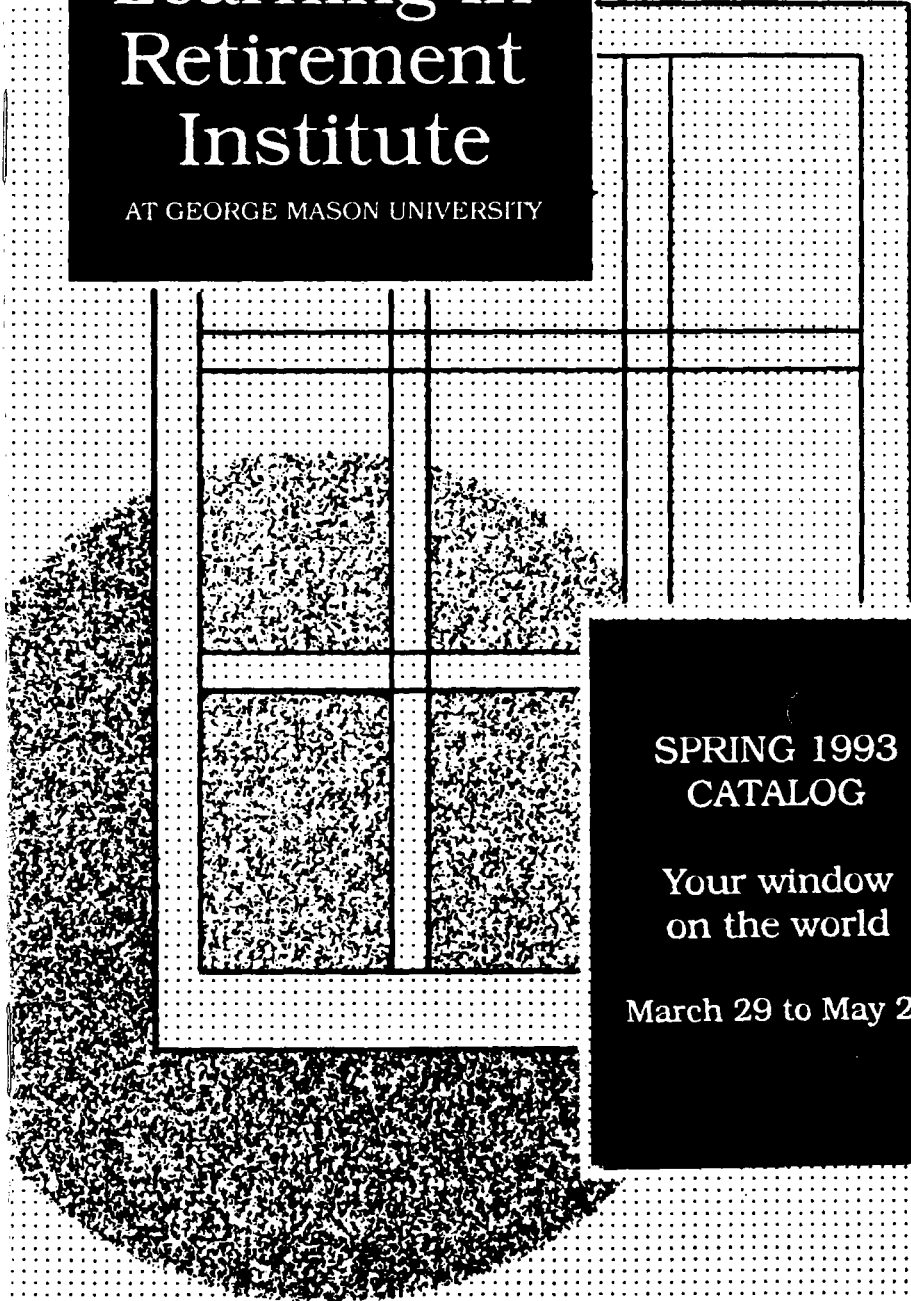


*AMU*

# Learning in Retirement Institute

AT GEORGE MASON UNIVERSITY



SPRING 1993  
CATALOG

Your window  
on the world

March 29 to May 21

## What Is LRI?

The **Learning in Retirement Institute** at George Mason University is part of a network of similar organizations at colleges and universities around the country that provide opportunities for older adults to explore intellectual and cultural subjects and to share their experience and talents. Its members, who come from diverse backgrounds, seek to enrich their lives through new learning experiences.

