



Learning in Retirement Institute
at George Mason University
4085 University Drive
(703) 385-1593

1994 WINTER CATALOG

January 24 - February 18, 1994

The Learning in Retirement Institute at George Mason University provides opportunities for older adults to explore intellectual and cultural subjects and to share their experience and talents. Its members, who come from diverse backgrounds, seek to enrich their lives through new learning experiences.

LRI is membership-run. There are no exams, no credits, no grades and no college degree required. Course leaders are qualified members of LRI and other instructors who enjoy sharing their knowledge.

LRI offers eight-week sessions in the fall and spring, plus shorter mid-winter and summer programs. LRI also offers special events and social activities throughout the year.

Making new friends is an important part of the LRI concept, and members enjoy chatting between classes and at lunch. Some classes have end-of-semester parties, which are always popular.

Classes are held at various locations in Fairfax City. All have parking or are convenient to CUE and LINK buses. Class locations are shown on confirmation forms mailed after registration.

Membership dues are \$200 for a full year or \$125 for each half year (defined as one eight-week session plus either the mid-winter or summer program). Members are entitled to take at least two courses in each term and additional ones as space permits. Members are also entitled to participate in LRI's special events and other activities, and to receive *LRI News*, which is published throughout the year.

The Learning in Retirement Institute at George Mason is a member of the Elderhostel Institute Network, an organization made up of similar organizations at colleges and universities around the country.

The Learning in Retirement Institute at George Mason University is a non-profit, equal-opportunity, affirmative-action institution and does not discriminate on the basis of race, color or national or ethnic origin. It is a 501(c)3 organization and contributions are tax-deductible.

To register for Winter classes, please use the form in this catalog and mail it to the LRI office by January 3, 1994.

COURSES

In some courses the instructor will provide hand-outs or suggest books or other materials that members may want to buy or get from a library

100 ART, ARCHITECTURE AND MUSIC

101 Learning to Draw

Wednesday, 2:00 p.m.

Here's your chance to awaken your creative and visual aptitudes, even if you have little previous art background. Basic skills will be presented. Bring a 9x12" or 11x14" sketch book, a #2 pencil, and one black ebony soft lead pencil. Suggested reading: *Drawing on the Right Side of the Brain*, by Betty Edwards, and *Zen for Seeing*, by Frederick Franck.

Dorothy Ellis is a local artist who concentrates on printmaking. Her work has been shown in juried shows. She taught in Fairfax schools for many years and participated in curriculum development for art in Arlington, Fairfax and the State Department of Virginia. She has Bachelor's and Master's degrees in art and education.

200 ECONOMICS AND FINANCE

201 Labor-Management Relations

Monday, 2:00 p.m.

Many problems confront unions, management and workers in our changing society, such as the decline in the manufacturing industry, internal controversies in unions, employer anti-union attitudes, to say nothing of conflicting legislation and court decisions. Gain background facts in this important area and participate in what are likely to be lively discussions.

George W. Brooks has degrees in economics from Yale and Brown and extensive experience in both government and union work. He taught labor history and related subjects for 30 years at Cornell.

300 HISTORY

301 Fairfax Recollections

Wednesday, 11:30 a.m.

Fairfax County has seen many changes over the years. In each session, several long-time residents will share personal and family recollections and memorabilia, some going back to the 17th and 18th centuries. Class members can share their memories as well.

Eleanor Morrow, moderator for this course, has lived in Fairfax County since 1937 and been active in school, church and politics. She holds a Master's degree in education from George Washington University.

600 LITERATURE AND WRITING

601 Poetry Workshop

Tuesday, 9:30 a.m.

Again this semester, this workshop is offered for anyone who wants to write poetry, whether as a beginner or as one who has written for several years. Each student may submit new poems each week for class critiques and suggestions for potential markets for sale of poems. This is not a course in appreciation of works by established poets; it is a writing workshop for new poets.

Ellen Anderson is a published poet who has taught at Northern Virginia Community College and the Arlington County Adult Education Program, and has been a speaker at writers' workshops. She is listed in *Writers in Virginia*, the Poetry Society of Virginia and the Poetry Society of America.

602 American Short Story Writers

Monday, 2:00 p.m.

Each of the four sessions will focus on a pair of writers: Nathaniel Hawthorne and Washington Irving; Alexander Woolcott and Edgar Allan Poe; William Faulkner and Eudora Welty; Willa Cather and Edith Wharton.

Kathryn Brooks taught social studies in Virginia high schools and has led literature and other courses for LRI since its first semester.

