Lake Anne Church

Instructor: *Elaine Schwartz*

This ancient Chinese discipline and martial art has many variations. We will learn the simplified Yang style. The 24 movements should help you improve your balance and flexibility.

Elaine Schwartz has studied T'ai Chi for seven years and has been an assistant instructor for about three years. She is still learning the refinements and enjoys the practice and the rewards of the discipline.

904 Shop Smart, Eat Healthy

Tuesdays, 2:00 – 3:00, Apr. 27, May 4, 11, 18

Whole Foods Market

Coordinator: *Nicole Criss*

Learn the latest nutrition facts, discover some strategies to overcome stress and fatigue and find out the story behind the headlines on the fish you eat. Come and enjoy four one-hour classes that will feature recipes you can try at home.

● April 27: “Take a Store Tour,” with nutritionist Alana Sugar, Certified Nutritionist. Ms. Sugar has worked with Whole Foods Market for more than 20 years and has many years of experience as a dietary consultant. The tour is a unique opportunity to learn about many different products and to learn how to fit them into your nutritional needs.

● May 4: “Ten Simple Solutions to Overcoming Stress and Fatigue,” with David R. Jowdy, D.C. Dr. Jowdy has provided chiropractic care to patients with a wide variety of health concerns, from pain, allergy, gall-bladder disorder, fatigue and fibromyalgia, to athletic injury, traumatic brain injury, frozen shoulder, sciatica and stroke. His approach integrates nutrition and total wellness.

● May 11: “Whole Foods Market and the Marine Stewardship Council: Fish for our Future,” with Steve Callahan, Seafood Team Leader. He will provide an update on the state of affairs in the fishing industry and plenty of cooking tips to help you enjoy seafood to the fullest.

● May 18: “Natural Meat at Whole Foods Market,” with Meat Team Leader Steve Smith, who will give an eye-opening look at meat and poultry quality standards and the stand that Whole Foods Market has taken on this and other issues. This will provide a look at the farms and at sustainable agriculture and a chance to taste the difference!

Whole Foods Market in Reston is located at 11660 Plaza America Drive, just off Sunset Hills Road, between Reston Parkway and Wiehle Avenue. Class limit: 15.

New Member Coffee

All new members are cordially invited for coffee and conversation at 10:30, Friday, April 2 at Tallwood. Here's an opportunity for you to meet some of our instructors, staff, board and committee chairs, to get answers to any questions you may have and to tell us about yourself and your interests. Please join us!

Future Term Dates

Summer 2004	June 22 – July 29
Fall 2004	Sept. 20 – Nov. 12
Winter 2005	Jan. 24 – Feb. 18
Spring 2005	Mar. 28 – May 20

Special Events

For location of special event sites and directions, see maps on inside back cover.

- ◆ Check with the coordinator if you have questions about a special event.
- ◆ Include any fees for events in separate checks with your Registration Form.
- ◆ You must sign the waiver on the back of the Registration Form for all bus trips.

A. The Art of Molas

Wednesday, Mar. 31, 2:00 – 3:30

Talkwood

Coordinator: Florence Adler ☎ 703-455-6658

Melinda Young, a Fairfax writer and artist, lived in Panama for many years. She will talk about and exhibit her Mola collection. These reverse appliqué panels handcrafted by the remarkable Cuna Indians of who live on the San Blas Islands off the northern coast of Panama are individual works of art that depict every detail of the Cuna life. Nature, everyday objects, mythical birds and flowers, jungle animals and deeply superstitious symbols are some of their subjects. Melinda learned how to read Molas while observing the Cuna culture and studying their way of life during many visits to the islands.

B. Maestro William Hudson, Fairfax Symphony Orchestra

Wednesday, Apr. 7, 2:00 – 3:30

Talkwood

Coordinator: Florence Adler ☎ 703-455-6658

Maestro William Hudson, music director of the Fairfax Symphony Orchestra, will discuss two works that will be part of an all-Tchaikovsky program performed by the orchestra on April 17 at the concert hall at George Mason University. These are Tchaikovsky's Fourth Symphony and his First Piano Concerto. The concerto will feature Santiago Rodríguez at the piano.

