

Courses: Jan. 27 - Feb. 21

- All classes meet once a week during the term unless otherwise noted.
- Class hours are 9:30 -11 :00, 11 :30 - 1 :00 and 2:00 - 3:30, unless otherwise noted. . For location of class sites, see maps on inside back cover.

100 Art, Music & Drama

101 Classical Music Discovery

Tuesdays, 9:30 - 11:00

Tallwood

Moderator: Stephen Vandivere

This group is for music lovers who are tired of the "Three Bs" and are looking for new musical experiences from largely ignored composers or compositions of otherwise well-known composers that are worthy of attention. The focus will be largely on contemporary orchestral and chamber music but may also include lesser-known earlier composers

[i.e. Heinsius (1710-1764), Kasilag (1918)]. Class members will be encouraged to propose compositions to hear from their own collections, the guideline being that no one in the class has heard of the composer or the composition. A session would include an introduction to the music and/or the composer, listening to the piece, and discussion of the composition. Members will have input into the selections for subsequent sessions.

Stephen Vandivere has had no formal musical training as such but has a large collection of LPs and CDs and enjoys exploring new musical experiences. He has a good general listener's knowledge of serious music from the Baroque era to the present, and has read many record reviews from *High Fidelity Magazine* and books by/ about composers and the music industry. He is eager to share his discoveries and to have others share theirs.

102 Collage Workshop

Tuesdays, 11:30 - 1:00

Tallwood

Instructor: Renee Saltoun

Arts and crafts of all kinds provide us with a pleasant way to express our creativity and give peaceful repose from the dust of daily battle. Collage is an

art form in which bits of paper, cloth, pressed flowers and other small objects are pasted together on a surface in a harmonious pattern or for a symbolic or suggestive effect. This workshop will focus exclusively on paper collage that can be done at practically any time or place. It doesn't require special tools, materials or training and needs little artistic skill. Today you're a beginner and tomorrow you're a master. Work alone, and it can be a meditation a way to focus concentration. But it doesn't demand your concentration, so work along with friends for a social activity. Materials fee: \$5, payable with your Registration Form. Please bring scissors to class.

Renee Saltoun has a deep love for the arts that goes back to her early life in the Middle East. She attended Columbia University and earned a B.A. in art history and an M.A. and Ph.D. in clinical psychology. In treating her patients, she discovered that collage was an excellent therapeutic tool. Now retired from active practice, Renee has kept up her interest in this art medium. Her work has been exhibited at the University of California at San Diego, the Northern Valley Art Center in Englewood, N.J., the Carl Ratcliff Art Exhibit in Atlanta, the Catskill Art Society in Hurleyville, N.Y. and the Ann Leonard Gallery in Woodstock, NY

103 How Paintings Work: Meaning and Method in Painting

Wednesdays, 11:30 - 1:00

Tallwood

Instructor: Maggie Siner

How is a painting constructed? Why does the artist choose some colors and not others? How does expression occur? What is the language of painting? What is a masterpiece? What is style? In this course an examination of pictorial content will reveal how painters use form, space, light and color for expressive purposes. This analysis is a journey toward understanding the inner dynamics of painting and the

role of structure as a carrier of meaning. Participants will acquire a new and deeper appreciation of art. Investigating paintings from the Renaissance to the present, the instructor will offer four thought provoking slide lectures. Through years of study, work in the studio and world travel, Siner will speak from her experience and lead you to see with the eyes and mind of an artist. The goal is to expand your comprehension of the dynamics at work in successful paintings. This is not an ordinary art history class!

Maggie Siner's education includes a B.F.A. from Boston University and an M.F.A. from American University. She has exhibited extensively over 25 years, including galleries in Washington, D.C., New York, Boston and Paris. She has taught painting at the Lacoste School of Art in France, Xiamen University in China and American University in Washington, and lectures frequently in colleges, museums, and libraries wherever people are interested in art. Her paintings are in collections around the world. Currently, she teaches at the Washington Studio 'school.

104 Painting Free-For-All

Wednesdays, 9:30 - 11:00

Reston Storefront Museum at Lake Anne

Join your fellow LRI painters for some unstructured painting sessions at Lake Anne. Bring your own supplies and imagination, and work with others who also express themselves creatively in paint. The Museum offers a well-lighted, comfortable space to compose your next masterpiece.

