Winter 1999

100 ART, MUSIC AND DRAMA

101 Telling Stories With Music

Mondays, 11:30 -1:00

Thomas M. Brawley

Tallwood

Music is used in many different ways to tell stories. We=ll examine the range, using selected vocal compositions from the song and opera repertory, instrumental works from the orchestral and piano repertory, and several film excerpts. Excerpts will include such works as Dukas=s The Sorcerer=s Apprentice, Verdi=s La Traviata, Schumann=s Carnaval, Berlioz=s Fantastic Symphony, Schubert=s The Lovely Miller Maid, Handel=s *Israel in Egypt* and Bach=s *St. Matthew Passion*.

Thomas M. Brawley, Associate Professor of Music at GMU, has advanced degrees in music history and literature from Northwestern University. At GMU he teaches courses in music history as well as introductory courses for nonmajors, coaches piano ensembles, and is a faculty member of GMU=s New Century College and PAGE programs. He specializes in the music of the 19th century and has contributed articles to the New Grove Dictionary of Music and Musicians and the New Grove Dictionary of American Music.

102 Bringing Dance to Life

Tuesdays, 2:00 - 3:30

Linda G. Miller

Tallwood

Here=s a chance to explore, discuss and discover more about your favorite dance form, be it ballet or musicals or what=s hot on the dance scene these days. Learn about upcoming performances in our area and how to appreciate the choreography of different groups.

Linda G. Miller is director of the Division of Dance at GMU. She received an M.F.A. in dance from the University of Hawaii. In addition to performing with the Cincinnati Ballet and Opera, Ruth Page=s International Ballet Company, Hawaii Dance Theater, Repertory West and the Washington Opera, she has choreographed works for GMU productions and musical theater, including the award-winning *Pirates of* Penzance. She was nominated for a Helen Hayes award for her choreography of Interact=s H.M.S. Pinafore.

200 ECONOMICS AND FINANCE

201 Economic Policy Issues

Mondays, 9:30 -11:00

Tallwood

Coordinator: Ann Gladkowski

Outstanding guest speakers, experts in their fields, will discuss major economic issues, with time allowed for questions and discussions. This course is a revival of a popular series last offered four years ago. The following speakers are expected this term.

- o Catherine Mann, Senior Fellow at the Institute for International Economics, speaking on globalization and U.S. economic growth
- o Adam S. Posen, Research Fellow, Institute for International Economics, speaking about the lessons that should or should not be drawn from the Asian financial crisis

- o Barbara Kotschwar, Senior Trade Specialist, Organization of American States, speaking about how NAFTA fits into the global trading pattern
- o Robert Gemmill, former member of the Federal Reserve Board, speaking about the international financial system since World War II

202 Your 1998 Federal and State Income Tax

Thursdays, 2:00 - 3:30

Marion Burgett

Tallwood

Will your tax returns be complicated this year by the sale of a house or the beginning of your IRA withdrawals? Are you up-to-date on deductions and credits? These and other tax form questions will be addressed, with special attention to areas of interest to seniors. The course will not provide advice on tax avoidance strategies or estate planning.

Marion Burgett is a former IRS taxpayer service representative and is certified by AARP to teach tax-aide volunteers. She is not connected with any fee-based tax service.

203 ABC=s for the Individual Investor

Mondays, 9:30 - 11:00

Shirley M. Smith

Lake Anne

Want a better grounding in investing? This course will deal with basic research and resource information. Emphasis will be on asset allocation, buying stocks with and without a broker, and ways to compare mutual funds. No specific recommendations will be given.

Shirley M. Smith is an active investor who believes in the value of reading and research. She has taught numerous courses at LRI, including writing workshops, a book lovers forum, and other investment courses. She earned an education degree from Bowling Green State University in Ohio.

204 Investment Forum

Wednesdays, 11:30 - 1:00 Tallwood Moderators: Michael Earley Garrett Ruhl

Henry Shenker

This forum is in its fifth year as an ongoing investment discussion group. Its program consists of discussions and presentations by members on such topics as investment techniques, individual stocks, bonds, mutual funds, types of portfolios, options, industry analyses and the impact of current events on investments. The forum has a free-flowing discussion, and its success depends on strong member participation. Opinions expressed are those of the members and do not represent the opinions of LRI. Between semesters the forum meets at 10 a.m. on most Wednesdays.

Michael Earley is an industrial economist with a keen interest in financial markets. **Garrett Ruhl** has degrees in economics and law and experience in computer-based investment techniques. **Henry Shenker** is a physicist with a long personal experience in investments, supplemented with courses in economics and finance.

300 HISTORY & INTERNATIONAL STUDIES

301 Apocalypse Ahead in the Middle East?

Thursdays, 9:30 - 11:00

Ralph Ostrich

Tallwood

This course will address in depth the events and circumstances that have brought us to the current Middle East situation and the prospects for the future, with the ever present threat of continuing strife, terrorism and

possibly even renewed war. The lectures and discussion will cover the geographic and historical background of the Middle East, the origin and nature of the Arab-Israeli conflict, and the strategic confrontations involving the United States, Russia, Israel, Iran and the Arab states.

Ralph Ostrich is Adjunct Professor of History at Northern Virginia Community College, an instructor at the Defense Intelligence Agency, and consultant in military, political and economic matters relating to Eastern Europe, the former Soviet Union and the Middle East. He is the author of numerous studies on the Middle East and other international issues.

302 A Fresh Look at the Cold War

Thursdays, 11:30 - 1:00 Coordinator: Harold Davey

Tallwood

Since the fall of the Soviet Union, considerable new information on the Cold War has been released from previously secret sources in the USSR and its former satellites. New interpretations of key Cold War issues result from these disclosures. Included in this course will be examinations of the flash points in Eastern Europe from 1953 to 1991, exposure of Soviet espionage, as well as the end of the Cold War from the Soviet perspective. Among the speakers scheduled are James Hershberg, former Director of the Woodrow Wilson International Center Cold War International History Project, David Hatch of the National Security Agency, and Malcolm Byrne and Vladislav Zubok of the National Security Archives.

303 Nomads in History

Mondays, 11:30 - 1:00 George Heatley Lake Anne

The Mongols, Turks, Huns and other wandering pastoral nomads had far more influence on civilization than most of us realize. Did you know that nomads practiced the concept of one God, which they could carry with them as they traveled? They developed the use of horses and other draft animals and probably invented the wheel. In this course you=Il learn more about the nomadic way of life and its influence on civilization over the last 3.000 years.

George Heatley has long had an interest in this subject. He holds a master=s degree in history from the University of California, Berkeley. Since retiring from the Foreign Service, he has resumed his studies of history and culture and has toured archeological sites in China. He has taught other classes at LRI, most recently AThe Silk Road@ and AChinese History and Culture.@

304 Fascinating France

Wednesdays, 9:30 - 11:00 George and Cecile Heatley

In the first two classes, George and Cecile Heatley will discuss French history and popular culture with an emphasis on French cooking. The third and fourth classes will be devoted to current affairs in France and to French drama, the latter to be presented by Didier Rousselet, Director of the Franco-American Theatre in Rosslyn, ALe Neon.@

George and Cecile Heatley have a long interest in France and its culture, particularly in enjoying its food, wine and cheese. Cecile was born and raised in France, and George lived in Paris for two years and returns to France every few years. George has both taught and organized other classes at LRI.

305 An Inside Look at Foreign Affairs

Tuesdays, 11:30 - 1:00 Coordinator: Roman Lotsberg

Tallwood

Tallwood

Four veteran Foreign Service officers who spent their careers working for America=s interests around the world will share their perspectives and answer questions.

o Conduct of Foreign Policy in the Information Age: Walter Roberts, former Associate Director of USIA

- o Terrorism After the End of the Cold War: Terrell E. Arnold, former Consul General, Sao Paulo, Brazil
- o Indonesia Between Chaos and Order: Paul Gardner, former ambassador to Papua New Guinea and Solomon Islands and former Deputy Chief of Mission in Indonesia
- o Why Won=t the Iraqi Problem Go Away? David Reuther, former Refugee Counselor, Sudan, and Deputy Director of the Iraq/Iran Affairs office

306 ADelenda Est Carthago@

Tuesdays, 9:30 - 11:00

Glenn Markus

Tallwood

ACarthage must be destroyed! So argued Cato the Elder, demanding that once and for all Rome should annihilate its most formidable enemy in the Mediterranean world. Rome had battled twice before against the Carthaginians in a struggle for empire. The First and Second APunic Wars were both hard-fought contests in which the outcomes were very much in doubt. The First (264-241 BC) gave Rome its initial foothold outside of the Italian peninsula. The Second (218-202 BC), despite catastrophic defeats at the hands of Hannibal, extended Roman dominance over the western Mediterranean and over the adjacent lands in Europe and North Africa. The last Punic War (149-146 BC) was in reality a one-sided massacre, ending with the total destruction of Carthage itself. No longer would Rome face any serious rivals to her growing monopoly of power.

Glenn Markus holds a bachelor=s degree in philosophy and a master=s degree with a concentration in Greek and Roman studies, both from The Johns Hopkins University. He has been an instructor at LRI since 1992.

307 ADelenda Est Carthago!@

Thursdays, 9:30 - 11:00 Lake Anne Glenn Markus

See course description above.

308 Julius Caesar: A Roman Memoir

Tuesdays, 11:30 - 1:00

Glenn Markus

Tallwood

To his admirers, he was the defender of the rights of people, a man who had the will to oppose the conservative oligarchy in a Roman Senate determined to hold onto power at all costs. To his detractors, he was an ambitious demagogue, bribing, smiling and forcing his way to dictatorial power. What we know is that Julius Caesar was an astute politician, a masterful propagandist and a clever showman. He was also an exceptionally gifted writer, a powerful speaker and a man of wide learning and taste. And he was a military genius who moved with speed and daring, greatly respected for his personal courage and for loyalty to his soldiers. The course is an examination of one of western history=s most enigmatic and fascinating figures.

Glenn Markus (see above for biographical information)

309 Julius Caesar: A Roman Memoir

Thursdays, 11:30 - 1:00 Lake Anne Glenn Markus

See course description above.

400 LANGUAGES AND COMMUNICATION

401 Word Processing and E-Mail

Mondays, 2:00 - 3:30 Coordinator: Jack Young

Tallwood

Learn ways to enhance your word processing skills as well as the use of e-mail. Four experienced LRI members (Ray Beery, Adele O=Connell, Sue Swift and Ed Swoboda) will make presentations on these two basic computer areas, using a computer projection screen that lets you see exactly how they are doing everything. There will be plenty of time for questions.

402 The News Media in an Age of Information Overload

Wednesdays, 9:30 - 11:00

Stewart R. Macdonald

Lake Anne

News comes at us in abundance these days. Among the topics to be explored: How the media got where they are today and are they better or worse? What=s the quality of reporting on politics, education, science, medicine, business, religion, local news? What is the relationship between reporting and analysis? Are the new mediacthe Internet and the World Wide WebCchanging how news is reported? Typical news stories will be examined for objectivity, accuracy and good writing.

Stewart R. Macdonald served on the business side of two Midwest newspapers and spent many years as an executive with the National Newspaper Association of America (formerly American Newspaper Publishers Association) in New York and Reston. He also headed a newspaper educational organization, the ANPA Foundation, which sponsored the national Newspapers in Education program.

403 Conversational Spanish

Thursdays, 9:30 - 11:00

Maria M. Ingham

Tallwood

This course for intermediate to advanced students will feature discussion based on current events, selected readings, newspaper articles and personal experiences. Grammar will be reviewed as needed.

Maria M. Ingham has a master=s degree in Spanish literature and taught Spanish in Fairfax County Schools for 26 years.

404 Intermediate Italian

Tuesdays, 9:30 - 11:00

Renata Pia Bardo

Tallwood

This course is for those who have had some previous exposure to Italian. Class participation and homework are expected. The course will focus on conversation as well as grammar. A new book, 501 Verbs, is required and available in bookstores.

Renata Pia Bardo is a native of northern Italy and studied two years at Bocconi University in Milan. She has given private lessons to adults and children and taught at the Berlitz School of Languages for two years.

500 LITERATURE

501 Understanding (and Enjoying) Poetry

Mondays, 2:00 - 3:30

Barbara Willson

Tallwood

We will read poetry in a way that unleashes the meaning and removes the mystery. Discussions will center on how to tell a great poem from a good one, a good one from a bad. We will immerse ourselves in the words and sounds of poets as diverse as Pablo Neruda and Tennyson and in forms from the limerick to the sonnet. If you have not read poetry since high school or would like to revisit some glorious words, you will enjoy this

experience. The recommended text, which is not required, is *Immortal Poems of the English Language*, ed. by Oscar Williams (Washington Square Press), available in paperback. Class limit: 30.

Barbara Willson, an LRI member, taught English, speech and drama in San Francisco for 25 years. For the last five years she has been teaching at an LRI and an Elderhostel in Ashland, Oregon. Currently, she is a docent at the Folger Shakespeare Library.

502 A Poetic Journey

Tuesdays, 11:30 - 1:00

Nancy Gay Dillaman

Lake Anne

Here=s an opportunity to share poems you=ve enjoyed reading as well as participate in a self-directed study of the many forms that poetry takes. You will be encouraged to try your hand at image making by writing your own poems. Class limit: 25.

Nancy Gay Dillaman taught art and elementary classroom subjects for 31 years. A graduate of Mary Washington College, she both loves and writes poetry.

503 Poetry Workshop

Tuesdays, 11:30 - 1:00

Barbara Achilles

Tallwood

One of LRI=s most enduring courses is for poetry lovers who want to create their own poems and get support and guidance from each other. Students may submit new poems each week for class critiques. The workshop also has special projects, including annual poetry readings and the publishing of an occasional book of original poems. Class limit: 20.

Barbara Achilles is a retired intelligence officer with a bachelor=s degree in music from the University of Rochester/Eastman School of Music. She is a published poet and has been a member of the LRI Poetry Workshop for seven years. For the past four years she has coordinated the workshop=s special projects. She is a member of the National League of American Pen Women and the Poetry Society of Virginia.

504 Russian Literature

Tuesdays, 9:30 - 11:00

Maya Hutchins

Moderator: Bob Bohall

Lake Anne

A study of Russian literature provides fertile material for wide-ranging discussions of not only the writings and the authors but their influence on the history of Russia. The class will look at the roots of Russian literature and discuss famous writers and poets of the pre-Revolution period, such as Pushkin, Tolstoy and Dostoyevsky, and also those of the 1930s, such as Pasternak, Bulgakov and Ahmatova.

Maya Hutchins was born in the former Soviet Union and has a master=s degree in Russian language and literature.

700 SOCIAL STUDIES

701 Crime and Punishment

Tuesdays, 2:00 - 3:30

Tallwood

This is not Dostoyevsky=s novel. It=s an exploration of crime in Northern Virginia and America, looking at incarceration and prisons, the economics of crime, characteristics of criminals, punishment vs. rehabilitation. The goal is to expand our knowledge and understanding of criminal justice. Speakers will include a police representative and a presentation by OAR of Fairfax, a nonprofit criminal justice organization. Students need

only an open mind and a willingness to discuss murder, sex offense, robbery, aggravated assault, child and adult abuse, burglary, larceny, hate crimes, drugs and alcohol, firearms, recidivism and related topics.

Bob Bohall, an LRI member, is a retired government economist, who has been in and out of jail numerous times in the past five years. Come and find out why.

702 Ethics in AmericaCan Oxymoron?

Tuesdays, 11:30 - 1:00 Moderator: Elaine Schwartz

Lake Anne

The focus of the course will be the ethical conflicts that reflect the complexity and diversity of today=s life. The class will view and discuss four videos that were part of a series originally produced for TV by Fred Friendly that featured Antonin Scalia, Ellen Goodman, Father Heir, Dr. Everett Koop, Anna Quindlen and others.

Elaine Schwartz was a teacher for 32 years and now works part-time as a trainer for adults in communications. She is a graduate of Bryn Mawr College and the University of Virginia.

703 Choices for the New Century

Tuesdays, 2:00 -3:30 Moderator: Dorothy K. Roberts

Tallwood

This course, sponsored by the National Endowment for the Humanities, is intended to involve citizens in discussion of vital issues facing our nation in the next century. The class will look at changes taking place in the world, weigh national priorities and discuss the direction the nation should take. A booklet with background material will be available for each class participant so that you can read the relevant section before each of the four classes. Copies will be distributed at the first class or you may stop in the office to pick up your copy once you are registered for the course.