C. Flutopia

Wednesday, Apr. 14, 2:00 – 3:30

Talkwood

Coordinator: Velma Berkey ☎ 703-591-6674

Judith Lapple, professor of flute and the coordinator of woodwinds at George Mason University,

will entertain with her group, "Flutopia," made up of high school students through adult members of a woodwind ensemble. Flutopia has performed at special events and competitions and has recorded two CDs. Ms. Lapple is a graduate of the Eastman School of Music and was formerly the principal flutist with the U.S. Air Force Band and Symphony Orchestra. In addition to holding flute master classes at many universities, she has soloed extensively throughout the U.S. and has performed for a number of U.S. presidents. Note: Professor Lapple is teaching Course 111 at LRI this term.

D. National Air and Space Museum's Steven F. Udvar-Hazy Center

Bus trip

Friday, Apr. 16, 9:00 – 4:00

Coordinator: Carol Towse ☎ 703-273-2076

The new Steven Udvar-Hazy Center commemorates our heritage of aviation and space flight. We will take a two-hour docent-led tour among historic aircraft like the B-29 Superfortress, "Enola Gay," the Concorde, the SR-71 Blackbird, an F-4 Phantom fighter, the Space Shuttle Enterprise and many more. The aircraft are displayed on three levels within the vast open space in attitudes of flight: banking, diving, cruising and even traveling upside-down. After the tour, we will have lunch at our own expense in the Food Court. No bag lunches are allowed in the facility. After lunch we will see an Imax movie, title will be announced. Participants must be comfortable with a two-hour tour on a concrete floor and able to walk the distance of three football fields.

Note: Airport security screening will be in effect. Pocket knives or other sharp objects are not permitted and will be confiscated. The bus

will leave promptly at 9:00 from Fair Oaks Mall, Parking Lot No. 8, outside the circular road near the Holiday Inn (see directions on inside back cover). Please be at the bus no later than 8:45. The fee of \$25, payable with your Registration Form, covers the cost of the bus fare, driver gratuity and admission to the Imax Theater.

E. *Love's Labor's Lost* by William Shakespeare

Saturday, Apr. 17, 2:00

GMU Theater Space

Coordinator: Florence Adler ☎ 703-455-6658

The GMU Players will present *Love's Labor's Lost*, directed by Rick Davis. Four young aristocratic men retreat from the affairs of the world—and the heart—vowing to devote themselves to a year of study. Their plan is disrupted by the arrival of four aristocratic young women. Inevitably, love begins to work its ways even as the men continue to protest their fidelity to their vows. The delicious complications that ensue from the comic tapestry of one of Shakespeare's most verbally inventive plays and the surprise ending make for a richly human experience. There will be a post-performance discussion of the play by the director and cast members. Tickets are \$7, payable to LRI with your Registration Form.

F. The Hidden Truth: A National Icon Revealed

Wednesday, Apr. 21, 2:00 – 3:30

Talkwood

Coordinator: Florence Adler ☎ 703-455-6658

The Lincoln Memorial endures as an icon to which millions of visitors make an annual pilgrimage. However, do you know what lies beneath the statue of Abraham Lincoln or what lies behind the innumerable myths and legends about it? Have you ever pondered the meanings of the thirty-six exterior columns or stopped to study the intricate details carved into marble and limestone? This program will debunk myths and delve into the deep symbolism contained within each carving, while developing the story

of how the Lincoln Memorial Commission rose above raging battles over competing architectural schemes and suitable locations to create the most-visited memorial in the nation's capital. Join National Park Service Ranger Jason Martz as he takes you on a figurative journey to hidden treasures about which only a Washington insider could know.

G. The Battle of Gettysburg

Wednesday, Apr. 28, 2:00 – 3:30

Lake Anne Church

Coordinator: Bob Webb ☎ 703-437-5509

In 1961, Bob Webb produced one of the earliest film documentaries on the Battle of Gettysburg. Though privately made at home, it is an accurate, absorbing and highly dramatic account of those three days in which the nation's fate was settled. This 45-minute narrative uses battlefield and countryside photos, maps, soldiers' and civilians' memoirs, poetry and music to recreate the grand story of Gettysburg and its lesser moments of valor, stupidity, humor and tragedy and the sense of how close America came to shattering in one afternoon, in one small place. How and why this unusual film was produced and other aspects of the greatest battle ever fought on American soil will be explored.

