Fall 2003 Catalog Sept. 22 – Nov. 14

Learning in Retirement Institute



Broadening Horizons Together

Affiliated with George Mason University Sites at Tallwood in Fairfax and Lake Anne in Reston



Learning in Retirement Institute

"Tallwood," 4210 Roberts Road Fairfax, VA 22032-1028 GMU MSN 5C1

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LRI Catalog Fall 2003

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All About LRI

Who We Are

The Learning in Retirement Institute (LRI), affiliated with George Mason University (GMU), offers daytime courses, lectures, special events and other activities during eight-week terms in the fall and spring, a four-week mid-winter term and a summer program. There are no exams, no credits, no college degree required and no age threshold. Making new friends is an important part of the LRI concept. Social activities include luncheons and picnics.

Course leaders are qualified members of LRI and others who enjoy sharing their knowledge. We are particularly fortunate in our outside teachers and speakers, attracting well-known and knowledgeable persons from GMU, government, foreign embassies and private organizations.

Members pay annual dues of \$270, which entitles them to attend as many activities as they wish, subject to availability of space. There may be charges for required books and materials and for some special events. LRI offers scholarships for those in financial need; ask our Administrator at the Tallwood office for details.

LRI publishes *LRI Times*, a quarterly newsletter that keeps members informed about the Institute; a weekly, *This Week at LRI*, during each term; a *Membership Directory* twice a year and a *Volunteer Handbook* for new members.

> Log on to <u>www.gmu.edu/departments/lri</u> for more information.

LRI is a member of the Elderhostel Institute Network of similar organizations at colleges and universities in the U.S. and Canada. LRI is a nonprofit equal opportunity 501(c)(3) organization and does not discriminate on the basis of race, color or national or ethnic origin.

Where We Are

Most activities are held either at Tallwood, 4210 Roberts Road in Fairfax, or at the Washington Plaza Baptist Church at Lake Anne in Reston. LRI's main office is at Tallwood, with a satellite office at the Lake Anne church (open only during class hours). Both sites are handicapped-accessible, and free parking is available. Maps and directions for all locations are on the inside back cover.

How to Join

Any person may become a member beginning with the fall 2003 term (through summer 2004) by filling in the Registration Form on page 29 and submitting it to LRI with the required check(s).

If you would like to try us out first, during any two consecutive weeks you may visit one or more classes that are not oversubscribed. Check with the Tallwood office to find out whether the class you want to visit has space available.

GMU Privileges

LRI members are entitled to a GMU ID card, which allows you to check out books at the University Library, purchase items at the GMU computer and book stores and enjoy other campus privileges (but not free parking on campus). A GMU Intranet and e-mail account is also available. To apply for or renew an existing ID card or account, visit the Tallwood office.

Friends of LRI

Members are encouraged to make tax-deductible contributions. Unless otherwise designated by the donor, all contributions will be applied to capital equipment for LRI and to scholarships and other grants that LRI makes to GMU in recognition of our close relationship. All contributors will be recognized as *Donors* to Friends of LRI. Those who contribute a total of \$100 or more during the year will be recognized as *Supporters*. Those who contribute a total of \$250 or more during the year will be recognized as *Patrons*. You may send contributions at any time, or you may include a donation with your Registration Form.

LRI Organization

LRI is a membership organization, with a Board of Directors elected by the membership. All activities are managed by LRI volunteers and a small paid staff. Members are encouraged to participate in the many support functions.

Board of Directors

President	Bob Bohall
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Florence Adler
Gordon Canyock
Art Cook
Michael Coyne
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Membership	Susanne Zumbro
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Program, Special Events	Florence Adler
Publications	Carol Henderson
Reston Support	Art Hill
University Liaison	Michael Styles

Administration

Administrator.....Joanne Lingerfelt Admin. Assistant.....Jennifer Maloney Admin. Assistant, Lake AnneMathilde Speier

Communications

Tallwood office, phone	703-503-3384
Fax	703-503-2832
Email	lri@gmu.edu
Web sitewww.gmu.ed	u/departments/lri
Lake Anne, Mathilde Speier	703-927-5450
GMU mail stop number	MSN 5C1

Program Committee

Courses, special events and ongoing activities are developed by the Program Committee.

Program Coordinator	Carol Ferrara
Phone	
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Elizabeth Bolton Art Cook Harold Davey Carlyn Elder Rosemary Gustin Tom Hartnett Caroline Hartzler George Heatley Don Igo Ceda McGrew Joan Salemi Elaine Schwartz Virlinda Snyder Mathilde Speier Lilyan Spero Audrey Sullivan Carr Whitener Craig Zane

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Economics/Finance	Don Igo
History/Social Studies	Tom Hady
Language/LiteratureC	arol Henderson
Religion/Ethics/Philosophy	Joan Salemi
Science/Health/TechJan	et Meisenhelder

Class Liaison Coordinators

 Tallwood......Ceda McGrew, Florence Adler

 Reston.....Ann Goerold

Special Events Subcommittee

Chair.....Florence Adler

Lisa Astudillo Barry Berkey Velma Berkey Fran Bouley Mary Coyne Al Giles Carol Henderson Lillian Justice Barbara Lanterman Lorraine Rosenberg Norm Rosenberg Virlinda Snyder Carol Towse Joan Tullington

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	Karen Hamilton, Josie Tucker
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LRI Home Page	ТВА

Courses: Sept. 22 – Nov. 14

- All classes meet once a week during the term unless otherwise noted.
- ◆ Class hours are 9:30 -11:00, 11:30 1:00, and 2:00 3:30, unless otherwise noted.
- For location of class sites, see maps on inside back cover.

100 Art, Music & Drama

101 Frank Lloyd Wright and Friends?

Wednesdays, 9:30 – 11:00 Tallwood

Field trip to Washington, D.C., Nov. 14 Instructor: Ed Girod

Come and get acquainted with the Bauhaus, the international style, and a few interesting characters like Otis and Gaudi. The course focuses on Western architecture from the late 19th through the 20th centuries. We will consider building methods and materials, aesthetics and many kinds of buildings and structures. A field trip, which includes some walking, is scheduled on Friday, November 14, from 9:00 to 3:00, to look at modern architecture in Washington, D.C. A guided tour of the East Wing of the National Gallery of Art will emphasize the architecture of the building. Lunch is on your own on the Gallery's lower level; we will have a bus tour of several other significant public buildings. Please arrive no later than 8:45.A fee of \$21 includes bus fare and driver gratuity. Please include a separate check with your Registration Form. The bus will leave from the new pick-up point at Fair Oaks Mall, Parking Lot 8, near the Holiday Inn (see directions on inside back cover).

Ed Girod retired after 34 years of teaching art and art history. This is his third course for LRI.

102 A Music Sampler

Tuesdays, 9:30 – 11:00 Tallwood Coordinator: Margaret Andino

Once again, the GMU Music Department will present an array of tuneful delights. In exploring a variety of musical genres, GMU and others musicians will share history, musical interpretations and techniques. Those with limited musical backgrounds or those with developed musical tastes are welcome. Among the topics and presenters are:

• "Koto Music and Japanese Culture": Prof. Kyoko Okamoto.

• "The Flute's Importance to the Orchestra": Prof. Judith Lapple.

• "Training Music Teachers for the Twenty-first Century": Prof. John Casagrande.

• "Different Styles of Violin Playing": Prof. Edwin Johonnott.

• "Military Music and its Varied Uses": Prof. Lorrie Berkshire Brown.

• "Balalaika: From Dr. Zhivago to Fairfax, VA": Janet Bohm, President, Washington Balalaika Society.

• "Beethoven's 10th: Romantic Symphonists Under Beethoven's Influence": Prof. Hubert Beekwith.

• "Active Music Listening: A Joyous Experience": Prof. Linda Monson.

103 Classical Music Discovery

Thursdays, 9:30 – 11:00 Tallwood Moderator: Stephen Vandivere

This group is for music lovers tired of the "Three Bs" and looking for new musical experiences from largely ignored composers or compositions of otherwise well-known composers worthy of attention. The focus would be largely on contemporary orchestral and chamber music but may also include older composers. A session would include an introduction to the music and/or composer, listening to the piece and discussion of the composition. Members' suggestions regarding selections for subsequent sessions will be welcome. **Stephen Vandivere** has had no formal musical training but has a large collection of LPs and CDs and enjoys exploring new musical territory. He has a good listener's knowledge of serious music from the Baroque era to the present and has read many record reviews from *High Fidelity* magazine and books by/about composers and the music industry. He is eager to share his discoveries and have others share theirs.

104 The Ongoing Pleasures of Music

Mondays, 2:00 – 3:30 Lake Anne Church Instructor: Gloria Sussman

Fix yourself a cup of tea or coffee, pick up a cookie and join other LRI members for a relaxing afternoon listening to a variety of recorded performances. Sessions will highlight discussions of chamber music, vocal literature and unusual instrumental combinations from the instructor's extensive collection of recordings. You do not need to have taken previous music courses to enjoy and learn from this class.

Gloria Sussman was coach of Musica Concordia, a small Reston-based vocal ensemble, and an accompanist for the Reston Chorale. A graduate of the University of Pennsylvania, with bachelor's and master's degrees in music education, she has taught piano and currently gives small recitals with her duet partner, Ellen Winner.

105 Singing for Fun

Thursdays, 2:00 – 3:30 Tallwood Instructor: Joyce DeVoll

Once again, LRI's choral group, singing in unison, in chorus and in ensembles, will emphasize popular music, Broadway show tunes and golden oldies. A great voice is not required. Dolores Ecklund will accompany singers on the keyboard.

Joyce DeVoll, a retired music teacher, has a bachelor's degree from Michigan State University, a master's in educational administration from Virginia Tech and Orff certification from GMU. She is an active member of her church choir and English handbell group.

106 Readers' Theater

Thursdays, 11:30 – 1:00 Fairfax Christian Church Coordinators: Lynn Gramzow and Ann Shell Once again Lynn and Ann look forward to selecting interesting plays for members of the class, who will either participate each week as one of the characters in the plays performed or will be a part of the audience. Our purpose in Readers' Theater is multifold: to continue to fine-tune our reading/acting skills; to learn more about plays and play-reading in general; and to have fun interacting with one another. The first class session will begin with a special treat: two directors from GMU's Theater of the First Amendment, Rick Davis and Kevin Murray, will give us tips on how to improve our performance in play reading. In the next seven sessions we will strive to apply those tips. We would like to encourage any LRI member who loves plays and the thought of "stepping into someone else's shoes" for a while, to try us out. For successful performances, however, we need participants to be serious about coming to all sessions, and to be willing to set aside a small amount of time to practice with the other performers before the play is presented to the class.

107 Collage Workshop

Wednesdays, 11:30 – 1:00, Sept. 24, Oct. 1, 8, 15 Tallwood

Instructor: Renée Saltoun

Arts and crafts of all kinds provide us with a pleasant way to express our creativity but also give peaceful repose from the dust of daily battle. Collage is an art form in which bits of paper, cloth, pressed flowers and other small objects are pasted together on a surface in a harmonious pattern or for symbolic or suggestive effect. This four-week workshop will focus exclusively on paper collage that can be done at practically any time or place. It doesn't require special tools, materials or training and needs little artistic skill. Today you're a beginner, and tomorrow you're a master. Work alone, and it can be a meditation and a way to focus concentration, or work along with friends for a social activity. Materials fee: \$5, payable the first day of class. Please bring scissors to class.

