

Learning in Retirement Institute

at George Mason University 4210 Roberts Road Fairfax, VA 22030 (703) 385-1593



1994 Spring Catalog March 21 - May 12, 1994



The Learning in Retirement Institute at George Mason University provides opportunities for older adults to explore intellectual and cultural subjects and to share their experience and talents. Its members, who come from diverse backgrounds, seek to enrich their lives through new learning experiences.

LRI is membership-run. There are no exams, no credits, no grades and no college degree required. Course leaders are qualified members of LRI and other instructors who enjoy sharing their knowledge.

LRI offers eight-week sessions in the fall and spring, plus shorter mid-winter and summer programs. Special events and social activities are held throughout the year.

Making new friends is an important part of the LRI concept, and members enjoy chatting between classes and at lunch. Some classes have end-of-semester parties, which are always popular. Membership dues are \$200 for a full year or \$125 for each half year (defined as one eight-week session plus either the mid-winter or summer program). Members are entitled to take at least two courses in each term and additional ones as space permits. Members are also entitled to participate in LRI's special events and various other activities, and to receive LRI News, which is published throughout the year.

The Learning in Retirement Institute at George Mason is a member of the Elderhostel Institute Network, an organization made up of similar organizations at colleges and universities around the country.

The Learning in Retirement Institute at George Mason University is a non-profit, equal-opportunity, affirmative-action institution and does not discriminate on the basis of race, color or national or ethnic origin. It is a 501(c)3 organization, and contributions are tax-deductible.



To register for Spring classes, please use the form in this catalog and mail it to the LRI office by March 3, 1994.

COURSES

100 ART, DRAMA AND MUSIC

101 Artists and Their Work, Series II

Wednesday, 2:00 - 3:30 Moderator: Eleanor Morrow

Again this semester artists who work in various ways will share their creative approach and insights into their individual techniques. Three field trips are planned: to the offices of Berry and Rio Architects, to the home studio of printmaker Dorothy Ellis, and to the home studio of potter June Kapos.

Eleanor Morrow holds a master's degree in education from George Washington University and has organized several LRI courses.

102 Music Appreciation: The 20th Century

Wednesday, 9:30 - 11:00 Sam di Bonaventura

No period in cultural history has exceeded the 20th century in the diversity of its artistic products. Far-reaching innovations were attempted by those who sought new modes, forms and techniques of expression. Frequently referred to as "a world of isms," this century has produced such novel pronouncements in music as aleatoricism, atonalism, electronicism, expressionism, futurism, impressionism, microtonalism, pointilism, primitivism and serialism. Re-evaluated ideas included eclecticism, exoticism, folkism, minimalism, nationalism, neoclassicism and neoromanticism. This restlessness of creative spirit has led to the birth of a new world of sound.

Sam di Bonaventura holds music degrees from Juilliard, Yale, Harvard and the Peabody Conservatory. He is Professor of Music at GMU and a former Chairman of the Department of the Arts at GMU. He has been a music critic for *The Baltimore Sun* and a program annotator for the Baltimore Symphony Orchestra, the Fairfax Symphony and other performing organizations. He has also contributed articles and biographies to professional music dictionaries and periodicals.

103 Etruscan and Roman Art

Tuesday, 9:30 - 11:00 Glenn R. Markus

Gain an appreciation for the artistic and architectural legacy of Rome. Her prowess in these areas is often underestimated, in part because her art owes so much to earlier Italic traditions, such as those of the Etruscans. An even greater debt is owed to the Hellenistic Greeks. Even so, Roman art is both unique and truly international, reflecting the diversity of an empire that reached from Spain to the Euphrates and from the North Sea to virtually all of North Africa.

Glenn R. Markus holds a master's degree from the Johns Hopkins University with a concentration in Greek and Roman studies. He is a partner and owner of a health policy consulting firm and spent nearly 20 years directing health policy research for the Congressional Research Service.

200 ECONOMICS & FINANCE

201 Economic Issues of the 90's

Monday, 9:30 - 11:00 Moderator: Morris Allen

Outstanding guest speakers will discuss major economic issues, with time allowed for questions and discussion.

- China's Developing Economy: Opening Up Reform and Modernization
- Defense Conversion: Mission or Misnomer
- Flexible Labor Markets: The Unions' Role
- The Economy of Canada: Problems and Prospects
- Do We Need a Change in Immigration Policies?
- Current Fiscal and Monetary Issues
- Economic Development Outlook for Fairfax County
- Prospects for Welfare Reform

Morris Allen was a Foreign Service Officer. He has lectured at the American Graduate School for International Management in Arizona and served as a consultant for the Treasury Department, AID and the World Bank. He is a graduate of the University of Chicago and has an MBA in Public Finance.

