



# **Learning in Retirement Institute**

*at George Mason University*

*Winter 1993 Catalog  
January 18 to February 12*

## **Learning in Retirement Institute**

George Mason University  
4085 University Drive  
Room 215  
Fairfax, VA 22030-4444

Phone: (703) 385-1593

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*Dated Material*

## What is LRI?

The **Learning in Retirement Institute** at George Mason University is part of a network of similar organizations at colleges and universities around the country that provide opportunities for older adults to explore intellectual and cultural subjects and to share their experience and talents. Its members, who come from diverse backgrounds, seek to enrich their lives through new learning experiences.

**LRI** is membership-run. There are no exams, no credits, no grades and no college degree required. Course leaders are qualified members of **LRI** and other instructors who enjoy sharing their knowledge.

**LRI** offers eight-week sessions in the fall and spring, plus shorter mid-winter and summer programs. **LRI** also offers forums and other special events and off-campus social activities throughout the year.

Making new friends is an important part of **LRI**, and members enjoy chatting between classes and at lunch. Some classes have end-of-semester parties, which are always popular.

The **Learning in Retirement Institute** at George Mason University is a non-profit, equal-opportunity, affirmative-action institution.

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### OFFICERS

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## Where is LRI?

The **Learning in Retirement Institute** holds most of its classes in a George Mason University off-campus building at **4085 University Drive in Fairfax City**. The building is easily accessible by CUE buses, which go to the Vienna Metro and Fair City Mall as well as to the GMU campus. (Call 703/385-7859 to get a schedule.) LINK buses also make stops between Fairfax City and the GMU campus.

A few classes and events are held at City Hall, a short distance from the classroom building, and at other nearby locations with parking.

## How Do You Become a Member?

Membership dues are \$200 for a full year or \$125 for each half year (defined as one eight-week session plus either the mid-winter or summer program). Members are entitled to take at least two courses in each term and additional ones as space permits. Membership also entitles you to participate in **LRI's** special events and other activities and to receive *LRI News*, which is published throughout the year.

## How Do You Register for Classes?



Use the **Registration Form** at the back of this catalog to sign up for courses. Registration for the winter term is by mail and you should have your Registration Form in by December 28. Registration is on a first-come, first-served basis. Class assignments will be made beginning January 8, 1993. You will be notified by mail of your class enrollments and locations. Class sizes may be limited by instructors or by available seating. No refunds will be made after the first week of classes. Expenses for trips, luncheons, books and supplies are paid by the participants.

**Winter term: January 18 - February 12, 1993**

**Spring term: March 29 - May 21, 1993**

**WINTER ALERT:** *LRI will be closed when Fairfax County public schools are closed or opening late as reported by local media.*

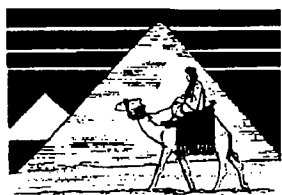
# Courses

In some courses the instructor will provide handouts or suggest books or other materials that members may want to purchase or get from a library. (See page 8 for information on instructors.)

## 301 The Mysteries of the Pyramids

Tuesday, 9:30 a.m.

Glenn R. Markus



Among the oldest and most mysterious of the monuments of ancient man are the famous pyramids of the pharaohs and queens of Egypt. Almost everyone recognizes the great pyramids built nearly 5,000 years ago by the kings of the IVth Dynasty on the edge of the desert west of the River Nile near Gaza. But though these gigantic structures mark the apogee of pyramid building, their origins may be traced to an even earlier period of Egyptian history. This mini-course provides an introduction to early Egyptian mythology, religion and history and their influences on the dynastic concepts of the royal prerogative of the after-life. Students will explore early Egyptian burial customs and discuss why these ancients devoted so much labor to tomb construction. On-site slides will be used to highlight key points in the course.

## 302 Not So Famous African-American Women

Thursday, 11:30 a.m.