Dorothy K. Roberts is a new member of LRI and has taught math at Padua Academy and, after retirement, taught at the Academy of Lifelong Learning, both in Wilmington, Del. She is a graduate of Bryn Mawr.

800 SCIENCE AND TECHNOLOGY

801 Nutrition As We Age

Mondays, 9:30 - 11:00 Dr. Marie Kodadek

Tallwood

How healthy is your current daily menu? Our nutritional needs change as we grow older, and it=s all too easy to miss out on important foods we need. This course will explore recent scientific studies and literature on the subject, with plenty of time for discussion and a chance to review your own eating and food selection habits.

Dr. Marie Kodadek is an Assistant Professor in the College of Nursing and Health Science at George Mason University. She has been a nurse for 24 years, working with both young families and seniors in community and hospital-based sites.

802 The Lighter Side of Medicine

Wednesdays, 9:30 - 11:00 Dr. Burns Jones

Tallwood

This course takes a less than serious look at some of the quirks, quacks and quiddities of the healing arts, which are sometimes amusing and sometimes alarming. We will explore doctors and drugs, folklore and fallacies, and other aspects of medicine and surgery. Mystery guests will remove an arm from a volunteer and sell you a nostrum guaranteed to cure whatever ails you.

Remember, laughter is good for your digestion.

Dr. Burns Jones is a physician who has spent most of his career in public health. In retirement he pursues his interest in the history of medicine and colonial America and has presented courses on these subjects at GMU, Mary Washington College and the College of William and Mary, among others. He has led study tours for the Smithsonian and is a volunteer at the Fort Ward Civil War Museum, Gunston Hall and the Stabler-Leadbeater Apothecary Shop in Alexandria.

803 Feats of Engineering

Mondays, 11:30 - 1:00 Coordinator: Ann Gladkowski

Tallwood

If you=re a novice on how large structures are planned, how highway systems are built to accommodate the traffic and cars of the future, and how to manage land development and contracting for such intricate projects, this course will tell you how some of these things are done.

Expected speakers include:

- o Lee Evey, Director, Pentagon Renovation Program, who was responsible for negotiating the space station contract
- o Kathryn Conant, Army Corps of Engineers, who will speak on land reclamation in Anacostia
- o Raymond F. Powell, who has wide experience in analyzing projects and managing contracts
- o Harold Lunenfeld, Federal Highway Administration, who will talk about the latest developments in intelligent highway systems

804 Naming Places

Wednesdays, 11:30 - 1:00 Tallwood

Roger L. Payne

The Geological Survey has information on over 2,000,000 physical and cultural geographic features in the U.S., from towns and cities to reservoirs, parks, streams, valleys and ridges, each with its own official name. Standardization of names is increasingly important and far more complicated than most people realize. It can even get controversial. Learn from a top expert what guides the naming of places and the kinds of problems involved.

Roger L. Payne is Executive Secretary of the U.S. Board on Geographic Names and Chief of the Geographic Names Office at the Geological Survey. He manages the Geographic Names Information System, which is the nation=s official automated names repository.

900 OTHER

901 T=ai Chi for a Healthy Body and Calm Mind

Wednesdays, 11:30 - 1:00

Michelle Carlson

Reston/Herndon Senior Center

This is primarily an exercise class using ancient Chinese techniques often characterized as Ameditation in motion. The emphasis is on balance, posture, breathing, concentration and relaxation, but you will also learn something about the history and philosophy of T=ai Chi. Wear comfortable shoes and clothing suitable for exercise. Classes will be held at the Reston/Herndon Senior Center, 1850 Cameron Glen Drive, Reston, a brief car trip from Lake Anne. Class limit: 15.

Michelle Carlson is an enthusiastic and continuing student of T=ai Chi, which she started studying three years ago. She is a graduate of the University of Chicago and taught in elementary schools for nearly 30 years and in adult education programs for several years.

902 Exercise Your Brain, Too

Thursdays, 2:00 - 3:30

Tallwood

Rose Marie Lanpher

Coordinator: Richard Goodwin

Stimulate those synapses and nurture those neurons by learning and playing thinking games. Play Albuquerque, Fox and Geese, Frogs, Kono, Nim, Picaria, Reversi, Seega, Farkle and other multicultural games your great-great grandparents probably played. Learn to solve logic problems and have fun with a variety of games as an individual and in small groups. Bring pencil and paper.

Rose Marie Lanpher taught in Fairfax County schools and for many years has had an interest in teaching logical thinking.

903 Learn About TV Production

Thursdays, 11:30 - 1:00

Tallwood

Did you know you can produce your own show for broadcast on Channel 10 using the station=s facilities free of charge? Or maybe you=re just curious about what=s involved in TV production or are looking for an interesting volunteer job. This introductory course will demonstrate basic video recording and camera work, discuss what=s involved in being a producer or director or camera operator, and give tips on pre-production planning. The course is presented by the Fairfax Cable Access Corp., which operates Channel 10 and provides people in the County with access to communications facilities and training in how to use those technologies effectively. There will be opportunities to have hands-on practice.

ONGOING ACTIVITIES

History Club

First Wednesdays, 1:30 - 3:00, Tallwood

This group of history buffs enjoys talking about history subjects, from books to films and exhibits and historical sites. On January 6, before the winter term begins, there will be a talk on the history of Tallwood and a report by Allen Montecino on Donald Kagan=s *On the Origins of War and the Preservation of Peace*. The February 3 session will feature Allen Raymond leading a discussion of books on Prohibition.

Coordinator: Bill Deary. 354-8593

Book Club

Second Wednesdays, 1:30 - 3:00, Tallwood

This LRI club is now in its fifth year of discussing interesting books, both fiction and non-fiction. You can get a list at the Tallwood office. Upcoming book selections are:

- o December 9, The Chosen, by Chaim Potok, Betty Osborn moderating
- o January 13, *The Princess, A Story of Life Behind the Veil in Saudi Arabia*, by Jean Sasson, Sue Morrow moderating
- o February 10, Cold Mountain, by Charles Frazier, Betty Worch moderating

Coordinator: Betty Worch. 569-1112

SPECIAL EVENTS

A. Wilderness Search and Rescue

Wednesday, Jan. 20, 2:00 - 3:30, Tallwood

Search and rescue activities go on 24 hours a day, 365 days a year. Bud Hyland, a former Navy Seal who has had extensive wilderness and navigational survival training, will tell us about who does this work and the training they get. He will discuss the techniques they use: quick response searches, sweeps, containment, evacuation of injured persons, medical treatment at the site, searches for those who don=t want to be found. He will share real experiences in search and rescue, some humorous, some tragic.

Coordinator: Barry Berkey. 591-6674

B. Behind the Scenes of an Award-Winning Documentary

Fridav. Jan. 22. 2:00 - 3:30. Tallwood

Joel Westbrook, president of Alexandria Productions, will talk about the making of his ten-part *Lost Civilizations*, a Time-Life video documentary, which won an Emmy award in the Outstanding Informational Series category. He will include some very interesting portions from several of the ten tapes. He recently completed a six-hour documentary series, *The Glory That Was Rome*, scheduled to run soon on the Learning Channel.

Coordinator: Flory Tamanini. 751-4676

C. All About Van Gogh

Wednesday, Jan. 27, 2:00 - 3:30, Tallwood

The recent special exhibit of Van Gogh=s works at the National Gallery of Art has sparked a new interest in him. Lola Sherman, a popular LRI art history instructor, will share her impressions of the artist and his work.

Coordinator: Virlinda Snyder. 339-5748

D. Fairfax City: From Sleepy 60s to Vibrant 90s

Friday, Jan. 29, 2:00 - 3:30, Tallwood

Peggy Wagner, co-author of *Fairfax, Virginia: A City Traveling Through Time*, will take us on an informative and entertaining excursion from the 1960s to the present. She was formerly Director of Planning and Community Development for Fairfax City, where she managed historic preservation activities, housing programs and zoning.

Coordinator: Velma Berkey. 591-6674

E. Sing Along Through the Great War

Friday, Feb. 5, 2:00 - 3:30. Tallwood

Tin Pan Alley served as thermometer and barometer of the sea change in the public mood toward U.S. involvement in World War I. LRI member Bill Deary will use tapes and text handouts to take us from 1914 (AI Didn=t Raise My Boy to Be a Soldier@) to 1917 (AIt=s Time for Every Boy to Be a Soldier@) and onward into the social dislocations of the immediate postwar period (AHow Ya Gonna Keep >Em Down on the Farm@ and AI=ve Got My Captain Working for Me Now@). Selections will include classics (ATill We Meet Again,@ ARoses of Picardy@) as well as many others less well-known and perhaps deservedly forgotten but tuneful nonetheless.

Coordinator: Virlinda Snyder. 339-5748

F. Trip Tales: A Women=s Version

Friday, Feb. 12, 2:00 - 3:30, Tallwood

Many LRI members travel world-wide to interesting places with Elderhostel and other groups. This Special Event features some recent excursions by women members of LRI to Australia, Alaska, the British Isles and other locations. (If you would like to tell about your recent trip, call the coordinator.)

Coordinator: Virlinda Snyder. 339-5748

Spring 1999

100 ART, MUSIC AND DRAMA

101 German Painting: Romanticism to the Present

Wednesdays, 11:30 - 1:00 Apr. 21 - May 12 Marion Deshmukh

Tallwood

German painting has had an intimate connection to the country's wider political and cultural sphere during the 19th and 20th centuries. This four-week course will survey key painters and aesthetic movements: o German art from 1800 to 1848.

- o The growing movements of realism and impressionism, exemplified by the painters Adolph Menzel, Max Liebermann, Lovis Corinth and Max Slevogt.
- o German expressionism and new realism in the first three decades of the 20th century, including painters during the Weimar Republic, such as Otto Dix and George Grosz.
- o The efforts to rebuild Germany's aesthetic traditions following World War II with social realism in the East and abstraction and other modern movements in the West.

Marion Deshmukh is a Professor in the Department of History and Art History at GMU, which she chaired for 11 years. She holds a doctorate from Columbia University. She has done extensive research and publishing on the relationships between German visual culture and history. In addition to having held numerous positions in historical and art associations, she has lectured widely at art galleries and universities and on cable television.

102 Modern Art: Matisse to Michael Graves

Tuesdays, 11:30 - 1:00

Lola Sherman

Tallwood

Never in the history of art have there been so many radical and abrupt stylistic changes in art as those that have occurred since the beginning of this century. The course will study such innovations in an effort to identify the forces behind the changes and to examine whether they are a temporary anomaly or a truly new tradition upon which art history will continue to develop. Using slides, we will explore the fragmentation of Picasso=s and Braque=s Cubism, the rejection of recognizable images in the work of Mondrian and other nonobjectivists, the fantasies of Dada and Surrealism, mid-century American Abstract Expressionism and the Aisms@ that followed it, andCin an unpredictable about-faceCPostmodernism's rejection of abstraction and return to meticulous realism.

Lola Sherman has lectured in art history at GMU, Georgetown University and Montgomery College, and has conducted lecture series at LRI and at other organizations, including the Institute for Learning in Retirement at American University, the Smithsonian Resident Associates program and the Senior Seminars program at the Jewish Community Center.

103 Face to Face With Artists

Tuesdays, starting at 11:30 Various sites

Coordinators: Lydia Macdonald Elaine Schwartz

Bring your questions and curiosity to the studios of local artists and learn how they work and what inspires them. We will visit the Torpedo Factory in Alexandria to see two artists' studios and go to the studios of other artists in the Reston area. Class members will receive directions to the studios and addresses of other class members so they can arrange car-pooling. Class limit: 15.

104 Intermediate Watercolor

Thursdays, 1:30 - 3:30

Tallwood

Marion Reh Gurfein

Those with some experience working with watercolors will enjoy trying a variety of experimental approaches to painting. The emphasis will be on developing your originality and having a good time. Class limit: 10.

Marion Reh Gurfein, a graduate of Cooper Union Art School, has been an artist, poetess, copywriter, art historian and marketing director, among other endeavors. This is her ninth semester teaching at LRI.

105 Sketching With Pencil and Ink

Mondays, 2:00 - 3:30

Dick Hibbert

Tallwood

Learn about the materials and techniques useful in sketching still lifes, landscapes and illustrations. Become acquainted with techniques for drawing with pencil, charcoal and ink. Class participation and homework assignments are expected. Class limit: 12.

Dick Hibbert is a graduate of Oregon State University and the University of Oregon School of Architecture. He was the Chief Architect for Navy Housing. He previously taught photography in the Fairfax County Adult Education program and currently is a private architectural consultant. He has been teaching art classes at LRI for several years.

106 A Musical Sampler

Tuesdays, 9:30 - 11:00

GMU Professors

Tallwood

Faculty and students from the GMU Department of Music will present a variety of musical treats. o Anthony Maiello, Professor of Music and Director of Instrumental Studies, will discuss and demonstrate how current technology enhances the teaching of beginning instrumentalists. o Dr. Evelyn Orman, Assistant Professor of Music Education and Director of Graduateo Studies, will

- o Dr. Evelyn Orman, Assistant Professor of Music Education and Director of Graduateo Studies, will present instrument demonstrations by undergraduate students who are studying to become band directors. o Patricia Miller, Associate Professor of Music, Director of Vocal Studies and Artist in Residence, will perform African American spiritual songs and discuss their histories and social contexts.
- o Dr. Joseph Shirk, Chairman of the Department of Music, will demonstrate the art of playing the oboe and discuss its unique role in the orchestra since the 17th century.
- o Dr. Glenn Smith, Professor of Music, will lead a discussion and performance of popular songs of the early 20^{th} century.
- o Dr. Sheri Neill, Assistant Professor of Music Education and Director of the University Chorale, will talk about the Orff Method, and GMU music education majors will use LRI participants to demonstrate Carl Orff=s methods for teaching children rote songs, movement and how to play AOrff instruments. @ o Stephen Burton, Heritage Professor of Music, will show how music manipulates our perception of motion pictures and how it enhances emotion and bonds objects, characters and events with musical motifs and themes. In a second session, he will discuss the 11 functions of music in motion pictures.

107 Singing for the Fun of It

Thursdays, 2:00 - 3:30

Joyce DeVoll

Fairfax Christian Church

Once again, LRI's choral group will sing in unison, in chorus and in ensembles, emphasizing popular music, Broadway show tunes, golden oldies and a sprinkling of light opera. A great voice is not required! Dolores Ecklund will accompany singers on the keyboard. Classes will be held at the Fairfax Christian Church, 10185 Main Street, Fairfax City, which is near Gold's Gym.

Joyce DeVoll is a recently retired choral music teacher. She has a bachelor's degree in music education from Michigan State University and a master's in educational administration from Virginia Tech. She is an active member of her church choir and English handbell group.

108 Readers' Theater

Thursdays, 11:30 - 1:00

Lynn Gramzow

Coordinator: Ann Gladkowski

Fairfax Christian Church

The class will do readings from a number of short dramatic scenes in diverse popular plays. You won't need to memorize lines, cues or blocking. Instead, the Aacting@ will be based on your private silent reading in advance, discussion with other scene members and self-critiqued practice prior to the class presentation. Male participants are particularly welcome. Classes will be held at the Fairfax Christian Church, 10185 Main Street, in Fairfax City near Gold's Gym.

Lynn Gramzow discovered play reading when a drama teacher at a nearby college shared a love for plays with the staff of the Defense Language Institute in Monterey, where Lynn was working. She joined LRI's Readers' Theater last fall and found it fun and rewarding.

200 ECONOMICS AND FINANCE

201 Economic Policy Issues

Mondays, 9:30 - 11:00

Tallwood

Outstanding guest speakers, experts in their fields, will discuss major economic issues, with time allowed for questions and discussion. The following speakers are expected this term:

- o AHealth and DevelopmentcSouth Asia as a Case Study@: Richard Skolnik, World Bank.
- o AEntrepreneurship and Wealth Creation@: Karen Vaughn, Professor of Economics, GMU.
- o AGlobal Economy and the World of the World Bank@: Gary Perlman, World Bank.
- o ATechnology-Led Regional Economic Development@: Roger Stough, Professor, GMU.
- o AHow to Make Money, g plus an update on the Russian financial crisis: David E. Jones, International Financial and Management Consultant, Harvard University.
- o AThe Evolving Presence of the World Bank in Less Developed Countries@: Delbert Fitchett, Retired from World Bank.

