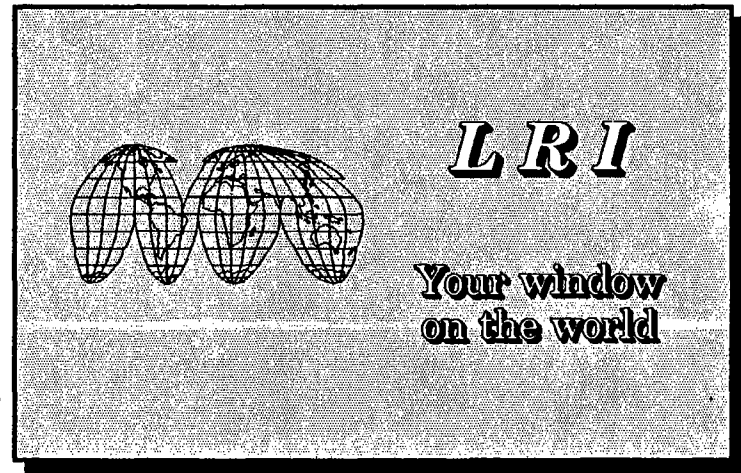


Carol's Copy

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**FALL
1994
CATALOG**

SEPTEMBER 19 - NOVEMBER 11



LEARNING IN RETIREMENT INSTITUTE

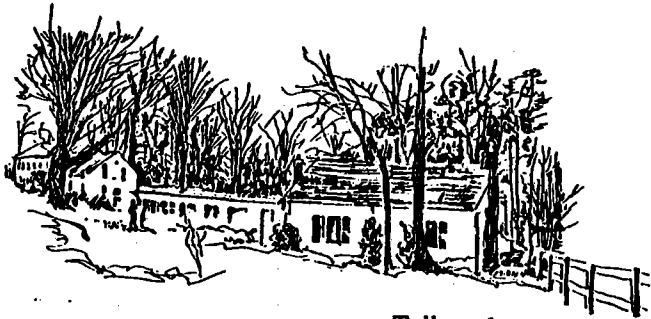
George Mason University
4210 Roberts Road
Fairfax, VA 22030
(703) 503-3384

LEARNING IN RETIREMENT INSTITUTE
George Mason University
4210 Roberts Road
Fairfax, VA 22030

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WHAT IS LRI?

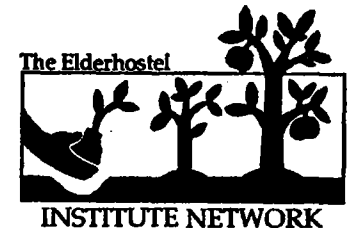
The Learning in Retirement Institute at George Mason University (LRI) provides opportunities for older adults to explore intellectual and cultural subjects and to share their experiences and talents. Its members, who come from diverse backgrounds, seek to enrich their lives through new learning experiences. LRI offers eight-week sessions in the fall and spring plus shorter mid-winter and early-summer programs. Special events and social activities are held all year. Making new friends is an important part of the LRI concept.

Course leaders are qualified members of LRI and other instructors who enjoy sharing their knowledge. There are no exams, no credits, and no college degree required.

LRI is a volunteer-run organization. There is a half-time paid Administrator; all other functions are carried out by members. Those who take advantage of the volunteer opportunities find their involvement with LRI is more meaningful. For more information on becoming a volunteer, see page 14.

Membership dues are \$200 for a full year or \$125 for each half year (defined as one eight-week session plus either the winter or summer program). Members are entitled to take as many courses as they wish, subject only to availability of space, to participate in LRI's special events and various other activities and to receive the *LRI News*, which is published throughout the year.

LRI is a member of the Elderhostel Institute Network of similar organizations at colleges and universities around the country. LRI is a non-profit, equal opportunity, affirmative-action institution and does not discriminate on the basis of race, color or national or ethnic origin. As a 501(c)(3) organization, contributions are tax-deductible to the extent allowed by law.