H. Global History 200 Years Ago and a True Story

Wednesday, May 12, 2:00 – 3:30

Talkwood

Coordinator: Florence Adler ☎ 703-455-6658

The late 18th and early 19th centuries witnessed profound historical changes including the independence of new republics, expanding colonial empires, the rise of the U.S. toward world power status, and growing industrialization, entrepreneurship, competition and consumerism. George Mason University Provost Peter Stearns will outline these global changes and their significance for us even today. With this background, LRI member Michael Styles will "personalize" the history of the period by recounting the true story told in his book about

Captain Hogan, an adventurous “seaman, merchant and diplomat” who traveled the world’s oceans and lived on all six continents. He served as a midshipman in the Royal Navy, acquired a sailing ship in India to trade “illegally” with Europe, carried mutinous Irish convicts to Australia and acquired a fortune in Cape Town before emigrating to New York City and becoming a U.S. citizen. His diplomatic career took him first to Havana and then to newly independent Chile, where he dealt with unruly American seamen and acted as supply agent for the newly-formed U.S. Navy Pacific Squadron.

I. Virginia’s Executive Mansion and the State Capitol

Friday, May 14, 8:30 – 5:30

Bus trip

Coordinators: Lilyan Spero ☎ 703-560-3442

Florence Adler ☎ 703-455-6658

Our visit to Richmond will begin with a docent-led tour of the Executive Mansion. We will have lunch on our own at 12:00 and then will visit the State Capitol where we will be met by Jane Woods, Secretary of Health and Human Resources, who will address us in one of the meeting rooms. We will then meet our docents for a tour of the Capitol. The bus will leave promptly at 8:30 from Fair Oaks Mall, Parking Lot No.8, outside the circular road near the Holiday Inn (see directions on inside back cover). Please be there no later than 8:15. The fee of \$20, payable with your Registration Form, covers the bus fare and driver gratuity.

J. A Potpourri of Writings by the Poets of Tallwood

Wednesday, May 19, 2:00 – 3:30

Tallwood

Coordinator: Barbara Achilles ☎ 703-938-8258

The Poets of Tallwood will present readings of their poetry and selections from a variety of original writings such as essays, short stories, memoirs, humorous commentaries, anecdotes and jokes. We hope you will join us for this festival of writings as well as for light refreshments

in the social room immediately following the event.

K. *The Odyssey of Telemaca*

Saturday, June 5, 2:00

GMU Center for the Arts

Coordinator: Florence Adler ☎ 703-455-6658

The Theater of the First Amendment presents the world premiere of the latest creation of Mary Hall Surface and David Maddox, *The Odyssey of Telemaca*, a family musical inspired by Homer’s *Odyssey* and set in pre-Revolution Mexico. It is a colorful story of a child left fatherless to face the world. The young girl, Telemaca, daughter of a Mexican populist hero, has been left behind along with her mother during her father’s 12-year absence. When her mother is pressured to marry her father’s enemy, Don Ricardo, Telemaca sets out on a journey to find her father and bring him home. The lively score is written in the style of Mexico’s popular *ranchero* music that emerged during the revolution and is performed by a live mariachi band. Tickets are \$22, payable to LRI with your Registration Form.

Please note: Members who wish to attend one of the other three performances that weekend at this discounted price must purchase tickets **in person** at the **Center for the Arts box office** and must identify themselves as LRI members.

Ongoing Activities

- ◆ All LRI members are welcome at these ongoing activities. You do not need to register to attend.
- ◆ Check with the Coordinator if you have questions.

Bridge Club

Wednesdays, Mar. 3, 10, 17, 24, 10:00 – 12:00;
Feb. 25, Mar. 31, Apr. 7, 14, 21, 28, 1:30 – 3:30
Talkwood

Coordinators: Susanne Zumbro ☎ 703 569-2750
Gordon Canyock ☎ 703 425-4607

Drop in anytime on the Bridge Club and enjoy the friendly atmosphere of “party bridge.” Skill levels vary from advanced beginner to aspiring expert. Partnerships are rotated every four hands.

Scrabble Group

Wednesdays, Mar. 3, 10, 17, 24, 10:00 – 12:00;
Feb. 25, Mar. 31, Apr. 7, 14, 21, 28, 1:30 – 3:30
Talkwood

Coordinators: Margaret Andino ☎ 703 978-1704
Barbara Lynch ☎ 703 451-0202

Scrabble enthusiasts from beginner to aspiring expert are encouraged to join the newly-organized club. Participants play two or three to a table.