105 Northern Renaissance Art

Thursdays, 2:00 - 3:30

Tallwood

Instructor: Rosemary Poole

Our study of the art of the Northern Renaissance will begin in France with the illuminations for the Tres Riches Heures of the Duke de Berry. Moving north into Flanders, we will next look at the work of the great Jan van Eyck and of other Flemish painters. including Rogier van der Weyden and Hans Memling. We will end with the two giants, Albrecht Durer of Nuremberg, greatest of printmakers, and Pieter Bruegel the Elder of the Netherlands, famed for his paintings of peasant feasts and folk activities.

Rosemary J. Poole has degrees in history and art history and was a lecturer at the National Gallery of Art for the Circa 1492 exhibition. She has taught for ten years at GMU, introducing several courses in regional art, including British painting. A specialist in the early Renaissance in Italy, she has given courses for LRI on this subject and on Spanish painting.

106 Italian Film Festival

Mondays, 2:00 - 4:00

Tallwood

Coordinator: Renata Bardo

Travel to picturesque Italy, enjoy the beauty of the Italian language and vicariously live the lives of an incredible variety of Italian characters. Sit back and relax with some popcorn, other LRI members and some enjoyable movies with an Italian theme. Some will be in Italian with English subtitles. Among the movies are *Bread and Tulips* and *Life is Beautiful*. Popcorn is provided.

107 Readers' Theater

Thursdays, 11:30 - 1:00

Fairfax Christian Church

Coordinators: Gordon Canyock, Susanne Zumbro

Plays or scenes from plays are read aloud by class members to the rest of the class, with everyone getting a turn to be a ham, but not necessarily every week. There are no lectures, but we will briefly discuss the plays after the performances. Neither memorization of scripts nor prior acting experience is required, but players are encouraged to step into the shoes of their characters, which usually requires reading the script several times. Meeting outside of class with other cast members for rehearsal is encouraged.

108 Play Readers' Workshop

Mondays, 11:30 - 1:00

Lake Anne Church

Instructor: Tom Hartnett

Join us to read privately, then discuss, rehearse and present in class key scenes from modern drama and comedies using seated readings, a method used at LRI's longstanding (since 1995) Readers' Theater. We do not do "cold readings." No experience is needed and no memorizing required.

Tom Hartnett is LRI's original Readers' Theater instructor. A former senior high school literature and speech teacher, he has acted in community theater with the Reston Players.

109 Gilbert and Sullivan Operettas

Thursdays, 9:30 - 11:00

Lake Anne Church

Instructor: Mary Jane Bishop

The instructor has been a long-time devotee of the Gilbert and Sullivan operettas, beginning back in Oshkosh, WI, when her father sang in *The Mikado*. In this course, we will briefly review the individual lives and accomplishments of William Gilbert and Arthur Sullivan, their eventual meeting and the resultant successes of their combined talents. We will then view portions of videos of *The Mikado*, *The Pirates of Penzance*, *Iolanthe* and *HMS Pinafore*. Class discussion and interaction will be encouraged.

Mary Jane Bishop is a retired occupational therapist and alcoholism counselor. She received her education at the University of Wisconsin, where she also studied music, and Virginia Commonwealth University.

110 Barbershop: An Original American Musical Art Form

Tuesdays, 2:00 - 3:30

Tallwood

Instructor: Mike Stoll

Barbershop music is a classical American art form performed by another American classic, the barbershop quartet: four people singing four different parts, without instrumental accompaniment, which results in beautiful music. Listen to actual recordings of turn of the century and current champion quartets. Learn where the music got its origins and where it is today, and participate in creating barbershop harmony with easy-to-learn music. We will study the evolution of the barbershop style of singing and experience actual in-class training and coaching.

Mike Stoll is president of the Fairfax Jubil-aire Barbershop Chorus. Along with friends and singers from the group, he will share his experience and knowledge of barbershop.

111 The Ongoing Pleasures of Music

Mondays, 2:00 - 3:30

Lake Anne Church

Instructor: Gloria Sussman

Fix yourself a cup of tea or coffee, pick up a cookie and join other LRI members for a relaxing afternoon listening to a variety of recorded performances. Sessions will highlight discussions of chamber music, vocal literature and unusual instrumental combinations from the instructor's extensive collection of recordings. You do not need to have taken previous music courses to enjoy and learn from this class.

Gloria Sussman was coach of Musica Concordia, a small Reston-based vocal ensemble, and an accompanist for the Reston Chorale. A graduate of the University of Pennsylvania with bachelor's and master's degrees in music education, she has taught piano and currently gives small recitals with her duet partner, Ellen Winner.