202 Financial and Investment Planning

Tuesdays, 2:00 - 3:30

Art Wimble

Lake Anne

This course, designed specifically for individual investors, explores various investment options, such as CDs, government bonds, tax-free bonds, mutual funds, stocks, tax-deferred annuities and much more. You will learn how to gauge the safety of an investment, what you can do to reduce the impact of taxes, and how to choose an investment expert you trust. At the first class students may purchase for \$10 a recommended binder with copies of course materials and space to take notes. No individual investment guidance or specific recommendations will be given. Presentation of this course does not constitute endorsement by LRI of the instructor or the Edward Jones company.

Art Wimble is a graduate of the University of Maine in natural resource management, business and economics. He was senior vice-president of a risk-management firm helping independent contractors to secure different kinds of insurance before joining Edward Jones, a financial services firm, in 1996 as an investment representative.

203 The Basics of Investing

Wednesdays, 9:30 - 11:00

Tallwood

Shirley Smith

Want a better understanding of the basic research needed and the resources available to the individual investor? Topics will include mutual funds, bonds, stocks, brokers, asset allocation, strategies and DRIPs. No individual investment guidance or specific recommendations will be given.

Shirley Smith is an active investor and retired teacher who has learned the value of research in investing. She has taught numerous courses at LRI. Her education degree was earned at Bowling Green State University in Ohio.

204 Investment Forum

Wednesdays, 11:30 - 1:00 Tallwood

Garrett Ruhl Henry Shenker

Moderators: Thomas Crooker

This forum is in its fifth year as an ongoing investment discussion group. Its program consists of discussions and presentations by members on such topics as investment techniques, individual stocks, bonds, mutual funds, types of portfolios, options, industry analyses and the impact of current events on investments. The forum has a free-flowing discussion, and its success depends on strong member participation. Opinions expressed are those of the members and do not represent the opinions of LRI.

Thomas Crooker is a retired civil servant who was educated in engineering, has had college teaching experience and is a long-time student of the stock market. **Garrett Ruhl** has degrees in economics and law and experience in computer-based investment techniques. **Henry Shenker** is a physicist with a long personal experience in investments, supplemented with courses in economics and finance.

300 HISTORY & INTERNATIONAL STUDIES

301 Diplomatic History of Europe, 1871-1920

Tuesdays, 2:00 - 3:30

Tallwood

William P. Deary

The period from the unification of Germany through the treaties ending World War I can be thought of as a study in the law of unintended effects. The course will emphasize the diplomacy of the European Great Powers (Germany, United Kingdom, Austria-Hungary, France and Russia), with the United States and Japan joining by invitation around 1900. What was the impact of political, economic and social factors on foreign relations and diplomacy? What does the rich and contentious historiography of the origins of World War I tell us about the national responsibility for the debacle that left such a major mark on the $20^{\rm th}$ century?

William P. Deary has taught several courses at LRI and is currently Coordinator for the LRI History Club. He has undergraduate and graduate degrees in history, including a Ph.D. from George Washington University, and attended the National War College. He served with the Department of State from 1957 to 1986 and has been an instructor at Northern Virginia Community College.

302 America's Forgotten Centuries: 1492 - 1792

Thursdays, 9:30 - 11:00

Robert A. Webb

Lake Anne

For a century after Columbus arrived, no permanent English colony existed in the New World; for another century, few English settlers ventured more than 50 miles inland; for most of the third century, the 13 mainland colonies went separate ways, with little in common other than ties to Mother England.

The course will examine those often-overlooked 300 yearsCa stew of politics, geography, commerce, technology, religion, customs and growing rebellion, with a sprinkling of visionaries, knaves and plain folks.

Robert A. Webb retired in 1997 after a 41-year career as a newspaper editor, the last 32 years at the Washington Post. He has written about the Civil War and historic preservation for the Post and other publications and has haunted musty libraries and back roads for years in search of his own roots and those of the nation.

303 The Impact of Migration

Tuesdays, 11:30 - 1:00 Coordinator: Harold Davey

Tallwood

For some 500 years, it was mostly Europe and Africa that peopled newly discovered lands in the New World and elsewhere. Since the end of World War II there has been tremendous migration all around the globe, with important economic and cultural ramifications. Representatives from the embassies of Argentina, Australia, Canada, France, Germany, Mexico and the United Kingdom will analyze the effect immigrants have had on their countries. An expert from the Carnegie Endowment for International Peace will review the major waves of immigration into the United States and their effects on our society. Issues to be explored include jobs, economic development, education, welfare, integration, assimilation and the role of women

304 The Southern Homefront in the Civil War

Thursdays, 11:30 - 1:00 John C. Carter

Tallwood

This course looks at the culture, the people, the places and the issues of what life was like on the homefront in Alabama and Northern Virginia during the Civil War. Using private letters from soldiers and their families and other sources, we will examine conditions back home and how they affected troops on the front lines. The economy, local government, the raising of troops, and the role of women and of slaves will be explored.

John C. Carter is an Associate Dean of Admissions at GMU and has been at the University since 1984. He has a master's degree in psychology from GMU and a B.A. in history from the University of Tennessee. He taught a course at LRI last fall on early Virginia history.

305 Patrick O'Brian and Naval Warfare, 1800 - 1814

Tuesdays, 11:30 - 1:00 Jim O'Hara Lake Anne

This course examines the factual background against which Patrick O'Brian has written 19 highly

successful novels. Following a brief introduction about the author and the elements of his writing style, we will discuss the ships, tactics, weaponry, people and politics of naval warfare during the Napoleonic era. Class members will be provided with synopses of his novels.

Jim O'Hara, a new member of LRI, is a retired naval officer and management consultant, and obviously an enthusiastic fan of Patrick O'Brian.

306 An Inside Look at Foreign Affairs

Mondays, 11:30 - 1:00 Coordinator: Roman Lotsberg

Tallwood

Retired veteran Foreign Service Officers and others will discuss issues of importance in foreign affairs and answer questions.

o ACommunications Factors in our Relations With Russia and the World@: Dr. Charles T. Vetter, lecturer on foreign affairs. American civilization and cross-cultural communication.

- o ADemocratic Roots in Africa@: Michael Pistor, former Ambassador to Malawi, USIA, retired.
- o Alsraeli Elections and Their Potential Impact on U.S. Policy Toward the Peace Process@: Eugene Bird, Diplomatic Correspondent for the *Washington Report on Middle East Affairs*, who covered the Wye River Conference and the President's visit to Jerusalem and Gaza. He is a retired FSO.
- o ANATO After 50 Years@: Richard T. Davies, former Ambassador to Poland and most recently member of the Board of Directors of Partners for Democratic Change and lecturer on East-Central and Eastern Europe.
- o AU.S. Citizens and Narcotics in Bolivia@: William Stedman, former Ambassador to Bolivia and former Senior Deputy Assistant Secretary of State for Inter-American Affairs, now Senior Advisor at Partners of the Americas.
- o AImpact of African Culture on Social and Economic Development There@: Dr. Richard Podol, former Mission Director, USAID Uganda and Congo (former Zaire), more recently consultant on development in the Sudan and India.
- o AAn American Perspective on Asia@: Gilbert H. Sheinbaum, retired FSO with extensive experience in Asia, Europe and Africa and several years as Director of Columbo Plan for the Economic Development Survey of Asian Countries.
- o ACurrent Developments in U. S. Relations With China@: Stanton Jue, USIA retired, who spent 35 years dealing with Chinese affairs in several countries in the Far East.

307 Apocalypse Ahead in the Middle East?

Wednesdays, 11:30 - 1:00 Mar. 24 - Apr. 14 Ralph Ostrich

Tallwood

This four-week course, which had to be deferred from the winter term, will address in depth the events and circumstances that have brought us to the current Middle East situation and look at the prospects for the future, with the ever-present threat of continuing strife, terrorism and possibly even renewed war. The lectures and discussion will cover the geographic and historical background of the Middle East, the origin and nature of the Arab-Israeli conflict, and the strategic confrontations involving the United States, Russia, Israel, Iran and the Arab states.

Ralph Ostrich is Adjunct Professor of History at Northern Virginia Community College, an instructor at the Defense Intelligence Agency, and consultant in military, political and economic matters relating to Eastern Europe, the former Soviet Union and the Middle East. He is the author of numerous studies on the Middle East and other international issues.

308 Rome and the Rise of Christianity

Thursdays, 9:30 -11:00 Tallwood

Glenn Markus

The historical beginnings of Christianity should be examined in the context of the various religious, cultural and political forces that shaped the Greco-Roman world in the period between the Hellenistic Emperor Alexander the Great (4th century BC) and the Roman Emperor Constantine the Great (4th century AD). Much of this turbulent period was marked by endless clashes between Jews and Greeks over issues of political autonomy and religious practice. By the end of the century before the birth of Christ, much of the Western world, including Palestine, was dominated by imperial Rome. In the centuries that followed, Christianity would be challenged by many secular and ideological forces in play, including competition from the powerful pagan mystery religions and the loyalties demanded by the Roman state.

Glenn Markus holds a bachelor's degree in philosophy and a master's degree with a concentration in Greek and Roman studies, both from The Johns Hopkins University. He has been an instructor at LRI since 1992.

309 Rome and the Rise of Christianity

Thursdays, 2:00 - 3:30

Lake Anne

See course description above.

310 Tour D'Italia

Mondays, 2:00 - 3:30

Renata Pia Bardo

Moderator: Marion Burgett

Coordinator: Jack Young

Lake Anne

We will travel together through regional Italy in a series of six classes devoted to Italy's lively, passionate people, their culture, music and art. Learn how Italy's diverse geography contributed to its dialects and robust cuisine. We'll talk about Florence, where great artists reached a zenith of creativity during the Renaissance that has never been equaled since. We'll explore the varied regions with their mountains and lakes and the five seas, appreciating a country so beautiful that it continues to captivate the spirit of visitors from all over the world. Some special surprises are in the works for this six-week course. (See related course 403.)

Renata Pia Bardo is a native of northern Italy and has taught Italian language courses at LRI for several years.

311 Great Decisions

Thursdays, 11:30 - 1:00

Tallwood

Continuing an LRI tradition, this is a discussion class, with class members taking turns serving as discussion moderators. A background text with suggested references is available for \$12 at the LRI office before the first class. These are the weekly topics:

- o Foreign Policy in the Information Age
- o International Financial Crises: The IMF and Its Critics
- o Japan: The Shadow of the Miracle
- o Weapons of Mass Destruction: Re-emerging Threat?
- o Central Asia Pressure Cooker: The Caspian Basin and Iran
- o After NATO Expansion, What?
- o Latin America: A Brazil Overview
- o U.S. Roles in the United Nations: A Changing Dynamic

Marion Burgett has participated in the Great Decisions course each time it has been offered and has taught tax courses at LRI. She is on the Board of Directors and serves as Treasurer.

400 LANGUAGES AND COMMUNICATION

401 Computer TechnologyCPast, Present & Future

Mondays, 2:00 - 3:30

Tallwood

Computers are an essential part of our everyday lives, yet for many people they remain a mystery. This course provides an overview of computer fundamentals, as well as current trends and future expectations from both a technical and a social perspective. Topics will be addressed by LRI members and outside guest lecturers, including Dr. Steve Ruth from GMU, who will discuss computers and children, e-mail and the Web. This is not a how-to course, but it will give background and perspective to enhance your general knowledge and understanding of computer technology.

Glenn Markus

402 French Conversation

Mondays, 11:30 - 1:00

Tallwood

Odette B. O'Donnell

Again this term you can enjoy practicing your French in a relaxed atmosphere. Conversations will focus on everyday life in France, vacations, and national and international news.

Odette B. O'Donnell taught French and Farsi for 23 years at the CIA Language School. She has been teaching French at LRI for several years.

403 Italian the Fun Way

Tuesdays, 9:30 - 11:00

Renata Pia Bardo

Tallwood

Planning a trip to Italy? Pick up the language you will need for most everyday situations, from meeting people to asking for directions, using the telephone, dining and shopping. Basic grammar will be included, and some homework is recommended. This class is for beginners as well as a refresher course for those who have some knowledge of the language. The text is *Italian Made Simple*, by Eugene Jackson and Joseph Lopreato. (See also related course number 310.)

Renata Pia Bardo is a native of northern Italy and studied two years at Bocconi University in Milan. She has given private lessons to adults and children and taught at the Berlitz School of Languages for two years.

404 Let's Learn Russian

Mondays, 11:30 - 1:00

Maya Hutchins

Lake Anne

This course is for beginners and will teach students basic conversational Russian. Grammar will be included as needed. The required text is *Teaching Yourself Beginning Russian*, by Rachel Farmer, available at Barnes & Noble for \$8.95.

Maya Hutchins was born in the former Soviet Union and has a master's degree in Russian language and literature.

500 LITERATURE

501 To Hell and Back: Dante's *Divine Comedy*

Wednesdays, 9:30 - 11:00

Dr. Jane Schmiedekamp

Lake Anne

T.S. Eliot said, AShakespeare gives the greatest width of human passion; Dante the greatest altitude and greatest depth. They divide the modern world between them; there is no third. 4 Harold Bloom has asserted that Dante and Shakespeare do not Abelong@ to the Western CanonCAThey are the Western Canon.@ This introductory course surveys the life and times of Dante and gives an overview of the three canticles of his literary classic: Inferno, Purgatorio and Paradiso. Class members should have access to a translation of these by Savers or Ciardi.

Dr. Jane Schmiedekamp is a retired Fairfax County schoolteacher, counselor and administrator. She holds a doctorate from Vanderbilt University. She taught an LRI course on Hemingway last fall.

502 King Lear's Journey to Enlightenment

Mondays, 11:30 - 1:00

Kathryn Russell

Tallwood

Shakespeare's King Lear is the saga of a ruler who, though Aevery inch a king,@ violates the bonds of trust between father and children, as well as between ruler and citizens. In the aftermath of his heedless decisions, Lear experiences both a downfall and ultimate restoration. The course will trace the tragic hero's journey from ignorance toward enlightenment as he suffers, then becomes wise against his will. We will explore Lear's odyssey through video performances of various actors, close reading of passages from the play, and critical interpretations. A presentation of scenes from the play is expected by Dr. Rick Davis. Associate Professor of Theater at GMU, and his student actors.

Kathryn Russell, an avid student of Shakespeare and English literature, lived in England for two years and enjoyed traveling in Shakespeare country and seeing performances. A high school English teacher in Fairfax County for 21 years, she taught King Lear to Advanced Placement students for 11 years. She taught *Hamlet* at LRI last fall.

503 Speak Memory: The Memoir as Literature

Mondays, 9:30 - 11:00 Apr. 19 - May 10

Barbara Willson

Tallwood

Some of the bestCand worstCcontemporary writing is done in the form of the memoir. In this four-week course we will examine the history of this genre, while concentrating on current authors such as Annie Dillard, Tobias Wolff, James Carroll and Frank McCourt. This is not a writing course; however, as we discuss how to judge the quality of the writing, you will find principles that can guide you in your personal writing.

Barbara Willson, an LRI member, taught English, speech and drama in San Francisco for 25 years. For the last five years she has been teaching at an LRI and an Elderhostel in Ashland, Oregon. Currently, she is a docent at the Folger Shakespeare Library.

504 Writers on Writers

Tuesdays, 2:00 - 3:30

David W. Fenza

Tallwood

Published writers will discuss the work of writers who have influenced them and their writing and read some of their work. Speakers will include David W. Fenza, Executive Director of The Associated Writing Programs, who will read poetry, Allan Lefcowitz, founder and Director of The Writer's Center in Bethesda, who will talk about drama, and Kenny Carroll, Director of the DC WritersCorps, who will perform his poetry and introduce one of the program's young poets to read as well.

David W. Fenza has a master's degree from the Writing Seminars of Johns Hopkins University and an MFA degree from the Writers' Workshops of the University of Iowa. He is the author of a book-length poem, The Interlude, and is working on a second book-length poem, Latin From Manhattan. He received a Fellowship in Poetry from the National Endowment for the Arts in 1995. His poetry and essays on First Amendment issues and culture wars have been published in literary journals and other publications. He is the Executive Director of the Associated Writing Programs, which is located in the main Tallwood House next to LRI.