603 Book Discussion

Thursday, 11:30 a.m.

View and discuss short stories dramatized on four tapes from the Virginia Foundation for the Humanities.

Ed Jones, who will present the tapes, is Director of the Office of Adult Learning and Professional Development at George Mason University.

700 PHILOSOPHY AND RELIGION

701 Aspects of Myth

Wednesday, 11:30 a.m.

Learn about some of humankind's basic mythical themes and how they relate to current times. The topics: The Hero and His Journey (the hero as leader and icon); The Once and Future Mother (veneration of female mother figures); The Bible as Myth and Myth as Bible; The Once and Future King (the origins of patriarchy).

George F. Bain taught at the University of Toronto and is a student of history, which he taught in early LRI semesters.

800 POLITICS AND GOVERNMENT

801 Must There Be Ethnic Strife?

Wednesday, 9:30 a.m.

What defines a nation? What is the relevance of political boundaries compared with other kinds of limits? How has multiculturalism fared in history? Are the causes of civil strife to be laid to ethnic differences, economic differences or to religious, racial or other factors? What is "human nature"? Those are some of the questions to be explored. The course will focus on non-U.S. countries and will be followed in the spring by a course on multiculturalism in the U.S.

George F. Bain will also lead this course.

802 Reinventing Government

Tuesday, 9:30 a.m.

Drawing on Vice President Gore's report as a basis for discussion, the four sessions will cover public accounting for federal financial operations; efficiency in the federal government; recruiting and managing personnel; and congressional micro-management. Each topic will be introduced by someone knowledgeable in that area.

Robert A. Nelson has a Ph.D. in economics and was a professor of economics at Boston University, the University of Washington and American University, and served as a transportation official with the Kennedy and Johnson administrations.

803 Important Public Policy Issues

Tuesday, 11:30 a.m.

Four topics will be dealt with in seminar-style sessions: the federal role in education; money in politics; entitlements; and U.S. trade policies.

Robert A. Nelson will also lead this course.

900 SCIENCE

901 Anthropology: What Is It Anyhow?

Wednesday, 9:30 a.m.

Anthropology is part biological and part social science. It covers archeology, history, behavior patterns of societies and linguistics. This survey will give you a good grasp on a fascinating field.

Virginia Peters has a Master's degree in anthropology and has done advanced work in the field. She has taught the subject and contributed research to various books and journals and written two books, *The Florida Wars* and *Women of the Earth Lodges*.

902 Good Health -- A Way of Life

Monday, 9:30 a.m.

Examine the ways to stay healthy and energetic with advice from experts the field. The first session speaker will be Diane H. King, cultural anthropologist, T.V. producer, Chairperson of the Fairfax Nutrition Committee and former editor of a Pillsbury cookbook. Her topic: *The Good Life for Seniors*. Other speakers will follow. **Mary Shea** is the coordinator.

903 Modern Scientific Philosophy

Thursday, 9:30 a.m.

The extension of scientific inquiry in the 19th century to domains outside common experience produced observations that challenged "common sense," or the prevailing presuppositions as to what nature must be like. The development of scientific philosophy consequently fell to the scientists themselves. Drastic revisions proposed by Maxwell, Einstein, Planck and Heisenberg will be discussed.

Wilfred Palmer has a Ph.D. in physics from the University of Texas and concentrated mostly on solid state particles.

1000 OTHER TOPICS

1001 Getting Started on Your Family Tree *Wednesday, 2:00 p.m.*

The first session in this how-to genealogy course on exploring your family history will be presented by Andrea C. Osinchak, President of the Fairfax Genealogy Society, who will explain pedigree charts and other forms that help you organize your records. At the next session, Jean Pearson, docent at the National Archives, will tell about that agency's wide resources, and the class will have an opportunity to plan a trip to the Archives. The third session, by Ms. Osinchak, will be held at the McLean Family History Library and focus on record sources throughout the world. The last session will be a panel discussion on other sources.

Dagmar Lending, moderator for this course, taught children with learning disabilities in Fairfax schools. She is a member of the Fairfax Genealogy Society and has taken numerous courses on genealogy.

1002 Want to Lead an LRI Class? *Tuesday, 9:30 a.m.*

If your answer is "yes" or even "maybe," come learn about ways to conduct group discussions, present case studies, direct role playing, and use audio and visual aids. There will be a different leader for each session.