112 Singing for Fun

Thursdays, 2:00 - 3:30

Tallwood

Instructor: Joyce DeVoll

LRI's choral group invites you to join them for the winter session, which will feature rehearsals on the first and third Thursdays, and two visits to local senior care centers for the second and fourth meetings. A great voice is not required! Dolores Ecklund will accompany singers at the keyboard. Rehearsals will be at Tallwood.

Joyce DeVoll is a retired music teacher. She has a bachelor's degree from Michigan State University, a master's in educational administration from Virginia Tech and Orff certification from GMU. She is an active member of her church choir and English handbell group.

113 Circle Dance: Poetry in Motion

Thursdays, 11:30 - 1:00

Tallwood

Instructor: Judit A.ndai

Experience mindfulness, explore movement, enhance well-being as you find respite from life's busy pace. The moving meditation of Circle Dance brings inner peace and relaxation with beautiful music and easy-to-learn steps that have been danced by men and women over the world for centuries. You too will find it an enjoyable way toward

stronger bones, better balance, and a sense of wholeness and fluidity of the self that is physically healthful and emotionally liberating. Come to this class even if you believe you have two left feet and no sense of rhythm. Our motto is "There are not mistakes, only variations."

Judit Andai is a psychotherapist in private practice and an enthusiast of the dance. She has been teaching it for six years both here and abroad. She brings an international flavor from her native country, Hungary.

200 Economics and Finance

201 Ethics and Economics

Tuesdays, 2:00 - 3:30

Tallwood

Coordinators: Don Igo, Henry Morris

- "Climate Change: Ethical and Philosophical Issues": Donald Igo, former Assistant for Energy Policy, US Department of Transportation.
- "Measuring Poverty Based on Views of the National Community": Denton Vaughn, formerly Senior Analyst, US Bureau of the Census.
- "Corporate Governance": Mahesh Joshi, Associate Professor of Management, School of Management, GMU.
- "Economics and Religion: What Is the Relationship?": Robert H. Nelson, Dean, School of Public Affairs and Professor of Economics, University of Maryland.

202 Estate Planning for Retirees

Mondays, 9:30 - 11:00

Tallwood

Instructors: Michael Hamrick, John Coppola

Are you concerned about protecting and preserving your retirement assets and wealth for your spouse and/or future generations? Are you interested in learning more about your options in the area of transferring your wealth to children, grandchildren or charitable institutions? This course will review the tax implications and other important considerations for planning your estate. Topics will include wills, living trusts, probate, durable and

medical powers of attorney, estate taxes, charitable trusts, gifting strategies, credit shelter trusts, insurance trusts and generational planning. We will also cover often overlooked issues related to successful retirement and estate planning.

Michael Hamrick is an investment advisor with AXA Advisors, a financial and estate planning firm.

John Coppola is an attorney with the Ryan and Coppola law firm.

203 Coping With Your Tax Returns

Wednesdays, 9:30 - 11:30, January 29, February 5, 12

Tallwood

Instructors: Keith Teele, Marion Burgett

Learn more about the puzzlements of personal income taxes in this three-session course. Will your tax returns be complicated this year by the sale of a house or the beginning of your IRA withdrawals? Are you up-to-date on deductions and credits? The instructors will examine the tax implications of pensions and annuities, Roth IRAs, 529 plans, IRA payouts and other areas with tax consequences. There will be ample time for questions. This course will not provide advice on tax-avoidance strategies or estate planning.

Keith Teele has extensive experience in personal tax preparation.

Marion Burgett is a former IRS taxpayer services representative. Both are LRI members.

204 Investment Forum

Wednesdays, 11:30 - 1:00

Tallwood

Moderator: Thomas Crooker

This forum is an ongoing investment discussion group that meets regularly throughout the year. Sessions are structured around a varied weekly program that attempts to capture timely events. The primary focus is on individual stocks, but other topics are chosen broadly from the entire field of personal investing. Typical sessions include both prepared presentations and extemporaneous discussion. Member participation is encouraged.

Thomas Crooker is a retired engineer who is a long-time student of the stock market. He has served as moderator of the forum for about three years.

300 History and International Studies

301 Germany: Four Selected Topics

Thursdays, 11:30 - 1:00

Lake Anne Church

Instructor: Barbara Harding

- Germany Today-consists of an overview of the geography, economy, political system and cultural life of Germany.
- Ancient Germanic Tribes and the Romans-looks at the forces that led to the emergence of central and western Europe.
- Some German Composers-explores the three Bs (Beethoven, Bach and Brahms) and beyond.
- Literature and Art of the Weimar Republic consists of a look at Brecht, Kafka and others, as well as an overview of German Expressionism.