FALL SESSION BEGINS SEPTEMBER 19

When LRI opened three years ago, we had fewer than 100 members and held classes wherever space could be found. Now, in our fourth year, we have almost 200 members, 22 courses are being offered and, thanks to the generosity of George Mason University, we have our own building, called Tallwood.

Fall courses are described on pages 3 through 14. A stellar attraction will be **The Revolution in Genetic Research**, a course designed and led by NIH experts. They were so impressed with LRI after lecturing to a class this spring that they asked to develop this prototype course for possible later use elsewhere. Joanne Johnson, wife of the GMU president, will teach **Learning from Literature**, exploring the contributions that writers such as Mark Twain have made to the ideas of their times. We are rich in history, cultural and country studies this fall with courses on **China, Japan, Ancient Greek Art** and the **Middle East**, as well as early **American History**. The popular **Music Appreciation** course will focus on the Middle Ages, while the always well-attended **Economic Issues** course has an outstanding line up of speakers. If your interest runs to drawing, poetry, writing, speaking French or reading, there are several offerings.

Special Events—pages 15 and 16—include visits to the Virginia State legislature, Kreeger Museum and White House, as well as talks on feeding wild birds and book manufacturing, plus an opera.

New this fall will be **Computer Workshops**—see page 17.

Look over the description of courses and special events on the following pages for details on the upcoming fall session. Then go to pages 19 and 20 to fill out your Registration Form.

**Come to LRI's
Open House on
September 9.
See inside back
cover for details.**

COURSES

100 ART, ARCHITECTURE AND MUSIC

101 Learning to Draw ✓

Thursday, 11:30 - 1:00

698-1068
Dorothy Ellis

Here's your chance to awaken your creative and visual aptitudes, even if you have no previous art background. Basic skills will be presented. Those who took the course during the winter semester are welcome to continue at their own pace. Bring a 9x12" or 11x14" sketch book, a #2 pencil, and one black ebony soft lead pencil. Suggested reading: *Drawing on the Right Side of the Brain*, by Betty Edwards, and *Zen for Seeing*, by Frederick Franck.

Dorothy Ellis is a local artist who concentrates on printmaking. Her work has been shown in juried shows. She taught in Fairfax schools for many years and participated in curriculum development for art in Arlington and Fairfax and for the State Department of Education of Virginia. She has bachelor's and master's degrees in art and education.

102 Art and Archeology of Ancient Greece ✓

Tuesday, 9:30 - 11:00

Glenn Markus

Explore how the ancient Greeks developed the great art, sculpture and architecture of classical times. Tour the Minoan palaces of Crete and rich fortress city of war-like Mycenae, described by Homer as "rich in gold." Follow the evolution of the Greek temple, culminating in the balanced elegance of the Parthenon atop the acropolis of Athens. Each session combines a visual survey of the Greek arts with a discussion of key historical events in the ancient world.

NOTE: This course starts October 11.

Glenn Markus holds a master's degree from the Johns Hopkins University with a concentration in Greek and Roman studies. He is a partner and owner of a health policy consulting firm and spent nearly 20 years directing health policy research for the Congressional Research Service.

Held class to 30 people -
call Glenn to notify of signups 3

103 Music Appreciation: The Medieval Period

Wednesday, 9:30 - 11:00

Sam di Bonaventura

This popular course will focus in the fall semester on the music and instrumentation of the Middle Ages. Through lectures, listening to music on records and class discussions, participants will gain a deeper appreciation of the period's contribution to the world's musical heritage.



Sam di Bonaventura holds music degrees from Juilliard, Yale, Harvard and the Peabody Conservatory. He is Professor of Music at GMU and a former Chairman of the Department of the Arts at GMU. He has been a music critic for the *Baltimore Sun* and a program annotator for the Baltimore and Fairfax symphony orchestras and other performing organizations. He has also contributed articles and biographies to professional music dictionaries and periodicals.

104 Washington's Art Treasures

Thursday, 2:00 - 3:30

Alice Mergler

Get better acquainted with the great art galleries in the nation's capital, especially the National Gallery, the Phillips and the Museum of American Art. Two field trips are planned. Each session will combine visual presentations with discussions.