Renée Saltoun has a deep love for the arts that goes back to her early years in the Middle East. She earned a B.A. in art history and an M.A. and Ph.D. in clinical psychology at Columbia University. In treating her patients, she discovered that collage was an excellent therapeutic tool. Now retired, Renee continues her interest in this art medium. Her work has been exhibited at the University of California at San Diego, the Northern Valley Art Center in Englewood, N.J., the Carl Ratcliff Art Exhibit in Atlanta, the Catskill Art Society in Hurleyville, N.Y. and the Ann Leonard Gallery in Woodstock, N.Y.

108 Sketching With Pencil and Ink

Tuesdays, 2:00 – 3:30 Tallwood Instructor: Dick Hibbert

Participants will learn about materials and techniques useful in drawing with pencil and ink and in sketching still lifes, landscapes and illustrations. Class participation and homework assignments are expected. Class limit: 12.

Dick Hibbert, a graduate of Oregon State University and the University of Oregon School of Architecture, currently is a private architectural consultant. He formerly served as the chief architect for Navy housing. He has previously taught photography in the Fairfax County Adult Education program and has been teaching art at LRI for ten years.

109 Painting Workshop

Wednesdays, 9:30 – 11:00 Reston Storefront Museum at Lake Anne Instructor: Peter Ball

If a person has a little motivation, I can teach them to draw and paint and do it well. Actually, I can't teach anyone anything, but I can provide the encouragement and expertise necessary to be a fine artist.

Peter Ball has been painting for 50 years and has studied with many teachers in many places. He says he knows everything about painting, but is still figuring out how to get this information from his mind to his fingers.

110 Intermediate Watercolor Painting

Thursdays, 11:30 – 1:00 Tallwood Coordinator: Harriet Grever

Here's a chance for those with some experience to share their knowledge and enthusiasm for watercolor painting. Class members will critique each other and choose the subjects to be painted. Students should be familiar with the use of materials. Class limit:10.

200 Economics and Finance

201 Investment Forum

Wednesdays, 11:30 – 1:00 Tallwood Moderator: Thomas Crooker

This forum is an ongoing investment discussion group that meets regularly throughout the year. The primary focus is on individual stocks. Other topics may be chosen broadly from the entire field of investing. Sessions typically include prepared presentations by members and extemporaneous discussion. Member participation is encouraged.

Thomas Crooker is a retired engineer who has taught at the college level and is a long-time student of the stock market.

202 Investment Basics and Beyond

Mondays, 2:00 – 3:30, Sept. 22, 29, Oct. 6, 13 Tallwood

Instructor: Shirley M. Smith

This four-week class is a review and extension of the course offered in the spring term. Each week's session will be divided between class discussion of basic investing principles and specific investing ideas on bonds, mutual funds, stocks, strategies, investment books, research sources, etc. Participation by all members is encouraged, and ideas for discussion topics are welcome.

Shirley Smith is a retired teacher who has taught numerous workshops at LRI and for the Widowed Persons Service of Northern Virginia. A graduate of Bowling Green State University in Ohio, she believes in the value of continuous reading and research.

203 Economic Issues

Tuesdays, 2:00 – 3:30 Tallwood Coordinator: Don Igo

Speakers will discuss major economic issues, with time set aside for questions and answers.

• "Faith-Based Budgeting": William Gale, Deputy Director and Senior Fellow, The Brookings Institution.

• "Ethics of Intelligent Computers": James Wentworth, Senior Research Scientist, George Washington University.

• "Economics as Religion": Robert H. Nelson, Professor of Environmental Policy, School of Public Affairs, University of Maryland.

• "Health Care Reform": Albert Hirsch, former economist, Bureau of Economic Analysis, U.S. Department of Commerce.

• "Impact of Iraq and the War on Terrorism on the U.S. Economy": John C. Beyer, President, Nathan Associates.

• "The World's Global Economic Institutions: Holy Trinity or Unholy Alliance?": Martin Staab, Adjunct Professor of Economics, George Mason University and Georgetown University.

• "The U.S. Trade Deficit: Causes and Consequences": Catherine Mann, Senior Fellow, Institute for International Economics.

• "The Globalization Controversy": John Anderson, Journalist-in-Residence, Resources for the Future.

300 History and International Studies

301 Winston Churchill: A Study in Leadership

Mondays, 9:30 – 11:30, Sept 22, 29, Oct 13, 20 (No class Oct. 6) Tallwood Instructor: Bob Rosenblatt

In this four-week course we will discuss one of the major historical figures of the 20th century, Winston Churchill, the man who led England during the darkest hours of World War II when it stood alone against the German conquerors of Europe. His was the voice that gave the lion its roar. Churchill had a wide-ranging career as a soldier, a politician, a writer and a historian. He was considered a hasbeen, an irrelevant politician during the late 1930s when he took a lonely stand against appeasement. We will consider the influences on Churchill, his Edwardian boyhood, his role as a member of Brit-

ain's ruling class, his leadership style, and the lessons these offer for us today. Members of the class are encouraged to consider Churchill in the light of the 21st century, and to discuss the qualities of leadership in politics.

Bob Rosenblatt, a former Washington correspondent for the *Los Angeles Times*, is a member of the Washington Society for Churchill, a chapter of the International Churchill Center.

302 International Relations in the Post World War II Era

Thursdays, 9:30 – 11:00 Lake Anne Church Instructor: Orval Hansen

This course will examine international relations, including political, military and economic, with a principal focus on the role of the United States during the period following World War II. These will include the origins of international institutions and alliances, the Truman Doctrine, the Marshall Plan, the Cold War, nuclear nonproliferation policy, the Middle East Conflict and events in the Soviet Union and Eastern Europe following the fall of the Berlin wall.

Dr. Orval Hansen has a B.A. from the University of Idaho and a J.D., L.L.M and Ph.D. in political science from George Washington University. He completed a year of postgraduate study at the London School of Economics and Political Science. He practiced law in Idaho and served ten years in the Idaho legislature and six years in the U.S. House of Representatives. Following retirement from Congress he founded and served as president of the Columbia Institute for Political Research, a Washingtonbased organization devoted to public policy research and education.

303 George Washington's Life and Character

Wednesdays, 11:30 – 1:00, Oct. 22, 29, Nov. 5, 12 Tallwood

Instructor: Dr. Peter R. Henriques

Dr. Henriques, GMU's scholar and aficionado of George Washington, brings to LRI a fresh series of four talks on Washington's life and character.

• "Taking Command: George Washington and the Beginning of the American Revolution."

• "From 'Agreeable Consort' to 'My Dear Patsy': The Relationship Between George and Martha Washington."

• "An Uneven Friendship: The Relationship Between George Washington and George Mason."

• "Reluctant Enemies: The Increasingly Strained Relationship Between George Washington and Thomas Jefferson."

Peter R. Henriques retired from his position as a history professor at George Mason University this past September. The author of *The Death of George Washington: He Died as He Lived*, (2000) plus a brief biography of George Washington for the National Park Service (2002), Dr. Henriques has also written numerous magazine articles. A frequent speaker at Mount Vernon, a member of the George Washington's Scholars Committee, and a member of the Editorial Board of the The George Washington Papers, he is currently writing another book on various aspects of Washington's life and character. Class limit: 50.

304 Louisiana: Discovery to Statehood

Tuesdays, 11:30 – 1:00 Tallwood Instructor: Allen Montecino

This course will explore the rich and colorful history of the Louisiana territory and its principal port city, New Orleans. French explorers named the territory Louisiana after their king, Louis XIV. They named the city New Orleans in honor of the Duke of Orleans. Control over that port city on the Mississippi became a central concern of the infant United States. That concern caused U.S. President Jefferson to purchase the entire Louisiana Territory from the French Emperor Napoleon in 1803. By the early 19th century, New Orleans was the second largest port in the nation and Louisiana was a State in the new Union. This course will present the story of that evolution from a French colony to the 18th state of the United States.

Allen Montecino, a native of Louisiana, is a retired Air Force officer with a master's degree in American history from GMU. He has taught a number of courses on American history as well as on computer instruction at LRI since he joined in 1991. He is a current LRI Board member.

305 The Great Depression

Monday, 11:30 – 1:00 Tallwood Field trip to Washington, D.C., Oct. 31 Instructors: Carlyn Elder and National Park Service Rangers

What caused the Great Depression of 1929-1941? How did it change the government of the United States? How did it affect the lives of millions of Americans? What have we learned from the events, legislation, Supreme Court decisions, political leaders and ordinary Americans of the 1930s? Come share your experiences of this turning point in American history.

• "Background Causes of the Great Depression": Carlyn Elder.

• "The Stock Market Crash and the '100 Days'": Carlyn Elder.

• "The Bonus March": Mark Ragan, NPS Ranger.

• "The New Deal, a Turning Point in American History": Carlyn Elder.

• "The Federal Arts Program": Carol Kelly, NPS Ranger.

• "The Effects of the Great Depression on the American People": Carlyn Elder.

• "The Imperial Presidency and the Supreme Court": Carlyn Elder.

• "The Jefferson Memorial and the Cherry Tree Rebellion": Eric Pominville, NPS Ranger.

A field trip on Friday, October 31, will include Depression-Era buildings, paintings and sculptures, a tour of the Departments of Justice and Interior, and lunch on your own at the National Gallery of Art. The cost is \$15; please include a separate check with your Registration Form. The bus will leave at 8:30 from Fair Oaks Mall, Parking Lot 8, near the Holiday Inn (see directions on inside back cover.) Please be at Fair Oaks by 8:15. LRI members enrolled in course 311, Creation of the National Mall, will also be going on this trip. Those who have previously taken The Great Depression course may go as well. Trip limit is 57.

306 Political and Economic Realities in Latin America

Mondays, 9:30 – 11:00, Sept. 22, 29, Oct. 6, 13 Tallwood

Instructor: Ralph Buck

This seminar will discuss economic development prospects and the political environment in selected Central and South American countries. The four sessions will cover Brazil and Argentina, the Andean countries, and as time allows, Central America and Panama. Special emphasis will be given to narcotics production and trafficking and on relations with the United States.

Mr. Buck is a retired Foreign Service Officer with the U.S. Department of State. He has been a senior economist with the U.S. Export-Import Bank, where he advised on political and economic risk in specific South American countries. Previously he was Chief of the State Department's Program Division that managed U.S. antinarcotics assistance in the key South American countries of Colombia, Peru, Bolivia, Brazil and Ecuador. He also served as a political advisor with the U.S. Mission to the Organization of American States and was a member of the staff of the House of Representatives Ways and Means Committee Trade Subcommittee.

307 Middle East: What Next?

Wednesdays, 11:30 – 1:00 Tallwood Coordinators: Harold Davey, Carlyn Elder, George Heatley, Carr Whitener, Craig Zane

The Middle East continues to be a hot spot in the world arena. This course will begin by surveying the history and geography of the region, revealing an area besieged by instability for centuries. We will then proceed to present day events, with experts from the State Department and think tanks who will examine the current situation. Finally, the Bureau Chief from the Arab news, *al-Jazeera*, will talk about the Middle East as he sees it and reports the news. Topics include:

• "Middle East: Cradle of Civilization to the Present": George Heatley, retired Foreign Service officer.