LRI is membership-run. There are no exams, no credits, no grades and no college degree required. Course leaders are qualified members of LRI and other instructors who enjoy sharing their knowledge.

LRI offers eight-week sessions in the fall and spring, plus shorter mid-winter and summer programs. LRI also offers forums and other special events and off-campus social activities throughout the year.

Making new friends is an important part of LRI, and members enjoy chatting between classes and at lunch. Some classes have end-of-semester parties, which are always popular.

Classes are held at various locations in Fairfax City. All have parking or are convenient to CUE and LINK buses. Class locations are shown on confirmation forms mailed after registration.

Membership dues are \$200 for a full year or \$125 for each half year (defined as one eight-week session plus either the mid-winter or summer program). Members are entitled to take at least two courses in each term and additional ones as space permits. Membership also entitles you to participate in LRI's special events and other activities and to receive *LRI News*, which is published throughout the year.


To register for Spring classes, please use the form on page 17. Use the back of the form to sign up for Special Events.

The **Learning in Retirement Institute** at George Mason University is a non-profit, equal-opportunity, affirmative-action institution.

### Learning in Retirement Institute

George Mason University

4085 University Drive, Room 215 • Fairfax, VA 22030-4444

 (703) 385-1593

## Courses

In some courses the instructor will provide handouts or suggest books or other materials that members may want to purchase or get from a library. (See page 12 for information on instructors.)

### 101 Foundations of the Visual Arts

Tuesday, 2:00 p.m.

Lola Sherman

The course will examine fundamental issues associated with the visual arts: What characteristics define art? What social and aesthetic purposes does art serve? How do varying perceptions of reality affect artistic depiction? What is the role of the viewer? What methodologies are used to study art? Painting, printmaking, architecture and sculpture will be analyzed. The basic components of all works — content, form, design and style — will be explored.

### 102 Music Appreciation: The Classical Period

Wednesday, 9:30 a.m.

Sam Di Bonaventura

The 1700's saw the rise of Classicism, inspired by the antique civilizations of Greece and Rome. As applied to music, Classicism refers to the works of those composers whose music expresses clarity, repose, balance, proportion, lyricism and restraint of emotion. The leading names are Sammartini, Gluck, the Bach brothers, Stamitz, Boccherini, Haydn and Mozart. They were supported by enthusiastic and sophisticated patrons, such as Maria Theresa, Marie Antoinette, Georges I-III, Catherine the Great, and Frederick the Great. Through lectures, listening to music and class discussions, participants will gain a deeper appreciation of this period's contribution to the world's musical heritage.

### 201 Economic Issues of the 90's

Monday, 9:30 a.m.

Moderator: Morris Allen

Outstanding guest speakers will address major economic issues, followed by question periods and class discussions.

- ♦ Lawrence Fox, economist and former vice president of the National Association of Manufacturers, on "Economic Policy in the Clinton Administration";
- ♦ Frank Swoboda, national labor correspondent and former financial editor for the *Washington Post*, on "Labor Issues in the 90's";
- ♦ Maja Wessels, General Accounting Office, on "Savings and Loan Crisis: Over or Not? And What About the Banking System?";

- ◆ Joseph Froomkin, consulting economist, on "Economic Evolution in Eastern Europe: From Communism to What?";
- ◆ Dieter Dettka, executive director of the Friedrich Ebert Foundation, on "Germany: An Economic Appraisal";
- ◆ Maureen Smith, former Japan desk officer, U.S. Department of Commerce, on "Japan: An Economic Appraisal";
- ◆ Marco Pollner, former executive director of the Washington Bureau of the Economic Commission for Latin America, on "Latin America: An Economic Overview";
- ◆ Gregory B. Foote, assistant general counsel of the Environmental Protection Administration, on "Environmental Protection Issues in the 90's."

### 301 From Imperial Russia Through the Post-Soviet Experience

*Monday, 11:30 a.m. Rae Newstad*

Ideology notwithstanding, old Russian habits and beliefs not only survived the Bolshevik Revolution but determined the essential character of Soviet society. This course will examine such topics as religion, literature and the arts, the role of civil society, Great Russian ethnocentricity, the legacy of Czarist ideology, and attitudes toward the West. Each issue will be addressed from a historical perspective to demonstrate the tenacity of tradition.