Ellis Woody, coordinator for this course, has a Master's degree in counseling from Vanderbilt and has taught courses in the behavioral sciences at the graduate level at George Washington University and other universities. He is currently Chairman of LRI's Curriculum Committee.

1003 Short Subjects

During the winter semester, LRI is offering three *one-time* classes on Mondays. You may sign up for as many as you want. Registration will be on a space-available basis.

A. A Taste of Mediation *January 24, 9:30 a.m. to 2:00 p.m.*

This four-hour class (with a break for lunch) will let you experience one process in which mediators help individuals solve problems. Be ready to enter into role playing and discussions and learn useful mediation skills. LRI member Chester Myslicki, an experienced mediator, will assist Susan Shearhouse, who has extensive experience in conflict resolution and now operates her own mediation, consulting and training firm.

B. Transitions in Eastern Europe *February 7, 11:30 a.m.*

These reflections on the waves of change that have swept Eastern Europe should be especially poignant because they come from someone who was born in Hungary and sent as a teen-ager to a labor camp in Siberia, where he spent ten years. In 1956, George Bein participated in the Hungarian Uprising and then emigrated to the U.S. He was in the printing profession for 32 years. He plans to discuss achievements and failures of communism in Russia, various economic systems, the five-year plans, government-controlled media, and life in the labor camp.

C. Writing and Publishing Family Tales *February 14, 11:30 a.m.*

George and Mildred Bain have recently produced and illustrated a bound book for their grandchildren. They will share their experience in planning, writing, selecting pictures, and arranging for the reproduction and binding, including the costs.

SPECIAL EVENTS

Use the form below to sign up for the Special Events you plan to attend. You will receive more information on locations and transportations on those you register for.

1. An Afternoon With a Ham Operator
Tuesday, Feb. 1, 2-4 p.m.

Glenn Markus, who has taught LRI history courses, is also an amateur radio operator. He will demonstrate the operation of his radio, contacting other operators, and discuss this fascinating hobby.

Coordinator: George Dewire

2. Glimpse the Future Today
Thursday, Feb. 3, 11 a.m.

Tour the Bell Atlantic Intelligent Home, a single-family home in the Cascades Community. It is a model of what your home could be like as communication technology provides new ways to live. The tour is limited to 20 persons. Car pools will leave at 9:45. Directions will be provided later.
Coordinators: Janice and George Dewire

3. Get the Most Out of Your Video Camera
Tuesday, Feb. 8, 2-4 p.m.

You have your camera but your Christmas pictures are without theme or are bouncing, dark and headless. Ed Swoboda will guide you in the

art of good video camera techniques. Bring your camera. New and old camera owners are welcome.

4. Visit the State Department Diplomatic Rooms
Thursday, Feb. 10, 10:30 a.m.

The State Department calls this a fine arts tour, and indeed it is. The rooms contain American furniture of the finest quality from 1750 - 1825. We must be there at 10:10. Tour is limited to 30 persons. Send your Social Security number with your Registration (a State Department requirement).

Coordinators: Janice and George Dewire

5. Book Reading and Luncheon
Tuesday, Feb. 8, 2-4 p.m.

Kathryn Brooks has arranged a book reading by Richard C. Bausch, a professor in the English Department at GMU and considered in the front rank of contemporary American short story writers. The luncheon, coordinated by Mary Shea, will be at the Silver Plate, 9910 Main St., Fairfax City. Cost: \$10.

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SPECIAL EVENTS REGISTRATION FORM

Please check as many as you wish to attend. (Guests are welcome at Events 1, 3, and 5; indicate if you will be bringing guests. Watch *LRI News* for more information on these and other LRI activities during the winter.

- _____ 1. An Afternoon With a Ham Operator
- _____ 2. Glimpse the Future Today
- _____ 3. Get the Most Out of Your Video Camera
- _____ 4. Visit State Department Diplomatic Rooms (Social Security # _____)
- _____ 5. Book Reading and Luncheon

Fill out both sides of Registration Form and mail by January 3 to:

LEARNING IN RETIREMENT INSTITUTE
George Mason University
4085 University Drive
Fairfax, VA 22030-4444

- Be sure to mail your Registration Form by January 3.
- You will be notified by mail of your class enrollments and locations.
- Class sizes may be limited by instructors or by available seating.
- No refunds will be made after the first week of classes. You may request class reassignment by checking with the instructor or the office.
- Expenses for trips, luncheons, books and supplies are paid by participants.

Questions about courses? Call Ellis Woody (250-0839)
Chairman, Curriculum Committee

Questions about LRI? Call the office (385-1593)

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