



Handout: Gatsby's Guide to Manhood

(Source for Handout: National Endowment for the Arts The Big Read)

“Near the end of *The Great Gatsby* Nick reveals that the young, idealistic, and disciplined Jay Gatsby wrote some “General Resolves” inside his copy of Clarence Mulford’s 1910 novel *Hopalong Cassidy*. The second in what would be a series of novels, Bill “Hopalong” Cassidy provided an adventurous role model to young boys. In the 1930s, these novels would be made into popular films. It is not surprising therefore, that the young Gatsby would have been fascinated with this heroic cowboy.

Fitzgerald continues to reference western heroes by naming Gatsby’s benefactor “Dan Cody,” an allusion to Daniel Boone and Buffalo Bill Cody. In the late eighteenth century, Daniel Boone, an American pioneer, created routes for westward expansion to what is now Kentucky and Missouri. Narratives of these exploits were published in magazines, inspiring young people with accounts of courage.

Buffalo Bill Cody began his career with a series of Wild–West experiences, working for Custer, shooting buffalo, and acting as a scout for the U.S. Army. In 1872, Cody received the Congressional Medal of Honor for his service. Later, a penchant for showmanship led to “Buffalo Bill’s Wild West,” a theatrical version of western adventures. This show would run for thirty years. When Cody died in 1917, his fortune was plundered by mismanagement, but his reputation remained intact.

The young Gatsby created rules for his behavior as well as a regimented schedule. This routine included exercising, studying electricity, working, playing sports, practicing “elocution and poise,” and concluding each day with a two-hour study of inventions.

In the 1920s, the practice of creating a routine and following certain “resolves” was encouraged by the YMCA, the United States Public Health Service, and other organizations intent on shaping young people into model citizens.

The United States Public Health Service released a series of posters to assist young boys and girls in developing a healthy lifestyle. While these posters advocated a daily regimen of exercise, they also instructed young people on eating habits, sexual practices, and moral behavior. For example, one poster provides a sample reading list to properly guide the young male mind. Similar posters assisted young girls in how to keep a good home, stay fit, and build a family.

The Great Gatsby’s cast includes only adult characters that would have been raised in an environment filled with guidelines for proper behavior and cowboy legends. Perhaps Gatsby himself never matures, endlessly enchanted by his dreams, relentless in his attempts—guided by “general resolves”—to become the mythic American figure like Daniel Boone, Buffalo Bill, or, in the novel, Dan Cody. This may be only one way that the novel becomes a satire, critiquing the implausible dreams and childish whims embraced by the Roaring Twenties generation in America.”

Here's the exchange in Chapter 9 between Jay Gatsby's father and Nick Carraway:

Jay's father: "I come across this book by accident," said the old man. "It just shows you don't it?"

"It just shows you."

"Jimmy was bound to get ahead. He always had some resolves like this or something. Do you notice what he's got about improving his mind? He was always great for that. He told me I et like a hog once and I beat him for it."

Nick: "He was reluctant to close the book, reading each item aloud and then looking eagerly at me. I think he rather expected me to copy down the list for my own use."

Gatsby's schedule:

Rise from bed.....6.00.....A.M.
Dumbell exercise and wall-scaling.....6.15 - 6.30....."
Study electricity, etc.....7.15 - 8.15....."
Work.....8.30 - 4.30..... P.M.
Baseball and sports.....4.30 - 5.00....."
Practice elocution, poise and how to attain it.....5.00 - 6.00....."
Study needed inventions.....7.00 - 9.00....."

Gatsby's general resolves:

No wasting time at Shafters or [a name, indecipherable].
No more smoking or chewing.
Bath every other day.
Read one improving book or magazine per week.
Save \$5.00 [crossed out] \$3.00 per week.
Be better to parents.