• "Geography Sets the Stage for Turmoil": Bill Ciccolo, retired Army officer and geographer. • "Update on Iraq": former Iraqi Ambassador Edward Peck.

• "Good and Evil: Who Are Osama Bin Laden and Saddam Hussein?": Carlyn Elder, LRI instructor.

- "Al Qaeda": Speaker TBA.
- "Arab/Israeli Relations": Speaker TBA.
- "Today's U.S. Foreign Policy in the Middle East": Speaker TBA.

• "Arab News: In the Line of Fire": Hafez Mirazi, Washington Bureau Chief, *al-Jazeera*.

308 Russia's Past, Present and Future

Tuesdays, 2:00 – 3:30 Tallwood Instructor: Leo Hecht

This course will provide a multimedia cultural, historical and psychological overview of Russia from Scandinavian and Greek roots in the 8th-11th centuries to the present day. Professor Hecht will explore Russia's territorial expansion in the 16th-20th centuries under the tsars, the rise and fall of the Soviet Union, and the development of the new Russia. The U.S. has been feared and envied by the Russian people; that fear has abated only recently. "Glasnost" and the Internet opening doors to the outside world also brought diversions from the cultural and philosophical roots of the country. The importance of Putin as head of state and international arbiter, and the rise of a new, more open-minded generation, will contribute considerably to greater international stability.

Leo Hecht holds a Ph.D. from Columbia University and is a full professor and former chair of the Department of Modern and Classical Languages at GMU. He repeatedly studied and taught at Moscow State University for lengthy periods of time.

309 The War in Vietnam

Tuesdays, 2:00 – 3:30, Sept. 23, 30, Oct. 7, 14 Lake Anne Church Instructor: John F. Sullivan

The war in Vietnam will be examined in this fourweek course, with an emphasis on the CIA's role in that war. We will explore why we were there, the war itself, why we lost and the lessons learned from that conflict. John F. Sullivan is a CIA veteran of 31 years and was stationed in Vietnam from 1971-1975 in the CIA polygraph division. He has written the book, *Of Spies and Lies: A CIA Lie Detector Remembers Vietnam.*

310 The Silk Road

Tuesdays, 2:00 – 3:30, Oct. 21, 28, Nov. 4, 11 Lake Anne Church Instructor: Robert Springer

For more than a thousand years, the old Silk Road was the main commercial avenue between China and Europe. The first two sessions of this four-week course will concentrate on Western China, and the second two on the Central Asian Silk Road centers such as Samarkand, Tashkent, Bokhara, Khiva, Ashkhabad and Merv. We will discuss the historical and cultural background of the peoples along the Silk Road and current conditions. Some subjects of special interest are the Labrang Tibetan Monastery, the Buddhist treasures at Donghuang, the Urumchi mummies, and the spectacular mountain and desert scenery along the route.

Dr. Robert Springer is a professor emeritus at American University. He has traveled widely to Silk Road countries and lived in Japan and Thailand.

311 Creation of the National Mall

Mondays, 11:30 – 1:00 Lake Anne Church Field trip to National Mall, October 31 Coordinator: Michael Kelly, National Park Service Ranger

Unique within the National Park system, the National Mall is a reflection of the nation's heart and soul. Surrounded by presidential memorials, these grounds have long witnessed the shouts of the people for equality, justice and freedom. The Korean, Vietnam, D.C.'s World War I, and World War II memorials are a constant reminder of those who fought and died for these same principles. Beyond this purpose, the Mall also preserves sites for recreation, nature studies, cultural history, First Amendment activities and national celebrations. The story of the Mall's creation and its evolvement into a national centerpiece is the subject of this course, led once again by the National Park Service. Park Rangers will also bring the history of the Mall to life during an optional field trip on Friday, October 31. The cost is \$15, including bus fare and driver gratuity; please include a separate check with your Registration Form. Lunch is on your own. **The bus will depart at 8:30 from Fair Oaks Mall, Parking Lot 8, near the Holiday Inn (see directions on inside back cover).** Please arrive no later than 8:15. LRI members enrolled in course 305, "The Great Depression," may also go on this trip, which is limited to 57.

312 An Inside Look at Foreign Affairs

Thursdays, 11:30 – 1:00 Tallwood Coordinator: Roman Lotsberg

Retired Foreign and Civil Service Officers and others will talk about matters of interest and importance and answer questions.

• "Transatlantic Relations": Richard T. Davies, Ambassador, retired.

• "Dealing with the Baltic States": Jordan Harding, former Mayor of New Carrollton, MD for 14 years, international lecturer.

• "India and Pakistan": Stephen F. Dachi, FSO, retired.

• "Cultural Exchange in the Cold War: How the West Won": Yale Richmond, FSO, retired.

• "Iran: Is Another Revolution Coming?": Bruce K. Byers, FSO, retired.

• "Reaching Hearts and Minds in Islam": Ambassador Kenton Keith, retired.

• "India and China Comparison: Who's on First?": David E. Reuther, FSO, retired.

• "Indonesia: Transition to Democracy": Ambassador Paul M. Cleveland, retired.

801 Einstein, Quantum Physics & Schrödinger's Cat

Mondays, 9:30 – 11:00 Tallwood Instructor: Glenn Markus

See Science, Health & Technology.

400 Literature

401 American Writers in Europe

Thursdays, 9:30 – 11:00, Sept. 25, Oct. 2, 9, 16 Lake Anne Church Instructor: Vera Wentworth

This four-week course will start with an overview of American expatriate writers abroad and will highlight the great influence of Gertrude Stein's salon in Paris on American literature. The authors to be covered include Gertrude Stein, Hemingway, Edith Wharton, Henry James and T.S. Eliot. Although the course is centered on the literary works of the authors, it will also give insight into the cultural history of the early 20th century. In this vein, we will examine some of the factors that contributed to the relocation abroad of so many American writers and how their lives intersected.

Vera Wentworth has taught literature at the college level for 30 years.

402 Shakespeare's Histories: *Henry IV*, Parts 1 and 2

Wednesdays, 9:30 – 11:00 Tallwood Instructor: Kathryn Russell

Against the backdrop of one of England's most colorful eras, the War of the Roses, Shakespeare unfolds the story of a young prince's journey from prodigal son to responsible leader. In these two plays we encounter families caught up in conflict to win the crown and control England, Scotland and Wales. Shakespeare's plays go beyond reiteration of history to reveal the very human side of the conflict between families, especially between fathers and sons. The result is a very modern study of human relations as well as power struggles. We are also fascinated by the antics of the reckless Hotspur and the unforgettable Falstaff, one of Shakespeare's most lovable rogues. Through videos and close reading of key passages, we will examine Shakespeare's concepts of duty, honor, morality and the "struggle between the public and private man." A perennial favorite of Shakespeare fans, Henry IV continues to attract audiences and will be produced by the Shakespeare Theatre in the spring. We will read the New Folger Library edition of Parts 1 and 2 of *Henry IV*; both are available at Borders in Fairfax.

Kathryn Russell, vice-president of the LRI Board, taught high school English in Fairfax County for 21 years. An avid Shakespeare fan, she has taught *Hamlet, King Lear*, *Macbeth, Taming of the Shrew* and *Othello* at LRI; also, Chaucer's *The Canterbury Tales* and works by Faulkner and Hardy.

403 The Odyssey

Tuesdays, 2:00 – 3:30 Lake Anne Church Instructor: Elaine Schwartz

The Odyssey is arguably one of the most influential literary sources in Western literature. In this course we will examine Greek mythology and the themes that `are found in *The Odyssey* and appear in Western culture. Because *The Odyssey* was part of oral tradition before it was a written work, we will read parts of it aloud in order to enjoy the beauty of the language.

Elaine Schwartz has enjoyed reading mythology since she learned to listen and to read. She studied myths at Classical High School in Rhode Island and at Bryn Mawr College where she read *The Odyssey* with Prof. Richard Lattimore, a renowned translator of ancient Greek literature. While a teacher in the Gifted and Talented Program in Fairfax County Public Schools, she was a Fellow of the National Endowment for the Humanities at Georgetown University where she participated in The Odyssey Institute.

404 Four American Writers on Slavery and Its Legacy

Tuesdays, 11:30 – 1:00 Lake Anne Church Instructor: Jane Catron

The four short selections chosen for this course give the impress of personal experience either to slavery or the legacy it left on American life long after its abolition. We will begin with *Narrative of the Life of Frederick Douglass*, written by F. Douglass, who spent his youth as a slave in Maryland; we will continue with Daren Hesse's *Witness*, concerning small-town life in Vermont as the Ku Klux Klan moves in during 1924. Next we will take up Harper Lee's *To Kill a Mockingbird* and finally Toni Morrison's *The Bluest Eye*, both set in the 1940s—the former in Alabama and the latter in Ohio. All four readings focus on the young as they come to an awareness of the racially charged society they have inherited. Class discussion will include both literary and historical context. All the selections are available at Barnes & Noble in Reston.

Jane Catron is a retired English teacher from McLean High School. She holds a master's degree in liberal studies from Georgetown University, where she was awarded a fellowship funded by the National Endowment for the Humanities in 1984 entitled "The American Experience." She continues as a Liberal Studies Fellow.

405 Literary Roundtable

Wednesdays, 11:30 – 1:00 Reston's Used Book Shop at Lake Anne Moderators: Janice Dewire, Carol Henderson

Continuing the study of the ever-fascinating short story, this term we will be using the 2003 paperback edition of the *Oxford Book of English Short Stories*, edited by A. S. Byatt. It includes 37 stories from the mid-19th century to the present, both wellknown names and lesser-known gems. Members will be expected to help lead discussions and to share their questions, insights and ideas. You do not need to have taken the previous courses.

Janice Dewire, has a B.A. degree in home economics and an M.A. in elementary education from Syracuse University. A past president of LRI and current Board member, she has a never-ending enthusiasm for adult learning.

Carol Henderson, also a short story enthusiast and LRI Board member, has a B.A. in English from Ohio State University and an M.S. in library science from The Catholic University of America.

406 Spy Fiction

Mondays, 11:30 – 1:00, Sept. 22, 29, Oct. 6, 13 Tallwood Instructor: Peter Poole

Did spy fiction end with the Cold War? How do spy stories reflect the times in which we live? Join us for a four-week discussion of classic spy thrillers and the conventions that make them uniquely fun and interesting to read—and to write.

Peter A. Poole is working on a spy novel that is set in Malaysia and Thailand.

407 Writing Your Personal History

Wednesdays, 9:30 – 11:00 Tallwood Instructor: Bob Middlemiss

Wouldn't you like to have something your parents or grandparents had written about their lives? Even when we trace the family tree, we usually don't know what the people thought or did, other than dates of birth, marriage and death. We will use the personal themes of our lives to describe our thoughts in telling about everyday and memorable events. This course will provide guidance in gathering your thoughts, controlling your material, and writing. No writing skills are required.

Bob Middlemiss' novels have been reviewed in the *New York Times, Publishers Weekly* and *Book List.* He is editor-in-chief of Durban House Publishing Company, Dallas.

