Survey of Non-Traditional Beliefs

1. Session I, September 20

Introduction

Sources

Mystical Traditions

What Is a Mystic

2. Session II, September 27

Karma

Resolution of Karma

3. Session III, October 4

Reincarnation

Akashic Records

**4. Session IV, October 11**

**Free Will Choice**

**Understanding Karma, Reincarnation and Free Will Choice**

5. Session V, October 18

Chakras

Kundalini

6. Session VI, October 25

Astrology

Healing Systems

Additional Discussion Topics

Classical Elements (including Prana, Aether, White Light)

Power of Thoughts

Image/Plan/Implement

How to Changing Your Attitude

Kybalion Tools

Gender and Mental Gender

Lesser Mysteries/Greater Mysteries

Mystery Schools

Ley Lines

Locations with Strong Energy

NOTES:

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We talked about *karma*

We talked about *reincarnation*

*Free will choice* is what ties it all together

all three interact just about everywhere

everyone has absolute free will choice all the time in everything

not up for discussion, it is universal law

are some things that happen as a result of our choice

sometimes make it look like “not my choice”

can choose to work for a company or an organization

then need to follow their rules, time/attendance, vacations, tasks, etc.

looks like gave up free will choice but didn’t

you made the choice to work for them

knew ahead of time that there would be some rules

anyone who tries to deprive you of free will choice is taking on all kinds of karma

what about into death row and executions

realize that is part of legal structure

choose to live here so need to follow laws set up for community

have free will choice every time make a decision about anything

have free will choice when design a new life time before you are born

chose the lifetime

chose the family

chose the location

chose the possible learning opportunities

important part of the free will choice is that when you make a choice/decision you are then:

responsible for all the results of that choice or that decision

often called Freedom with Responsibility

also called taking ownership of your decisions

There is a side issue which says that it is much better all around to use good ethics–always

It also means that it is important to let others make their own choices

it’s OK to advise or suggest, just do it without being a steam roller

if you make the decision for someone else

then it becomes your issue and your karma

the only exception to this is parenting:

until the child is 13, any events that involve karma are the parents’ karma

Something that came up in 2014 that is kind of interesting

has always been a lot of discussion about free will choice versus predestination

which is in operation during a lifetime in what situations

let’s say you meet someone who is an exceptional teacher in a subject you need

predestination? or just a nice accident?

everyone plays with this mentally at some point

I was working with the ideas in my head as part of preparation for this class

realized that if you design a lifetime before it starts

it is based on what need to learn and/or resolve

there has been a plan so a teacher and you are in the same place and time

almost feels like the meeting with that teacher was predestined

but actually was set up by your choice before you were born

means that teacher needs to be willing to be available then also

what appears predestined was actually free will choice during pre-life planning

thought about it a long time

finally in April 2014, I started very carefully talking with people about the idea

they agreed

I still needed a lot more confirmation

on Aug 17, 2014, Owen Waters put out a newsletter

confirmed the idea of planning the life time which was free will choice

actually interacting with someone appeared “predestined” but wasn’t

was part of the pre-birth plan

still can plan the interactions with individuals

but when the time comes.....

both of you must choose to be in that location

both of you must choose to interact with each other

third confirmation:

*Soul Agreements,* Dick Sutphen with Tara Sutphen

end of the introduction talks about planning life ahead

do what seems predestined is actually planned

What are some situations in which a choice has been made

how do karma and reincarnation tie into that situation

do this in third person

not your personal choice

is the choice of another person

that ensures no invasion of privacy

Examples:

choose where to live

choose a field of study while in school

choose spouse/partner/significant other

marriage successful (no one is perfect so there are some rough spots)

divorce

death of one spouse

self worth issues

what about the controllers, being threatened

what study in college:

student choice

what if finish and don’t like those careers

what if parents say you will study A

= to student wishes

not = to student wishes

Resources:

Dick Sutphen with Tara Sutphen, *Soul Agreements*, Hampton Roads Publishing Company, 2005

Owen K. Waters, Spiritual Dynamics Academy

<http://www.spiritualdynamics.net/about.htm>