Survey of Non-Traditional Beliefs

1. Session I, September 20

 Introduction

 Sources

 Mystical Traditions

 What Is a Mystic

2. Session II, September 27

 Karma

 Resolution of Karma

3. Session III, October 4

 Reincarnation

 Akashic Records

**4. Session IV, October 11**

 **Free Will Choice**

 **Understanding Karma, Reincarnation and Free Will Choice**

5. Session V, October 18

Chakras

 Kundalini

6. Session VI, October 25

 Astrology

 Healing Systems

Additional Discussion Topics

Classical Elements (including Prana, Aether, White Light)

 Power of Thoughts

 Image/Plan/Implement

 How to Changing Your Attitude

 Kybalion Tools

 Gender and Mental Gender

 Lesser Mysteries/Greater Mysteries

 Mystery Schools

 Ley Lines

 Locations with Strong Energy

NOTES:

 Linda Bender

lindabender@starpower.net

 Phone: 703-451-0253

We talked about *karma*

We talked about *reincarnation*

*Free will choice* is what ties it all together

all three interact just about everywhere

everyone has absolute free will choice all the time in everything

 not up for discussion, it is universal law

 are some things that happen as a result of our choice

 sometimes make it look like “not my choice”

 can choose to work for a company or an organization

 then need to follow their rules, time/attendance, vacations, tasks, etc.

 looks like gave up free will choice but didn’t

 you made the choice to work for them

 knew ahead of time that there would be some rules

 anyone who tries to deprive you of free will choice is taking on all kinds of karma

 what about into death row and executions

 realize that is part of legal structure

 choose to live here so need to follow laws set up for community

have free will choice every time make a decision about anything

have free will choice when design a new life time before you are born

 chose the lifetime

 chose the family

 chose the location

 chose the possible learning opportunities

important part of the free will choice is that when you make a choice/decision you are then:

 responsible for all the results of that choice or that decision

 often called Freedom with Responsibility

 also called taking ownership of your decisions

There is a side issue which says that it is much better all around to use good ethics–always

It also means that it is important to let others make their own choices

 it’s OK to advise or suggest, just do it without being a steam roller

 if you make the decision for someone else

 then it becomes your issue and your karma

 the only exception to this is parenting:

 until the child is 13, any events that involve karma are the parents’ karma

Something that came up in 2014 that is kind of interesting

has always been a lot of discussion about free will choice versus predestination

 which is in operation during a lifetime in what situations

 let’s say you meet someone who is an exceptional teacher in a subject you need

 predestination? or just a nice accident?

 everyone plays with this mentally at some point

 I was working with the ideas in my head as part of preparation for this class

 realized that if you design a lifetime before it starts

 it is based on what need to learn and/or resolve

 there has been a plan so a teacher and you are in the same place and time

 almost feels like the meeting with that teacher was predestined

 but actually was set up by your choice before you were born

 means that teacher needs to be willing to be available then also

 what appears predestined was actually free will choice during pre-life planning

 thought about it a long time

 finally in April 2014, I started very carefully talking with people about the idea

 they agreed

 I still needed a lot more confirmation

 on Aug 17, 2014, Owen Waters put out a newsletter

 confirmed the idea of planning the life time which was free will choice

 actually interacting with someone appeared “predestined” but wasn’t

 was part of the pre-birth plan

 still can plan the interactions with individuals

 but when the time comes.....

 both of you must choose to be in that location

 both of you must choose to interact with each other

 third confirmation:

 *Soul Agreements,* Dick Sutphen with Tara Sutphen

 end of the introduction talks about planning life ahead

 do what seems predestined is actually planned

What are some situations in which a choice has been made

 how do karma and reincarnation tie into that situation

 do this in third person

 not your personal choice

 is the choice of another person

 that ensures no invasion of privacy

Examples:

choose where to live

choose a field of study while in school

choose spouse/partner/significant other

 marriage successful (no one is perfect so there are some rough spots)

 divorce

 death of one spouse

self worth issues

 what about the controllers, being threatened

what study in college:

 student choice

 what if finish and don’t like those careers

 what if parents say you will study A

 = to student wishes

 not = to student wishes

Resources:

Dick Sutphen with Tara Sutphen, *Soul Agreements*, Hampton Roads Publishing Company, 2005

Owen K. Waters, Spiritual Dynamics Academy

 <http://www.spiritualdynamics.net/about.htm>