Alice Mergler has a lifetime of experience studying and enjoying art. She taught language arts and English and holds a master's degree from GMU in history.

ANOTHER ART MUSEUM TOUR

In addition to the two field trips planned for **Art Treasures**, art lovers can also tour the new Kreeger Museum, scheduled as a Special Event on Friday, October 28 at 1:30 p.m.—see page 16 for details.

200 ECONOMICS AND FINANCE

Mous gone 202 - Sept 7

201 Economic Issues of the 90s

Monday, 9:30 - 11:00

Moderator: Morris Allen

Outstanding guest speakers will discuss major economic issues, with time allowed for questions and discussion. The following topics are planned for this semester.

- The Declining Dollar and How It May Affect Us
- Deficit Pressures on Entitlements
- International Arms Trade: Risky Politics and Economics
- Our Failing Infrastructure
- The Business Cycle: Interest Rates, Inflation, Productivity and Jobs
- Population Pressures on Economic Resources
- Managing the Economy: Exploring Regulation and Deregulation Initiatives
- American Investments Abroad—Good or Bad for the U.S.?

Morris Allen is a retired Foreign Service officer. He has lectured at the American Graduate School for International Management in Arizona and served as a consultant for the Treasury Department, AID and the World Bank. He is a graduate of the University of Chicago and has an MBA in Public Finance.

Send Teacher List to Morris's Students

202 Unions: What Does the Future Hold?

Monday, 2:00 - 3:30

George W. Brooks

Manufacturing is declining, foreign competition is growing, and technological change is rampant. What all this bodes for employers and employees will be the emphasis as the class discusses and analyzes current problems and possible solutions that would be socially and economically desirable.

George W. Brooks was director of research and education for the Paper Workers Union from 1945 to 1960 and a professor of labor history at Cornell University. He has degrees in economics from Yale and Brown.

300 HISTORY & INTERNATIONAL STUDIES

301 America's Frontier Cities, 1790 - 1850 ✓

Thursday, 11:30 - 1:00

Allen J. Montecino

Many histories of the American frontier focus on the pioneers, trappers, farmers and cattlemen. This course will look at the early American cities and examine their role in frontier development and their influence on our history.

Allen J. Montecino, Jr., has a master's degree in American history and has taught at LRI and at a local college. He is a retired military officer.

302 American Interests in the Middle East ✓

Wednesday, 11:30 - 1:00

Charles Cremeans

This two-part course will start in the fall with a focus on Israel, studying the origins of the Zionist movement, the founding of Israel, the U.S. involvement, the Arab-Israeli conflict, and the current situation and outlook. In the spring semester the focus will be on Iran and the Muslim fundamentalist movement.

Charles Cremeans has 50 years of experience in the study of Middle East affairs through travel, teaching, writing and work as a government political analyst. He holds a Ph.D. in history and has taught six courses at LRI on the Middle East, India and Africa.

303 Ancient Japan ✓

Tuesday, 2:00 - 3:30

Thomas Graham

This is part one of a projected two-semester course on Japanese civilization. You will get a historical survey of Japan from its origins through the early centuries of consolidation of Imperial Court rule, the ensuing feudal period, the eventual opening of Japan to the outside world and the restoration of Imperial rule in the latter half of the 19th century. Part two in the spring semester will concentrate on modern Japan.

Thomas B. Graham had a 34-year career in intelligence, specializing in Asian affairs, which included 19 years living and traveling throughout the region. He holds a master's degree in political science from Duke University and taught international relations at the College of William and Mary prior to government service.

304 Solving Conflicts on the International Scene ✓

Thursday, 2:00 - 3:30

Moderator: Eleanor Morrow

Dr. Christopher Mitchell, director of the Institute for Conflict Analysis and Resolution at GMU, will provide an overview of conflict resolution at the international level. Other speakers will share their knowledge of conflict prevention, peace keeping, peace making and peace building. Graduate students in the GMU Institute will join the class in a round table discussion at the final session.