### 302 The Rise of Rome

*Tuesday, 9:30 a.m. Glenn R. Markus*

During the five centuries before Christ, a group of tough, dedicated Roman peasant farmers and citizen soldiers, under the leadership of an oligarchy of aristocrats, first conquered all of Italy and then extended dominion throughout the Mediterranean world. As Roman power grew, the loyalty of the population to its leaders seemed assured. But it soon became difficult for the lower political orders to benefit from new conquests, while the competition for privilege, wealth and power among the ruling classes was increasingly bitter and violent. Eventually, the Roman Republic collapsed into civil war and anarchy. This seminar examines the rise and fall of the Roman Republic and its replacement by the even more powerful Roman Empire under Caesar Augustus. Students will study Greek and Latin works (in English) that provide first-hand accounts of the power that was Rome. There is a significant amount of reading each week, and students should plan to buy three books, costing approximately \$26.

### 303 The Secret Revolution: 1774-1783

*Tuesday, 11:30 a.m. Allen J. Montecino, Jr.*

This study-discussion course covers the history of spying and secret operations in the American Revolutionary War, focusing on the successes, failures, and special problems that intelligence operations brought to the infant American Republic. The shadowy world of secret intelligence brought opportunities and posed problems for the Republic, some of which are still controversial today.

### 304 Africa

*Wednesday, 9:30 a.m. Charles Cremeans*

or *Wednesday, 2:00 p.m.\**

The spring term course will cover Africa from the era of European exploration and discovery, the scramble of European countries for control of trade and access to raw materials, the colonization and establishment of the empire through World War II. The course will provide the cultural and historical background of current African problems.

\*Register for either the morning or the afternoon session, not both. A course on developments since World War II is planned for the fall term.

### 305 Fairfax County Yesterday and Today

*Thursday, 9:30 a.m. Moderator: Eleanor K. Morrow*

Each week a guest speaker will present a different aspect of Fairfax County's development, starting with a historical survey by Ross Netherton, co-author with his wife, Nan, of several books on Fairfax County history. Other topics: churches and other religious institutions; county government; economic development; the African-American experience; the public schools; the environment; recent demographic changes and future trends. Among the guest speakers are Audrey Moore, a 20-year member of the Board of Supervisors; Harry Doyle, Area Manager of C&P Telephone Company; Verdia Haywood, Assistant County Executive; and Kenneth Billingsley of the Northern Virginia Planning District Commission.

## 401 Contemporary Cuba

Thursday, 2:00 p.m.

Jane Wilhelm

This course will reflect the instructor's experiences on a visit to Cuba March 9-19, 1993, as a member of a delegation sponsored by Promoting Enduring Peace, Inc. of New Haven Connecticut. Suggested reading material: *The Cuba Reader*, edited by Philip Brenner and William M. Lee Grande of American University, Donna Rich of the Johns Hopkins University School of Advanced International Studies, and Daniel Siegel of the Institute for Policy Studies. The book is available from the George Mason University bookstore for \$14.95.

## 402 China's Role in the Asia-Pacific Area of the 21st Century

Monday, 2:00 p.m.

Bert Kassell

This seminar will look at the impact of China's "reform and opening up" program, its relations with Asia's four "mini-dragons" — Hong Kong, Singapore, South Korea and Taiwan — and the challenge posed by the industrialized democracies of the United States, Japan, the European Community and Commonwealth of Independent States. Recommended readings: John King Fairbank, *China, A New History*, (The Belknap Press of the Harvard University Press, 1992), and Harry Harding, *A Fragile Relationship, The United States and China Since 1972*, (The Brookings Institution, 1992).

## 501 Introduction to Spanish

Wednesday, 11:30 a.m.

Eleanor D. Navarrete

This course, designed for those who have never studied Spanish and those who need a basic review, will use the conversational method. Reading and writing skills will also be developed, with an emphasis on practical topics. Grammar will be discussed as needed. The course will also provide a brief look at the geography, history and culture of Spain, and games and songs will add to the enjoyment.

