

F601, Survey of Non-Traditional Beliefs

1. Session I, September 20
 - Introduction
 - Sources
 - Mystical Traditions
 - What Is a Mystic
2. Session II, September 27
 - Karma
 - Resolution of Karma
3. Session III, October 4
 - Reincarnation
 - Akashic Records
4. **Session IV, October 11**
 - Free Will Choice**
 - Understanding Karma, Reincarnation and Free Will Choice**
5. Session V, October 18
 - Astrology
 - Healing Systems
6. Session VI, October 25
 - Chakras
 - Kundalini

Short Items

Classical Elements (including Prana, Aether, White Light)
Changing Your Energy

- Thoughts Are Things
- Image/Plan/Implement

How to Changing Your Attitude

- Kybalion Tools

Gender and Mental Gender
Ley Lines
Energy Layers in Body
Mystery Schools
Lesser Mysteries/Greater Mysteries

NOTES:

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We talked about *karma*
We talked about *reincarnation*
Free will choice is what ties it all together

all three interact just about everywhere

everyone has absolute free will choice all the time in everything
not up for discussion, it is universal law

are some things that happen as a result of our choice
sometimes make it look like “not my choice”
can choose to work for a company or an organization
then need to follow their rules, time/attendance, vacations, tasks, etc.
looks like gave up free will choice but didn't
you made the choice to work for them
knew ahead of time that there would be some rules

anyone who tries to deprive you of free will choice is taking on all kinds of karma
what about into death row and executions
realize that is part of legal structure
choose to live here so need to follow laws set up for community

have free will choice every time make a decision about anything

have free will choice when design a new life time before you are born
chose the lifetime
chose the family
chose the location
chose the possible learning opportunities

important part of the free will choice is that when you make a choice/decision you are then:
responsible for all the results of that choice or that decision
often called Freedom with Responsibility
also called taking ownership of your decisions

There is a side issue which says that it is much better all around to use good ethics—always

It also means that it is important to let others make their own choices
it's OK to advise or suggest, just do it without being a steam roller
if you make the decision for someone else
then it becomes your issue and your karma

the only exception to this is parenting:
until the child is 13, any events that involve karma are the parents' karma

Something that came up in 2014 that is kind of interesting

has always been a lot of discussion about free will choice versus predestination
which is in operation during a lifetime in what situations

let's say you meet someone who is teacher in a subject you need
predestination? or just a nice accident?

everyone plays with this mentally at some point

I was working with the ideas in my head as part of preparation for this class

realized that if you design a lifetime before it starts

it is based on what need to learn and/or resolve

there has been a plan so a teacher and you are in the same place and time

almost feels like the meeting with that teacher was predestined

but actually was set up by your choice before you were born

means that teacher needs to be willing to be available then also

what appears predestined was actually free will choice during pre-life planning

thought about it a long time

finally in April 2014, I started very carefully talking with people about the idea

they agreed

I still needed a lot more confirmation

on Aug 17, 2014, Owen Waters put out a newsletter

confirmed the idea of planning the life time which was free will choice

actually interacting with someone appeared "predestined" but wasn't

was part of the pre birth plan

still can plan the interactions with individuals

but when the time comes, both of you must choose to be in that location

third confirmation:

Soul Agreements, Dick Sutphen with Tara Sutphen

end of the introduction talks about planning life ahead

do what seems predestined is actually planned

What are some situations in which a choice has been made
how do karma and reincarnation tie into that situation

do this in third person
not your personal choice
is the choice of another person
that ensures no invasion of privacy

Examples:

choose where to live

choose a field of study while in school

choose spouse/partner/significant other
marriage successful (no one is perfect so there are some rough spots)
divorce
death of one spouse

self worth issues
what about the controllers, being threatened

what study in college:
student choice
what if finish and don't like those careers
what if parents say you will study A
= to student wishes
not = to student wishes

Resources:

Dick Sutphen with Tara Sutphen, *Soul Agreements*, Hampton Roads Publishing Company, 2005

Owen K. Waters, Spiritual Dynamics Academy
<http://www.spiritualdynamics.net/about.htm>