408 Life Story Writing Workshop

Tuesdays, 9:30 – 11:00 Tallwood Moderator: Dr. Barry Berkey

The workshop is geared to LRI members who are enthusiastic about writing their life stories. It is designed to get the project rolling. The emphasis is on writing well, whether your aim is a published autobiography or a memoir for yourself or your family. The workshop setting provides an interactive environment of creative stimulation, support and feedback where everyone brings in manuscript segments and participates in class critiques. For both beginners and experienced writers. Regular attendance is important. Class limit: 10.

Barry R. Berkey, M.D., has degrees from Washington & Jefferson College and the University of Pittsburgh School of Medicine and is a retired clinical psychiatrist. He continues a writing career that began in the early 1960s and includes four books for adults and four for children (some co-authored with his wife). He has written dozens of freelance articles in magazines and newspapers, including *The Washington Post, Potomac Review, Stitches* and *The Philadelphia Inquirer*. This is the twelfth term in which he has taught the Writing Workshop at LRI.

409 Poetry Workshop

Tuesdays, 11:30 – 1:00 Tallwood Moderator: Barbara Achilles

The Poetry Workshop, founded in 1991, is one of the earliest continuing courses offered by LRI. The workshop auditions and critiques original poetry submitted by members of the group. It does not teach how to write poetry, nor does it focus on reading the poetry of well-known poets. Beginners as well as experienced poets are welcome. Emphasis is on encouraging the positive aspects of each poet's work and suggesting changes or corrections, if any, that might be made to improve the poem. Members are expected to bring to each session either a new poem or a revised one previously critiqued by the group. The "Poets of Tallwood" have published three volumes of original poetry and have presented readings for the past seven years. Some members have won prizes in poetry competitions and have had poems selected for inclusion in a regional anthology and other publications.

Barbara Achilles is a retired Intelligence Officer with a bachelor's degree in music from the University of Rochester/Eastman School of Music. She is a published poet and has been a member of the LRI Poetry Workshop for the past 11 years, serving as its moderator for the last five years. She is a member of the National League of American Pen Women, the Poetry Society of Virginia and the Poetry Society of America.

500 Languages

501 Beginning Spanish

Mondays, 9:30 – 11:00 Lake Anne Church Instructor: Ida Hiller

This is a class for students with no prior knowledge of Spanish. While emphasizing the joy of learning a new language, the class will cover basic vocabulary and grammar and will be adapted to meet student interests as appropriate. Students will participate in class exercises and role plays to develop conversational ability and will complete homework to reinforce what is taught. The text, *Spanish the Easy Way* (Fourth Edition) by Silverstein, Pomerantz & Wald (published by Barron's) should be purchased prior to the first class. Class will not meet on Columbus Day. Class limit: 15.

Instructor Ida N. Hiller has studied Spanish, Italian and German and teaches English as a second language. She is a graduate of Harvard University and holds an MBA from Syracuse University; she previously worked in financial analysis and management.

502 Italian the Fun Way

Thursdays, 9:30 – 11:00 Tallwood

Instructor: Renata Pia Bardo

Students with no prior knowledge of the Italian language will learn enough vocabulary and grammar to be able to express themselves in a simple form in a broad range of everyday situations. The class is for beginners as well as a refresher course for those who have some knowledge of the language. The text is *Ultimate Italian* by Salvatore Bancheri, available at bookstores or through the Internet.

Renata Pia Bardo, a native of northern Italy, studied two years at Bocconi University in Milan. She has given private lessons to adults and children and taught at the Berlitz School of Languages for two years.

503 French Conversation

Mondays, 11:30 – 1:00 Tallwood Instructor: Odette B. O'Donnell

Again this term you can enjoy practicing your French in a relaxed atmosphere. Conversations will focus on everyday life in France, vacations, and national and international news.

Odette B. O'Donnell taught French and Farsi for 23 years at the Federal Government's Language School. She has been teaching at LRI for several years.

504 Conversational Spanish for Travelers

Mondays, 2:00 – 3:30, Sept. 29, Oct. 6, 13, 20, 27, Nov. 3, 10 Tallwood Instructor: Catalina Velez

Practice your Spanish skills in a seven-week course focused on practical applications of Spanish in such everyday situations as using transportation and phone systems, checking into a hotel, ordering in a restaurant and shopping. Participants should have some knowledge of Spanish.

Catalina Velez, a native Spanish speaker, was born and grew up in Colombia, South America. She immigrated to the U.S. with her husband and son in 1964. Her education and work experiences are in the financial arena. She worked for the Washington Metropolitan Area Transit Authority (WMATA or Metro) for 22 years as a budget analyst and as a stockbroker for seven years for a Maryland financial institution.

600 Philosophy, Ethics and Religion

601 How the Bible Came to Be

Tuesdays, 9:30 – 11:00 Lake Anne Church Instructor: Bruce O. Boston

How did the 66 "books" that make up the Hebrew Scriptures and the Christian New Testament get collected together into the single work we call "the Bible"? By what process did the Bible come to be regarded as "scripture" — i.e., as normative for religious faith and practice — by the religious groups that use and depend on it? Is the Bible "inspired," and what does that term mean to those who use it to describe the Bible? What roles did socio-political factors and the needs of different faith communities play in shaping "the canon?" What have we learned about the canon from the Dead Sea Scrolls? Is the canon closed? What are the Apocrypha and pseudepigrapha? How do you even pronounce the word pseudepigrapha, let alone use it in a sentence? These and other questions and issues will be examined.

Bruce Boston earned his B.D. and Ph.D. degrees at Princeton Theological Seminary and has taught dozens of courses in religion and theology for colleges and churches. This is his ninth course for LRI. He is currently trying (with only limited success) to retire.

602 Pirket-Avoth (The Teachings of Our Fathers)

Tuesdays, 11:30 - 1:00

Lake Anne Church Instructor: Frank Ridge

Arguably the most important part of the Talmud, the commentaries on the Bible, Pirket-Avoth (The Teachings of Our Fathers) provides the ethical basis for Judaism, compiled over a period of 500 years. In addition, selections from Rabbi Joseph Telushkin's book, *The Book of Jewish Values*, a dayby-day guide to ethical living, will be interwoven with teaching of Pirket Avoth, bringing a present day relevance to our discussion. Written materials will be available before the first class so that we may discuss various readings. There will be a \$3 fee for materials.

Frank Ridge is a semiretired financial consultant, teacher, student and writer. He is an active cyclist.

603 Houses of Worship

Thursdays, 2:00 – 3:30 Tallwood, Sept. 25, Oct. 9 Field trips: Burke Presbyterian Church, Oct. 2 Northern Virginia Mennonite Church, Oct. 16 Coordinator: Velma Berkey

Two lectures at Tallwood and two visits to houses of worship will provide participants with a diverse combination of religion, customs and history. Directions will be sent to enrollees with their Confirmation Letters.

• On September 25 we will share a labyrinth experience at Tallwood. Pamela Bowles, coordinator for the Labyrinth Project at Trinity Episcopal Church in Manassas, will bring a 30-foot portable labyrinth for us to walk. In addition, she will bring finger labyrinths for those unable to walk the canvas one.

• On October 2 we will visit Burke Presbyterian Church (5690 Oak Leather Drive, Burke) to encounter a large 11-circuit labyrinth in a church setting. The Reverend Dr. Elizabeth Braxton, pastor of the church since 1984, will lead this experience. The church's unique architecture has won a number of awards including one for passive solar energy. It has one of the largest trombe walls in the East in addition to an indoor and an outdoor labyrinth. Church member Diana Berry will talk about initiating the purchase of the first labyrinth for Burke Presbyterian Church. • On October 9 Brigadier General Ervad Behram Panthaki will lecture on Zoroastrianism, giving an overview from 3500 B.C. to the 21st century. This faith has survived persecution and migrations until adherents now number less than 200,000 the world over. He will cover the origin of the faith through its migration in the 7th century from Iran to India to preserve the faith from persecution. He will explain the Zoroastrian philosophy, values and beliefs, scriptures and ceremonies, and its influence on other religions of the world. The speaker received his religious education in Bombay and had a 30year career in the Indian Army.

• On October 16 we will visit the Northern Virginia Mennonite Church (3729 Old Lee Highway, Fairfax). Pastor Pearl Hoover will give an overview of Mennonite history and theology, including a selection of books on the faith and culture of the early Anabapists and present day Mennonites. She then will discuss the distinctive features between Mennonites and Amish. Her tour of the worship (located on second floor) and fellowship areas will highlight the values of the Mennonite faith.

700 Social Studies

701 Women and Social Change in the Twentieth Century

Mondays, 2:00 – 3:30 Tallwood

Coordinators: Nancy Hanrahan and Lilyan Spero

Looking back on the 20th century we see enormous change in the American way of life. Much of this transformation revolved around the shifting roles and status of women. This class will explore the last 100 years and how women influenced and were influenced by the century's challenges. Planned by Nancy Hanrahan, Chair of the Women's Studies Department, this class will be given by eight GMU instructors. Among the topics to be covered are: a century of challenge, the changing nature of femininity and masculinity, gender and communications, and Title IX: Women in Sports. Others include black women writers and the literary landscape, feminist ethics, and changes in the legal system.

GMU instructors include:

- Peter Stearns, Provost.
- Karen Rosenblum, Vice President, University Life.
- Janette Muir, Associate Dean, New Century College.

• Debra Bergoffen, Professor, Philosophy and Religious Studies.

• Anita Taylor, Professor, Communication and Women's Studies.

• Marilyn Mobley McKenzie, Associate Provost for Educational Programs, Associate Professor of English.

• Cheryl Bartholomew, Associate Professor, Women's Studies.

• Lenore Weitzman, Robinson Professor of Sociology and Law.

702 Meeting the Multicultural Challenge of Today's Public Schools

Wednesdays, 11:30 – 1:00, Sept. 24, Oct.1, 8, 15 Tallwood

Field trip to Model Teacher Center, Oct. 15 Moderator: Judy Azzara

Fairfax County Public Schools are required to meet the needs of over a hundred different cultures on a daily basis during a time when testing, measurement and state standards could make or break a school. The difficulties encountered by today's public school educators will be discussed with the Superintendent of Fairfax County Public Schools, Dr. Daniel Domenech, School Board members, panels of Fairfax County principals and testing administrators. The four-week class will also include a field trip to a nationally acclaimed model teacher resource/multimedia center.

Judy Azzara, a native Northern Virginian, has been a Fairfax County Public School principal/administrator for over 25 years. She retired from Louise Archer Elementary School in 2000 after 24 years, yet continues to embrace and share the unique past and future of this school community.

703 Historic Preservation: The Whys and Wherefores

Thursday, 9:30 – 11:00, Oct. 23, 30, Nov. 6, 13 Tallwood Instructor: Shelley Mastron

What makes a building historic? Who decides? Why should we preserve the past? This four-week course will explore these questions through an examination of the basic programs governing historic preservation in the U.S. and discussions of controversial preservation issues. We will consider the designation of historic districts, the role of historic design guidelines, and the issue of "taking" the loss of economic value through historic designation. We will then discuss the role of historic preservation in revitalizing historic downtowns and curbing suburban sprawl. We will draw examples largely from local preservation issues.