## 502 Conversational Spanish

Wednesday, 2:00 p.m.

Eleanor D. Navarrete

Using video cassettes, the class will take an eventful journey to Mexico, Argentina and Puerto Rico while learning Spanish in the rich cultures where it is spoken. Vocabulary, conversation and grammar will be studied prior to each video viewing. This course is a continuation of an earlier LRI course. Prerequisite: An introductory Spanish course or its equivalent.

## 601 Poetry Workshop

Tuesday, 9:30 a.m.

Ellen Anderson

This popular workshop is for anyone who wants to write poetry, whether he or she is a beginner or has written for several years. Each student may submit new poems each week for class critiques and suggestions for potential markets for sale of poems. This is not a course in appreciation of poetry by established poets; it is a writing workshop for new poets.

## 602 From Wordsworth to T.S. Eliot

Wednesday, 11:30 a.m.

Dorothy W. Millner

The class will study the great odes of the Romantic period, as well as major poetry of the Victorian age and the modern era. The objectives are to gain a better understanding and to enjoy the poetry, including how the poets' work reflected the climate of their times.

## 603 Book Discussion: Effective Living

Thursday, 11:30 a.m.

Moderator: Ed Jones

The national best seller *The Seven Habits of Highly Effective People* by Stephen Covey, will serve as the focal point for exploring "effective living." Participants will be both LRI members and individuals employed at GMU's Commerce Building II. This should provide for perspectives from different ages, genders and occupational backgrounds.

## 701 What Is an American?

Thursday, 11:30 a.m.

Catherine Deverall

This course will look at current problems that tend to disrupt our society, with outside speakers invited to give insight into problems of various elements of our society. Discussions will be aimed at ways to solve the problems in a manner that will bind us together as Americans.

## \* Special Events \*

### 801 The Supreme Court: 1992-1993

*Tuesday, 11:30 a.m.*

*Garrett Ruhl*

Case-based reviews of 1992 Supreme Court decisions will provide the basis for discussion of policy issues and the Court's role in our federal system. Class members are encouraged, but not required, to analyze actual Court opinions. General objectives of the course include an understanding of the trend of recent judgments, recognition of alternatives to lawsuits, and an understanding of individual, group and states' rights. There will be frequent discussions of current news about the Supreme Court. (Note the March 15 Special Event on page 9.)

### 802 Great Decisions

*Wednesday, 2:00 p.m.*

*Chester Myslicki*

Using a discussion format, this course will examine eight areas of current foreign policy, with topics and essential background information coming from the Great Decisions national program. The goal is not to reach a consensus, but to allow participants to enhance their understanding of foreign policy issues by reading, by analysis and by interaction with each other. Opinion ballots will be taken at the end of each session and summary tabulations forwarded for national tabulations. The study book costs approximately \$10.

### 803 Point of View

*Thursday, 9:30 a.m.*

*Flora Hedblom*

What do other LRI members think about major public policy issues of our times? The spirited discussions that took place during last fall's Point of View class led to requests for a continuation with new topics, such as racism, gun control, legalization of drugs, and improvement in education.

### 901 Tropical Ecosystems of Costa Rica

*Wednesday, 4:30 p.m.*

*Henry Zoller*

The course instructor and guest speakers will present an overview of Costa Rican history, political system and economy and then explore its plant life and ecosystems and what is being done about conservation. The class will visit the rain forest exhibit at the National Zoo. The last session will cover tourist expectations and tips on travel to Costa Rica.

Unless otherwise noted, all Special Events are held on the third floor of City Hall, 10455 Armstrong Street, Fairfax, with parking in the rear. Please be sure to use the back of the Registration Form (page 18) to sign up for the Special Events you would like to attend.