300 HISTORY

301 Spies and Lies in the American Civil War

Tuesday, 11:30 - 1:00 Allen J. Montecino, Jr.

The men and women who spied for the Union and for the Confederacy joined the war as volunteers and amateurs in the shadowy world of espionage and secret intelligence. They sometimes succeeded brilliantly, but more often they failed in their missions. The history of the war will be viewed through the lens of their achievements, failures and exploits.

Allen J. Montecino, Jr., has a master's degree in American history and has taught at LRI and at a local college. He is a retired military officer.

302 A Look at India—Past and Present

Tuesday, 2:00 - 3:30 Diwan Prakash

Explore the history of India. Discussions include Nehru's prime ministership and sketches of Gandhi, Nehru and Lord Louis Mountbatten, who were known personally to the lecturer.

Diwan Prakash, Wing Commander, served in the Indian Air Force and was aide to Lord Louis Mountbatten. Following Independence, he was deputy military secretary to the Governor General of India and later Indian Air Attache in London.

400 INTERNATIONAL STUDIES

401 Great Decisions

Tuesday, 11:30 - 1:00 Laura Cambern

Using material from the Foreign Policy Association, the class will discuss these topics:

- Conflict in Former Yugoslavia: Quest for Solutions
- South Africa: Forging a Democratic Union
- Ex-Soviet Bloc's Environmental Crisis: Whose Problem?
 Who Pavs?
- Trade With the Pacific Rim: Pressure or Cooperation?
- Defense: Redefining U.S. Needs and Priorities
- Argentina, Brazil, Chile: Democracy and Market Economics
- Islam and Politics: Algeria, Egypt and Tunisia
- New World Disorder? U.S. in Search of a Role.

The book for the course costs \$10, payable at the first class. **Laura Cambern** holds a degree in cultural anthropology from Vassar and is a member of the Fairfax County Human Services Council and on the steering committee of the Alliance for Human Services.

402 Controversies in Foreign Affairs

Monday, 11:30 - 1:00 Garrett Ruhl

Join in discussing different topics each week, all related to the international challenges facing the United States, including Cuba, Africa, India, Southeast Asia, foreign aid, politics of Russian reforms, global investment and the environment, migrations, the culture of oppression. Using readily available current materials by provocative authors, the class will emphasize member participation, with the goal of increasing understanding of the problems and the solutions proposed.

Garrett Ruhl, who has taught five semesters at LRI, has a graduate degree in foreign area studies and has senior supervisory experience in foreign affairs research for the federal government.

403 Current Asia/Pacific Policy Issues

Tuesday, 2:00 - 3:30 Thomas Graham

The Asia and Pacific areas are expected to be politically active and economically dynamic during the remainder of this century and well into the next. Through lectures and group discussions, the class will examine the Pacific Basin concept, regional cooperation, and the major players—China, Korea and Japan. Self study via suggested readings will be encouraged.

Thomas Graham had a 34-year career in intelligence, specializing in Asian affairs, which included 19 years living and traveling throughout the region. He holds a master's degree in political science from Duke University and taught international relations at the College of William and Mary prior to government service.

500 LANGUAGES AND COMMUNICATIONS

501 Conversational Spanish III

Wednesday, 11:30 - 1:00 Eleanor D. Navarrete

Take an eventful trip, via video cassette, to Argentina, with a brief look at the present culture. Prior to each video, vocabulary and content will be studied, using the conversational method, with grammar discussed as needed. A brief review of the basics will be given during the first lesson. This course is a continuation of previous LRI courses. Prerequisite: Introductory Spanish course or its equivalent. Cost of materials: \$5.

Eleanor D. Navarrete holds a master's degree in Spanish from Montclair State College and did graduate study at the University of Madrid and Georgetown University. She taught Spanish for eight years in public and private schools and has traveled in Spain, Mexico and Puerto Rico.

502 Spanish Over Lunch

Wednesday, 1:00 - 2:00 Marta Evans

Join other LRI members for a bring-your-own bag lunch and speak Spanish in a relaxed atmosphere. Three sessions: March 26, 30, and April 6.

Marta Evans, who was born in Argentina, has a degree from the University of California, Irvine, and has taught English as a second language.

503 French Over Lunch

Monday, 1:00 - 2:00 Odette B. O'Donnell

Bring your lunch and enjoy speaking French in discussions centered around travel, politics and French news articles. Five sessions: March 28, April 4, 11, 18, and 25.

Odette B. O'Donnell has taught French at the government language school in the metropolitan area for the past 22 years.