Eleanor Morrow, moderator of this course, holds a master's degree in education from George Washington University, and has taught school and conducted forums, been involved in civic, political and church activities, and organized several LRI courses.

305 History and Culture of China ✓

Monday, 2:00 - 3:30

George Heatley

Learn about China's unique culture and its place in world history. The course will look at how geography, language, social structure and religion shaped this nation of 1.2 billion people. We will address key questions: Why for centuries was China the world leader in science and technology, arts and letters, commerce and other aspects of urban development only to decline badly before its rebirth in the last decades? What is the future for China in the modern world?

George Heatley holds a master's degree in history from the University of California, Berkeley, with emphasis on modern China. His first assignment in the Department of State was as a specialist on Communist China. After retiring from the Foreign Service, he resumed his studies of Chinese history and culture and recently toured archeological sites in China.

400 LITERATURE, LANGUAGE & COMMUNICATION

401 Learning from Literature

Thursday, 9:30 - 11:00

Send Memo to
students

Joanne Johnson

By exploring the contributions of selected literary writers to the history of ideas, we will see how their works serve as the mirror of an age. Discussions will center on artistic perspective and why some books live as "classics" while others do not. The first book to be studied will be *Huckleberry Finn*, by Mark Twain.

Joanne Johnson, who holds a master's degree from the University of Missouri and was a Danforth Fellow at the University of Pennsylvania, devotes much of her time to the arts at GMU, where she serves as Chairman of the Fund for the Arts. She is the wife of GMU President George Johnson. Named as "one of the most powerful women in Washington" by *Washingtonian* magazine, she is active on numerous community boards.

402 The LRI Wednesday Book Club

Monthly on 2nd Wednesday, 1:30 - 2:30

Moderator: Kathryn Brooks

Starting this fall, LRI members will meet on the second Wednesday of each month through June to share their thoughts about selected books. The book for October 11 is *A Whole New Life*, by Reynolds Price, the renowned fiction writer who in this book tells the story of the life-changing catastrophe that befell him 10 years ago when he was paralyzed by cancer. The book for November 8 is *A Thousand Acres*, by Jane Smiley, a novel that won the Pulitzer Prize.

Kathryn Brooks, LRI's "founding mother" and popular teacher of LRI courses, will serve as coordinator for this course. Class members will help choose future books for discussion.

403 Poetry Workshop

Tuesday, 11:30 - 1:00

Ellen Anderson

Again this semester, a workshop is offered for anyone who wants to write poetry, whether as a beginner or as one who has written for several years. Students may submit new poems each week for class critiques and suggestions for potential markets for sale of poems. This is *not* a course in appreciation of works by established poets; it is a writing workshop.

Ellen Anderson is a published poet who has taught at Northern Virginia Community College and the Arlington County Adult Education Program and has been a speaker at writers' workshops. She is listed in *Writers in Virginia* and is a member of the Poetry Society of Virginia and the Poetry Society of America.

404 French Over Lunch

Monday, 1:00 - 2:00

Odette B. O'Donnell

Bring your lunch and enjoy a relaxed atmosphere in which to maintain or improve your French. This will be a conversation class, augmented with videos and tapes on current events to discuss.

Odette B. O'Donnell has taught French for 23 years.

405 Headlines, Hype and the Real News

Tuesday, 2:00 - 3:30

Murray S. Flander

Using current clips from the *Washington Post*, *Washington Times* and *New York Times* supplied by the instructor and class members, the class will explore and discuss how and why different newspapers write, edit and play the news in different ways.

Murray S. Flander owned and edited two prize-winning California weeklies, then served as Senator Alan Cranston's press secretary for 24 years. He also served as assistant press secretary to Adlai E. Stevenson when he was Governor of Illinois and during his 1952 presidential race.

FALL 1994 COURSE AND SPECIAL EVENT SCHEDULE

*Small
classroom
cut off at 24*

*Classes and Special Events begin September 19 and end November 11,
unless otherwise indicated.*

All classes are at Tallwood.