505 Women and Literature

Wednesdays, 9:30 - 11:00

GMU Professors

Tallwood

This lecture series was arranged for LRI by Professor Rosemary Jann, head of GMU's English Department. It focuses on selected women writers from 1800 to the present. Covering authors from Britain, the United States and Canada, the presentations aim to introduce a range of issues raised by women in their roles as artists. The lectures will consider the ways in which the writer's gender influences her handling of social, cultural and artistic issues, some by concentrating on specific works or film

adaptations, others by considering the lives of the writers in question and the ways in which their reputations have been shaped. The professors are from the English Department at GMU, with the exception of Professor Gilbert, who is from the Departments of French and Women's Studies.

o AJane Austen Goes to the Movies@: Professor Deborah Kaplan

o AThe Bronte Sisters: Myths and Realities@: Professor Rosemary Jann

o AElizabeth Gaskell and Charles Dickens@: Professor Austin Samuelian

o AVirginia Woolf@: Professor Eileen Sypher

o AMargaret Atwood@: Professor Lorna Irvine

o AQuebeçois Women Writers@: Professor Paula Gilbert

o AContemporary Immigrant Writers@: Professor Katrina Irving

o AToni Morrison's Paradise@: Professor Marilyn Mobley MacKenzie

506 Jorge Luis Borges: A Search for Identity

Thursdays, 9:30 - 11:00

Maria M. Ingham

Tallwood

J.L. Borges was an innovator in the literary renewal of Latin American literature. We will be reading and analyzing selected Astories. @ Borgesian themes will be discussed, including identity and search for perfection. Borgesian symbols will also be explored as they apply to the themes.

Maria M. Ingham has a master's degree in Spanish literature and taught Spanish in Fairfax County Schools for 26 years.

506 Life Story Writing Workshop

Tuesdays, 9:30 - 11:00

Dr. Barry Berkey

Tallwood

How many times have you thought of writing your life story only to dismiss the idea before starting? This course is designed to get the project rolling, whether your aim is a published memoir or an autobiography for yourself or your family. The workshop setting provides an environment of creative stimulation, support and feedback where everyone brings in manuscript segments and participates in class critiques. For beginners and accomplished writers. Regular attendance is important. Class limit: 10.

Barry R. Berkey, M.D., is retired from the practice of psychiatry, but not from a writing career that spans more than 30 years. His publications include several books for adults and children (some coauthored with his wife) as well as dozens of free lance articles in magazines and newspapers, including the *Washington Post* and the *Philadelphia Inquirer*. Dr. Berkey has covered such diverse topics as health, humor, fitness, nutrition, biography, history, travel, folk art and, of course, mental health. This is the fifth time he has taught a writing workshop at LRI.

507 Poetry Workshop

Tuesdays, 11:30 - 1:00

Barbara Achilles

Tallwood

One of LRI's most enduring courses is for poetry lovers who want to create their own poems and get support and guidance from each other. Students may submit new poems each week for class critiques. The workshop also has special projects, including annual poetry readings and the publishing of an occasional book of original poems. Class limit: 20.

Barbara Achilles is a retired intelligence officer with a bachelor's degree in music from the University of Rochester/Eastman School of Music. She is a published poet and has been a member of the LRI Poetry Workshop for seven years. For the past four years she has coordinated the workshop's special projects. She is a member of the National League of American Pen Women and the Poetry Society of Virginia.

600 PHILOSOPHY, ETHICS & RELIGION

601 Comparative Religion

Mondays, 9:30 - 11:00 Coordinator: Ellen Gale

Tallwood

Guest speakers will discuss some of the major world religionsCpast and presentCfocusing on such topics as: How Christianity, Judaism and Islam View Each Other (with Professor John Burns), Biblical Prophets (with Rabbi Bruce Aft for two sessions), Women in Islam, The Eastern Orthodox Church, Unitarianism, Buddhism in America, Shamanism (the world's oldest religion).

602 Basic Questions of the World's Religions

Tuesdays, 9:30 - 11:00 Bruce O. Boston

Lake Anne

Despite their different histories, cultural settings and staggering variety of beliefs and practices, all the great religions of the world deal with similar large but very basic questions: What matters? What is the nature of reality? What are the origin and destiny of the cosmos, the world and human beings? Is this all there is? What is the true nature of God (Spirit, the Transcendent)? How can we relate to this? What path(s) can we follow in our religious quest? Why is there evil? The course will follow these and other questions through the world's great religious traditions: Hinduism, Buddhism, Confucianism, Taoism, Judaism, Islam and Christianity. Recommended reading: *The World's Religions*, by Houston Smith.

Bruce O. Boston earned his B.D. and Ph.D. degrees from Princeton Theological Seminary and has taught dozens of courses in religion and theology for colleges and churches. His personal credo is that AGod is not in the answers business; God is in the questions business.@ He earns his daily bread as president of Wordsmith, Inc., a writing and editorial consulting company in Reston.

603 Ethics in AmericaCan Oxymoron?

Tuesdays, 11:30 - 1:00 Moderator: Elaine Schwartz

Apr. 6 - May 11

Lake Anne

The focus of this six-week course will be the ethical conflicts that reflect the complexity and diversity of today's life. The class, a continuation of one offered during the winter term, will view and discuss eight additional videos that were part of a series originally produced for TV by Fred Friendly that featured Antonin Scalia, Ellen Goodman, Father Heir, Dr. Everett Koop, Anna Quindlen and others. Note that the course begins the third week of the spring term.

Elaine Schwartz was a teacher for 32 years and now works part-time as a trainer for adults in communications. She is a graduate of Bryn Mawr College and the University of Virginia.

604 Ethics and Integrity in the Corporate World

Thursdays, 2:00 - 3:30 Robert Kast

Tallwood

News stories about dishonesty, fraud and evasion of laws in the corporate world have made us aware of the issues of ethics and integrity in the private sector. Using case studies in small work groups, the seminar will examine how decision makers are being trained to include ethical values in their corporate lives. We'll share our insights about such subjects as downsizing, diversity in the workplace, and the role of humanitarian and social actions in the business environment.

Robert Kast, a new member of LRI, spent 37 years with Unisys Corp. in sales and management positions. He gave a series of ethics seminars for executive managers in the company. In retirement he is a volunteer with the Fairfax United Way and as a court-appointed special advocate (CASA) in Fairfax County.

700 SOCIAL STUDIES

701 Genealogy for Beginners

Wednesdays, 11:30 - 1:00

Pat Bray

Tallwood

Designed for the serious-minded beginner who wants to discover their American family ancestry, the course will begin with suggestions on organizing your search, then move on to finding the facts in federal censuses, vital records, probate records and other areas important in genealogical research. There will be lectures, assignments, field trips, open discussion and one-on-one assistance.

Pat Bray is a Certified Genealogical Record Specialist (CGRS) and has taught at LRI since 1995. He retired from IBM and has been pursuing his hobbies of history, genealogy and travel. His community activities have included serving as chairman of the Fairfax County History Commission, president of the Northern Virginia Association for History, vice president of the Historical Society of Fairfax, and vice president of the Fairfax Genealogical Society, and is a member of numerous genealogical and historical groups.

702 20 Years Under the Bench

Mondays, 11:30 - 1:00

Jim Davey

Lake Anne

This insider's look at the Federal Court System (the Supreme Court, appellate courts, trial courts) will provide a brief history of the system and explain how a Aquiet revolution@ over the last 30 years has dramatically changed how trial courts process their civil and criminal cases. The class will argueCand decideCa case currently pending in the Supreme Court. Key people working in the system, including an appellate judge, a trial judge, a representative of the Solicitor General's office, a representative from the Federal Defender's office, a senior prosecutor and a senior probation officer will address the class and answer questions. Two field trips to the U.S. Courthouse in Washington, D.C., are planned to hear some of these speakers and to observe a Acourtroom of the future.@

Jim Davey is a graduate of Georgetown University Law Center and has had extensive experience in the Federal Court System as Clerk/Court Administrator of the U.S. District Court for the District of Columbia from 1969 to 1991 and as a management consultant to the courts. He had management responsibility for nonjudicial functions in civil and criminal cases, including the AT&T antitrust case, Watergate litigation, and criminal cases involving John Connally, John Hinckley, Oliver North and Marion Barry.

703 Native American Studies

Thursdays, 11:30 - 1:00

Dorothy K. Roberts

Lake Anne

This course is a survey of the cultural origins of Native Americans, their family lives and their beliefs. There will be special emphasis on Native American leaders, their resistance to the encroaching white man and their influence on U.S. history. Additionally, we will look at Native Americans of today and their relationship with the federal government. There will be videos and one or two invited speakers.

Dorothy K. Roberts has taught math at Padua Academy and, after retirement, several courses at the Academy of Lifelong Learning in Wilmington, Delaware, including courses on Native Americans and their mythology. She is a graduate of Bryn Mawr.

704 Virginia's 1999 Elections

Mondays, 9:30 - 11:00 Mar. 22 - Apr. 16 Kenneth Plum

Lake Anne

This year Virginia will elect all 140 members of the General Assembly, constitutional officers, and most governing boards and councils. In this four-week course we will explore the topics that are significant this year and the dynamics of the election as the two political parties vie for control of the Old Dominion.

Kenneth Plum has been a Delegate to the Virginia House of Delegates since 1982 and is currently Chairman of the Virginia Democratic Party. He has a B.A. from Old Dominion University and an M.Ed. from the University of Virginia. He was former director of Adult and Community Education for Fairfax County Public Schools, one of the largest adult education programs in the country. He is also an LRI member and helped to found the Institute..

800 SCIENCE AND TECHNOLOGY

801 Bird Alert!

Wednesdays, 9:30 - 11:00 Apr. 21 - May 12 Tallwood

Explore the many aspects of these fascinating creatures. We'll begin this four-week course with a slide show on backyard birding, including habitat requirements and ways to attract the birds you want, conducted by an expert who has spoken for the Audubon Naturalist Society. A specialist with the Smithsonian's Migratory Bird Center will discuss bird migration. Another nationally recognized expert will provide new insights into bird identification, habitat, behavior and ecology. Members of the class will decide on the date for an optional guided field trip at Eakin Community Center, which attracts many birds during spring migration.

802 Astronomy, an Exploding Science

Mondays, 2:00 - 3:30

John Evans
Tallwood

Astronomy has undergone an explosion in knowledge over the last 20 years, fueled in part by new technology both on the ground and in space. The course will bring you up to date on the new observatories that emphasize exploration of deep space both from the Earth's surface and in orbit. Several guest lecturers will discuss the theoretical developments that give understanding to the observations, covering such topics as stars and stellar evolution, massive black holes, deep-space galaxies and clusters of galaxies. Supplementary readings will be available, and we will also review some of the resources

John Evans has been involved in astronomical research and university teaching for over 30 years. He spent brief periods at NASA and the Department of Defense, engaged in astronomical projects, and has written several books and one of the most used Web sites on introductory astronomy.

available on the World Wide Web. (See also related special event G.)

803 Communicating Secrets

Wednesdays, 9:30 - 11:00 Mar. 24 - Apr. 14 Tallwood

Bernard Manning

Coordinator: Harold Davey

When you were a kid, did you have a code ring from a Wheaties box? Julius Caesar used a similar technique to exchange messages with Brutus in Gaul. The Rothschilds created their English branch's fortune by transmitting news of battles during the Napoleonic wars. Over the centuries, codes, secret signs, invisible writing and cipher systems have been invented to communicate while concealing. Maintaining secure methods of communicating grows more vital to individuals, businesses and nations, and dependence on computerized communication may be creating an Achilles heel to our way of life. The

course will describe and illustrate cryptological practices at different periods of history, but minus the complex mathematics basic to the field, and look at what lies ahead.

Bernard Manning holds a bachelor's degree from Harvard and a master's degree and a Ph.D. in chemistry from the University of Michigan. He had a long career in military and civilian intelligence agencies, working on chemical and nuclear projects as well as techniques of producing, protecting and authenticating clandestine communications materials.

804 Aging the Best We Can

Thursdays, 11:30 - 1:00 Coordinator: Craig Zane Tallwood

We'd all like to function at our highest level despite the inevitable limitations that growing older place upon us. We want to get the best out of what is possible for as long as possible physically, cognitively, socially and psychologically. This is what has been called Aoptimal aging. In this course medical experts will help us identify some of the actions we can take and the circumstances we can place ourselves in that raise the probability of our own personal optimal aging.

805 Science Potpourri

Tuesdays, 2:00- 3:30 Coordinator: Ann Gladkowski

Tallwood

Experts will discuss a variety of topics, all with a scientific flavor.

- o Charles Bristor, an LRI member, talking about weather forecasting and its future.
- o Dr. James L. Olds, Director of the Krasnow Institute for Advanced Studies, speaking on AThe Mind, The Thing at the Krasnow Institute.@
- o Dr. Hatten Yoder, Jr., a petrologist at the Carnegie Institution, talking about the origins of life on earth.
- o Dr. Robert Ehrlich, Professor of Physics at GMU, whose topic will be AFaster Than Light Travel: Is it Possible?
- o Dr. John Hadidian from the Urban Wildlife Protection division of the Humane Society of the United States, speaking on APeople, Animals and Cities. @
- o A representative from the FAA, talking about airline safety and new technology in route control.
- o David Fair from the Goddard Space Flight Center, speaking on living in space.

900 OTHER

901 T'ai Chi for a Healthy Body and Calm Mind

Wednesdays, 11:30 - 1:00

Michelle Carlson

Apr. 7 - May 26

Reston/Herndon Senior Center

This is primarily an exercise class using ancient Chinese techniques often characterized as Ameditation in motion. The emphasis is on balance, posture, breathing, concentration and relaxation, but you will also learn something about the history and philosophy of Tai Chi. Wear comfortable shoes and clothing suitable for exercise. Classes will be held at the Reston/Herndon Senior Center, 1850 Cameron Glen Drive, Reston, a brief car trip from Lake Anne. Class limit: 15. Note that the class starts the third week of the spring term and finishes two weeks after the term ends.

Michelle Carlson is an enthusiastic and continuing student of T'ai Chi, which she started studying three years ago. She is a graduate of the University of Chicago and taught in elementary schools for nearly 30 years and in adult education programs for several years.

ONGOING ACTIVITIES

History Club

First Wednesdays, 1:30 - 3:00, Tallwood

This group of history buffs enjoys talking about history subjects, from books to films and exhibits and historical sites. At the next meeting on March 3, *Lincoln*, an award-winning biography by David Herbert Donald, will be reviewed by Larry Fox. Check *LRI Notices* for other upcoming subjects.

Coordinator: Bill Deary. 354-8593

Book Club

Second Wednesdays, 1:30 - 3:00, Tallwood

This LRI club is now in its fifth year of discussing interesting books, both fiction and non-fiction. You can get a list at the Tallwood office. Upcoming book selections are:

o March 10: A Hole in the World, by Richard Rhodes.

o April 14: Bluest Eye, by Toni Morrison.

o May 12: Here on Earth, by Alice Hoffman.

Coordinator: Betty Worch. 569-1112

SPECIAL EVENTS

A. Historic Cemeteries

Wednesday, Mar. 24, 2:00 - 3:30. Tallwood

You can learn a lot by poking around in cemeteries. Susan Olsen, Director at Woodlawn Plantation, will show slides of historic cemeteries around the country, including Hollywood Cemetery in Richmond. She will discuss the symbolism found on tombstones, cemetery landscaping, changing traditions of funerals and other aspects of Aour final resting places.@

Coordinator: Virlinda J. Snyder. 339-5748

B. Fun With Fascinating Fractals

Friday, Mar. 26, 2:00 - 3:30, Tallwood

Fractal geometry and chaos theory are fascinating to lay people as well as mathematicians. Dr. Monica Neagoy will demonstrate new methods of making math exciting, using pencil and paper activities, and also using LRI's new computer equipment that can project videos and computer screens onto a large screen. If you haven't seen this equipment in action, this is a good chance to learn what it can do. Dr. Neagoy has been working at Georgetown University since 1985 to design new approaches to teaching math to pre-K through 12 students. Selected as a mathematics teacher in the video series AAmerica's Superstar Teachers,@ she has consulted for the Annenberg and Cafritz foundations and PBS. In her other life she is co-director of the Le Neon Theatre in Rosslyn, has twice been nominated for Helen Hayes awards and starred in the film AFive Days in Paris.@

Coordinator: George Heatley. 448-8790

C. Trip Tales

Wed., Mar. 31, 2:00 - 3:30, Tallwood

Each semester LRI members share their travel adventures around the globe. This spring features places we haven't heard about recently. Call the Coordinator if you would like to talk about your trip or show slides or videos.