600 LITERATURE

601 A Feminist Look at 19th-Century Women Writers

Thursday, 11:30 - 1:00 Kathryn Brooks

Read and discuss the works of British women writers, focusing on the work and lives of Jane Austin. the Bronte sisters, and George Eliot. Did they accept or reject the culture of their times? How feminist were they in today's terms? What contributions did they make to 20th-century writers?

Kathryn Brooks taught social studies in Virginia high schools. She is a frequent lecturer and lobbyist on women's rights and feminist issues and has taught literature courses at LRI since its first semester.

602 Poetry Workshop

Monday, 2:00 - 3:30 Ellen Anderson

Again this semester, this workshop is offered for anyone who wants to write poetry, whether as a beginner or as one who has written for several years. Students may submit new poems each week for class critiques and suggestions for potential markets for sale of poems. This is not a course in appreciation of works by established poets; it is a writing workshop.

Ellen Anderson is a published poet who has taught at Northern Virginia Community College and the Arlington County Adult Education Program, and has been a speaker at writers' workshops. She is listed in Writers in Virginia and is a member of the Poetry Society of Virginia and the Poetry Society of America.

603 Book Discussion Group

Thursday, 11:30 - 1:00 Ed Jones

Abby Award Winner The Education of Little Tree will be the opening selection for discussion. Written by Forrest Carter, it is an autobiographical remembrance of life with his Eastern Cherokee hill country grandparents and a touching account of 1930's depression-era life. Participants will include both LRI members and GMU staff, giving participants perspectives from different ages and occupational backgrounds.

Ed Jones is Director of the Office of Adult Learning and Professional Development at George Mason University. OALPD develops and implements a wide range of programs and activities for teachers and adult learners.

700 SOCIOLOGY, PHILOSOPHY AND RELIGION

701 Invitation to Philosophy

Thursday, 11:30 - 1:00 Jane Wilhelm

Stretch your mind in a class that takes a look at the philosophy of ethics, esthetics, religion, human nature and politics. You may find some answers to fundamental questions about the human condition. The book to be used, Invitation to Philosophy, by Honer and Hunt, will be available at the first class for \$12.95.

Jane Wilhelm holds a master's degree in religion from Duke University and an APC in counseling and psychology from George Washington University. She taught English and philosophy at Northern Virginia Community College for 11 years and taught in public schools for ten years.

702 Religions of the World

Monday, 9:30 - 11:00

Moderator: Mary Farrar Shea

Survey the oldest religions of the world, beginning with Zoroastrianism of Persia, moving next to Judaism and Islam. Two sessions will be spent on each religion studied. Guest speakers will make this course an opportunity for inquiring minds, with ample time for class discussion.

Mary Farrar Shea was forten years the assistant manager of the Red Cross in New York City. Prior to that she was a staff consultant for Planning and Research Associates and a project editor with McGraw-Hill in the community college division.

703 Ethnic Identity and Assimilation in **America**

Thursday, 9:30 - 11:00 Michael Styles, Alixa Naff

Some believe that the U.S. is being tom apart by excessive immigration and by ethnic and racial conflict and that only a return to the fundamental American values can save the nation. Others believe they should have the right to develop their own political. economic and cultural identity and even separatism. The course will review American racial, ethnic and immigrant history, how and why we respond—privately and publicly—to these tensions in the political, economic, social and cultural arenas, and the views of different groups.

Michael Styles is an LRI member who says his only claim to lead this course is a personal interest in the subject, his readings into the history and current status of American ethnic relations, and an eclectic mind.

Alixa Naff, who will lead two sessions, has a Ph.D. in American history and has taught at the university level. She is the donor of an ethnic collection to the Smithsonian.

900 SCIENCE AND TECHNOLOGY

901 The High Tech in Your Life

Wednesday, 11:30 - 1:00 Moderators: Janet Meisenhelder Bill Cooley

What's so super about the information superhighway? And is gene therapy the ultimate cure-all medicine? Find answers to these and other questions about the new technologies that are changing our world forever. Guest speakers will present six inventions or techniques that have made these new technologies possible: genetic engineering, medical imaging, the laser, the microchip, fiber optics and multimedia. Among the speakers are Dr. Paula Gregory of NIH, who will talk about genetic engineering, and Dr. Elan Halperin of the Fairfax City Imaging Center, who will describe medical imaging techniques. Each speaker will present the initial concept and then show how it was developed into applications or devices that are already part of our lives. The aim is to answer: What is it? How does it work? What can it do? What are the benefits and risks? What are the social and moral implications for us and our society?

Janet Meisenhelder was a technical program manager for the Defense Nuclear Agency. She also was a scientist with the Argonne National Laboratory and holds a master's degree in chemistry from the University of Delaware.

Bill Cooley taught engineering at George Mason University. He has a master's degree in aeronautics from CalTech and a doctor of science degree from M.I.T. and has had extensive experience in American industry and research.