History Club

First Wednesdays, Mar. 3, June 2, 10:00 – 11:30;
Apr. 7, May 5, 1:30 – 3:00
Talkwood

Coordinator: Michael Styles ☎ 703 250-9604
Come to the History Club to hear about and discuss subjects centering on historical themes. If you want to receive the bimonthly *History Club Newsletter*, email mhstyles@att.net.

Walking Group

Tuesdays, 8:15 – 9:15
Lake Anne Church

Coordinator: Elaine Schwartz ☎ 703 471-7186
Join a group of LRI members who enjoy walking outdoors in local neighborhoods with moderately flat terrain. The group will leave promptly at 8:15 and return in time for coffee before the 9:30 classes. Meet in the parking lot at Lake Anne Plaza.

Book Club at Tallwood

Second Wednesdays, Mar. 10, June 9, 10:00 – 11:30; Apr. 14, May 12, 1:30 – 3:00

Coordinators: Kathryn Russell ☎ 703 323-0168
Ceda McGrew ☎ 703 323-9671

The book club discusses both fiction and nonfiction. On March 10, the book will be *Grapes of Wrath*, by John Steinbeck. The April 14 selection is *Three Junes*, by Julia Glass. On May 12, we will discuss *Life of Pi*, by Yann Martel. *The Secret Life of Bees* by Susan Kidd is the choice for June 9.

Philosophy Book Group

Fourth Wednesdays, 2:00 – 3:30, beginning Feb. 25
Reston Regional Library

Coordinator: Tom Hartnett ☎ 703 481-3492
We will be selecting books for the next few months at the February meeting.

Classic Fiction Book Club

Fourth Fridays, Feb. 27, Mar. 26, Apr. 23, 10:00 – 11:30

Reston Regional Library

Coordinator: Sigrid Blalock ☎ 703 467-3047
This book club will discuss *Invisible Man* by Ralph Ellison on February 27, *The Red and the Black* by Stendhal on March 26 and *The Day of the Locust* and *Miss Lonely Hearts* by Nathanael West on April 23. Each discussion will include character analysis, historical content and plot development.

Fiction Writers' Club

Wednesdays, Mar. 3, 17, 10:00 – 11:30 Feb. 18,
Apr. 7, 21, May 5, 19, 1:30 – 3:30
Talkwood

Coordinator: Peter Poole ☎ 703 281-0530
This group welcomes experienced and novice fiction writers who want encouragement and advice on their writing. We will discuss works in progress and share information on marketing.

Spring 2004 Schedule

Keys: TA = Tallwood LA = Lake Anne Church OL = See listings for other locations * = See listings for dates/times

Courses

Mondays 9:30 – 11:00	Tuesdays 9:30 – 11:00	Wednesdays 9:30 – 11:00	Thursdays 9:30 – 11:00
103 Ancient Greek Art TA*	111 Let's Make Music TA	203 Economics of China TA*	201 Finances TA
701 Movers and Shakers OL	404 Life Story Writing TA	406 The Big Three TA*	309 Civil War Letters TA
803 Microsoft Word OL*	603 How the Bible Came To Be TA	501 French Conversation TA	407 Henry V TA*
804 Microsoft Word OL*	901 Retirement 101 TA		
805 Primary Theory TA			
607 Comparative Religions LA	601 Philosophical Salon LA	105 Painting Workshop OL	304 Middle East LA*
702 Good Communities LA*			602 Early Beliefs LA*
11:30 – 1:00	11:30 – 1:00	11:30 – 1:00	11:30 – 1:00
103 Ancient Greek Art TA*	106 Antecedents & Affinities TA	107 Collage Workshop TA*	104 Watercolor TA
308 Upper Mississippi TA	405 Poetry Workshop TA	202 Investment Forum TA	109 Readers' Theater OL
802 Science & Technology TA	502 Intermediate Italian TA*	310 "Some thrilling thing..." TA	114 Circle Dance TA*
		801 Medical Lectures TA	311 Foreign Affairs OL*
			902 Retirement 201 TA
305 Asian Regionalism LA*	402 Potpourri of Poetry LA	401 Literary Roundtable OL	306 Panorama of India LA*
403 Creative Writing LA	604 <i>Pirket-Avoth</i> LA		307 Down Under LA*
			703 All the News LA
2:00 – 3:30	2:00 – 3:30	Ongoing Activities	2:00 – 3:30
101 Sketching TA	108 American Theater TA*	Bridge Club, see page 24 TA*	102 Story Telling With Photography TA
113 Classical Music TA	301 Germany and Austria TA	History Club, 1 st Wed. TA*	110 Singing for Fun TA
605 Old Testament TA*	606 Good Human Beings TA	Writers Club, bi-week Wed. TA*	303 Silk Road TA*
		TA Book Club, 2 nd Wed. TA*	312 Local History OL*
		Scrabble, see page 24 TA*	
112 Pleasures of Music LA	302 Modern France LA*	Walking Group, Tuesdays LA*	903 T'ai Chi LA
	904 Shop Smart OL*	Philosophy Book Group, 4 th Wed. OL*	
		Classic Fiction Book Club, 4 th Fri. OL*	