- ✓ 1. Monday, March 15, 1993, 10:30 a.m. Tour the Fairfax County public law library, with time to use materials, followed by lunch in the cafeteria. Meet at the escalator in the Judicial Center, 4110 Chain Bridge Road, Fairfax.
- ✓ 2. Friday, March 19, 1993, 2:00 p.m. LRI Open House
3. Friday, ~~April 2~~<sup>May 21</sup>, 1993, 2:00 p.m. Janet Solinger will talk about her 20 years as director of the Smithsonian Resident Associate Program.
4. Friday, April 16, 1993, 2:00 p.m. Fairfax County archaeologist Michael Johnson will talk about Indian sites and other aspects of Fairfax County's early history.
- ✓ 5. Monday, April 19, 1993, 1:00-2:00 p.m. Ed Jones will describe programs of GMU's Office of Adult Learning and Professional Development. Potential partnerships with LRI will be explored. Bring a brown bag lunch.
6. Friday, April 23, 1993, 2:00 p.m. Tour the rain forest exhibit at the National Zoo.
- ✓ 7. Monday, April 26, 1993, 3:45 p.m. Roger Wilkins, GMU Robinson Professor of History and American Culture, will speak on "Race in America."
- ✓ 8. Friday, April 30, 1993, 2:00 p.m. Slide show by Charles Cremeans, featuring selected areas of South America and the Galapagos Islands.
- ✓ 9. Friday, May 7, 1993, 2:00 p.m. Hugh Hecllo, GMU Robinson Professor of Public Affairs, will talk on "The Social Question: What Have We Learned in the Last 100 Years?"
- ✓ 10. Friday, May 14, 1993, 2:00 p.m. Slide show on Malaysia and Indonesia by Charles Cremeans.
- ✓ 11. Monday, May 24, 1993, 2:00 p.m. LRI Annual Meeting. Location to be announced.

# Learning in Retirement Institute

## Spring 1993 Course Schedule

Classes begin March 29 and end May 21, 1993.

The numbers before the course titles are course numbers, not room numbers.

Class locations will appear on your confirmation form.

Monday	Tuesday	Wednesday	Thursday
<b>9:30-11:00 a.m.</b> #201 ✓ Economic Issues Allen	<b>9:30-11:00 a.m.</b> #302 Rise of Rome Markus  #601 Poetry Workshop Anderson	<b>9:30-11:00 a.m.</b> #102 Music: Classical Period Di Bonaventura  #304 ✓ Africa Cremeans	<b>9:30-11:00 a.m.</b> #305 Fairfax County History Morrow  #803 Point of View Hedblom
<b>11:30 a.m.-1:00 p.m.</b> #301 Imperial Russia Newstad	<b>11:30 a.m.-1:00 p.m.</b> #303 Secret Revolution Montecino  #801 Supreme Court Ruhl	<b>11:30 a.m.-1:00 p.m.</b> #501 Intro. Spanish Navarrete  #602 Wordsworth to Eliot Millner	<b>11:30 a.m.-1:00 p.m.</b> #701 What Is an American? Deverall  #603 Book Discussion Jones
You are invited to join other LRI members for a brown bag lunch at the Education Center, 10201 Main Street in Fairfax every Tuesday, Wednesday and Thursday, 1:00 to 2:00 p.m.			
<b>2:00-3:30 p.m.</b> #402 China's Role Kassell	<b>2:00-3:30 p.m.</b> #101 Visual Arts Sherman	<b>2:00-3:30 p.m.</b> #502 Conversational Spanish Navarrete  #802 Great Decisions Myslicki  #304 Africa Cremeans	<b>2:00-3:30 p.m.</b> #401 Contemporary Cuba Wilhelm
<div style="border: 2px solid black; border-radius: 15px; padding: 10px; width: fit-content; margin: auto;">                     Learning in Retirement Institute                      George Mason University                      4085 University Drive, Room 215                      Fairfax, VA 22030-4444                      (703) 385-1593                 </div>		<b>4:30-6:00 p.m.</b> #901 Costa Rica Zoller	

## Special Events

Most Special Events are scheduled for Fridays. See page 9 for details and mark your calendar for these dates:

Monday, March 15  
10:30

Friday, March 19  
2:00 p.m.

Friday, April 2  
2:00 p.m.

Friday, April 16  
2:00 p.m.

Monday, April 19  
1:00 p.m.

Friday, April 23  
2:00 p.m.

Monday, April 26  
3:45 p.m.

Friday, April 30  
2:00 p.m.

Friday, May 7  
2:00 p.m.

Friday, May 14  
2:00 p.m.

Monday, May 24  
2:00 p.m.