Shelley Mastran, a former director of the Rural Heritage Program of the National Trust for Historic Preservation, is a preservation planning consultant. She has taught geography at the University of Maryland and the George Washington University and teaches preservation planning at the University of Virginia. She is co-author with Samuel N. Stokes and A. Elizabeth Watson of the second edition of *Saving America's Countryside*, published in 1997. Mastran earned a B.A. in English from Vassar College and a Ph.D. in geography from the University of Maryland. She writes and lectures on a wide range of land use, development and preservation issues.

704 All the News That's Fit to Print

Thursdays, 11:30 – 1:00 Lake Anne Church Moderator: Art Hill

We live in an age of information overload from TV, radio, the Internet, magazines and newspapers. Many of us depend most on our newspapers to bring us news about world events, popular trends, and advances in science, business, sports and entertainment. In this discussion course we will look at hot topics of the day and see how different newspapers treat the same story—how they cover it, where they run it, what spin they put on it. All opinions are welcome for what should be a lively news discussion.

Art Hill has been a member of LRI for five years and is a current Board member. He is a retired attorney who is active in community organizations in Reston. He classifies himself as a moderately-obsessed news junkie with an emphasis on politics and actions of governments.

800 Science, Health and Technology

801 Einstein, Quantum Physics & Schrödinger's Cat

Mondays, 9:30 – 11:00 Tallwood Instructor: Glenn R. Markus

What is "really" real? And, what has modern physics contributed to our understanding of the world around us? Einstein theorized about the laws of physics operating in the universe and asserted the relativity of time and space. He also established a new concept of gravity that revolutionizes the principles of Newtonian physics. Theoreticians, like Planck, Bohr, Feynman and others, studied the properties of light and the micro-world of quantum physics that challenge our traditional ideas of "reality." Now the cosmologists and the philosophers are asking new questions about the nature of world. This course is a non-mathematical examination of some of these notions. By the way, who in the heck is Schrödinger and what's his cat got to do with all this anyway?

Glenn Markus holds degrees in philosophy and in Greek and Roman studies, both from The Johns Hopkins University. He has been a life-long student of Einstein's theories and those of quantum physics. He has been an instructor at LRI since 1992. He is also an instructor at the Christopher Wren Association at the College of William and Mary in Williamsburg and at the Lifelong Learning Society at Christopher Newport University in Newport News, Virginia.

802 The Immune System and Disease: Emerging Pathogens and Bioterrorism

Tuesdays, 9:30 – 11:00 Tallwood Instructor: John G. Pierce

This course will provide the educated lay audience with an appreciation of the mammalian immune system at the cellular level. It will also provide an understanding of common disease processes, as well as threats from emerging pathogens and biological weapons. The course will cover the basics of pathogenic microorganisms and toxins; the anatomy of the immune system; the normal functioning of innate and adaptive immunity; and pathologies of the immune system such as autoimmunity and allergy. Some background in biology will be helpful, but the necessary foundations of cell biology and protein chemistry will be reviewed in the first lecture.

Dr. John G. Pierce is a physicist who spent much of his career in the national security field. For the last 17 years he has been involved in the engineering development of technology for quieting submarines. Since 1997 he has devoted his attention to problems in mathematical and computational biology. He is currently at George Mason University, doing research on bioinformatics and the genetics of immune responses to infectious pathogens.

803 Insights Into the Science and Technology of Today

Mondays, 11:30 – 1:00 Tallwood

Coordinators: RoseMary Gustin and Janet Meisenhelder

It's time to stretch your mind. Join the following distinguished science and technology experts as they discuss the latest ideas in their areas of expertise in terms the layman can understand. There will be ample opportunities for questions and discussion at each of the following class sessions:

• "Advances in Brain Research": James Olds, Director, Krasnow Institute for Advanced Study, GMU.

• "Nuclear Technology and Policy": Annie Caputo, Congressional Affairs Manager, Exelon Corporation.

• "Stress Management": Rich Miller, Department of Health, Fitness, and Recreation Resources, GMU.

• "Birds, Eels and Compasses": Eugenia Mielczarek, author and retired GMU Physics Professor.

• "Problems During a Day in the Life of an Astronomer": Kaspar von Braun, astronomer, Carnegie Institute of Washington.

• "Modern Cosmology, a Golden Age, and the Shaping of a Personal Worldview": John C. Evans, Department of Physics and Astronomy, GMU. • "Modeling the Next Record-Setting War": Claudio Cioffi, Director, Computational Social Sciences, Center for Social Complexity, GMU.

• "Genetics in Agriculture": John W. Radin, Senior National Program Leader, Agricultural Research Service, U.S. Department of Agriculture.

804 More Uses of Microsoft Word 2000

Thursdays, 9:00 – 11:00, Oct. 23, 30 (Note time) GMU Telework and Training Center Instructor: Jean Leshko

Become familiar with features of Microsoft Word 2000 that can be used every day. Enhance your documents with various fonts, attributes, and formatting features. Create lists and personalize them with a variety of icons. Practice tab settings, or use the Table feature for information that requires columns. Writers will find the thesaurus feature and word count useful. Use the label feature to create address labels, name tags, or business cards. Send letters to several people but personalize them using the Mail Merge Wizard. Create envelopes for your cards and letters. This is a hands-on class; experience with basic Microsoft Word features is necessary. Include a lab fee of \$20 with your Registration Form. The Training Center is located at 4031 University Drive, Suite 110, Fairfax. Free parking is available behind the building.

Jean Leshko has 14 years of experience teaching computer software classes for Fairfax County Adult Education and has trained Fairfax County Public Schools (FPCS) personnel in Windows, WordPerfect, MS Word, Excel, Outlook and Power Point. She developed curriculum material for MS Word 6, Windows Tips and Tricks, and Create a Web Page with Word 2000. Presently she teaches various software classes for Adult Education and FCPS Department of Information Technology.

Note: A repeat of this course will be given on November 6 and 13, at the same location. See Course 805.

805 More Uses of Microsoft Word 2000

Thursdays, 9:00 – 11:00, Nov. 6, 13 (Note time) GMU Telework and Training Center Instructor: Jean Leshko

This is a repeat section of the course described above. Include a lab fee of \$20 with your Registration Form.

See instructor bio above.

900 Other

901 How to Take Better Pictures

Thursdays, 2:00 – 3:30, Oct. 9, 16 Tallwood Instructor: Abbie Edwards

It's easy to get frustrated when you buy a new camera, and things can become even more confusing when you try to understand the guidebook. Such terms as aperture, shutter speed, film speed, correct exposure, depth of field, backlighting, freezing the action, blurred motion and other terms can be confusing to the novice photographer. This twoweek course is for those students who want to learn how to take pictures with a "point and shoot" camera, single lens reflex or digital camera.

Abbie Edwards had her own professional photography business during the 1990s, providing portrait, commercial, wedding and special event services. Her photos have appeared in several Reston publications, and she has taken pictures for the Reston Association and the Committee for Dulles. During 1989-2000 she was the photography instructor at Herndon High School. Since retiring in June 2000, she teaches photography classes at the Reston Community Center.

(Note: the following class runs for the next four weeks, same time and location.)

902 Digital Photography: All Positives and No Negatives

Thursdays, 2:00 – 3:30, Oct. 23, 30, Nov. 6, 13 Tallwood Instructor: Abbie Edwards

Now that we are in the Computer Age, the world of photography is taking on a new turn. Digital Photography is the photography of the future. But is it right for you? During the four sessions you will learn the costs and capabilities of digital cameras available for amateurs, and the needed accessories. Learn how to take digital pictures and to put your pictures on the computer, organize them into files, make corrections and then put them into a slide show. You will learn how to improve the quality of your pictures by lightening, darkening, controlling contrast, correcting red eye, etc. The boxes of pictures taking up space in your closet and trips to the photo store will be no more! A digital camera is not needed for class participation.

See bio above.

903 Thriving in Retirement 101

Thursdays, 11:30 – 1:00 Lake Anne Church Instructor: Richard M. Goldman

This is a workshop designed to help you maximize your enjoyment of living with meaning and purpose at this time of your life. An experiential program, it will give participants the opportunity to interact and develop their ability to thrive in their activities, friendships and family relationships, as well as addressing the promotion of mind-body wellness. It will examine better options in dealing with the challenges of the physical and emotional transitions in our lives. Experience has indicated that the material will take two semesters to cover and Thriving 101 will be a prerequisite to Thriving 102. Individuals and couples are welcome. Materials fee: \$8.00, payable to the instructor at the first class. Class limit: 20.

Richard M. Goldman, D.D.S., is a National Certified Counselor, Licensed Professional Counselor and Professional Coach. He and his wife created the ACT II Retreat Center Wellness Program and its Transition Strategies Coaching Program, running them for the past ten years. He is a Certified Paiirs® (Couples) Facilitator and a faculty member at Marshall University Graduate College Department of Counseling and adjunct faculty at GMU. Dr. Goldman was also an assistant clinical professor at the Georgetown University Medical Center and a practicing dentist until his retirement.

904 Thriving in Retirement 201

Tuesdays, 11:30 – 1:00 Tallwood Instructors: Patty and Richard Goldman

Thriving in Retirement 201 is an experiential program that will offer the participants the opportunity to interact and further develop their ability to thrive in their retirement years. It will focus on "Issues of the Day" with which participants wish to deal. Thriving in Retirement 101 and 102 are prerequisites for this course. It will be taught by Patty and Rich Goldman, who presented both 101 and 102 in 2002-2003. Class limit: 10. Patricia B. Goldman, M.A., and Richard M. Goldman, D.D.S., are National Certified Counselors and Licensed Professional Counselors, Professional Coaches and Certified Paiirs ® Facilitators. They are faculty members at George Mason University (adjunct) and the Marshall University Graduate College, Graduate School of Counseling. In addition, they are grandparents of seven.

905 Wine: Learning for Enjoyment

Thursdays, 2:00 – 3:30, Oct. 16, 23, 30, Nov. 13 Café Montmartre at Lake Anne Field trip to Vineyard: Friday, Oct. 24 Thursday, 2:00 – 4:00, Nov. 6 Tallwood Instructor: Eric Henderson

Increase your understanding of the varieties of wines around the world in this six-session class. Develop your personal tastes, make the best use of wine lists and wine merchants, and begin a practical home wine collection. Sample wines and begin to learn from each wine that you drink. Participants will carpool to Willowcroft Farm Vineyards in Leesburg, Va. for a tasting and tour on October 24. Mari Spragins of Ye Olde Dominion Wine Shoppe in Occoquan, Va., will provide a tasting and presentation on Virginia wines at Tallwood on Nov. 6. Include a check for \$45 with your registration to cover the cost of wine tastings and snacks in classes and at the winery. Class limit: 20.

Eric Henderson has been learning about wine for 40 years and has followed the Virginia wine industry closely. He organizes wine tastings and wine dinners and has taught previous wine courses for LRI.

906 T'ai Chi

Thursdays, 2:00 – 3:30 Lake Anne Church Instructor: Elaine Schwartz

This ancient Chinese discipline and martial art has many variations. We will learn the simplified Yang style. The 24 movements should help you improve your balance and flexibility.

Elaine Schwartz has studied T'ai Chi for seven years and has been an assistant instructor for about three years. She is still learning the refinements and enjoys the practice and the rewards of the discipline.