Kathryn Brooks

In celebration of Black History Month, this study of Black women will begin with Phyllis Wheatly, 18th-century slave and published poetess who wrote poems of praise to George Washington. The course concludes with a look at Senator-elect Carol Braun, the first Black woman elected to the U.S. Senate.

## 303 Oral Life History

Wednesday, 11:30 a.m.

Haidi Sternberg

This discussion class will focus on members' life experiences. Among the anticipated topics to be discussed: A mentor who shaped your life; What you would like your grandchildren to know about you; An event that left you with a reservoir of hope; Coming to terms with the life you have lived; A story that reveals how you became the person you are. The goal of the course is the sharing of life experiences and accomplishments.

## 304 Russian Society at the Revolution

Tuesday, 11:30 a.m.

Rae Newstad

What was Russian society like before the Bolshevik revolution of 1917? Why didn't a three-centuries-old dynasty, nobles and landowners have the moral strength to fight a few communists? The recent collapse of 76 years of Soviet communism exposes the roots of a corrupt society, pessimistic, deceitful and proud of its origins. The course will consider contemporary views of the then-ruling classes and why deep traditions covered weaknesses, and study the impressive modernization of an expansive empire.

## 601 The Poetry Workshop

Tuesday, 9:30 a.m.

Ellen Anderson

This workshop is for anyone interested in writing poetry, both beginners and poets who have written for several years. Each student can submit new poems each week for class critiques and suggestions for potential markets for sale of poems. This is not a course in appreciation of poetry by established poets; it is a writing workshop for new poets.

## 701 Myth in Modern Times

Monday, 11:30 a.m.

George Bain

In this introduction to the continuity of ancient mythological themes, students will participate in developing the course through discussions by groups and presentations to the entire class. Registrants will be provided with an introductory discussion paper.

## 702 Religions of the Middle East

Thursday, 9:30 a.m.

Martha Poling

Representatives of Judaism, Christianity and Islam will offer scholarly presentations of their beliefs and discuss them with the class. A reading list will be provided at the first session, and class members will be encouraged to present and discuss their chosen reading at the last session. The presenters are Rabbi Laszlo Berkowits, D.D., Sr. Rabbi at Temple Rodef Shalom in Falls Church; Canon Michael Hamilton of the Washington Cathedral; and Dr. Suleiman Nyang, Professor at Howard University.

## 901 Introduction to Multimedia, Part II

Monday, 9:30 a.m.


Robert F. Ritchie

Students from the fall course and others with a basic understanding of the potential for the computer to combine graphics, slides, video, voice, music and text into useful presentations for business and entertainment will be able to work on their individual projects with guidance from the instructor.

# Learning in Retirement Institute

## Winter 1993 Course Schedule

Classes begin January 18 and end February 12, 1993. Class locations will appear on your confirmation form.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
<p><b>9:30-11:00 a.m.</b></p> <p># 901 Introduction to Multimedia <i>Ritchie</i></p>	<p><b>9:30-11:00 a.m.</b></p> <p># 601 Poetry Workshop <i>Anderson</i></p> <p># 301 Mysteries of the Pyramids <i>Markus</i></p>		<p><b>9:30-11:00 a.m.</b></p> <p># 702 Religions of the Middle East <i>Poling</i></p>
<p><b>11:30 a.m.-1:00 p.m.</b></p> <p># 701 Myth in Modern Times <i>Bain</i></p>	<p><b>11:30 a.m.-1:00 p.m.</b></p> <p># 304 Russian Society at the Revolution <i>Newstad</i></p>	<p><b>11:30 a.m.-1:00 p.m.</b></p> <p># 303 Oral History <i>Sternberg</i></p>	<p><b>11:30 a.m.-1:00 p.m.</b></p> <p># 302 African-American Women <i>Brooks</i></p>

### *Special Events*

**Friday, Jan. 22, Noon:**  
Luncheon and lecture on  
GMU campus. *International  
Conflict Resolution*.  
Cost: \$10. Meet at Stu-  
dent Union Bldg. II.