## Course Instructors

✓ **Morris Allen** was a Foreign Service Officer and had extended economic/commercial assignments in Latin America, Asia and Washington. He has lectured at the American Graduate School for International Management in Arizona and served as a consultant for the Treasury Department and AID. He is a graduate of the University of Chicago with an MBA in Public Finance. *and the World Bank.*

✓ **Ellen Anderson** is a published poet who has taught at Northern Virginia Community College and the Arlington County Adult Education Program, and has been a speaker at writers' workshops. She is listed in *Writers in Virginia* and is a member of the Virginia Writers' Club, the Poetry Society of Virginia and the Poetry Society of America.

✓ **Charles Cremeans** has been a government political analyst and a teacher of college history. He has done extensive study, teaching and research on Third World countries including Africa, and he has traveled through many parts of Africa.

**Catherine Deverall** holds a Degré Superior from the Sorbonne and a Master of Arts degree in French literature from George Washington University. As a military wife, she has traveled widely in the U.S. and abroad. She was also one of the first teachers of English as a Second Language in Fairfax County.

✓ **Sam Di Bonaventura** holds music degrees from Juilliard, Yale, Harvard and the Peabody Conservatory. He is Professor of Music at GMU and a former Chairman of the Department of the Arts at GMU. He has been a music critic for *The Baltimore Sun* and a program annotator for the Baltimore Symphony Orchestra, the Fairfax Symphony and other performing organizations. He has also contributed articles and biographies to professional music dictionaries and periodicals.

✓ **Flora Hedblom** was advertising manager of the Education Division at Rand McNally. Following retirement she became an active member of the Northwestern University Institute for Learning in Retirement in Evanston, Ill.

**Ed Jones** is Director of the Office of Adult Learning and Professional Development at George Mason University. He has been at GMU since 1981. OALPD develops and implements a wide range of programs and activities for teachers and adult learners.

**Bert Kassell** is a retired naval officer with expertise in international relations, with emphasis on the Soviet Union and the Far East. He is the author of numerous articles on naval and economic subjects.

✓ **Glenn R. Markus** holds a Master's Degree from the Johns Hopkins University with a concentration in Greek and Roman studies. He is a partner and owner of a health policy consulting firm and has spent nearly 20 years directing health policy research for the Congressional Research Service.

**Dorothy W. Millner** holds a Ph.D. in English from Graduate Center, City University of New York. She was Adjunct Assistant Professor at Pace University, where she taught English and American literature.

✓ **Allen J. Montecino, Jr.**, is a retired military officer, a student of history, and an instructor in American history for a local college.

✓ **Eleanor K. Morrow** has lived in Fairfax County since 1937, where she is active in school, church and politics. She holds a Master's Degree in Education from George Washington University and was an elementary school teacher from 1954 to 1959. Ms. Morrow has conducted forums at her church for 23 years.

**Chester Myslicki** was an economist with the Department of Labor and had overseas experience in Iran with U.S. AID and in Afghanistan with the International Monetary Fund. After retirement, he became a paralegal for the Legal Council for the Elderly and a mediator with the Northern Virginia Mediation Service, which is affiliated with George Mason University.

✓ **Eleanor Navarrete** holds a Master's Degree in Spanish from Montclair State College and did graduate study at the University of Madrid and Georgetown University. She taught Spanish for eight years in public and private schools and has traveled in Spain, Mexico and Puerto Rico.

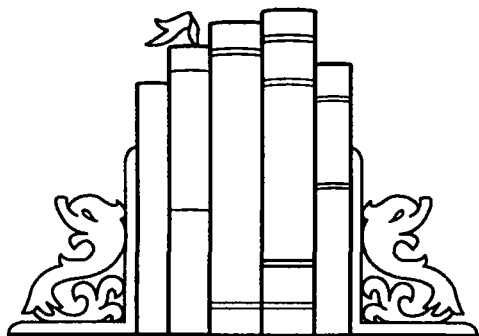
**Rae Newstad** is teaching in the Department of History at George Mason University. Her concentration is on the fall of the Romanov dynasty and pre-revolutionary Russian society. She works with Russian-language sources.

**Garrett Ruhl** is a scholar of the appellate review process and constitutional law and holds a doctorate in justice. He was an international relations analyst and research director for the Department of Defense.