907 Shop Smart, Eat Healthy

Mondays, 10:00 – 11:00, (one hour only) Sept. 22, 29, Oct. 6, 13 Whole Foods Market, Reston Coordinator: Nicole Criss

Learn about the fish and meat that graces your table as well as meal planning strategies for good nutrition. Come and enjoy classes that will feature samples and provide recipes for you to try at home.

• "Whole Foods Market and the Marine Stewardship Council: Fish for our Future" with Steve Callahan, Seafood Team Leader, who has over 20 years experience in the seafood industry. He will talk about the fishing industry today and what is being done to provide sustainability in the future. Learn the truth about farm-raised fish. Samples and cooking tips.

• "The Meat You Eat" with Meat Team Leader Steve Smith, who will give an eye-opening look at animal welfare standards, and the stand that Whole Foods Market has taken on this and other issues. We will look at the farms and sustainable agriculture, and ask the butcher for preparation tips.

• "Nutrition for the Ages: Ask the Nutritionist." Alana Sugar, a licensed certified nutritionist, has 20 years of experience with Whole Foods Market. She will feature a short lecture, meal planning strategies when cooking for one or two people, and plenty of time for questions.

• "The Skin You're In." What you put into your body is just as important as what you put on your skin. We will introduce you to the Whole Body department and discuss ways to nurture yourself inside and out, using products that are "cruelty free." Topics will include digestion, supplements and homeopathy. Receive samples and coupons.

Whole Foods Market in Reston is located at 11660 Plaza America Drive, just off Sunset Hills Road, between Reston Parkway and Wiehle Avenue. Class limit: 15.

What's New at GMU?

Be a Mason Mentor

LRI has previously left it up to its members to respond directly to GMU requests for volunteers to interact with and help university students in various ways. As part of our effort to consolidate and improve LRI's affiliated status with GMU, and with the encouragement of GMU Provost Stearns, a new program is being instituted to formalize and expand volunteer efforts under the umbrella, "Be a Mason Mentor." The new or revitalized programs are:

• University Writing Center, where students whose writing skills need improvement can be tutored by LRI members.

• English Conversation, where LRI members lead groups of ESL students to improve language skills. LRI members have been active in this program for five years. • UNIV courses designed to help sophomores, juniors and seniors make the transition from college to the world or work. LRI members would participate in the courses as guest speakers and/or meet with students on a one-on-one basis.

• Dream Catchers Program, a partnership between GMU and Fairfax County Public Schools, designed to facilitate the transition from high school to college for students who would normally lack access to higher education. LRI members would serve as mentors and role models to students accepted in the program.

GMU officials responsible for these programs will be at Tallwood on Wednesday, September 24, at 2:00 to brief us on how members can participate. Details are in Special Event B on page 20.

Fall for the Book

Sponsored by *The Washington Post*, the GMU English Department is offering a series of events over six days in September featuring, books, authors, movies and other related activities, prior to the start of the LRI fall term. Two of the events will be held at Tallwood on September 15 and 16, and bus transportation will be provided to LRI members for a third event at GMU on September 19. Members may register for one or for all three offerings, as a single Special Event. Details are in Special Event A on page 20. • On September 15, University of Virginia historian Paul M. Gaston will discuss his book, New South Creed: A Study in Southern Mythmaking.

• On September 16, two poets from the GMU faculty, Eric Pankey and Jennifer Atkinson, will discuss current trends in poetry.

• On September 19, art historian Peter Trippi

will explore the work and life of J. W. Waterhouse a Victorian painter.

Special Events

For location of special event sites and directions, see maps on inside back cover.

- Check with the coordinator if you have questions about a special event.
- ♦ Include any fees for events in separate checks with your Registration Form.
- You must sign the waiver on the back of the Registration Form for all bus trips.

A. Fall for the Book

 Southern Historian Paul M. Gaston Monday, Sept. 15, 11:00, Tallwood
 Reading Contemporary Poetry Tuesday, Sept. 16, 11:00, Tallwood
 Art & Life of J. W. Waterhouse Friday, Sept. 19, 12:00, GMU by bus Coordinator: Carol Ferrara ☎ 703-503-7866

As part of the annual Festival, Fall for the Book, the GMU English Department is offering three events to LRI members, before the fall term begins. See "What's New at GMU," page 19. Registration is required. You may register for any one or all three, as a single Special Event; please be sure to designate your choice(s) by number. Details on bus transportation for the third event will be provided.

1. Professor Gaston will discuss his book, *New South Creed: A Study in Southern Mythmaking.* He is a noted Southern historian and Professor of History Emeritus at the University of Virginia.

2. Poet Eric Pankey has authored four collections of poetry. His work has appeared in *The Antioch Review*, *New Republic* and *The New Yorker*, among other publications. Jennifer Atkinson, also a GMU faculty member, has published two collections of poetry and has had work in *Poetry*, *The Yale Review*, *The New England Review* and elsewhere.

3. Art historian Peter Trippi will present a slide show on Waterhouse's enduring works from the Victorian Era. He has published a monograph on Waterhouse, and is now with Exhibitions and Collections at the Brooklyn Museum of Art.

B. Be a Mason Mentor

Wednesday, Sept. 24, 2:00 – 3:30 Tallwood

Coordinator: Michael Styles 2703-250-9604

LRI members have traditionally volunteered as needed to interact with GMU students and help them in a variety of ways. A new program is now being set up, with the encouragement of GMU Provost Stearns, to formalize and expand volunteer efforts under "Be a Mason Mentor" (See page 19, "What's New at GMU"). Four areas in which members could help:

• The University Writing Center, to assist students to improve their writing skills.

• English Conversation, where LRI members have already been active, to lead groups of ESL students in improving language skills.

• UNIV courses in which LRI members would be guest speakers and/or meet one-on-one with students to ease transitions from college to workplace.

• Dream Catchers Program, where LRI members would serve as mentors and role models to students transitioning from high school to college.

GMU officials responsible for these programs will brief us on how members can participate. You will have the opportunity to ask questions and sign up. None of the programs require any special skills—just a willingness to devote a limited amount of time and effort to share your lifelong and workplace experiences and knowledge with young people searching for help and advice.

C. Waterford Homes Tour and Crafts Exhibit

Friday, Oct. 3, 9:00 – 5:00 Bus trip Coordinator: Fran Bouley

ey **1** 703-978-7044

Waterford, founded by Quakers from Bucks County, PA about 1733, became the second largest town in Loudon County and was a milling and commercial center before the Civil War. Many buildings still in use predate 1840. By 1937, when the Historic American Buildings Survey was completed, much of the village was falling apart. During that same decade members of old Waterford families began buying and restoring buildings and established the Waterford Foundation in 1943 to "revive and stimulate a community interest in re-creating the town of Waterford as it existed in previous times with its varying crafts and activities." In 1970 Waterford and 1,420 surrounding acres were designated a National Historic Landmark. Since 1943 the Waterford Foundation has run an annual fair. The town is then closed to cars and hundreds of juried craftpersons exhibit wares and demonstrate their skills. In addition to these exhibitors, there is music and dancing, civil war re-enactments, costumed citizens and great food. Proceeds from this fair are used to carry out the Foundation's mission of preservation and education. Please note: the bus will leave promptly at 9:00 from Fair Oaks Mall, Parking Lot #8 near the Holiday Inn (see directions on inside back cover). Please be there no later than 8:45. The fee of \$29, payable with your Registration Form, covers admission, bus fare and driver gratuity. Lunch is on your own at the many available food venues, including the Waterford Citizens' Association barbecue. Trip limit is 57.

D. Fitness for Active Seniors

Wednesday, Oct. 8, 2:00 – 3:30 Tallwood Coodinator: Dr. Barry Berkey **=** 703-591-6674

Dixon Hemphill, 78, is a senior athlete who has been winning competitive road races for over 30 years. He has been nationally ranked both as a runner and an All American triathlete. A veteran of 12 marathons, he was also the 1990 age group winner of the National Triathlon Championships. In 1999, Dixon suffered a near-fatal accident while training for the Reston Triathlon. After 41 days of hospitalization, he began the long process of reconditioning. Since the accident he has completed an astounding 20 road races. As a marathon training coach, he has instructed over 300 adult runners. Dixon's presentation will be aimed at active seniors-covering conditioning strategies, fitness and training techniques. He will also share personal vignettes and experiences. Dixon F. Hemphill is a political science graduate of Middlebury College (1949) and attended the University of Stockholm. During WWII, he served as a gunnery officer on a cruiser and battleship. He was founder and president of Hydro Steam Industries and the former owner of the Fairfax Running Center stores.

E. Trip Tales: Crisfield, Maryland, and Galveston Island

Friday, Oct. 10, 2:00 – 3:30 Tallwood

Coordinator: Virlinda Snyder 🕿 703-339-5748

Al Giles, an LRI member since 1994 and an inveterate Elderhosteler since 1981, attended a one-week adventure in Crisfield, Marvland, in June. The small town, located on an inlet of Tangier Sound on the Eastern Shore of Delmarva Peninsula, is mainly devoted to the crabbing industry. The inhabitants are almost exclusively descended from early settlers of the area. The evening meals were divided among the various restaurants in Crisfield-an unusual twist to the usual practice. A fishing trip and a boat trip were fun additions to the classroom stories about life on the Chesapeake Bay. He will also tell about his Elderhostel on Galveston Island, an island of sun, sea and sand. The city of Galveston has a long and exciting history and is a haven for shore birds and marsh dwellers.

F. Dim Sum Luncheon

Wednesday, Oct. 15, 2:00 – 3:30 Fortune of Reston Restaurant, 1428 North Point Village Center Coordinator: Mary Coyne **7**03-435-9721

We will enjoy an all-you-can-eat Dim Sum luncheon at the Fortune of Reston, a wellknown Chinese restaurant, in spacious surroundings. The manager will explain some of the delicious offerings to us. Come and bring your appetite and sense of adventure. The price, payable with your Registration Form, is \$14, which includes the meal, tea or soft drink, tax and tip. Directions to the restaurant will be provided.

G. Trip Tale – The Lost Continent: Antarctica

Wednesday, Oct. 22, 2:00 – 3:30 Tallwood

Coordinator: Virlinda Snyder 🕿 703-339-5748

LRI member Bob Willard will report on his January 2002 Elderhostel—a 2,000 mile (round trip) voyage to the Antarctic Circle. His presentation will consist of selected color slides as well as facts about the Southern Ocean and the abundant wildlife it supports. Antarctica, the fifth largest continent, is called the last continent because it was the last one discovered. Mariners suspected that there was an Antarctic Continent, but it was not found until 1820.

H. The Heiress

Saturday, Oct. 25, 2:00 GMU Harris Theatre Coordinator: Florence Adler **7**03-455-6658

The GMU Department of Theater presents *The Heiress*, by Ruth and Augustus Goetz, based on the Henry James novel *Washington Square* and directed by Howard Vincent Kurtz. The time is 1840 and the setting is the home of Dr. Sloper, a wealthy doctor in New York City, and his daughter Catherine, a shy and plain young girl. Catherine falls desperately in love with Morris Townsend, a young fortune hunter. Lavinia Penniman, Catherine's aunt, is charmed by the handsome suitor and designates herself as the couple's matchmaker. Dr. Sloper sees through Morris and argues against the marriage, and proposes a test. Will Morris wait while Catherine accompanies her father on a holiday to Europe? As the story unfolds, the exploitation of a tender heart leads to surprising consequences for all characters in this theatrical adaptation of one of the great American novels. Tickets are \$7, payable to LRI with your Registration Form. A section of seats will be reserved for LRI members. There will be a postperformance discussion of the play by the director and cast members.