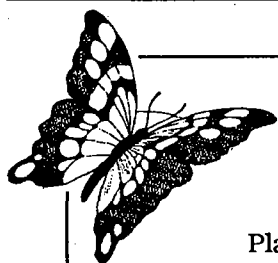
**Saturday, Jan. 23, 8 p.m.**  
Navy Band Concert, Center  
for the Arts. Free tickets.

**Friday, Jan. 29, 2 p.m.**  
Lecture and video: *Ballet  
at GMU* by Judy Allen,  
Chair of Dance/Theater.  
Room 306, City Hall.

**Wednesday, Feb. 3, 2 p.m.**  
*Music of the 20s, 30s & 40s*  
presented by the National  
Portrait Gallery.  
Room 306, City Hall.

**Friday, Feb. 5, 1:45 p.m.**  
Tour of Greek sculpture  
exhibit at the National  
Gallery of Art (East Bldg.).  
Passes reserved. Meet at  
1:45 at the Information  
Desk. Those who want to  
have lunch together first,  
meet near the cafeteria  
entrance, lower level, at  
12:30 p.m.

**Friday, Feb. 12, 2 p.m.**  
Video on *Education Reform*  
by Dr. Willard (Bill)  
Daggett, former Director of  
Technology Education for  
New York State. Room 8,  
John C. Wood Center,  
3730 Old Lee Highway.



### *Spring Term: March 29 to May 21, 1993*

#### *Coming Attractions*

Plans are underway for more than 20 course offerings for the spring semester. Some will be continuations of popular courses, such as **Classical Music, Point of View, Great Decisions, Spanish, French, Art Appreciation, Economic Policy, Poetry Workshop, Supreme Court Decisions** and **Lecture/Travelogs**.

New courses are being developed on **Africa, Government Policy, Fairfax Then and Now, The Roman Way, Ecosystems of Costa Rica, Cuba, The Psychology of Aging, Secret Revolutions**, plus **speakers** from the **Smithsonian** and other special **tours** and **events**.

## Course Instructors

**Ellen Anderson** is a published poet who has taught at Northern Virginia Community College and the Arlington County Adult Education Program and has been a speaker at writers' workshops. She is listed in *Writers in Virginia* and is a member of the Virginia Writers' Club, the Poetry Society of Virginia and the Poetry Society of America.

**George Bain** taught at the University of Toronto and is a student of history.

**Kathryn Brooks** taught social studies in Virginia high schools. She is a frequent lecturer and lobbyist on women's rights and feminist issues.

**Glenn R. Markus** has a Master's degree from Johns Hopkins University, with a concentration in Greek and Roman studies. He is a partner and owner of a health policy consulting firm and spent nearly 20 years directing health policy research for the Congressional Research Service.

**Rae Newstad** is teaching in the Department of History at George Mason University. Her concentration is on the fall of the Romanov dynasty and pre-revolutionary Russian society. She works with Russian-language sources.

**Martha Poling** has a degree in Sociology and Political Science and did graduate study at the University of Virginia that led to a Virginia teaching certificate. She has taught in McLean High School, the American Academy in Athens, Greece, and in the Fairfax Adult Education program. She was honored as an outstanding adult educator in 1984.

**Robert F. Ritchie** is the Chief Executive Officer and founder of Troika Multimedia, which specializes in electronic publishing. He is a retired foreign service officer and community activist.

**Haidi Sternberg** has led groups for the past 15 years in an obesity-management program affiliated with George Washington University. Previously, she led varied groups under the Loudoun County Extension Office. She was trained in group leadership at the Center for Group Studies.

## Learning in Retirement Institute at George Mason University



### Membership Application

(New members are asked to complete both sides of this form and return it with the **Registration Form**.)

Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Social Security No. \_\_\_\_\_

(if you want a GMU library card)

In case of emergency, call: \_\_\_\_\_

( ) \_\_\_\_\_

What subject areas interest you for future **LRI** courses?

	As a Student	As a Leader
Art _____		
Dance _____		
Drama _____		
Computers _____		
Economics _____		
Finance _____		
Geography _____		
Government _____		
History _____		
International Relations _____		
Languages _____		
Literature _____		
Philosophy _____		
Poetry _____		
Politics _____		
Religion _____		
Science/Math _____		
Technology _____		
Other _____		
_____		
_____		

Your life experiences (career, education or other):

- |  |   |
|--|---|
| <input type="checkbox"/> Administration  | <input type="checkbox"/> Ministry           |
| <input type="checkbox"/> Arts            | <input type="checkbox"/> Social Work        |
| <input type="checkbox"/> Business        | <input type="checkbox"/> Teaching           |
| <input type="checkbox"/> Engineering     | <input type="checkbox"/> Technology/Science |
| <input type="checkbox"/> Journalism      | <input type="checkbox"/> Volunteer Work     |
| <input type="checkbox"/> Health Services | <input type="checkbox"/> Other _____        |
| <input type="checkbox"/> Homemaker       | _____                                       |
| <input type="checkbox"/> Law             | _____                                       |
| <input type="checkbox"/> Medicine        |   |
| <input type="checkbox"/> Military        |   |

What kind of social activities would you like to participate in with other LRI members?

\_\_\_\_\_

\_\_\_\_\_

As a member-run organization, LRI encourages your active participation. Please check the activities you might like to become involved in.

- |  |  |
|--|--|
| <input type="checkbox"/> Program         | <input type="checkbox"/> Finance           |
| <input type="checkbox"/> Membership      | <input type="checkbox"/> Space Management  |
| <input type="checkbox"/> Publicity       | <input type="checkbox"/> By-laws           |
| <input type="checkbox"/> Speakers Bureau | <input type="checkbox"/> Word Processing   |
| <input type="checkbox"/> Volunteers      | <input type="checkbox"/> Office Assistance |
| <input type="checkbox"/> Social Events   | <input type="checkbox"/> Other _____       |
| <input type="checkbox"/> Publications    | _____                                      |

How did you learn about LRI?

\_\_\_\_\_

Please return this **Membership Application** with your **Registration Form**.

# Winter 1993 Registration Form

Classes begin January 18, 1993.

Name \_\_\_\_\_

Address \_\_\_\_\_  
(street) (city) (zip)

Phone \_\_\_\_\_

Are you currently a member of **LRI**?

- Yes  No, check is enclosed.

(See address label \_\_\_\_\_ \$125 for half year for your renewal date.) \_\_\_\_\_ \$200 for full year

Please indicate your choices for the courses you wish to take in order of your preference.

Course No.	Course Title	Day and Time
1st _____	_____	_____
2nd _____	_____	_____
3rd _____	_____	_____
4th _____	_____	_____
5th _____	_____	_____

Maximum number of courses you wish to take: \_\_\_\_\_

## Special Events

Please check the *Special Events* you plan to attend. (See page 7.)

- Friday, January 22: Luncheon and lecture on **International Conflict Resolution**
- Saturday, January 23: **Navy Band Concert** (no. of tickets you want \_\_\_\_\_)
- Friday, January 29: Lecture and video on **Ballet at GMU**
- Wednesday, February 3: **Music of the 20s, 30s and 40s**
- Friday, February 5: **Tour of Greek sculpture at the National Gallery**
- Friday, February 12: Video on **Education Reform**

Please mail Registration Form before December 28, 1992. Late registrations will be processed on a space-available basis.

### Learning in Retirement Institute

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Fairfax, VA 22030-4444

Questions about courses? Call Audrey Markham: (703) 620-4216.  
Questions about LRI? Call the office: (703) 385-1593.