Coordinator: Virlinda J. Snyder. 339-5748

D. Tour to the Sackler and Freer Galleries

Friday, Apr. 2, 9:30 - 4:00, Bus Trip

We'll spend the first hour at AThe Jesuits and the Grand Mogul: Renaissance Art at the Imperial Court of India. This exhibit features the images of Jesus, Mary and the saints collected by the Grand Mogul, who was a Muslim. Following lunch in the Commons Restaurant in the Smithsonian Castle, we'll be taken on a tour of the Freer's ABeyond the Legacy: Anniversary Acquisitions, which includes 110 of the gallery's finest objects, such as elegant stone and bronze sculpture from India, exquisite Islamic manuscript paintings, and screen paintings, scrolls and calligraphy from China and Japan. Cost for the bus and driver gratuity is \$12. Lunch is at your expense (approximately \$9 - \$12 plus tip).

Coordinator: Lisa Astudillo. 998-5460

E. Stolen Generations: The Australian Aborigine

Friday, Apr. 9, 2:00 - 3:30, Tallwood

Ms. Pat Turner, Australia's most senior indigenous government official, will discuss the policy of removing Aboriginal children from their families and institutionalizing them, a program that lasted more than 60 years. She will also talk about the Aforced settlements@ of the 1950s and 1960s as well as some of the achievements of the Aboriginal and Torres Strait Islander Commission on which she served as CEO. Ms. Turner is currently occupying the Monash University Chair of Australian Studies at Georgetown University and teaching a course there on AGood Governance and Indigenous Peoples.@

Coordinator: Lisa Astudillo. 998-5460

F. Meissen PorcelainCAWhite Gold@

Wednesday, Apr. 21, 2:00 - 3:30, Tallwood

In this slide presentation we'll learn about the history of porcelain by studying the productions of the Meissen factory, the first European factory to produce handpaste porcelain as the Chinese did. The factory has been in continuous operation since 1709, and its designers have influenced the styles and forms of all other English and European porcelain factories. Our guide for this unusual event will be Mimi Levine, an antique dealer who specializes in small, decorative accessories. She is a founder of the Washington Ceramics Seminar and teaches at George Washington University's appraisal study program. Members of the audience are invited to bring one article for an appraisal during the last half-hour of the program.

Coordinator: Velma Berkey. 591-6674

G. The New Astronomies

Friday, Apr. 23, 2:00 - 3:30, Tallwood

There's more to astronomy than meets the eye. Dr. Maurice Shapiro, chief scientist (emeritus) for cosmic physics at the Naval Research Laboratory and visiting professor of physics and astronomy at the University of Maryland, will talk about the new astronomies, such as radio astronomy, x-ray astronomy, gamma ray astronomy and neutrina astronomy, highlighting recent discoveries. Dr. Shapiro also directs the International School of Cosmic Ray Astrophysics in Italy, which trains gifted young students in astrophysics. (See also related course 802.)

Coordinator: Ellen Gale. 978-3360

H. Feng Shui: The Ancient Art of Placement

Wednesday, Apr. 28, 2:00 - 3:30, Tallwood

The Feng Shui philosophy holds that where and how we live and work has a powerful effect on our lives. Riva Wine, an international Feng Shui consultant and interior designer, will discuss how she has applied this ancient art along with Western design methods to create healing environments in homes, hospitals and other health care settings in the U.S., Israel, Russia and her native South Africa. You will learn how to place the Feng Shui map, called a Bagua, on the floor plan of your home.

Coordinator: Charlotte Chapman. 931-9750

I. New Zealand's Poet Laureate

Friday, May 7, 2:00 - 3:30, Tallwood

Lovers of literature as well as travelers will enjoy a talk by Bill Manhire, New Zealand's poet laureate and professor of English at Victoria University in Wellington, New Zealand. Currently, he is Fulbright Visiting Professor of New Zealand Studies at Georgetown University. He is editing an anthology of imaginative writing about Antarctica, which he has visited as a participant in the AArtists to Antarctica Scheme@ recently inaugurated by New Zealand. He will talk with us about this and New Zealand literature, his own works, and the inventive poetry and fiction about Antarctica.

Coordinator: Lisa Astudillo. 998-5460

J. Dog Rescue Demonstration

Wednesday, May 12, 2:00 - 3:30, Tallwood

Learn what physical, intellectual and emotional qualities make a good search dog and what training a dog and handler need. Two members of Dogs East, Dr. Linda Neimeier, with her beauceron, Molly, and Chris Holleyman, with his border collie, Sheridan, will demonstrate how the basic principles of airflow and scent movement allow a trained dog to locate a person lost in the wilderness. The demonstration will be in the Tallwood backyard; in case of rain, an indoor lecture will be held, with limited canine participation.

Coordinator: Dr. Barry Berkey. 591-6674

K. Tour the Garber Facility

Friday, May 14, 9:00 - 3:00, Bus Trip

The Paul E. Garber Facility is the preservation, restoration and storage wing of the National Air and Space Museum. This no-frills warehouse displays approximately 90 aircraft (pre-1960) as well as spacecraft, engines, propellers and other flight-related objects. Volunteer docents will guide us through storage areas for both restored and unrestored artifacts and to the workshop. This is a two-hour walking tour, with a 15-minute break. After the tour we will go to Alexandria for lunch in one of the many eateries there and leave for Tallwood at 2:30. Cost for the bus and driver gratuity is \$11. Lunch is at your expense.

Coordinator: Al Giles. 573-0228

Summer 1999

1. Splendors of Meiji: Treasures of Imperial Japan

Friday, June 11 Coordinator: Lisa Astudillo 9:00 - 7:00, Bus Trip

Coordinator: Lisa Astudillo

Ф 998-5460

This all-day bus trip will travel to the First USA Riverfront Arts Center in Wilmington, Delaware, to view an exhibit of the history, traditions, heritage and art of the late 19th and early 20th centuries Japanese Imperial period. Emperor Meiji called his reign AMeiji,@ meaning Enlightened Government, during which Japan became an industrial power able to compete with the West. Lunch, at your own expense, will be in the Riverfront Arts Center cafeteria, followed by the tour.

The pickup point for the tour will be the rear of the University Mall near the theater, where parking is available, at the corner of Route 123 and Braddock Road. (Do **not** park in the swimming pool lot next door to Tallwood.) The bus will leave promptly at 9:00 a.m., so plan to arrive at least 10 minutes or so before this time. The cost of \$27 includes driver gratuity. Check with the Coordinator if you have questions.

2. Foreign Film Series

Tuesdays, June 8, 15, 22

1:00 - 2:45, Johnson Center Theater

LRI has arranged for several vintage films to be shown at the theater in the GMU Johnson Center on three Tuesday afternoons, beginning at 1 p.m. Close-by parking is available at the GMU parking garage, adjacent to the Johnson Center, at \$1.25 an hour. The movies, free to LRI members, are:

o June 8: *Henry the Fifth*, starring Laurence Olivier as the young English king who asserts a claim to the French throne. Color. 105 minutes.

o June 15: *Le Grand Chemin (The Great Highway)*, starring Richard Bohringer in a poignant story of a city boy befriended by an elderly tomboy during a summer visit. Color, French with English subtitles. 104 minutes.

o June 22: *La Traviata*, Zeffrirelli=s stunning film of Verdi=s opera of ill-fated lovers, starring Teresa Stratas and Placido Domingo. Color, Italian with English subtitles. 105 minutes.

3. The Art & Industry of Greek and Roman Sculpture

Mondays, June 14, 21

10:00 - 11:30, Tallwood

Carol Mattusch

Coordinator: Joanne Becker

Greek and Roman sculpture, which flourished some two thousand years ago, has amazed both layman and art expert ever since it was Arediscovered@ during the Renaissance. This two-session course will discuss the study and appreciation of classical sculpture as it has evolved since the 18th century. The speaker, a renowned expert, will also talk about her own contributions in the field. The discussion will be supplemented by slide illustrations.

Carol Mattusch is Mathy Professor of Art History at George Mason. She won the Wiseman Book Award from the Archaeological Institute of America for a recent book, *Classical Bronzes: The Art and Craft of Greek and Roman Statuary*, has curated an exhibition about classical bronzes in North American collections, and is now working on another about an ancient villa that lay in the shadow of Mt. Vesuvius.

4. Tom Stoppard Plays

Tuesdays, June 8, 15, 22, 29 10:00 - 11:30, Tallwood

Paula Schwartz

This four-week course will discuss four of Tom Stoppard=s plays: *Jumpers*, *Rosencrantz and Guilderstern Are Dead*, *Travesties*, and *Arcadia*. Students are urged to attend all four sessions in order not to miss background for understanding the later plays.

Paula Schwartz is an author, playwright and teacher of English. She has taught LRI courses on several topics, including Jane Austen.

5. Investment Forum

Wednesdays, June 9, 16, 23, 30
Moderators: Michael Earley
10:00 - 11:30, Tallwood
Henry Shenker

This forum is in its fifth year as an ongoing investment discussion group. Its program consists of discussions and presentations by members on such topics as investment techniques, individual stocks, bonds, mutual funds, types of portfolios, options, industry analyses and the impact of current events on investments. The forum has a free-flowing discussion, and its success depends on strong member participation. Opinions expressed are those of the members and do not represent the opinions of LRI. Between semesters the forum meets at 10 a.m. on most Wednesdays, except for July 7 and 14.

Michael Earley is an industrial economist with a keen interest in financial markets. **Henry Shenker** is a physicist with a long personal experience in investments, supplemented with courses in economics and finance.

6. Four Founding Fathers

Monday, June 7 Michael Styles

10:00 - 11:30, Tallwood

Which founding fathers do you think had the most impact in shaping the United States? **Michael Styles**, a history buff, thinks Washington, Jefferson, Madison and Hamilton deserve the honors. He will talk about their roles in the context of early American history and suggest how their policies and attitudes are still with us today.

7. Four Founding Fathers

Tuesday, June 15 9:30 - 11:00, Lake Anne See above entry. Michael Styles

8. My Favorite Wartime Story

Thursdays, June 10, 17, 24, July 1

10:00 - 11:30, Tallwood Coordinator: Charles Bristor

Whether you were participant or still a youngster, World War II, Korea or Vietnam was a threshold for many of today=s senior citizens. We all have stories to tellCon the battle lines, at sea, in the air or on the home front. This series of four open-ended sessions is an opportunity to share your favorite story. Each session will be led by one or more LRI members who will recount their own tales and invite others to do so also. If you would like to reserve time for your story, call the coordinator, Charles Bristor (671-8831). Or just show up.

o June 10: John Heffernan, Liberty ships Cthe supply lifeline.

o June 17: Charles Bristor, Ocean weather stations.

o June 24: Vince Boylan, Draftee experiences.

o July 1: Dick Goodwin, *The surrender of Dachau concentration camp;* Van Vanderwal, *POW experiences in Indonesia and Vietnam.*

9. The Many Facets of Overseas Chinese

Monday, June 28 10:00 - 11:30, Tallwood George Heatley

China, with about one-fourth of the world=s population, has been the homeland for immigrants to many countries during the past 150 years. Overseas Chinese play influential roles in the economies of Southeast Asian nations and have contributed their hard work and high regard for education to many other nations. **George Heatley**, who has a master=s degree with emphasis on modern Chinese history and who has been a frequent LRI teacher, will discuss the history and successes of overseas Chinese.

10. The Many Facets of Overseas Chinese

Tuesday, June 22 9:30 - 11:00, Lake Anne See above entry. George Heatley

11. Computers: Great Assets in Home and Classroom

Tuesday, June 15 10:00 - 11:30, Tallwood Jack Young Allen Montecino

The personal computer is no longer simply a handy way to write letters, keep your accounts, or communicate electronically with friends and relatives. It can now be used in conjunction with other types of equipment both at home and in the classroom. LRI recently purchased a new data/video projector for enhancing our courses. **Jack Young** and **Allen Montecino**, LRI members who have participated actively in LRI's computer-related classes for several years, will focus primarily on instructing course teachers, moderators, office staff and coordinators on how to get the most out of our PC and projector equipment. But you don't have to be one of these persons to sign upCother PC-related topics will be addressed and there will be time for questions.

12. Internet Sources

Thursdays, June 10, 17, 24 10:00 - 11:30, Tallwood Chris LaMarca Ed Swoboda

This three-week course will focus on how to find and use sources on the Internet for all sorts of interesting, useful and even important things. **Chis LaMarca**, reference librarian at the Fairfax City Regional Library, will talk about search engines on the WEB during the first session. During the second session, **Ed Swoboda** a long-time LRI member and avid fan and user of the Internet, will tell you how to secure travel information, including transportation, accommodations, sight seeing, shopping and local weather, with special emphasis on money-saving WEB sites and mailing lists. Ed will address how to identify and join Internet community forums and how to make the most of your participation during the third session. Students are encouraged to share their own Internet experiences in all the sessions.

13. Brush Up Your Shakespeare

Wednesdays, June 9, 16, 23, 30 9:30 - 11:30. Lake Anne Betty R. Hill

This four-week course is designed to be entertaining and informative, without being deeply analytical. There will be a brief review of the famous dramatist=s early life and of his successful professional career. Commentaries on many of his best-known works will illustrate Shakespeare=s universality, versatility and mastery of language. Readings and recordings of excerpts from relevant plays may be used. Class limit: 40.

Betty R. Hill has a B.A. in English, a master=s in education and has done graduate work at Cambridge. As a teacher of Shakespearean drama to high school classes for over 20 years, she was regarded by her students as a Shakespeare buff and scholar.

14. Poetry Workshop

Tuesdays, June 8, 15, 22, 29 10:00 - 11:30, Tallwood Barbara Achilles

One of LRI=s most enduring courses is for poetry lovers who want to create their own poems and get support and guidance from each other. Students may submit new poems each week for class critiques. The workshop also has special projects, including annual poetry readings and the publishing of an occasional book of original poems. Class limit: 20.

Barbara Achilles, who has a bachelor=s degree in music from the University of Rochester/Eastman School of Music, is a published poet and has been a member of the LRI Poetry Workshop for seven years. For the past four years she has coordinated the workshop=s special projects. She is a member of the National League of American Pen Women and the Poetry Society of Virginia.

15. English: A Way With Words

Thursdays, June 10, 17, 24, July 1

Dorothy K. Roberts

Moderator: Ellen Gale

9:30 - 11:00, Lake Anne

Clerihews, pangrams and spoonerisms are part of the English language. Through discussion and using puzzles, this four-week course will examine these and other parts of our speech. You will also learn the history of the wonderful tongue we speak ©English.

Dorothy K. (Dot) Roberts has taught at Padua Academy and, after retirement, several courses at the Academy of Lifelong Learning in Wilmington, Delaware, including courses on the English language. She is a graduate of Bryn Mawr.

16. Religious Views of the After Life

Mondays, June 7, 14, 21, 28

10:00 - 11:30, Tallwood

This course presents views of the after life and the associated concepts and practices held by various faiths. Speakers will include Rabbi Bruce Aft, addressing the Jewish view; John Rybecki, on Roman and Eastern Catholic beliefs; Wilson Hurley, about the Buddhist view; and Bruce Boston on the Islamic concept.

17. Tales of Fairfax County Schools

Wednesday, June 9

Bud Spillane

10:00 - 11:30, Tallwood

As superintendent of Fairfax Country Public Schools for 12 years, **Bud Spillane** drew praise for his vigorous and public attempts to improve academic standards, reward teachers based on merit, and streamline the administrative machinery. He also had his detractors Ca not uncommon occurrence when someone is trying to shake up the system. He will talk about his experiences and his outlook for the future of public education in the United States as a whole, and Fairfax County in particular.

18. The Inside Story on Fairfax Government

Tuesday, June 22

Audrey Moore

10:00 - 11:30, Tallwood

Audrey Moore, former chairman of the Fairfax County Board of Supervisors and now an LRI member, will talk about her life as a 20-year Board member, with particular emphasis on attempts to control development and why they often fail.

19. Navigation: A Historical Perspective

Mondays, June 7, 14, 21, 28

John Heffernan

9:30 - 11:00, Lake Anne

This four-week course will review how navigational skills and instruments have played such a crucial role in opening trade between countries and in discovering new lands. Among the first early successful voyagers were the Phoenicians, Egyptians and South Sea Islanders. The modern era of ocean navigation began with Prince Henry of Portugal and Christopher Columbus, leading to rapid development of

navigational instruments, cartography and nautical charts, and culminating in today=s global positioning system.