Special Events

Wed., Mar. 31, 2:00 – 3:30 TA A. The Art of Molas	Sat., Apr. 17, 2:00 GMU E. <i>Love's Labor's Lost</i>	Fri., May 14, 8:30 – 5:30 Bus Trip I. VA Executive Mansion/State Capitol
Wed., Apr. 7, 2:00 – 3:30 TA B. Maestro William Hudson	Wed., Apr. 21, 2:00 – 3:30 TA F. <i>The Hidden Truth</i>	Wed., May 19, 2:00 – 3:30 TA J. Poets of Tallwood
Wed., Apr. 14, 2:00 – 3:30 TA C. Flutopia	Wed., Apr. 28, 2:00 – 3:30 LA G. Battle of Gettysburg	Sat., Jun. 5, 2:00 GMU K. <i>Odyssey of Telemaca</i>
Fri., Apr. 16, 9:00 – 4:00, Bus Trip D. Smithsonian's Udvar-Hazy Center	Wed., May 12, 2:00 – 3:30 TA H. Global History	

Registration & Membership

Registration Form

- Use the Registration Form on the opposite page to sign up for winter courses and events, as well as to apply for or renew your membership. Return the form with your check(s) to LRI by mail or in person. **Registration begins Thursday, February 19 and ends Monday, March 8. Faxed or emailed registrations will not be accepted.**

- You must sign the waiver on the back of the form for all courses and events that include bus trips.

Fees and Charges

- If the date on your address label is 6/1/04 or later, you are a continuing member and do not need to renew your membership at this time.

- If the date on the label is 3/1/04 or earlier and is **highlighted in yellow** or if you are a new member, you should submit the Registration Form and pay your \$270 annual dues to renew your membership or to become a member.

- Please write separate checks for any course or event with a listed charge so that LRI can easily return your check if the activity is oversubscribed.

- Your registration may be delayed if you do not submit required payments with your form.

- There will be no refunds if you do not attend a course or take a bus trip for which you have enrolled.

Making Changes

- On or after March 8, you may register for additional courses and events that are not oversubscribed by filling in a Change of Schedule Request form (available in the social room at Tallwood and during the term at the Lake Anne church). A list of open activities will be posted in the social room at Tallwood and at the Lake Anne church and included in *This Week at LRI*.

Attendance

- You are urged to attend all courses and activities for which you are enrolled. Good attendance is important in getting future instructors and speakers, who receive no fees or honoraria.

- In order to be fair to all LRI members, please:

- Do not request more courses and events than you plan to attend.

- Do not attend a course or event unless your registration has been confirmed in your Confirmation Letter or your Change of Schedule Request has been approved.

Need More Information?

If you have questions, call 703-503-3384 or stop by the Tallwood office between 9:00 a.m. and noon or ask at the Lake Anne church or at the Tallwood office after the term begins.

Getting the Courses and Events You Want

- All courses and events are limited by available space or other factors. The most important thing you can do to improve your chances of getting the courses and events you want is to list them in order of their importance to you on the Registration Form. When courses or events are oversubscribed, priority is given based first on the preference you assign to each selection and secondly on the date of receipt of your Registration Form. Therefore, you can also increase your chances of getting the courses and events you want if you get the Registration Form in early within the registration period.

- You will receive a Confirmation Letter about one week before the term begins, showing the courses and events for which you have been enrolled. (Confirmation cannot occur until after registration has closed on March 8.)

Registration Form: Spring 2004

Office Use Only	
D	T
Mbr Chk	
Act Chk	
Act Chk	
Act Chk	
CM	RM NM

◆ Print all entries. ◆ Check all applicable boxes. ◆ Enclose all necessary checks.

