Cascades Senior Center in Sterling (also referred to as Potomac Falls)

(Cascades Senior Center is directly next door to the Cascades Library) 21060 Whitfield Place Potomac Falls, VA 20165 703-444-3228

From the East:

Take Route 7 west, toward Leesburg. Exit onto Cascades Parkway North, (not south to Sterling). Turn right at the Home Depot onto Cranston Street. The Senior Center is 2 blocks ahead; take the right at the "T", Senior Center will be on your left. Ample parking is available at both the Senior Center, and next door at the Cascades Library.

From the West:

Follow Route 7 east, from Leesburg. After passing the Dulles Town Center Mall, watch for signs for Cascades Parkway. Take the second right exit, which is Cascades Parkway North (not South to Sterling). Turn right at the Home Depot onto Cranston Street. The Senior Center is 2 blocks ahead; take the right at the "T", Senior Center will be on your left. Ample parking is available at the Senior Center, and next door at the Cascades Library.

From the South:

Take Route 28 North. Turn right on Route 7 East. After passing the Dulles Town Center Mall, watch for signs for Cascades Parkway. Take the second right exit, which is Cascades Parkway North (not South to Sterling). Turn right at the Home Depot onto Cranston Street. The Senior Center is 2 blocks ahead; take the right at the "T", Senior Center will be on your left. Ample parking is available at both the Senior Center, and next door at the Cascades Library.

From the North:

Take Potomac View to Palisades Parkway. Turn left on to Palisades Parkway. Turn left on to Whitfield Place (Lutheran Church is on the Corner). The Cascades Senior is immediately after the Cascades Library. Ample parking is available at the Senior Center, and next door at the Cascades Library.