John Heffernan=s interest in navigation goes back to the many years he spent as an avid sailor and yachtsman, including sailing the seven seas on a variety of merchant ships.

20. Aging Optimally and Gracefully

Wednesdays, June 16, 23, 30 Coordinator: Craig Zane

10:00 -11:30, Tallwood

We'd all like to function at our highest level despite the inevitable limitations that growing older place upon us. We want to get the best out of what is possible for as long as possible Cphysically, cognitively, socially and psychologically. This is what has been called Aoptimal aging. @ In this three-session course, medical experts will help us identify some of the actions we can take and the circumstances we can place ourselves in that raise the probability of our own personal optimal aging.

21. Bioethics: Introduction and Discussion

Thursdays, June 10, 17, 24, July 1

Sue Swift

10:00 - 11:30, Tallwood

The latest advances in medicine and technology raise questions that would not have arisen a century ago. The class will discuss some of the controversial ethical issues surrounding these advances, such as reproductive technologies, physician-assisted suicide, organ transplantation and research on human subjects. An Introduction to Bioethics, 3rd edition, 1997, by Thomas A. Shannon (available in paperback) will be used as a basis of discussion and is required reading. Please read chapters 1, 2, 3 and 5 prior to the first class meeting. Class limit: 25.

Sue Swift has a master's degree in biochemistry and has kept up an interest in all scientific fields even while working with computers for 23 years.

22. National Museum of Health and Medicine

Saturday, June 26 Coordinator: Al Giles 9:00 - 3:00, Bus Trip Φ 573-0228

The National Museum of Health and Medicine, located on the Walter Reed Medical Center grounds, was established during the Civil War to determine causes of diseases, the main cause of death during that conflict. The exhibits depict military and civilian military history from the Civil War to the present, including diagnostic and surgical instruments and an extensive microscope collection. AHuman Body/Human Being@ focuses on biology and anatomy; ALiving in a World with AIDS@ educates visitors about HIV; AThe Art of Healing@ displays traditional medical instruments of Africa. Following the docent-led tour of this museum, we will visit the Old Post Office Pavilion where lunch at numerous eateries is available at your own expense. The 315-foot clock tower housing ten bells given by Great Britain for the U.S. Bicentennial can be reached by elevator. Another elevator takes you to the 12th floor observation deck offering panoramic views.

The pickup point for the tour will be the rear of the University Mall near the theater, where ample parking is available, at the corner of Route 123 and Braddock Road. (Do **not** park in the swimming pool lot next door to Tallwood.) The bus will leave promptly at 9:00 a.m., so plan to arrive at least 10 minutes before this time. The cost of \$10 includes driver gratuity. Call the Coordinator if you have questions.

23. Genetic Information in Society

Tuesday, June 8

Leslie A. Platt 9:30 - 11:30, Lake Anne Erin D. Williams

The rapid expansion of information about genetics, flowing from the Human Genome Project, is leading to major medical and other applications and implications for our society. These advances have the

potential to cure or prevent debilitating diseases and to benefit the same time, the availability of

ONGOING ACTIVITIES

previously us in other ways. At genetic information

to health care providers, insurers, employers and others can have significant impacts on our lives and, if misapplied, serious consequences reinforcing prejudices, rekindling eugenics movements and increasing inequities that society has sought to abate. **Leslie A. Platt** and **Erin D. Williams**, president and associate director of Foundation for Genetic Medicine, Inc., will discuss these matters and present a short film.

24. French Cuisine

Mondays, June 14, 21, 28

Cecile Heatley

1:00 - 3:30, Reston/Herndon Senior Center

This is your opportunity to learn some of the secrets of French cuisine from a native French cook. Because this will be a hands-on demonstration, each of the three sessions is restricted to 10 students, and **you will be registered for only one session**. Therefore, show the order of your preferences on the Application form in case the class on your preferred day is oversubscribed. Show your entries as:

o 24-A, June 14: Crepes, salad nicoise

o 24-B, June 21: Crepes, fresh mayonnaise

o 24-C, June 28: Crepes, tarte aux pommes

Bring an apron, paring knife, fork, plate and \$7 (to help cover the cost of ingredients) to the class for which you were registered. All classes will be held at the Reston/Herndon Senior Center, 1850 Cameron Glen Drive, Reston.

Cecile Heatley, a native of France, was last seen at LRI when she presented the food segment of AFascinating France@ course. She recently wrote *Le Neon: A Table*, a fund raising cookbook.

25. T=ai Chi for a Healthy Body and Calm Mind

Wednesdays, June 9, 16, 23, 30

Michelle Carlson

11:30 -1:00, Reston/Herndon Senior Center

This is primarily an exercise class using ancient Chinese techniques often characterized as Ameditation in motion. The emphasis is on balance, posture, breathing, concentration and relaxation, but you will also learn something about the history and philosophy of T=ai Chi. Wear comfortable shoes and clothing suitable for exercise. Classes will be held at the Reston/Herndon Senior Center, 1850 Cameron Glen Drive, Reston. Class limit: 15.

Michelle Carlson is an enthusiastic and continuing student of T=ai Chi. She is a graduate of the University of Chicago and taught in elementary schools for nearly 30 years and in adult education programs for several years.

26. Moderating a Discussion and Enjoying It!

Tuesday, June 29

Sue Swift

10:00 - 11:30, Tallwood

Do you enjoy a lively discussion, even about contentious subjects? **Sue Swift**, LRI member, teacher and believer in well-run discussion groups, will offer some pointers on how to keep a discussion flowing, draw out reticent persons, avoid someone monopolizing the discussionCin short, how to be a good participant or moderator and enjoy doing it. The lessons learned can apply to any discussion, not only

classes. No registration is required. Just show up.

ONGOING ACTIVITIES

History Club

Wednesday, June 2 10:00 - 11:30, Tallwood

This group of history buffs enjoys talking about history subjects, from books to films and exhibits and historical sites. There will be a meeting on June 2 before the summer term begins. The club will not meet in July and August.

Coordinator: Bill Deary. Φ 354-8593

Book Club

Wednesday, June 9, August 11, September 8 10:00 - 11:30, Tallwood

This LRI club is now in its fifth year of discussing interesting books, both fiction and non-fiction. Upcoming book selections are: June 7, *Brave New World*, by Aldous Huxley; August 11, *Memoirs of a Geisha*, by Golden.

Coordinator: Ceda McGrew.

Ф 323-9671

Fall 1999

100 ART, MUSIC AND DRAMA

101 Sketching With Pencil and Ink

Mondays, 2:00 - 3:30 Dick Hibbert

Tallwood

Learn about the materials and techniques useful in sketching still lifes, landscapes and illustrations. Become acquainted with techniques for drawing with pencil, charcoal and ink. Class participation and homework assignments are expected. Class limit: 15.

Dick Hibbert is a graduate of Oregon State University and the University of Oregon School of Architecture. He was the Chief Architect for Navy Housing. He previously taught photography in the Fairfax County Adult Education program and currently is a private architectural consultant. He has been teaching art classes at LRI for several years.

102 Intermediate Watercolor

Thursdays, 1:30 - 3:30 Marion Reh Gurfein Tallwood

Here=s a chance for those with some watercolor experience to share their knowledge and enthusiasm for watercolor painting. Students should be familiar with the use of materials. Emphasis will be on your individual approach to painting and having a good time. At one session a guest artist will teach techniques of landscape painting. Class limit: 10.

Marion Reh Gurfein, a graduate of Cooper Union Art School, has been an artist, poetess, copywriter, art historian and marketing director, among other endeavors. This is her tenth semester teaching at LRI.

103 Painting Workshop

Wednesdays, 9:30 - 11:00 Peter Ball

Lake Anne Museum

Tallwood

Discover and rediscover your creative artistic abilities. Beginners will learn basic skills, experienced students will receive assistance and critiques to help them develop their personal expression, and everyone will have fun. Using a variety of materials and techniques, students will explore drawing, color, composition and techniques. Students should bring pencils and paper to the first class. Class limit: 10.

Peter Ball has been painting for 50 years and says he has studied with so many different people that he knows everything there is to know about painting but has yet to figure out how to make his hand do what his mind tells it to.

104 Etruscan and Roman Art

Tuesdays, 9:30 - 11:00 Glenn Markus

Gain an appreciation for the artistic and architectural legacy of Rome. Her prowess in these areas is often underestimated, in part because her art owes so much to earlier Italic traditions, such as those of the Etruscans. An even greater debt is owed to the Hellenistic Greeks. Even so, Roman art is both unique and truly international, reflecting the diversity of an empire that reached from Spain to the Euphrates and from the North Sea to virtually all of North Africa. There will be a \$3 materials fee for this course, payable at the first session.

Glenn Markus holds a bachelor's degree in philosophy and a master's degree with a concentration in Greek and Roman studies, both from The Johns Hopkins University. He has been an instructor at LRI since 1992.

105 Art and Archeology of Ancient Greece

Thursdays, 9:30 - 11:00

Glenn Markus

Lake Anne Church

Explore how the ancient Greeks developed the great art, sculpture and architecture of classical times. Tour the Minoan palaces of Crete and the rich fortress city of war-like Mycenae, described by Homer as Arich in gold.@ Follow the evolution of the Greek temple, culminating in the balanced elegance of the Parthenon atop the acropolis of Athens. Each session combines a visual survey of the Greek arts with a discussion of key historical events in the ancient world. There will be a \$3 materials fee for this course, payable at the first session.

For biographical information on **Glenn Markus**, see course number 104.

106 Singing for Fun

Thursdays, 2:00 - 3:30

Joyce DeVoll

Fairfax Christian Church

Once again, LRI's choral group will sing in unison, in chorus and in ensembles, emphasizing popular music, Broadway show tunes, golden oldies and a sprinkling of light opera. A great voice is not required! Dolores Ecklund will accompany singers on the keyboard. Classes will be held at the Fairfax Christian Church, 10185 Main Street, Fairfax City, near Gold's Gym.

Joyce DeVoll is a recently retired choral music teacher. She has a bachelor's degree from Michigan State University, a master's in educational administration from Virginia Tech and Orff certification from GMU. She is an active member of her church choir and English handbell group.

107 The Simple Pleasures of Music

Mondays, 2:00 - 3:30, Oct. 25 - Nov. 15

Gloria Sussman

Lake Anne Church

The class will listen to recordings and discuss the way different musicians interpret music. One session will be devoted to musical transcription and the variety of ways music is Arevised. © On November 8 the class will attend a recital at the home of the instructor and experience firsthand the art of duets.

Gloria Sussman has recently retired as the coach of Musica Concordia, a small Reston-based vocal ensemble. She was a piano teacher and accompanist for the Reston Chorale. A graduate of the University of Pennsylvania, with bachelor=s and master=s degrees in music education, she currently gives small recitals with her duet partner, Ellen Winner.

108 Delving Into Opera

Mondays, 2:00 - 3:30, Sept. 27 -Oct.18

Helene Layman

Lake Anne Church

Whether you are a newcomer to opera or a confirmed opera buff, you will enjoy this learning experience as we listen to selections from a variety of operas and learn the backgrounds of the composers and librettists. During this four-week course, we=ll look at the scores, examine the sources of the stories and add to our knowledge of opera terminology. The first opera to be studied will be *Orpheus and Euridice*, the earliest opera that is still performed regularly.

Helene Layman studied voice in San Francisco and New York and was a professional opera singer for 12 years. She traveled with her husband and sang for the USO. She has taught music and languages and has been a teacher at LRI for many years.

109 Modern American Drama

Thursdays, 11:30 - 1:00, Oct. 28 - Nov. 18 Tallwood

Rick Davis

Coordinator: Lynn Gramzow

Coordinator: Ann Gladkowski

This four-session course examines American drama since World War II through lectures, discussions and staged readings of scenes performed by GMU's student drama outreach group, Theater Express. Among the writers to be discussed are Tennessee Williams, Arthur Miller, Lillian Hellman, Sam Shepard, John Guare, August Wilson, Lanford Wilson and Beth Henley. The concurrent production of Theater of the First Amendment, the world premiere of Karen Zacarias's *The Sins of Sor Juana*, will also be discussed, and group-rate tickets will be offered.

Rick Davis is in his ninth season as artistic director of the Theater of the First Amendment, GMU's resident professional theater. He also is an Associate Professor in GMU's Institute of the Arts. He most recently directed *Doctor Faustus* for TFA and will stage *The Memorandum* by Vaclav Havel this fall. He is an active opera director for such companies as the IN Series in D.C., Capital City Opera at the Kennedy Center, Lake George Opera Festival in New York, and Opera Idaho, and co-authored two books, *Writing About Theatre* and *Ibsen: Four Major Plays*.

110 Readers= Theater

Thursdays, 11:30 - 1:00 Fairfax Christian Church

For the person who has dreamed of acting but doesn=t want to memorize lines, reading plays aloud is a wonderful way to enjoy drama. Readers= Theater is a mixed group of experienced and novice play enthusiasts who learn from each other by sharing opinions about the plays we read and giving positive critiques to each other after the plays are read. We choose new and old plays. As an exciting bonus, at the first session Rick Davis (see previous course) will give us guidelines on getting the most out of play reading. All are welcome to join the fun, especially men so that we can choose a wide range of plays.

200 ECONOMICS AND FINANCE

201 Economic Policy Issues

Mondays, 9:30 - 11:00

Tallwood

Outstanding guest speakers, experts in their fields, will discuss major economic issues, with time allowed for questions and answers. Among the speakers expected this term:

o AEconomic Leverage in International Negotiations Concerning Both Foreign Policy and Commercial Disputes@: Dr. Kimberly Elliott, IIE Fellow and author, Institute for International Economics o AAn Assessment of Virginia=s Economic Clusters in a National Context and Technology Policy@: Roger Stough, Professor, GMU

o AWhat=s Happening to the Russian Economy?@: Karen Vaughn, Professor, GMU o AAfrica=s Development, Today and Tomorrow@: Benion Veron, Retired, World Bank

202 Let's Talk About Mutual Funds

Mondays, 9:30 - 11:00, Sept. 27 - Oct. 18

Shirley M. Smith

Lake Anne Church

Each week of this four-week course there will be a basic review of investing principles concerning mutual funds, followed by class members sharing information about their favorite funds, their investment strategies and other information helpful to the group.

Shirley M. Smith is a retired teacher who has taught numerous workshops at LRI and for the Widowed Persons Service of Northern Virginia. A graduate of Bowling Green State University in Ohio, she believes in the value of continuous reading and research.

203 Let's Talk About Stocks

Mondays, 9:30 - 11:00, Oct. 25 - Nov. 15

Shirley M. Smith

Lake Anne Church

In this course, to be held the second four weeks of the term, class members will share investment ideas about stocks, sectors, strategies and other areas related to individual stock selections in a forum-like discussion group. Part of each week will be a presentation on such topics as asset allocation, dealing with brokers, when to buy, when to sell, and using Value Line and other research publications.

See course number 202 for biographical information on Shirley Smith.

204 Investment Basics and Beyond

Wednesdays, 9:30 - 11:00

Shirley M. Smith

Coordinator: Audrey Markham Sullivan

Tallwood

This class is a review and extension of the course offered in the spring term. Each week's session will be divided between class discussion of basic investing principles and specific investing ideas on bonds, mutual funds, stocks, strategies, investment books, research sources, etc. Participation by all members is encouraged, and ideas for discussion topics are welcome.

See course number 202 for biographical information about **Shirley Smith**.

205 Investment Forum

Wednesdays, 11:30 -1:00 Moderators: Thomas Crooker Tallwood Frederic Bogar

This forum is in its fifth year as an ongoing investment discussion group. Its program consists of discussions and presentations by members on such topics as investment techniques, individual stocks, bonds, mutual funds, types of portfolios, options, industry analyses and the impact of current events on investments. The success of the forum depends on a free-flowing discussion and strong member participation. Opinions expressed are those of the members and do not represent the opinions of LRI.

Thomas Crooker is a retired civil servant who was educated in engineering, has had college teaching experience and is a long-time student of the stock market. **Frederic Bogar** is a retired chemist with an interest in evaluating the methods of investing and in seeking value in the marketplace.