Membership Data

Name: Dr. Mr. Mrs. Ms. (CIRCLE ONE) _____
 LAST NAME PREFERRED FIRST NAME M.I.

Address _____
 STREET CITY STATE 9-DIGIT ZIP

Phone - - E-mail @ Fax - -

Emergency Contact _____ Relationship _____ Phone - -

☐ Check this box if you are a new member or there are changes in the above since your last submission. If you are a new member, how did you learn of LRI? Please be specific. Are you a GMU alumnus? ☐

☐ My membership is current (address label dated 6/1/04 or later)CM

☐ Enclosed is my \$270 renewal fee (address label dated 3/1/04 or earlier).....\$ RM

☐ Enclosed is my \$270 new-member fee (no date on address label).....\$ NM

☐ Enclosed is my contribution to *Friends of LRI*\$

☐ I do not want my name listed as a contributor in LRI publications

Enclose a check payable to LRI for this total\$

Enclose separate checks payable to LRI for the following activities:

☐ 107: Collage Workshop \$5

☐ 310: U.S. Park Rangers \$15

☐ 604: *Pirket-Avoth* \$3

☐ 803: Microsoft Word 2000 \$20

☐ 804: Microsoft Word 2000 \$20

☐ D: Udvar-Hazy Center \$25

☐ E: *Love's Labor's Lost* \$7

☐ I: State Capitol \$20

☐ K: *Odyssey of Telemaca* \$22

Registration Data

● Prioritize your selections!

● If you want to attend any session with an LRI spouse or an LRI friend, list your selections in the same order.

● If you are willing to be a class liaison, put an "L" next to the course number.

● If you sign up for a bus trip, you must sign the waiver on the back of this form.

C O U R S E S			S P E C I A L E V E N T S		
Number	Course Title		Letter	Event Title	
1 st choice			1 st choice		
2 nd choice			2 nd choice		
3 rd choice			3 rd choice		
4 th choice			4 th choice		
5 th choice			5 th choice		
6 th choice			6 th choice		

Turn to back of this form for bus waiver and filing instructions.

Acknowledgment Release and Waiver for Bus Trips

The undersigned:

- Acknowledges that he/she expects to participate in one or more activities for the spring 2004 term that entail bus transportation and associated programs at locations other than sites of the Learning in Retirement Institute (LRI) at which classes and other activities are normally held.
- Hereby waives and releases LRI from any and all claims for injury or damage sustained by, through or as a result of such activities.
- Holds LRI harmless for any claims resulting therefrom.

Signature: _____ Date: _____

**Registration begins at 9 a.m. Thursday, Feb. 19, and
ends Monday, Mar. 8.**

**Mail or deliver this form to the following address
during this registration period:**

**Learning in Retirement Institute
4210 Roberts Road
Fairfax, VA 22032-1028**

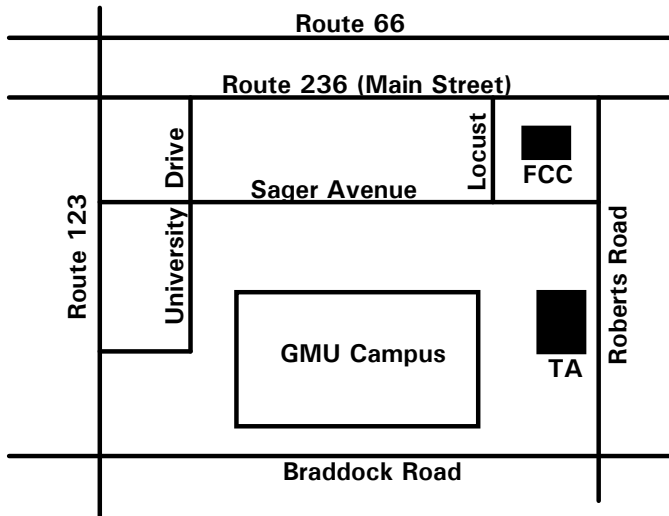
**Be sure to sign the waiver at the top of this
page if you have signed up for any bus trips.**

Volunteers needed!

LRI is in need of volunteers to serve on all of its committees. Please check the appropriate box to indicate your interest, and you will be contacted.