Barbara Harding, a native of Silesia, Germany, studied economics at Munich University and, later, German linguistics and area studies at Georgetown University. She taught for five years at Howard University and for over 20 years at Georgetown University.

302 World War II: Untold Stories, Unsung Heroes

Thursdays. 9:30 - 11:00

Tallwood

Coordinator: Cal Whitener

World War II remains the defining event of the past century for virtually all persons attending LRI. We will have speakers who have been asked to relate their personal experiences during selected events of this tumultuous time.

- "The Invasion of Europe, D-Day, June 6, 1944, and Aftermath to VE-Day": B/Gen. AI Ungerleider, USA (Ret.).
- "Bataan Death March and Survivors' Harrowing Sea Voyage to Japan": Col. Mel Rosen, USA (Ret.).
- "Surviving in the Auschwitz Holocaust Concentration Camp": Rabbi Laszlo Berkowitz.
- "Experiences of a teenage refugee in Nazi Germany during and after WWII": Colonel Wolfgang

Samuels, USAF (Ret.).

303 Mexico, Our Increasingly Important Southern Neighbor

Mondays, 11:30 - 1:00

Tallwood

Coordinator: Harold Davey

This course will feature speakers from the Embassy of Mexico, the Department of State and the Migration Policy Institute, who will examine Mexico's political and economic developments and how they relate to our own policies and economy. The causes and extent of Mexican immigration into the United States will be discussed in depth. An optional trip to an event at the Mexican Cultural Institute (the former Embassy of Mexico on 16th Street) will be offered.

304 An Inside Look at Foreign Affairs

Thursdays, 11:30 - 1:00

Tallwood

Coordinator: Roman Lotsberg

Foreign Service officers, retired yet active, will talk about matters of interest and importance and answer questions.

- "The New Indonesian Democracy: Its Problems and Prospects": Ambassador Paul F. Gardner, retired.
- "Reforms in China: 21st Century Colossus? Or 20th Century Modernizer?": David E. Reuther, Foreign Service Officer, retired.
- "AIDS in Africa and Elsewhere": Ambassador Raymond C. Ewing, retired.
- "The End of the West": Ambassador Richard T. Davies, retired.

305 Update on NATO and European Union Enlargement

Thursdays, 2:00 - 3:30, January 30, February 6

Lake Anne Church

Instructor: Bill Ciccolo

This two-session class will examine the North Atlantic Treaty Organization (NATO) and the European Union (EU) and the decision to accept ten additional countries as new members. The EU will de

side on a new constitution that will provide either for a federal "superstate" or retention of current "sovereign" nation states. Will Russia have a veto over NATO decisions? Will the EU have its own army? Will the smaller EU members be second-class citizens? What are the geopolitical implications of the NATO and the EU "movement to the East"?

Bill Ciccolo is a retired army infantry colonel. He has served in Vietnam, Korea, Japan, Panama and Paraguay, as well as the Pentagon with the Army Staff and Joint Chiefs of Staff. He has an MA in geography and an interest in geopolitical implications of foreign affairs.

306 Counterterrorism

Tuesdays, 9:30 - 11:00

Lake Anne Church

Instructor: Ed Balint

The events of the past year have changed the way many of us look at the world around us. How have our lives changed? What can we control? This course will take a look at the changing face of terrorism and what impact it is having on the U.S. in particular. We'll attempt to answer the question what is the terrorist threat to the U.S.?- by discussing who the terrorists are, what their objectives are and how they operate. We'll also learn more about homeland security, and the challenges of protecting our homeland.

Ed Balint is a retired senior CIA operations officer who spent 20 of his 33 years with the CIA abroad. He was the top U.S. intelligence official in Bosnia for five months in 1998-1999. After his retirement in February 2000, he became a business development consultant with EDS Corp. He took a leave of absence in September 2001 to respond to a request from CIA for his services.

307 America: The Early Years

Thursdays, 2:00 - 3:30

Tallwood

Instructor: John Ludden

This is the story of Indians and pirates... and of saints and sinners in the 17th century. Most of all, it's about the ordinary people who built a new life for themselves in a strange New World called America. What made average folk in the 1600s give up the life they knew in Europe to pursue a "great adventure" in the New World? How did they survive the voyage? What challenges did they face on their

arrival? We'll explore the experiences of the common man as he traveled to America-how he faced the expected and unexpected trials that came with this new land of opportunity-and learn what impact his arrival had on the lives of Native Americans.

John Ludden became interested in history as a child growing up on a cavalry post where there was nothing to do but read military history. As a high school student he lived in Okinawa. He worked as a government economist for 38 years and is listed in Who's Who in *America*.