Spring 1994 Special Events at LRI

Use the bottom of the Registration Form to sign up for the Special Events you plan to attend. Your course confirmation will give more information. You may bring a prospective member to any of these Special Events if you indicate that on the Registration Form. This is a good way to introduce a friend to LRI.

Celebration Series: "Virginia Looks Forward"

The Learning in Retirement Institute at George Mason University is celebrating the move into its new home with a series of three talks on the Commonwealth of Virginia by people who know it best.

1. Friday, April 8, 1:00

"Update on Virginia" with Democratic Delegate Jim Scott and Republican Senator Jane Wood, two of our Richmond connections. They will update what the legislature is doing on such issues as health care, crime, child care, and transportation. There will be a question period, followed by refreshments.

2. Friday, April 15, 2:00

"The State of Higher Education in Virginia" will be the topic of GMU President George Johnson. Dr. Johnson has been of enormous support in paving the way for LRI's new home and in our outreach to the retirement community of Northern Virginia.

3. Date to be announced

"The Economic Future of Virginia" is the topic that Virginia Lieutenant Governor Don Beyer will address. He will take questions on foreign investment in the Commonwealth, the Disney project and other issues that affect Virginians. A discussion session will be followed by refreshments.

Learning in Retirement Institute Board of Directors

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Dorothy Millner
Allen Montecino
Garrett Ruhl
Henry Shenker

Coordinator: Carol Ferrara

4. Monday, March 28, 1:00 - 2:30

"Russian Literature: The 20th Century" Vassily Aksyonov, George Mason University Robinson Fellow, who is just back from a trip to Russia, will discuss the new trends.

5. Tuesday, May 3, 1:30 - Tour, 3:00 -Tea

Washington Cathedral Tour and Tea The very popular tour of the Cathedral will be followed by tea in the West Tower. Participants can car pool. The tea is \$15, and a check must accompany your reservation.

6. Thursday, April 7, 1:00

Tour of Glen Echo National Park
Visit a Washington original. The park is an artistic home to
more than 70 artists of our area. They work in yurts, 12sided Mongolian huts, sod-covered, squat and low.
Comfortable walking shoes are needed. The guided tour will
last an hour. (Take 495 to the first exit off the Cabin John
Bridge—Clara Barton—and proceed on MacArthur Blvd. to
Goldsboro.)



REGISTRATION INFORMATION

- Be sure to mail your Registration Form by March 3.
- You will be notified by mail of your class enrollments and locations.
- Class sizes may be limited by instructors or by available seating.
- No refunds will be made after the first week of classes. You may request class reassignment by checking with the instructor or the office.
- Expenses for trips, luncheons, books and supplies are paid by participants.

Questions about courses?

Call Ellis Woody (250-0839) Chairman, Curriculum Committee

Questions about LRI?

Call the office (385-1593)

Spring 1994 Course Schedule

Classes begin March 21 and end May 12.

Class locations will appear on your confirmation form.

Numbers before the course titles are course numbers, not room numbers.

2:00 - 3:30 #101 Artists at Work
1:00 - 2:00 #502 Spanish Over Lunch (Mar. 26, 30, & Apr.6)
#901 High Tech
11:30 - 1:00 #501 Spanish III
9:30 - 11:00 #102 20th Century Music
Wednesday



Special Events (See page 5.)

Friday, April 8, 1:00 Delegate Jim Scott & Senator Jane Wood

Friday, April 15, 2:00 GMU President George Johnson

Date to be announced Lt. Governor Don Beyer

Monday, March 28, 1:00 GMU Professor Aksyonov

Tuesday, May 3, 1:30 Cathedral Tour & Tea

Thursday, April 7, 1:00 Glen Echo Tour

SPRING 1994 COURSE REGISTRATION FORM

The eight-week session begins March 21.

Name Address	•	· · · · · · · · · · · · · · · · · · ·	
Phone			
☐ My	y membership is paid through the y renewal check is enclosed. (See address label for your renew y new-member check is enclosed.	al date.)	125 for half year 200 for full year
Please in	ndicate your choices for the cours	es you wish to take in order of y	our preference.
	Course Number	Course Title	Day and Time
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2nd	-		
3rd			
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	 Friday, April 8, Delegate Ji Friday, April 15, GMU Pre Date to be announced, Lie Monday, March 28, Profes 	utenant Governor Don Beyer sor Vassily Aksyonov on Cathedral Tour and Tea (incl	d
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		(social security number)	
Mail Ro	egistration Form by March 3	to: Learning in Retiremo George Mason Unive 4210 Roberts Road	ersity

Fairfax, VA 22030

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