#### Resources

## General:

http://www.themystica.com/mystica/default.html

Awarded from: Britannica.com; Criteria: Editors selected site as one of the best on the Internet for quality, accuracy of content, presentation and usability. See home page in the bottom left for the search feature

## http://www.crystalinks.com/

open for topic you wish to see

http://www.ancient-wisdom.com/

## http://www.encyclopedianomadica.org/

Carol E. Parrish-Harra, Ph.D., *New Dictionary of Spiritual Thought*, Sparrow Hawk Press, Tahlequah, Oklahoma, 2002

an excellent dictionary with entries on just about anything in spiritual and esoteric concepts and thought from a number of religions, clear and easy to understand

## Kybalion, Three Initiates

actual authorship uncertain, primary candidate is William Walker Atkinson not a book to sit down and read through, better to read a chapter and then think about it for awhile

however, it is a book that one can go back to again and again

# ADK Luk books (Alice Schutz)

To purchase:

http://www.alohapeace.com/lawoflife.aspx

not necessarily an easy read

lots of very detailed information on the Masters of the White Brotherhood (mystical beings who are often mentioned in various discussions)

# Mystical Traditions:

http://en.wikipedia.org/wiki/Mysticism - Jewish\_mysticism cdn.com/wp-content/uploads/The-Origin-of-Western-Mysticism.pdf

about Plotinus

long but interesting, good definition and understanding

#### https://westernmystics.wordpress.com/

read thoroughly, some things hidden in this I think not clear what they mean by the term "mystic"

#### http://plato.stanford.edu/entries/mysticism/

erudite, check, good resource so may be helpful

search on how to obtain a mystical experience <a href="http://www.sawka.com/spiritwatch/cehsc/ipure.htm">http://www.sawka.com/spiritwatch/cehsc/ipure.htm</a>

Bruce B Janz, Ph.D. Professor, University of Central Florida http://pegasus.cc.ucf.edu/~janzb/mysticism/

resources for Bruce Janz's class on Western Mysticism, University of Central Florida lots of info, links and cross references under section on Academic Study of Western Mysticism, first subsection: click on Mysticism, PPT presentation

#### Evelyn Underhill

http://www.evelynunderhill.org/

Underhill, Evelyn, *Mysticism*, 12<sup>th</sup> EDITION, New York, Meridian Books, 1955 Janz: "an old classic but later works fulfill this project better" Underhill, Evelyn, *Practical Mysticism*, New York, E.P. Dutton, 1915

Janz: "good introduction, kind of a primer on mystical life"

#### Rabbi Amy Scheinerman

http://scheinerman.net/judaism/Ideas/index.html click on Kabbalah in the list on her web site

Recommended reading:

Daniel C. Matt, *The Essential Kabbalah: The Heart of Jewish Mysticism* Lawrence Kushner, *The Way Into Jewish Mystical Tradition* Zev ben Shimon Halevi, *The Work of the Kabbalist* Moshe Idel, *Kabbalah: New Perspectives* 

per Rabbi Scheinerman, not recommended are: The Kabbalah Centre Michael or Yehuda Berg

# <u>Karma</u>

Associated with accident discussion:

http://www.aaos.org/news/aaosnow/jan14/managing3.asp American Academy of Orthopaedic Surgeons

http://definitions.uslegal.com/g/good-samaritans/

https://www.princeton.edu/~achaney/tmve/wiki100k/docs/Good\_Samaritan\_law.html Wikipedia article

NOTE: did use Wikipedia, every state is different, only place with a summary

# Reincarnation

ARE, Association for Research and Enlightenment, Virginia Beach Edgar Cayce, (March 18, 1877 – January 3, 1945)

Sugrue, Thomas, There is a River, The Story of Edgar Cayce

Dr. Jim B. Tucker, M.D., the Bonner-Lorry Associate Professor of Psychiatry and Neurobehavioral Sciences at the University of Virginia (from Bill Stoney's Paranormal class)

Bio, (aka curriculum vitae or CV) http://www.medicine.virginia.edu/clinical/departments/psychiatry/sections/cspp/dops/staff/ji mbio-page

http://www.today.com/news/return-life-how-some-children-have-memories-reincarnationt8986

Dr. Ian Stevenson, Carlson Professor of Psychiatry and Director or the Division of Personality Studies at the University of Virginia, predecessor to Dr. Tucker <a href="http://reluctant-messenger.com/reincarnation-proof.htm">http://reluctant-messenger.com/reincarnation-proof.htm</a>

Akashic Records

(resource also under General above)

## http://www.themystica.com/mystica/default.html

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## Free Will Choice

Dick Sutphen with Tara Sutphen, *Soul Agreements*, Hampton Roads Publishing Company, 2005

Owen K. Waters, Spiritual Dynamics Academy http://www.spiritualdynamics.net/about.htm

<u>Chakras</u> Mark Olson Chart and Article <u>http://www.neurotrekker.com/anatomy/chakra2.pdf</u>

<u>Kundalini</u> <u>http://www.swamij.com/index-yoga-meditation-kundalini.htm</u> most detailed info I found, especially good on Kundalini

Astrology

Associations for Astrologers: See list at: <u>http://stariq.com/PageTemplate/t1.asp?PageID=799</u> American Federation of Astrologers seems to have a training and testing program may be easier to use one of their astrologers none in the DC, one in Virginia area, are several in Maryland