COURSES

SPECIAL EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
9:30 – 11:00 #201 Economic Issues	9:30 – 11:00 #102 Ancient Greek Art* #801 Feminist Perspective	9:30 – 11:00 #103 Medieval Music #406 Writing Autobiography	9:30 – 11:00 #401 Learning from Literature #702 Slowing Aging	Tues., Sept. 20, 9:00 State Legislature
11:30 – 1:00 #601 Change Constitution? #703 Engineering Feats	11:30 – 1:00 #403 Poetry Workshop #701 Genetic Research	11:30 – 1:00 #302 Middle East	11:30 – 1:00 #101 Learning to Draw #301 Frontier Cities	Fri., Oct. 7, 2:00 Book Manufacturing
1:00 – 2:00 French Over Lunch				Wed., Oct. 19, 2:00 Feeding Wild Birds
2:00 – 3:30 #202 Labor Unions #305 History of China	2:00 – 3:30 #303 Ancient Japan #405 Headlines & Real News	1:00 – 4:00 Computer Workshops 1:30 – 2:30 #402 LRI Book Club**	2:00 – 3:30 #104 Art Treasures #304 Conflict Resolution	Fri., Oct. 28, 1:30 Kreeger Museum
				Wed., Nov. 2, 2:00 Preview <i>La Traviata</i>
				Fri., Nov. 4, 8 pm <i>La Traviata</i>
				Around Dec. 15, 7 pm White House Tour
				See pages 15 & 16 for details on Special Events.

* Beginning Tuesday, October 11 for eight weeks.

** 2nd Wednesday every month from October through June.

406 "... Ah Yes, I Remember It Well":
Writing Your Autobiography

Wednesday, 9:30 - 11:00

Mary Shea Farrar

Relive some of the great (and not so great) times of your life. Share more than the two-mile-walk-to-school-even-in-the-snow with your children and grandchildren. Discover how you came to be the person you are today.

Try writing your story in a kindly atmosphere of give and take. Topics for consideration will include getting started, organizing your work, maintaining the reader's interest and using precise language. Text: *Elements of Style*, by Strunk and White (available in bookstores, \$5.95).

Mary Farrar Shea was a project editor in the Community Text Division at McGraw Hill. She was subsequently assistant manager of the American Red Cross in New York City. She holds a bachelor's degree in English and a master's in psychology.



600 POLITICS AND GOVERNMENT

601 Should We Change the Constitution?

Monday, 11:30 - 1:00

Coordinator: Flora Hedblom

Pressures grow to make fundamental changes, such as a six-year presidential term, expanded terms for the House of Representatives, a line-item veto, and how the electoral college works. Each week this discussion class will consider a different subject, using materials supplied by the Jefferson Foundation, a nonprofit, nonpartisan association in Washington that is funded partly by the National Endowment for the Humanities. Several LRI members will serve as moderators.



Flora Hedblom was advertising manager of the Education Division at Rand McNally. Following her retirement, she became an active member of the Northwestern University Institute for Learning in Retirement in Evanston, IL, and has helped organize several LRI courses.

700 SCIENCE AND TECHNOLOGY

701 The Revolution in Genetic Research

Tuesday, 11:30 - 1:00

Moderator: Janet Meisenhelder

Are you reluctant to try those genetically altered tomatoes? Here's a unique opportunity to learn facts about genetics first-hand from distinguished scientists working at the National Institutes of Health. Topics will include gene mapping and cloning, cancer genetics, genes and brain function, DNA forensics, genetic counseling, gene therapy and the ethical implications for society.

Janet Meisenhelder, who is coordinating this course with NIH, was a technical program manager for the Defense Nuclear Agency. She also was a scientist with the Argonne National Laboratory and holds a master's degree in chemistry from the University of Delaware.



702 Can You Slow the Aging Process?

Thursday, 9:30 - 11:00

Irving M. Levitas

The aging process is influenced by numerous factors. How young you are (and stay!) depends on how you treat your body, on your emotional makeup, your sexuality, your work satisfaction, your education, and how you choose to spend your time. All of these will be explored from a medical viewpoint.