I. How To Use Your Voice and Speech Successfully

Wednesday, Oct. 29, 2:00 – 3:30 Tallwood

Coordinator: Rosemary Reardon 🛛 703-385-8292

Would you like to learn how to improve and develop your speaking voice and build confidence in speaking in public? Catherine Flye, Artistic Director of the Interact Theatre, will discuss various methods and practices used in improving the speaking voice and will provide an awareness of how to communicate by the spoken word. She has taught voice in the United Kingdom, East Africa and the United States and is an instructor and actress at the Shakespeare Theatre. Ms. Flye has also worked extensively as a vocal coach for the Washington Opera, Olney Theatre, Round House, Studio Theatre, Ford's Theatre and the Interact Theatre Company.

J. Virginia Historical Society, Richmond

Friday, Nov. 7, 8:30 – 5:00 Bus trip

Coordinator: Fran Bouley

☎ 703-978-7044

Our visit to the Virginia Historical Society will begin with a docent led tour of Virginia House and gardens. Virginia House was the 12th century structure saved from demolition by Ambassador and Mrs. Alexander W. Weddell, who had it dismantled and reassembled overlooking

the James River where it served as the Weddell's home. It took 20 years for Virginia Weddell, working with landscape architect Charles Gillette, to create the eight acre gardens. After a tour of the house and gardens, the bus will take us to Carytown, an urban mall filled with restaurants and specialty and antique shops, for lunch on our own. We will reboard the bus at 1:45 to go the Virginia Historical Society for a tour of the Story of Virginia, the core exhibit of the Society, after which there will be time to visit other exhibits and/or the gift shop. The bus will leave promptly at 8:30 from Fair Oaks Mall, Lot #8 near the Holiday Inn (see directions on inside back cover). Please be there no later than 8:15. The fee of \$26, payable with your Registration Form, covers admission, bus fare and driver gratuity. Trip limit is 57.

K. Best of Readers' Theater

Wednesday, Nov. 12, 2:00 – 3:30 Tallwood Coordinator: Susanne Zumbro **æ** 703-569-2750

Selected short plays will be performed by members of LRI's own Readers' Theater group. We hope you will join us for this festival of play readings as well as for light refreshments immediately following the final curtain.

L. Camelot

Bus trip to Arena Stage Wednesday, Dec. 3, 10:30 – 4:30 Coordinator: Florence Adler ☎ 703-455-6658

This holiday season, Arena Stage is reviving Lerner and Loewe's regal mythical fable, *Camelot*, on the Fichlander stage. Classic melodies like "If Ever I Would Leave You," "The Lusty

Month of May" and "I Loved You Once in Silence" underscore the immortal tale of King Arthur, his queen, Guenevere, and his Knights of the Round Table. Please bring a snack or brown bag lunch with you as there is no lunch facility at the theater; drinks and snacks only are available. The presentation will start at noon. The bus will leave promptly at 10:30 from Fair Oaks Mall, Lot #8 near the Holiday Inn (see directions inside back cover). Please arrive no later than 10:15. The fee of \$48, payable with your Registration Form, includes admission to the theatre, bus fare and driver gratuity. Trip limit is 57.

es
Jan. 26 – Feb. 20
Mar. 29 – May 21
June 22 – July 29
Sept. 20 – Nov. 12

New Member Coffee

All new members are cordially invited for refreshments, coffee and conversation with fellow members on Friday, September 26 at 10:30 at Tallwood. You will have the opportunity to look over our facilities, ask questions, tell us about yourself and meet our staff and volunteer Board members and committee chairs. Please join us!

LRI Annual Open House

Wednesday, September 3, 10:30

At Tallwood, 4210 Roberts Road, Fairfax

All LRI members, prospective members and friends are invited to the LRI Annual Open House at Tallwood on Wednesday, September 3.

LRI members are encouraged to bring a neighbor or friend from church, civic association, bridge club, lodge or other activity. Tell them about LRI and invite them to the Open House to see our facilities, enjoy refreshments, talk with other members, teachers, Board members and committee chairs, and learn about all the good things LRI offers.

Guests can become LRI members and make their course and special event selections for the fall term on the spot.

Ongoing Activities

- All LRI members are welcome at these ongoing activities.
- You do not need to register to attend.
- Check with the Coordinator if you have questions.

History Club

First Wednesdays, 1:30 – 3:00 Tallwood Coordinator: Michael Styles **T** 703-250-9604

Come to the revitalized History Club to hear about and discuss subjects centering on historical themes. The first session, on October 1, will be on "Andrew and Rachel Jackson and the Petticoat Affair." The theme for the November 5 session will be, "Who is the Richest American Ever?" When the fall term begins, you can pick up an outline of upcoming sessions with suggestions on how you can enhance your participation at either Tallwood or Lake Anne, or email <u>mhstyles@att.net</u> for an electronic copy.

Book Club at Tallwood

Second Wednesdays, 1:30 – 3:00, Sept. 10, Oct. 8, Nov. 12 10:00 – 11:30, Dec. 10, Jan. 14 Tallwood Coordinators: Ceda McGrew **T** 703-323-9671 Kathryn Russell **T** 703-323-0168

The book club, now in its ninth year, discusses both fiction and nonfiction. On September 10, the book will be *Small Wonder*, by Barbara Kingsolver. The October 8 selection is *Nickel and Dimed: On (Not) Getting by in America*, by Barbara Ehrenreich. On November 12 we will discuss *Peace Like A River*, by Leif Enger. The December 10 selection is *Ethan Frome*, by Edith Wharton. On January 14 the book will be *Empire Falls*, by Richard Russo.

Philosophy Book Group

Fourth Wednesdays, 2:00 – 3:30, Aug. 27, Sept. 24, Oct. 22, Nov. 26 Reston Regional Library Coordinator: Tom Hartnett ☎ 703-481-3492 The book discussion group is reading *The True Believer*, Eric Hoffer's 1951 bestseller, for August 27. Selections for September, October and November will be determined on August 27. Copies will be on reserve at the Reston Library's LRI shelf. Discussion will be limited to those who have read the books. See map inside back cover for location.

Classic Fiction Book Club

Fourth Fridays, 10:00 – 11:30, Aug. 22, Sept. 26, Oct. 24, Dec. 5 Reston Regional Library Coordinator: Sigrid Blalock **7**03-467-3047

This book club discusses classic fiction from such authors as Dickens, Hardy, Kafka, Faulkner, Wharton and Updike. The August 22 selection is *Death in Venice*, by Thomas Mann. On September 26 we will discuss *The Prime of Miss Jean Brodie*, by Muriel Spark. On October 24 the book will be *The Assistant*, by Bernard Malamud. We will not meet on November 28 as the Library is closed. On December 5 we will discuss *The Moviegoer*, by Walker Percy. Each discussion will include character analysis, historical content and plot development.

Fiction Writers Club

Wednesdays, 1:30 – 3:00, Sept. 3, Oct. 1, 15, 29, Nov. 12, Dec. 3 Wednesdays, 10:00 – 11:30, Sept. 17, Nov. 26, Dec. 17 Tallwood Coordinator: Peter Poole **7**703-281-0530

This group welcomes experienced and novice fiction writers who want encouragement and advice on their writing. We will discuss works in progress and share information on marketing.

Walking Group

Mondays, 8:30 – 9:15 Tallwood Coordinator: Hank Walsh

a 703-323-9478

Join us on a pleasant walk through Tallwood's surrounding neighborhoods, and then relax with a cup of coffee before class. We'll meet in the LRI parking lot. (Please contact the coordinator if you intend to participate. This activity will occur if there is sufficient interest.)

Walking Group

Tuesdays, 8:15 – 9:15 Lake Anne Church Coordinator: Elaine Schwartz 703-471-7186

Join a group of LRI members who enjoy walking outdoors. The walks will be in local neighborhoods with moderately flat terrain. The group will leave promptly at 8:15 and return in time for a cup of coffee before the 9:30 classes. Meet in front of the church at Lake Anne.

Bridge Club

Wednesdays, 10:00 – 12:00 between terms, on Aug. 20, 27, Sept. 10, 17, Nov. 19, 26, Dec. 3, 10, 17; 1:00 – 3:00 on Sept. 3 Wednesdays, 1:30 – 3:30 during the term Tallwood Coordinators: Gordon Canyock ☎ 703-425-4607 Susanne Zumbro ☎ 703-569-2750

If you like playing bridge for fun, then drop in on the Bridge Club and enjoy the friendly atmosphere of "party bridge." Skill levels vary from advanced beginner to aspiring experts. Partnerships are rotated every four hands.

Let's Do Lunch

Wednesday, Oct. 8, 1:30 – 3:00 Brion's Grille, Fairfax

To continue our very successful series of occasional luncheons for your dining pleasure, the Hospitality Committee offers this social event. Brion's Grille is located in the upper level of the University Mall at the corner of Route 123 and Braddock Road in Fairfax.

Lunch will be Brion's "Gourmet Buffet," ten fresh homemade salads, including fruit salad, California mixed baby greens, made-to-order pasta dishes, smashed potatoes and gravy. The cost is \$10 which includes a beverage of soda, coffee or tea with free refills, tax and gratuity. Sign up on your Registration Form, or until Friday, October 3 at the Tallwood office.

LRI Closing Policy

LRI will not hold classes or events (and the Tallwood office will be closed) when Fairfax County Schools are closed for the day because of inclement weather or area-wide emergencies. We will remain open when schools open late. Tune into your TV or radio for closing announcements when the weather is bad or emergencies exist. You can also check the Tallwood answering machine (703-503-3384). Note that Fairfax County Public Schools are closed for non-weather reasons on October 13 and November 3 and 4, but LRI will be in session.