**Lola Sherman** has lectured in art history at George Mason University and conducted lecture series at the Smithsonian Associates Program, the Institute for Learning in Retirement at American University, the Senior Seminars program at the Jewish Community Center in Rockville, and the Saul Bendit Institute at Beth El Synagogue in Bethesda, Md.

**Jane Wilhelm** holds a Master's Degree in Religion from Duke University, a Ph.D. in Philosophy of Religion from Yale and an APC in counseling and psychology from George Washington University. She taught English and Philosophy at NOVA for 11 years and taught in public schools for 10 years.

**Henry Zoller** is a reference librarian at the U.S. Geological Survey and has a background in biology and parasitology. He formerly was a plant quarantine inspector with the Department of Agriculture.



## Learning in Retirement Institute at George Mason University

### Membership Application

(New members are asked to complete both sides of this form and return it with the **Registration Form**.)

Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Social Security No. \_\_\_\_\_

(if you want a GMU library card)

In case of emergency, call: \_\_\_\_\_

( ) \_\_\_\_\_

What subject areas interest you for future LRI courses?

	As a Student	As a Leader
Art _____		
Dance _____		
Drama _____		
Computers _____		
Economics _____		
Finance _____		
Geography _____		
Government _____		
History _____		
International Relations _____		
Languages _____		
Literature _____		
Philosophy _____		
Poetry _____		
Politics _____		
Religion _____		
Science/Math _____		
Technology _____		
Other _____		
_____		
_____		





Your life experiences (career, education or other):

- |                                          |                                             |
|------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Administration  | <input type="checkbox"/> Ministry           |
| <input type="checkbox"/> Arts            | <input type="checkbox"/> Social Work        |
| <input type="checkbox"/> Business        | <input type="checkbox"/> Teaching           |
| <input type="checkbox"/> Engineering     | <input type="checkbox"/> Technology/Science |
| <input type="checkbox"/> Journalism      | <input type="checkbox"/> Volunteer Work     |
| <input type="checkbox"/> Health Services | <input type="checkbox"/> Other _____        |
| <input type="checkbox"/> Homemaker       | _____                                       |
| <input type="checkbox"/> Law             | _____                                       |
| <input type="checkbox"/> Medicine        |                                             |
| <input type="checkbox"/> Military        |                                             |

What kind of social activities would you like to participate in with other LRI members?

\_\_\_\_\_

\_\_\_\_\_

As a member-run organization, LRI encourages your active participation. Please check the activities you might like to become involved in.

- |                                          |                                            |
|------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Program         | <input type="checkbox"/> Finance           |
| <input type="checkbox"/> Membership      | <input type="checkbox"/> Space Management  |
| <input type="checkbox"/> Publicity       | <input type="checkbox"/> By-laws           |
| <input type="checkbox"/> Speakers Bureau | <input type="checkbox"/> Word Processing   |
| <input type="checkbox"/> Volunteers      | <input type="checkbox"/> Office Assistance |
| <input type="checkbox"/> Social Events   | <input type="checkbox"/> Other _____       |
| <input type="checkbox"/> Publications    | _____                                      |

How did you learn about LRI?

\_\_\_\_\_

Please return this **Membership Application** with your **Registration Form**.

# OPEN HOUSE

Friday, March 19, 1993

2:00 p.m.

*Come and bring a prospective LRI member!*

Fairfax City Hall

Third Floor

10455 Armstrong Street

Fairfax, Va.

# ANNUAL MEETING

Monday, May 24, 1993

2:00 p.m.

*Discussion of LRI's future,  
election of new Board members,  
business meeting and refreshments!*

## OFFICERS

President ..... Shirley Fox  
 Vice President ..... Audrey Markham  
 Treasurer ..... Don Simpson  
 Secretary ..... Martha Poling

## BOARD OF DIRECTORS

Vincent Boylan	Judith Lieberman	Aldo Scalzilli
Kathryn Brooks	Frank McMahon	Henry Shenker
William Cooley	Dorothy Millner	Lilyan Spero
George Felton	Alix Naff	Ed Swoboda
Martha Ford	Garrett Ruhl	Ellis Woody

Coordinator: Carol Ferrara

**Learning in Retirement Institute**

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Room 215

Fairfax, VA 22030-4444

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