Irving M. Levitas, M.D., author of *You Can Beat the Odds on a Heart Attack*, is a Diplomate of the Board of Internal Medicine, a Fellow of the American College of Physicians, and Emeritus Clinical Associate Professor of Medicine at the University of Medicine and Dentistry in New Jersey. Prior to his recent move to Virginia, he was the Medical Consultant to *The Physicians' Desk Reference* and now writes a medical column for the Reston *Connection* newspaper and serves as a health advocate for the Northern Virginia AARP.



703 Feats of Engineering

Monday, 11:30 - 1:00

Joseph I. Gurfein

Ever wondered how bridges, dams and skyscrapers get built? The planning and the structural design work that go into those and other projects will be the focus of a fascinating course by the engineer responsible for the erection of 21 of GMU's buildings.

Joseph I. Gurfein has a Ph.D. in engineering and 40 years of experience with projects in the U.S., Europe and Africa. He is now a professor of engineering at GMU.

800 SOCIAL STUDIES

801 The Feminist Perspective

Tuesday, 9:30 - 11:00

Virginia Peters

How are the contributions of women affecting various branches of knowledge, including history, psychology, literature, anthropology, art, philosophy and theology? This course should help both men and women view the world from a new perspective and reach new conceptions about themselves and the nature of humanity.

Virginia Peters has a master's degree in anthropology and has done advanced work in the field. She has taught the subject, contributed research to various books and journals, and written two books, *The Florida Wars* and *Women of the Earth Lodges*.

WE NEED YOUR HELP!

Volunteers are needed for such tasks as answering phones and helping out in the office, class liaisons, word processing, desktop publishing, mailings, cataloging, hospitality and contacting prospective members. Please check the appropriate box on the Registration Form if you are willing to help.

SPECIAL EVENTS

1. Visit Your State Legislature in Richmond Tuesday, Sept. 20, 9 a.m.

State Senator Jane Wood is arranging for LRI to visit a special session of the Virginia legislature. Included will be a tour of the Capitol and the Governor's Mansion. Box lunch provided. Buses will leave Tallwood promptly at 9 a.m., returning mid-afternoon. Cost: \$22 (include in check with your Registration Form).

Tour Coordinator: Jackie Bivens.



2. Learn About Book Manufacturing Friday, Oct. 7, 2:00 - 3:30 at Tallwood

James Hedblom of Rand McNally will show us how a book moves through the printing and binding process, with special emphasis on the new technologies for color printing. Rand McNally prints, among many other things, the *Encyclopedia Britannica*, the Great Books series, dictionaries and huge catalogs.

3. Feeding Wild Birds

Wednesday, Oct. 19, 2:00 - 3:30

Learn how to attract and identify birds. Discussion will include field marks, nesting habits, food preferences and songs. Pick up tips on good spots for viewing birds and migration. Find out what to do about baby and injured birds, how to deal with cats and other predators, ways to squirrel-proof feeders, and how to choose a good feeder, bath or box. The talk will be presented by Lynn Bauer, education director of the Burke Wild Bird Center.



4. Tour the New Kreeger Museum

Friday, Oct. 28, 1:30 at the museum

LRI has obtained 30 reservations to the newly opened Kreeger Museum on Foxhall Road in Washington. The house itself is a masterpiece, designed by Philip Johnson, who called it "the largest three-bedroom house in the world." Inside is the art collection of David and Carmen Kreeger: works by Picasso, Kandinsky, Miro, Monet and many others. Parking is limited to 15 cars, so we have to car pool (see Registration Form).

Instructions for drivers will come with your confirmation form.

Tour Coordinator: Shirley Fox.

Dead Memo from Shirley to each participant

30 slots available? Check to register

5. Prepare for La Traviata

Wednesday, Nov. 2, 2:00 - 3:30 at Tallwood

Helene Layman will get us ready for the Nov. 4 performance of this lovely opera at GMU by telling the story and reviewing the music. Come even if you are not going to the performance.