## Healing Systems

Local classes: <u>http://www.peaceabledragon.org/class-archives/virginia-classes/</u> University of Minnesota

http://www.takingcharge.csh.umn.edu/

University of Minnesota comprehensive list of the various types of CAM, with links research and support for various types

Johns Hopkins, Different Types of CAM

http://www.hopkinsmedicine.org/healthlibrary/conditions/adult/complementary\_and\_alternative\_medicine\_85,p00189/

NIH, exceptionally long list sorted by medical problem and various solutions <u>https://nccih.nih.gov/health/atoz.htm</u>

WebMD http://www.webmd.com/balance/what-is-alternative-medicine

Alice Steadman, Who's the Matter with Me

<u>Reiki:</u> <u>http://medical-dictionary.thefreedictionary.com/Reiki</u> general info, good summary <u>http://www.reiki.org/</u> International Center for Reiki Training

<u>Therapeutic Touch:</u> <u>http://therapeutic-touch.org/</u>

Healing Touch Program<sup>TM</sup> http://www.healingtouchprogram.com 15439 Pebble Gate San Antonio, TX 78232 Phone: 210-497-5529 Rolfing:

http://www.rolf.org/ http://medical-dictionary.thefreedictionary.com/Rolfing http://www.drweil.com/drw/u/ART00472/Rolfing-Dr-Weils-Wellness-Therapies.html

Acupuncture:

http://www.mayoclinic.org/tests-procedures/acupuncture/basics/definition/prc-20020778 includes information on risks and potential side effects <u>http://www.webmd.com/fibromyalgia/tc/acupuncture-topic-overview</u> topic says fibromyalgia but article is about acupuncture

http://www.medicalnewstoday.com/articles/156488.php lots of info

Acupressure:

http://www.webmd.com/balance/guide/acupressure-points-and-massage-treatment http://www.acupressure.com/

a number of images on people using the pressure points <u>http://www.drweil.com/drw/u/ART03230/Acupressure.html</u>

# Reflexology:

http://www.takingcharge.csh.umn.edu/explore-healing-practices/reflexology http://www.mayoclinic.org/healthy-lifestyle/consumer-health/expert-answers/what-isreflexology/faq-20058139

<u>Naturopathy</u>: <u>https://umm.edu/health/medical/altmed/treatment/naturopathy</u> lots of info with good references <u>https://nccih.nih.gov/health/naturopathy</u> what a naturopath does and how he/she works

Homeopathy:

http://www.nationalcenterforhomeopathy.org/ http://www.webmd.com/balance/guide/homeopathy-topic-overview

https://nccih.nih.gov/health/homeopathy comprehensive discussion Ayurveda:

www.chopra.com/our-services/ayurveda http://www.webmd.com/balance/guide/ayurvedic-treatments https://umm.edu/health/medical/altmed/treatment/ayurveda https://nccih.nih.gov/health/ayurveda/introduction.htm comprehensive article

Additional Discussion Topics: Classical Elements:

http://plato.stanford.edu/entries/xenophanes/ http://www.britannica.com/biography/Thales-of-Miletus http://plato.stanford.edu/entries/heraclitus/ http://www.britannica.com/biography/Anaximenes-of-Miletus

http://www.friesian.com/elements.htm

compares the elements as used in various faiths and languages

An Unusual Item

Proceedings of the Freisian School, Fourth Series <u>http://www.friesian.com/</u> some interesting concepts but rather unusual just the kind of thing that may challenge your ideas but also the kind of material that may just have a nugget of interest for you

<u>Aether – Michelson-Morley Experiment (1887</u>): http://galileoandeinstein.physics.virginia.edu/lectures/michelson.html see section: Detecting the Aether Wind

http://scienceworld.wolfram.com/physics/Michelson-MorleyExperiment.html

Prana:

http://www.chopra.com/ccl/what-is-a-chakra quoted above in section on Prana

# Additional Discussion Topics: How to Change Your Attitude

Three Initiates, Kybalion, The Yogi Publication Society, Masonic Temple, Chicago, IL

Wendy, the talking dog https://www.youtube-nocookie.com/embed/xU7FdD1SpHc?rel=0

http://www.flixxy.com/the-incredible-power-of-concentration-miyoko-shida.htm#.UY-vxpxBino

## Additional Discussion Topics: Gender and Mental Gender

Three Initiates, *Kybalion*, The Yogi Publication Society, Masonic Temple, Chicago, IL actual authorship uncertain, primary candidate is William Walker Atkinson not a book to sit down and read through, better to read a chapter and then think about it however, it is a book that one can go back to again and again

#### Additional Discussion Topics: Lesser/Greater Mysteries, Mystery Schools

Lost Secrets of the Mystery Schools, Earlyne Chaney, published by Astara, available on Amazon

## http://www.theosociety.org/pasadena/mysterys/mystsch1.htm

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Mystery Schools

Astara, 1960's and 70's Rosicrucians Theosophy Nine Gates and Arizona Center for Integrative Medicine http://www.ninegates.org/about-nine-gates-mystery-school

Modern Mystery School http://www.modernmysteryschoolint.com/what-is-a-mystery-school/

Amenti Mystery School

http://www.mystery-school.com/

The Spiritual Mystery School http://www.thespiritualmysteryschool.com/index.htm

IMPORTANT: choose one that teaches both lesser and higher mysteries go beyond the first page in a Google search http://www.crystalinks.com/mysteryschools.html

has list of historic mystery schools with links goes deep but core data is somewhat abbreviated a good place to start