308 Navigation: A Historical Perspective

Tuesdays, 11:30 - 1:00

Tallwood

Instructor: John Heffernan

This course will review how navigational skills and instruments have played such a crucial role in opening trade between countries and in discovering new lands. Among the first early successful voyagers were the Phoenicians, Egyptians and South Sea Islanders. The modern era of ocean navigation began with Prince Henry of Portugal and Christopher Columbus and led to rapid development of navigational instruments, cartography and nautical charts and culminated in today's global positioning system.

John Heffernan's interest in navigation goes back to the many years he spent as an avid sailor and yachtsman, including sailing the seven seas on a variety of merchant ships.

309 Turning Points in American History: 1940-2002

Tuesdays, 11:30 - 1:00

Lake Anne Church

Instructor: Carlyn Elder

What are the thoughts and events that have influenced the course of American history during the modern era? Who were the people who led us in heroic or disastrous directions? What new discoveries, inventions, concepts have "made history" in our country? What events do we see now that might have an enormous effect on the future of the United States? Come join in the lecture/ discussion concerning the paths taken by the United States during the last six decades to the present.

Carlyn Elder is a history teacher trained in Advanced Placement and International Baccalaureate programs, and was named teacher of the year by the National Capital Historical Society. She has served on the Virginia Council of Social Studies and was Virginia's representative to the Southeast Regional Council. She has studied aspects of the Great Depression and produced videos about the period.

310 Gettysburg: A Living History

Mondays, 9:30 -11:00

Tallwood

Instructors: Jason Martz, Stacy Humphreys

Go back in time to the Gettysburg Campaign, and relive history with National Park Service Rangers as they "become" Henry Jacobs and Matilda "Tillie" Pierce, both citizens of Gettysburg during the battle. This pair will share their story of what it was like to live before, during and after this crucial battle of the Civil War. The Rangers, who work on the National Mall in Washington, will lay the groundwork for understanding the campaign, the battle and its aftermath. They will also conduct an in depth discussion of the civilian experience. Highlights include a closer look at President Lincoln's *Gettysburg Address* and the establishment of the Soldiers' National Cemetery. The art of photography and the role it played during the Civil War will be examined, as well as the symbolism and meaning of the Lincoln Memorial.

Jason Martz and Stacy Humphreys have served in years past at the Gettysburg National Military Park and have offered many interpretive programs on the Battle of Gettysburg to visitors.

Circe and Calypso until he returns to his faithful wife Penelope. Selections from *The Art of Love* by the Roman writer Ovid will acquaint us with the attitudes toward love in Augustan Rome. The course will end with an examination of the work of the Roman poet Catullus and his famous *Lesbia* cycle. Background lectures will help illuminate the societies that gave rise to the authors and their works.

Vera Wentworth holds a Ph.D. in English and taught literature on the college level for thirty years. After retirement she served as a volunteer staff aide at the National Archives working with WWI and WWII German records. Her interest in literature in its many forms remains undiminished.

402 The Words of Poetry: How to Experience Poetic Language

Tuesdays, 9:30 -11:00

Tallwood

Instructor: Paula Schwartz

This course will examine various poetic works to discover the imaginative ways-by word choice, by overtones and undertones, by hard and soft diction, and by imagery-which the poets use to express their ideas.

Paula Schwartz spent the first half of her adult life teaching English literature and drama, and the second half writing historical romances. At LRI she has taught courses in song lyrics, poetry, plays and novels.

403 Poetry Workshop

Tuesdays, 11:30 - 1:00

Tallwood

Moderator: Barbara Achilles

The Poetry Workshop, founded in 1991, is one of the earliest continuing courses offered by LRI. The workshop auditions and critiques original poetry submitted by members of the group. It does not teach how to write poetry, nor does it focus on reading the poetry of well-known poets. Beginners as well as experienced poets are welcome. Emphasis is on encouraging the positive aspects of each poet's work and suggesting changes that might improve the poem. Members are expected to bring to each session a new poem or a revised poem previously critiqued by the group. The "Poets of Tallwood" have published three volumes of original

400 Literature

401 Love in Antiquity

Mondays, 9:30 - 11:00

Lake Anne Church Instructor:

Vera Wentworth

This course will examine the attitudes toward love and sex in ancient Greece and Rome through the study of Greek comedy and the Greek epic as well as Roman poetry. We will read excerpts from the 5th century B.C. comedy *Lysistrata* by Aristophanes and observe Homer's Odysseus resist the charms of

poetry and have presented readings for the past seven years. Some members have won prizes in poetry competitions and have had poems selected for a regional anthology and other publications.