Nov 2 ~~*Tallwood*~~
City Hall

6. La Traviata

Friday, Nov. 4, 8 p.m., GMU Center for Performing Arts

Produced by the Virginia Opera Company, Verdi's hauntingly lyrical score transports you to the Paris demimonde of the 1840s in a bit-sweet romantic tragedy involving Violetta, a worldly Parisian courtesan, and the intense Alfredo. Sung in Italian with English supertitles. Cost: \$36 (include in check with your Registration Form).



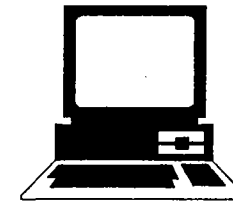
7. See the White House by Candlelight

Around Dec. 15, 7 p.m.

LRI can make specific reservations only 30 days in advance, so sign up now and receive the details in late November. We'll plan on dinner at the Hard Times Cafe afterward.

Coordinator: Kent Long.

Limit 50 - *73*



NEED HELP IN WORKING ON YOUR COMPUTER OR MODEM?

Whether you are a novice or already have some experience, LRI can help you over some of the rough spots. **Computer Workshops** will be held each Wednesday from 1 to 4 p.m., using computers in LRI's outer office at Tallwood. You can get help on word processing, spreadsheets, data bases, personal information managers, and E-mail and other information highway wonders.

The labs will be conducted by LRI member Ray Beery, who has used computers both professionally and at home for over 25 years. His focus currently is on office automation and navigating the Internet.

To schedule lab time, call Ray at 281-3411.

Mark your calendar for LRI's Open House

Friday, September 9, 1994

2:00 to 4:00 p.m.

See the inside back cover for more information and a map.

OPEN HOUSE

at Tallwood

For members and prospective members

Friday, September 9, 1994

2:00 to 4:00 p.m.

- Learn more about the fall program
- Meet the instructors
- See the new office space and social room
- Enjoy refreshments

4210 Roberts Road
Fairfax, VA

REGISTRATION INFORMATION

- To register, please complete the Registration Form on the opposite page (both sides) and return it to LRI by mail as soon as possible.
- You will be notified by mail of your class enrollments.
- All classes will be held at Tallwood.
- Class sizes may be limited by available seating.
- Expenses for trips, luncheons, books and supplies are paid by participants.

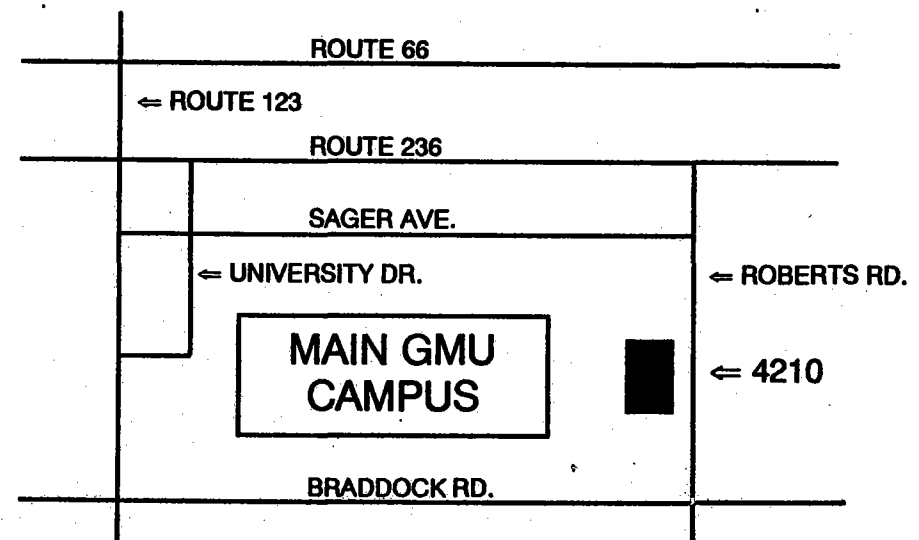
Suggestion: Circle your selections on the calendar in the centerfold of this brochure so you won't forget.

Questions about courses?

Questions about LRI?

Call Jan Dewire: ☎ 532-8312

Call the office: ☎ 503-3384



NOT TO SCALE