300 HISTORY & INTERNATIONAL STUDIES

301 Our Century

Thursdays, 9:30 - 11:00

Tallwood

A hundred years, a million stories. We will take a look back at the century that we molded and that molded us. We will explore the eras of Prohibition and the Depression, the wars (both hot and cold), changes in communication, money, travel, education and the still-shifting roles of men and women. At the final session we will vote on suggestions for the *Time* magazine man or woman of the century. A panel will start each session=s discussion with short presentations. Class members will then share their memories of great historic changes and personal stories, whether informative, touching, exciting, funny or bittersweet.

302 History and Culture of China

Mondays, 11:30 - 1:00

Lake Anne Church

George Heatley

Learn about China's unique culture and its place in world history. The course will look at how geography, language, social structure and religion shaped this nation of 1.2 billion people. We will address key questions: Why for centuries was China the world leader in science and technology, arts and letters, commerce and other aspects of urban development, only to decline badly before its rebirth in the last decades? What is the future for China in the modern world?

George Heatley holds a master's degree in history from the University of California, Berkeley, with emphasis on modern China. His first assignment in the Department of State was as a specialist on Communist China. After retiring from the Foreign Service, he resumed his studies of Chinese history and culture and toured archeological sites in China.

303 The American Revolution's AFounding Uncles@

Mondays, 11:30 - 1:00

Allen J. Montecino, Jr.

Tallwood

The deeds of our Founding Fathers are well known to students of American history. Less well known are the stories of people who supported the Revolution in important ways but whose contributions fail to meet the high criteria of Founding Fathers. These lesser actors in the great struggle were such figures as Deane rather than Franklin, Lafayette rather than Jefferson, Knox rather than George Washington. Think of them as the supporting cast in a great play.

Allen J. Montecino, Jr., is a retired Air Force officer with a master's degree in American history from George Mason University. He has presented computer instruction and a number of courses on American history since he joined LRI in 1991.

304 George Washington: A New Look at a Remarkable Man

Tuesdays, 11:30 - 1:00, Oct. 26 - Nov. 16

Peter R. Henriques

Tallwood

This four-session course will go beyond the conventional pieties and seek to understand the remarkable flesh and blood figure who was George Washington, humanizing him without trivializing him. Topics to be included: AThe Making of George Washington,@ AThe Indispensable Man in the Founding of the Nation@ and ADeath of a Hero, Death of a Man.@ We will also discuss his attitude toward slavery and religion, and his relationships with his mother and his wife and with Sally Cary Fairfax.

Peter R. Henriques is an Associate Professor of History at George Mason University. He holds bachelor=s degrees from Trinity College and Princeton and earned his Ph.D. at the University of Virginia. He has published numerous articles in history journals, served as presenter at symposia, lectured on the History Channel and received awards for his contributions as a historian.

305 Exploring Local History

Mondays, 2:00 - 3:30

Various locations

Coordinator: Art Cook

Listen to the past speak through little-known details about local historic sites. Visit the home of a beautiful Civil War spy. Explore a stately Lee family estate and a modest 19th century home. Docents will lead our group at each site. Considerable walking is involved and some stair climbing. A complete itinerary of sites will be sent with confirmation of your registration. There is a \$6 charge to cover admission fees. Include this amount in a separate check with your Application.

306 The Virginia Frontier, 1606-1776

Thursdays, 11:30 - 1:00

John C. Carter
Tallwood

Indians, explorers, traders and settlers were active as the Virginia frontier moved from the James River to the New River. How these four groups interacted is the focus of this course. Exploration led to Indian contact, contact led to trade, which led to settlers following the trade. Forts were built as trade centers and for the protection of the new settlements, and then the cycle would start again with the next push a bit farther westward. This combination of adventure and greed helped Virginia extend its borders and put an English presence into the Mississippi River valley that would compete with French and Spanish interests.

John C. Carter is an Associate Dean of Admissions at George Mason University and has been at GMU since 1984. He has a master's degree in psychology from GMU and a B.A. in history from the University of Tennessee. He has taught several courses on early American history at LRI.

307 What Now for Post-Soviet Republics and Eastern Europe?

Wednesdays, 11:30 - 1:00 Coordinator: Harold Davey

Tallwood

Since the dissolution of the Soviet Union, the former Soviet republics and Eastern Europe have undergone massive political, economic and social changes, a process that is still going on. Guest lecturers will examine these changes in the former USSR and Poland, Hungary, Czech Republic, Slovakia, Rumania and the Baltics. Speakers expected include GMU Professor Brack Brown, VOA's Andrei Brezianu, George Viksnins of Georgetown University and Jozsef Toth, Deputy Chief of Mission of the Hungarian Embassy.

308 An Inside Look at Foreign Affairs

Tuesdays, 11:30 - 1:00 Coordinator: Roman Lotsberg

Tallwood

Tallwood

Again this term we are privileged to have retired Foreign Service Officers and others bringing their insights on issues of importance in foreign affairs and answering questions from class members.

- o AThe U.S., NATO and the UN: What's Ahead?@: Ambassador Richard T. Davies
- o ADragons and Demons: China in the 21st Century@: David E. Reuther
- o AContinuing U.S. Responsibilities in the Middle East Peace Process@: Eugene Bird
- o ARussia and U.S. Attitudes and Relationships Since Kosovo@: Dr. Charles T. Vetter, Jr.
- o AAfrica in the Era of Globalization@: Robert R. La Gamma
- o AThe Challenge of Immigration@: George High
- o AVietnam, Then and Now@: James Nach
- o ABrazil: Country of the Future@: Mark Lore

309 Daily Life in Ancient Rome

Tuesdays, 2:00 - 3:30 Glenn Markus

Republican and Imperial Rome had an immeasurable impact on the shape of the western world, but there is more to understanding Rome than studying its great military conquests or its architectural and engineering achievements. Rome was also populated by ordinary people©citizens, artisans and slaves who dealt with more mundane and everyday concerns. This course is about how these ordinary Romans lived and worked, how they designed their cities and decorated their homes, what they ate, how they amused themselves, and what some of their social customs were like. The course relies on the immense fund of archaeological evidence and on some of the most vivid descriptions of the times recorded by such contemporary writers as Cicero, Juvenal, Martial, Petronius, Pliny the Younger, Tacitus and other Roman authors. There will be a \$3 materials fee for this course, payable at the first session.

See course number 104 for biographical information on Glenn Markus.

310 Tour D=Italia

Thursdays, 11:30 - 1:00, Oct. 7 - Nov. 4 Tallwood Renata Pia Bardo

We will travel through regional Italy in a series of five classes devoted to Italy=s lively, passionate people, their culture, music and art. Learn how Italy=s diverse geography contributed to its dialects and robust cuisine. We=ll talk about Florence, where great artists reached a zenith of creativity during the Renaissance that has never been equaled. We=ll explore the varied regions with their mountains and lakes and the five seas, appreciating a country so beautiful that it continues to captivate the spirit of visitors from all over the world. Some special surprises are in the works for this five-week course. (See related course number 401.)

Renata Pia Bardo is a native of northern Italy and has taught Italian language courses at LRI for several years.

400 LANGUAGES AND COMMUNICATION

401 Italian the Fun Way

Tuesdays, 9:30 - 11:00

Renata Pia Bardo

Tallwood

Planning a trip to Italy? Pick up the language you will need for most everyday situations, from meeting people to asking for directions, using the telephone, dining and shopping. Basic grammar will be included, and some homework is recommended. This class is for beginners as well as a refresher course for those who have some knowledge of the language. The text is *Ultimate Italian*, by Salvatore Bancheri, which may be ordered by bookstores or through the Internet.

For biographical information on **Renata Pia Bardo**, see course number 310.

402 French Conversation

Mondays, 11:30 - 1:00

Odette B. O'Donnell

Tallwood

Again this term you can enjoy practicing your French in a relaxed atmosphere. Conversations will focus on everyday life in France, vacations, and national and international news.

Odette B. O'Donnell taught French and Farsi for 23 years at the CIA Language School. She has been teaching French at LRI for several years.

403 A Way With Words

Tuesdays, 11:30 - 1:00

Dorothy K. (Dot) Roberts

Lake Anne Church

Come to this course expecting a bit of history, a bit of etymology and a lot of fun. We=ll look at the origin of the words and expressions we use. Prepare to challenge your gray matter and join in the discussions.

Dot Roberts taught at Padua Academy and, after retirement, taught courses on the English language and other subjects at the Academy of Lifelong Learning in Wilmington, Del. She is a graduate of Bryn Mawr.

500 LITERATURE

501 Shakespeare's Contentious Couple: The Taming of the Shrew

Mondays, 9:30 - 11:00, Oct. 25 - Nov. 15 Tallwood

Kathryn Russell

Meet one of literature's most delightful couples in this comedy, and watch the sparks fly as they engage in one of humanity's oldest warsCthe battle of the sexes. Katharina=s and Petrucio's perennial antics are as up to date for our times as they were for Shakespeare's and became the basis for Cole Porter's musical hit *Kiss Me Kate*. In this four-week course we will examine the play through close reading of passages, critical interpretations and video performances. We will also compare Katharina with some of Shakespeare's notable heroines in other comedies.

Kathryn Russell, an LRI member, is an avid student of Shakespeare and English literature. A high school English teacher in Fairfax County for 21 years, she enjoyed teaching Shakespeare's plays to Advanced Placement students for 11 years. Her previous courses at LRI include *Hamlet* and *King Lear*.

502 American Poetry

Tuesdays, 2:00 - 3:30

Barbara Willson

Tallwood

Poetry tells us something that cannot be said, yet a close examination of major American poets not only reveals their art but produces an understanding of the American mind and spirit. In their words we will find the magic of poetry and see our many selves reflected. Recommended text: *Six American Poets*, edited by Joel Conarroe, a Vintage paperback.

Barbara Willson, an LRI Board member, taught English, speech and drama in San Francisco for 25 years. For the last five years she has been teaching at an LRI and an Elderhostel in Ashland, Ore. Currently, she is a docent at the Folger Shakespeare Library and tutors in the Writing Program at GMU.

503 Shaw and Ibsen

Wednesdays, 9:30 - 1:00, Oct. 27 - Nov. 17

Betty R. Hill

Lake Anne Church

Henrik Ibsen and George Bernard Shaw are widely recognized as two of the world=s most important dramatists. Ibsen, considered by many to be the father of modern drama, had a major influence on the plays of Shaw, and both of them became known as attackers of social conventions. This four-week course will examine the themes of their most famous plays and their relevance to today.

Betty R. Hill has a B.A. in English and a master=s degree in education and has done graduate work at Cambridge University. She taught courses in English and world literature for over 20 years.

504 Poetry Workshop

Tuesdays, 11:30 - 1:00

Barbara Achilles

Tallwood

One of LRI's most enduring courses is for poetry lovers who want to create their own poems and get support and guidance from each other. Students may submit new poems each week for class critiques. The workshop also has special projects, including annual poetry readings and the publishing of an occasional book of original poems. Class limit: 20.

Barbara Achilles is a retired intelligence officer with a bachelor's degree in music from the University of Rochester/Eastman School of Music. She is a published poet and has been a member of the LRI Poetry Workshop for nine years, serving as its facilitator for the last two years. She is a member of the National League of American Pen Women and the Poetry Society of Virginia.

505 Life Story Writing Workshop

Tuesdays, 9:30 - 11:00

Dr. Barry Berkey

Tallwood

How many times have you thought of writing your life story only to dismiss the idea before starting? This course is designed to get the project rolling, whether your aim is a published memoir or an autobiography for yourself or your family. The workshop setting provides an environment of creative stimulation, support and feedback where everyone brings in manuscript segments and participates in class critiques. For beginners and accomplished writers. Regular attendance is important. Class limit: 10.

Barry R. Berkey, M.D., is retired from the practice of psychiatry, but not from a writing career that spans more than 30 years. His publications include several books for adults and children (some coauthored with his wife) as well as dozens of freelance articles in magazines and newspapers, including the *Washington Post* and the *Philadelphia Inquirer*, on such diverse topics as health, humor, fitness, nutrition, biography, history, travel, folk art and, of course, mental health. This is the sixth term he has taught a writing workshop at LRI.

506 Writing Our Own Personal History

Mondays, 11:30 - 1:00

Marvrose V. Patrone

Lake Anne Church

Wouldn=t you like to have something your parents or grandparents had written about their lives? Even when we trace our family tree, we usually don=t know what the people thought or did, other than dates of birth, marriage and death. In this course we will write vignettes about our own lives and read them in class. We will put on paper what we might say if we were telling about an event. No writing skills are required.

Maryrose V. Patrone is a psychologist who has done family and individual therapy. She has a Ph.D. and taught graduate courses for the University of Virginia and Madison University and presented an LRI course on AInterpersonal Communication.@

507 The AWrite@ Way to Age

Mondays, 9:30 - 11:00

Karen Smith-Marchese

Tallwood

We=ll start by looking at myths and misconceptions about the aging process and debunk them through a study of the real issues. Then we=ll move on to writing about our own experiences with those aspects of aging, or perhaps portray them fictionally.

Karen Smith-Marchese has a master=s degree in gerontology from George Mason University and is a doctoral candidate there. She is an adjunct professor at GMU and at Northern Virginia Community College and is writing her second novel.

508 Great Books

Thursdays, 9:30 - 11:00

Elaine Schwartz

Tallwood

Many great minds have wrestled with the search for meaning. The Great Books approach to reading is an invigorating and rewarding experience. The class will read and discuss selections from *Happiness and Discontent*, an anthology of readings selected from Aristotle, Shakespeare, Emily Dickinson, George Eliot, David Mallow and others. Class participants are expected to read each weekly selection. Order the book from the Great Books Foundation (1-800-222-5870). The cost is \$14.95. Allow two weeks for delivery. Class limit: 15.

Elaine Schwartz, a retired teacher and LRI Board member, has led Junior Great Books for upper elementary gifted classes and Great Books discussion groups for seniors.

509 Face the Authors

Tuesdays, 2:00 - 3:30 Coordinator: Victoria Reid

Lake Anne Used Book Shop

Area writers will read from their published works and discuss writing styles and techniques. Included will be Bill Everhart, author of *Take Down Flag and Feed Horses*, a book about Yellowstone and its people; Brenda Clough, author of *How Like a God*, a book of fantasy set locally; Bruce Boston, author of *Their Best Selves*, a nonfiction study of character development; Kate Sternberg, author and illustrator of children=s books, including *Mama=s Morning*. Class limit 15.

510 Literary Roundtable: The Short Story

Thursdays, 11:30 - 1:00 Moderator: Lydia Macdonald Lake Anne Used Book Shop

This is a group discussion course in which we will try to increase our appreciation and understanding of the short story. The first selection will be *The Two Drovers*, by Sir Walter Scott. Other selections will be chosen from the stories of Eudora Welty, Doris Lessing, Flannery O=Connor, John Updike and Ernest Hemingway, among others. Works will be taken from *The Oxford Book of Short Stories*, edited by V.S. Pritchett, available in libraries and bookstores. Class limit: 20.

Lydia Macdonald, an LRI Board member and Program Committee member, is a graduate of the University of Illinois with a degree in English literature. She received a master=s degree in reading and curriculum development while teaching elementary students in Fairfax County. She has taught writing to senior citizens and English to non-English speaking citizens.

600 PHILOSOPHY, ETHICS & RELIGION

601 The Jesus Seminar: Looking for the Real Jesus

Tuesdays, 9:30 - 11:00

Lake Anne Church

Bruce O. Boston

According to Morton Smith, ATrying to find the real Jesus is like trying, in atomic physics, to locate a submicroscopic particle and determine its charge. A number of biblical scholars and historians, calling themselves AThe Jesus Seminar, are now engaged in a massive re-examination of ancient sources (biblical and nonbiblical) in a broad-based effort to define what can be reliably known about Jesus of Nazareth. Their work has resulted in some new interpretations and controversial conclusions, both about his life as traditionally understood and about the earliest beginnings of Christianity. The course will examine the investigations, the methods and the by-no-means settled results achieved by this outspoken group, as well as the counter arguments of its critics. (Note: There will be no class on Oct. 12.)

Bruce O. Boston earned his B.D. and Ph.D. from Princeton Theological Seminary and has taught dozens of courses in religion and theology for colleges and local churches, including an LRI course on AWorld Religions@ last spring. He earns his daily bread as president of Wordsmith, Inc., a writing and editorial consulting company based in Reston.