Barbara Achilles is a retired intelligence officer with a bachelor's degree in music from the University of Rochester/Eastman School of Music. She is a published poet and has been a member of the LRI Poetry Workshop for the past 11 years, serving as its moderator for the last five years. She is a member of the National League of American Pen Women, the Poetry Society of Virginia and the Poetry Society of America.

404 Hamlet with Burton

Tuesdays, 9:30 - 11:00

Lake Anne Church

Instructor: Jane Catron

Hamlet is the longest, most complex and most enigmatic of Shakespeare's plays. To make a close study of it into a delightful experience, students will follow in their personal copies while listening to a full-length tape with Richard Burton in the title role, imbuing it with tremendous vitality. Class discussion will focus on the questions raised by the play, on the evaluations of such literati as Samuel Coleridge and T. S. Eliot and on the psychological interpretation of Sigmund Freud. No outside reading is required.

Jane Catron is a retired English teacher from McLean High School and holds extensive graduate credits in English and American literature. She also has a master's degree in liberal studies from Georgetown University where she continues as a liberal studies fellow. She has served as a docent at the Folger Shakespeare Library since 1996. This is her fourth course for LRI.

405 Writing Our Own Personal History

Tuesdays, 11:30 - 1:00

Lake Anne Church

Instructor: Maryrose Patrone

Wouldn't you like to have something your parents or grandparents had written about their lives? Even when we trace our family tree, we get dates of birth, marriage and death, but we don't know what the people thought or did. In this course we will write vignettes about our own lives and read them in class. We will put on paper what we might say if we were telling about an event. No writing skills are required.

Maryrose V. Patrone is a psychologist who has done family and individual therapy. She has a Ph.D. and taught graduate courses for the University of Virginia and James Madison University. She has previously presented courses at LRI on writing personal history and on interpersonal communication.

406 Literary Roundtable *Wednesdays, 11:30 - 1:00*

*Reston Used Book Shop at Lake Anne Moderators:
Janice Dewire, Carol Henderson*

Continuing the study of the ever-fascinating short story, this term we will again be using the book, *Wonderful Town: New York Stories from the New Yorker*, edited by David Remnick, published by Random House and available in paperback. The group will discuss three or four stories each week. Members will be expected to help lead discussions and to share their questions, insights and ideas. You do not need to have taken the previous courses. Class limit: 20.

Janice Dewire has a B.S. in home economics and an M.A. in elementary education from Syracuse University. A past president of LRI and current board member, she has a never-ending enthusiasm for adult learning.

Carol Henderson, a short story enthusiast and LRI board member, has a B.A. in English from Ohio State University and a M.A. in library science from The Catholic University of America.

407 From Memoir to Short Story

Mondays, 11:30 - 1:00

Tallwood

Instructor: Peter Poole

Short story writing is a rewarding craft, but knowing where to begin is difficult. In this class, you will start with a true story and learn how to develop a beginning, a "muddle," a climax and an ending that all work together. You will also learn how to revise and market your story.

Peter A. Poole has a few publishing credits and drawers full of future bestsellers that need revising. He currently chairs the LRI Fiction Writing Club, which produces the magazine *Fairfax Ink*.

500 Languages

501 Conversational Spanish for Travelers

Mondays, 11:30 - 1:00

Tallwood

Instructor: Catalina Velez

Practice your Spanish skills in a course focused on practical applications of Spanish in such everyday situations as using transportation and phone systems, checking into a hotel, ordering in a restaurant and shopping. Participants should have some knowledge of Spanish.

Catalina Velez, a native Spanish speaker, was born and grew up in Colombia. She emigrated to the U.S. with her husband and son in 1964. Her education and work experience are in the financial area. She has worked for the Washington Metropolitan Area Transit Authority (Metro) for 22 years as a budget analyst, then as a stockbroker for seven years.

502 Take Off in French: Beginner to Intermediate

Thursdays, 11:30 - 1:00

Lake Anne Church

Instructor: Diana Manolova

This course is designed to help develop basic language skills necessary to communicate in French in everyday situations. It provides the support for successfully learning a language, including favorite topics such as: finding your way around, checking into a hotel, shopping and eating out. Basic grammar will be taught and reviewed. Audio recordings will be used.

Diana Manolova holds a B.A. in French language and literature. She has nine years of foreign language teaching experience with students of all ages.