Fall 2003 Schedule

Keys: TA = Tallwood LA = Lake Anne Church OL = See listings for other locations # = See listings for dates/times

Courses					
Mondays		Tuesdays	Wednesday	/S	Thursdays
9:30 - 11:00	9:	:30 – 11:00	9:30 - 11:00		9:30 - 11:00
301 Churchill TA * 306 Latin America TA * 801 Einstein/Physics TA	408 Life S	c Sampler TA Story Writing TA ine System TA	101 Frank Lloyd Wright TA 402 Shakespeare TA 407 Writing Personal History TA		103 Classical Music TA 502 Italian the Fun Way TA 703 Historic Preservation TA* 804/805 Word 2000 OL*
501 Beginning Spanish LA 907 Shop Smart OL #		Beginnings LA	109 Painting Workshop OL		302 Int'l Relations LA 401 American Writers LA*
11:30 – 1:00	1	1:30 – 1:00	11:30 – 1:0)0	11:30 – 1:00
305 Great Depression TA 406 Spy Fiction TA # 503 French TA 803 Science Topics TA		iana TA ry Workshop TA ement 201 TA	107 Collage Workshop TA* 201 Investment Forum TA 303 George Washington TA* 307 Middle East TA 702 Today's Schools TA*		110 Watercolor TA 106 Readers' Theater OL 312 Foreign Affairs TA
311 National Mall LA		ature of Slavery LA t-Avoth LA	405 Literary Roundtable OL		704 All the News LA 903 Retirement 101 LA
2:00 – 3:30	2	2:00 – 3:30	Ongoing Activities		2:00 - 3:30
202 Investment Basics TA* 504 Conversational Spanish TA* 701 Women & Social Change TA	108 Sketching TA 203 Economic Issues TA 308 Russia TA		Bridge Club, see page 26 TA* History Club, 1 st Wed. TA* Writers Club, bi-week Wed. TA* TA Book Club, 2 nd Wed. TA* Walking Group, Mondays TA* Let's Do Lunch OL *		105 Singing for Fun TA 603 Houses of Worship TA, OL* 901 Take Better Pictures TA* 902 Digital Photography TA*
104 Pleasures of Music LA	310 The S	Var in Vietnam LA* Walking Group, Tuesdays L Philosophy Book Group, 4 th Wed. OL* Classic Fiction Book Club, 4 Fri. OL*		ıp, 4 th	905 Wines LA, OL* 906 T'ai Chi LA
		Special	Events		
Sept. 15, 16, 11:00 TA , Sept. 19, 1 A. Fall for the Book Festival		Friday, Oct. 10, 2:00 – 3:30 TA E . Trip Tales: Crisfield, MD & Galveston Is.		Wednesday, Oct. 29, 2:00 – 3:30 TA ston Is. I. Using Voice and Speech Successfully	
Wednesday, Sept. 24, 2:00 – 3:3 B . Be a Mason Mentor		Wednesday, Oct. 15, 2:00 – 3:30 OL F. Dim Sum Luncheon		Friday, Nov. 7, 8:30 – 5:00 Bus Trip J. Virginia Historical Society, Richmond	
Friday, Oct. 3, 9:00 – 5:00 Bus C . Waterford Homes Tour and Cra	fts Exhibit	Wednesday, Oct. 22, 2:00 – 3:30 TA G . Trip Tale: Antarctica		Wednesday, Nov. 12, 2:00 – 3:30 TA K. Best of Readers' Theater	
Wednesday, Oct. 8, 2:00 – 3:30 D. Fitness for Active Seniors			Wednesday, Dec. 3, 10:30 – 4:30 Bus Trip L. <i>Camelot</i>		

Registration Form

• Use the Registration Form on the opposite page to sign up for fall courses and activities, as well as to apply for or renew your membership. Return the form with your check(s) to LRI by mail or in person. **Registration begins Thursday, August 21** and ends Monday, September 8. Faxed registrations will not be accepted.

• You must sign the waiver on the back of the form for all courses and activities that include bus trips.

Fees and Charges

• If the date on your address label is 1/1/04 or later, you are a continuing member and do not need to renew your membership at this time.

• If the date on the label is 9/1/03 or earlier and is highlighted in yellow or if you are a new member, you should submit the Registration Form and pay your \$270 annual dues to renew your membership or to become a member.

• Please write separate checks for any course or activity with a listed charge so that LRI can easily return your check if the activity is oversubscribed.

• Your registration may be delayed if you do not submit required payments with your form.

• There will be no refunds if you do not attend a course or take a bus trip for which you have enrolled.

Making Changes

• On or after September 8, you may register for additional courses and activities that are not oversubscribed by filling in a Change of Schedule Request form (available in the social room at Tallwood and, when classes are in session, at the Lake Anne church). A list of open activities will be posted in the social room at Tallwood and at the Lake Anne church and included in the weekly *This Week at LRI*.

Attendance

• You are urged to attend all courses and activities for which you are enrolled. Good attendance is important in getting future instructors and speakers, who receive no fees or honoria.

• In order to be fair to all LRI members, please:

• Do not request more courses and activities than you plan to attend.

• Do not attend a course or activity unless your registration has been confirmed in your Confirmation Letter or your Change of Schedule Request has been approved.

Need More Information?

If you have questions, call 703-503-3384 or stop by the Tallwood office between 9:00 a.m. and noon or ask at the Lake Anne church after the term begins.

Getting the Activities You Want

• All courses and activities are limited by available space or other factors. The most important thing you can do to improve your chances of getting the courses and activities you want is to list them in order of their importance to you on the Registration Form. When courses or activities are oversubscribed, priority is given based first on the preference you assign to each selection and secondly on the date of receipt of your Registration Form. Therefore, you can also increase your chances of getting the courses and activities you want if you get the Registration Form in early within the registration period.

• You will receive a Confirmation Letter about one week before the term begins, showing the courses and activities for which you have been enrolled. (Confirmation cannot occur until after registration has closed on September 8.)

Registration Form: Fall 2003

<i>Office Us</i> DT	e Only
Mbr Chk	
Act Chk	_
Act Chk	_
Act Chk	_
CM RN	I NM

s. \blacklozenge Enclose all necessary checks.

Membership Data

Name: Dr. Mr. Mrs. Ms. (CIRCLE ONE)		2		,	
	LAST NAME	PREFERRED FIRST NAME		M.I.	
Address	,,,,,,				
STREET		CITY	STATE	9-DIGIT ZIP	
Phone	E-mail	@	Fax		
Emergency Contact	R	elationship	Phone	<u> </u>	
Check this box if you are a new m	ember or there are changes in th	e above since vour la	ast submission. If vou are a	new member, how	
did you learn of LRI? Please be s	-	-	,,	,,	
My membership is current (address	s label dated 1/1/04 or later)			CM	
Enclosed is my \$270 renewal fee	address label dated 9/1/03 or ea	rlier)		\$ RM	
Enclosed is my \$270 new-membe	r faa (na data an addraaa lahal)			¢	
Linciosed is my \$270 new-membe				\$NM	
Enclosed is my contribution to <i>Frie</i>	nds of LRI			\$	
	sted as a contributor in LRI publi				
Enclose a check payable to LRI	or this total			\$	
Enclose separate checks payabl	e to LRI for the following a	ctivities:			
□ 101 Frank Lloyd Wright \$21	🗖 C: Waterford Tou	ır \$29	🗖 J: Virginia Histor	ical Society \$26	
305 or 311 National Mall \$15				48	
804 or 805 : Word 2000 \$2	D 🔲 H: The Heiress	\$7	🗖 Let's Do Lunch	\$10	
905: Wines for Enjoyment \$4					

Registration Data

- Prioritize your selections!
- If you want to attend any session with an LRI spouse or an LRI friend, list your selections in the same order.
- If you are willing to be a class liaison, put an "L" next to the course number.
- If you sign up for a bus trip, you must sign the waiver on the back of this form.

<u>C O U R S E S</u>	<u>S P E CI A L E V E N T S</u>
Number Course Title	Letter Event Title
1st ^{choice}	1st ^{choice}
2nd ^{choice}	2nd ^{choice}
3rd ^{choice}	3rd ^{choice}
4th ^{choice}	4th ^{choice}
5th ^{choice}	5th ^{choice}
6th ^{choice}	6th ^{choice}

Turn to back of this form for bus waiver and filing instructions.

Acknowledgment Release and Waiver for Bus Trips

The undersigned:

• Acknowledges that he/she expects to participate in one or more activities for the fall 2003 term that entail bus transportation and associated programs at locations other than sites of the Learning in Retirement Institute (LRI) at which classes and other activities are normally held.

• Hereby waives and releases LRI from any and all claims for injury or damage sustained by, through or as a result of such activities.

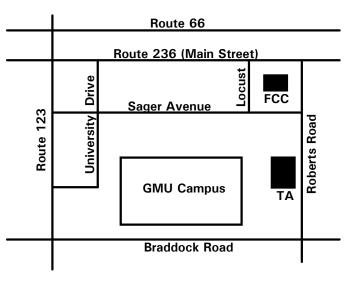
• Holds LRI harmless for any claims resulting therefrom.

Signature: Date:

Registration begins at 9 a.m. Thursday, Aug. 21, and ends Monday, Sept. 8. Mail or deliver this form to the following address during this registration period:

> Learning in Retirement Institute 4210 Roberts Road Fairfax, VA 22032-1028

Be sure to sign the waiver at the top of this page if you have signed up for any bus trips.



Fairfax Locations

Directions to Lake Anne Locations

★ Washington Plaza Baptist Church, Reston Community Center, Reston Storefront Museum and Reston Used Book Shop are all located at the northern end of Lake Anne off North Shore Drive, which loops around most of the lake. There are several entrances to North Shore Drive, but (unless you are a local resident) the best way is to enter at Village Road off Baron Cameron Avenue. Entrance signs read Lake Anne Village Center.

• Once on Village Road, turn almost immediately left to North Shore Drive and then immediately right to enter the parking lot where there is ample parking.

✤ Facing toward the lake (away from the direction you entered), take the entryway on your right. Past several buildings, Washington Plaza Baptist Church (WPBC) is on your right, facing the open plaza area. Take the sidewalk on the right side of the church (next to the coffee shop) to enter the ground floor Plaza room.

The Reston Community Center Lake Anne Facility (RCC) is located on your left as you approach Lake Anne from the parking lot, directly across from the Millennium Bank.

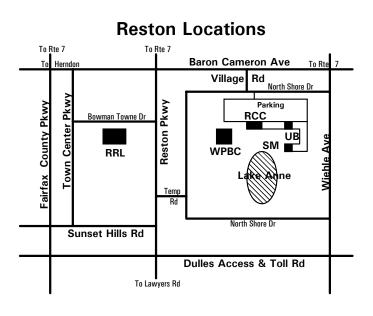
The Reston Storefront Museum (SM) and Reston Used Book Shop (UB) are across the plaza from the church.

Directions to Fairfax Locations

Tallwood (TA) at 4210 Roberts Road can be accessed only from Roberts Road. Parking is available at the swimming pool lot immediately to the right as you face Tallwood. There is limited parking in front of Tallwood and, if both lots are full, you can park on Forest Avenue (first street beyond the swimming pool) or on Still Meadows Road (across Roberts Road from Tallwood).

★ Fairfax Christian Church (FCC) at 10815 Main Street in Fairfax City can be accessed only from route 236 (Main Street). No left-hand turn is allowed from Roberts Road to Main Street. Parking is available in the church lot.

Bus Trip Pickup is now from Parking Lot No. 8 on the circular road in Fair Oaks Mall near the Holiday Inn. Fair Oaks Mall is at the intersection of Routes 66 & 50 in Fairfax and is accessible from Route 50 or West Ox Road (Route 608).



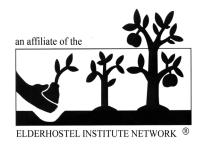
Directions to Reston Regional Library

The Reston Regional Library (RRL) is located at 11925 Bowman Towne Drive between Town Center Parkway and Reston Parkway.

LRI

Learning in Retirement Institute George Mason University 4210 Roberts Road Fairfax, VA 22032-1028 www.gmu.edu/departments/lri

DATE MAILED: AUG. 14, 2003 PLEASE DELIVER BY AUG. 20, 2003 NON-PROFIT ORGANIZATION **U.S. POSTAGE PAID** MERRIFIELD, VA PERMIT No. 6309



Note: If the date below is highlighted in yellow, you need to renew your membership.