- ☐ **Facilities:** Assesses the need for physical facilities, landscaping and equipment, and develops projects to meet those needs.
- ☐ **Finance:** Advises the treasurer on financial matters, assists in preparing the annual budget, revenue and operating expense reports.
- ☐ **Hospitality:** Hosts social events, including a coffee for new members, a holiday party in December and others throughout the year.
- ☐ **Membership:** Recruits new members, maintains a friendly and welcoming atmosphere and promotes volunteerism.
- ☐ **Publications:** Oversees the production of regularly issued LRI publications.

Fairfax Locations



Directions to Fairfax Locations

❖ **Tallwood (TA)** at 4210 Roberts Road can be accessed only from Roberts Road. Parking is available at the swimming pool lot immediately to the right as you face Tallwood. There is limited parking in front of Tallwood and, if both lots are full, you can park on Forest Avenue (first street beyond the swimming pool) or on Still Meadows Road (across Roberts Road from Tallwood).

❖ **Fairfax Christian Church (FCC)** at 10815 Main Street in Fairfax City can be accessed only from route 236 (Main Street). No left-hand turn is allowed from Roberts Road to Main Street. Parking is available in the church lot.

❖ **Bus Trip Pickup** is now from Parking Lot No. 8 on the circular road in Fair Oaks Mall near the Holiday Inn. Fair Oaks Mall is at the intersection of Routes 66 & 50 in Fairfax and is accessible from Route 50 or West Ox Road (Route 608).

Directions to Lake Anne Locations

❖ **Washington Plaza Baptist Church, Reston Community Center, Reston Storefront Museum and Reston Used Book Shop** are all located at the northern end of Lake Anne off North Shore Drive, which loops around most of the lake. There are several entrances to North Shore Drive, but (unless you are a local resident) the best way is to enter at Village Road off Baron Cameron Avenue. Entrance signs read *Lake Anne Village Center*.

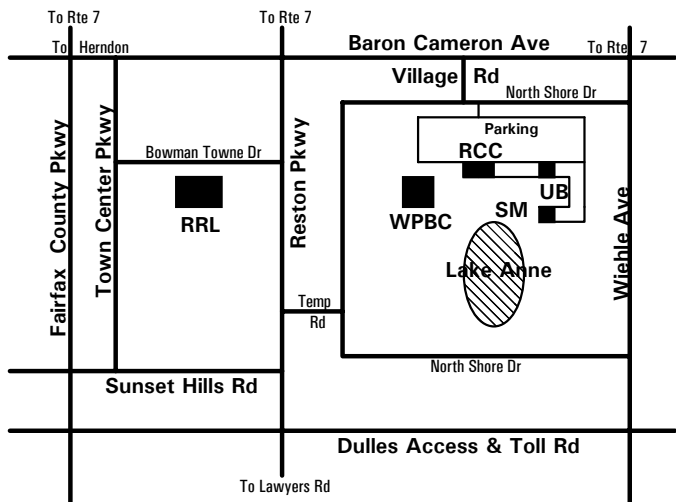
❖ Once on Village Road, turn almost immediately left to North Shore Drive and then immediately right to enter the parking lot where there is ample parking.

❖ Facing toward the lake (away from the direction you entered), take the entryway on your right. Past several buildings, **Washington Plaza Baptist Church (WPBC)** is on your right, facing the open plaza area. Take the sidewalk on the right side of the church (next to the coffee shop) to enter the ground floor Plaza room.

❖ The **Reston Community Center Lake Anne Facility (RCC)** is located on your left as you approach Lake Anne from the parking lot, directly across from the Millennium Bank.

❖ The **Reston Storefront Museum (SM)** and **Reston Used Book Shop (UB)** are across the plaza from the church.

Reston Locations



Directions to Reston Regional Library

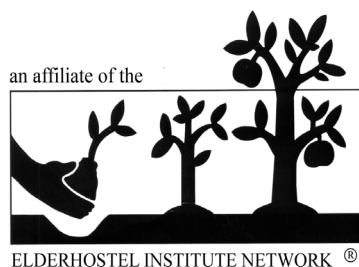
❖ The **Reston Regional Library (RRL)** is located at 11925 Bowman Towne Drive between Town Center Parkway and Reston Parkway.

LRI

Learning in Retirement Institute
George Mason University
4210 Roberts Road
Fairfax, VA 22032-1028
www.lri.gmu.edu

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
MERRIFIELD, VA
PERMIT No. 6309

DATE MAILED: FEB. 13, 2004
PLEASE DELIVER BY FEB. 18, 2004



Note: If the date below is highlighted in yellow,
you need to renew your membership.