503 Intermediate Italian

Wednesdays, 11:30 - 1:00

Tallwood

Instructor: Renata Pia Bardo

This course is for those with previous exposure to the Italian language. We will review the first 12 lessons in *Intimate Italian, Basic-Intermediate* by

Salvatore Bancheri (Living Language Series, Random House). New vocabulary and more complex grammar will be added. Class participation and homework are expected. The course will focus on conversation as well as grammar.

Renata Pia Bardo is a native of northern Italy and studied two years at Bocconi University in Milan. She has given private lessons to adults and children, and taught at the Berlitz School of Languages for two years and at LRI for several years.

600 Philosophy, Ethics and Religion

601 The Kingdom of God - The Lost Vision

Wednesdays, 9:30 - 11:00

Tallwood

Instructor: John Rybicki

Jesus taught the coming of the "Kingdom of God." The idea of God's Kingdom is used by Jesus more than 100 times as recorded in the three Synoptic Gospels alone. In all of the New Testament's 21 Epistles, however, this concept is mentioned fewer than 20 times. Was the concept of the Kingdom lost in the early Church? This course will present the concept of the Kingdom of God as preached by Jesus within the Gospels, and contrast this to the actual development of the Church and its preaching style in the post-Apostolic period.

John Rybicki has a B.S. from Clarkson College of Technology, an M.A. from the University of Arkansas, and an M.S. from George Washington University. He has diplomas in theological studies from both the Virginia Theological Seminary and the Antiochian Orthodox Church. He has studied at St. George's College in Jerusalem and is enrolled in the St. John of Damascus School of Theology, Balamand University. He has lectured at LRI, the LII of NOVA and the Jewish Community Center of Northern Virginia and at local churches.

602 Ethics: What Can We Know About Good and Evil?

Mondays, 9:30 - 11:00

Tallwood

Instructor: Norman Buder

(This course will continue the fall course, but with new ideas and arguments. The previous course is not a prerequisite.) What is a good human being? What are the most basic rules of human conduct without which peaceful and civilized life would be impossible? What role do the concepts of duty, virtue and happiness play in a morally good life? Does morality depend on religion? Is there objective moral knowledge? The instructor will present ideas and arguments derived from classical and contemporary Western moral philosophers. It is hoped that these lectures will stimulate lively class discussion, the focus of which will be on a serious effort to discover the truth.

Norman Buder recently retired after 23 years as an editor and analyst of media for the Foreign Broadcast Information Service. In the late 1960s and early 1970s he taught philosophy at the University of California at Berkeley and Riverside, and at Yale University and California State University, Hayward. He has a B.A. in philosophy and political science and an M.A. in philosophy.

700 Social Studies

701 Inside Out the Beltway: City to Suburban Sprawl

Wednesdays, 11:30 - 1:00

Tallwood

Instructor: Shelley Mastran

How will our area look like in 2020? What can we do to mitigate urban sprawl? Explore the consequences of today's changing demographics, economics and geography of the region. Learn how the impetus that transformed Washington from a sleepy southern town to a diversified, interdependent, international metropolitan area now sprawling over three states, began in the 1940s with World War II. Find out how the spread of residences, retail business, office development and other factors contributed to suburban sprawl, such as Tysons Corner. Examine how transportation developments, such as the Capital Beltway and the Metro, have had a significant impact on urban sprawl.

Shelley S. Mastran, a former director of the Rural Heritage Program of the National Trust for Historic Preservation, is a preservation planning consultant. She has

taught geography at the University of Maryland and the George Washington University and teaches preservation planning at the University of Virginia. She is co-author with Samuel N. Stokes and A. Elizabeth Watson of the second edition of *Saving America's Countryside*, published in 1997 by The Johns Hopkins University Press. Mastran earned a B.A. in English from Vassar College and a Ph.D. in geography from the University of Maryland. She writes and lectures on a wide range of land use, development and preservation issues.

702 All the News That's Fit to Print

Mondays, 9:30 - 11:00

Lake Anne Church

Moderator: Art Hill

We live in an age of information overload from TV, radio, the Internet, magazines and newspapers. Many of us depend most on our newspapers to bring us news about world events, popular trends, advances in science, business, sports and entertainment. In this discussion course we will look at hot topics of the day and see how different newspapers treat the same story-how they cover it, where they run it, what spin they put on it. All opinions are welcome in what should be a lively news discussion.

Art Hill has been a member of LRI for five years; he is a retired attorney who is active in community organizations in Reston. He classifies himself as a moderately obsessed news junkie with an emphasis on politics and actions of governments.