602 Visiting Three Houses of Worship

Wednesdays, 11:30 - 1:00, Oct. 27, Nov. 3, Nov. 10

Various Locations Coordinators: Charlotte Chapman, Ellen Gale

The class will visit three local houses of worship of different faiths: a Unitarian Universalist church (where we will walk the sacred labyrinth), an Islamic mosque and a Japanese Buddhist temple. (Note that shoes must be removed for the labyrinth walk and to enter the prayer room at the temple, and women must cover their heads at the mosque.) We will tour the buildings and learn about the ritual objects, the way worship is done and related history, with time for discussion and questions. Class limit: 30. Driving

directions will be sent separately. (See page 32 for information about a Special Event scheduled for November 17 to visit Rabbi Aft's synagogue. You must register separately for that.)

603 Early History of the Christian Church

Wednesdays, 9:30 - 11:00, Sept. 29 - Oct. 20 Tallwood

John Rybicki

The Christian Church has had a traumatic history from its beginnings in Jerusalem. The break with Judaism and official Roman persecution were followed by centuries of dogmatic development and numerous schisms. This four-week course will concentrate on the Church's early period and the theological turning points up to the Reformation in an effort to see how the consequences affected its development.

John Rybicki holds master's degrees from the University of Arkansas and George Washington University. He received a diploma from the Virginia Theological Seminary in 1996, studied religion at St. George College in Jerusalem in 1996 and is currently enrolled in the St. Stephen=s Course of Study in Orthodox Theology with the Antiochene Orthodox Church. He is a consultant to the Ballistic Missile Defense Organization.

700 SOCIAL STUDIES

701 Emotional Intelligence

Mondays, 2:00 - 3:30

Tallwood

Emotional intelligence refers to the capacity for recognizing our own feelings and those of others, our ability to motivate ourselves, and our skill at managing emotions well in ourselves and in our relationships. It is distinct from but complementary to academic intelligence, the purely cognitive capacities measured by IQ. We can learn to improve our emotional intelligence at any point in our lives. The course will be taught by members of the faculty of the Psychology Department at George Mason University.

702 Juvenile Justice: Myths and Reality

Tuesdays, 11:30 - 1:00, Sept. 28- Oct.19 Tallwood Vincent M. Picciano

Coordinator: Craig K. Zane

Juvenile justice issues are receiving increasing attention in the Congress, state legislatures, the media and the public because of recent high-profile cases. This four-week course will examine the reality of that attention on national and local levels, including changing theories of delinquent behavior. Guest speakers expected are Fairfax Commonwealth Attorney Robert F. Horan; James S. Dedes, Director for Probation Services; Joseph D. Fedeli, Director of Residential Services; and David Marsden, former Superintendent of the Fairfax County Juvenile Detention Center. One session will be held in the Juvenile Detention Center in the Public Safety Center in Fairfax.

Vincent M. Picciano is a Senior Associate with the Development Services Group of Bethesda, Md., responsible for responding to requests from state and local governments for technical assistance on their juvenile justice operations. From 1965 to 1995 he was Director of Court Services for the Juvenile and Domestic Relations Court in Fairfax County.

800 SCIENCE, HEALTH & TECHNOLOGY

801 Science Potpourri

Tuesdays, 2:00 - 3:30 Coordinator: Ann Gladkowski

Tallwood

Experts will discuss a variety of topics, all with a scientific flavor.

- o AMinerals in Humans and Medicines@: Dr. Hatten Yoder, Jr., Carnegie Institution of Washington
- o AAn Understanding of Einstein=s Theory Through Pictures@: Robert Ehrlich, Professor, GMU
- o AAgingCWe Are Not All the Same@: Aliza Kolker, Professor, GMU
- o AUpdate on the Project to Discover the Weight of the Neutrino@: Dr. Robert Ellsworth, Professor of Physics, GMU
- o AAntarctic Aeronomy and Astrophysics@: Dr. John Lynch, National Science Foundation and Carnegie Institution
- o ATechnology Developments in Precision Strikes@: Palmer McGrew, Retired, Department of Defense, and an LRI member

802 Energy Sources: Back to the Future

Wednesdays, 9:30 - 11:00

Tallwood

Key experts in a variety of energy-related subjects will speak each week. Included topics are petroleum, oil, gas, liquid fuels from natural gas, fuel cells and nuclear power. The outlook for renewable sources, such as solar, wind, biomass and sewage, will all receive attention, as will energy conservation. There will be time for discussion and questions.

803 Searching on the World Wide Web

Thursdays, 11:30 - 1:00, Oct. 14 & Oct. 21 Tallwood

Allen J. Montecino, Jr.

Coordinator: Richard Goodwin

The Internet contains an enormous collection of information, data and a good deal of Ajunk.@ The collection is growing every hour. Finding the information you seek and retrieving it efficiently can be daunting even for computer-savvy users. This two-session course is designed to help those who want to do substantive research on subjects of particular interest to them. Students should be familiar with the PC, Windows 95 or 98, and the Internet. (Mac users can benefit from the discussions, but specific Mac-related situations will not be addressed.) Come prepared to learn useful tips and techniques and to share your own successes and challenges on the Web.

Allen J. Montecino, Jr., a retired Air Force officer with a master's degree in history from George Mason University, has taught American history courses and computer courses at LRI. He is chair of LRI's University Liaison Committee. He maintains our home page on the Web and serves as consultant to the office staff on computer problems.

804 Introduction to Computers

Mondays, 11:30 - 1:00

Sue Swift

Tallwood

This course is for the complete novice. We will discuss what a personal computer is, what it is useful for and why you might want to have one. You will learn the terminology of computers, the components of a computer, and what to look for when buying one. This is not a course about the Internet. Collect your questions and come prepared to gain an understanding of this important technology and how it can work for you.

Sue Swift worked in the computer field for 23 years as a programmer, systems analyst, trainer and product manager. She believes everyone should know how to use the computer because it has become so pervasive in our lives.

805 Y2KcTime Bomb or Fizzle?

Thursdays, 11:30 - 1:00, Sept. 30 and Oct. 7

Tallwood Moderator: Marion Burgett

How will the technology glitch really affect us? Is it time to put money in the mattress or are fears overblown? This two-week class will look at the Y2K problem from several angles. Ideas from those in the know will be presented, with time for discussion of your own ideas. We can compare notes again in January!

Marion Burgett, Treasurer of LRI, has led a Great Decisions course and presented tax courses at LRI.

806 Staying Healthy: New Ways to Optimum Health

Thursdays, 2:00 - 3:30 Coordinator: Charlotte Chapman

Tallwood

Have you wondered what the benefits are of weight training, yoga, vegetarianism, herbs? Have you heard about vestibular rehabilitation, kinesiology, reflexology, meridian stress assessment, myofacial therapy and other new ways to keep well as we age? The course will present speakers on these topics, and in some cases they will give demonstrations that you can participate in or watch.

900 OTHER

901 Using Feng Shui To Create the Future You Want

Tuesdays, 11:30 - 1:00, Oct. 26 - Nov. 16

Jean N. Boston

Lake Anne Church

In this four-week interactive course you will learn how to use Feng Shui to bring energy to aspects of your life that you may want to improve, such as your health, wealth, relationships, creativity or knowledge. You will see how you can use your favorite things to remind you of what you want to accomplish. Using the principles of this ancient Chinese art, you will learn how to use color, shape and objects to bring balance and harmony to your decor and your wardrobe. We'll look at ways to change room arrangements to achieve personal objectives. Class limit: 20.

Jean N. Boston has been studying Feng Shui since 1992 and is certified by the Western School of Feng Shui in California. After 27 years in publishing with the Council for Exceptional Children, she intends to spend her retirement helping individuals and businesses learn about the practice of Feng Shui.

902 T'ai Chi for a Healthy Body and Calm Mind

Wednesdays, 11:30 - 1:00

Michelle Carlson

Reston/Herndon Senior Center

This is primarily an exercise class using ancient Chinese techniques often characterized as Ameditation in motion. The emphasis is on balance, posture, breathing, concentration and relaxation, but you will also learn something about the history and philosophy of T'ai Chi. Wear comfortable shoes and clothing suitable for exercise. The Reston/Herndon Senior Center is at 1850 Cameron Glen Drive in Reston. Class limit: 15

Michelle Carlson is an enthusiastic and continuing student of T'ai Chi, which she started studying four years ago. She is a graduate of the University of Chicago and taught in elementary schools for nearly 30

years and in adult education programs for several years. This is the third T'ai Chi course she has taught at LRI.

ONGOING ACTIVITIES

History Club

First Wednesdays, 1:30 - 3:00, Tallwood (Next meeting is September 1, at 10:00)

This group of history buffs enjoys talking about history subjects, from books to films and exhibits and historical sites. At the September 1 meeting, Ed Taborek will review *California*, by John Walton Caughey. There will also be a presentation of a CD ROM produced by the Huntington Library to celebrate the Bicentennial.

Coordinators: Shirley Hyland 938-7218; Allen Montecino 250-2618

Book Club

Second Wednesdays, 1:30 - 3:00, Tallwood

(Next meeting is September 8, at 10:30)

The LRI Book Club is now in its fifth year of discussing interesting books, both fiction and non-fiction.

Upcoming selections are: September 8c Catcher in the Rye, by J.D. Salinger

October 13cCat=s Eye, by Margaret Atwood

November 10CSmilla=s Sense of Snow, by Peter Hoeg

December 8CThe Mismeasure of Man, by Stephen Gould

Coordinators: Ceda McGrew 323-9671; Kathryn Russell 323-0168

The Walking Group

Tuesdays, 8:30 - 9:15, Tallwood and Lake Anne Church

Join a group of LRI members who enjoy walking outdoors. The walks will be in local neighborhoods with moderately flat terrain. Wear appropriate clothing and walking shoes. The groups leave promptly at 8:30 and return in time for a cup of coffee before 9:30 classes. The Tallwood group meets in the patio; the Lake Anne group meets in front of the church.

Coordinators: Audrey Markham Sullivan (Tallwood) 620-4516; Elaine Schwartz (Lake Anne) 471-7186

SPECIAL EVENTS

A. Perennials for Beginners

Wednesday, Sept. 29, 2:00 - 3:30, Tallwood

Sherry Mitchell, author of *Creating Sanctuary* and *The Townhouse Gardener*, returns to LRI to present slides and a lecture on perennials that thrive well in the Washington, D.C., area. Her presentation will emphasize soil preparation for planting and fertilization. Those who attend will be provided with a list of the perennial slides to be shown, and there will be a question and answer period.

Coordinator: Velma Berkey. 591-6674

B. Women in Modern Albania

Friday, Oct. 8, 2:00 - 3:30, Tallwood

Susan E. Pritchett Post will discuss her book *Women in Modern Albania: Firsthand Accounts of Culture and Conditions From Over 200 Interviews*. Mrs. Post and her family lived in Tirana for three years while she and her husband worked on a project for the U.S. Agency for International Development, primarily in the area of housing and urban services. On March 13, 1992, they were evacuated by the Marines, under gunfire. Mrs. Post will share her studies and her adventures as she traveled throughout the country, talking to women in their homes, churches, fields or by the side of the road.

Coordinator: Judith Lieberman. 830-7954

C. ASplendors of Ancient Egypt@ Talk

Wednesday, Oct. 13, 2:00 - 3:30, Tallwood

On October 13, Glenn Markus will brief those going on the tour of the ASplendors of Ancient Egypt,@ one the largest exhibitions of ancient Egyptian treasures ever to visit the U.S. (See D below.) Others who may want to go on their own may sit in on this session, too. Discussion will include Ancient Egypt, its history, religion and hieroglyphics and the artifacts at the Virginia Museum of Fine Arts in Richmond. If you want to go on the bus trip, be sure you register for Special Event D as well as C.

Coordinator: Flory Tamanini. 751-4676

D. ASplendors of Ancient Egypt@ Trip

Friday, Oct. 15, 8:00 - 5:00, Bus tour

On October 15, the bus will leave for Richmond promptly at 8:00. Our tour of this special exhibit is scheduled for 11:30 and will end at 1:00. Lunch will be on your own. The museum=s Art Cafe is recommended. The bus will leave at 2:30 to return to Tallwood. Cost is \$26 and includes bus, driver gratuity and museum entrance fee. Note this trip involves prolonged standing and extensive walking.

Coordinator: Flory Tamanini. 751-4676

E. All About T=ai Chi

Wednesday, Oct. 20, 2:00 - 3:30, Tallwood

Learn about the history and philosophy of Yang style T=ai Chi, an exercise for the unity of mind, body and spirit. Christopher Pei, President of the United States Wushu Academy, will tell us about its three componentsCphilosophical, martial and healthCand give a demonstration. Mr. Pei has represented the U.S. in competitions and demonstrations worldwide and was the first U.S. citizen selected to serve as a judge at the 1988 International Wushu Invitational Competition in China. He says, AThe essence of T=ai Chi is in the constant refinement and expression of one=s own spiritual self.@

Coordinators: Elaine Schwartz 471-7186; Lisa Astudillo 998-5460

F. Living Underground

Friday, Oct. 22, 1:30 - 3:30, Tallwood and local visit

LRI art teacher Dick Hibbert will spend about 30 minutes describing the construction of his underground house and the philosophy behind the decision he and his wife made to build an earth-sheltered residence in Fairfax. Then everyone will car pool to his home, about 25 minutes from Tallwood, where he will lead a tour of the house and give more details about the finished product. Weather permitting, he and his wife will conduct a Awalk on the roof.@

Coordinator: Robert Podell. 978-4579

G. Hiawatha

Wednesday, Oct. 27, 2:00 - 3:30, Tallwood

Dr. Mary McCutcheon, a visiting Assistant Professor of Anthropology at George Mason University, will relate what is known about the historical person we call Hiawatha and his companion, Deganawida. They

have been fodder for a whole set of legends that are passed on in Iroquois mythology and institutionalized in Iroquois law. What happened to both the facts and the Iroquois myths when Henry Wadsworth Longfellow put his pen to paper is yet a third story. Why did Longfellow want to invoke these stories? How did his version of Hiawatha influence 19th century Indian policy?

Coordinator: Joan Tullington. 323-8652

H. State Department and Federal Reserve Tour

Friday, Oct. 29, 9:00 - 4:00, Bus tour

Tour the State Department=s diplomatic reception rooms, which are among the world=s most beautiful spaces for official entertaining. They are considered masterpieces of 18th and 19th century architecture and contain a \$90 million collection of American furniture, decorative arts and paintings, finely crafted antiques and opulent appointments, all donated or on loan.

Following the visit, we will have lunch at the Kennedy Center=s Encore Cafe (at individual cost) and then tour the Federal Reserve building, which will include a presentation by a staff member and a film, plus a look at the Federal Reserve=s permanent art collection.

Note this trip involves prolonged standing and extensive walking.

You will need to show an official photo identification, such as a driver=s license or passport. Because names will have been submitted prior to the tour, no last-minute substitutions are possible.

Cost for the bus and driver gratuity is \$12.

Coordinators: Joan Tullington 323-8652; Lisa Astudillo 998-5460

I. Mormon Views of the After Life

Wednesday, Nov. 3, 2:00 - 3:30, Tallwood

J. D. Evans will lecture on the Mormon religion=s unique view of the after life and the associated practices of the faith.

Coordinator: Ellen Gale. 978-3360

J. Fall Festival of the Arts

Friday, Nov. 5, 2:00 - 3:30, Tallwood

The creative juices flow in abundance in the Tallwood poetry and art workshops. Now the poets and artists invite you to share in the fruits of their labors at a poetry reading and art exhibit. Enjoy viewing the art work before and after the poetry reading, which will begin at 2:00. Then join the poets and artists for refreshments in the social room.

Coordinators: Barbara Achilles 938-8258; Marion Gurfein 415-0706

K. Wildlife in Our Midst

Friday, Nov. 12, 2:00 - 3:30, Tallwood

Dr. John Hadidian, Director of Urban Wildlife Protection for the Humane Society of the United States, will present informative and entertaining vignettes focused on the effect that galloping urban sprawl has on deer, geese, beavers, groundhogs and other wildlife. A popular speaker at a previous visit to LRI, Dr. Hadidian has extensive experience as a wildlife biologist.

Coordinator: Dr. Barry R. Berkey. 591-6674

L. Visit a Synagogue

Wednesday, Nov. 17, 2:00 - 3:30, Local visit

Rabbi Aft of the Synagogue Adat Reyim in Burke, well known to LRI members as a fascinating speaker, has invited us to tour his synagogue and learn about the ceremonial objects and their history.

Coordinator: Ellen Gale. 978-3360