800 Science, Health and Technology

801 Science and Technology Today

Tuesdays, 11:30 - 1:00

Tallwood

Coordinators: Janet Meisenhelder, RoseMary Gustin

Join us for a sampling of the latest information in the realm of science. A variety of expert speakers will talk about their special areas of interest. There will be opportunities for questions at each class session.

- "The Insect World: The Good, the Bad and the Thousand-Legged": Dexter Hinckley, retired entomologist.
- "The Application of Chemistry to the Examination of Works of Art": Suzanne Lomax, Conservationist at the National Gallery of Art.
- "Scientists of the Future": Research by students from Thomas Jefferson High School for Science and Technology.
- "New Frontiers in Brain Research": James OIDs, Director, Krasnow Institute for Advanced Study, GMU.

802 PowerPoint for LRIInstructors

Tuesdays, 2:00 - 3:30, February 11, 18

GMU Telework & Training Center

Instructor: Bob Havey

Attention LRI instructors and potential instructors! Learn to make professional slides in this two session course, to add appeal to your classroom presentations. This hands-on class is a basic introduction to PowerPoint covering the fundamentals of designing, creating and running computer-based slide shows. The Training Center is located at 4031 University Drive, Suite 110, in Fairfax City. Class limit: 12.

900 Other

901 T'ai Chi

Thursdays, 2:00 -3:30

Lake Anne Church

Instructor: Elaine Schwartz

This ancient Chinese discipline and martial art has many variations. We will learn the simplified Yang style. The 24 movements should help you improve your balance and flexibility.

Elaine Schwartz has studied T'ai Chi for seven years and has been an assistant instructor for about three years. She is still learning the refinements and enjoys the practice and the rewards of the discipline.

902 Antiques and Collectibles *Mondays,*

2:00 - 3:30

Tallwood

Coordinators: Virilinda Snyder, Tom Hartnett.

ConnieVihstadt

How can you tell the difference between sentimental value and fair market value, and the difference between treasure and trash in your attic, basement and back bedrooms? We are inviting a series of personal property professionals, art historians, appraisers, auctioneers, consignment house and specialty shop proprietors, to help identify objects and options for insuring, restoring, pricing, marketing, disposition and charitable donation of diverse properties. Members will be invited to show and tell their prize items or collectibles. If you wish to bring items to show the class, please contact Virilinda Snyder at 703-339-5748.

903 Thriving in Retirement 101 *Thursdays,*

9:30 -1:00

Tallwood

Instructors: Patricia Goldman, Richard Goldman

This is a workshop designed to help you maximize your enjoyment of living with meaning and purpose at this time of your life. An experiential program, it will give participants the opportunity to interact and develop their ability to thrive in their activities, friendships and family relationships. The workshop will examine better options in dealing with the challenges of the physical and emotional transitions in our lives. It will be led by a husband-and-wife team to provide balance between male and female perspectives. Individuals and couples are welcome. Note: Classes will run 9:30-11:00, and continue after a break to 1:00. This course is a prerequisite for an eight-week class that will be given in the spring. Materials fee: \$7, payable at the first class. Class limit: 20.

Patricia B. Goldman, M.A., L.P.C., N.C.C., and Richard M. Goldman, D.D.S., M.A., L.P.C., N.C.C., are National Certified Counselors, Licensed Professional Counselors and Professional Coaches. They created the ACT II Retreat Center Wellness Program and its Transition Strategies Coaching Program, running them for the past ten years. They are Certified Pairs (Couples) Facilitators and are faculty members at the Marshall University Graduate College Department of Counseling and adjunct

faculty at George Mason University. Richard Goldman was also an assistant clinical professor at the Georgetown Medical Center and a practicing dentist until he retired from that profession.

904 Shop Smart, Eat Healthy

Tuesdays, 2:00 - 3:00

Whole Foods Market, Reston

Coordinator: Nicole Criss

Do low fat, low sodium and organic foods conjure up tasty, easy-to-prepare and nutritious meals? Ever wondered what the USDA Organic Food Standards are? Come and enjoy the following four classes, each of which will feature a cooking demonstration and provide recipes for you to try at home.

- "Organic Produce and Organic Grains"
- "Low Sodium and Delicious"
- "Low Fat and Full of Flavor"
- "Cold Weather Cuisine to Warm Your Heart"

The Whole Foods Market in Reston is located at 11660 Plaza America Drive, just off Sunset Hills Road, between Reston Parkway and Wiehle Avenue. Class limit: 15.

Mark your calendar!

Spring term Mar. 31 – May 23, 2003

Summer term June 2 – 27, 2003